

Overall Finish List

Men

Men's 8K

Place	Score	Bib No	Name	Team	Grade	----- Splits -----		Finish Time	Pace
						Split	Finis		
1	1	71	Luke Lahr	Minnesota-Duluth	SR	12:34	25:03	25:03.9	3:08/K
2	2	78	Isaac Overmyer	Minnesota-Duluth	SR	12:34	25:05	25:05.2	3:08/K
3	3	151	Daniel Heschuk	U of Manitoba		12:29	25:11	25:11.1	3:09/K
4	4	117	Tim Heikkila	North Dakota State	SO	12:30	25:14	25:14.7	3:09/K
5	5	145	Simon Berube	U of Manitoba		12:35	25:26	25:26.8	3:11/K
6	6	113	Alex Bartholomay	North Dakota State	SO	12:34	25:31	25:31.4	3:11/K
7	7	119	Camron Roehl	North Dakota State	SR	12:50	25:48	25:48.5	3:14/K
8	8	121	Connor Schank	North Dakota State	JR	12:48	25:50	25:50.2	3:14/K
9	9	94	Connor Danielson	North Dakota	SR	12:47	25:55	25:55.0	3:14/K
10	10	131	Evan Fick	South Dakota St.	SO	12:51	25:55	25:55.1	3:14/K
11	11	135	Ben Olson	South Dakota St.	FR	12:50	25:56	25:56.0	3:15/K
12	12	130	Alexander Auch	South Dakota St.	FR	12:50	25:59	25:59.0	3:15/K
13	13	154	Deric Kornelson	U of Manitoba		12:58	26:05	26:05.7	3:16/K
14	DNS	164	Scott Kvidera	Unattached		12:57	26:06	26:06.5	3:16/K
15	DNS	166	Josh Mower	Unattached		13:04	26:08	26:08.1	3:16/K
16	14	116	Jakob Hanna	North Dakota State	FR	12:51	26:12	26:12.7	3:17/K
17	15	69	Jake Kluver	Minnesota-Duluth	JR	12:59	26:14	26:14.8	3:17/K
18	16	70	Braydon Kubat	Minnesota-Duluth	SO	12:59	26:20	26:20.3	3:18/K
19	17	115	Keiser Freetly	North Dakota State	FR	12:57	26:23	26:23.9	3:18/K
20	18	136	Michael Schwinghamer	South Dakota St.	FR	12:37	26:27	26:27.6	3:18/K
21	DNS	168	Josh Samyn	Unattached		12:58	26:30	26:30.3	3:19/K
22	19	123	Kurt TeBeest	North Dakota State	SO	13:05	26:34	26:34.2	3:19/K
23	20	133	Chandler Klawitter	South Dakota St.	JR	13:00	26:35	26:35.8	3:19/K
24	21	146	Connor Boyd	U of Manitoba		13:03	26:44	26:44.3	3:21/K
25	22	67	Kendall Hill	Minnesota-Duluth	JR	13:08	26:45	26:45.1	3:21/K
26	23	79	Owen Smalley	Minnesota-Duluth	SO	13:05	26:47	26:47.1	3:21/K
27	24	45	Eric Wicklund	Concordia-Moorhead	JR	13:10	26:51	26:51.8	3:21/K
28	25	159	Michael Wood	U of Manitoba		13:03	26:52	26:52.8	3:22/K
29	26	132	Sam Ivanecky	South Dakota St.	JR	13:03	26:53	26:53.4	3:22/K
30	27	155	Nickolas Kosmenko	U of Manitoba		13:18	26:57	26:57.1	3:22/K
31	28	74	Cole Lebourgeois	Minnesota-Duluth	SO	13:16	27:00	27:00.1	3:23/K
32	(> 7)	114	Isaac Berg	North Dakota State	SO	13:03	27:04	27:04.5	3:23/K
33	29	149	Matthew Exner	U of Manitoba		13:43	27:10	27:10.6	3:24/K
34	(> 7)	75	Christian Leonard	Minnesota-Duluth	SO	13:37	27:12	27:12.4	3:24/K
35	(> 7)	81	Matthew Trutna	Minnesota-Duluth	FR	13:34	27:12	27:12.9	3:24/K
36	(> 7)	80	Jonathan Tostenson	Minnesota-Duluth	FR	13:34	27:13	27:13.9	3:24/K
37	30	101	Cole Stenseth	North Dakota	FR	13:25	27:15	27:15.6	3:24/K
38	31	35	Nolan Christenson	Concordia-Moorhead	FR	13:36	27:16	27:16.4	3:25/K
39	(> 7)	153	Rehno Kipkemboi	U of Manitoba		13:25	27:16	27:16.8	3:25/K
40	(> 7)	77	Ethan Olson	Minnesota-Duluth	FR	13:33	27:22	27:22.8	3:25/K
41	32	37	Connor Haugrud	Concordia-Moorhead	SO	13:39	27:27	27:27.4	3:26/K
42	(> 7)	73	Nick Lawson	Minnesota-Duluth	SR	13:35	27:29	27:29.0	3:26/K
43	(> 7)	64	Andrew Arthur	Minnesota-Duluth	FR	13:35	27:37	27:37.2	3:27/K
44	(> 7)	76	Wyatt Midtvedt	Minnesota-Duluth	JR	13:40	27:40	27:40.3	3:28/K
45	33	95	Timothy Dunham	North Dakota	FR	13:33	27:41	27:41.0	3:28/K
46	34	96	Zachary King	North Dakota	FR	13:44	27:47	27:47.8	3:28/K
47	35	97	Connor McMannes	North Dakota	SO	13:42	27:48	27:48.6	3:29/K

