

Holst Invitational - 4/22/2017**Concordia St. Paul
Results - Invitational****Women 100 Meter Dash****Meet Records: 11.93 ! 4/22/2017 Danielle Kohlwey, Minnesota-Du****Facility Rec: 11.93 \$ 4/22/2017 Danielle Kohlwey, Minnesota-Du**

Name	School	Seed	Finals	Wind	H#
Finals					
1 Kohlwey, Danielle	Minnesota-Duluth	12.14	11.93 !	1.2	1
2 Williams, Gloria	Concordia-St. Paul	12.28	12.26	1.2	1
3 Brazerol, Bailee	St. Cloud State	12.18	12.28	1.2	1
4 Shady, Erika	Concordia-St. Paul	12.45	12.42	1.2	1
5 Kesseh, Erica	Minnesota-Duluth	12.15	12.65	1.2	1
5 Wells-Johnson, Shakeela	St. Catherine	12.82	12.65	0.4	2
7 Berninghaus, Briana	Hamline	12.96	12.66	0.4	2
8 Suber, Jasmyne	Minnesota State	12.48	12.71	1.2	1
9 Jones, Callie	Augsburg	12.50	12.81	1.2	1
10 Kirkova, Liliya	St. Catherine	12.74	12.86	0.4	2
11 Monpas, Kendra	Minnesota-Duluth	12.79	13.03	0.4	2
12 Kotaiarvi, Lauren	Minnesota-Duluth	12.77	13.07	0.4	2
13 Hensch, Mikayla	Hamline	13.20	13.08	-0.4	3
14 Woody, Nikaylah	Augsburg	13.30	13.10	-0.4	3
15 Zwiefelhofer, Danielle	Hamline	13.35	13.20	-0.4	3
16 Donkhong, Anna	Hamline	13.20	13.26	-0.4	3
17 Rudolph, LaKeya	Concordia-St. Paul	13.22	13.31	-0.4	3
18 Rivard, Savannah	Minnesota-Duluth	12.80	13.38	0.4	2
19 Reeves, Sydia	St. Catherine	13.69	13.64	-0.4	3
20 Hebel, Breanna	Minnesota-Duluth	13.10	13.69	0.4	2
21 Leiden, Katelyn	St. Scholastica	13.61	13.82	-0.4	3
22 Simpson, Kennedy	Hamline	14.16	14.13	-2.1	4
23 Diaz, Katrina	Hamline	13.63	14.29	-0.4	3
24 DeBrova, Denitsa	SW Minnesota St.	14.07	14.32	-2.1	4
25 Auran, Amy	Wis.-River Falls	13.71	14.38	-2.1	4
26 Bakken, Abigail	Wis.-River Falls	13.75	14.42	-2.1	4
27 Hughes, Mackenzie	Hamline	14.49	14.46	-2.1	4
28 Kressler, Olivia	Hamline	13.86	14.51	-2.1	4
29 Kelley, Ici	St. Catherine	14.64	14.92	-2.1	4
30 Gault, Chloe	Northwestern (Minn.)	15.25	15.59	-0.6	5
31 Moller, Elizabeth	Northwestern (Minn.)	15.48	15.81	-0.6	5
32 Mohamed, Faiza	Augsburg	16.41	16.75	-0.6	5
--- Lightfoot, Kortney	Upper Iowa		DNF	-0.6	5

Women 200 Meter Dash**Meet Records: 24.60 ! 4/22/2017 Kim Shabino, SW Minnesota****Facility Rec: 24.60 \$ 4/22/2017 Kim Shabino, SW Minnesota**

Name	School	Seed	Finals	Wind	H#
Finals					
1 Shabino, Kim	SW Minnesota St.	24.68	24.60 !	0.8	1
2 Burney, Kalle	Concordia-St. Paul	25.75	25.18	0.8	1
3 Shady, Erika	Concordia-St. Paul	25.57	25.41	0.8	1
4 Stalboerger, Allie	Minnesota-Duluth	25.16	25.47	0.8	1
5 Berninghaus, Briana	Hamline	25.76	25.67	0.8	1
6 Williams, Gloria	Concordia-St. Paul	25.30	25.85	-0.7	6
7 Ramacher, Ashley	Unat-Minnesota	26.20	25.94	0.8	2

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Women 200 Meter Dash)**

	Name	School	Seed	Finals	Wind	H#
8	Kirkova, Liliya	St. Catherine	26.10	25.99	0.8	2
9	Dugan, Allie	Unat-Minnesota	26.50	26.04	1.3	3
10	Brazerol, Bailee	St. Cloud State	25.97	26.06	0.8	1
11	Linkert, Sherahlynn	Wis.-River Falls	25.97	26.10	0.8	1
12	Hesse, Michaela	Minnesota-Duluth	26.24	26.20	0.8	2
13	Kammer, Maddy	Unat-Minnesota	26.88	26.24	1.3	3
14	Faucett, Alyssa	Unat-Minnesota	27.11	26.29	1.3	3
15	Atwood, Nikki	SW Minnesota St.	26.34	26.36	0.8	2
16	Hart, Dominique	Minnesota-Duluth	26.39	26.37	0.8	2
17	Kunshier, Maddy	Concordia-St. Paul	27.43	26.43	-2.1	4
18	Arason, Hannah	Unat-Minnesota	26.30	26.50	0.8	2
19	Woody, Nikaylah	Augsburg	27.04	26.58	1.3	3
20	Du Bois, Paige	Minnesota-Duluth	26.10	26.73	0.8	2
21	Monpas, Kendra	Minnesota-Duluth	26.90	26.79	1.3	3
22	Ighovojah, Wakpor	Concordia-St. Paul	26.23	26.97	0.8	2
23	Amundson, Leah	Concordia-St. Paul	27.67	27.19	+0.0	5
23	Kling, Anika	St. Scholastica	27.46	27.19	-2.1	4
25	Dellwo, Kristy	Hamline	27.77	27.28	+0.0	5
25	Avinon, Melina	St. Scholastica	27.43	27.28	-2.1	4
27	Rivard, Savannah	Minnesota-Duluth	26.76	27.32	1.3	3
28	Rudolph, LaKeya	Concordia-St. Paul	27.55	27.41	-2.1	4
29	Ciesynski, Emily	Minnesota-Morris	27.75	27.50	+0.0	5
30	Dieringer, Jessika	Minnesota State	26.50	27.51	1.3	3
31	Fixsen, Mary	Minnesota State	27.40	27.59	-2.1	4
32	Fiecke, Marisa	Hamline	27.00	27.84	1.3	3
33	Hebel, Breanna	Minnesota-Duluth	27.37	27.97	-2.1	4
34	Kavajecz, Alyssa	Minnesota-Duluth	27.48	28.02	-2.1	4
35	Thoemke, Megan	St. Catherine	27.65	28.08	+0.0	5
36	Weiss, Dallas	Minnesota State	27.63	28.24	-2.1	4
37	Pederson, Paige	Minnesota-Morris	29.04	28.37	-0.7	6
38	Simpson, Kennedy	Hamline	29.53	28.93	-0.7	6
39	Reeves, Sydia	St. Catherine	28.31	29.05	-0.7	6
40	Diaz, Katrina	Hamline	29.45	29.35	-0.7	6
41	Grant, Alanna	Wis.-River Falls	29.47	29.46	-0.7	6
42	Kelley, Ici	St. Catherine	30.29	30.08	-0.7	6
43	Moller, Elizabeth	Northwestern (Minn.)	34.05	33.98	-0.7	6

Women 400 Meter Dash

Meet Records: 53.79 ! 4/22/2017 **Titania Markland, UNAT-Minneso**

Facility Rec: 53.79 \$ 4/22/2017 **Titania Markland, UNAT-Minneso**

	Name	School	Seed	Finals	H#
Finals					
1	Markland, Titania	Unat-Minnesota	53.25	53.79 !	1
2	Larson, Val	Unat-Minnesota	59.30	55.39	1
3	Grant, Jasmine	St. Cloud State	57.49	56.95	1
4	Dugan, Allie	Unat-Minnesota	58.95	57.98	1
5	Shabino, Kim	SW Minnesota St.	57.53	58.56	1
6	Shafer, Izzy	Hamline	59.73	59.38	1
7	Atwood, Nikki	SW Minnesota St.	59.65	59.52	1
8	Amundson, Leah	Concordia-St. Paul	1:00.46	1:00.14	2

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Women 400 Meter Dash)**

Name	School	Seed	Finals	H#
9 Glover, Kaylee	St. Cloud State	1:01.10	1:00.20	2
9 Kunshier, Maddy	Concordia-St. Paul	1:01.62	1:00.20	3
11 Conzemius, Jenna	Unat-Minnesota	1:01.45	1:00.38	3
12 Ighovojah, Wakpor	Concordia-St. Paul	1:01.21	1:00.46	2
13 Fiecke, Marisa	Hamline	1:00.40	1:00.50	2
14 Dellwo, Kristy	Hamline	1:00.11	1:00.58	2
15 Avinon, Melina	St. Scholastica	1:02.35	1:00.77	3
16 Du Bois, Paige	Minnesota-Duluth	58.56	1:00.94	1
17 Kammer, Maddy	Unat-Minnesota	1:01.33	1:01.16	2
18 Shank, Hanna	St. Cloud State	1:00.49	1:01.27	2
19 Fixsen, Mary	Minnesota State	1:01.17	1:01.56	2
20 Argir, Sammi	St. Scholastica	1:02.00	1:01.62	3
21 Sather, Kelsey	Minnesota	1:02.98	1:02.13	3
22 Hill, Breyanna	Upper Iowa	1:03.42	1:02.18	4
23 Kling, Anika	St. Scholastica	1:04.47	1:02.89	4
24 Shofner, Breanna	St. Scholastica	1:01.61	1:03.06	3
25 Wendt, Kristen	St. Cloud State	1:01.74	1:03.18	3
26 Jansky, Kayla	SW Minnesota St.	1:04.73	1:03.82	4
27 Schimmlen, Taylor	Concordia-St. Paul	1:05.50	1:04.38	4
28 Grant, Alanna	Wis.-River Falls	1:05.49	1:04.99	4
29 Loucks, Zoe	Minnesota-Morris	1:06.00	1:05.21	4
30 Weber, Kristen	SW Minnesota St.	1:03.00	1:05.39	4
31 Boyle, Tanna	Minnesota-Morris	1:06.14	1:06.82	4
32 Brady, Ashley	Upper Iowa	1:10.71	1:08.36	5
33 Dobs, Alyvia	St. Scholastica	1:10.25	1:09.20	5
34 Namyst, Emily	St. Scholastica	1:08.83	1:09.44	5
35 Breitsprecher, Josie	Upper Iowa	1:14.09	1:13.37	5

