

2018 NSIC Track and Field Indoor Championship - 2/11/2018 to 2/24/2018

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results

Women 60 Meter Dash

 NSIC Record: \$ 7.50 2010 Brittany Henderson, Minnesota State Ma
 '17 Champion: 7.59 Afure Adah, Minnesota State
 7.45 AUTO
 7.69 PROV

Name	Year	School	Prelims	H#

Preliminaries				
1 Callie DeWitt		Augustana	7.62QPROV	2
2 Autumn Santos		Minnesota State	7.69QPROV	3
3 Erica Kesseh		Minnesota Duluth	7.76Q	1
4 Grace Hartman		Minnesota State	7.72q	3
5 Tanesha Davis		University of Mary	7.74q	2
6 Toni Canfall		Concordia-St. Paul	7.81q	2
7 Ki'Arah Johnson		Msu-Moorhead	7.82q	1 7812
8 Sarah Troescher		Sioux Falls	7.82q	2 7814
9 Tamika Tucker		Winona State	7.82	3 7820
10 Chloe Peterson		Sioux Falls	7.85	1
11 Taylor Juresh		Winona State	7.86	1 7.851
12 Emelia Burris		St. Cloud State	7.86	1 7.859
13 Emma Baynes		St. Cloud State	7.86	3
14 Alaina Klapperich		Augustana	7.88	2
15 Venice Stewart		Bemidji State	7.90	3
16 Erika Shady		Concordia-St. Paul	7.94	3
17 Cheri'a Adams		Bemidji State	7.95	2
18 Kendra Monpas		Minnesota Duluth	7.96	3
19 Ariel Thomas		Minnesota State	7.99	2
20 Mercy Oyadare		Sioux Falls	8.02	2
21 Sara Heyn		Augustana	8.09	1
22 Eboni Coby		Minnesota State	8.11	1
23 Toni-Ann Ingram		Northern State	8.16	3

Women 60 Meter Dash

 NSIC Record: \$ 7.50 2010 Brittany Henderson, Minnesota State
 '17 Champion: 7.59 Afure Adah, Minnesota State
 7.45 AUTO
 7.69 PROV

Name	Year	School	Finals

Finals			
1 Callie DeWitt		Augustana	7.61 PROV
2 Autumn Santos		Minnesota State	7.71
3 Grace Hartman		Minnesota State	7.75
4 Erica Kesseh		Minnesota Duluth	7.76
5 Toni Canfall		Concordia-St. Paul	7.80
6 Ki'Arah Johnson		Msu-Moorhead	7.81
7 Sarah Troescher		Sioux Falls	7.85
8 Tanesha Davis		University of Mary	13.28

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Results

Women 200 Meter Dash

NSIC Record:	\$ 24.53	2017	Afure Adah, MSU Mankato
'17 Champion:	24.53		Afure Adah, Minnesota State
	23.94	AUTO	
	24.90	PROV	

Name	Year	School	Prelims	H#
Preliminaries				
1 Hanneke Oosterwegel		Northern State	24.94Q	2
2 Afure Adah		Minnesota State	24.98Q	1
3 Danielle Kohlwey		Minnesota Duluth	25.07Q	3
4 Grace Hartman		Minnesota State	25.17q	2
5 Autumn Santos		Minnesota State	25.26q	2 25.251
6 Tonie Pandohie		University of Mary	25.26q	1 25.252
7 Emelia Burris		St. Cloud State	25.31q	3
8 Venice Stewart		Bemidji State	25.41q	1
9 Judith Robinson		Msu-Moorhead	25.55	1
10 Kim Shabino		SW Minnesota	25.70	3
11 Allie Stalboerger		Minnesota Duluth	26.03	2
12 Jada Barker		Bemidji State	26.26	3
13 Alexandra Hutchison		Winona State	26.30	1
14 Toni Canfall		Concordia-St. Paul	26.59	3
15 Lauren Magnuson		Concordia-St. Paul	26.82	2
-- Eboni Coby		Minnesota State	SCR	3

Women 200 Meter Dash

NSIC Record:	\$ 24.53	2017	Afure Adah, MSU Mankato
'17 Champion:	24.53		Afure Adah, Minnesota State
	23.94	AUTO	
	24.90	PROV	

Name	Year	School	Finals	H#
Finals				
1 Danielle Kohlwey		Minnesota Duluth	24.69 PROV	1
2 Afure Adah		Minnesota State	24.70 PROV	2
3 Hanneke Oosterwegel		Northern State	24.96	2
4 Autumn Santos		Minnesota State	25.03	2
5 Tonie Pandohie		University of Mary	25.14	1
6 Grace Hartman		Minnesota State	25.30	1
7 Venice Stewart		Bemidji State	25.40	1
8 Emelia Burris		St. Cloud State	25.60	2

Women 400 Meter Dash

NSIC Record:	\$ 55.09	2010	Kristi Buerkle, Bemidji State
'17 Champion:	55.62		Hanneke Oosterwegel, Northern State
	54.01	AUTO	
	56.70	PROV	

Name	Year	School	Prelims	H#
Preliminaries				
1 Hanneke Oosterwegel		Northern State	57.50Q	2
2 Johnna Patterson		Winona State	58.04Q	4
3 Julia Hammerschmidt		University of Mary	58.07Q	3

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Results

....Women 400 Meter Dash

4	Afure Adah	Minnesota State	58.43Q	1
5	Nicolyn Brown	University of Mary	57.83q	2
6	Judith Robinson	Msu-Moorhead	58.08q	4
7	Valerie Gildemaster	Augustana	58.27q	3
8	Crystal Malone	Minnesota State	58.33q	3
9	Michaela Hesse	Minnesota Duluth	58.78	1
10	Kalley Harris	Winona State	58.89	1
11	Emily Yeager	St. Cloud State	59.27	2
12	Sydney Mudgett	Augustana	59.34	4
13	Madison Barnes	Northern State	59.48	4
14	Amelia Kjos	Minnesota State	59.72	3
15	Summer Storm	Msu-Moorhead	1:00.07	3
16	Kelsey Hurley	Bemidji State	1:00.16	4
17	Maddy Kunshier	Concordia-St. Paul	1:00.25	1
18	Kaylee Gessay	St. Cloud State	1:00.41	1
19	Chelsey Bad Moccasin	Minnesota State	1:00.64	2
20	Natalie Peller	Minnesota Duluth	1:02.78	4
--	Mackenzie Woodard	Minnesota State	FS	2

Women 400 Meter Dash

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NSIC Record:	\$ 55.09	2010	Kristi Buerkle, Bemidji State
'17 Champion:	55.62		Hanneke Oosterwegel, Northern State
	54.01	AUTO	
	56.70	PROV	

Name	Year	School	Finals
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Finals

1	Hanneke Oosterwegel	Northern State	56.30	PROV
2	Julia Hammerschmidt	University of Mary	56.91	
3	Afure Adah	Minnesota State	56.95	
4	Crystal Malone	Minnesota State	57.61	
5	Judith Robinson	Msu-Moorhead	57.74	
6	Nicolyn Brown	University of Mary	57.81	
7	Johnna Patterson	Winona State	57.89	
8	Valerie Gildemaster	Augustana	58.03	

Women 600 Meter Run

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NSIC Record:	\$ 1:32.41	2017	Emily Trost, Minnesota Duluth
'17 Champion:	1:32.41		Emilee Trost, UM-Duluth

Name	Year	School	Prelims	H#
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Preliminaries

1	Paige Du Bois	Minnesota Duluth	1:36.16Q	2
2	Nelecia Richards	University of Mary	1:37.87Q	1
3	Abbey Zastrow	University of Mary	1:38.18Q	3
4	Bobbi Patrick	Minnesota State	1:38.43Q	4
5	Kari Schneiss	Winona State	1:38.01q	2
6	Mary Alderson	Wayne State	1:39.27q	3
7	Jessika Dieringer	Minnesota State	1:39.54q	4
8	Sophie Simonson	Minnesota State	1:39.57q	4
9	Joan Jelimo	Wayne State	1:39.77	3
10	Madison Schroeder	Winona State	1:40.45	1

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....Women 600 Meter Run

11	Emma Schmidt	Augustana	1:40.53	3
12	Isabelle Brezinka	Minnesota Duluth	1:41.32	2
13	Mackenzie Cruzen	Northern State	1:41.46	2
14	Mary Fixsen	Minnesota State	1:42.24	1
15	Kayla Jansky	SW Minnesota	1:43.25	1
16	Leighen Fischer	St. Cloud State	1:43.76	4
17	Bridget Brown	St. Cloud State	1:43.99	2
18	Emily Gillingham	SW Minnesota	1:44.16	4
19	Leah Amundson	Concordia-St. Paul	1:46.10	3
20	Autum Shurbert-Hetzel	St. Cloud State	1:47.10	1
--	Jenna Pavich	Augustana	DNF	4

Women 600 Meter Run

=====
 NSIC Record: \$ 1:32.41 2017 Emily Trost, Minnesota Dulu
 '17 Champion: 1:32.41 Emilee Trost, UM-Duluth
 Name Year School Finals
 =====

Finals

1	Bobbi Patrick	Minnesota State	1:34.10
2	Nelecia Richards	University of Mary	1:35.22
3	Paige Du Bois	Minnesota Duluth	1:35.40
4	Abbey Zastrow	University of Mary	1:36.20
5	Kari Schneiss	Winona State	1:37.42
6	Jessika Dieringer	Minnesota State	1:37.82
7	Sophie Simonson	Minnesota State	1:38.28
8	Mary Alderson	Wayne State	1:42.82

Women 800 Meter Run

=====
 NSIC Record: \$ 2:12.26 2017 Haley Kruger, MSU Mankato
 '17 Champion: 2:12.27 Haley Kruger, Minnesota State
 2:08.91 AUTO
 2:14.06 PROV
 Name Year School Prelims H#
 =====

Preliminaries

1	Carly Rahn	Augustana	2:19.70Q	2
2	Anna Rogahn	Winona State	2:19.91Q	1
3	Taylor Hestekin	University of Mary	2:19.97Q	2
4	Taryn Ceglowski	Sioux Falls	2:20.47Q	1
5	Elizabeth Kyes	Minnesota Duluth	2:20.26q	2
6	Rachael Preusser	Msu-Moorhead	2:21.15q	1
7	Aneesa Tucker	Bemidji State	2:23.55q	2
8	Kristen Weber	SW Minnesota	2:24.95q	2
9	Kiara Mattern	Sioux Falls	2:25.68	1
10	Brittany Hillstrom	Bemidji State	2:28.93	2
11	Allison Johnson	Winona State	2:29.83	1
12	Abigail McGee	Minot State	2:32.96	1

2018 NSIC Track and Field Indoor Championship - 2/11/2018 to 2/24/2018**Hosted by Minnesota State Mankato****Myers Fieldhouse****Results****Women 800 Meter Run**

 NSIC Record: \$ 2:12.26 2017 Haley Kruger, MSU Mankato
 '17 Champion: 2:12.27 Haley Kruger, Minnesota State
 2:08.91 AUTO
 2:14.06 PROV

Name	Year	School	Finals

Finals			
1 Carly Rahn		Augustana	2:12.20\$PROV
2 Taylor Hestekin		University of Mary	2:13.33 PROV
3 Taryn Ceglowski		Sioux Falls	2:14.32
4 Anna Rogahn		Winona State	2:16.02
5 Elizabeth Kyes		Minnesota Duluth	2:18.61
6 Rachael Preusser		Msu-Moorhead	2:19.43
7 Aneesa Tucker		Bemidji State	2:22.41
8 Kristen Weber		SW Minnesota	2:26.01

Women 1000 Meter Run

 NSIC Record: \$ 2:48.97 2016 Emily Trost, MSU Mankato
 '17 Champion: 2:50.92 Emilee Trost, UM-Duluth

Name	Year	School	Prelims	H#

Preliminaries				
1 Emily Tromp		Augustana	2:57.76Q	1
2 Hope Willenbrink		Winona State	2:59.16Q	3
3 Raissa Hansen		Winona State	3:00.66Q	2
4 Bree Erickson		University of Mary	2:58.24q	1
5 Cassidy Soli		Augustana	2:59.01q	1
6 Rhianna Rinke		Minnesota Duluth	2:59.67q	3
7 Marissa Carlson		Msu-Moorhead	2:59.75q	1
8 Megan Serratore		Minnesota State	3:00.93q	2
9 Rachel Crawford		Minnesota State	3:02.13	3
10 McKenzie Carper		Winona State	3:03.92	3
11 Becca Richtman		Winona State	3:05.59	2
12 Aimee Holland		Winona State	3:06.59	1
13 Lindsey Gast		Northern State	3:08.89	1
14 Keegan Day		Sioux Falls	3:10.10	2
15 Laura Kunz		Sioux Falls	3:10.98	3
16 Kim Lowman		Wayne State	3:11.81	3
17 Mackenzie Dockendorf		Minnesota State	3:11.98	2
18 Chrissy Lofgren		St. Cloud State	3:13.26	3
19 Sadie Thompson		Sioux Falls	3:13.41	2
20 Megan Stuart		Minnesota Duluth	3:14.22	3
21 Kylie Herlihy		Sioux Falls	3:15.47	2
22 Madison Brownrigg		Upper Iowa	3:17.96	1
23 Maria Sabourin		Winona State	3:19.55	1
-- Brittny Hillstrom		Bemidji State	SCR	2

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Women 1000 Meter Run

=====
 NSIC Record: \$ 2:48.97 2016 Emily Trost, MSU Mankato
 '17 Champion: 2:50.92 Emilee Trost, UM-Duluth
 Name Year School Finals
 =====

Finals

1	Emily Tromp	Augustana	2:55.83
2	Bree Erickson	University of Mary	2:55.88
3	Rhianna Rinke	Minnesota Duluth	2:59.26
4	Cassidy Soli	Augustana	2:59.45
5	Hope Willenbrink	Winona State	3:00.45
6	Raissa Hansen	Winona State	3:02.92
7	Megan Serratore	Minnesota State	3:03.31
8	Marissa Carlson	Msu-Moorhead	3:05.10

