

Minnesota Section 8A Subsection 31 - 5/24/2018

**Track and Field Championship
East Grand Forks High School
Results - SubSection 31 Schedule**

Event 1 Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Crookston		10:21.31 10
1) Thea Oman 11	2) Hailey Spivey 11	
3) Luisa Bernia 12	4) Hayden Winjum 8	
2 East Grand Forks		10:31.49 8
1) McKenna Garrett 11	2) Gracie Coulter 10	
3) Kora Jordheim 11	4) McKenna Langerud 11	
3 West Marshall Fusion		10:50.96 6
1) Claire McGlynn 7	2) Macy Haugen 8	
3) Casey Osowski 8	4) Greta Weberg 8	
4 Warroad		12:37.69 5
1) Peyton Estling 8	2) Tereza Hrubá 10	
3) Valerie Crowe 11	4) Kamara Brunelle 11	
5 Roseau		12:46.42 4
1) Ginevra Johnson 8	2) Paige Boyer 7	
3) Josie Johnson 9	4) Jessa Dahl 7	
6 BGMR		13:07.58 3
1) Brooke Olson 8	2) Isabel Pearson 7	
3) Greta Lee 8	4) Alyssa Waage 10	

Event 2 Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 East Grand Forks		8:55.85 10
1) Abdinajib Abdi 10	2) Jonathan Krueger 8	
3) Seth Hoostie 9	4) Collin Porter 11	
2 Crookston		9:02.43 8
1) Ben Brantner 10	2) Andrew MacGregor 9	
3) Cameron Weiland 9	4) Ben Andringa 10	
3 Roseau		9:19.93 6
1) Brett Erickson 12	2) Kyle Erickson 10	
3) Erick Laznicka 11	4) Tristan Anderson 9	
4 West Marshall Fusion		9:25.39 5
1) Seth McGregor 12	2) Pedro Gaytan 11	
3) Jacob Zacha 10	4) James Pederson 9	
5 BGMR		10:06.27 4
1) Logan Youngstrand 8	2) Ben Williamson 11	
3) Nolan Bakke 7	4) Trey Nichols 9	
6 Warroad		10:27.04 3
1) Joseph Dignan 10	2) Micah Bleess 7	
3) Victor Anselmo 11	4) Luke Hruby 8	

Event 3 Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Aleece Durbin	12	Crookston	16.91 10
2 Breanna Kressin	8	Crookston	16.96 8
3 Megan LaCrosse	12	Red Lake Cou	17.55 6
4 Emily Pederson	9	West Marshal	17.59 5
5 Elizabeth Grove	12	Warroad	18.00 4
6 Savannah Vasek	11	East Grand F	18.08 3
7 Madison Derosier	12	Red Lake Cou	18.17 2

8 Katelyn Wagner	12	Crookston	18.36 1
9 Nikki Alarus	9	Roseau	18.51
10 Dezi Bushaw	10	East Grand F	19.12
11 Avianna Heppner	8	Warroad	19.81
12 Arielle Rude	7	Red Lake Cou	19.91
13 Avery Kovar	11	East Grand F	19.99
14 Trinity Walseth	9	Grygla-Gatzk	20.05
15 Grace Thompson	9	West Marshal	21.68

Event 4 Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Jaden Lubarski	11	Crookston	17.40 10
2 Gabe Gracza	12	Roseau	17.43 8
3 Connor Lambert	11	Red Lake Cou	18.26 6
4 Rudy Juarez	11	East Grand F	18.62 5
5 Carter Williams	9	Red Lake Cou	19.11 4
6 Weston Bring	11	BGMR	19.50 3
7 Zach McGlynn	9	West Marshal	19.62 2
8 Peter Vandewege	9	Roseau	20.34 1
9 Conner Adams	9	Warroad	20.87
10 Hunter Kasprowicz	9	West Marshal	21.04

