

Polar League Outdoor Conference Championships - 5/13/2015

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School

Results - Day 1

Event 1 Girls 4x800 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Panthers		10:17.10	10
2 Two Harbors High School		10:42.15	8
3 Cromwell		10:48.62	6
4 Esko High School		10:56.16	5
5 Moose Lake Willow River		11:03.45	4
6 Barnum		11:25.40	3
--- Cook County		DO	

Event 2 Boys 4x800 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Esko High School		8:58.82	10
2 Moose Lake Willow River		9:19.08	8
3 Cromwell		9:36.51	6
4 Cook County		9:43.17	5
5 Barnum		10:36.15	4
6 Panthers		10:54.22	3

Event 3 Girls 100 Meter Hurdles

Name	School	Finals	H#	Points
Finals				
1 Gonosowski, Ava	Esko High School	17.85	2	10
2 Hall, Lily	Panthers	18.44	2	8
3 Aho, Kaisa	Cromwell	18.98	2	6
4 Dequevedo, Alexxa	Silver Bay High School	19.10	2	5
5 Clement, Diana	Panthers	19.18	2	4
6 Hiukka, Brianna	Two Harbors High School	19.62	2	3
7 Bryant, Emily	Esko High School	20.68	2	2
8 Hanson, Katarina	Two Harbors High School	21.38	2	1
9 Dewey, Sam	Two Harbors High School	22.47	1	
10 Bergin, Katelyn	Floodwood Track and Field	23.09	1	
11 Olson, Kenadi	Panthers	23.38	1	

Event 4 Boys 110 Meter Hurdles

Name	School	Finals	H#	Points
Finals				
1 Johnson, Ian	Two Harbors High School	16.86	2	10
2 Deming, Zach	Two Harbors High School	17.32	2	8
3 Schillo, Caleb	Esko High School	17.50	2	6
4 Frahm, Gunnar	Silver Bay High School	17.63	2	5
5 Randall, Tyler	Cromwell	18.33	2	4
6 Erkkila, Quinn	Esko High School	18.86	1	3
7 Vogt, Paul	Barnum	20.07	2	2
8 VonRueden, Quentin	Moose Lake Willow River	20.49	1	1
9 Carlson, Brandt	Wrenshall	21.07	1	
10 Tuel, Casey	Moose Lake Willow River	21.37	1	
11 Lundberg, Austin	Cromwell	21.93	1	
12 Arntson, Devon	Esko High School	22.43	2	

Polar League Outdoor Conference Championships - 5/13/2015Timing by Hero's Timing - www.herostiming.com**Two Harbors High School****Results - Day 1****Event 5 Girls 100 Meter Dash**

	Name	School	Finals	H#	Points
Finals					
1	Cisar, Karina	Moose Lake Willow River	13.32	5	10
2	Fynboh, Leann	Two Harbors High School	13.60	5	8
3	Schoenberg, Anja	Cromwell	14.31	4	6
4	Anderson, Kiiera	Cromwell	14.36	5	5
5	Eliassen, Sophie	Cook County	14.37	5	4
6	Richardson, Sophie	Barnum	14.48	5	3
7	Jones, Macey	Two Harbors High School	14.56	5	2
8	Groth, Amelia	Carlton High School	14.64	5	1
9	Shady, Selena	Esko High School	14.69	4	
10	Barrett, Emily	Esko High School	14.97	4	
11	Johnson, Megan	Wrenshall	14.98	5	
12	Spehar, Suntina	Esko High School	14.99	4	
13	Juhl, Arianna	McGregor School	15.09	4	
14	Goerd, Makayla	Panthers	15.22	4	
15	Lehti, Taylor	Cromwell	15.34	3	
16	Mejdrich, Taylor	Panthers	15.56	3	
17	Thompson, C.J	Floodwood Track and Field	15.72	3	
18	Nixon, Zoe	Silver Bay High School	15.84	2	
19	Smith, Alissa	Wrenshall	15.86	2	
20	Alexy, Corina	Wrenshall	15.88	3	
21	Frericks, Sheena	Silver Bay High School	15.93	3	
22	Belcastro, Delaney	Wrenshall	15.96	2	
23	Cartolano, Lucia	Moose Lake Willow River	16.15	2	
24	Tahia, Bailee	Floodwood Track and Field	16.23	3	
25	Wilk, Courtney	Carlton High School	16.26	4	
26	Pasek, Steph	Moose Lake Willow River	16.48	1	
27	Siemens, Megan	Panthers	16.87	3	
28	Schelmeske, Aurora	Cook County	17.06	2	
29	Lentz, Maia	Floodwood Track and Field	17.65	2	
30	Ludwig, Allie	Silver Bay High School	17.72	1	

Event 6 Boys 100 Meter Dash

	Name	School	Finals	H#	Points
Finals					
1	Cossalter, Dawsen	Esko High School	11.97	5	10
2	Oconnor, Justin	Wrenshall	12.12	5	8
3	Lysaker, Shannon	Two Harbors High School	12.30	5	6
4	Gelhar, Cole	McGregor School	12.42	5	5
5	Hansen, Thomas	Moose Lake Willow River	12.50	5	4
6	Butkiewicz, Bryceteon	Moose Lake Willow River	12.60	5	3
7	McCray, DaQuawn	McGregor School	12.79	4	2
8	Warpula, Eli	Cromwell	12.90	4	1
9	Sinnot-James, Declan	Esko High School	12.98	4	
10	Rigdon, Donovan	Two Harbors High School	13.00	5	
11	DeMendeiros, Leo	Cromwell	13.31	5	
12	Mackai, Brandon	Panthers	13.35	4	
13	Wolfe, Evan	Panthers	13.39	3	

