

Overall Finish List**Girls****Varsity Girls 5K**

| <u>Place</u> | <u>Score</u> | <u>Bib No</u> | <u>Name</u> | <u>Team</u> | <u>Grade</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|---------------|-------------------|-------------------|--------------|-------------|-------------|
| 1 | 1 | 145 | Sadie Hamrin | Bemidji | 12 | 19:38.4 | 3:56/K |
| 2 | 2 | 381 | Caitlin Covington | Perham | 11 | 20:05.3 | 4:01/K |
| 3 | 3 | 426 | Jerzie Finstad | Thief River Falls | 10 | 20:22.4 | 4:04/K |
| 4 | 4 | 254 | Taylor Melton | Moorhead Senior | 10 | 20:26.2 | 4:05/K |
| 5 | 5 | 257 | Rylie Polomny | Moorhead Senior | 10 | 20:28.4 | 4:06/K |
| 6 | 6 | 361 | Liz Birkeland | Perham | 7 | 20:36.2 | 4:07/K |
| 7 | 7 | 264 | Lexi Maddux | Moorhead Senior | 12 | 20:38.0 | 4:08/K |
| 8 | 8 | 382 | Ashley Hokanson | Perham | 11 | 20:39.7 | 4:08/K |
| 9 | 9 | 138 | Kayla Dewitt | Bemidji | 10 | 20:49.2 | 4:10/K |
| 10 | 10 | 130 | Regan DeWitt | Bemidji | 7 | 20:51.6 | 4:10/K |
| 11 | 11 | 378 | Abby Tweeton | Perham | 10 | 20:56.4 | 4:11/K |
| 12 | 12 | 386 | Hailey Wegscheid | Perham | 11 | 21:08.9 | 4:14/K |
| 13 | 13 | 265 | Sofie Overturf | Moorhead Senior | 12 | 21:22.2 | 4:16/K |
| 14 | 14 | 211 | Sarah Bostrom | Crosby-Ironton | 8 | 21:38.0 | 4:20/K |
| 15 | 15 | 262 | Mickayla Allen | Moorhead Senior | 12 | 21:41.1 | 4:20/K |
| 16 | 16 | 260 | Cassidy O'Meara | Moorhead Senior | 11 | 22:00.3 | 4:24/K |
| 17 | 17 | 214 | Lily Peterson | Crosby-Ironton | 9 | 22:03.5 | 4:25/K |
| 18 | 18 | 366 | Lauryn Rustad | Perham | 7 | 22:08.3 | 4:26/K |
| 19 | 19 | 263 | Kate Ludwig | Moorhead Senior | 12 | 22:10.8 | 4:26/K |
| 20 | 20 | 465 | Madeleine Bleess | Warroad | 11 | 22:19.0 | 4:28/K |
| 21 | 21 | 363 | Mya Morris | Perham | 7 | 22:22.1 | 4:28/K |
| 22 | 22 | 467 | Rebecca Heppner | Warroad | 11 | 22:32.9 | 4:30/K |
| 23 | 23 | 457 | Eliana Bleess | Warroad | 9 | 22:34.6 | 4:31/K |
| 24 | 24 | 421 | Dru Harbott | Thief River Falls | 7 | 22:36.8 | 4:31/K |
| 25 | 25 | 215 | Arianna LeMieur | Crosby-Ironton | 10 | 22:42.7 | 4:32/K |
| 26 | 26 | 218 | Annie Goodwin | Crosby-Ironton | 12 | 22:59.2 | 4:36/K |
| 27 | 27 | 425 | Brooklyn Brouse | Thief River Falls | 9 | 23:06.5 | 4:37/K |
| 28 | 28 | 136 | Peters Nessa | Bemidji | 9 | 24:12.8 | 4:50/K |
| 29 | 29 | 428 | Abigail Semenko | Thief River Falls | 11 | 24:32.9 | 4:54/K |
| 30 | 30 | 213 | Karli Nixon | Crosby-Ironton | 9 | 25:12.7 | 5:02/K |
| 31 | 31 | 424 | Elaina Ballard | Thief River Falls | 9 | 25:30.8 | 5:06/K |
| 32 | 32 | 463 | Sarah McFarlane | Warroad | 10 | 25:32.7 | 5:06/K |
| 33 | 33 | 217 | Ella Dwyer | Crosby-Ironton | 11 | 25:33.8 | 5:07/K |
| 34 | 34 | 144 | Laura Thompson | Bemidji | 11 | 25:35.3 | 5:07/K |
| 35 | 35 | 431 | Kathryn Kruta | Thief River Falls | 12 | 26:06.8 | 5:13/K |
| 36 | 36 | 216 | Anna Bostrom | Crosby-Ironton | 11 | 26:30.3 | 5:18/K |
| 37 | 37 | 143 | Maggie Brown | Bemidji | 11 | 26:43.1 | 5:21/K |
| 38 | 38 | 461 | Mia Hallett | Warroad | 10 | 27:02.5 | 5:24/K |
| 39 | 39 | 462 | Tereza Hrubá | Warroad | 10 | 27:06.4 | 5:25/K |
| 40 | 40 | 460 | Amber Cole | Warroad | 10 | 27:58.5 | 5:36/K |
| 41 | 41 | 427 | Maryssa Mehrkens | Thief River Falls | 11 | 29:28.6 | 5:54/K |
| 42 | (< 5) | 203 | Rachel Crow Ghost | Cass Lake-Bena | 11 | 30:42.0 | 6:08/K |