Event 5 Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Sophie Helgeson	9	Roseau	13.40 10
2 Mini Jallah	7	East Grand F	13.55 8
3 Zoe Russillo	11	Red Lake Cou	13.72 6
4 Marlee Turn	10	Kittson Coun	13.86 5
5 Liz Webster	9	Kittson Coun	13.99 4
6 Macie Stanislawski	8	East Grand F	14.35 3
7 Celine Stroot	8	Roseau	14.38 2
8 Macyn Bloom	10	Fisher/EGF S	14.44 1
9 Rachel Qualley	10	East Grand F	14.45
10 Rosemond Stroot	7	Roseau	14.63
11 AJ Jones	10	Red Lake Cou	14.89
12 Aaliyah Johnson	7	West Marshal	14.90
13 Rylee Solhiem	8	Crookston	14.94
14 Jill Borowicz	11	West Marshal	15.00
15 Liberty Johnson	11	Grygla-Gatzk	15.12
16 Savannah Lussier	10	Warroad	15.34
17 Kinsey Beauclair	11	West Marshal	15.44
18 Ellie Schmitz	9	Fisher/EGF S	15.61
19 Morgen Arguelles	8	Crookston	15.89
20 Hannah Tahrán	10	Crookston	15.92
21 Angel Phommachan	11	Warroad	16.02
22 Catherine Thompson	9	Warroad	16.19
23 Mai Chaipramote	10	BGMR	16.30
24 Trinity Walseth	9	Grygla-Gatzk	16.70
25 Madison Cullen	9	Grygla-Gatzk	16.79
26 Shayla Lallier	12	Red Lake Cou	17.77

Minnesota Section 8A Subsection 31 - 5/24/2018

**Track and Field Championship
East Grand Forks High School
Results - SubSection 31 Schedule**

Event 6 Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Mason Wang	12	Crookston	11.81 10
2 Ben Olson	9	Roseau	11.91 8
3 Isaac Durand	11	West Marshal	11.98 6
4 Colton Dauksavage	10	East Grand F	12.30 5
5 Koby Phongsavath	11	Warroad	12.44 4
6 Carter Vasek	8	East Grand F	12.66 3
7 Daniel Lee	10	Warroad	12.78 2
8 Chase Olderbak	11	East Grand F	12.80 1
9 Antonn Phomma	9	Warroad	12.81
10 Bill White	11	Fisher/EGF S	12.88
11 Moses Jensen	9	Grygla-Gatzk	12.94
12 Jacob Brunelle	10	Crookston	12.99
13 Jordan Anderson	12	West Marshal	13.09
14 Jerry Stroot	9	Roseau	13.15
15 Gabe Montieth	9	Crookston	13.17
16 Connor Narlock	10	West Marshal	13.28
17 Nolan Hanson	9	Roseau	13.30
18 Aaron Jones	11	Grygla-Gatzk	13.67
19 Nathaniel Seimnesk	10	Fisher/EGF S	13.72
20 Joshua Dohmen	11	Fisher/EGF S	14.38
21 Gerald Melin	7	Red Lake Cou	14.98
22 Brody Moen	9	Red Lake Cou	14.99
23 Anton Budziszewski	9	BGMR	15.05

Event 7 Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Red Lake County		1:52.00 10
1) AJ Jones 10	2) Julia Bernstein 11	
3) Makenzie Williams 11	4) Zoe Russillo 11	
2 Warroad		1:52.32 8
1) Madeleine Bleess 11	2) Olivia Goulet 8	
3) Eliana Bleess 9	4) Kelby Goulet 12	
3 Kittson Coun		1:52.44 6
1) Shelby Pankratz 10	2) Rachel Schmiedeberg 8	
3) Jennika Hewitt 8	4) Liz Webster 9	
4 East Grand Forks		1:52.47 5
1) Avery Kovar 11	2) Kora Jordheim 11	
3) Tiffany Hanson 12	4) Mini Jallah 7	
5 Crookston		1:52.79 4
1) Teagen Carlstrom 12	2) Rachel Hefta 11	
3) Emma Borowicz 9	4) Breanna Kressin 8	
6 Roseau		1:55.84 3
1) Kayla Santl 10	2) Nikki Alarus 9	
3) Celine Stroot 8	4) Katie Borowicz 9	
7 West Marshall Fusion		1:56.95 2
1) Sydney St. Germain 11	2) Riley Mooney 8	
3) Aaliyah Johnson 7	4) Sarah Finseth 9	
8 Fisher/EGF S		1:57.02 1
1) Macyn Bloom 10	2) Ellie Schmitz 9	
3) Maddi Mitzel 10	4) Jessica Remer 11	