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Two Harbors High School

Results - Day 1

Finals ... (Event 6 Boys 100 Meter Dash)

Name	School	Finals	H#	Points
13 Brecht, Jeff	Silver Bay High School	13.39	4	
15 Skelton, Kyle	Barnum	13.41	4	
16 Muller, Ben	McGregor School	13.71	3	
17 Brooks, Bryce	Silver Bay High School	13.95	3	
18 Hansen, Ben	Cromwell	14.22	3	
19 Swanson, Jake	Two Harbors High School	14.33	3	
20 House, AJ	Carlton High School	14.40	4	
21 Braun, Jackson	Silver Bay High School	14.45	2	
22 Denny, Bailey	Barnum	14.63	2	
23 Glader, Nick	Wrenshall	14.71	2	
24 Johnson, Matthew	Esko High School	14.84	3	
25 Sorensen, Ole	Cook County	15.49	2	
26 DeArruda-Weaver, Henry	Cook County	16.09	1	
27 Lekander, Laec	Barnum	16.10	1	
28 Bong, Joseph	Panthers	16.34	2	

Event 7 Girls 4x200 Meter Relay

Team	Relay	Finals	Points
Finals			
1	Moose Lake Willow River	1:57.29	10
2	Cromwell	1:57.55	8
3	Esko High School	1:57.93	6
4	Barnum	2:03.16	5
5	Carlton High School	2:06.21	4
6	Two Harbors High School	2:14.63	3
7	Panthers	2:16.91	2
8	Cook County	2:21.98	1

Event 8 Boys 4x200 Meter Relay

Team	Relay	Finals	H#	Points
Finals				
1	Two Harbors High School	1:38.63	2	10
2	Moose Lake Willow River	1:39.31	2	8
3	Cromwell	1:42.65	2	6
4	Esko High School	1:42.94	2	5
5	McGregor School	1:43.45	2	4
6	Wrenshall	1:44.21	2	3
7	Barnum	1:51.00	2	2
8	Panthers	1:57.47	1	1
9	Cook County	1:59.63	1	
10	Carlton High School	2:02.39	1	
11	Silver Bay High School	2:06.97	2	

Event 9 Girls 1600 Meter Run

Name	School	Finals	Points	
Finals				
1	Fox, Erika	Carlton High School	5:38.31	10
2	Otis, Gracelynn	Panthers	5:51.13	8
3	Mayfield, Allie	Two Harbors High School	5:53.27	6

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Two Harbors High School

Results - Day 1

Finals ... (Event 9 Girls 1600 Meter Run)

	Name	School	Finals	Points
4	Anderson, Sammy	Silver Bay High School	6:01.20	5
5	Gamst, Savannah	Moose Lake Willow River	6:02.79	4
6	Swatek, Chelsea	Cromwell	6:04.61	3
7	Campbell, Onna	Panthers	6:04.85	2
8	Bexell, Sydney	Moose Lake Willow River	6:06.93	1
9	Simek, Hannah	Panthers	6:07.69	
10	Haugan, Sydney	Two Harbors High School	6:09.57	
11	Seipke, Abigale	Two Harbors High School	6:14.53	
12	Wold, Makayla	Esko High School	6:18.70	
13	Hakamaki, Amanda	Cromwell	6:19.72	
14	McHugh, Maya	Cook County	6:23.19	
15	Brennan, Mary	McGregor School	6:27.28	
16	Marotz, Anabel	McGregor School	6:33.31	
17	Vanderpoel, Alexis	Wrenshall	6:41.67	
18	Sonneman, Haley	Esko High School	6:43.96	
19	Ermatinger, Alexandria	Carlton High School	8:06.85	

Event 10 Boys 1600 Meter Run

	Name	School	Finals	Points
Finals				
1	Hight, Kiviok	Two Harbors High School	4:45.71	10
2	Paron, Jake	Two Harbors High School	4:45.80	8
3	Olson, Ethan	Moose Lake Willow River	4:51.75	6
4	Staska, Bill	McGregor School	5:09.54	5
5	Moore, Zach	Esko High School	5:12.00	4
6	Meysenbourg, Eric	Esko High School	5:12.26	3
7	Smith, Noah	Two Harbors High School	5:13.51	2
8	Squires, Noah	Panthers	5:17.45	1
9	Simon, Pablo	Cromwell	5:31.50	
10	Anderson, Leif	Cook County	5:33.17	
11	Vogt, Tim	Barnum	5:33.84	
12	Dickey, Stephen	Cromwell	5:38.85	
13	Pocernich, Micah	Cromwell	5:50.31	
14	Jones, Parker	Panthers	5:53.03	
15	Trelstad, Nick	McGregor School	5:58.96	
16	Gomez, Alberto	Wrenshall	6:26.28	
17	Spry, Trent	Cook County	6:29.26	
18	Wilton, Keyan	Floodwood Track and Field	6:31.70	
19	Saarela, Kyle	Barnum	6:52.83	

Event 11 Girls 4x100 Meter Relay

	Team	Relay	Finals	H#	Points
Finals					
1	Esko High School		54.55	2	10
2	Cromwell		55.30	2	8
3	Moose Lake Willow River		57.30	2	6
4	Panthers		57.49	2	5
5	Barnum		58.00	2	4
6	Wrenshall		58.82	1	3

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Two Harbors High School**Results - Day 1****Finals ... (Event 11 Girls 4x100 Meter Relay)**

Team	Relay	Finals	H#	Points
7	Carlton High School	1:01.55	2	2
8	Two Harbors High School	1:04.46	2	1
9	Floodwood Track and Field	1:05.62	1	
10	Cook County	1:12.01	1	