Final Team Results

Girls

Varsity Girls 5K

| <u>Bib No</u> | <u>Name</u> | <u>Grade</u> | <u>Overall Place</u> | <u>Cumulative Place</u> | <u>Time</u> | <u>Cumulative Time</u> | <u>Time Back</u> |
|---------------------------------|-----------------------|--------------|----------------------------|-------------------------|-------------|------------------------|------------------|
| Team - Perham | | | Finish Position - 1 | | | | |
| Team Score (places): 39 | | | Average Time: 20:41.3 | | | | |
| 1 | 381 Caitlin Covington | 11 | 2 | 2 | 20:05.3 | 20:05.3 | 0:00.0 |
| 2 | 361 Liz Birkeland | 7 | 6 | 8 | 20:36.2 | 40:41.5 | 0:30.9 |
| 3 | 382 Ashley Hokanson | 11 | 8 | 16 | 20:39.7 | 1:01:21.2 | 0:34.4 |
| 4 | 378 Abby Tweeton | 10 | 11 | 27 | 20:56.4 | 1:22:17.6 | 0:51.1 |
| 5 | 386 Hailey Wegscheid | 11 | 12 | 39 | 21:08.9 | 1:43:26.5 | 1:03.6 |
| 6 | 366 Lauryn Rustad | 7 | (18) | (57) | 22:08.3 | 2:05:34.8 | 2:03.0 |
| 7 | 363 Mya Morris | 7 | (21) | (78) | 22:22.1 | 2:27:56.9 | 2:16.8 |
| Team - Moorhead Senior | | | Finish Position - 2 | | | | |
| Team Score (places): 44 | | | Average Time: 20:55.1 | | | | |
| 1 | 254 Taylor Melton | 10 | 4 | 4 | 20:26.2 | 20:26.2 | 0:00.0 |
| 2 | 257 Rylie Polomny | 10 | 5 | 9 | 20:28.4 | 40:54.6 | 0:02.2 |
| 3 | 264 Lexi Maddux | 12 | 7 | 16 | 20:38.0 | 1:01:32.6 | 0:11.8 |
| 4 | 265 Sofie Overturf | 12 | 13 | 29 | 21:22.2 | 1:22:54.8 | 0:56.0 |
| 5 | 262 Mickayla Allen | 12 | 15 | 44 | 21:41.1 | 1:44:35.9 | 1:14.9 |
| 6 | 260 Cassidy O'Meara | 11 | (16) | (60) | 22:00.3 | 2:06:36.2 | 1:34.1 |
| 7 | 263 Kate Ludwig | 12 | (19) | (79) | 22:10.8 | 2:28:47.0 | 1:44.6 |
| Team - Bemidji | | | Finish Position - 3 | | | | |
| Team Score (places): 82 | | | Average Time: 22:13.4 | | | | |
| 1 | 145 Sadie Hamrin | 12 | 1 | 1 | 19:38.4 | 19:38.4 | 0:00.0 |
| 2 | 138 Kayla Dewitt | 10 | 9 | 10 | 20:49.2 | 40:27.6 | 1:10.8 |
| 3 | 130 Regan DeWitt | 7 | 10 | 20 | 20:51.6 | 1:01:19.2 | 1:13.2 |
| 4 | 136 Peters Nessa | 9 | 28 | 48 | 24:12.8 | 1:25:32.0 | 4:34.4 |
| 5 | 144 Laura Thompson | 11 | 34 | 82 | 25:35.3 | 1:51:07.3 | 5:56.9 |
| 6 | 143 Maggie Brown | 11 | (37) | (119) | 26:43.1 | 2:17:50.4 | 7:04.7 |
| Team - Crosby-Ironton | | | Finish Position - 4 | | | | |
| Team Score (places): 112 | | | Average Time: 22:55.2 | | | | |
| 1 | 211 Sarah Bostrom | 8 | 14 | 14 | 21:38.0 | 21:38.0 | 0:00.0 |
| 2 | 214 Lily Peterson | 9 | 17 | 31 | 22:03.5 | 43:41.5 | 0:25.5 |
| 3 | 215 Arianna LeMieur | 10 | 25 | 56 | 22:42.7 | 1:06:24.2 | 1:04.7 |
| 4 | 218 Annie Goodwin | 12 | 26 | 82 | 22:59.2 | 1:29:23.4 | 1:21.2 |
| 5 | 213 Karli Nixon | 9 | 30 | 112 | 25:12.7 | 1:54:36.1 | 3:34.7 |
| 6 | 217 Ella Dwyer | 11 | (33) | (145) | 25:33.8 | 2:20:09.9 | 3:55.8 |
| 7 | 216 Anna Bostrom | 11 | (36) | (181) | 26:30.3 | 2:46:40.2 | 4:52.3 |
| Team - Thief River Falls | | | Finish Position - 5 | | | | |
| Team Score (places): 114 | | | Average Time: 23:13.8 | | | | |