9 BGMR	2:01.29
1) Aaliyah Creekmore 10	2) Addie Bakke 7
3) Arika Pickhartz 8	4) Ashley Olson 9

Event 8 Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 East Grand Forks		1:33.08 10
1) Casey Kallock 12	2) Jackson Galstad 11	
3) Blake Moen 9	4) Felix Zuniga 12	
2 Crookston		1:35.08 8
1) Noah Kiel 9	2) Josh Bernia 10	
3) Lukas Meier 11	4) Mason Wang 12	
3 Roseau		1:39.27 6
1) Nels Braaten 12	2) Brandon McCourt 12	
3) Jonah Provance 12	4) Jeremiah Bender 9	
4 Warroad		1:40.01 5
1) Dylan Cain 12	2) Koby Phongsavath 11	
3) Andrew Phosy 11	4) Veashein Philajack 8	
5 BGMR		1:44.99 4
1) Brady Skeim 8	2) Gage Hockstedler 8	
3) Logan Waage 11	4) Mason Bring 10	
6 West Marshall Fusion		1:48.21 3
1) Jordan Anderson 12	2) Connor Narlock 10	
3) Sergio Vela 9	4) Hunter Kasprovicz 9	
7 Red Lake County		1:56.42 2
1) Carson Lambert 7	2) Nolan Magnell 8	
3) Gerald Melin 7	4) Damon Ferguson 7	

Event 9 Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Katherine Geist	10	Crookston	5:30.73 10
2 McKenna Langerud	11	East Grand F	5:49.57 8
3 Macy Haugen	8	West Marshal	5:50.96 6
4 Rebecca Heppner	11	Warroad	5:51.30 5
5 Casey Osowski	8	West Marshal	5:51.30 4
6 Abby Borowicz	7	Crookston	6:01.82 3
7 Morgan Kovar	8	East Grand F	6:09.97 2
8 Lydia Floden	7	East Grand F	6:12.81 1
9 Kjerstin Nelson	8	Red Lake Cou	6:19.20
10 Hailey Spivey	11	Crookston	6:27.99
11 Mariah Huglen	9	Roseau	6:32.72
12 Maria Krober	10	Fisher/EGF S	6:37.70
13 Serenity May	8	Red Lake Cou	6:42.96
14 Josie Steen	10	Kittson Coun	6:45.88
15 Rachael Heppner	9	Warroad	6:51.71
16 Ginevra Johnson	8	Roseau	6:56.06
17 Emily Bugge	12	BGMR	7:26.83
18 Jessa Dahl	7	Roseau	7:52.55
19 Jade Zimprich	12	Fisher/EGF S	7:59.54
20 Alyssa Waage	10	BGMR	8:42.30

Minnesota Section 8A Subsection 31 - 5/24/2018

**Track and Field Championship
East Grand Forks High School
Results - SubSection 31 Schedule**

Event 10 Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Cole Nowacki	10	East Grand F	4:41.04 10
2 Zach Heppner	12	Warroad	4:45.04 8
3 Sakariye Ismail	11	East Grand F	4:45.54 6
4 Tyson Mahar	9	East Grand F	4:50.74 5
5 Ben Brantner	10	Crookston	5:04.84 4
6 Kyle Erickson	10	Roseau	5:05.64 3
7 Hayden Reitmeier	10	Fisher/EGF S	5:08.54 2
8 Chris Longtin	10	Red Lake Cou	5:15.14 1
9 James Pederson	9	West Marshal	5:17.64
10 Austin Szczepanski	12	West Marshal	5:31.84
11 Talon Hilligas	10	BGMR	5:32.24
12 Blane Schmitz	8	Red Lake Cou	5:35.44
13 Micah Bless	7	Warroad	5:38.24
14 Karsten Isaacson	9	Crookston	5:41.34
15 Winston Novacek	11	Roseau	5:44.54
16 Zachary Helgeson	9	Fisher/EGF S	5:45.54
17 Jack Goulet	7	Warroad	5:45.94
18 Jaron Bernier	11	Red Lake Cou	5:54.54
19 Christian Boen	10	BGMR	5:56.64
20 Damian Navraez	11	Crookston	5:57.84