Women 800 Meter Run

Meet Records: 2:13.75 ! 4/22/2017 **Annie Haakenstad, Minnesota**

Facility Rec: 2:13.75 \$ 4/22/2017 **Annie Haakenstad, Minnesota**

Name	School	Seed	Finals	H#
Finals				
1 Haakenstad, Annie	Minnesota	2:15.21	2:13.75 !	1
2 Hall, Rachel	Unattached	2:18.00	2:15.92	1
3 Kyes, Elizabeth	Minnesota-Duluth	2:16.44	2:16.72	1
4 Sjelín, Maddi	Minnesota State	2:15.30	2:17.30	1
5 Miller, Liz	Minnesota	2:19.06	2:18.85	1
6 Castanias, Emily	Minnesota	2:24.33	2:18.86	2
7 Prouty, Sam	Minnesota	2:17.30	2:21.36	1
8 Smith, Ally	Minnesota	2:22.52	2:21.47	2
9 Ollila, Naomi	Minnesota	2:26.45	2:21.76	3
10 Werking, Sarah	Unat-Minnesota	2:23.34	2:21.84	2
11 Boespflug, Jessica	Minnesota State	2:17.67	2:22.86	1
12 Hauer, Maria	St. Cloud State	2:23.04	2:23.11	2
13 Serratore, Megan	Minnesota State	2:22.00	2:23.35	2
14 Mayfield, Sarah	SW Minnesota St.	2:20.00	2:23.73	1
15 Sakry, Rachel	St. Cloud State	2:22.00	2:24.48	2
16 Webb, Kathryn	Minnesota-Duluth	2:24.92	2:27.44	2
17 Ohotto, Becca	Minnesota State	2:26.72	2:28.01	3

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Women 800 Meter Run)**

Name	School	Seed	Finals	H#
18 Nash, Alyssa	Hamline	2:26.26	2:28.25	3
19 Werking, Laura	Minnesota	2:27.67	2:28.45	3
20 Kaplan, Jacqueline	St. Scholastica	2:31.39	2:29.23	3
21 Hayes, Emma	Wis.-River Falls	2:29.89	2:29.96	3
22 Stepaniak, Eleanor	Minnesota-Duluth	2:28.00	2:30.07	3
23 Carlson, Kimberly	Wis.-River Falls	2:31.83	2:30.27	3
24 Strickland, Shannon	St. Catherine	2:24.36	2:31.55	2
25 Stoltenburg, Heidi	SW Minnesota St.		2:32.21	4
26 Tretter, Teagan	St. Catherine	2:32.00	2:33.36	4
27 Thoenke, Nadine	Hamline	2:30.46	2:35.81	3
28 Tolle, Dayton	Minnesota-Duluth	2:34.78	2:36.21	4
29 Thaemert, Rachel	Concordia-St. Paul	2:36.07	2:39.25	4
30 Grengs, Amanda	SW Minnesota St.	2:27.54	2:42.89	3
31 Coldren, Emily	SW Minnesota St.		2:43.04	4
32 Gullickson, Katelynn	St. Scholastica		2:45.18	4
33 Matti, Zia	St. Cloud State		2:46.90	4
34 Neil, Ahna	St. Catherine	2:56.26	2:53.27	4
35 Werning, Holly	Concordia-St. Paul	2:50.66	2:55.34	4

Women 1500 Meter Run

Meet Records: 4:25.06 ! 4/16/2016 Madeline Strandemo, Minnesota

Facility Rec: 4:25.06 \$ 4/16/2016 Madeline Strandemo, Minnesota

Name	School	Seed	Finals	H#
Finals				
1 Hasz, Megan	Unat-Minnesota	4:32.12	4:30.88	1
2 Hasz, Bethany	Unat-Minnesota	4:31.23	4:31.73	1
3 Kohut-Jackson, Abby	Unat-Minnesota	4:35.11	4:35.55	1
4 Greenlund, Lindsey	Unat-Minnesota	4:37.11	4:39.06	1
5 Eastman, Molly	Minnesota	4:45.11	4:40.92	1
6 Berg, Maria	Minnesota-Duluth	4:43.00	4:42.63	1
7 Mason, Zetta	Unat-Minnesota	4:49.56	4:46.37	2
8 Sunstrom, Sam	St. Cloud State	4:53.00	4:47.21	2
9 Klecker, Sarah	Minnesota	4:38.10	4:47.25	1
10 Hankins, Holly	Hamline	4:48.23	4:49.41	2
11 Betz, Emily	Minnesota	4:46.33	4:49.67	2
12 Patrick, Bobbi	Minnesota State	5:05.00	4:49.98	3
13 Alama, Courtney	Minnesota	4:45.67	4:50.35	1
14 Schulz, Carli	Minnesota	4:55.22	4:50.54	2
15 Serratore, Megan	Minnesota State	4:53.23	4:51.25	2
16 Sakry, Rachel	St. Cloud State	4:58.00	4:51.37	3
17 Dock, Carissa	Unat-Minnesota	4:49.34	4:53.89	2
18 Lofgren, Chrissy	St. Cloud State	5:01.77	4:55.23	3
19 Schmidt, Kelli	Unat-Minnesota	4:43.11	4:56.05	1
20 Novak, Katherine	Minnesota-Morris	5:06.54	4:57.25	3
21 Hauer, Maria	St. Cloud State	5:11.37	4:57.91	3
22 Strickland, Shannon	St. Catherine	4:57.26	4:59.96	2
23 Platt, Brittany	Minnesota-Duluth	5:02.00	5:00.44	3
24 Rasmussen, Haley	Minnesota	5:03.12	5:01.09	3
25 Harrison, Sarah	Minnesota-Duluth	5:08.93	5:05.17	3
26 Jansky, Kayla	SW Minnesota St.	4:55.00	5:06.23	2

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Women 1500 Meter Run)**

	Name	School	Seed	Finals	H#
27	Kargol, Abby	Minnesota	4:56.22	5:07.92	2
28	Dockendorf, Mackenzie	Minnesota State	5:21.15	5:11.17	4
29	Weber, Kristen	SW Minnesota St.	5:23.55	5:13.79	4
30	Hebner, Tayler	Minnesota-Duluth	5:10.00	5:15.41	3
31	O'Brien, Sally	Minnesota State	5:27.48	5:15.48	4
32	Hayden, Bernadette	Hamline	5:26.84	5:18.26	4
33	Bennett, Tasha	Concordia-St. Paul	5:09.29	5:18.90	3
34	Blom, Emma	Augsburg	5:23.85	5:19.19	4
35	Anderson, Elisabeth	Minnesota-Morris	5:15.00	5:20.52	3
36	Hall, Anna	Minnesota-Duluth	5:20.00	5:20.60	4
37	Grengs, Amanda	SW Minnesota St.	5:30.00	5:22.61	4
38	Weber, Alyssa	Upper Iowa	5:29.47	5:23.09	4
39	Matti, Zia	St. Cloud State	5:23.63	5:24.02	4
40	Smith, Chandra	Upper Iowa		5:24.99	5
41	Ramsay, Courtney	Concordia-St. Paul	5:31.44	5:25.35	4
42	Thaemert, Rachel	Concordia-St. Paul	5:46.06	5:28.99	5
43	Lawrence, Montana	Minnesota-Morris	5:33.77	5:30.93	4
44	Crider, Sarah	St. Scholastica	5:37.97	5:35.50	5
45	Swanson, Hillary	Minnesota State	5:40.18	5:40.68	5
46	Gusk, Allison	St. Scholastica		5:41.15	5
47	Ward, Gabrielle	Minnesota-Morris	5:30.00	5:41.41	4
48	Olson, Caitlin	Augsburg	5:42.39	5:44.74	5
49	Hallgren, Kiley	Minnesota-Morris	5:39.24	6:07.17	5
50	Haverkamp, Veronica	Minnesota-Morris	5:55.00	6:10.93	5
51	Christianson, Ivelyn	Northwestern (Minn.)	6:10.45	6:14.87	5

Women 5000 Meter Run

Meet Records: 17:19.71 ! 4/21/2012 Liz Berkholtz, Unattached

Facility Rec: 17:19.71 \$ 4/21/2012 Liz Berkholtz, Unattached

	Name	School	Seed	Finals
Finals				
1	Olson, Hannah	Unattached	18:23.00	17:44.95
2	Moore, Abigail	Minnesota-Duluth	18:15.00	17:55.56
3	Drenckhahn, Melissa	Minnesota-Duluth	18:17.71	18:20.08
4	Anderson, Danielle	Minnesota	18:30.00	18:24.50
5	Weyenberg, Carisa	Minnesota State	18:20.00	18:47.47
6	Poskie, Elizabeth	St. Scholastica	19:38.11	19:30.63
7	Lauer, Jaylynn	Minnesota State	19:44.68	19:34.16
8	Lindfors, Jackie	Concordia-St. Paul	19:24.69	19:53.29
9	Lindberg, Ruth	Concordia-St. Paul	20:15.34	20:16.18
10	Betzler, Mariah	Minnesota State	20:27.42	20:20.13
11	Perri, Michelle	St. Catherine	20:17.44	21:25.59
12	Grathwohl, Lexi	SW Minnesota St.	21:00.00	24:15.06
---	Spatenka, Erin	Concordia-St. Paul	20:14.01	DNF

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Women 100 Meter Hurdles****Meet Records: 13.81 ! 4/18/2015 Kimberly Golding, Unattached****Facility Rec: 13.81 \$ 4/18/2015 Kimberly Golding, Unattached**