Event 12 Boys 4x100 Meter Relay

Team	Relay	Finals	H#	Points
Finals				
1	Two Harbors High School	46.20	2	10
2	Esko High School	46.80	2	8
3	Moose Lake Willow River	47.39	2	6
4	McGregor School	50.44	2	5
5	Silver Bay High School	50.66	2	4
6	Panthers	53.38	2	3
7	Cromwell	55.53	2	2
8	Barnum	56.20	1	1
9	Carlton High School	58.73	1	
10	Cook County	1:10.00	1	

Event 13 Girls 400 Meter Dash

Name	School	Finals	H#	Points	
Finals					
1	Hakamaki, Andrea	Cromwell	1:02.60	3	10
2	Fynboh, Leann	Two Harbors High School	1:02.66	3	8
3	Thomas, Molly	Cook County	1:06.47	3	6
4	Taylor, Shannon	Cromwell	1:06.96	3	5
5	Hakamaki, Teana	Cromwell	1:07.44	3	4
6	Scamehorn, Faith	Two Harbors High School	1:08.47	3	3
7	Kulas, Karlie	Esko High School	1:09.57	3	2
8	Barrett, Emily	Esko High School	1:11.06	2	1
9	Boyd, Dakota	McGregor School	1:12.67	2	
10	Broman, Jamie	Panthers	1:16.56	2	
11	Wojtysiak, Makayla	Panthers	1:17.62	2	
12	Lange, Jessica	Moose Lake Willow River	1:19.70	1	
13	Schelmeske, Aurora	Cook County	1:20.45	1	
14	Haaversen, Kari	Two Harbors High School	1:22.54	1	
15	Dixon, Jessy	Moose Lake Willow River	1:25.31	1	
16	Ludwig, Allie	Silver Bay High School	1:26.33	1	
17	Callender, Ellen	Cook County	1:26.81	2	
18	Blomquist, Faith	Barnum	1:26.98	1	
19	Passenzi, Ana Luiza	Carlton High School	1:34.86	1	
20	Ermatinger, Alexandria	Carlton High School	1:39.81	1	

Event 14 Boys 400 Meter Dash

Name	School	Finals	H#	Points	
Finals					
1	Shingledecker, Seth	Esko High School	53.61	3	10
2	Javor, Alex	McGregor School	54.86	3	8
3	Spicer, Asa	Moose Lake Willow River	56.02	3	6

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Two Harbors High School**Results - Day 1****Finals ... (Event 14 Boys 400 Meter Dash)**

Name	School	Finals	H#	Points
4 O'Connor, Caleb	Wrenshall	56.51	3	5
5 Pfisthner, Austin	Cromwell	56.66	3	4
6 Anich, Jedd	Esko High School	57.82	3	3
7 Lewis, Zack	Silver Bay High School	58.37	2	2
8 MacDonell, Sean	Cook County	58.51	2	1
9 Wallace, Isaiah	Carlton High School	1:00.10	2	
10 Mackai, Brandon	Panthers	1:00.73	3	
11 Lamb, Will	Cook County	1:00.89	2	
12 Borchardt, Mitch	Esko High School	1:01.01	2	
13 Juntunen, Ryan	Cromwell	1:03.11	2	
14 Wright, Mitch	Two Harbors High School	1:04.10	1	
15 Litfin, Dakota	Barnum	1:06.83	1	
16 Swanson, Jake	Two Harbors High School	1:08.10	1	
17 Carlson, Xavier	Barnum	1:10.80	1	
18 Johnson, James	Barnum	1:11.19	1	
19 Pocernich, Micah	Cromwell	1:11.36	1	
20 Kallenen, Evan	Silver Bay High School	1:17.20	1	
21 Ollman, Mason	Silver Bay High School	1:18.69	1	

Event 15 Girls 300 Meter Hurdles

Name	School	Finals	H#	Points
Finals				
1 Gonosowski, Ava	Esko High School	49.28	2	10
2 Hall, Lily	Panthers	50.85	2	8
3 Dequevedo, Alexxa	Silver Bay High School	52.94	2	6
4 Hakamaki, Shaily	Cromwell	54.31	2	5
5 Simek, Hannah	Panthers	54.47	2	4
6 Aho, Kaisa	Cromwell	57.02	1	3
7 Laveau, Destiny	Carlton High School	57.96	2	2
8 Linville, Krysten	Two Harbors High School	59.00	1	1
9 Hanson, Katarina	Two Harbors High School	59.23	2	
10 Hiukka, Brianna	Two Harbors High School	59.63	1	
11 Cartolano, Lucia	Moose Lake Willow River	1:00.39	1	
12 Moores, Margret	Esko High School	1:00.55	1	
13 Morneau, Brooklyn	Wrenshall	1:00.94	2	
14 Kingbird, Elva	Carlton High School	1:01.53	1	

Event 16 Boys 300 Meter Hurdles

Name	School	Finals	H#	Points
Finals				
1 Johnson, Ian	Two Harbors High School	44.47	3	10
2 Frahm, Gunnar	Silver Bay High School	44.52	3	8
3 Tuel, Casey	Moose Lake Willow River	47.46	2	6
4 Randall, Tyler	Cromwell	48.11	3	5
5 Erkkila, Quinn	Esko High School	48.98	3	4
6 Strelnieks, Sawyer	Cromwell	49.21	3	3
7 Zimmerman, Bob	Panthers	49.88	3	2
8 Deming, Zach	Two Harbors High School	50.69	3	1
9 VonRueden, Quentin	Moose Lake Willow River	50.94	2	

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Two Harbors High School

Results - Day 1

Finals ... (Event 16 Boys 300 Meter Hurdles)