Overall Finish List**Men****Men's 8K**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>----- Splits -----</u>		<u>Finish</u>	<u>Pace</u>
						<u>Split</u>	<u>Finis</u>		
48	36	102	Michael Trost	North Dakota	FR	13:34	27:49	27:49.0	3:29/K
49	(> 7)	152	Darian Hole	U of Manitoba		13:41	27:53	27:53.2	3:29/K
50	(> 7)	148	Quinn Desrochers	U of Manitoba		13:05	27:54	27:54.7	3:29/K
51	(> 7)	66	Cole Fechner	Minnesota-Duluth	FR	13:47	27:59	27:59.3	3:30/K
52	(> 7)	65	Soren Dybing	Minnesota-Duluth	FR	13:37	28:15	28:15.5	3:32/K
53	37	98	Richard Osborn	North Dakota	FR	13:53	28:17	28:17.5	3:32/K
54	(> 7)	72	Jonathan Laughlin	Minnesota-Duluth	FR	13:50	28:18	28:18.7	3:32/K
55	(> 7)	150	Braedy Farmer	U of Manitoba		14:03	28:34	28:34.0	3:34/K
56	(> 7)	99	Matthew Russell	North Dakota	SO	13:57	28:41	28:41.7	3:35/K
57	DNS	167	Beau Brannan	Unattached		13:48	28:44	28:44.6	3:36/K
58	38	43	Olsen Pancoast	Concordia-Moorhead	JR	14:12	29:01	29:01.9	3:38/K
59	(> 7)	156	Thomas Penner	U of Manitoba		14:16	29:21	29:21.5	3:40/K
60	39	40	Michael Kraimer	Concordia-Moorhead	FR	14:22	29:32	29:32.1	3:42/K
61	40	46	Dan Wilson	Concordia-Moorhead	FR	14:28	29:47	29:47.8	3:43/K
62	41	41	Justin Kringler	Concordia-Moorhead	FR	14:38	29:56	29:56.0	3:45/K
63	(> 7)	68	Connor Janostin	Minnesota-Duluth	FR	14:27	30:01	30:01.0	3:45/K
64	DNS	158	John Cowman	Unattached		14:30	30:04	30:04.1	3:46/K
65	(> 7)	36	Tommy Froland	Concordia-Moorhead	JR	15:26	30:59	30:59.7	3:52/K
66	(> 7)	147	Alexander Brandt-Ganding	U of Manitoba	FR	15:26	31:05	31:05.8	3:53/K
67	(> 7)	157	Jesse Rosenthal	U of Manitoba		15:40	32:19	32:19.0	4:02/K
68	(> 7)	44	Leo Smith	Concordia-Moorhead	FR	14:08	32:26	32:26.7	4:03/K
69	(< 5)	12	Sam Jacob	Trinity Bible College	JR	16:02	32:44	32:44.2	4:06/K
70	(< 5)	14	Sam Maruszewski	Trinity Bible College	SO	16:51	35:03	35:03.9	4:23/K
71	(< 5)	17	Marcus Staley	Trinity Bible College	JR	17:29	35:54	35:54.6	4:29/K