Women 1 Mile Run

=====
 NSIC Record: \$ 4:41.88 2017 Emily Trost, Minnesota Duluth
 '17 Champion: 4:41.88 Emilee Trost, UM-Duluth
 4:45.13 AUTO
 4:59.70 PROV
 Name Year School Prelims H#
 =====

Preliminaries

1	Kate Fox	University of Mary	5:20.17Q	2
2	Emily Tromp	Augustana	5:24.38Q	1
3	Alexis Zeis	University of Mary	5:20.21Q	2
4	Taryn Ceglowski	Sioux Falls	5:24.43Q	1
5	Jaiden Schuette	University of Mary	5:20.23Q	2
6	Meaghan Borowski	Minnesota Duluth	5:24.58Q	1
7	Raissa Hansen	Winona State	5:20.53q	2
8	Erin Baker	Minnesota State	5:20.63q	2
9	Paige Larson	Northern State	5:21.23q	2
10	Makenzie Smith	Msu-Moorhead	5:24.70q	1
11	Nikki Staffen	Winona State	5:24.87q	1
12	Kiana Kraft	Sioux Falls	5:25.59q	1
13	Hannah Palmeter	SW Minnesota	5:27.10	1
14	Rachel Huffman	Sioux Falls	5:32.78	2

Women 1 Mile Run

=====
 NSIC Record: \$ 4:41.88 2017 Emily Trost, Minnesota Duluth
 '17 Champion: 4:41.88 Emilee Trost, UM-Duluth
 4:45.13 AUTO
 4:59.70 PROV
 Name Year School Finals
 =====

Finals

1	Alexis Zeis	University of Mary	4:51.29	PROV
2	Taryn Ceglowski	Sioux Falls	4:52.17	PROV
3	Emily Tromp	Augustana	4:57.65	PROV
4	Jaiden Schuette	University of Mary	4:57.90	PROV
5	Raissa Hansen	Winona State	5:03.39	
6	Meaghan Borowski	Minnesota Duluth	5:05.39	
7	Erin Baker	Minnesota State	5:06.49	

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....Women 1 Mile Run

8	Kate Fox	University of Mary	5:07.30
9	Makenzie Smith	Msu-Moorhead	5:07.41
10	Nikki Staffen	Winona State	5:07.44
11	Paige Larson	Northern State	5:21.61
12	Kiana Kraft	Sioux Falls	5:25.16

Women 3000 Meter Run

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NSIC Record:	\$ 9:34.32	2017	Alexis Zeis, U of Mary
'17 Champion:	9:34.32		Alexis Zeis, U of Mary
	9:29.29	AUTO	
	9:59.49	PROV	

Name	Year	School	Finals
1 Alexis Zeis		University of Mary	9:51.47 PROV
2 Jaiden Schuette		University of Mary	9:56.84 PROV
3 Mackenzie Kelly		Augustana	9:58.91 PROV
4 Erin Baker		Minnesota State	9:59.24 PROV
5 Claire Boersma		Augustana	10:06.99
6 Meaghan Borowski		Minnesota Duluth	10:07.47
7 Alana Sesow		Augustana	10:10.81
8 Olivia Anger		Winona State	10:13.55
9 Lacey Feist-Young		University of Mary	10:19.21
10 Carisa Weyenberg		Minnesota State	10:20.32
11 Courtney Hottovy		Augustana	10:27.23
12 Lily Paul		Minnesota State	10:28.25
13 Kathryn Sistrunk		Msu-Moorhead	10:29.32
14 Paige Sunstrom		Augustana	10:30.71
15 Amber Seidenkranz		Minnesota Duluth	10:31.75
16 Sydney Wendt		University of Mary	10:40.36
17 McKenzie Fortier		Winona State	10:40.96
18 Hannah Lewis		Winona State	10:50.00
19 Megan Mooberry		Northern State	10:53.12
20 Ivy Glade		Minnesota State	10:59.83
21 Madison Leapaldt		Northern State	11:17.58

Women 5000 Meter Run

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NSIC Record:	\$ 16:27.92	2017	Alexis Zeis, University of Mary
'17 Champion:	16:27.92		Alexis Zeis, U of Mary
	16:35.42	AUTO	
	17:30.57	PROV	

Name	Year	School	Finals	H#
1 Alexis Zeis		University of Mary	17:21.14 PROV	2
2 Mackenzie Kelly		Augustana	17:27.03 PROV	2
3 Kaycie Stewart		University of Mary	17:33.22	2
4 Emily Wolter		University of Mary	17:42.15	2
5 Olivia Anger		Winona State	17:52.30	1
6 Abigail Moore		Minnesota Duluth	17:52.68	2
7 Erin Baker		Minnesota State	17:56.66	2
8 Makenzie Smith		Msu-Moorhead	17:57.69	2
9 Kathryn Sistrunk		Msu-Moorhead	17:58.95	2
10 Courtney Hottovy		Augustana	17:59.10	2

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....Women 5000 Meter Run

11	Melissa Drenckhahn	Minnesota Duluth	18:00.34	2
12	Carisa Weyenberg	Minnesota State	18:05.12	2
13	Alana Sesow	Augustana	18:05.92	1
14	Lily Paul	Minnesota State	18:08.65	1
15	Meaghan Borowski	Minnesota Duluth	18:18.54	2
16	Amber Seidenkranz	Minnesota Duluth	18:21.87	2
17	Paige Sunstrom	Augustana	18:29.97	1
18	Rachel Huffman	Sioux Falls	18:48.90	1
19	Kiana Kraft	Sioux Falls	19:00.63	1
20	Kara Lindberg	Concordia-St. Paul	19:02.03	2
21	Megan Mooberry	Northern State	19:02.07	1
22	Jackie Lindfors	Concordia-St. Paul	19:13.56	1
23	Tenley Schwartz	Sioux Falls	19:16.26	1
24	Mckenzie Holt	St. Cloud State	19:18.02	2
25	Hannah Palmeter	SW Minnesota	19:22.34	1
26	Madison Tenney	St. Cloud State	19:26.55	1
27	Michaela Larson	Minot State	19:28.67	1
28	Becca Goertzen	Sioux Falls	19:39.05	1
29	Madison Leapaldt	Northern State	19:42.70	1
30	Ruth Lindberg	Concordia-St. Paul	19:51.43	1
31	Emily Daniels	SW Minnesota	19:58.25	1
32	Patience Alberston	Minot State	19:58.57	1
33	Courtney Ramsay	Concordia-St. Paul	20:12.82	1
--	Elizabeth Schlafke	Minnesota Duluth	DNF	1
--	Claire Boersma	Augustana	SCR	

Women 60 Meter Hurdles

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NSIC Record:	\$ 8.36	2016	Altonice Williams, MSU Mankato
'17 Champion:	8.42		Tonie Pandohie, U of Mary
	8.43	AUTO	
	8.81	PROV	

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1		Danielle Kohlwey	Minnesota Duluth	8.41QAUTO 1
2		Tonie Pandohie	University of Mary	8.66QPROV 2
3		Carolyn Hackel	Minnesota State	8.77QPROV 4
4		Valerie Gildemaster	Augustana	8.93Q 3
5		Erica Kesseh	Minnesota Duluth	8.75qPROV 2
6		Wakpor Ighovojah	Concordia-St. Paul	8.93q 1
7		Hanneke Oosterwegel	Northern State	8.95q 4 8.944
8		Shanice Burrell	Northern State	8.95q 3 8.945
9		Kalle Burney	Concordia-St. Paul	9.00 2
10		Selin Dikmen	Augustana	9.06 1
11		Faith Lubner	St. Cloud State	9.14 2
12		Ellie Rew	Augustana	9.15 3
13		Kristin Culp	Upper Iowa	9.16 4
14		Christa Benson	Bemidji State	9.36 3
15		Ashley Sprain	Winona State	9.39 1
16		Amanda Wanie	Winona State	9.40 4
17		Kacey Davitt	Winona State	9.43 4
18		Emily Olson	Sioux Falls	9.45 3
19		Alex Collins	Minnesota Duluth	9.46 1

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....Women 60 Meter Hurdles

20 Nicole Schneider	Minnesota Duluth	9.47	2
21 Maria Veraguis	Minnesota Duluth	9.54	3
22 Denitsa DoBrega	SW Minnesota	9.57	1
23 Madison Biebel	Minnesota Duluth	9.64	1
24 Lorna Meyer	Minnesota Duluth	9.72	4
25 Isabel Kinzer	Northern State	10.03	2

Women 60 Meter Hurdles

=====

NSIC Record: \$	8.36	2016	Altonice Williams, MSU Mankato
'17 Champion:	8.42		Tonie Pandohie, U of Mary
	8.43	AUTO	
	8.81	PROV	

Name	Year	School	Finals
=====			
Finals			
1 Danielle Kohlwey		Minnesota Duluth	8.29\$AUTO
2 Tonie Pandohie		University of Mary	8.53 PROV
3 Carolyn Hackel		Minnesota State	8.75 PROV
4 Valerie Gildemaster		Augustana	8.77 PROV
5 Erica Kesseh		Minnesota Duluth	8.79 PROV
6 Hanneke Oosterwegel		Northern State	8.83
7 Wakpor Ighovojah		Concordia-St. Paul	8.95
8 Shanice Burrell		Northern State	9.17

Women 4x400 Meter Relay

=====

NSIC Record: \$	3:47.46	2017	, U of Mary
			J.Hammerschmidt,M.Bolibruch,N.Richards,T.Pandohie
'17 Champion:	3:47.46		, U of Mary
			Hammerschmidt,Bolibruch,Richards,Pandohie
	3:43.87	AUTO	
	3:51.19	PROV	

School	Finals	H#
=====		
1 University of Mary	3:48.56 PROV	3
1) Julia Hammerschmidt	2) Nicolyn Brown	
3) Abbey Zastrow	4) Nelecia Richards	
2 Minnesota State	3:51.08 PROV	3
1) Crystal Malone	2) Autumn Santos	
3) Grace Hartman	4) Afure Adah	
3 Winona State	3:52.91	3
1) Kari Schneiss	2) Allison Johnson	
3) Johnna Patterson	4) Kalley Harris	
4 Minnesota Duluth	3:55.94	3
1) Allie Stalboerger	2) Danielle Kohlwey	
3) Michaela Hesse	4) Paige Du Bois	
5 Augustana	3:58.07	3
1) Sydney Mudgett	2) Emily Tromp	
3) Carly Rahn	4) Valerie Gildemaster	
6 Northern State	3:58.28	2
1) Madison Barnes	2) Emma Rezac	
3) Mackenzie Cruzen	4) Hanneke Oosterwegel	
7 Upper Iowa	3:59.33	1

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....Women 4x400 Meter Relay

1) Breyanna Hill	2) Erica Kelly		
3) Makenzie Soeken	4) Kristin Culp		
8 Msu-Moorhead		3:59.47	2
1) Summer Storm	2) Iveta Harner		
3) Marissa Carlson	4) Judith Robinson		
9 Concordia-St. Paul		3:59.84	2
1) Erika Shady	2) Wakpor Ighovojah		
3) Teghan Norman	4) Maddy Kunshier		
10 Bemidji State		4:00.00	2
1) Kelsey Hurley	2) Christa Benson		
3) Aneesa Tucker	4) Venice Stewart		
11 St. Cloud State		4:00.88	2
1) Emily Yeager	2) Natalie Gottschalk		
3) Kaylee Gessay	4) Faith Lubner		
12 Sioux Falls		4:03.68	1
1) Sarah Troescher	2) Chloe Peterson		
3) Mercy Oyadare	4) Taryn Ceglowski		
13 Wayne State		4:06.11	1
1) Sophie Noecker	2) Mary Alderson		
3) Allysa Kimpson	4) Joan Jelimo		
14 Southwest Minnesota State		4:06.45	1
1) Emily Gillingham	2) Kristen Weber		
3) Kim Shabino	4) Kayla Jansky		
15 Minot State		4:15.71	1
1) Autumnne Haskell	2) Shae Pedersen		
3) Amanda Mohr	4) Erin Winterton		

Women Distance Medley

=====

NSIC Record:	\$ 12:01.42	2017	, Minnesota Duluth
			M. Berg, P. Du, E. Kyes, B. Colbenson
'17 Champion:	12:01.42		, UM-Duluth
			Berg, Du, Kyes, Colbenson
	11:35.43	AUTO	
	12:05.41	PROV	

School	Finals
=====	
1 University of Mary	12:09.60
1) Rebekkah Bond	2) Cali Modglin
3) Bree Erickson	4) Kate Fox
2 Augustana	12:12.69
1) Carly Rahn	2) Sydney Mudgett
3) Avery Selberg	4) Cassidy Soli
3 Winona State	12:19.41
1) Becca Richtman	2) Alexandria Schmidt
3) Madison Schroeder	4) Nikki Staffen
4 Minnesota Duluth	12:22.99
1) Rhianna Rinke	2) Allie Stalboerger
3) Paige Du Bois	4) Abigail Moore
5 Minnesota State	12:30.72
1) Bobbi Patrick	2) Mackenzie Woodard
3) Rachel Crawford	4) Megan Serratore
6 Msu-Moorhead	12:33.91
1) Marissa Carlson	2) Iveta Harner

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....Women Distance Medley

3) Rachael Preusser	4) Makenzie Smith
7 Northern State	12:46.94
1) Lindsey Gast	2) Isabel Kinzer
3) Abberly Smith	4) Paige Larson
8 Sioux Falls	12:52.09
1) Kiana Kraft	2) Sarah Troescher
3) Laura Kunz	4) Rachel Huffman
9 St. Cloud State	12:54.44
1) Chrissy Lofgren	2) Leighten Fischer
3) Autum Shurbert-Hetzel	4) Mckenzie Holt
10 Southwest Minnesota State	13:01.77
1) Kayla Jansky	2) Kim Shabino
3) Kristen Weber	4) Hannah Palmeter
11 Concordia-St. Paul	13:11.43
1) Lydia Carr	2) Leah Amundson
3) Tasha Bennett	4) Kara Lindberg
12 Minot State	13:13.42
1) Abigail McGee	2) Brinlie Nielsen
3) Amanda Mohr	4) Michaela Larson
13 Bemidji State	13:47.27
1) Jada Barker	2) Brittney Hillstrom
3) Kristen Petron	4) Ashley Kinnard