Final Team Results

Girls

Varsity Girls 5K

| <u>Bib No</u> | <u>Name</u> | <u>Grade</u> | <u>Overall Place</u> | <u>Cumulative Place</u> | <u>Time</u> | <u>Cumulative Time</u> | <u>Time Back</u> |
|---------------------------------|-----------------------|--------------|-------------------------------|-------------------------|-------------|------------------------|------------------|
| Team - Thief River Falls | | | Finish Position - 5 | | | | |
| Team Score (places): 114 | | | Average Time: 23:13.8 | | | | |
| 1 | 426 Jerzie Finstad | 10 | 3 | 3 | 20:22.4 | 20:22.4 | 0:00.0 |
| 2 | 421 Dru Harbott | 7 | 24 | 27 | 22:36.8 | 42:59.2 | 2:14.4 |
| 3 | 425 Brooklyn Brouse | 9 | 27 | 54 | 23:06.5 | 1:06:05.7 | 2:44.1 |
| 4 | 428 Abigail Semenko | 11 | 29 | 83 | 24:32.9 | 1:30:38.6 | 4:10.5 |
| 5 | 424 Elaina Ballard | 9 | 31 | 114 | 25:30.8 | 1:56:09.4 | 5:08.4 |
| 6 | 431 Kathryn Kruta | 12 | (35) | (149) | 26:06.8 | 2:22:16.2 | 5:44.4 |
| 7 | 427 Maryssa Mehrkens | 11 | (41) | (190) | 29:28.6 | 2:51:44.8 | 9:06.2 |
| Team - Warroad | | | Finish Position - 6 | | | | |
| Team Score (places): 135 | | | Average Time: 24:00.3 | | | | |
| 1 | 465 Madeleine Bleess | 11 | 20 | 20 | 22:19.0 | 22:19.0 | 0:00.0 |
| 2 | 467 Rebecca Heppner | 11 | 22 | 42 | 22:32.9 | 44:51.9 | 0:13.9 |
| 3 | 457 Eliana Bleess | 9 | 23 | 65 | 22:34.6 | 1:07:26.5 | 0:15.6 |
| 4 | 463 Sarah McFarlane | 10 | 32 | 97 | 25:32.7 | 1:32:59.2 | 3:13.7 |
| 5 | 461 Mia Hallett | 10 | 38 | 135 | 27:02.5 | 2:00:01.7 | 4:43.5 |
| 6 | 462 Tereza Hrubá | 10 | (39) | (174) | 27:06.4 | 2:27:08.1 | 4:47.4 |
| 7 | 460 Amber Cole | 10 | (40) | (214) | 27:58.5 | 2:55:06.6 | 5:39.5 |
| Team - Cass Lake-Bena | | | Finish Position - Inc. | | | | |
| Team Score (places):Inc. | | | Average Time: | | | | |
| 1 | 203 Rachel Crow Ghost | 11 | Less Than 5 | | 30:42.0 | 30:42.0 | 0:00.0 |