Final Team Results**Men****Men's 8K**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - North Dakota State			Finish Position - 1				
Team Score (places): 39			Average Time: 2:54:35.0				
1	117 Tim Heikkila	SO	4	4	25:14.7	25:14.7	0:00.0
2	113 Alex Bartholomay	SO	6	10	25:31.4	50:46.1	0:16.7
3	119 Camron Roehl	SR	7	17	25:48.5	1:16:34.6	0:33.8
4	121 Connor Schank	JR	8	25	25:50.2	1:42:24.8	0:35.5
5	116 Jakob Hanna	FR	14	39	26:12.7	2:08:37.5	0:58.0
6	115 Keiser Freetly	FR	(17)	(56)	26:23.9	2:35:01.4	1:09.2
7	123 Kurt TeBeest	SO	(19)	(75)	26:34.2	3:01:35.6	1:19.5
8	114 Isaac Berg	SO	More Than 7		27:04.5	3:28:40.1	1:49.8

Team - Minnesota-Duluth			Finish Position - 2				
Team Score (places): 56			Average Time: 2:55:38.7				
1	71 Luke Lahr	SR	1	1	25:03.9	25:03.9	0:00.0
2	78 Isaac Overmyer	SR	2	3	25:05.2	50:09.1	0:01.3
3	69 Jake Kluver	JR	15	18	26:14.8	1:16:23.9	1:10.9
4	70 Braydon Kubat	SO	16	34	26:20.3	1:42:44.2	1:16.4
5	67 Kendall Hill	JR	22	56	26:45.1	2:09:29.3	1:41.2
6	79 Owen Smalley	SO	(23)	(79)	26:47.1	2:36:16.4	1:43.2
7	74 Cole Lebourgeois	SO	(28)	(107)	27:00.1	3:03:16.5	1:56.2
8	75 Christian Leonard	SO	More Than 7		27:12.4	3:30:28.9	2:08.5
9	81 Matthew Trutna	FR	More Than 7		27:12.9	3:57:41.8	2:09.0
10	80 Jonathan Tostenson	FR	More Than 7		27:13.9	4:24:55.7	2:10.0
11	77 Ethan Olson	FR	More Than 7		27:22.8	4:52:18.5	2:18.9
12	73 Nick Lawson	SR	More Than 7		27:29.0	5:19:47.5	2:25.1
13	64 Andrew Arthur	FR	More Than 7		27:37.2	5:47:24.7	2:33.3
14	76 Wyatt Midtvedt	JR	More Than 7		27:40.3	6:15:05.0	2:36.4
15	66 Cole Fechner	FR	More Than 7		27:59.3	6:43:04.3	2:55.4
16	65 Soren Dybing	FR	More Than 7		28:15.5	7:11:19.8	3:11.6
17	72 Jonathan Laughlin	FR	More Than 7		28:18.7	7:39:38.5	3:14.8
18	68 Connor Janostin	FR	More Than 7		30:01.0	8:09:39.5	4:57.1

Team - U of Manitoba			Finish Position - 3				
Team Score (places): 67			Average Time: 3:00:41.5				
1	151 Daniel Heschuk		3	3	25:11.1	25:11.1	0:00.0
2	145 Simon Berube		5	8	25:26.8	50:37.9	0:15.7
3	154 Deric Kornelson		13	21	26:05.7	1:16:43.6	0:54.6
4	146 Connor Boyd		21	42	26:44.3	1:43:27.9	1:33.2
5	159 Michael Wood		25	67	26:52.8	2:10:20.7	1:41.7
6	155 Nickolas Kosmenko		(27)	(94)	26:57.1	2:37:17.8	1:46.0
7	149 Matthew Exner		(29)	(123)	27:10.6	3:04:28.4	1:59.5
8	153 Rehno Kipkemboi		More Than 7		27:16.8	3:31:45.2	2:05.7
9	152 Darian Hole		More Than 7		27:53.2	3:59:38.4	2:42.1