Women High Jump

 NSIC Record: \$ 1.76m 2015 Bree Woelber, Augustana
 '17 Champion: 5-08 Khadiya Hollingsworth, Minnesota State
 1.77m AUTO
 1.67m PROV

Name	Year	School	Finals
1 Khadiya Hollingsworth		Minnesota State	1.74m PROV 5-08.50
1.65 1.68 1.74 1.77			
0 0 XO XXX			
2 Rachel Schumacher		Minnesota State	1.62m 5-03.75
1.52 1.57 1.62 1.65			
0 0 0 XXX			
2 Wakpor Ighovojah		Concordia-St. Paul	1.62m 5-03.75
1.52 1.57 1.62 1.65			
0 0 0 XXX			
4 D'Andra Morris		University of Mary	1.62m 5-03.75
1.52 1.57 1.62 1.65			
0 XO 0 XXX			
5 Sonia Alaman		Northern State	1.62m 5-03.75
1.47 1.52 1.57 1.62 1.65			
0 0 0 XXO XXX			
6 Amanda Schaefer		Winona State	1.57m 5-01.75
1.52 1.57 1.62			
0 0 XXX			
6 Teya Langston		Minnesota State	1.57m 5-01.75
1.47 1.52 1.57 1.62			
0 0 0 XXX			

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6	Kacia Guisinger	Msu-Moorhead	1.57m	5-01.75
	1.52 1.57 1.62			
	0 0 XXX			
6	Kalle Burney	Concordia-St. Paul	1.57m	5-01.75
	1.52 1.57 1.62			
	0 0 XXX			
10	Christa Benson	Bemidji State	1.57m	5-01.75
	1.47 1.52 1.57 1.62			
	0 XO 0 XXX			
10	Kendra Ludeman	Augustana	1.57m	5-01.75
	1.52 1.57 1.62			
	XO 0 XXX			
12	Carolyn Hackel	Minnesota State	1.57m	5-01.75
	1.47 1.52 1.57 1.62			
	0 0 XO XXX			
12	Natalie Gottschalk	St. Cloud State	1.57m	5-01.75
	1.47 1.52 1.57 1.62			
	0 0 XO XXX			
12	Tamara Price	Winona State	1.57m	5-01.75
	1.47 1.52 1.57 1.62			
	0 0 XO XXX			
15	Makenzie Soeken	Upper Iowa	1.57m	5-01.75
	1.47 1.52 1.57 1.62			
	0 XO XO XXX			
16	Abby Jungwirth	St. Cloud State	1.57m	5-01.75
	1.47 1.52 1.57 1.62			
	0 0 XXO XXX			
16	Kelsey Hurley	Bemidji State	1.57m	5-01.75
	1.52 1.57 1.62			
	0 XXO XXX			
18	Nicole Kurtti	Msu-Moorhead	1.57m	5-01.75
	1.47 1.52 1.57 1.62			
	0 XO XXO XXX			
19	Michaela Hesse	Minnesota Duluth	1.52m	4-11.75
	1.52 1.57			
	0 XXX			
19	Cassidy Ziegler	Bemidji State	1.52m	4-11.75
	1.47 1.52 1.57			
	0 0 XXX			
21	Miranda Phipps	Sioux Falls	1.52m	4-11.75
	1.47 1.52 1.57			
	0 XO XXX			
21	Alex Collins	Minnesota Duluth	1.52m	4-11.75
	1.47 1.52 1.57			
	0 XO XXX			
23	Hanna Lazure	Wayne State	1.52m	4-11.75
	1.47 1.52 1.57			
	XO XO XXX			
24	Libby Christenson	Bemidji State	1.52m	4-11.75
	1.47 1.52 1.57			
	0 XXO XXX			
--	Sola Stephenson	Minnesota State	NH	
	1.47			
	XXX			

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....Women High Jump

-- Morgan Shearer Wayne State NH
 1.47
 XXX

Women Pole Vault

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NSIC Record: \$ 4.32m 2017 Courtney Crandall, Sioux Falls
 '17 Champion: 14-02 Courtney Crandall, Sioux Falls
 4.01m AUTO
 3.57m PROV

Name	Year	School	Finals									
=====												
1 Kimberly Peterson		Sioux Falls	3.88m	PROV	12-08.75							
	2.83	2.98	3.13	3.28	3.43	3.53	3.63	3.73	3.88	4.06		
	P	P	P	P	P	P	P	XO	XXO	XXX		
2 Hannah Linder		Sioux Falls	3.53m		11-07.00							
	2.83	2.98	3.13	3.28	3.43	3.53	3.63					
	P	P	O	O	O	XO	XXX					
3 Rachelle LeBlanc		Minnesota Duluth	3.43m		11-03.00							
	2.83	2.98	3.13	3.28	3.43	3.53						
	P	P	P	O	XO	XXX						
4 Erika Shady		Concordia-St. Paul	3.28m		10-09.00							
	2.83	2.98	3.13	3.28	3.43							
	O	O	O	O	XXX							
4 Jensen Van Duyse		Minnesota State	3.28m		10-09.00							
	2.83	2.98	3.13	3.28	3.43							
	P	P	O	O	XXX							
4 Tessa Voss		Minnesota State	3.28m		10-09.00							
	2.83	2.98	3.13	3.28	3.43							
	P	O	O	O	XXX							
7 Cassidy Baker		Minnesota Duluth	3.28m		10-09.00							
	2.83	2.98	3.13	3.28	3.43							
	P	P	O	XO	XXX							
8 Jenna Ellertson		Msu-Moorhead	3.13m		10-03.25							
	2.83	2.98	3.13	3.28								
	P	O	O	XXX								
9 Teghan Norman		Concordia-St. Paul	3.13m		10-03.25							
	2.83	2.98	3.13	3.28								
	O	XO	O	XXX								
10 Lily Noble		Augustana	3.13m		10-03.25							
	2.83	2.98	3.13	3.28								
	P	XO	XO	XXX								
11 Anna St. Catherine		Msu-Moorhead	2.98m		9-09.25							
	2.83	2.98	3.13									
	P	O	XXX									
12 Brenna Schmidt		Sioux Falls	2.98m		9-09.25							
	2.83	2.98	3.13									
	O	XO	XXX									
12 Abbie Rockstad		Minnesota Duluth	2.98m		9-09.25							
	2.83	2.98	3.13									
	O	XO	XXX									
14 Grace Steffens		Minnesota Duluth	2.98m		9-09.25							
	2.83	2.98	3.13									
	XO	XO	XXX									

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....Women Pole Vault

-- Breanna Sobania	Minnesota Duluth	NH
2.83		
XXX		
-- Shannon Katz	Northern State	DNS

Women Long Jump

NSIC Record: \$ 19-08.25	2010	Heather Miller, St. Cloud State
'17 Champion: 18-10.50		Patience Yalartai, St. Cloud State
	6.16m	AUTO
	5.63m	PROV

Name	Year	School	Finals
1 Tamika Tucker		Winona State	5.64m PROV 18-06.00
5.60m FOUL 5.64m FOUL		5.60m 5.58m	
2 Callie DeWitt		Augustana	5.57m 18-03.25
5.57m 5.24m 5.28m FOUL		5.57m 5.47m	
3 Natalie Gottschalk		St. Cloud State	5.54m 18-02.25
5.54m 5.44m FOUL 5.37m		5.46m 5.35m	
4 Faith Lubner		St. Cloud State	5.50m 18-00.50
FOUL 5.38m FOUL FOUL		5.50m 5.40m	
5 Steinunn Atladottir		Minnesota State	5.48m 17-11.75
5.39m 5.48m 5.33m PASS		5.43m 5.45m	
6 Chloe Peterson		Sioux Falls	5.47m 17-11.50
5.27m 5.45m 5.17m 5.37m		FOUL 5.47m	
7 Wakpor Ighovojah		Concordia-St. Paul	5.40m 17-08.75
5.37m 5.17m FOUL 5.40m		FOUL FOUL	
8 Dakota Hutzler		Northern State	5.34m 17-06.25
5.34m 5.10m 5.20m			
9 Kylie Pastian		University of Mary	5.32m 17-05.50
FOUL 5.32m 5.28m FOUL		4.94m 5.26m	
9 Mariah Williams		Minnesota State	5.32m 17-05.50
5.32m FOUL 5.23m FOUL		FOUL FOUL	
11 Bailey Reiner		Msu-Moorhead	5.24m 17-02.25
FOUL 5.24m 5.20m			
11 Carolyn Hackel		Minnesota State	5.24m 17-02.25
5.17m 5.17m 5.24m			
13 Emelia Burris		St. Cloud State	5.20m 17-00.75
4.76m 4.93m 5.20m			
14 Katie Hawkinson		Minnesota Duluth	5.18m 17-00.00
5.01m 5.17m 5.18m			
15 D'Andra Morris		University of Mary	5.17m 16-11.50
5.04m 5.17m 5.00m			
16 Clara Paul		Sioux Falls	5.15m 16-10.75
FOUL 4.96m 5.15m			
16 Taylor Juresh		Winona State	5.15m 16-10.75
FOUL FOUL 5.15m			
18 Mahli Strasser		Sioux Falls	5.11m 16-09.25
FOUL 5.11m FOUL			
19 Ashley Sprain		Winona State	5.10m 16-08.75
5.10m 4.97m 5.02m			
20 Hanna Frekot		Minnesota Duluth	5.06m 16-07.25
5.06m 5.05m 4.88m			

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....Women Long Jump

21	Cali Modglin	University of Mary	5.03m	16-06.00
	5.03m 4.99m FOUL			
21	Cheri'a Adams	Bemidji State	5.03m	16-06.00
	5.03m FOUL 4.79m			
23	Sarah Schrader	Minnesota Duluth	4.94m	16-02.50
	4.94m 4.75m 4.84m			
24	Morgan Shindelar	Minnesota State	4.92m	16-01.75
	4.84m 4.91m 4.92m			
25	Sarah Westerman	Augustana	4.89m	16-00.50
	4.64m 4.89m FOUL			
26	Shae Pedersen	Minot State	4.86m	15-11.50
	4.82m 4.86m 4.72m			
26	Sammi Bates	Minnesota State	4.86m	15-11.50
	4.86m 4.82m 4.68m			
26	Kalle Burney	Concordia-St. Paul	4.86m	15-11.50
	FOUL FOUL 4.86m			
29	Ariel Thomas	Minnesota State	4.68m	15-04.25
	FOUL FOUL 4.68m			
--	Sara Heyn	Augustana	FOUL	
	FOUL FOUL FOUL			

Women Triple Jump

NSIC Record:	\$ 12.49m	2015	Danylle Kurywchak, U of Mary
'17 Champion:	40-06.75		Patience Yalartai, St. Cloud State
	12.43m	AUTO	
	11.63m	PROV	

Name	Year	School	Finals
1 D'Andra Morris		University of Mary	11.94m PROV 39-02.25
	FOUL FOUL 11.63m 11.71m 11.88m 11.94m		
2 Kristi Springer		Winona State	11.80m PROV 38-08.75
	11.65m 11.74m 11.37m 11.63m 11.80m FOUL		
3 Abby Jungwirth		St. Cloud State	11.61m 38-01.25
	11.46m 11.61m 11.47m 11.56m FOUL 11.46m		
4 Ricki Lindley		University of Mary	11.50m 37-08.75
	10.98m 11.32m 11.12m 11.39m 11.02m 11.50m		
5 Amanda Schaefer		Winona State	11.46m 37-07.25
	11.09m 11.08m 11.31m 11.02m 11.29m 11.46m		
6 Steinunn Atladottir		Minnesota State	11.34m 37-02.50
	FOUL FOUL 11.20m 11.34m 11.26m FOUL		
7 Kylie Pastian		University of Mary	11.30m 37-01.00
	FOUL 10.94m 11.20m FOUL 11.29m 11.30m		
8 Tamika Tucker		Winona State	11.23m 36-10.25
	11.23m 11.05m FOUL 10.85m 10.96m 11.12m		
9 Clara Paul		Sioux Falls	11.22m 36-09.75
	11.22m 10.90m 10.95m 11.04m 10.61m FOUL		
10 Ariel Thomas		Minnesota State	11.09m 36-04.75
	FOUL 11.05m 11.09m		
11 Katie Hawkinson		Minnesota Duluth	10.95m 35-11.25
	10.95m FOUL FOUL		
12 Rachel Schumacher		Minnesota State	10.94m 35-10.75
	FOUL 10.94m 10.86m		

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....Women Triple Jump

13 Cheri'a Adams	Bemidji State	10.78m	35-04.50
10.78m FOUL 10.65m			
14 Maya Taylor	St. Cloud State	10.78m	35-04.50
10.78m 10.47m 10.16m			
15 Allison Laibach	Sioux Falls	10.73m	35-02.50
FOUL 10.59m 10.73m			
16 Dakota Hutzler	Northern State	10.72m	35-02.00
10.72m 10.70m FOUL			
17 Nicole Kurttti	Msu-Moorhead	10.72m	35-02.00
10.61m 10.72m FOUL			
18 Tyra Zinkel	Concordia-St. Paul	10.68m	35-00.50
FOUL 10.68m 10.59m			
19 Analise Fabre	Bemidji State	10.63m	34-10.50
9.97m 10.27m 10.63m			
20 Sammi Bates	Minnesota State	10.55m	34-07.50
10.20m 10.55m 10.41m			
21 Allison Calkins	Minnesota State	10.40m	34-01.50
FOUL 10.39m 10.40m			
22 Sonia Alaman	Northern State	10.00m	32-09.75
10.00m 9.86m FOUL			
-- Mariah Williams	Minnesota State	FOUL	
FOUL FOUL FOUL			
-- Kara Koth	Sioux Falls	FOUL	
FOUL FOUL FOUL			
-- Allison Carpenter	Minnesota Duluth	DNS	
-- Lindsay Maruska	Minnesota Duluth	DNS	

Women Shot Put

NSIC Record: \$	15.83m	2015	Sara Wills, Wayne State
'17 Champion:	49-09.75		Katie Taylor, Winona State
	15.69m	AUTO	
	13.49m	PROV	