Name	School	Seed	Finals	Wind	H#
Finals					
1 Burney, Kalle	Concordia-St. Paul	14.89	14.85	-3.6	1
2 Young, Erica	Concordia-St. Paul	15.74	15.69	-3.6	1
3 McNeel, Samantha	SW Minnesota St.	16.50	15.98	-0.7	2
4 Weiss, Dallas	Minnesota State		16.01	-0.7	3
4 Linkert, Sherahlynn	Wis.-River Falls	14.97	16.01	-3.6	1
6 Johnson, Jocelyn	St. Cloud State	15.50	16.43	-3.6	1
7 Davis, Keenan	Minnesota State	15.50	16.50	-3.6	1
8 Kesseh, Erica	Minnesota-Duluth	15.06	16.57	-3.6	1
9 Schneider, Nicole	Minnesota-Duluth	16.01	17.09	-3.6	1
10 Potthoff, Avery	Minnesota-Duluth	16.77	17.22	-0.7	2
11 Pederson, Paige	Minnesota-Morris	16.75	17.36	-0.7	2
12 Lincoln, Emily	Hamline	17.51	17.39	-0.7	2
13 Hogan, Brooke	Minnesota-Morris	16.28	18.10	-3.6	1
14 Brady, Ashley	Upper Iowa	18.00	18.24	-0.7	2
15 Mele, Gabby	Hamline	18.59	18.39	-0.7	3
16 Bartenstein, Melanie	Hamline	18.35	18.69	-0.7	3
17 Auran, Amy	Wis.-River Falls	18.02	18.72	-0.7	2
18 DeBrova, Denitsa	SW Minnesota St.	17.42	19.86	-0.7	2

Women 400 Meter Hurdles**Meet Records: 1:01.00 ! 4/16/2016 Erin Huls, Unattached****Facility Rec: 1:01.00 \$ 4/16/2016 Erin Huls, Unattached**

Name	School	Seed	Finals	H#
Finals				
1 Biermaier, Meleah	Unat-Minnesota	1:01.89	1:02.98	1
2 Walter, Rebekah	Unat-Minnesota	1:06.50	1:05.53	1
3 Kohlwey, Danielle	Minnesota-Duluth	1:05.42	1:06.95	1
4 Brown, Bridget	St. Cloud State	1:07.96	1:07.19	1
5 McNeel, Samantha	SW Minnesota St.	1:08.00	1:07.65	1
6 Dieringer, Jessika	Minnesota State	1:07.13	1:07.97	1
7 Schneider, Nicole	Minnesota-Duluth	1:06.97	1:08.60	1
8 Young, Erica	Concordia-St. Paul	1:05.50	1:09.90	1
9 Lincoln, Emily	Hamline	1:10.00	1:10.45	2
10 Hogan, Brooke	Minnesota-Morris	1:08.00	1:12.58	2
11 French, Julianna	St. Scholastica	1:12.79	1:16.08	2
12 Mele, Gabby	Hamline	1:18.66	1:16.43	2

Women 3000 Meter Steeplechase**Meet Records: 11:13.10 ! 2010 Danielle Thompson, Mn St Moorhead****Facility Rec: 11:13.10 \$ 4/28/2010 Danielle Thompson, Mn St Moorhead**

Name	School	Seed	Finals
Finals			
1 Dillon, Caitlin	Minnesota	11:21.22	11:17.90
2 Baker, Erin	Minnesota State		11:25.45
3 Flanagan, Megan	Minnesota	11:32.11	11:30.24
4 Seidenkranz, Amber	Minnesota-Duluth	11:47.91	11:34.71

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Women 3000 Meter Steeplechase)**

Name	School	Seed	Finals
5 Stuart, Megan	Minnesota-Duluth	11:48.16	11:51.84
6 Paul, Lily	Minnesota State		12:00.02
7 Richard, Caitlan	Minnesota-Duluth	12:17.49	12:00.19
8 Shurbert-Hetzel, Autum	St. Cloud State	12:13.31	12:05.68
9 Carr, Lydia	Concordia-St. Paul	12:52.43	12:25.70
10 White, Danica	Northwestern (Minn.)		12:39.88
11 McElroy, Jenna	Unattached	11:38.36	12:42.84
12 Hulterstrum, Jane	Northwestern (Minn.)		13:02.05
13 Witmer, Sam	St. Catherine	13:28.17	13:35.75

Women 4x100 Meter Relay

Meet Records: 47.77 ! 4/22/2017 Concordia-St. Paul, Concordia-St
G Williams, E Shady, E Young, K Burney

Facility Rec: 47.77 \$ 4/22/2017 Concordia-St. Paul, Concordia-St
G Williams, E Shady, E Young, K Burney

Team	Relay	Seed	Finals
Finals			
1 Concordia-St. Paul		48.92	47.77 !
1) Williams, Gloria	2) Shady, Erika	3) Young, Erica	4) Burney, Kalle
2 Minnesota-Duluth		48.36	47.99
1) Kesseh, Erica	2) Stalboerger, Allie	3) Rivard, Savannah	4) Kohlwey, Danielle
3 St. Cloud State		49.00	49.69
1) Shank, Hanna	2) Wendt, Kristen	3) Bremseth, Angela	4) Brazerol, Bailee
4 Hamline		49.78	50.35
1) Donkhong, Anna	2) Hensch, Mikayla	3) Shafer, Izzy	4) Zwiefelhofer, Danielle

Women 4x400 Meter Relay

Meet Records: 3:52.10 ! 4/22/2017 Minnesota, Minnesota
M Biermaier, V Larson, M Gourley, T Markland

Facility Rec: 3:52.10 \$ 4/22/2017 Minnesota, Minnesota
M Biermaier, V Larson, M Gourley, T Markland

Team	Relay	Seed	Finals	H#
Finals				
1 Minnesota		3:41.90	3:52.10 !	1
1) Biermaier, Meleah	2) Larson, Val	3) Gourley, Maddie	4) Markland, Titania	
2 Unat-Minnesota	C	4:07.45	4:02.22	1
3 Hamline		4:04.00	4:04.41	1
1) Dellwo, Kristy	2) Fiecke, Marisa	3) Hankins, Holly	4) Shafer, Izzy	
4 Minnesota-Morris		4:15.00	4:08.52	1
1) Loucks, Zoe	2) Hogan, Brooke	3) Boyle, Tanna	4) Novak, Katherine	
5 Unat-Minnesota	B	3:58.00	4:15.10	1
6 St. Catherine		4:25.00	4:20.67	1
1) Kirkova, Liliya	2) Thoemke, Megan	3) Reeves, Sydia	4) Tretter, Teagan	
7 Unat-Minnesota	D	4:04.33	4:23.62	1
8 Hamline	B	4:26.23	4:29.14	2
1) Lincoln, Emily	2) Nash, Alyssa	3) Walls, Jordan	4) Van Goethem, Abigail	
9 Concordia-St. Paul			4:35.42	2
1) Bennett, Tasha	2) Ramsay, Courtney	3) Carr, Lydia	4) Werning, Holly	
10 Northwestern (Minn.)		5:16.00	5:04.86	2
1) Miller, Sarah	2) Christianson, Ivelyn	3) White, Danica	4) Gault, Chloe	

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Women High Jump****Meet Records: 1.73m ! 4/22/2017 Ashley Ramacher, UNAT-Minneso****Facility Rec: 1.73m \$ 4/22/2017 Ashley Ramacher, UNAT-Minneso**

Name	School	Finals	
Finals			
1 Ramacher, Ashley	Unat-Minnesota	1.73m !	5-08.00
2 Hollingsworth, Khadiya	Minnesota State	1.70m	5-07.00
3 Burney, Kalle	Concordia-St. Paul	1.65m	5-05.00
4 Arason, Hannah	Unat-Minnesota	1.65m	5-05.00
5 Ziolkowski, Brianna	Minnesota State	1.60m	5-03.00
6 Schumacher, Rachel	Minnesota State	1.60m	5-03.00
7 Feilen, Gretchen	Concordia-St. Paul	1.55m	5-01.00
8 Hart, Dominique	Minnesota-Duluth	1.55m	5-01.00
9 Jungwirth, Abby	St. Cloud State	1.55m	5-01.00
9 Johnson, Jocelyn	St. Cloud State	1.55m	5-01.00
11 Hesse, Michaela	Minnesota-Duluth	1.55m	5-01.00
12 Hudacek, Rachel	St. Scholastica	1.45m	4-09.00
13 Young, Erica	Concordia-St. Paul	1.40m	4-07.00
13 Kramer, Marianna	Concordia-St. Paul	1.40m	4-07.00
--- Kavajecz, Alyssa	Minnesota-Duluth	NH	

Women Pole Vault**Meet Records: 4.25m ! 4/16/2016 Leslie Brost, Twin Cities****Facility Rec: 4.25m \$ 4/16/2016 Leslie Brost, Twin Cities**

Name	School	Finals	
Finals			
1 Kramer, Marianna	Concordia-St. Paul	3.51m	11-06.25
2 Neveau, Erin	Minnesota State	3.51m	11-06.25
3 Feilen, Gretchen	Concordia-St. Paul	3.36m	11-00.25
4 Norman, Teghan	Concordia-St. Paul	3.21m	10-06.25
4 LeBlanc, Rachelle	Minnesota-Duluth	3.21m	10-06.25
6 Rudeck, Macaela	St. Scholastica	3.06m	10-00.50
7 Denler, Carly	Minnesota-Morris	2.91m	9-06.50
8 DeBuhr, Lydia	Northwestern (Minn.)	2.61m	8-06.75
9 Vininski, McKenna	Minnesota-Morris	2.46m	8-00.75
10 Kressler, Olivia	Hamline	2.46m	8-00.75
11 Hughes, Anna	Concordia-St. Paul	2.31m	7-07.00
--- Lenz, Merina	Hamline	NH	
--- Voss, Tessa	Minnesota State	NH	

Women Long Jump**Meet Records: 5.58m ! 4/12/2014 Heather Miller Koch, CPTC New Bal****Facility Rec: 5.58m \$ 4/12/2014 Heather Miller Koch, CPTC New Bal**