Name	School	Finals	H#	Points
10 Arntson, Devon	Esko High School	51.40	2	
11 Olson, Tate	Esko High School	52.56	2	
12 Westerlund, Peyton	Silver Bay High School	54.10	2	
13 Carlson, Brandt	Wrenshall	57.93	2	
14 Carlson, Ryan	Carlton High School	58.29	1	
15 Lundberg, Austin	Cromwell	59.90	1	
16 Haussner, Jack	Cook County	1:03.09	1	
17 DeArruda-Weaver, Henry	Cook County	1:08.56	1	

Event 17 Girls 800 Meter Run

Name	School	Finals	H#	Points
Finals				
1 Hakamaki, Andrea	Cromwell	2:33.23	2	10
2 Fox, Erika	Carlton High School	2:33.56	2	8
3 Hall, Anna	Panthers	2:34.16	2	6
4 Libby, Mary	Two Harbors High School	2:39.01	2	5
5 Hutar, Rachel	Cromwell	2:40.19	2	4
6 Jackson, Michaela	McGregor School	2:42.46	2	3
7 Rish, Emily	Esko High School	2:43.31	2	2
8 Hillstrom, Brittny	Carlton High School	2:46.27	2	1
9 Hill, Paige	Esko High School	2:46.79	1	
10 Michels, Sarah	Moose Lake Willow River	2:49.03	2	
11 Brennan, Mary	McGregor School	2:50.63	1	
12 Bergerson, Calista	Two Harbors High School	2:55.26	1	
13 Vogt, Esther	Barnum	2:55.60	2	
14 Schlangen, Kaija	Two Harbors High School	2:55.93	1	
15 Koivisto, Taina	Panthers	2:56.25	1	
16 Toftey, Sarah	Cook County	2:56.40	2	
17 McHugh, Maya	Cook County	2:56.88	2	
18 Chapman, Katrina	Panthers	2:59.55	1	
19 Nixon, Zoe	Silver Bay High School	3:05.16	1	
20 Laveau, Danielle	Carlton High School	3:05.72	1	
21 Dixon, Jessy	Moose Lake Willow River	3:18.12	1	
22 Bergin, Katelyn	Floodwood Track and Field	3:20.31	1	
23 Lange, Jessica	Moose Lake Willow River	3:20.35	1	
24 Larsen, Julia	Cook County	4:06.98	1	

Event 18 Boys 800 Meter Run

Name	School	Finals	H#	Points
Finals				
1 Furey, Nick	Moose Lake Willow River	2:07.92	3	10
2 Hight, Kiviok	Two Harbors High School	2:09.06	3	8
3 Rengo, Sam	Esko High School	2:11.43	3	6
4 Mikrot, Andrew	Moose Lake Willow River	2:13.22	3	5
5 Menor, Trenton	Esko High School	2:14.64	3	4
6 Libby, Sam	Two Harbors High School	2:24.25	3	3
7 Anderson, Leif	Cook County	2:25.17	3	2
8 Webb, David	Moose Lake Willow River	2:25.18	2	1
9 Fragale, Jeremiah	Silver Bay High School	2:26.57	3	

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Two Harbors High School**Results - Day 1****Finals ... (Event 18 Boys 800 Meter Run)**

	Name	School	Finals	H#	Points
10	Moore, Zach	Esko High School	2:29.60	3	
11	Smith, Zion	Cromwell	2:34.10	2	
12	Genereau, Denny	Cromwell	2:34.95	2	
13	Skutevik, Christian	Wrenshall	2:36.59	1	
14	Schnobrich, Roman	Cook County	2:37.69	2	
15	Trelstad, Nick	McGregor School	2:40.12	2	
16	Cloutier, Sam	Barnum	2:41.89	1	
17	Holman, JC	Two Harbors High School	2:47.92	1	
18	Wilton, Keyan	Floodwood Track and Field	2:53.82	1	
19	Sullivan, Connor	Silver Bay High School	2:57.56	1	
20	Spry, Trent	Cook County	3:07.71	1	
21	Saarela, Kyle	Barnum	3:09.02	1	

Event 19 Girls 200 Meter Dash

	Name	School	Finals	H#	Points
Finals					
1	Cisar, Karina	Moose Lake Willow River	27.34	4	10
2	Rengo, Olivia	Esko High School	27.96	4	8
3	Eliassen, Sophie	Cook County	29.04	4	6
4	Gibbs, Bailey	Cromwell	29.10	4	5
5	Schoenberg, Anja	Cromwell	29.35	4	4
6	Richardson, Sophie	Barnum	29.46	4	3
7	Dequevedo, Alexxa	Silver Bay High School	30.07	3	2
8	Dincau, Mandi	Esko High School	30.08	2	1
9	Thomas, Molly	Cook County	30.26	2	
10	Evenson, Kiersten	Moose Lake Willow River	30.37	4	
11	Johnson, Megan	Wrenshall	30.68	4	
12	House, Elizabeth	Carlton High School	30.71	2	
13	Juhl, Arianna	McGregor School	30.85	3	
14	Hultman, Rebecca	Panthers	30.94	3	
15	Lehti, Taylor	Cromwell	31.05	2	
16	Wimmer, Cassie	Wrenshall	31.07	2	
17	Jones, Macey	Two Harbors High School	31.13	3	
18	Groth, Amelia	Carlton High School	31.17	3	
19	Boyd, Dakota	McGregor School	31.55	2	
20	Surjan, Zita	Moose Lake Willow River	31.86	2	
21	Alexy, Corina	Wrenshall	33.03	1	
22	Tahia, Bailee	Floodwood Track and Field	33.37	3	
23	Westendorf, Taylor	Barnum	33.40	3	
24	Koivisto, Ina	Panthers	33.87	1	
25	Hanson, Kayla	Two Harbors High School	34.08	1	
26	Frericks, Sheena	Silver Bay High School	34.15	1	
27	Swanson, Callie	Two Harbors High School	35.64	1	
28	Mankowski, Xari	Panthers	35.76	2	
29	Blackburn, Chloe	Cook County	39.36	1	
30	Passenzi, Ana Luiza	Carlton High School	40.54	1	