Name	Year	School	Finals

1 Michaela Dendinger		Wayne State	15.19m PROV 49-10.00
15.19m FOUL FOUL FOUL FOUL			
2 Tia Jones		Wayne State	14.30m PROV 46-11.00
13.55m 13.63m 14.19m 13.61m 13.03m 14.30m			
3 Heather Buckler		Winona State	13.86m PROV 45-05.75
FOUL 13.71m FOUL FOUL 13.57m 13.86m			
4 Jadin Wagner		Wayne State	13.60m PROV 44-07.50
12.59m 12.50m 13.13m 13.60m 13.57m 13.22m			
5 Jordan Menken		Northern State	13.46m 44-02.00
FOUL 13.43m 13.35m 13.00m 12.90m 13.46m			
6 Brinn Grunder		Upper Iowa	13.44m 44-01.25
12.27m 12.89m 12.97m FOUL 13.13m 13.44m			
7 Alexandra Headley		Minnesota Duluth	13.37m 43-10.50
FOUL 10.75m 13.18m 12.91m 13.24m 13.37m			
8 Emily Waletzko		Msu-Moorhead	13.00m 42-08.00
12.36m FOUL 12.60m 12.25m 13.00m FOUL			
9 Hannah Gustafson		Concordia-St. Paul	12.85m 42-02.00
FOUL 12.67m 12.85m 12.80m 12.50m 12.50m			

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....Women Shot Put

10 Savannah Olson	Bemidji State	12.59m	41-03.75
11.89m 12.59m FOUL			
11 Destiny Meyer	Msu-Moorhead	12.57m	41-03.00
12.57m 12.13m 12.28m			
12 Annabelle Haarstad	Minnesota State	12.52m	41-01.00
12.52m 11.73m 12.26m			
13 Sydney Thompson	Minnesota State	12.49m	40-11.75
12.25m 11.82m 12.49m			
14 Haley Fockler	Sioux Falls	12.45m	40-10.25
11.94m 12.23m 12.45m			
15 Emma Hertz	Sioux Falls	12.39m	40-07.75
FOUL 12.39m 12.19m			
16 Amber Hunsaker	Minot State	12.08m	39-07.75
11.60m 12.08m 12.05m			
16 Jaimie McNamee	Sioux Falls	12.08m	39-07.75
12.08m 11.77m 11.90m			
18 Sarah Stang	Wayne State	11.82m	38-09.50
7.86m 11.33m 11.82m			
19 Nicolette Kneeland	Northern State	11.79m	38-08.25
11.65m 11.58m 11.79m			
20 Rebecca Manteuffel	SW Minnesota	11.76m	38-07.00
11.76m 11.64m 10.73m			
21 Claire Rehome	Minnesota Duluth	11.57m	37-11.50
11.57m 11.06m 11.50m			
22 Cassidy Baker	Minnesota Duluth	11.48m	37-08.00
11.48m FOUL 10.55m			
23 Kenzie Sullivan	Wayne State	11.26m	36-11.50
FOUL 10.19m 11.26m			
24 Carson Haase	Minnesota Duluth	11.20m	36-09.00
FOUL 11.20m 9.91m			
25 Morgan Florek	Minnesota State	11.17m	36-07.75
11.17m 11.09m 10.76m			
26 Bailey Rudebusch	Sioux Falls	10.55m	34-07.50
9.14m 9.67m 10.55m			
27 Tia Donlan	Concordia-St. Paul	10.25m	33-07.50
FOUL FOUL 10.25m			
28 Genavieve Baklund	Bemidji State	10.00m	32-09.75
FOUL FOUL 10.00m			

Women Weight Throw

NSIC Record: \$	22.36m	2017	Kaitlyn Long, Winona State
'17 Champion:	73-00.25		Kaitlyn Long, Winona State
	20.15m	AUTO	
	16.77m	PROV	

Name	Year	School	Finals
1 Michaela Dendinger		Wayne State	19.96m PROV 65-06.00
18.94m 19.96m 19.05m 18.78m 18.95m 19.20m			
2 Emily Waletzko		Msu-Moorhead	17.51m PROV 57-05.50
17.20m 17.36m 16.89m 16.86m 16.93m 17.51m			
3 Jaimie McNamee		Sioux Falls	16.84m PROV 55-03.00
16.52m FOUL 16.84m 13.53m 15.77m 15.66m			

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4	Bariture Igboh	Minnesota Duluth	16.67m	54-08.25
	16.42m FOUL 15.27m 15.25m 16.67m 16.34m			
5	Rebecca Manteuffel	SW Minnesota	16.65m	54-07.50
	16.65m 15.63m 14.57m 15.55m 14.97m 15.95m			
6	Amy Wockenfuss	Northern State	16.52m	54-02.50
	16.36m 15.37m FOUL 16.50m 16.52m 16.02m			
7	Angela Prokosch	SW Minnesota	16.50m	54-01.75
	FOUL 16.50m FOUL 15.04m 16.29m 15.66m			
8	Erin Bramble	Winona State	16.48m	54-01.00
	14.84m 14.79m 16.48m 15.94m FOUL 15.99m			
9	Annabelle Haarstad	Minnesota State	15.76m	51-08.50
	15.72m 15.76m 15.28m 15.71m 15.12m 15.36m			
10	Morgan Florek	Minnesota State	15.41m	50-06.75
	15.41m 15.16m FOUL			
11	Amber Hunsaker	Minot State	15.18m	49-09.75
	FOUL 15.18m FOUL			
12	Tessa Ives	Wayne State	14.96m	49-01.00
	14.96m 14.84m 14.50m			
13	Jadin Wagner	Wayne State	14.87m	48-09.50
	14.70m 14.76m 14.87m			
14	Carson Haase	Minnesota Duluth	14.81m	48-07.25
	13.86m 14.06m 14.81m			
15	Nicolette Kneeland	Northern State	14.71m	48-03.25
	14.71m FOUL 14.43m			
16	Samara Tobeck	Bemidji State	14.56m	47-09.25
	14.30m 14.56m 13.42m			
17	Haley Fockler	Sioux Falls	14.53m	47-08.00
	12.29m 14.53m 14.16m			
18	Brinn Grunder	Upper Iowa	14.48m	47-06.25
	13.09m 14.48m 14.33m			
19	Kenzie Sullivan	Wayne State	14.42m	47-03.75
	14.07m 14.09m 14.42m			
20	Anna Ripke	Concordia-St. Paul	14.14m	46-04.75
	13.69m 14.02m 14.14m			
21	Hannah Gustafson	Concordia-St. Paul	14.05m	46-01.25
	FOUL 13.49m 14.05m			
22	Sydney Thompson	Minnesota State	14.02m	46-00.00
	14.02m 14.02m 13.68m			
23	Emma Hertz	Sioux Falls	13.98m	45-10.50
	13.98m 12.45m 12.45m			
24	Mackenzie Sedlack	Minnesota Duluth	13.94m	45-09.00
	13.94m 13.63m 13.68m			
25	Rachel Buck	Minnesota Duluth	13.71m	44-11.75
	FOUL 13.71m 13.65m			
26	Kayla Andersen	Sioux Falls	13.57m	44-06.25
	13.44m 13.57m 12.92m			
27	Alexandra Headley	Minnesota Duluth	13.21m	43-04.25
	FOUL FOUL 13.21m			
28	Jordan Menken	Northern State	12.55m	41-02.25
	FOUL FOUL 12.55m			
29	Genavieve Baklund	Bemidji State	11.83m	38-09.75
	FOUL 11.83m FOUL			
30	Kellie Jensen	Minnesota Duluth	11.77m	38-07.50
	11.37m 11.77m 11.49m			

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Results

....Women Weight Throw

31 Sydney Hall	Minot State	10.53m	34-06.75
FOUL 10.53m 10.06m			
-- Amber Cook	Sioux Falls	FOUL	
FOUL FOUL FOUL			

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	Points
1 Natalie Gottschalk	St. Cloud State	2:21.37	805
2 Kalle Burney	Concordia-St. Paul	2:24.50	763
3 Wakpor Ighovojah	Concordia-St. Paul	2:26.47	738
4 Christa Benson	Bemidji State	2:26.84	733
5 Faith Lubner	St. Cloud State	2:29.62	698
6 Leighten Fischer	St. Cloud State	2:30.22	690
7 Summer Storm	Msu-Moorhead	2:30.60	685
8 Alyssa Kavajecz	Minnesota Duluth	2:30.86	682
9 Makenzie Soeken	Upper Iowa	2:31.07	680
10 Kelsey Hurley	Bemidji State	2:32.44	663
11 Libby Christenson	Bemidji State	2:33.96	644
12 Dakota Hutzler	Northern State	2:34.56	637
13 Sola Stephenson	Minnesota State	2:38.21	594
14 Carolyn Hackel	Minnesota State	2:39.24	582
15 Morgan Shindelar	Minnesota State	2:39.44	579
16 Greta Villarreal	University of Mary	2:39.61	577
17 Alex Collins	Minnesota Duluth	2:43.42	534
18 Shantelle Rule	University of Mary	2:46.59	500
19 Hailey Franklin	Minnesota Duluth	2:52.48	438
20 Emily Olson	Sioux Falls	2:55.36	409

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Carolyn Hackel	Minnesota State	8.75	5	963
2 Wakpor Ighovojah	Concordia-St. Paul	8.86	5	939
3 Kalle Burney	Concordia-St. Paul	9.17	5	875
4 Natalie Gottschalk	St. Cloud State	9.26	4	856
5 Faith Lubner	St. Cloud State	9.36	5	836
6 Alex Collins	Minnesota Duluth	9.38	4	832
7 Emily Olson	Sioux Falls	9.45	1	818
8 Christa Benson	Bemidji State	9.48	4	812
9 Shantelle Rule	University of Mary	9.57	4	794
10 Summer Storm	Msu-Moorhead	9.70	3	769
11 Dakota Hutzler	Northern State	9.71	2	767
12 Makenzie Soeken	Upper Iowa	9.72	3	765
13 Kelsey Hurley	Bemidji State	9.78	2	754
14 Hailey Franklin	Minnesota Duluth	9.83	2	744
15 Morgan Shindelar	Minnesota State	9.85	3	740
16 Greta Villarreal	University of Mary	10.20	2	675
17 Leighten Fischer	St. Cloud State	10.25	3	666
18 Sola Stephenson	Minnesota State	10.32	1	653
19 Libby Christenson	Bemidji State	10.42	1	636
20 Alyssa Kavajecz	Minnesota Duluth	10.72	1	583

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Name	Year School	Finals	Points
1 Natalie Gottschalk	St. Cloud State	1.66m 5-05.25	806
2 Kalle Burney	Concordia-St. Paul	1.63m 5-04.25	771
3 Wakpor Ighovojah	Concordia-St. Paul	1.60m 5-03.00	736
4 Makenzie Soeken	Upper Iowa	1.57m 5-01.75	701
4 Christa Benson	Bemidji State	1.57m 5-01.75	701
4 Kelsey Hurley	Bemidji State	1.57m 5-01.75	701
7 Libby Christenson	Bemidji State	1.54m 5-00.50	666
7 Alex Collins	Minnesota Duluth	1.54m 5-00.50	666
7 Dakota Hutzler	Northern State	1.54m 5-00.50	666
10 Carolyn Hackel	Minnesota State	1.51m 4-11.50	632
11 Greta Villarreal	University of Mary	1.48m 4-10.25	599
12 Alyssa Kavajecz	Minnesota Duluth	1.45m 4-09.00	566
12 Summer Storm	Msu-Moorhead	1.45m 4-09.00	566
12 Sola Stephenson	Minnesota State	1.45m 4-09.00	566
12 Shantelle Rule	University of Mary	1.45m 4-09.00	566
12 Faith Lubner	St. Cloud State	1.45m 4-09.00	566
17 Leighten Fischer	St. Cloud State	1.42m 4-07.75	534
17 Hailey Franklin	Minnesota Duluth	1.42m 4-07.75	534
19 Emily Olson	Sioux Falls	1.39m 4-06.75	502
20 Morgan Shindelar	Minnesota State	1.33m 4-04.25	439

Indoor Pentathlon: #2 Women Long Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Natalie Gottschalk	St. Cloud State	5.57m 18-03.25	720
2 Wakpor Ighovojah	Concordia-St. Paul	5.40m 17-08.75	671
3 Kalle Burney	Concordia-St. Paul	5.23m 17-02.00	623
4 Carolyn Hackel	Minnesota State	5.17m 16-11.50	606
5 Alex Collins	Minnesota Duluth	5.04m 16-06.50	570
6 Faith Lubner	St. Cloud State	5.03m 16-06.00	567
7 Dakota Hutzler	Northern State	4.95m 16-03.00	546
8 Kelsey Hurley	Bemidji State	4.93m 16-02.25	540
9 Emily Olson	Sioux Falls	4.85m 15-11.00	519
10 Makenzie Soeken	Upper Iowa	4.84m 15-10.50	516
11 Christa Benson	Bemidji State	4.79m 15-08.75	503
12 Summer Storm	Msu-Moorhead	4.75m 15-07.00	492
13 Leighten Fischer	St. Cloud State	4.73m 15-06.25	487
14 Shantelle Rule	University of Mary	4.72m 15-06.00	485
15 Alyssa Kavajecz	Minnesota Duluth	4.62m 15-02.00	459
16 Hailey Franklin	Minnesota Duluth	4.56m 14-11.50	443
17 Morgan Shindelar	Minnesota State	4.55m 14-11.25	441
18 Greta Villarreal	University of Mary	4.52m 14-10.00	433
19 Sola Stephenson	Minnesota State	4.48m 14-08.50	423
20 Libby Christenson	Bemidji State	4.28m 14-00.50	374

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points
1 Greta Villarreal	University of Mary	11.84m 38-10.25	651
2 Kalle Burney	Concordia-St. Paul	11.30m 37-01.00	615

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....Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