Name	School	Finals		Wind
Finals				
1 Thompson, Tori	St. Catherine	5.39m	17-08.25	0.2 3
2 Hawkinson, Katie	Minnesota-Duluth	5.25m	17-02.75	1.6 3
3 Brunner, Elizabeth	Minnesota-Duluth	5.24m	17-02.25	2.1 3
4 Young, Erica	Concordia-St. Paul	5.21m	17-01.25	+0.0 3
5 Jones, Callie	Augsburg	5.18m	17-00.00	1.0 3
6 Faucett, Alyssa	Unat-Minnesota	5.15m	16-10.75	3.3 2

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Women Long Jump)**

Name	School	Finals	Wind
7 Jungwirth, Abby	St. Cloud State	5.06m 16-07.25	2.3 2
7 Nebo, Alyssa	Minnesota-Duluth	5.06m 16-07.25	1.2 3
9 Donkhong, Anna	Hamline	5.03m 16-06.00	+0.0 2
10 McNeel, Samantha	SW Minnesota St.	5.02m 16-05.75	2.3 2
11 Schrader, Sarah	Minnesota-Duluth	4.87m 15-11.75	1.2 3
12 Hughes, Mackenzie	Hamline	4.86m 15-11.50	1.3 1
13 Zwiefelhofer, Danielle	Hamline	4.83m 15-10.25	-0.4 3
14 Berninghaus, Briana	Hamline	4.78m 15-08.25	0.9 2
15 Kling, Anika	St. Scholastica	4.74m 15-06.75	2.2 1
15 Kotajarvi, Lauren	Minnesota-Duluth	4.74m 15-06.75	2.3 2
17 McGrath, Molly	Minnesota-Morris	4.57m 15-00.00	1.3 2
18 Pickett, Cami	Upper Iowa	4.46m 14-07.75	0.2 1
19 Leiden, Katelyn	St. Scholastica	4.32m 14-02.25	2.7 1
20 Kappes, Shania	Upper Iowa	4.29m 14-01.00	1.4 1
21 Larson, Kiah	Augsburg	3.69m 12-01.25	0.8 1
--- Curran, Grace	Wis.-River Falls	ND	NWI 1
--- Franklin, Hailey	Minnesota-Duluth	ND	NWI 2
--- Shofner, Breanna	St. Scholastica	ND	NWI 1

Women Triple Jump

Meet Records: 12.09m ! 4/16/2016 Patience Yalartai, St. Cloud St

Facility Rec: 12.09m \$ 4/16/2016 Patience Yalartai, St. Cloud St

Name	School	Finals	Wind
Finals			
1 Yalartai, Patience	St. Cloud State	11.85m 38-10.50	1.0
2 Brunner, Elizabeth	Minnesota-Duluth	11.40m 37-05.00	-0.8
3 Jungwirth, Abby	St. Cloud State	10.98m 36-00.25	-1.3
4 McGrath, Molly	Minnesota-Morris	10.45m 34-03.50	NWI
5 Calkins, Allison	Minnesota State	10.38m 34-00.75	-0.4
6 Zwiefelhofer, Danielle	Hamline	10.31m 33-10.00	-1.0
7 Thompson, Tori	St. Catherine	10.24m 33-07.25	1.3
8 Hensch, Mikayla	Hamline	9.88m 32-05.00	1.8
9 Shofner, Breanna	St. Scholastica	9.84m 32-03.50	1.0
10 Kappes, Shania	Upper Iowa	9.51m 31-02.50	1.1
11 Leiden, Katelyn	St. Scholastica	9.49m 31-01.75	1.5
--- Larson, Kiah	Augsburg	FOUL	

Women Shot Put

Meet Records: 14.48m ! 4/21/2012 Tina DeLakis, Minnesota

Facility Rec: 14.48m \$ 4/21/2012 Tina DeLakis, Minnesota

Name	School	Finals
Finals		
1 Gustafson, Hannah	Concordia-St. Paul	13.03m 42-09.00 3
2 Heifort, Allie	Minnesota	12.59m 41-03.75 3
3 McLemore, Tamira	Augsburg	12.57m 41-03.00 3
4 Cardinal, Cassie	Unattached	12.01m 39-05.00 3
5 Nelson, Meghan	SW Minnesota St.	11.58m 38-00.00 2
6 Wood, Michaela	Minnesota-Duluth	11.51m 37-09.25 3
7 Knutson, Sarah	Minnesota State	11.35m 37-03.00 1
8 Baker, Cassidy	Minnesota-Duluth	11.19m 36-08.50 3

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Women Shot Put)**

Name	School	Finals		
9 Clankie, Heather	Unattached	11.13m	36-06.25	2
10 Conley, Emily	St. Scholastica	10.98m	36-00.25	2
11 Janssen, Miranda	Hamline	10.75m	35-03.25	2
12 Igboh, Bariture	Minnesota-Duluth	10.67m	35-00.25	2
13 St.Marie, Natalie	St. Scholastica	10.58m	34-08.50	3
14 Robertson, Ivannie	Hamline	10.52m	34-06.25	2
15 Bakken, Abigail	Wis.-River Falls	10.42m	34-02.25	2
16 Madden, Bridgett	Upper Iowa	10.38m	34-00.75	2
17 Bannister, Kenna	Augsburg	10.24m	33-07.25	1
18 Malkow, Marley	Wis.-River Falls	9.68m	31-09.25	1
19 Thune, Mary Pat	Minnesota-Duluth	9.53m	31-03.25	3
20 Wagner, Linnea	Northwestern (Minn.)	8.10m	26-07.00	1
21 George, Natasha	North Central (Minn.)	7.53m	24-08.50	1
22 Wilson, Aiza	Augsburg	7.31m	23-11.75	1
23 Buland, Madeleine	Northwestern (Minn.)	7.02m	23-00.50	1

Women Discus Throw

Meet Records: 47.13m ! 2010 Liz Podominick, Unattached

Facility Rec: 47.13m \$ 4/28/2010 Liz Podominick, Unattached

Name	School	Finals		
Finals				
1 Koel, Gabby	Hamline	44.09m	144-08	3
2 Himes, Caitlin	Upper Iowa	44.08m	144-07	3
3 Manders, Natalie	Minnesota	43.10m	141-05	3
4 Buechel, Dominique	St. Cloud State	41.90m	137-06	3
5 Juenemann, Jessie	Hamline	41.78m	137-01	3
6 Clankie, Heather	Unattached	40.71m	133-07	2
7 Ludwig, Brittany	St. Scholastica	39.39m	129-03	3
8 DuHoux, Holly	SW Minnesota St.	39.00m	127-11	3
9 McLemore, Tamira	Augsburg	37.57m	123-03	3
10 Keiser, Savanna	Hamline	37.12m	121-09	2
11 Bakken, Abigail	Wis.-River Falls	35.34m	115-11	2
12 Edelen, Emma	Minnesota State	35.28m	115-09	3
13 Ripke, Anna	Concordia-St. Paul	34.85m	114-04	2
14 Duff, Katie	Wis.-River Falls	34.45m	113-00	3
15 Conley, Emily	St. Scholastica	33.75m	110-09	2
16 Robertson, Ivannie	Hamline	33.08m	108-06	2
17 McNallan, Rissi	Minnesota State	32.62m	107-00	1
18 Gustafson, Hannah	Concordia-St. Paul	31.87m	104-07	2
19 St.Marie, Natalie	St. Scholastica	31.50m	103-04	2
20 Paske, Sierra	Minnesota-Morris	31.33m	102-09	2
21 Prokosch, Angela	SW Minnesota St.	31.10m	102-00	2
22 Verdugo, Kiana	Hamline	30.86m	101-03	1
--- Madden, Bridgett	Upper Iowa	FOUL		2
--- Wilson, Aiza	Augsburg	FOUL		1
--- Sedlack, Mackenzie	Minnesota-Duluth	FOUL		1
--- Eggermont, Madison	Minnesota State	FOUL		2
--- Kuusisto, Kali	Augsburg	FOUL		1
--- Bannister, Kenna	Augsburg	FOUL		1
--- Malkow, Marley	Wis.-River Falls	FOUL		1

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Women Discus Throw)**

Name	School	Finals	
--- Potthoff, Avery	Minnesota-Duluth	FOUL	1
--- George, Natasha	North Central (Minn.)	FOUL	1
--- Melting, Nora	Hamline	FOUL	1
--- Wagner, Linnea	Northwestern (Minn.)	FOUL	1
--- Ryan, Courtney	Minnesota-Duluth	FOUL	1
--- Weber, Elizabeth	Wis.-River Falls	FOUL	1
--- Fiedler, Makenzie	Hamline	FOUL	1