Event 11 Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Kittson Coun		52.20 10
1) Shelby Pankratz 10	2) Rachel Schmiedeberg 8	
3) Jennika Hewitt 8	4) Liz Webster 9	
2 Red Lake County		52.22 8
1) AJ Jones 10	2) Julia Bernstein 11	
3) Makenzie Williams 11	4) Zoe Russillo 11	
3 West Marshall Fusion		53.48 6
1) Jill Borowicz 11	2) Emily Pederson 9	
3) Greta Weberg 8	4) Abigail McGlynn 11	
4 East Grand Forks		54.07 5
1) Macie Stanislawski 8	2) Tiffany Hanson 12	
3) Rachel Qualley 10	4) Mini Jallah 7	
5 Crookston		55.50 4
1) Teagen Carlstrom 12	2) Rylee Solhiem 8	
3) Hannah Tahrn 10	4) Morgen Arguelles 8	
6 Roseau		55.99 3
1) Nikki Alarus 9	2) Celine Stroot 8	
3) Kayla Santl 10	4) Julia Braaten 9	
7 Warroad		57.66 2
1) Emma Hanson 8	2) August Bushy 10	
3) Catherine Thompson 9	4) Sarah McFarlane 10	
8 BGMR		1:00.50 1
1) Mai Chaipramote 10	2) Arika Pickhartz 8	
3) Anna Ueland 8	4) Addie Bakke 7	

Event 12 Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 East Grand Forks		46.12 10
1) Bryce Kuznia 12	2) Casey Kallock 12	
3) Jackson Galstad 11	4) Ricky Thompson 9	
2 Crookston		46.84 8
1) Lukas Meier 11	2) Josh Bernia 10	
3) Brady Wisk 8	4) Noah Kiel 9	
3 West Marshall Fusion		47.57 6
1) Jordan Anderson 12	2) Connor Narlock 10	
3) Sergio Vela 9	4) Isaac Durand 11	
4 Roseau		48.09 5
1) Adam LePard 11	2) Jonah Provance 12	
3) Brandon McCourt 12	4) Nels Braaten 12	
5 Warroad		50.50 4
1) Daniel Lee 10	2) Koby Phongsavath 11	
3) Andrew Phosy 11	4) Veashein Philajack 8	
6 BGMR		54.50 3
1) Gage Hockstedler 8	2) Brady Skeim 8	
3) Nolan Bakke 7	4) Anton Budziszewski 9	
7 Red Lake County		54.86 2
1) Brody Moen 9	2) Isiah Olson 9	
3) Jordan Kasprowicz 9	4) Damon Ferguson 7	

Event 13 Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Kelby Goulet	12	Warroad	59.31 10
2 Jessica Remer	11	Fisher/EGF S	1:03.61 8
3 Emma Borowicz	9	Crookston	1:04.79 6
4 Eliana Bleess	9	Warroad	1:04.88 5
5 Hollie Knott	9	Red Lake Cou	1:05.08 4
6 Olivia Goulet	8	Warroad	1:05.23 3
7 Riley Mooney	8	West Marshal	1:05.53 2
8 Anke Weirsma	9	Crookston	1:05.61 1
9 Sierra Robles	9	East Grand F	1:06.03
10 Laura Farder	10	East Grand F	1:06.48
11 Andi Strege	11	Kittson Coun	1:07.20
12 Rachel Hefta	11	Crookston	1:07.44
13 Marissa Schiebe	8	Red Lake Cou	1:08.67
14 Jenna Davis	8	Kittson Coun	1:09.96
15 Clara Girdler	9	Red Lake Cou	1:10.13
16 Ellie Rivard	7	West Marshal	1:10.14
17 Kinley Anderson	9	East Grand F	1:10.19
18 Josie Johnson	9	Roseau	1:12.70
19 Trinity Erickson	9	Fisher/EGF S	1:12.71
20 Avery Horken	7	Fisher/EGF S	1:14.76
21 Jordan Scharf	8	BGMR	1:23.09
22 Paige Boyer	7	Roseau	1:26.71

Minnesota Section 8A Subsection 31 - 5/24/2018

**Track and Field Championship
East Grand Forks High School
Results - SubSection 31 Schedule**

Event 14 Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Felix Zuniga	12	East Grand F	51.99 10
2 Blake Moen	9	East Grand F	52.63 8
3 Luke Tangen	11	Roseau	55.98 6
4 Zion Diggs	10	East Grand F	56.41 5
5 Jory Vosek	9	Fisher/EGF S	56.44 4
6 Paul Huglen	9	Roseau	58.11 3
7 Evan Grove	10	Warroad	58.67 2
8 Logan Waage	11	BGMR	59.82 1
9 Andrew MacGregor	9	Crookston	59.95
10 Logan Youngstrand	8	BGMR	1:00.73
11 Ryan Pederson	11	West Marshal	1:01.13
12 Mathew Renner	7	Red Lake Cou	1:02.73
13 Jerry Stroot	9	Roseau	1:02.73
14 Tai Baig	10	Crookston	1:03.44
15 Joshua Dohmen	11	Fisher/EGF S	1:05.23
16 Nolan Magnell	8	Red Lake Cou	1:05.62
17 Keegan Cain	8	Warroad	1:06.93
18 Damon Ferguson	7	Red Lake Cou	1:08.29
19 Casey Laplante	8	Fisher/EGF S	1:09.09
--- Dylan Cain	12	Warroad	DNF