3	Wakpor Ighovojah	Concordia-St. Paul	11.08m	36-04.25	600
4	Summer Storm	Msu-Moorhead	10.92m	35-10.00	590
5	Carolyn Hackel	Minnesota State	10.81m	35-05.75	583
6	Sola Stephenson	Minnesota State	10.45m	34-03.50	559
7	Makenzie Soeken	Upper Iowa	10.01m	32-10.25	530
8	Alex Collins	Minnesota Duluth	9.94m	32-07.50	526
9	Natalie Gottschalk	St. Cloud State	9.79m	32-01.50	516
10	Morgan Shindelar	Minnesota State	9.68m	31-09.25	509
11	Kelsey Hurley	Bemidji State	8.93m	29-03.75	460
12	Shantelle Rule	University of Mary	8.75m	28-08.50	448
13	Emily Olson	Sioux Falls	8.65m	28-04.50	441
14	Libby Christenson	Bemidji State	8.55m	28-00.75	435
15	Christa Benson	Bemidji State	8.52m	27-11.50	433
16	Hailey Franklin	Minnesota Duluth	8.39m	27-06.50	425
17	Alyssa Kavajecz	Minnesota Duluth	8.30m	27-02.75	419
18	Leighen Fischer	St. Cloud State	8.24m	27-00.50	415
19	Faith Lubner	St. Cloud State	8.13m	26-08.25	408
20	Dakota Hutzler	Northern State	8.10m	26-07.00	406

Women Indoor Pentathlon

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NSIC Record: \$	3910	2010	Heather Miller, St. Cloud State
'17 Champion:	3838		Olivia Montez Brown, Augustana
	3869	AUTO	
	3295	PROV	

Name	Year	School	Finals
1 Natalie Gottschalk		St. Cloud State	3703.00 PROV
2 Wakpor Ighovojah		Concordia-St. Paul	3684.00 PROV
3 Kalle Burney		Concordia-St. Paul	3647.00 PROV
4 Carolyn Hackel		Minnesota State	3366.00 PROV
5 Makenzie Soeken		Upper Iowa	3192.00
6 Christa Benson		Bemidji State	3182.00
7 Alex Collins		Minnesota Duluth	3128.00
8 Kelsey Hurley		Bemidji State	3118.00
9 Summer Storm		Msu-Moorhead	3102.00
10 Faith Lubner		St. Cloud State	3075.00
11 Dakota Hutzler		Northern State	3022.00
12 Greta Villarreal		University of Mary	2935.00
13 Sola Stephenson		Minnesota State	2795.00
14 Shantelle Rule		University of Mary	2793.00
15 Leighen Fischer		St. Cloud State	2792.00
16 Libby Christenson		Bemidji State	2755.00
17 Alyssa Kavajecz		Minnesota Duluth	2709.00
18 Morgan Shindelar		Minnesota State	2708.00
19 Emily Olson		Sioux Falls	2689.00
20 Hailey Franklin		Minnesota Duluth	2584.00

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Men 60 Meter Dash

 NSIC Record: \$ 6.67 2015 Emmanual Matadi, MSU Mankato
 '17 Champion: 6.89 Luxor Glor, U of Mary
 6.73 AUTO
 6.88 PROV

Name	Year	School	Prelims	H#

Preliminaries				
1 Luxon Glor		University of Mary	6.87QPROV	1
2 Jonathan Rowe		Sioux Falls	6.88QPROV	2
3 Nate Hogle		Minnesota Duluth	6.99Q	3 6.984
4 Paul Selman		Minnesota State	6.90q	1
5 Vance Barnes		Minnesota State	6.92q	2
6 LaJuan Preston		Concordia-St. Paul	6.94q	1
7 Henry Ivy		Minnesota State	6.99q	3 6.989
8 Braxton Adams		Wayne State	7.00q	2
9 Justin Taormina		Minnesota State	7.09	3 7.082
10 Brady Wall		Augustana	7.09	2 7.086
11 Demario Peterkin		Minnesota State	7.13	3
12 Jarreth Martina		Northern State	7.15	1 7.142
13 Carl Anderson		SW Minnesota	7.15	1 7.147
14 Daniel Daffinrud		Minot State	7.16	2
15 Kelvin Kwarteng		Minnesota Duluth	7.18	3
16 William Ray		Concordia-St. Paul	7.19	2
17 Artavius Nixon		Minnesota State	7.22	3

Men 60 Meter Dash

 NSIC Record: \$ 6.67 2015 Emmanual Matadi, MSU Mankato
 '17 Champion: 6.89 Luxor Glor, U of Mary
 6.73 AUTO
 6.88 PROV

Name	Year	School	Finals	H#

Finals				
1 Luxon Glor		University of Mary	6.85 PROV	
2 Jonathan Rowe		Sioux Falls	6.89	
3 Paul Selman		Minnesota State	6.91	
4 Henry Ivy		Minnesota State	6.93	
5 Braxton Adams		Wayne State	6.94	
6 Vance Barnes		Minnesota State	6.98	
7 Nate Hogle		Minnesota Duluth	7.01	7.005
8 LaJuan Preston		Concordia-St. Paul	7.01	7.007

Men 200 Meter Dash

 NSIC Record: \$ 21.42 2015 Emmanual Matadi, MSU Mankato
 '17 Champion: 21.99 Tanner Ogren, Minnesota State
 21.21 AUTO
 21.77 PROV

Name	Year	School	Prelims	H#

Preliminaries				
1 Reid Diamond		Minnesota State	21.92Q	3
2 Tanner Ogren		Minnesota State	21.99Q	2 21.981

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....Men 200 Meter Dash

3	Paul Selman	Minnesota State	21.99Q	1	21.987
4	Clay Kramper	Wayne State	22.15q	1	
5	Nate Hogle	Minnesota Duluth	22.28q	3	
6	LaJuan Preston	Concordia-St. Paul	22.29q	3	
7	Brian Huber	Msu-Moorhead	22.34q	3	
8	Luxon Glor	University of Mary	22.42q	2	
9	Parker Gloudemans	Minnesota State	22.54	2	
10	Andrew Leck	Concordia-St. Paul	22.58	1	
11	Leroy Kwateh	Minnesota State	22.81	2	
12	Jack Curtis	Minnesota State	22.82	1	
13	Jeremiah Morrisstte	University of Mary	22.94	2	
14	Sam Wiechman	Minnesota Duluth	23.02	3	
15	William Ray	Concordia-St. Paul	23.07	1	
16	Kelvin Kwarteng	Minnesota Duluth	23.18	3	

Men 200 Meter Dash

NSIC Record:	\$ 21.42	2015	Emmanuel Matadi, MSU Mankato
'17 Champion:	21.99		Tanner Ogren, Minnesota State
	21.21	AUTO	
	21.77	PROV	

Name	Year	School	Finals	H#

Finals				
1	Tanner Ogren	Minnesota State	21.79	1
2	Luxon Glor	University of Mary	22.00	1
3	Reid Diamond	Minnesota State	22.08	2
4	Clay Kramper	Wayne State	22.11	1
5	Brian Huber	Msu-Moorhead	22.13	1
6	Paul Selman	Minnesota State	22.23	2
7	Nate Hogle	Minnesota Duluth	22.35	2
8	LaJuan Preston	Concordia-St. Paul	22.50	2

Men 400 Meter Dash

NSIC Record:	\$ 48.44	2017	John Schuster, MSU Mankato
'17 Champion:	48.51		John Schuster, Minnesota State
	47.42	AUTO	
	48.64	PROV	

Name	Year	School	Prelims	H#

Preliminaries				
1	Isaiah Pitchford	Minnesota State	49.20Q	1
2	Morris Dennis	Minnesota State	49.45Q	3
3	Reid Diamond	Minnesota State	49.66Q	2
4	Dalton Bialke	Minnesota State	49.72Q	4
5	Itoitz Rodriguez	Northern State	49.74q	4
6	Parker Gloudemans	Minnesota State	50.00q	2
7	Austin Carlson	Minnesota Duluth	50.22q	2
8	Vantwon Melton	Concordia-St. Paul	50.25q	3
9	Logan Myers	University of Mary	50.44	3
10	Ryan Stiles	Augustana	50.54	1
11	Alex Woods	Augustana	50.70	2
12	Alex Kulzer	Minnesota Duluth	50.85	3

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....Men 400 Meter Dash

13	Evan Carlson	Msu-Moorhead	51.52	1
14	Habib Jallow	Wayne State	51.69	4
15	Connor Behm	Minnesota Duluth	51.79	1
16	Zachery Six	Northern State	52.60	1
17	Josh Drew	Minot State	53.02	2
18	Brandon Marker	Wayne State	54.99	3
--	Zach Jones	SW Minnesota	DNF	4

Men 400 Meter Dash

=====
 NSIC Record: \$ 48.44 2017 John Schuster, MSU Mankato
 '17 Champion: 48.51 John Schuster, Minnesota State
 47.42 AUTO
 48.64 PROV

Name	Year	School	Finals
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Finals

1	Isaiah Pitchford	Minnesota State	48.36	\$PROV
2	Reid Diamond	Minnesota State	48.71	
3	Morris Dennis	Minnesota State	48.72	
4	Itoitz Rodriguez	Northern State	48.92	
5	Dalton Bialke	Minnesota State	49.76	
6	Parker Gloudemans	Minnesota State	49.94	
7	Austin Carlson	Minnesota Duluth	50.17	
8	Vantwon Melton	Concordia-St. Paul	50.47	

Men 600 Meter Run

=====
 NSIC Record: \$ 1:20.11 2015 Keith Turner, MSU Moorhead
 '17 Champion: 1:20.38 Trey Furgeson, Sioux Falls

Name	Year	School	Prelims	H#
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=====

Preliminaries

1	Cam Crosser	Minnesota State	1:23.93Q	4
2	Javon Patterson	Minnesota State	1:24.52Q	2
3	Desmond Bassett	Concordia-St. Paul	1:25.08Q	3
4	John Schuster	Minnesota State	1:25.51Q	1
5	Kelson Brewer	Northern State	1:24.02q	4
6	Jake Sullivan	Minnesota Duluth	1:24.21q	4
7	Austin Krohnke	Augustana	1:24.83q	2
8	Alex Vollen	Msu-Moorhead	1:24.97q	4
9	Josh Phelps	Minnesota State	1:25.09	3
10	Tyler Slaba	Sioux Falls	1:25.19	2
11	Leroy Kwateh	Minnesota State	1:25.20	3
12	Rion Szatkowski	University of Mary	1:25.45	2
13	Calvin Buesgens	Minnesota State	1:25.47	3
14	Luke Wietgreffe	Northern State	1:25.48	3
15	Hever Valenzuela	SW Minnesota	1:25.81	1
16	Noah Torvik	Minnesota Duluth	1:25.93	1
17	Nathan Pearson	Wayne State	1:26.40	1
18	Blake Savey	Augustana	1:27.01	2
19	Josh Wulfekuhle	University of Mary	1:28.98	1
20	Chris Sharpe	Augustana	1:29.37	4

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Men 600 Meter Run

NSIC Record: \$ 1:20.11 2015 Keith Turner, MSU Moorhead
 '17 Champion: 1:20.38 Trey Furgeson, Sioux Falls

Name	Year	School	Finals
------	------	--------	--------

Finals

1	John Schuster	Minnesota State	1:19.85\$
2	Javon Patterson	Minnesota State	1:21.35
3	Kelson Brewer	Northern State	1:23.47
4	Cam Crosser	Minnesota State	1:23.98
5	Austin Krohnke	Augustana	1:24.02
6	Jake Sullivan	Minnesota Duluth	1:24.69
7	Desmond Bassett	Concordia-St. Paul	1:24.87
8	Alex Vollen	Msu-Moorhead	1:25.91

Men 800 Meter Run

NSIC Record: \$ 1:52.62 2017 Josh Barrows, Augustana
 '17 Champion: 1:53.73 Josh Barrows, Augustana
 1:49.56 AUTO
 1:53.37 PROV

Name	Year	School	Prelims	H#
------	------	--------	---------	----

Preliminaries

1	Josh Barrows	Augustana	1:55.60Q	2
2	Mason Phillips	Sioux Falls	1:57.44Q	1
3	Benjamin Allen	Concordia-St. Paul	1:55.73Q	2
4	Teegan Olson	University of Mary	1:57.61Q	1
5	Billy Beseman	Sioux Falls	1:56.86q	2
6	Samuel Wilke	University of Mary	1:57.35q	2
7	Tristan Stomm	University of Mary	1:58.05q	2
8	Garrett Benz	Minnesota Duluth	1:58.28q	1
9	Adam Leach	Northern State	1:58.70	1
10	Nathan Comer	Minnesota Duluth	1:59.90	1
11	Derek Finsterwalder	Minnesota State	2:00.58	1
12	Colin Olson	Minot State	2:01.21	1
13	Andrew Ruiz	Minnesota State	2:04.51	2

Men 800 Meter Run

NSIC Record: \$ 1:52.62 2017 Josh Barrows, Augustana
 '17 Champion: 1:53.73 Josh Barrows, Augustana
 1:49.56 AUTO
 1:53.37 PROV

Name	Year	School	Finals
------	------	--------	--------

Finals

1	Josh Barrows	Augustana	1:53.40
2	Benjamin Allen	Concordia-St. Paul	1:54.37
3	Teegan Olson	University of Mary	1:54.44
4	Mason Phillips	Sioux Falls	1:54.50
5	Billy Beseman	Sioux Falls	1:55.55
6	Samuel Wilke	University of Mary	1:57.22
7	Tristan Stomm	University of Mary	1:57.55
8	Garrett Benz	Minnesota Duluth	2:00.75

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Men 1000 Meter Run

=====
 NSIC Record: \$ 2:28.88 2010 Jonathon Stoltman, MSU Mankato
 '17 Champion: 2:28.95 Antoine Bardou, Wayne State
 Name Year School Prelims H#
 =====

Preliminaries

1	Josh Young	Msu-Moorhead	2:31.25Q	1
2	Zach Tuschen	Augustana	2:33.12Q	2
3	Josh Peterson	Minnesota Duluth	2:33.18Q	3
4	Zach Lundberg	Sioux Falls	2:31.41q	1
5	Logan Spooner	Msu-Moorhead	2:32.49q	1
6	Austin Yardley	Minnesota State	2:33.21q	3
7	Jacob Wahlers	Minnesota State	2:33.54q	3 2.33.531
8	Andrew Arthur	Minnesota Duluth	2:33.54q	2 2.33.537
9	Jase Kraft	Sioux Falls	2:33.58	2
10	Cory Warner	Concordia-St. Paul	2:33.83	1
11	Reed Kurak	Augustana	2:34.35	1
12	Logan Hansen	Sioux Falls	2:35.08	2
13	Daniel Armstrong	Sioux Falls	2:35.24	3
14	Isaiah Rabata	Minnesota State	2:35.68	1
15	Wyatt Midtvedt	Minnesota Duluth	2:35.70	3
16	Cole Lebourgeois	Minnesota Duluth	2:36.54	2
17	Daniel Zoltek	Minnesota Duluth	2:37.02	1
18	Donovan Miller	Northern State	2:40.32	3
19	Eli Grubbs	Concordia-St. Paul	2:44.18	2