Women Hammer Throw

Meet Records: 52.23m ! 4/16/2011 Megan Stroh, Minn Duluth

Facility Rec: 52.23m \$ 4/16/2011 Megan Stroh, Minn Duluth

Name	School	Finals			
Finals					
1 Knutson, Sarah	Minnesota State	46.95m	154-00	3	
2 Brinkmann, Sami	Minnesota-Morris	46.02m	151-00	3	
3 Edelen, Emma	Minnesota State	44.97m	147-06	3	
4 Prokosch, Angela	SW Minnesota St.	44.40m	145-08	3	
5 Verdugo, Kiana	Hamline	43.71m	143-05	3	
6 Buck, Rachel	Minnesota-Duluth	43.42m	142-05	3	
7 Sedlack, Mackenzie	Minnesota-Duluth	43.20m	141-09	3	
8 Igboh, Bariture	Minnesota-Duluth	42.91m	140-09	2	
9 Buechel, Dominique	St. Cloud State	42.53m	139-06	3	
10 Duff, Katie	Wis.-River Falls	41.61m	136-06	3	
10 Sears, Rhiannon	SW Minnesota St.	41.61m	136-06	3	
12 St.Marie, Natalie	St. Scholastica	41.57m	136-05	3	
13 Paske, Sierra	Minnesota-Morris	39.56m	129-09	2	
14 Ripke, Anna	Concordia-St. Paul	39.12m	128-04	2	
15 Ludwig, Brittany	St. Scholastica	39.10m	128-03	2	
16 Clankie, Heather	Unattached	39.05m	128-01	2	
17 Baker, Cassidy	Minnesota-Duluth	38.08m	124-11	2	
18 Ryan, Courtney	Minnesota-Duluth	37.79m	124-00	2	
19 Kuusisto, Kali	Augsburg	37.69m	123-08	2	
20 Bakken, Abigail	Wis.-River Falls	37.67m	123-07	1	
21 Jensen, Kellie	Minnesota-Duluth	36.19m	118-09	1	
22 Wood, Michaela	Minnesota-Duluth	35.93m	117-10	2	
23 Opps, Allyson	Hamline	35.88m	117-08	2	
24 Janssen, Miranda	Hamline	35.82m	117-06	1	
25 Fiedler, Makenzie	Hamline	34.92m	114-07	1	
26 Juenemann, Jessie	Hamline	32.79m	107-07	2	
27 Conley, Emily	St. Scholastica	31.03m	101-10	2	
28 Buland, Madeleine	Northwestern (Minn.)	30.83m	101-02	1	
--- lund, denise	Unattached	FOUL		1	
--- Melting, Nora	Hamline	FOUL		1	
--- Malkow, Marley	Wis.-River Falls	FOUL		1	
--- Morse, Christine	Unattached	FOUL		1	
--- Van der Schans, Cathy	Unattached	FOUL		1	
--- Heifort, Allie	Minnesota	FOUL		3	
--- Gustafson, Hannah	Concordia-St. Paul	FOUL		2	
--- Keiser, Savanna	Hamline	FOUL		1	
--- Wagner, Linnea	Northwestern (Minn.)	FOUL		1	

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Women Javelin Throw****Meet Records: 41.46m ! 4/16/2016 Trish Hare, Carleton****Facility Rec: 41.46m \$ 4/16/2016 Trish Hare, Carleton**

Name	School	Finals			
Finals					
1 Crotty, Ryan	Unat-Minnesota	40.85m	134-00		2
2 Arason, Hannah	Unat-Minnesota	39.00m	127-11		2
3 Klug, Lindsey	St. Cloud State	33.25m	109-01		2
4 Walek, Steph	Unattached	32.03m	105-01		1
5 Burke, Paige	Minnesota-Duluth	31.35m	102-10		2
6 Thune, Mary Pat	Minnesota-Duluth	30.79m	101-00		2
7 Baker, Cassidy	Minnesota-Duluth	30.73m	100-10		2
8 Eggermont, Madison	Minnesota State	28.51m	93-06		1
9 Brunner, Elizabeth	Minnesota-Duluth	28.33m	92-11		2
10 Mohs, Gabbie	Upper Iowa	26.27m	86-02		2
11 Duff, Katie	Wis.-River Falls	25.57m	83-11		1
12 Ramacher, Ashley	Unat-Minnesota	25.47m	83-07		1
13 Pickett, Cami	Upper Iowa	25.16m	82-06		2
14 Bakken, Abigail	Wis.-River Falls	24.32m	79-09		1
15 Buck, Rachel	Minnesota-Duluth	23.49m	77-01		1
16 Dormann, Taylor	Upper Iowa	22.29m	73-01		1
17 Ryan, Courtney	Minnesota-Duluth	22.23m	72-11		2
18 Coppage, MeKenzie	Upper Iowa	21.69m	71-02		1
19 Potthoff, Avery	Minnesota-Duluth	19.62m	64-04		1
20 Jensen, Kellie	Minnesota-Duluth	17.30m	56-09		1
21 Curran, Grace	Wis.-River Falls	17.22m	56-06		1
22 Miller, Bronwyn	Upper Iowa	16.82m	55-02		1
23 Opp, Rebecca	Wis.-River Falls	11.13m	36-06		1

Men 100 Meter Dash**Meet Records: 10.60 ! 4/22/2017 Seth Boomsma, Brooks****Facility Rec: 10.44 \$ 5/2/2012 Sean King, Minnesota**

Name	School	Seed	Finals	Wind	H#
Finals					
1 Boomsma, Seth	Brooks	10.47	10.60 !	1.6	1
2 Godi, Gemechu	Unattached	10.70	10.67	1.6	1
3 Paynotta, David	Wis.-River Falls	10.51	10.67	1.6	1
4 Egbujor, Emmanuel	Augsburg	10.67	10.72	1.6	1
5 Smith-Brewer, Undre	Augsburg	10.93	10.94	1.1	2
6 Galamue, Gabriel	SW Minnesota St.	10.90	11.06	1.6	1
7 Ryan, Ben	SW Minnesota St.	10.95	11.14	1.1	2
8 James, Djimon	Unattached	10.90	11.18	1.6	1
9 Beattie, Nick	Minnesota-Duluth	11.11	11.20	1.1	2
10 Akintade, Paul	Unattached	11.05	11.24	1.1	2
11 Adebajo, Miracle	Augsburg		11.35	+0.0	7
11 Lein, Jordan	Hamline	11.32	11.35	-1.3	3
13 Martin, Cazz	Unattached	11.11	11.38	1.1	2
13 Kordah, Barinedum	Augsburg	11.30	11.38	-1.3	3
15 Johnson, Jonathan	Concordia-St. Paul	11.35	11.40	-1.3	3
16 Bryant, Davon	St. Scholastica	11.78	11.57	2.6	5
17 Huss, Nathan	Hamline	11.98	11.60	-0.4	6

Holst Invitational - 4/22/2017**Concordia St. Paul
Results - Invitational****Finals ... (Men 100 Meter Dash)**

Name	School	Seed	Finals	Wind	H#
18 Carlson, Jake	Hamline	12.02	11.60	-0.4	6
19 Blake, Preston	Augsburg	11.55	11.65	-1.3	3
20 Heuer, Deontae	Augsburg	11.80	11.68	2.6	5
21 Moholon, Adam	Northwestern (Minn.)	11.44	11.71	-1.3	3
21 Guyton Jr, Ray	Augsburg	11.60	11.71	-2.3	4
23 Fern, Ben	St. Scholastica		11.73	+0.0	7
24 Rosario, Sam	Augsburg	11.75	11.82	-2.3	4
25 Reeves, Casey	Minnesota-Duluth	11.62	11.86	-2.3	4
26 Yankey, Sam	Hamline	11.60	11.90	-2.3	4
27 Wimmer, Clay	Hamline	11.80	11.95	2.6	5
28 Cummings, Evan	North Central (Minn.)	12.00	12.01	-0.4	6
29 Mickelson, Hunter	Hamline	11.90	12.03	2.6	5
29 Evans, Jake	SW Minnesota St.	11.88	12.03	2.6	5
31 Malone, LeRoy	Northwestern (Minn.)	11.51	12.06	-1.3	3
32 Adams, Sean	Augsburg	11.77	12.12	-2.3	4
33 Kothenbeutel, Ricky	Minnesota-Morris	11.81	12.13	2.6	5
34 Brooks, Hunter	SW Minnesota St.	11.98	12.20	-0.4	6
35 Helgeson, Wyatt	St. Scholastica		12.25	+0.0	7
36 Spahr, Jordan	Northwestern (Minn.)	12.20	12.44	-0.4	6
37 Ortiz, Henry	Hamline	12.81	12.88	+0.0	7
38 Paw, Kawar	Northwestern (Minn.)	13.15	12.98	+0.0	7

Men 200 Meter Dash

Meet Records: 21.98 ! 2010

Nick Trisko, St. Cloud St

Facility Rec: 21.85 \$ 5/2/2012

Diahn Zeon, Conc. St. Paul

Name	School	Seed	Finals	Wind	H#
Finals					
1 Paynotta, David	Wis.-River Falls	21.19	21.17	4.6	1
2 Godi, Gemechu	Unattached	21.21	21.24	4.6	1
3 Egbujor, Emmanuel	Augsburg	21.60	21.62	4.6	1
4 Galamue, Gabriel	SW Minnesota St.	22.26	21.90	4.6	1
5 Ryan, Ben	SW Minnesota St.	22.35	22.12	4.6	1
6 Jensen, Tyler	Wis.-River Falls	22.35	22.30	4.6	1
7 Konrad, Matt	SW Minnesota St.	22.78	22.47	1.6	2
8 Smith-Brewer, Undre	Augsburg	22.50	22.50	0.1	6
9 Melton, Vantwon	Unattached	22.50	22.75	1.6	2
10 Carlson, Austin	Minnesota-Duluth	22.92	22.76	1.6	2
11 Behm, Connor	Minnesota-Duluth	23.03	22.88	+0.0	3
12 Kelner, Alex	Minnesota	22.34	22.90	4.6	1
13 Jones, Zach	SW Minnesota St.	22.45	22.94	1.6	2
14 Moholon, Adam	Northwestern (Minn.)	24.00	23.01	0.5	5
14 Marrin, Matthew	Concordia-St. Paul	23.00	23.01	1.6	2
16 Beattie, Nick	Minnesota-Duluth	22.92	23.02	1.6	2
16 Grier, Jordan	Hamline	23.16	23.02	0.1	6
18 Lein, Jordan	Hamline	23.19	23.12	+0.0	3
19 Blake, Preston	Augsburg	23.50	23.20	+0.0	3
20 Hausken, Adam	Unattached	23.00	23.22	1.6	2
21 Pratt, Matt	Hamline	23.97	23.25	2.3	4
22 Doumbouya, Aboubakar	Minnesota-Morris	23.55	23.27	2.3	4
23 Huss, Nathan	Hamline	23.89	23.29	2.3	4

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Men 200 Meter Dash)**

Name	School	Seed	Finals	Wind	H#
24 Johanson, Josh	Concordia-St. Paul	23.10	23.33	+0.0	3
25 Belchak, AJ	Minnesota-Duluth	23.13	23.54	+0.0	3
26 Blanksma, Kevin	Northwestern (Minn.)	24.20	23.56	0.5	5
27 Yankey, Sam	Hamline	23.90	23.60	2.3	4
28 Gatton, Sam	Hamline	24.30	23.78	0.5	5
29 Evans, Jake	SW Minnesota St.	23.50	23.82	2.3	4
30 Kernstock, Hogan	Wis.-River Falls	23.80	23.85	2.3	4
31 Mor, Carl	Minnesota-Morris	23.90	24.40	2.3	4
32 Haglund, Tory	Hamline	24.89	24.44	0.5	5
33 Peters, Junior	Unattached	23.10	24.52	+0.0	3
34 Brooks, Hunter	SW Minnesota St.	24.37	24.60	0.5	5
35 Danielson, Albert	Hamline	25.12	24.76	0.5	5
36 Spahr, Jordan	Northwestern (Minn.)	24.80	25.41	0.5	5
37 Lyons, Eric	Hamline	25.69	25.61	0.1	6
38 Paw, Kawar	Northwestern (Minn.)	27.50	27.04	0.1	6