Event 15 Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Aleece Durbin	12	Crookston	48.36 10
2 Shelby Pankratz	10	Kittson Coun	50.00 8
3 Megan LaCrosse	12	Red Lake Cou	50.38 6
4 Emily Pederson	9	West Marshal	51.79 5
5 Breanna Kressin	8	Crookston	52.61 4
6 Madison Derosier	12	Red Lake Cou	53.17 3
7 Dezi Bushaw	10	East Grand F	53.74 2
8 Elizabeth Gabrielson	8	East Grand F	54.25 1
9 Avianna Heppner	8	Warroad	54.37
10 Sarah Finseth	9	West Marshal	54.51
11 Maddi Mitzel	10	Fisher/EGF S	55.14
12 Katelyn Wagner	12	Crookston	55.22
13 Rylie Bjerklie	10	Roseau	57.70
14 Grace Thompson	9	West Marshal	58.46
15 Marissa Schiebe	8	Red Lake Cou	58.66
16 Elizabeth Grove	12	Warroad	59.88
17 Kahri Benjamin	8	East Grand F	1:02.21

Event 16 Boys 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Isaac Durand	11	West Marshal	43.43 10
2 Gabe Gracza	12	Roseau	44.10 8
3 Connor Lambert	11	Red Lake Cou	44.68 6
4 Weston Bring	11	BGMR	46.90 5
5 Ryden Jacobson	12	Roseau	47.62 4
6 Rudy Juarez	11	East Grand F	49.40 3

7 Carter Williams	9	Red Lake Cou	49.55 2
8 Carter Vasek	8	East Grand F	49.87 1
9 Conner Adams	9	Warroad	50.46
10 Peter Vandewege	9	Roseau	53.78
11 Carson Lambert	7	Red Lake Cou	54.69

Event 17 Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Hayden Winjum	8	Crookston	2:28.23 10
2 Thea Oman	11	Crookston	2:29.90 8
3 Mariah Huglen	9	Roseau	2:34.19 6
4 Greta Weberg	8	West Marshal	2:35.18 5
5 Kate Helgeson	9	Roseau	2:35.32 4
6 McKenna Garrett	11	East Grand F	2:36.75 3
7 Luisa Bernia	12	Crookston	2:37.76 2
8 Kjerstin Nelson	8	Red Lake Cou	2:38.47 1
9 Kasumi Lee	9	East Grand F	2:42.37
10 Jessica Remer	11	Fisher/EGF S	2:44.84
11 Gracie Coulter	10	East Grand F	2:47.13
12 Clara Girdler	9	Red Lake Cou	2:50.37
13 Josie Steen	10	Kittson Coun	2:57.65
14 Peyton Estling	8	Warroad	2:58.69
15 Serenity May	8	Red Lake Cou	3:00.66
16 Valerie Crowe	11	Warroad	3:03.52
17 Madison Cullen	9	Grygla-Gatzk	3:06.20
18 Tereza Hrubya	10	Warroad	3:08.66
19 Sydney Anvinson	10	Fisher/EGF S	3:10.09
20 Jade Zimprich	12	Fisher/EGF S	3:53.94

Event 18 Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Jaden Lubarski	11	Crookston	2:04.98 10
2 Cole Nowacki	10	East Grand F	2:06.24 8
3 Erick Laznicka	11	Roseau	2:09.13 6
4 Zach Heppner	12	Warroad	2:10.90 5
5 Jonathan Krueger	8	East Grand F	2:14.62 4
6 Chris Longtin	10	Red Lake Cou	2:18.46 3
7 Trey Nichols	9	BGMR	2:19.33 2
8 Seth McGregor	12	West Marshal	2:20.24 1
9 Cameron Weiland	9	Crookston	2:23.55
10 Joseph Dignan	10	Warroad	2:29.60
11 Jacob Zacha	10	West Marshal	2:31.85
12 Blane Schmitz	8	Red Lake Cou	2:33.67
13 Jaron Bernier	11	Red Lake Cou	2:35.02
14 Micah Bless	7	Warroad	2:38.93
15 Ben Williamson	11	BGMR	2:42.22
16 Jack White	11	Fisher/EGF S	2:54.44