Men 1000 Meter Run

=====
 NSIC Record: \$ 2:28.88 2010 Jonathon Stoltman, MSU Mankato
 '17 Champion: 2:28.95 Antoine Bardou, Wayne State
 Name Year School Finals
 =====

Finals

1	Josh Young	Msu-Moorhead	2:29.51
2	Zach Tuschen	Augustana	2:30.12
3	Zach Lundberg	Sioux Falls	2:31.07
4	Austin Yardley	Minnesota State	2:31.30
5	Jacob Wahlers	Minnesota State	2:32.18
6	Josh Peterson	Minnesota Duluth	2:32.43
7	Logan Spooner	Msu-Moorhead	2:37.65
8	Andrew Arthur	Minnesota Duluth	4:27.66

Men 1 Mile Run

=====
 NSIC Record: \$ 4:10.82 2017 Jase Kraft, Sioux Falls
 '17 Champion: 4:10.82 Jase Kraft, Sioux Falls
 4:02.59 AUTO
 4:11.67 PROV
 Name Year School Finals
 =====

1	Mason Phillips	Sioux Falls	4:09.74\$PROV
2	Benjamin Allen	Concordia-St. Paul	4:12.14
3	Josh Young	Msu-Moorhead	4:13.29
4	Zach Lundberg	Sioux Falls	4:13.44
5	Jase Kraft	Sioux Falls	4:18.96

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....Men 1 Mile Run

6	Logan Spooner	Msu-Moorhead	4:21.90
7	Austin Miller	Augustana	4:22.28
8	Christian Leonard	Minnesota Duluth	4:23.72
9	Billy Beseman	Sioux Falls	4:25.49
10	Andrew Arthur	Minnesota Duluth	4:25.75
11	Cole Lebourgeois	Minnesota Duluth	4:27.36
--	Jake Kløver	Minnesota Duluth	SCR
--	Grant Pulver	Minnesota Duluth	SCR

Men 3000 Meter Run

=====

NSIC Record:	\$ 8:16.97	2017	Glen Ellingson, Augustana
'17 Champion:	8:16.97		Glen Ellingson, Augustana
	8:06.36	AUTO	
	8:24.32	PROV	

Name	Year	School	Finals
1		Mason Phillips	Sioux Falls 8:28.37
2		Bashir Aidrus	SW Minnesota 8:32.89
3		Derek Myers	University of Mary 8:32.91
4		Steven Brown	Sioux Falls 8:33.69
5		Luke Lahr	Minnesota Duluth 8:36.68
6		Cody Sedbrook	Minnesota Duluth 8:37.38
7		Skylar DeJong	Augustana 8:38.35
8		Henry Jessen	Minnesota Duluth 8:41.84
9		Aaron Runge	Augustana 8:43.31
10		Wyatt McLeod	Augustana 8:43.35
11		Logan Burns	Augustana 8:44.96
12		Alec Kray	Augustana 8:48.31
13		Caleb Burke	Minnesota State 8:48.74
14		Cole Oslin	Concordia-St. Paul 8:49.83
15		Isaac Overmyer	Minnesota Duluth 8:54.04
16		Caleb Troe	Concordia-St. Paul 8:55.15
17		Nick Marshall	Msu-Moorhead 8:57.25
18		Owen Smalley	Minnesota Duluth 8:58.79
19		Julian Manley	Minnesota State 8:59.53
20		Blake Anderson	Minnesota Duluth 9:00.86
21		Nick Lawson	Sioux Falls 9:01.39
22		Sean Heaton	Augustana 9:04.37
23		Clay Danielson	Northern State 9:15.37
24		Braydon Kubat	Minnesota Duluth 9:19.53
25		Kendall Hill	Minnesota Duluth 9:41.76

Men 5000 Meter Run

=====

NSIC Record:	\$ 14:39.66	2017	Glen Ellingson, Augustana
'17 Champion:	14:39.66		Glen Ellingson, Augustana
	14:06.70	AUTO	
	14:42.70	PROV	

Name	Year	School	Finals	H#
1		Bashir Aidrus	SW Minnesota 14:33.86\$PROV	2
2		Derek Myers	University of Mary 14:37.13\$PROV	2
3		Cody Sedbrook	Minnesota Duluth 14:47.61	2

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....Men 5000 Meter Run

4	Henry Jessen	Minnesota Duluth	14:48.43	2
5	Luke Lahr	Minnesota Duluth	14:55.58	2
6	Aaron Runge	Augustana	14:59.64	2
7	Steven Brown	Sioux Falls	15:02.47	2
8	Caleb Troe	Concordia-St. Paul	15:02.94	2
9	Mason Phillips	Sioux Falls	15:06.23	1
10	Caleb Burke	Minnesota State	15:13.00	1
11	Isaac Overmyer	Minnesota Duluth	15:18.36	2
12	Cole Oslin	Concordia-St. Paul	15:18.73	2
13	Sean Heaton	Augustana	15:20.12	2
14	Zach Lundberg	Sioux Falls	15:23.19	1
15	Logan Burns	Augustana	15:24.75	1
16	Skylar DeJong	Augustana	15:25.70	2
17	Creighton Barrett	University of Mary	15:28.19	2
18	Julian Manley	Minnesota State	15:31.13	1
19	Josh Peterson	Minnesota Duluth	15:38.05	2
20	Blake Anderson	Minnesota Duluth	15:39.24	1
21	Nick Lawson	Sioux Falls	15:45.64	1
22	Chase Hamilton	SW Minnesota	15:45.98	1
23	Tanner Peltier	Northern State	15:50.60	1
24	Peyton Holmes	Concordia-St. Paul	15:53.00	2
25	Josh Liester	Sioux Falls	15:56.10	1
26	Owen Smalley	Minnesota Duluth	15:56.68	1
27	Braydon Kubat	Minnesota Duluth	15:59.75	1
28	Jack Doughty	Wayne State	16:01.71	1
29	Zeke Green	Concordia-St. Paul	16:03.67	1
30	Nick Marshall	Msu-Moorhead	16:09.64	1
31	Isaias Solorio	Wayne State	16:37.18	1
32	Devan Shumway	Minot State	16:42.31	1
33	Steven Porter	Minot State	16:46.35	1
34	Scott Burazin	Concordia-St. Paul	17:11.55	1
--	Alec Kray	Augustana	DNS	1
--	Kendall Hill	Minnesota Duluth	DNS	1

Men 60 Meter Hurdles

NSIC Record:	\$ 7.69	2016	Myles Hunter, Minnesota State
'17 Champion:	8.13		Teddy Frid, Sioux Falls
	7.90	AUTO	
	8.24	PROV	

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1		Sydne Davis	Minnesota State	7.97QPROV 1
2		Paul Meloche	Augustana	8.21QPROV 2
3		Robert Sullivan	Wayne State	8.33Q 3
4		Logan Bristol	Minnesota State	8.32q 2
5		Zach Sweep	Msu-Moorhead	8.34q 3
6		Marceau Jovin	University of Mary	8.35q 3
7		Habib Jallow	Wayne State	8.40q 3
8		Bryce Malsam	Northern State	8.45q 1
9		Eneji Obami	Minnesota State	8.46 2 8.460
10		Logan Rubeck	Minnesota Duluth	8.47 2 8.461
11		Jacob Lackas	Northern State	8.51 2

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....Men 60 Meter Hurdles

12	Dylon Van't Hof	Augustana	8.52	1
13	Jacob Morse	Sioux Falls	8.67	1
14	Evan Ward	Augustana	8.70	1
15	Preston Davis	Wayne State	8.75	2
16	Kyle Lowe	Wayne State	8.76	1
17	Matt Dahlson	Msu-Moorhead	8.81	3
18	Eric Chromy	Minnesota Duluth	8.86	3
19	Sam Wiechman	Minnesota Duluth	9.03	1
20	Allen Arauz	Wayne State	9.39	2

Men 60 Meter Hurdles

NSIC Record: \$ 7.69 2016 Myles Hunter, Minnesota State
 '17 Champion: 8.13 Teddy Frid, Sioux Falls
 7.90 AUTO
 8.24 PROV

Name	Year	School	Finals
------	------	--------	--------

Finals

1	Sydne Davis	Minnesota State	7.97	PROV
2	Paul Meloche	Augustana	8.21	PROV
3	Marceau Jovin	University of Mary	8.24	PROV
4	Logan Bristol	Minnesota State	8.26	
5	Zach Sweep	Msu-Moorhead	8.38	
6	Habib Jallow	Wayne State	8.39	
7	Bryce Malsam	Northern State	8.45	
8	Robert Sullivan	Wayne State	8.46	

Men 4x400 Meter Relay

NSIC Record: \$ 3:18.21 2017 , MSU Mankato
 J.Schuster,T.Ogren,I.Pitchford,M.Dennis
 '17 Champion: 3:18.29 , Minnesota State
 Schuster,Ogren,Pitchford,Dennis
 3:12.36 AUTO
 3:17.19 PROV

School	Finals	H#
--------	--------	----

1	Minnesota State	3:20.05	2
	1) Tanner Ogren	2) John Schuster	
	3) Morris Dennis	4) Isaiah Pitchford	
2	Augustana	3:20.45	2
	1) Alex Woods	2) Ryan Stiles	
	3) Austin Miller	4) Josh Barrows	
3	Wayne State	3:22.06	1
	1) Derek Lahm	2) Preston Davis	
	3) Clay Kramper	4) Habib Jallow	
4	Minnesota Duluth	3:22.41	2
	1) Connor Behm	2) Alex Kulzer	
	3) Ryan Tolkinen	4) Austin Carlson	
5	Northern State	3:22.70	2
	1) Itoitz Rodriguez	2) Kelson Brewer	
	3) Romario Thomas	4) Luke Wietgreffe	
6	Concordia-St. Paul	3:23.08	2

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....Men 4x400 Meter Relay

1) Andrew Leck	2) Desmond Bassett	
3) Benjamin Allen	4) Vantwon Melton	
7 University of Mary		3:23.60 2
1) Josh Wulfekuhle	2) Austin Lucero	
3) Rion Szatkowski	4) Logan Myers	
8 Msu-Moorhead		3:27.61 1
1) Evan Carlson	2) Tobias Boegel	
3) Jacob Minnick	4) Alex Vollen	
9 Sioux Falls		3:28.35 1
1) Tyler Slaba	2) Billy Beseman	
3) Jase Kraft	4) Logan Hansen	
10 Minot State		3:30.47 1
1) Josh Drew	2) Colin Olson	
3) Daniel Daffinrud	4) Dante Gadbois	
11 Southwest Minnesota State		3:33.97 1
1) Jake Evans	2) Hever Valenzuela	
3) Chase Hamilton	4) Zach Jones	

Men Distance Medley

=====

NSIC Record: \$	10:14.37	2013	, Minnesota Duluth
			T.Stevens,D.Badhwa,S.Urban,C.Toepfer
'17 Champion:	10:22.30		, Sioux Falls
			Beseman,Frid,Parsons,Phillips
	9:47.89	AUTO	
	10:05.36	PROV	

School Finals

=====

1 Augustana		10:11.86\$
1) Zach Tuschen	2) Ryan Stiles	
3) Josh Barrows	4) Austin Miller	
2 Sioux Falls		10:15.20
1) Billy Beseman	2) Tyler Slaba	
3) Logan Hansen	4) Jase Kraft	
3 Minnesota Duluth		10:22.24
1) Christian Leonard	2) Ryan Tolkinen	
3) Nathan Comer	4) Josh Peterson	
4 Concordia-St. Paul		10:22.29
1) Peyton Holmes	2) Andrew Leck	
3) Spencer Bergen	4) Benjamin Allen	
5 University of Mary		10:27.02
1) Samuel Wilke	2) Teegan Olson	
3) Austin Lucero	4) Harrison Bentzel	
6 Southwest Minnesota State		10:27.46
1) Chase Hamilton	2) Jake Evans	
3) Hever Valenzuela	4) Bashir Aidrus	
7 Minnesota State		10:29.01
1) Jacob Wahlers	2) Dalton Bialke	
3) Andrew Ruiz	4) Austin Yardley	
8 Msu-Moorhead		10:35.71
1) Devin Deringer	2) Alex Vollen	
3) Brandon Selbig	4) Brady Speicher	
9 Northern State		10:50.19
1) Donovan Miller	2) Raekwon Robinson	

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....Men Distance Medley

3) Luke Wietgreffe	4) Adam Leach	
10 Wayne State		10:56.95
1) Nathan Pearson	2) Kyle Lowe	
3) Bryce Holcomb	4) Brock Hegarty	
11 Minot State		11:09.48
1) Colin Olson	2) Dante Gadbois	
3) Josh Drew	4) Devan Shumway	

Men High Jump

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=====
NSIC Record: $ 6-11.75 2013 Keyan Rudd, MSU Mankato
NSIC Record: $ 2.13m 2017 Jeff DeCock, MSU Mankato
'17 Champion: 6-11.75 Jeff DeCock, Minnesota State
                2.15m AUTO
                2.04m PROV
    