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Two Harbors High School**Results - Day 1****Event 20 Boys 200 Meter Dash**

	Name	School	Finals	H#	Points
Finals					
1	Cossalter, Dawsen	Esko High School	24.01	4	10
2	Keranen, Davey	Two Harbors High School	24.07	4	8
3	Nelson, Craig	Moose Lake Willow River	24.58	4	6
4	Dragicevich, Milan	Moose Lake Willow River	24.63	4	5
5	Carlson, Jake	Panthers	24.68	4	4
6	Oconnor, Justin	Wrenshall	25.02	4	3
7	Blair, Derek	Two Harbors High School	25.28	4	2
8	O'Connor, Caleb	Wrenshall	25.39	4	1
9	Severson, Anthony	Esko High School	26.24	3	
10	Cavallin, Quaid	Two Harbors High School	26.49	3	
11	DeMendeiros, Leo	Cromwell	26.97	3	
12	Wallace, Isaiah	Carlton High School	27.10	3	
13	Brecht, Jeff	Silver Bay High School	27.19	3	
14	Lewis, Zack	Silver Bay High School	27.23	3	
15	Mackai, Brandon	Panthers	27.31	3	
16	Muller, Ben	McGregor School	27.65	2	
17	Cahoon, Cameron	Cromwell	27.72	3	
18	VonRueden, Quentin	Moose Lake Willow River	28.38	2	
19	House, AJ	Carlton High School	28.75	2	
20	Hansen, Ben	Cromwell	28.95	2	
21	Westerlund, Peyton	Silver Bay High School	29.34	1	
22	Glader, Nick	Wrenshall	29.85	2	
23	Barta, Peter	McGregor School	30.04	2	
24	Davis, Donovan	Barnum	30.43	2	
25	Carlson, Xavier	Barnum	31.31	1	
26	Johnson, James	Barnum	31.82	1	
27	Shingledecker, Ethan	Esko High School	33.03	1	
28	Acero, Doran	Cook County	41.78	1	

Event 21 Girls 3200 Meter Run

	Name	School	Finals	Points
Finals				
1	Helberg, Carle	Esko High School	12:30.62	10
2	Poskie, Liz	Panthers	12:36.01	8
3	Acero, Matea	Cook County	12:49.92	6
4	Campbell, Onna	Panthers	13:20.90	5
5	Hakamaki, Teana	Cromwell	14:05.63	4
6	Collman, Amber	Cromwell	14:13.08	3
7	Archer, Katie	Two Harbors High School	14:15.91	2
8	Moores, Margret	Esko High School	14:28.14	1
9	Walsberg, Ruby	Two Harbors High School	14:50.05	
9	Walsberg, Kate	Two Harbors High School	14:50.05	

Event 22 Boys 3200 Meter Run

	Name	School	Finals	Points
Finals				
1	Paron, Jake	Two Harbors High School	10:36.30	10

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Two Harbors High School

Results - Day 1

Finals ... (Event 22 Boys 3200 Meter Run)

Name	School	Finals	Points
2 Olson, Ethan	Moose Lake Willow River	10:47.31	8
3 Northey, Tyler	Esko High School	11:16.45	6
4 Rauvola, Wyatt	Floodwood Track and Field	11:18.71	5
5 Smith, Noah	Two Harbors High School	11:27.66	4
6 Tuel, Casey	Moose Lake Willow River	11:29.90	3
7 Collier, Henry	Barnum	11:36.45	2
8 Squires, Noah	Panthers	11:41.83	1
9 Schultz, Cameron	Esko High School	11:47.79	
10 Pocerich, Marcus	Cromwell	11:54.86	
11 Surbaugh, Will	Cook County	11:58.73	
12 Seipke, Brenden	Two Harbors High School	11:59.35	
13 Dickey, Cameron	Cromwell	12:58.38	

Event 23 Girls 4x400 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Cromwell		4:26.90	10
2 Esko High School		4:28.59	8
3 Panthers		4:39.22	6
4 Cook County		4:41.50	5
5 Barnum		4:50.19	4
6 Two Harbors High School		4:56.74	3
7 Carlton High School		4:58.95	2
8 McGregor School		5:06.47	1

Event 24 Boys 4x400 Meter Relay

Team	Relay	Finals	H#	Points
Finals				
1 Esko High School		3:41.86	2	10
2 Moose Lake Willow River		3:45.66	2	8
3 McGregor School		3:54.62	2	6
4 Silver Bay High School		4:01.42	2	5
5 Two Harbors High School		4:02.80	2	4
6 Barnum		4:08.40	1	3
7 Cromwell		4:16.68	2	2
8 Cook County		4:30.26	1	1

Event 25 Girls Shot Put

Name	School	Finals	Points
Finals			
1 Cross, Casey	Two Harbors High School	34-09.00	3 10
2 Besch, Kayle	Cromwell	33-11.50	3 8
3 Siltanen, Katie	Barnum	31-01.00	3 6
4 Anderson, Ashley	Carlton High School	30-04.00	3 5
5 LaPrairie-Davis, Tehya	Carlton High School	29-06.00	3 4
6 Thums, Kristiina	Silver Bay High School	28-04.50	3 3
7 Jacobsen, Emily	Cook County	28-04.00	3 2
8 Johnson, Jo	Cromwell	27-06.50	2 1
9 Phillips, Marissa	McGregor School	25-10.50	3