Men 400 Meter Dash**Meet Records: 48.09 ! 4/16/2016 Manni Egbujor, Augsburg****Facility Rec: 48.09 \$ 4/16/2016 Manni Egbujor, Augsburg**

Name	School	Seed	Finals	H#
Finals				
1 Carlson, Austin	Minnesota-Duluth	50.19	49.34	1
2 Melton, Vantwon	Unattached	50.47	49.55	1
3 Jones, Zach	SW Minnesota St.	49.47	50.37	1
4 Belchak, AJ	Minnesota-Duluth	51.13	50.48	1
5 Jensen, Tyler	Wis.-River Falls	49.98	50.49	1
6 Behm, Connor	Minnesota-Duluth	51.31	50.60	2
7 Konrad, Matt	SW Minnesota St.	50.90	50.66	1
7 Kasper, Adam	Wis.-River Falls	52.23	50.66	2
9 Finsterwalder, Derek	Minnesota State	51.61	51.15	2
10 Lushanko, Cory	Wis.-River Falls	52.45	52.35	2
11 Leck, Andrew	Concordia-St. Paul	52.65	52.88	2
12 Kernstock, Hogan	Wis.-River Falls	56.00	53.14	3
13 Anderson, Ryan	Minnesota-Morris	53.00	53.62	3
14 Leonard, Josh	Wis.-River Falls		53.91	3
15 Rachuv, Andy	Concordia-St. Paul	54.36	54.31	3
16 Peters, Junior	Unattached		55.69	3
17 Umoh, Israel	Wis.-River Falls	1:00.00	1:00.22	3

Men 800 Meter Run**Meet Records: 1:50.42 ! 4/22/2017 Chris Trotter, UNAT-Minneso****Facility Rec: 1:50.42 \$ 4/22/2017 Chris Trotter, UNAT-Minneso**

Name	School	Seed	Finals	H#
Finals				
1 Trotter, Chris	Unat-Minnesota	1:50.60	1:50.42 !	1
2 Allen, Benjamin	Concordia-St. Paul	1:55.11	1:56.04	1
3 Finsterwalder, Derek	Minnesota State	1:54.75	1:56.68	1
4 Kveseth, Chris	SW Minnesota St.	1:57.00	1:56.91	1
5 Hanson, Ben	Minnesota-Duluth	1:59.53	1:57.55	1
6 Gustafson, Frank	Hamline	1:58.24	1:58.46	1

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Men 800 Meter Run)**

Name	School	Seed	Finals	H#
7 Braack, Boston	Minnesota-Duluth	2:01.25	2:00.72	2
8 Jackson, Darrick	Minnesota-Duluth	1:58.55	2:01.17	1
9 Kasper, Adam	Wis.-River Falls	1:57.78	2:01.45	1
10 Rabata, Isaiah	Minnesota State	1:59.67	2:01.97	2
11 Peterson, Josh	Minnesota-Duluth	2:04.44	2:02.25	2
12 Bican, Levi	Minnesota-Duluth	2:02.02	2:02.59	2
13 O'Malley, Getahun	Wis.-River Falls	2:03.46	2:03.11	2
14 Naumowicz, Tyler	Concordia-St. Paul	2:02.00	2:05.14	2
15 Comer, Nathan	Minnesota-Duluth	1:59.64	2:06.57	1
16 Erickson, Benjamin	Augsburg	2:06.26	2:06.62	3
17 Cease, Edmund	Minnesota-Morris	2:06.27	2:08.42	3
18 Abraham, Raymond	Minnesota-Morris	2:09.03	2:09.34	3
19 Marckell II, Otto	Minnesota-Morris	2:08.00	2:10.54	3
20 Fern, Ben	St. Scholastica	2:12.94	2:10.78	3
21 Ahlness, Sean	Hamline	2:09.00	2:10.92	3
22 Said, Yasir	Augsburg	2:14.85	2:11.72	3
23 Solheim, Alex	SW Minnesota St.	2:06.00	2:14.22	2
24 Lerbakken, Tyler	Hamline	2:02.64	2:16.09	2
25 Walsh, Alex	Hamline	2:15.00	2:24.15	3

Men 1500 Meter Run

Meet Records: 3:52.44 ! 4/12/2014 **Tom Scott, Running2Win**

Facility Rec: 3:52.34 \$ 5/2/2012 **Matt Volz, Minnesota**

Name	School	Seed	Finals	H#
Finals				
1 Ali, Hamza	Unat-Minnesota		3:52.74	1
2 Rink, Nick	Unat-Minnesota	4:01.62	3:52.91	1
3 Hoeft, Owen	Unat-Minnesota	3:58.89	3:52.96	1
4 Basten, Alec	Unat-Minnesota	3:57.88	3:53.41	1
5 Manderscheid, Jack	Unat-Minnesota	3:57.11	3:53.79	1
6 Staack, Hunter	Unat-Minnesota	3:57.06	3:55.95	1
7 Plasencia, Alex	Unat-Minnesota	4:01.61	3:56.92	1
8 Carlson, Sam	Minnesota	3:51.22	3:57.48	1
9 Allen, Benjamin	Concordia-St. Paul	3:53.66	3:57.69	1
10 Pulver, Grant	Minnesota-Duluth	4:01.99	3:57.88	1
11 Colvin, Eric	Minnesota	3:50.65	4:01.85	1
12 Maki, Wil	Northwestern (Minn.)	4:06.57	4:03.01	2
13 Troe, Caleb	Concordia-St. Paul	4:06.00	4:04.03	2
14 Midtvedt, Wyatt	Minnesota-Duluth	4:04.96	4:05.77	2
15 Cruz, Derek	Unattached	4:07.50	4:10.11	2
16 Warner, Cory	Concordia-St. Paul	4:08.94	4:10.43	2
17 Armbruster, Adam	Minnesota-Duluth	4:10.12	4:11.06	2
18 Crown, Garrett	Northwestern (Minn.)	4:14.70	4:12.00	2
19 Madsen, Mike	Unattached	4:10.00	4:12.69	2
20 Benitez, Fernando	Hamline	4:09.92	4:13.45	2
21 Comer, Nathan	Minnesota-Duluth	4:11.11	4:15.66	2
22 Cease, Edmund	Minnesota-Morris	4:19.09	4:18.99	3
23 Avenson, Jake	Minnesota-Duluth	4:20.10	4:19.86	3
24 Hoff, Michael	Unattached	4:17.00	4:20.91	3
25 Sassenberg, Tyler	Minnesota-Morris	4:23.29	4:21.15	3

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Men 1500 Meter Run)**

Name	School	Seed	Finals	H#
26 Roanhorse, David	Minnesota-Morris	4:23.09	4:22.78	3
27 Overvig, Kellen	Hamline	4:25.00	4:23.97	3
28 Abraham, Raymond	Minnesota-Morris	4:22.68	4:24.90	3
29 Moore, Ryan	Augsburg	4:31.26	4:28.56	3
30 Naughton, Alex	Minnesota-Duluth	4:08.88	4:32.99	2
31 Bergen, Spencer	Unat-Concordia	4:14.71	4:37.71	3
32 Morgan, Sawyer	St. Scholastica	4:35.79	4:37.72	4
33 Davila, Gabriel	Minnesota-Morris	4:35.00	4:42.16	4
34 Doege, Michel	St. Scholastica	4:44.10	4:42.86	4
35 Thurston, Robert	Minnesota-Morris	4:38.72	4:45.87	4
36 Murray, Patrick	Hamline		4:46.56	4
37 Gerber, Jackson	Augsburg	4:50.00	4:47.21	4
38 Barnes, Brayden	Wis.-River Falls	4:46.49	4:50.92	4
39 Erber, Jonathan	Concordia-St. Paul	4:48.64	4:51.35	4
40 Barnack, Benjamin	Minnesota-Morris	4:44.86	4:52.03	4
41 Broberg, Andrew	Minnesota-Morris	5:03.76	5:00.52	4

Men 5000 Meter Run

Meet Records: 15:10.23 ! 4/18/2015 Chris Lawson, St. Scholast

Facility Rec: 15:10.23 \$ 4/18/2015 Chris Lawson, St. Scholast

Name	School	Seed	Finals
Finals			
1 Hudson, Tyler	Concordia-St. Paul	15:30.00	15:37.06
2 Salan, Abdullahi	Augsburg	15:48.83	15:38.46
3 Oslin, Cole	Concordia-St. Paul	15:28.00	15:40.08
4 Johnson, Drew	Minnesota-Duluth	15:17.26	15:41.06
5 Holmes, Peyton	Concordia-St. Paul	15:35.00	15:57.03
6 Karl, Tyler	Unattached	16:24.00	16:37.46
7 Schlager, Derek	Run MN	16:40.00	16:43.95
8 Huss, Chris	Augsburg	17:28.93	16:47.80
9 Broze, Ben	SW Minnesota St.	16:45.00	16:47.83
10 Serreyn, Kyle	Run MN	16:40.00	17:05.89
11 Juenemann, Izaak	St. Scholastica	17:26.05	17:23.73
12 Van Houtan, Jacob	Augsburg	17:59.40	17:40.64
13 Bonneson, Evan	SW Minnesota St.	16:44.20	18:18.62
14 Clark, Dillon	Northwestern (Minn.)		18:50.05
15 Erber, Jonathan	Concordia-St. Paul	18:55.82	19:38.19