Event 19 Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Sophie Helgeson	9	Roseau	27.33 10
2 Abigail McGlynn	11	West Marshal	28.68 8

Minnesota Section 8A Subsection 31 - 5/24/2018

**Track and Field Championship
East Grand Forks High School
Results - SubSection 31 Schedule**

Finals ... (Event 19 Girls 200 Meter Dash)

Name	Yr	School	Finals
3 Julia Bernstein	11	Red Lake Cou	29.19 6
4 Aaliyah Creekmore	10	BGMR	29.32 5
5 Teagen Carlstrom	12	Crookston	29.38 4
6 Sarah McFarlane	10	Warroad	29.83 3
7 Jennika Hewitt	8	Kittson Coun	29.97 2
8 Rachel Qualley	10	East Grand F	30.17 1
9 Makenzie Williams	11	Red Lake Cou	30.17
10 Macyn Bloom	10	Fisher/EGF S	30.53
11 Sydney St. Germain	11	West Marshal	30.54
12 Rosemond Stroot	7	Roseau	30.85
13 Elizabeth Gabrielson	8	East Grand F	31.08
14 Aaliyah Johnson	7	West Marshal	31.15
14 Ellie Schmitz	9	Fisher/EGF S	31.15
16 Morgan Coauette	10	Crookston	31.77
17 Liberty Johnson	11	Grygla-Gatzk	31.78
18 Arielle Rude	7	Red Lake Cou	32.12
19 Chelsey Afshari	10	East Grand F	32.20
20 Catherine Thompson	9	Warroad	32.80
21 Julia Braaten	9	Roseau	33.01
22 Avery Horken	7	Fisher/EGF S	33.12
23 Hannah Tahrán	10	Crookston	33.43
24 Mai Chaipramote	10	BGMR	33.79
25 Arika Pickhartz	8	BGMR	33.92

Event 20 Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Mason Wang	12	Crookston	24.03 10
2 Bryce Kuznia	12	East Grand F	24.34 8
3 Ben Olson	9	Roseau	24.54 6
4 Noah Kiel	9	Crookston	24.63 5
5 Colton Dauksavage	10	East Grand F	24.81 4
6 Josh Bernia	10	Crookston	25.12 3
7 Dylan Cain	12	Warroad	25.32 2
8 Paul Huglen	9	Roseau	25.83 1
9 Zion Diggs	10	East Grand F	25.85
10 Moses Jensen	9	Grygla-Gatzk	26.12
11 Bill White	11	Fisher/EGF S	26.34
12 Colton Olson	11	Warroad	26.99
13 Andrew Phosy	11	Warroad	27.13
14 Nolan Hanson	9	Roseau	27.24
15 Nathaniel Seimnesk	10	Fisher/EGF S	27.44
16 Aaron Jones	11	Grygla-Gatzk	28.23
17 Jordan Kasprovicz	9	Red Lake Cou	29.06
18 Jacob Kostrzewski	10	West Marshal	29.34
19 Joshua Dohmen	11	Fisher/EGF S	29.72
20 Isiah Olson	9	Red Lake Cou	29.80
21 Anton Budziszewski	9	BGMR	30.81
22 Lane Renner	10	Red Lake Cou	31.60

Event 21 Girls 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Katherine Geist	10	Crookston	12:16.99 10
2 Rebecca Heppner	11	Warroad	13:15.54 8
3 Lydia Floden	7	East Grand F	13:19.47 6
4 Claire McGlynn	7	West Marshal	13:29.45 5
5 Brooke Olson	8	BGMR	13:32.48 4
6 Quincie Floden	9	East Grand F	13:33.59 3
7 Amelia Overgaard	8	Crookston	13:41.42 2
8 Natalie Peterson	7	West Marshal	13:56.21 1
9 Morgan Kovar	8	East Grand F	14:14.63
10 Maria Krober	10	Fisher/EGF S	14:31.74
11 Audrey Harbott	10	Crookston	15:20.47
12 Mariah Olson	10	Kittson Coun	16:02.57