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	Name	School	Finals	Points
10	Kolkin, Chelsea	Two Harbors High School	25-09.50	3
11	Scherburne, Claire	Cook County	25-07.50	2
12	Prince, Cassandra	Two Harbors High School	25-03.50	3
13	Jacobs, Sophia	McGregor School	25-01.00	2
14	Anvid, RyAnna	Panthers	24-06.00	2
15	Susa, Kelly	Cromwell	24-03.00	2
16	Evenson, Kiersten	Moose Lake Willow River	24-01.50	2
17	Orbeck, Jordy	McGregor School	24-01.00	3
18	House, Rebecca	Carlton High School	23-06.50	2
19	Larson, Crystal	Silver Bay High School	23-05.00	2
20	Moffett, Mercedes	Moose Lake Willow River	22-11.50	1
21	Johnson, Lyric	Panthers	22-07.00	1
22	Miletich, Kendal	Barnum	22-02.00	1
23	Anderson, Alaura	Panthers	21-10.00	2
24	Thompson, Keely	Esko High School	21-06.00	1
25	Pasek, Steph	Moose Lake Willow River	21-04.50	1
26	Arntson, Ashleigh	Esko High School	21-03.50	2
27	Smith, Alicia	Cook County	21-02.50	1
28	Evans, Ashley	Silver Bay High School	20-03.00	2
29	Stauffenecker, Karen	Esko High School	18-06.50	1
30	Saari, Sara	Barnum	17-10.00	1
31	Lentz, Maia	Floodwood Track and Field	16-05.00	1

Event 26 Boys Shot Put

	Name	School	Finals	Points
Finals				
1	Coil, Sam	Moose Lake Willow River	49-09.00	3 10
2	Bryce, Travis	Wrenshall	45-06.50	3 8
3	Spector, Jared	Panthers	44-06.50	3 6
4	Tan, Daran	Esko High School	40-11.50	3 5
5	Chavez, Jeremiah	Moose Lake Willow River	39-09.00	3 4
6	Crain, Jaylan	Panthers	38-02.00	3 3
7	Morkris, Dominik	Carlton High School	37-07.50	3 2
8	Smith, Zion	Cromwell	35-08.50	3 1
9	Killbourn, Matt	Panthers	35-03.50	2
10	Greer, Lane	Silver Bay High School	35-02.00	2
11	Hansen, Thomas	Moose Lake Willow River	34-08.00	3
12	Susa, Wyatt	Cromwell	33-08.00	2
13	Shelgren, Parker	Barnum	33-00.00	2
13	Mills, Ian	Esko High School	33-00.00	2
15	Peters, Derek	Two Harbors High School	32-03.50	2
16	Busch, Nolan	Esko High School	30-09.50	2
17	Wallace, Isaiah	Carlton High School	29-09.00	2
18	Goodwin, Sam	Barnum	28-10.50	2
19	Lounsberry, Brandon	Two Harbors High School	28-09.00	1
20	Passer, Spencer	McGregor School	27-09.50	1
21	Wyttenback, Zach	McGregor School	27-03.00	1
22	Johnson, Hunter	Two Harbors High School	26-08.50	1
23	Curry, Tyler	Silver Bay High School	26-03.50	1

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Two Harbors High School**Results - Day 1****Finals ... (Event 26 Boys Shot Put)**

	Name	School	Finals	Points
24	Mattson, Carl	Wrenshall	26-00.00	1
25	Moors, Nathan	Barnum	25-05.50	2
26	Widseth, Andrew	McGregor School	24-01.00	1
27	Wilton, Devon	Floodwood Track and Field	22-03.50	1

Event 27 Girls Discus Throw

	Name	School	Finals	Points
Finals				
1	Johnson, Jo	Cromwell	104-00	3 10
2	Juenemann, Jessie	Two Harbors High School	97-05	3 8
3	Cross, Casey	Two Harbors High School	92-10	3 6
4	Besch, Kayle	Cromwell	86-10	3 5
5	Anvid, RyAnna	Panthers	85-03	3 4
6	Thums, Kristiina	Silver Bay High School	83-03	3 3
7	Kolkin, Chelsea	Two Harbors High School	77-01	2 2
8	Arntson, Ashleigh	Esko High School	75-09	2 1
9	LaPrairie-Davis, Tehya	Carlton High School	75-08	3
10	Evans, Ashley	Silver Bay High School	73-04	1
11	Jacobs, Sophia	McGregor School	73-01	3
12	Shada, Desiree	Wrenshall	72-06	2
13	Smith, Alicia	Cook County	71-01	2
14	Anderson, Ashley	Carlton High School	70-09	3
15	Groth, Amanda	Carlton High School	69-03	2
15	Siltanen, Katie	Barnum	69-03	3
17	Jacobsen, Emily	Cook County	63-09	2
18	Orbeck, Jordy	McGregor School	63-04	2
19	Miletich, Kendal	Barnum	62-11	2
20	Mlaskoch, Morgan	Moose Lake Willow River	62-07	2
21	Jatkola, Kaylee	Cromwell	62-00	2
22	Johnson, Taylor	Esko High School	61-07	1
23	Pasek, Steph	Moose Lake Willow River	59-03	2
24	Anderson, Alaura	Panthers	57-00	1
25	Falt, Paige	Moose Lake Willow River	54-07	1
26	Barrett, Emily	Esko High School	53-04	1
27	Larson, Crystal	Silver Bay High School	51-03	1
28	Jelinski, Aisling	McGregor School	50-09	1
29	Callander, Lucy	Cook County	48-07	1
30	Scherburne, Claire	Cook County	47-11	1
---	Bonneville, Alexis	Barnum	ND	3