Men 110 Meter Hurdles

Meet Records: 14.80 ! 2010 Laquone Robinson, Mn St Moorhead

Facility Rec: 14.66 \$ 5/2/2012 Alex Migit, Minnesota

Name	School	Seed	Finals	Wind	H#
Finals					
1 Bristol, Logan	Minnesota State	14.90	15.34	-1.2	1
2 Naumowicz, Tyler	Concordia-St. Paul	15.80	15.83	-1.2	1
3 Rubeck, Logan	Minnesota-Duluth	15.39	15.99	-1.2	1
4 James, Dijmon	Unattached	15.00	16.55	-1.2	1
5 Kvistero, Cole	Minnesota-Morris	15.75	16.60	-1.2	1
6 Deng, Patrick	Augsburg	15.90	17.09	-1.2	1
7 Lind, Andrew	Minnesota-Duluth	16.52	17.13	-1.2	1

Holst Invitational - 4/22/2017**Concordia St. Paul
Results - Invitational****Finals ... (Men 110 Meter Hurdles)**

Name	School	Seed	Finals	Wind	H#
8 Reutzal, Noah	Hamline	17.71	19.14	-1.7	2
9 Anderson, Dylan	St. Scholastica	19.59	22.11	-1.7	2
--- Clark, Dan	Minnesota-Duluth	18.74	DNF	-1.7	2

Men 400 Meter Hurdles

Meet Records: 54.19 ! 4/22/2017 Austin LaFollette, SW Minnesota
Facility Rec: 53.07 \$ 5/2/2012 Alex Migit, Minnesota

Name	School	Seed	Finals	H#
Finals				
1 LaFollette, Austin	SW Minnesota St.	54.18	54.19 !	1
2 Johnson, Clayton	Unat-Minnesota	54.00	54.99	1
3 Tolkinen, Ryan	Minnesota-Duluth	56.31	55.10	1
4 Wiechman, Sam	Minnesota-Duluth	59.55	58.62	1
5 Kwarteng, Kelvin	Minnesota-Duluth	59.54	58.79	1
6 Deng, Patrick	Augsburg	1:00.72	59.73	1
7 Shen, Francis	Unattached	58.86	1:00.13	1
8 Baltierrez, Ruben	Augsburg	1:01.00	1:03.17	2
9 Reutzal, Noah	Hamline	1:05.43	1:04.26	2
10 Anderson, Dylan	St. Scholastica	1:07.60	1:06.97	2

Men 3000 Meter Steeplechase

Meet Records: 9:31.09 ! 4/18/2015 Jackson Lindquist, Wis.-Superio
Facility Rec: 9:31.09 \$ 4/18/2015 Jackson Lindquist, Wis.-Superio

Name	School	Seed	Finals
Finals			
1 Johnson, Drew	Minnesota-Duluth	9:39.39	9:34.39
2 Sedbrook, Cody	Minnesota-Duluth		9:37.51
3 Borash, Daniel	Unattached	9:50.00	9:51.25
4 Foss, Easton	St. Scholastica	9:56.68	9:51.28
5 Karl, Tyler	Unattached	10:02.00	9:55.12
6 Fitzsimmons, Kelly	SW Minnesota St.	10:15.00	10:23.88
7 Wallenta, Adam	St. Scholastica	10:03.71	10:28.98
8 Schwechler, Reid	Wis.-River Falls	10:14.72	10:29.48
9 Seichter, Sean	Wis.-River Falls	10:20.00	10:38.07
10 Bergen, Spencer	Unat-Concordia	10:30.00	10:38.36

Men 4x100 Meter Relay

Meet Records: 42.08 ! 2010 Concordia St Paul, Conc. St. Paul
J Pimental, D Zeon, R Spence, D Gilmer

Facility Rec: 42.08 \$ 4/28/2010 Concordia St Paul, Conc. St. Paul
J Pimental, D Zeon, R Spence, D Gilmer

Team	Relay	Seed	Finals
Finals			
1 Hamline		43.11	42.87
1) Grier, Jordan	2) Lein, Jordan	3) Huss, Nathan	4) Widmer, Thane
2 Concordia-St. Paul		43.32	43.17
1) Johnson, Jonathan	2) Leck, Andrew	3) Marrin, Matthew	4) Odera, Antony
3 Minnesota-Duluth		43.77	43.69
1) Kwarteng, Kelvin	2) Wiechman, Sam	3) Reeves, Casey	4) Beattie, Nick
4 Minnesota-Morris		46.00	44.75
1) Kvistero, Cole	2) Doumbouya, Aboubakar	3) Gordon, Shamund	4) Mor, Carl

Holst Invitational - 4/22/2017**Concordia St. Paul
Results - Invitational****Finals ... (Men 4x100 Meter Relay)**

Team	Relay	Seed	Finals
5 Augsburg 1) Deng, Patrick	2) Rosario, Sam	44.50	44.79
		3) Baltierrez, Ruben	4) Guyton Jr, Ray

Men 4x400 Meter Relay

Meet Records: 3:16.31 ! 4/16/2016 Minnesota State, Minnesota St
R Diamond, J Brice, J Schuster, T Ogren

Facility Rec: 3:16.31 \$ 4/16/2016 Minnesota State, Minnesota St
R Diamond, J Brice, J Schuster, T Ogren

Team	Relay	Seed	Finals
Finals			
1 Hamline 1) Grier, Jordan	2) Widmer, Thane	3:23.13	3:24.98
2 Minnesota-Duluth 1) Tolkinen, Ryan	2) Kwarteng, Kelvin	3:26.26	3:27.01
3 SW Minnesota St. 1) Kveseth, Chris	2) Aidrus, Bashir	3:30.00	3:28.59
4 Hamline 1) Haglund, Tory	B	3:30.00	3:36.87
5 Minnesota-Duluth 1) Rubeck, Logan	2) Gustafson, Frank	3:29.29	3:38.64
6 Minnesota-Morris 1) Anderson, Ryan	B	3:35.00	3:42.95
	2) Braack, Boston		4) Goldman, Robert
	2) Mor, Carl		4) Comer, Nathan
	3) Marckell II, Otto		4) Reller, Rob

Men High Jump

Meet Records: 2.03m ! 4/22/2017 Alex Campbell, Minnesota St

Facility Rec: 2.06m \$ 5/2/2012 Dustin McColley, St. Cloud State

Name	School	Finals
Finals		
1 Campbell, Alex	Minnesota State	2.03m ! 6-08.00
2 Gucinski, Ben	Unat-Minnesota	2.00m 6-06.75
3 Lilja, Jason	Minnesota-Duluth	2.00m 6-06.75
4 Bristol, Logan	Minnesota State	1.90m 6-02.75
5 Blanksma, Kevin	Northwestern (Minn.)	1.90m 6-02.75
6 Johanson, Josh	Concordia-St. Paul	1.85m 6-00.75
7 Rubeck, Logan	Minnesota-Duluth	1.85m 6-00.75
8 See-Rockers, Dylan	Hamline	1.85m 6-00.75
9 Lind, Andrew	Minnesota-Duluth	1.75m 5-08.75
10 Powell, Nick	Hamline	1.75m 5-08.75
11 Helgeson, Wyatt	St. Scholastica	1.75m 5-08.75
12 Reller, Rob	Minnesota-Morris	1.70m 5-07.00

Men Pole Vault

Meet Records: 5.35m ! 4/16/2016 Zach Siegmeier, TCTC / NRR

Facility Rec: 5.35m \$ 4/16/2016 Zach Siegmeier, TCTC / NRR

Name	School	Finals
Finals		
1 Sorensen, Colton	Wis.-River Falls	4.51m 14-09.50
2 Heuer, Deontae	Augsburg	4.36m 14-03.50
3 Beutz, Jason	Unattached	4.36m 14-03.50
4 Johnson, Kyle	Minnesota State	4.36m 14-03.50
4 Matheson, Joey	Unattached	4.36m 14-03.50

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Men Pole Vault)**

Name	School	Finals	
6 Clark, Dan	Minnesota-Duluth	4.21m	13-09.75
7 Olsem, Zach	Minnesota State	4.21m	13-09.75
8 Cihlar, John	Minnesota State	4.06m	13-03.75
9 Timm, Chris	Minnesota-Duluth	4.06m	13-03.75
10 Petersen, Jess	Minnesota-Duluth	3.91m	12-10.00
11 Helgeson, Wyatt	St. Scholastica	3.91m	12-10.00
12 Rubeck, Logan	Minnesota-Duluth	3.91m	12-10.00
13 Hulshizer, Luke	Hamline	3.76m	12-04.00
14 Prokott, Derek	Hamline	3.76m	12-04.00
--- Uchytel, John	Minnesota	NH	
--- Rachuy, Andy	Concordia-St. Paul	NH	
--- Schultz-Sanchez, Kristian	Hamline	NH	

Men Long Jump**Meet Records: 7.24m ! 4/22/2017 Mason Roomes, UNAT-Minneso****Facility Rec: 7.28m \$ 5/2/2012 Oladipo Fagbemi, Minnesota**

Name	School	Finals		Wind
Finals				
1 Roomes, Mason	Unat-Minnesota	7.24m !	23-09.00	1.6 2
2 Kordah, Barinedum	Augsburg	6.98m	22-11.00	0.1 2
3 Lilja, Jason	Minnesota-Duluth	6.97m	22-10.50	2.8 2
4 Johnson, Jonathan	Concordia-St. Paul	6.74m	22-01.50	1.3 2
5 Odera, Antony	Concordia-St. Paul	6.62m	21-08.75	0.1 2
6 Bannerman-Thompson, Jason	Unattached	6.49m	21-03.50	1.0 2
7 Tolkinen, Ryan	Minnesota-Duluth	6.44m	21-01.50	2.4 2
7 Ajaluwa, Andrew	Minnesota	6.44m	21-01.50	0.1 2
9 Gucinski, Ben	Unat-Minnesota	6.31m	20-08.50	0.1 1
10 Akintade, Paul	Unattached	6.21m	20-04.50	0.1 2
11 Carlson, Jake	Hamline	5.94m	19-06.00	0.1 1
12 Hampton, Jaimen	Hamline	5.86m	19-02.75	1.0 1
13 Murphy, Patrick	St. Scholastica	5.83m	19-01.50	0.1 2
14 Gordon, Shamund	Minnesota-Morris	5.79m	19-00.00	+0.0 1