Event 22 Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Tyson Mahar	9	East Grand F	10:29.43 10
2 Sakariye Ismail	11	East Grand F	10:49.99 8
3 Ben Andringa	10	Crookston	11:11.12 6
4 Hayden Reitmeier	10	Fisher/EGF S	11:34.83 5
5 Tristan Anderson	9	Roseau	11:41.18 4
6 Jack Goulet	7	Warroad	12:21.78 3
7 Talon Hilligas	10	BGMR	12:27.37 2
8 Luke Hruby	8	Warroad	12:47.00 1
9 Victor Anselmo	11	Warroad	12:47.44
10 Brock Tvedt	9	Red Lake Cou	13:01.57
11 Zachary Helgeson	9	Fisher/EGF S	13:04.42
12 Thor Harbott	7	Crookston	13:07.66
13 Carson Lindemer	9	East Grand F	13:21.15
14 Austin Szczepanski	12	West Marshal	13:31.80

Event 23 Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Warroad		4:11.41 10
1) Madeleine Bleess 11	2) Olivia Goulet 8	
3) Eliana Bleess 9	4) Kelby Goulet 12	
2 Crookston		4:19.58 8
1) Thea Oman 11	2) Rachel Hefta 11	
3) Emma Borowicz 9	4) Hayden Winjum 8	
3 Roseau		4:21.37 6
1) Mariah Huglen 9	2) Kate Helgeson 9	
3) Rylie Bjerklie 10	4) Sophie Helgeson 9	
4 East Grand Forks		4:23.72 5
1) Laura Farder 10	2) Sierra Robles 9	
3) McKenna Langerud 11	4) Kora Jordheim 11	
5 Red Lake County		4:34.98 4
1) Clara Girdler 9	2) Madison Derosier 12	
3) Kjerstin Nelson 8	4) Hollie Knott 9	

Minnesota Section 8A Subsection 31 - 5/24/2018

**Track and Field Championship
East Grand Forks High School
Results - SubSection 31 Schedule**

Finals ... (Event 23 Girls 4x400 Meter Relay)

Team	Relay	Finals
6 West Marshall Fusion		4:36.22 3
1) Rylie Mortimer 10	2) Macy Haugen 8	
3) Casey Osowski 8	4) Riley Mooney 8	
7 BGMR		5:06.92 2
1) Addie Bakke 7	2) Anna Ueland 8	
3) Ashley Olson 9	4) Greta Lee 8	

Event 24 Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 East Grand Forks		3:36.01 10
1) Blake Moen 9	2) Casey Kallock 12	
3) Jackson Galstad 11	4) Felix Zuniga 12	
2 Roseau		3:40.25 8
1) Jeremiah Bender 9	2) Ben Olson 9	
3) Luke Tangen 11	4) Brandon McCourt 12	
3 Crookston		3:54.53 6
1) Brady Wisk 8	2) Gabe Montieth 9	
3) Jacob Brunelle 10	4) Jaden Lubarski 11	
4 Warroad		3:55.50 5
1) Evan Grove 10	2) Zach Heppner 12	
3) Calvin Keomany 10	4) Veashein Philajack 8	
5 BGMR		4:00.72 4
1) Logan Waage 11	2) Trey Nichols 9	
3) Logan Youngstrand 8	4) Mason Bring 10	
6 Red Lake County		4:02.08 3
1) Carter Williams 9	2) Blane Schmitz 8	
3) Chris Longtin 10	4) Connor Lambert 11	

Event 31 Girls High Jump

Name	Yr	School	Finals
Finals			
1 Rylie Bjerklie	10	Roseau	5-00.00 10
2 Jessica Remer	11	Fisher/EGF S	5-00.00 8
3 Holly Steer	12	West Marshal	4-06.00 5.5
3 Kylie Hanson	9	West Marshal	4-06.00 5.5
5 Rachel Schmiedeberg	8	Kittson Coun	4-06.00 4
6 Rachel Hefta	11	Crookston	4-04.00 2
6 Kate Helgeson	9	Roseau	4-04.00 2
6 Shelby Durand	10	West Marshal	4-04.00 2
9 Josie Johnson	9	Roseau	4-02.00
9 Clara Girdler	9	Red Lake Cou	4-02.00
11 Mallorie Sundeen	8	Crookston	4-02.00
12 Catherine Thompson	9	Warroad	4-00.00
12 Montana Knoll	10	Kittson Coun	4-00.00
14 Ty Garcia	8	East Grand F	4-00.00
15 Hannah Hollcraft	12	Fisher/EGF S	4-00.00
15 Serenity May	8	Red Lake Cou	4-00.00
15 Emma Hanson	8	Warroad	4-00.00
--- Deborah Hahn	12	Warroad	NH
--- Grace Jordheim	7	East Grand F	NH