Event 28 Boys Discus Throw

	Name	School	Finals	Points
Finals				
1	Chavez, Jeremiah	Moose Lake Willow River	130-05	3 10
2	Bryce, Travis	Wrenshall	129-00	3 8
3	Wirtz, Fauston	Esko High School	120-03	3 6
4	Shelgren, Parker	Barnum	114-08	3 5
5	Coil, Sam	Moose Lake Willow River	113-01	3 4
6	Poegel, Brandon	Panthers	101-05	3 3

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Two Harbors High School**Results - Day 1****Finals ... (Event 28 Boys Discus Throw)**

Name	School	Finals		Points
7 Spector, Jared	Panthers	99-09	2	2
8 Susa, Wyatt	Cromwell	93-03	3	1
9 Mattson, Carl	Wrenshall	84-09	2	
10 Nelson, Jayton	Panthers	81-07	2	
11 Tan, Daran	Esko High School	80-11	3	
12 Moors, Nathan	Barnum	79-00	2	
13 Carlson, Dylan	Esko High School	78-00	2	
14 Morkris, Dominik	Carlton High School	76-07	2	
15 Kemper, Sam	Cromwell	75-10	1	
16 Passer, Spencer	McGregor School	74-05	2	
17 Branson, Luke	Moose Lake Willow River	72-01	2	
18 Goodwin, Sam	Barnum	69-04	2	
19 Lounsberry, Brandon	Two Harbors High School	68-00	1	
20 Johnson, Hunter	Two Harbors High School	66-00	1	
21 Widseth, Andrew	McGregor School	63-09	1	
22 Curry, Tyler	Silver Bay High School	62-02	1	
23 Wyttenback, Zach	McGregor School	59-07	1	
24 Wilton, Devon	Floodwood Track and Field	50-10	1	
--- Peters, Derek	Two Harbors High School	ND	3	

Event 29 Girls Pole Vault

Name	School	Finals		Points
Finals				
1 Gonosowski, Ava	Esko High School	7-06.00		10
2 Bryant, Emily	Esko High School	7-00.00		8
3 Houser, Marais	Esko High School	5-00.00		6

Event 30 Boys Pole Vault

Name	School	Finals		Points
Finals				
1 Arntson, Devon	Esko High School	10-00.00		10
2 Olson, Tate	Esko High School	9-00.00		8
3 VonRueden, Quentin	Moose Lake Willow River	9-00.00		6
4 Borchardt, Mitch	Esko High School	7-06.00		5
--- Moonen, David	Moose Lake Willow River	NH		

Event 31 Girls High Jump

Name	School	Finals		Points
Finals				
1 Spehar, Suntina	Esko High School	4-10.00		10
2 Hakamaki, Shaily	Cromwell	4-08.00		8
3 Susa, Kelly	Cromwell	4-06.00		6
4 Sonneman, Haley	Esko High School	4-06.00		5
5 McDonald, Julia	Two Harbors High School	4-06.00		4
6 House, Elizabeth	Carlton High School	4-04.00		3
7 Lenz, Sophie	Panthers	4-04.00		2
8 Wefel, Bryanna	Esko High School	4-04.00		1
9 Jackson, Michaela	McGregor School	4-02.00		
9 Juhl, Arianna	McGregor School	4-02.00		

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Two Harbors High School

Results - Day 1

Finals ... (Event 31 Girls High Jump)

Name	School	Finals	Points
9 Mellesmoen, Kayla	Panthers	4-02.00	
9 Holbeck, Katie	Two Harbors High School	4-02.00	
--- Miletich, Kendal	Barnum	NH	
--- Schleret, Makenzee	Barnum	NH	
--- Thompson, C.J	Floodwood Track and Field	NH	
--- Olson, Kenadi	Panthers	NH	

Event 32 Boys High Jump

Name	School	Finals	Points
Finals			
1 Pfisthner, Austin	Cromwell	5-08.00	10
2 McCray, DaQuawn	McGregor School	5-06.00	8
3 Gelhar, Cole	McGregor School	5-06.00	6
4 Javor, Alex	McGregor School	5-06.00	4.50
4 Fischer, Enoch	Silver Bay High School	5-06.00	4.50
6 Menor, Trenton	Esko High School	5-04.00	3
7 Shingledecker, Seth	Esko High School	5-04.00	1.50
7 Rigdon, Donovan	Two Harbors High School	5-02.00	1.50
8 Erkkila, Quinn	Esko High School	5-02.00	
10 Striowski, Alek	Cromwell	5-00.00	
--- Brooks, Bryce	Silver Bay High School	NH	
--- Brecht, Jeff	Silver Bay High School	NH	
--- Moors, Nathan	Barnum	NH	
--- Carlson, Nick	Panthers	NH	

Event 33 Girls Long Jump

Name	School	Finals	Points
Finals			
1 Bryant, Kennedy	Moose Lake Willow River	15-05.00	3 10
2 Gonosowski, Ava	Esko High School	15-02.00	3 8
3 Hakamaki, Shaily	Cromwell	15-00.75	3 6
4 Groth, Amelia	Carlton High School	14-01.50	3 5
5 Richardson, Rosie	Barnum	14-00.00	3 4
6 Hall, Anna	Panthers	13-09.25	3 3
7 Goerd, Makayla	Panthers	13-07.50	3 2
8 Weets, Danna	Barnum	13-04.00	2 1
9 Rengo, Olivia	Esko High School	13-02.75	2
9 Gronner, Bailey	Cromwell	13-02.75	2
11 Cartolano, Lucia	Moose Lake Willow River	13-02.00	2
12 Marotz, Anabel	McGregor School	13-01.00	3
13 Nelson, Gracie	Barnum	12-11.50	1
14 Morneau, Brooklyn	Wrenshall	12-09.75	1
15 Surjan, Zita	Moose Lake Willow River	12-08.50	1
16 Laveau, Destiny	Carlton High School	12-01.50	1
17 Holbeck, Katie	Two Harbors High School	12-00.00	1
18 Strelnieks, Breana	Cromwell	11-11.50	2
19 Smith, Alissa	Wrenshall	11-10.25	1
20 Kingbird, Elva	Carlton High School	11-07.50	2
21 Bartlett, Emily	Wrenshall	10-06.75	1