Men Triple Jump**Meet Records: 14.94m ! 4/22/2017 Elijah Calderon-Pitchford, Minnesota St****Facility Rec: 14.94m \$ 4/22/2017 Elijah Calderon-Pitchford, Minnesota St**

Name	School	Finals		Wind
Finals				
1 Calderon-Pitchford, Elijah	Minnesota State	14.94m !	49-00.25	-0.2
2 Travis, James	Minnesota	14.62m	47-11.75	-0.1
3 Adebajo, Miracle	Augsburg	12.72m	41-08.75	1.1
4 Adams, Sean	Augsburg	12.63m	41-05.25	-0.1
5 Gordon, Shamund	Minnesota-Morris	12.60m	41-04.25	+0.0
6 Reeves, Casey	Minnesota-Duluth	12.48m	40-11.50	0.9
7 Vieau, Zack	Minnesota-Duluth	11.95m	39-02.50	1.9
--- Kaplan, Nick	St. Scholastica	FOUL		
--- Kvistero, Cole	Minnesota-Morris	FOUL		

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Men Shot Put****Meet Records: 17.69m ! 4/16/2016 Luke Johnson, Minnesota****Facility Rec: 17.69m \$ 4/16/2016 Luke Johnson, Minnesota**

Name	School	Finals		
Finals				
1 Jacobson, Travis	Hamline	16.79m	55-01.00	3
2 Duwenhoegger, Chase	Hamline	15.64m	51-03.75	3
3 Treichel, Clinton	Minnesota-Duluth	15.27m	50-01.25	3
4 Johnson, Graham	North Central (Minn.)	15.23m	49-11.75	3
5 Caffin, Bryan	Minnesota State	15.07m	49-05.50	3
6 Dols, Eric	Hamline	14.83m	48-08.00	3
7 Behning, Josh	SW Minnesota St.	14.70m	48-02.75	2
8 Weis, Alex	SW Minnesota St.	14.64m	48-00.50	3
9 McCormick, Connor	Minnesota State	14.35m	47-01.00	2
10 Lee, Brian	Minnesota-Duluth	14.08m	46-02.50	3
11 Udermann, Samuel	Minnesota State	13.94m	45-09.00	3
12 Gustavson, Marcus	Concordia-St. Paul	13.84m	45-05.00	3
13 Swanson, Robert	Wis.-River Falls	13.09m	42-11.50	2
14 McRoberts, Benji	Wis.-River Falls	12.85m	42-02.00	2
15 Lundberg, Trevor	Northwestern (Minn.)	12.66m	41-06.50	2
16 Miller, Adam	Concordia-St. Paul	12.55m	41-02.25	2
17 Kalmes, Nick	Minnesota-Duluth	12.22m	40-01.25	2
18 Mateski, Hamilton	SW Minnesota St.	11.94m	39-02.25	2
19 Davies, Chase	Minnesota-Duluth	11.81m	38-09.00	1
20 Hutchinson, Thomas	Concordia-St. Paul	11.62m	38-01.50	2
21 Merkins, Trent	Minnesota-Morris	11.55m	37-10.75	1
22 Kennedy, Kyler	Minnesota-Duluth	11.41m	37-05.25	1
23 Cline, Alec	Hamline	10.79m	35-05.00	1
24 Clark, Dan	Minnesota-Duluth	10.74m	35-03.00	1
25 Johnson, Eric	Concordia-St. Paul	10.56m	34-07.75	1
26 Baca, Austin	Minnesota-Morris	10.31m	33-10.00	1
27 Martin, Jacob	Wis.-River Falls	9.47m	31-01.00	1
28 Hill, Justin	Wis.-River Falls	8.36m	27-05.25	1
--- McKeag, Kieran	Unat-Minnesota	15.88m	52-01.25	1

Men Discus Throw**Meet Records: 54.97m ! 4/16/2016 Sam Elsner, Minnesota****Facility Rec: 54.97m \$ 4/16/2016 Sam Elsner, Minnesota**

Name	School	Finals		
Finals				
1 Johnson, Graham	North Central (Minn.)	47.50m	155-10	3
2 Weis, Alex	SW Minnesota St.	47.46m	155-08	3
3 Tyler, Anthony	Hamline	45.57m	149-06	3
3 Kalmes, Nick	Minnesota-Duluth	45.57m	149-06	3
5 Hutchinson, Thomas	Concordia-St. Paul	45.10m	147-11	2
6 Swanson, Robert	Wis.-River Falls	43.97m	144-03	3
7 Udermann, Samuel	Minnesota State	43.77m	143-07	3
8 Behning, Josh	SW Minnesota St.	43.41m	142-05	3
9 Compton, Chris	Northwestern (Minn.)	43.34m	142-02	2
10 Treichel, Clinton	Minnesota-Duluth	40.44m	132-08	2
11 Eldred, Taylor	Wis.-River Falls	39.76m	130-05	1

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Men Discus Throw)**

Name	School	Finals		
12 Marita, John	Minnesota	39.75m	130-05	2
13 Lundberg, Trevor	Northwestern (Minn.)	39.01m	128-00	2
14 Kuusisto, Jesse	Augsburg	37.91m	124-04	3
15 Melin, Gunnar	Augsburg	37.10m	121-09	1
16 Kennedy, Kyler	Minnesota-Duluth	36.72m	120-06	2
17 Mateski, Hamilton	SW Minnesota St.	35.94m	117-11	2
18 Davies, Chase	Minnesota-Duluth	35.75m	117-03	2
19 McRoberts, Benji	Wis.-River Falls	35.45m	116-04	2
20 Johnson, Eric	Concordia-St. Paul	35.37m	116-00	2
--- Hill, Justin	Wis.-River Falls	FOUL		1
--- Leonard, Josh	Wis.-River Falls	FOUL		1
--- Martin, Jacob	Wis.-River Falls	FOUL		1
--- Gelineau, Logan	Minnesota-Duluth	FOUL		3
--- Rubeck, Logan	Minnesota-Duluth	FOUL		1
--- Gustavson, Marcus	Concordia-St. Paul	FOUL		2
--- Cline, Alec	Hamline	FOUL		1
--- Merkins, Trent	Minnesota-Morris	FOUL		1
--- Ferguson, Mack	Minnesota-Morris	FOUL		1
--- Clark, Dan	Minnesota-Duluth	FOUL		1
--- Miller, Adam	Concordia-St. Paul	FOUL		1

Men Hammer ThrowMeet Records: **64.40m ! 4/16/2011 Bryan Tolcser, Unattached**Facility Rec: **64.40m \$ 4/16/2011 Bryan Tolcser, Unattached**

Name	School	Finals		
1 Nerdal, Jon	Unat-Minnesota	61.37m	201-04	3
2 Johnson, Ryan	Unattached	57.71m	189-04	3
3 Denard, Sean	Unattached	57.34m	188-01	3
4 Udermann, Samuel	Minnesota State	55.56m	182-03	3
5 Eldred, Taylor	Wis.-River Falls	55.24m	181-03	3
6 Dols, Eric	Hamline	54.09m	177-05	3
7 Weis, Alex	SW Minnesota St.	53.71m	176-02	3
8 Rousemiller, Connor	Minnesota	53.03m	174-00	3
9 Melin, Gunnar	Augsburg	51.30m	168-04	3
10 Kuusisto, Jesse	Augsburg	49.77m	163-03	3
11 Jacobson, Travis	Hamline	49.13m	161-02	3
12 Caffin, Bryan	Minnesota State	48.42m	158-10	3
13 Wado, Nasru	Concordia-St. Paul	45.80m	150-03	2
14 Culp, Ray	Hamline	45.06m	147-10	2
15 Ferguson, Mack	Minnesota-Morris	44.87m	147-02	1
16 Tyler, Anthony	Hamline	44.71m	146-08	1
17 Treichel, Clinton	Minnesota-Duluth	43.89m	144-00	2
18 McCormick, Connor	Minnesota State	43.71m	143-05	2
19 Gelineau, Logan	Minnesota-Duluth	43.48m	142-08	2
20 Swanson, Joe	Wis.-River Falls	42.53m	139-06	1
21 Kennedy, Kyler	Minnesota-Duluth	42.36m	139-00	1
22 Maday, Mitchell	Hamline	41.36m	135-08	2
23 Kalmes, Nick	Minnesota-Duluth	41.18m	135-01	1
24 Johnson, Eric	Concordia-St. Paul	38.64m	126-09	1

Holst Invitational - 4/22/2017**Concordia St. Paul****Results - Invitational****Finals ... (Men Hammer Throw)**

Name	School	Finals	
--- Gustaveson, Marcus	Concordia-St. Paul	FOUL	1
--- Rioux, Dylan	Hamline	FOUL	1
--- Davies, Chase	Minnesota-Duluth	FOUL	1
--- Hendrychs, Jay	Hamline	FOUL	1
--- Merkins, Trent	Minnesota-Morris	FOUL	1
--- McKeag, Kieran	Unat-Minnesota	61.82m	202-10 3
--- Elder, Kaden	Unattached	48.56m	159-04 2

Men Javelin Throw

Meet Records: 51.75m ! 4/16/2016 Randy Perez, St. John's (

Facility Rec: 51.75m \$ 4/16/2016 Randy Perez, St. John's (

Name	School	Finals	
1 Owens, Bradford	Minnesota-Duluth	47.82m	156-11
2 Mateski, Hamilton	SW Minnesota St.	47.62m	156-03
3 McRoberts, Benji	Wis.-River Falls	43.98m	144-03
4 Rea, Tyler	Augsburg	42.04m	137-11
5 Ferguson, Mack	Minnesota-Morris	41.25m	135-04
6 Wado, Nasru	Concordia-St. Paul	38.43m	126-01
7 Compton, Chris	Northwestern (Minn.)	38.34m	125-09
8 Swanson, Robert	Wis.-River Falls	32.43m	106-05
9 Jeppeson, Marshall	Concordia-St. Paul	31.72m	104-01
10 Hill, Justin	Wis.-River Falls	30.74m	100-10