```

Name	Year	School	Finals	
1 Michael Sandle		Minnesota State	2.06m PROV	6-09.00
1.96 2.01 2.06 2.09				
0 0 0 XXX				
2 Jonas Matzen		Msu-Moorhead	2.06m PROV	6-09.00
1.86 1.91 1.96 2.01 2.06 2.09				
0 0 0 XXO 0 XXX				
3 Zach Sweep		Msu-Moorhead	2.01m	6-07.00
1.86 1.91 1.96 2.01 2.06				
XO XO XXO XO XXX				
4 Brian Huber		Msu-Moorhead	2.01m	6-07.00
1.91 1.96 2.01 2.06				
0 XXO XXO XXX				
5 Shenley Allen		University of Mary	1.96m	6-05.00
1.86 1.91 1.96 2.01				
XO 0 0 XXX				
6 Robert Sullivan		Wayne State	1.96m	6-05.00
1.96 2.01				
XO XXX				
7 Josh Johanson		Concordia-St. Paul	1.96m	6-05.00
1.86 1.91 1.96 2.01				
0 XO XXO XXX				
7 Jack Curtis		Minnesota State	1.96m	6-05.00
1.86 1.91 1.96 2.01				
XO 0 XXO XXX				
9 Logan Bristol		Minnesota State	1.91m	6-03.25
1.86 1.91 1.96				
0 XO XXX				
9 Sam Mackedanz		University of Mary	1.91m	6-03.25
1.86 1.91 1.96				
0 XO XXX				
11 Eli Anderson		Augustana	1.91m	6-03.25
1.86 1.91 1.96				
XO XO XXX				
12 Monte Meyerink		Northern State	1.91m	6-03.25
1.81 1.86 1.91 1.96				
0 0 XXO XXX				

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....Men High Jump

13	Jacob Minnick	Msu-Moorhead	1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	XO XXO XXO XXX			
14	Jack Lamb	University of Mary	1.86m	6-01.25
	1.86 1.91			
	O XXX			
14	Ian O'Connor	Minnesota Duluth	1.86m	6-01.25
	1.81 1.86 1.91			
	O O XXX			
14	Joseph Kirkebak	Sioux Falls	1.86m	6-01.25
	1.81 1.86 1.91			
	O O XXX			
17	Tyler Wanous	Minnesota Duluth	1.81m	5-11.25
	1.81 1.86			
	O XXX			
18	Logan Rubeck	Minnesota Duluth	1.81m	5-11.25
	1.81 1.86			
	XO XXX			
19	Bryce Malsam	Northern State	1.81m	5-11.25
	1.81 1.86			
	XXO XXX			
--	Andrew Johnson	Concordia-St. Paul	NH	
	1.81			
	XXX			
--	Alazae LeFaive	Northern State	NH	
	1.81			
	XXX			
--	Eric Chromy	Minnesota Duluth	NH	
	1.81			
	XXX			
--	Jakob Tordsen	Concordia-St. Paul	NH	
	1.81			
	XXX			

Men Pole Vault

NSIC Record: \$ 5.20m 2015 Scott Greenman, Sioux Falls
 '17 Champion: 16-11.50 Jagger Gran, Sioux Falls
 5.25m AUTO
 4.72m PROV

Name	Year	School	Finals
1 Dan Clark		Minnesota Duluth	4.86m PROV 15-11.25
	4.31 4.46 4.61 4.71 4.81 4.86 4.91		
	O O XO O XXO O XXX		
2 Connor DeJong		Sioux Falls	4.81m PROV 15-09.25
	4.46 4.61 4.71 4.81 4.86 4.91		
	O O XO XXO X XXX		
3 Drew Dockendorf		Concordia-St. Paul	4.61m 15-01.50
	4.31 4.46 4.61 4.71		
	O XXO XO XXX		
4 Jared Pflipsen		University of Mary	4.46m 14-07.50
	4.01 4.16 4.31 4.46 4.61		
	XXO O XO O XXX		

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....Men Pole Vault

5	Kelson Brewer	Northern State	4.46m	14-07.50
	4.01 4.16 4.31 4.46 4.61			
	0 XO XO XO XXX			
6	Jack Curtis	Minnesota State	4.46m	14-07.50
	4.01 4.16 4.31 4.46 4.61			
	0 0 0 XXO XXX			
7	Derek Buchman	Msu-Moorhead	4.31m	14-01.75
	4.16 4.31 4.46			
	0 XO XXX			
8	Matt Pohlmann	Augustana	4.16m	13-07.75
	4.16 4.31			
	0 XXX			
8	Jacob Wiedrich	Northern State	4.16m	13-07.75
	4.01 4.16 4.31			
	0 0 XXX			
10	Calvin Buesgens	Minnesota State	4.16m	13-07.75
	4.01 4.16 4.31			
	XO 0 XXX			
10	Marshall Jeppeson	Concordia-St. Paul	4.16m	13-07.75
	4.01 4.16 4.31			
	XO 0 XXX			
12	Logan Rubeck	Minnesota Duluth	4.16m	13-07.75
	4.01 4.16 4.31			
	0 XXO XXX			
13	Bryce Malsam	Northern State	4.01m	13-01.75
	4.01 4.16			
	XO XXX			
14	Troy Hollinsworth	Augustana	4.01m	13-01.75
	4.01 4.16			
	XXO XXX			
--	Tristan Zawadzki	Sioux Falls	NH	
	4.46			
	XXX			
--	Zachary Burns	Northern State	NH	
	4.01			
	XXX			
--	Hoyt Zander	University of Mary	NH	
	4.01			
	XXX			
--	Chris Timm	Minnesota Duluth	NH	
	4.01			
	XXX			
--	Kyle Johnson	Minnesota State	DNS	

Men Long Jump

=====					
NSIC Record:	\$ 24-10.75	1981	Ed Stuart,	Minnesota Duluth	
'17 Champion:	24-09.75		Brian Huber,	MSU Moorhead	
		7.59m	AUTO		
		7.08m	PROV		
Name		Year	School	Finals	
=====					
1	Derek Lahm		Wayne State	7.22m PROV	23-08.25
	FOUL	7.01m	FOUL	6.95m	7.08m 7.22m

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....Men Long Jump

2	Keyshawn Davis			Minnesota State	7.11m	PROV	23-04.00
	6.95m	6.90m	FOUL	6.92m 6.78m 7.11m			
3	Luxon Glor			University of Mary	7.05m		23-01.75
	6.91m	6.89m	FOUL	7.05m FOUL 6.97m			
4	Brady Metz			Wayne State	7.01m		23-00.00
	FOUL	7.01m	FOUL	FOUL 7.00m FOUL			
5	Robert Sullivan			Wayne State	6.90m		22-07.75
	6.78m	6.81m	6.63m	FOUL 6.63m 6.90m			
6	LaJuan Preston			Concordia-St. Paul	6.80m		22-03.75
	6.40m	6.72m	6.80m	FOUL 6.59m FOUL			
7	Ryan Tolkinen			Minnesota Duluth	6.61m		21-08.25
	6.61m	6.34m	6.49m	6.50m 6.27m 6.47m			
8	Jake Carlson			Minnesota Duluth	6.58m		21-07.25
	6.33m	6.42m	6.58m	6.51m 6.41m 6.43m			
9	Jonas Matzen			Msu-Moorhead	6.54m		21-05.50
	6.45m	6.23m	6.54m	6.51m 6.41m 6.43m			
10	Evan Hagen			Sioux Falls	6.49m		21-03.50
	FOUL	6.18m	6.49m				
11	Talon Staudinger			University of Mary	6.47m		21-02.75
	6.47m	6.45m	6.45m				
11	Jack Lamb			University of Mary	6.47m		21-02.75
	6.32m	6.47m	FOUL				
13	Josh Johanson			Concordia-St. Paul	6.37m		20-10.75
	6.34m	6.37m	6.36m				
14	Andrew Johnson			Concordia-St. Paul	6.32m		20-09.00
	6.32m	5.98m	6.01m				
15	Zachary Busch			Northern State	6.19m		20-03.75
	6.16m	FOUL	6.19m				
16	Tyrell Rosencranz			University of Mary	6.16m		20-02.50
	FOUL	6.16m	6.09m				
17	Cameron Ramnarine			Minnesota State	6.12m		20-01.00
	FOUL	6.12m	6.11m				
18	Trey Tiefenthaler			Northern State	6.08m		19-11.50
	6.00m	6.08m	6.01m				
19	Austin Moser			Northern State	5.85m		19-02.50
	5.65m	5.67m	5.85m				
--	Sam Mackedanz			University of Mary	FOUL		
	FOUL	PASS	PASS				
--	Brian Huber			Msu-Moorhead	FOUL		
	FOUL	FOUL	FOUL				
--	Hayden Van Winkle			Minot State	SCR		

Men Triple Jump

=====							
NSIC Record:	\$	16.42m	2017	Michael Sandle, MSU Mankato			
'17 Champion:		53-10.50		Michael Sandle, Minnesota State			
		15.43m	AUTO				
		14.42m	PROV				
Name		Year	School		Finals		
=====							
1	Michael Sandle		Minnesota State		15.02m	PROV	49-03.50
	FOUL	15.02m	FOUL	PASS	PASS	PASS	
2	Beau Nutting		University of Mary		14.51m	PROV	47-07.25
	FOUL	13.32m	14.24m	FOUL	FOUL	14.51m	

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....Men Triple Jump

3	Brady Metz		Wayne State	14.39m	47-02.50
	13.84m	FOUL	14.37m	14.23m	FOUL 14.39m
4	Tyrell Rosencranz		University of Mary	14.28m	46-10.25
	13.93m	14.20m	14.28m	FOUL	FOUL FOUL
5	Victor Ogeka		Minnesota State	14.14m	46-04.75
	FOUL	13.95m	14.14m	13.59m	FOUL PASS
6	Shenley Allen		University of Mary	14.06m	46-01.50
	13.77m	14.06m	13.30m	12.93m	13.46m 13.57m
7	Luxon Glor		University of Mary	14.01m	45-11.75
	13.50m	14.01m	13.34m	PASS	PASS PASS
8	Trey Tiefenthaler		Northern State	13.96m	45-09.75
	FOUL	13.74m	13.63m	13.20m	13.96m 13.47m
9	Talon Staudinger		University of Mary	13.95m	45-09.25
	13.49m	13.58m	13.83m	13.39m	13.95m 13.85m
10	Isaiah Nelson		SW Minnesota	13.67m	44-10.25
	13.55m	13.67m	13.50m		
11	Jack Lamb		University of Mary	13.63m	44-08.75
	13.08m	13.63m	13.44m		
12	Garret Schleis		Minnesota Duluth	13.59m	44-07.00
	13.59m	13.12m	FOUL		
13	Cooper Wood		Sioux Falls	13.24m	43-05.25
	13.24m	13.13m	13.10m		
14	Tyler Berby		Msu-Moorhead	13.04m	42-09.50
	FOUL	FOUL	13.04m		
15	Jake Carlson		Minnesota Duluth	12.67m	41-07.00
	FOUL	FOUL	12.67m		
16	Cameron Ramnarine		Minnesota State	12.60m	41-04.25
	12.60m	FOUL	FOUL		
17	Josh Reider		Augustana	12.29m	40-04.00
	12.29m	FOUL	FOUL		
18	Logan Rubeck		Minnesota Duluth	12.04m	39-06.00
	12.02m	12.04m	FOUL		
19	Alazae LeFaive		Northern State	12.00m	39-04.50
	FOUL	11.86m	12.00m		
20	Andrew Johnson		Concordia-St. Paul	11.99m	39-04.00
	11.99m	11.86m	11.45m		

Men Shot Put

NSIC Record:	\$	19.48m	2014	Chris Reed, MSU Mankato
'17 Champion:		53-04.50		Brayn Caffin, Minnesota State
		17.97m	AUTO	
		15.92m	PROV	

Name	Year	School	Finals
1 Jayme LaPlante		Minnesota State	16.47m PROV 54-00.50
	15.65m	16.47m	FOUL FOUL 14.90m FOUL
2 Clint Treichel		Minnesota Duluth	16.27m PROV 53-04.50
	14.28m	FOUL 15.11m	FOUL FOUL 16.27m
3 Marcus Gustavson		Concordia-St. Paul	15.90m 52-02.00
	14.48m	15.37m	15.52m 15.54m 15.53m 15.90m
4 Jake Olson		Northern State	15.38m 50-05.50
	14.63m	14.03m	14.36m 14.58m 15.20m 15.38m

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....Men Shot Put

5	Anthony Huber	Augustana	15.35m	50-04.50
	FOUL 15.35m 15.23m FOUL 14.58m 15.14m			
6	Tanner Berg	Northern State	15.35m	50-04.50
	14.63m 14.87m 15.35m 14.44m 15.13m FOUL			
7	Bedale Naba	Minnesota State	15.33m	50-03.50
	15.01m 13.83m FOUL 15.33m 14.84m 14.97m			
8	Jayle Hinkle	Wayne State	15.12m	49-07.25
	14.28m 14.77m 14.37m 14.14m 14.64m 15.12m			
9	Thomas Hutchinson	Concordia-St. Paul	14.84m	48-08.25
	FOUL 14.20m 14.65m FOUL 14.14m 14.84m			
10	Derrick Sheppard	Sioux Falls	14.54m	47-08.50
	14.54m FOUL FOUL			
11	Chandler Nelson	Sioux Falls	14.33m	47-00.25
	FOUL 14.33m 14.23m			
12	Hunter Hanson	University of Mary	14.28m	46-10.25
	14.28m 13.75m 13.50m			
13	Josh Behning	SW Minnesota	14.24m	46-08.75
	FOUL 14.24m FOUL			
14	Bryce LeBlanc	Northern State	14.05m	46-01.25
	FOUL 14.05m 13.67m			
15	Samuel Udermann	Minnesota State	14.03m	46-00.50
	13.15m 14.03m FOUL			
16	Logan Gelineau	Minnesota Duluth	13.98m	45-10.50
	13.95m 13.98m 13.79m			
17	Tyson Lytle	University of Mary	13.91m	45-07.75
	FOUL 13.32m 13.91m			
18	Adam Miller	Concordia-St. Paul	13.80m	45-03.50
	13.63m 13.80m FOUL			
19	Macen Andrus	Northern State	13.73m	45-00.50
	13.73m 13.73m 13.29m			
20	Chase Davies	Minnesota Duluth	13.47m	44-02.50
	13.12m 13.24m 13.47m			
21	Connor McCormick	Minnesota State	13.47m	44-02.50
	12.84m 13.47m FOUL			
22	Eric Johnson	Concordia-St. Paul	12.98m	42-07.00
	12.98m 12.96m 12.29m			
23	Preston Mayer	Minot State	12.75m	41-10.00
	FOUL 12.53m 12.75m			
24	Connor Wigand	SW Minnesota	12.43m	40-09.50
	FOUL 12.43m FOUL			
25	Calvin Buesgens	Minnesota State	12.02m	39-05.25
	11.58m 11.45m 12.02m			

Men Weight Throw

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NSIC Record: \$ 21.01m 2012 Ross Bunchek, Wayne State
 '17 Champion: 61-09.75 Derrick Sheppard, Sioux Falls
 17.46m AUTO
 17.46m PROV

Name	Year	School	Finals
1 Anthony Huber		Augustana	19.43m AUTO 63-09.00