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Name	School	Finals	Points
22 Callander, Lucy	Cook County	9-03.00	1
23 Dewey, Sam	Two Harbors High School	1-04.00	1

Event 34 Boys Long Jump

Name	School	Finals	Points
Finals			
1 Carlson, Jake	Panthers	20-01.00	3 10
2 Osterling, Cooper	Esko High School	19-02.25	3 8
3 Blair, Derek	Two Harbors High School	18-10.00	3 6
4 Lysaker, Shannon	Two Harbors High School	18-08.00	3 5
5 Johnson, Zach	Panthers	18-07.00	3 4
6 Johnson, Kurt	Esko High School	18-04.00	3 3
7 Pantsar, Ryan	Esko High School	18-03.75	3 2
8 Keranen, Davey	Two Harbors High School	17-06.00	3 1
9 Spicer, Asa	Moose Lake Willow River	17-04.00	3
10 Mikrot, Andrew	Moose Lake Willow River	17-01.50	3
11 Mackai, Brandon	Panthers	16-09.25	2
12 Nistler, Alexander	McGregor School	16-00.75	2
13 Striowski, Alek	Cromwell	15-11.25	2
14 Greer, Lane	Silver Bay High School	15-10.50	2
15 Barta, Peter	McGregor School	15-07.75	2
16 Fischer, Enoch	Silver Bay High School	15-05.25	2
17 Fitzsimmons, Everett	Barnum	15-04.00	1
18 Soderstrom, Eric	Carlton High School	15-03.25	2
19 Libbon, Drew	Cromwell	14-05.00	1
20 Trelstad, Nick	McGregor School	13-10.25	1
21 Hurst, Blaze	Barnum	13-06.25	2
22 Juntunen, Ryan	Cromwell	13-04.50	1
23 Wallace, Isaiah	Carlton High School	13-03.75	2
24 Gomez, Alberto	Wrenshall	12-11.00	1
25 Davis, Donovan	Barnum	12-03.25	1

Event 35 Girls Triple Jump

Name	School	Finals	Points
Finals			
1 Bryant, Kennedy	Moose Lake Willow River	33-08.00	2 10
2 Cisar, Karina	Moose Lake Willow River	32-10.00	2 8
3 Goerd, Makayla	Panthers	31-01.50	2 6
4 Shady, Selena	Esko High School	29-09.00	2 5
5 Dincau, Mandi	Esko High School	29-02.50	2 4
6 Gronner, Bailey	Cromwell	28-08.50	2 3
7 Zezulka, Ashley	Esko High School	28-08.50	2 2
8 Marotz, Anabel	McGregor School	27-00.00	1 1
9 Boyd, Dakota	McGregor School	25-06.50	1
10 Kingbird, Elva	Carlton High School	25-06.00	1
11 McDonald, Julia	Two Harbors High School	25-04.00	2
12 Jackson, Michaela	McGregor School	25-03.50	1
13 Hutar, Rachel	Cromwell	25-00.00	1
14 Susa, Kelly	Cromwell	24-01.00	1

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Two Harbors High School**Results - Day 1****Finals ... (Event 35 Girls Triple Jump)**

Name	School	Finals	Points
15 Callander, Lucy	Cook County	22-05.50	1

Event 36 Boys Triple Jump

Name	School	Finals	Points
Finals			
1 Soderstrom, Eric	Carlton High School	39-04.00	1 10
2 Osterling, Cooper	Esko High School	38-09.00	2 8
3 Carlson, Jake	Panthers	38-05.50	2 6
4 Johnson, Kurt	Esko High School	37-08.50	2 5
5 Strelnieks, Sawyer	Cromwell	37-08.00	2 4
6 Spicer, Asa	Moose Lake Willow River	37-06.50	2 3
7 Deming, Zach	Two Harbors High School	36-04.00	2 2
8 Anderson, Ryder	Moose Lake Willow River	35-07.50	2 1
9 Johnson, Zach	Panthers	35-01.50	2
10 Cavallin, Quaid	Two Harbors High School	34-02.75	2
11 Skelton, Kyle	Barnum	33-10.50	1
12 Mickelson, Jordan	McGregor School	33-10.00	2
13 Striowski, Alek	Cromwell	32-10.00	2
14 Barta, Peter	McGregor School	32-09.00	1
15 Carlson, Nick	Panthers	32-06.00	1
16 Oswald, Anakin	Moose Lake Willow River	32-05.00	1
17 Swanson, Jayden	Carlton High School	30-09.00	1
18 Peters, Derek	Two Harbors High School	30-04.00	1
19 Litfin, Dakota	Barnum	28-02.00	1
20 Pocerlich, Marcus	Cromwell	27-00.00	1

Women - Team Rankings - 18 Events Scored

1) Cromwell	156	2) Esko High School	136
3) Panthers	93	4) Two Harbors High School	84
5) Moose Lake Willow River	73	6) Carlton High School	47
7) Barnum	33	8) Cook County	30
9) Silver Bay High School	24	10) McGregor School	5
11) Wrenshall	3		

Men - Team Rankings - 18 Events Scored

1) Esko High School	166.5	2) Moose Lake Willow River	132
3) Two Harbors High School	129.5	4) McGregor School	53.5
5) Panthers	49	5) Cromwell	49
7) Wrenshall	36	8) Silver Bay High School	28.5
9) Barnum	19	10) Carlton High School	12
11) Cook County	9	12) Floodwood Track and Field	5