Final Team Results**Men****Men's 8K**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - U of Manitoba			Finish Position - 3				
Team Score (places): 67			Average Time: 3:00:41.5				
10	148 Quinn Desrochers		More Than 7		27:54.7	4:27:33.1	2:43.6
11	150 Braedy Farmer		More Than 7		28:34.0	4:56:07.1	3:22.9
12	156 Thomas Penner		More Than 7		29:21.5	5:25:28.6	4:10.4
13	147 Alexander Brandt-Ganding	FR	More Than 7		31:05.8	5:56:34.4	5:54.7
14	157 Jesse Rosenthal		More Than 7		32:19.0	6:28:53.4	7:07.9

Team - South Dakota St.**Finish Position - 4**

Team Score (places): 71

Average Time: 2:61:07.0

1	131 Evan Fick	SO	10	10	25:55.1	25:55.1	0:00.0
2	135 Ben Olson	FR	11	21	25:56.0	51:51.1	0:00.9
3	130 Alexander Auch	FR	12	33	25:59.0	1:17:50.1	0:03.9
4	136 Michael Schwinghamer	FR	18	51	26:27.6	1:44:17.7	0:32.5
5	133 Chandler Klawitter	JR	20	71	26:35.8	2:10:53.5	0:40.7
6	132 Sam Ivanecky	JR	(26)	(97)	26:53.4	2:37:46.9	0:58.3

Team - North Dakota**Finish Position - 5**

Team Score (places): 141

Average Time: 2:71:76.0

1	94 Connor Danielson	SR	9	9	25:55.0	25:55.0	0:00.0
2	101 Cole Stenseth	FR	30	39	27:15.6	53:10.6	1:20.6
3	95 Timothy Dunham	FR	33	72	27:41.0	1:20:51.6	1:46.0
4	96 Zachary King	FR	34	106	27:47.8	1:48:39.4	1:52.8
5	97 Connor McMannes	SO	35	141	27:48.6	2:16:28.0	1:53.6
6	102 Michael Trost	FR	(36)	(177)	27:49.0	2:44:17.0	1:54.0
7	98 Richard Osborn	FR	(37)	(214)	28:17.5	3:12:34.5	2:22.5
8	99 Matthew Russell	SO	More Than 7		28:41.7	3:41:16.2	2:46.7

Team - Concordia-Moorhead**Finish Position - 6**

Team Score (places): 164

Average Time: 3:20:19.3

1	45 Eric Wicklund	JR	24	24	26:51.8	26:51.8	0:00.0
2	35 Nolan Christenson	FR	31	55	27:16.4	54:08.2	0:24.6
3	37 Connor Haugrud	SO	32	87	27:27.4	1:21:35.6	0:35.6
4	43 Olsen Pancoast	JR	38	125	29:01.9	1:50:37.5	2:10.1
5	40 Michael Kraimer	FR	39	164	29:32.1	2:20:09.6	2:40.3
6	46 Dan Wilson	FR	(40)	(204)	29:47.8	2:49:57.4	2:56.0
7	41 Justin Kringler	FR	(41)	(245)	29:56.0	3:19:53.4	3:04.2
8	36 Tommy Froland	JR	More Than 7		30:59.7	3:50:53.1	4:07.9
9	44 Leo Smith	FR	More Than 7		32:26.7	4:23:19.8	5:34.9

Final Team Results

Men

Men's 8K

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Trinity Bible College			Finish Position - Inc.				
Team Score (places):Inc.			Average Time:				
1	12 Sam Jacob	JR	Less Than 5		32:44.2	32:44.2	0:00.0
2	14 Sam Maruszewski	SO	Less Than 5		35:03.9	1:07:48.1	2:19.7
3	17 Marcus Staley	JR	Less Than 5		35:54.6	1:43:42.7	3:10.4
Team - Unattached			Finish Position - Inc.				
Team Score (places):Inc.			Average Time:				
1	164 Scott Kvidera		Do Not Score		26:06.5	26:06.5	0:00.0
2	166 Josh Mower		Do Not Score		26:08.1	52:14.6	0:01.6
3	168 Josh Samyn		Do Not Score		26:30.3	1:18:44.9	0:23.8
4	167 Beau Brannan		Do Not Score		28:44.6	1:47:29.5	2:38.1
5	158 John Cowman		Do Not Score		30:04.1	2:17:33.6	3:57.6