		15.28m 17.39m FOUL FOUL 19.43m 18.17m	

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2	Tanner Berg		Northern State	19.19m	AUTO	62-11.50
	17.66m	FOUL	FOUL	FOUL	18.31m	19.19m
3	Samuel Udermann		Minnesota State	18.01m	AUTO	59-01.25
	17.68m	17.49m	18.01m	17.89m	17.71m	FOUL
4	Jacob Hatfield		Minot State	17.98m	AUTO	59-00.00
	17.47m	17.92m	17.98m	FOUL	17.80m	17.88m
5	Victor Abonyi		Minot State	16.68m		54-08.75
	16.24m	FOUL	15.74m	FOUL	16.68m	16.58m
6	Ashanti Payne		SW Minnesota	16.67m		54-08.25
	16.44m	FOUL	16.67m	15.85m	16.19m	16.60m
7	Richard Sweeney		Wayne State	16.64m		54-07.25
	16.29m	15.85m	16.60m	16.60m	16.64m	FOUL
8	Nasru Wado		Concordia-St. Paul	16.62m		54-06.50
	16.21m	15.45m	16.50m	15.86m	FOUL	16.62m
9	Clint Treichel		Minnesota Duluth	16.08m		52-09.25
	16.08m	FOUL	FOUL	14.72m	FOUL	15.87m
10	Derrick Sheppard		Sioux Falls	16.03m		52-07.25
	16.03m	15.68m	15.78m			
11	Connor McCormick		Minnesota State	16.02m		52-06.75
	14.58m	15.82m	16.02m			
12	Jayme LaPlante		Minnesota State	15.96m		52-04.50
	15.58m	15.96m	FOUL			
13	Dylan Kaup		Wayne State	15.94m		52-03.75
	15.94m	FOUL	15.56m			
14	Jake Olson		Northern State	15.85m		52-00.00
	15.85m	15.79m	FOUL			
15	Kevin Hodges		Minot State	15.84m		51-11.75
	15.84m	FOUL	15.70m			
16	Christian Gruschin		Sioux Falls	15.81m		51-10.50
	FOUL	15.81m	FOUL			
16	Matthew Nemec		Wayne State	15.81m		51-10.50
	15.81m	15.27m	FOUL			
18	Tanner Gust		Minot State	15.74m		51-07.75
	14.74m	15.37m	15.74m			
19	Chandler Nelson		Sioux Falls	15.53m		50-11.50
	15.12m	FOUL	15.53m			
20	Cole Christoffersen		Wayne State	15.37m		50-05.25
	14.78m	15.37m	FOUL			
21	Josh Behning		SW Minnesota	15.23m		49-11.75
	14.81m	15.23m	FOUL			
22	Gage Rayman		Northern State	15.19m		49-10.00
	14.39m	15.19m	14.96m			
23	Bryce LeBlanc		Northern State	14.54m		47-08.50
	13.53m	13.96m	14.54m			
24	Patrick Hagan		Sioux Falls	14.40m		47-03.00
	14.04m	14.40m	14.20m			
24	Bedale Naba		Minnesota State	14.40m		47-03.00
	14.40m	13.96m	14.03m			
26	Jonathon Kremer		Northern State	14.12m		46-04.00
	13.64m	13.70m	14.12m			
27	Logan Gelineau		Minnesota Duluth	14.10m		46-03.25
	14.10m	FOUL	FOUL			
28	Connor Wigand		SW Minnesota	14.04m		46-00.75
	13.42m	13.59m	14.04m			

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....Men Weight Throw

29	Dillon Lubischer	Wayne State	13.26m	43-06.00
	13.26m 12.52m 12.72m			
30	Chase Davies	Minnesota Duluth	12.89m	42-03.50
	FOUL 12.89m 12.79m			
31	Macen Andrus	Northern State	12.87m	42-02.75
	12.70m FOUL 12.87m			

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year School	Finals	H#	Points	
1	Jack Curtis	Minnesota State	7.14	2	833
2	Derek Lahm	Wayne State	7.18	1	819
2	Calvin Buesgens	Minnesota State	7.18	2	819
4	Logan Bristol	Minnesota State	7.19	2	816
5	Robert Sullivan	Wayne State	7.40	1	745
6	Bryce Malsam	Northern State	7.44	2	732
7	Kelson Brewer	Northern State	7.46	2	726
8	Josh Johanson	Concordia-St. Paul	7.50	2	713
9	Jonas Matzen	Msu-Moorhead	7.52	2	706
10	Jackson Penner	University of Mary	7.54	1	700
11	Logan Rubeck	Minnesota Duluth	7.57	1	690
12	Jordan Swango	University of Mary	7.61	1	678
13	Eric Chromy	Minnesota Duluth	7.66	1	662
14	Jacob Minnick	Msu-Moorhead	7.68	1	656
15	Jakob Tordsen	Concordia-St. Paul	7.85	1	604

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year School	Finals	Points	
1	Derek Lahm	Wayne State	2:42.76	843
2	Jackson Penner	University of Mary	2:43.45	835
3	Jonas Matzen	Msu-Moorhead	2:43.63	833
4	Josh Johanson	Concordia-St. Paul	2:45.13	817
5	Kelson Brewer	Northern State	2:47.25	795
6	Logan Rubeck	Minnesota Duluth	2:48.68	779
7	Jack Curtis	Minnesota State	2:51.10	754
8	Jacob Minnick	Msu-Moorhead	2:51.41	751
9	Jordan Swango	University of Mary	2:52.77	737
10	Calvin Buesgens	Minnesota State	2:56.68	697
11	Robert Sullivan	Wayne State	2:57.78	686
12	Bryce Malsam	Northern State	3:02.36	641
13	Jakob Tordsen	Concordia-St. Paul	3:05.11	615
14	Logan Bristol	Minnesota State	3:08.79	581
15	Eric Chromy	Minnesota Duluth	3:19.17	489

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points	
1	Robert Sullivan	Wayne State	8.47	4	867
2	Logan Bristol	Minnesota State	8.54	4	851
3	Logan Rubeck	Minnesota Duluth	8.57	4	843

2018 NSIC Track and Field Indoor Championship - 2/11/2018 to 2/24/2018**Hosted by Minnesota State Mankato****Myers Fieldhouse****Results****....Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

4	Bryce Malsam	Northern State	8.68	4	818
5	Jack Curtis	Minnesota State	8.80	3	791
5	Josh Johanson	Concordia-St. Paul	8.80	3	791
7	Derek Lahm	Wayne State	8.88	2	772
8	Jonas Matzen	Msu-Moorhead	8.95	2	757
9	Eric Chromy	Minnesota Duluth	9.02	3	741
10	Kelson Brewer	Northern State	9.10	2	724
11	Jackson Penner	University of Mary	9.31	1	679
12	Jordan Swango	University of Mary	9.64	1	611
13	Jakob Tordsen	Concordia-St. Paul	9.66	1	607
14	Jacob Minnick	Msu-Moorhead	10.07	1	528
15	Calvin Buesgens	Minnesota State	10.75	3	408

Heptathlon: #4 Men High Jump Heptathlon

Name	Year School	Finals	Points
1	Robert Sullivan	Wayne State	2.04m 6-08.25 840
2	Jonas Matzen	Msu-Moorhead	2.01m 6-07.00 813
3	Jack Curtis	Minnesota State	1.98m 6-06.00 785
4	Bryce Malsam	Northern State	1.95m 6-04.75 758
5	Josh Johanson	Concordia-St. Paul	1.92m 6-03.50 731
6	Jordan Swango	University of Mary	1.89m 6-02.25 705
7	Jakob Tordsen	Concordia-St. Paul	1.86m 6-01.25 679
7	Logan Rubeck	Minnesota Duluth	1.86m 6-01.25 679
7	Jackson Penner	University of Mary	1.86m 6-01.25 679
10	Jacob Minnick	Msu-Moorhead	1.83m 6-00.00 653
10	Logan Bristol	Minnesota State	1.83m 6-00.00 653
12	Calvin Buesgens	Minnesota State	1.74m 5-08.50 577
12	Derek Lahm	Wayne State	1.74m 5-08.50 577
14	Eric Chromy	Minnesota Duluth	1.71m 5-07.25 552
15	Kelson Brewer	Northern State	1.68m 5-06.00 528

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year School	Finals	Points
1	Jack Curtis	Minnesota State	4.40m 14-05.25 731
2	Kelson Brewer	Northern State	4.30m 14-01.25 702
2	Bryce Malsam	Northern State	4.30m 14-01.25 702
2	Logan Rubeck	Minnesota Duluth	4.30m 14-01.25 702
5	Robert Sullivan	Wayne State	4.10m 13-05.25 645
6	Jacob Minnick	Msu-Moorhead	4.00m 13-01.50 617
6	Calvin Buesgens	Minnesota State	4.00m 13-01.50 617
8	Logan Bristol	Minnesota State	3.90m 12-09.50 590
8	Derek Lahm	Wayne State	3.90m 12-09.50 590
10	Jonas Matzen	Msu-Moorhead	3.80m 12-05.50 562
11	Josh Johanson	Concordia-St. Paul	3.70m 12-01.50 535
12	Eric Chromy	Minnesota Duluth	3.60m 11-09.75 509
13	Jackson Penner	University of Mary	3.50m 11-05.75 482
14	Jordan Swango	University of Mary	3.20m 10-06.00 406
14	Jakob Tordsen	Concordia-St. Paul	3.20m 10-06.00 406

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Heptathlon: #3 Men Long Jump Heptathlon

Name	Year School	Finals	Points
1 Derek Lahm	Wayne State	7.13m 23-04.75	845
2 Robert Sullivan	Wayne State	6.86m 22-06.25	781
3 Jonas Matzen	Msu-Moorhead	6.54m 21-05.50	707
4 Bryce Malsam	Northern State	6.44m 21-01.50	684
5 Josh Johanson	Concordia-St. Paul	6.43m 21-01.25	682
6 Jordan Swango	University of Mary	6.36m 20-10.50	666
7 Jackson Penner	University of Mary	6.28m 20-07.25	648
8 Logan Rubeck	Minnesota Duluth	6.24m 20-05.75	639
9 Jack Curtis	Minnesota State	6.16m 20-02.50	621
10 Calvin Buesgens	Minnesota State	6.13m 20-01.50	615
11 Logan Bristol	Minnesota State	6.04m 19-09.75	595
12 Eric Chromy	Minnesota Duluth	5.93m 19-05.50	571
13 Jakob Tordsen	Concordia-St. Paul	5.89m 19-04.00	563
14 Jacob Minnick	Msu-Moorhead	5.86m 19-02.75	556
15 Kelson Brewer	Northern State	5.80m 19-00.50	544

Heptathlon: #2 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 Robert Sullivan	Wayne State	12.52m 41-01.00	638
2 Calvin Buesgens	Minnesota State	12.45m 40-10.25	634
3 Derek Lahm	Wayne State	12.18m 39-11.50	617
4 Jacob Minnick	Msu-Moorhead	11.49m 37-08.50	575
5 Josh Johanson	Concordia-St. Paul	11.02m 36-02.00	547
6 Jack Curtis	Minnesota State	11.00m 36-01.25	546
7 Jakob Tordsen	Concordia-St. Paul	10.91m 35-09.50	540
8 Logan Rubeck	Minnesota Duluth	10.90m 35-09.25	540
9 Eric Chromy	Minnesota Duluth	10.87m 35-08.00	538
10 Bryce Malsam	Northern State	10.40m 34-01.50	510
11 Jordan Swango	University of Mary	10.24m 33-07.25	500
12 Jonas Matzen	Msu-Moorhead	10.04m 32-11.25	488
13 Jackson Penner	University of Mary	10.02m 32-10.50	487
14 Kelson Brewer	Northern State	9.91m 32-06.25	480
15 Logan Bristol	Minnesota State	9.56m 31-04.50	459

Men Heptathlon

NSIC Record: \$	5276	2013	Nathan Hancock, MSU Mankato
'17 Champion:	5141		Robert Sullivan, Wayne State
	6471	PROV	
	5332	AUTO	

Name	Year School	Finals
1 Robert Sullivan	Wayne State	5202.00
2 Derek Lahm	Wayne State	5063.00
3 Jack Curtis	Minnesota State	5061.00
4 Logan Rubeck	Minnesota Duluth	4872.00
5 Jonas Matzen	Msu-Moorhead	4866.00
6 Bryce Malsam	Northern State	4845.00
7 Josh Johanson	Concordia-St. Paul	4816.00
8 Logan Bristol	Minnesota State	4545.00

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....Men Heptathlon

9	Jackson Penner	University of Mary	4510.00
10	Kelson Brewer	Northern State	4499.00
11	Calvin Buesgens	Minnesota State	4367.00
12	Jacob Minnick	Msu-Moorhead	4336.00
13	Jordan Swango	University of Mary	4303.00
14	Eric Chromy	Minnesota Duluth	4062.00
15	Jakob Tordsen	Concordia-St. Paul	4014.00

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 Women - Team Rankings - 19 Events Scored
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1)	University of Mary	150	2)	Minnesota State	123.50
3)	Augustana	87	4)	Minnesota Duluth	81
5)	Winona State	70.50	6)	Sioux Falls	44
7)	Northern State	37	8)	Concordia-St. Paul	34.50
9)	Wayne State	34	10)	St. Cloud State	28
11)	MSU-Moorhead	27.50	12)	Upper Iowa	9
13)	Bemidji State	8	14)	Southwest Minnesota State	7

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 Men - Team Rankings - 19 Events Scored
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1)	Minnesota State	184.50	2)	University of Mary	88
3)	Sioux Falls	75	3)	Minnesota Duluth	75
5)	Augustana	69.50	6)	Wayne State	68
7)	MSU-Moorhead	57	8)	Concordia-St. Paul	49.50
9)	Northern State	41.50	10)	Southwest Minnesota State	24
11)	Minot State	9			