Event 32 Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Malia Beich	8	East Grand F	7-11.00 10
2 Mikayla Bolduc	11	West Marshal	7-11.00 8
3 Chelsey Afshari	10	East Grand F	7-05.00 6
4 Macie Stanislawski	8	East Grand F	7-05.00 5
5 Paige Michalski	7	West Marshal	6-11.00 4
6 Kamara Brunelle	11	Warroad	6-05.00 3
7 Brooke Olson	8	BGMR	5-11.00 2
--- Emily Jensen	10	Warroad	NH
--- Isabel Pearson	7	BGMR	NH
--- Katie Borowicz	9	Roseau	NH
--- Abby Borowicz	7	Crookston	NH

Event 33 Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Shelby Pankratz	10	Kittson Coun	16-07.75 10
2 Abigail McGlynn	11	West Marshal	15-08.50 8
3 Aleece Durbin	12	Crookston	15-07.50 6
4 Jill Borowicz	11	West Marshal	15-06.00 5
5 Megan LaCrosse	12	Red Lake Cou	15-03.25 4
6 Aaliyah Creekmore	10	BGMR	15-01.00 3
7 Hayden Winjum	8	Crookston	15-00.00 2
8 Rylie Mortimer	10	West Marshal	14-09.00 1
9 Maddi Mitzel	10	Fisher/EGF S	14-02.25
10 Macyn Bloom	10	Fisher/EGF S	13-09.75
11 Macie Stanislawski	8	East Grand F	13-09.50
12 Jenna Davis	8	Kittson Coun	13-08.25
13 Bella Sands	10	East Grand F	13-05.75
14 Katelyn Wagner	12	Crookston	13-04.25
15 Celine Stroot	8	Roseau	13-02.25
16 Rosemond Stroot	7	Roseau	13-02.00
17 AJ Jones	10	Red Lake Cou	12-10.50
17 Julia Braaten	9	Roseau	12-10.50
19 Jennika Hewitt	8	Kittson Coun	12-05.50
20 Elizabeth Grove	12	Warroad	12-01.75
21 Ty Garcia	8	East Grand F	11-11.50
22 Arielle Rude	7	Red Lake Cou	11-00.50
23 Sarah McFarlane	10	Warroad	10-07.75
--- Avery Horken	7	Fisher/EGF S	ND
--- Savannah Lussier	10	Warroad	ND

Event 34 Girls Triple Jump

Name	Yr	School	Finals
Finals			
1 Aleece Durbin	12	Crookston	34-11.00 10
2 Abigail McGlynn	11	West Marshal	33-09.50 8
3 Jill Borowicz	11	West Marshal	32-07.00 6
4 Megan LaCrosse	12	Red Lake Cou	31-10.25 5
5 Andi Strege	11	Kittson Coun	31-00.00 4
6 Emily Pederson	9	West Marshal	30-08.75 3
7 Cynthia Loven	12	East Grand F	30-04.50 2

Minnesota Section 8A Subsection 31 - 5/24/2018

**Track and Field Championship
East Grand Forks High School
Results - SubSection 31 Schedule**

Finals ... (Event 34 Girls Triple Jump)

Name	Yr	School	Finals
8 Avery Kovar	11	East Grand F	30-03.50 1
9 Savannah Lussier	10	Warroad	29-03.00
10 Avery Horken	7	Fisher/EGF S	29-00.50
10 Aaliyah Creekmore	10	BGMR	29-00.50
12 Ty Garcia	8	East Grand F	28-05.75
13 Katelyn Wagner	12	Crookston	28-04.00
14 Julia Braaten	9	Roseau	28-02.00
15 Julia Bernstein	11	Red Lake Cou	27-08.50
16 Annika Johnson	7	Kittson Coun	26-11.00
17 Angel Phommachan	11	Warroad	26-10.25
18 Mariah Olson	10	Kittson Coun	25-11.50
19 Hannah Hollcraft	12	Fisher/EGF S	25-07.00
--- Morgan Coquette	10	Crookston	ND
--- August Bushy	10	Warroad	ND

Event 35 Girls Discus Throw

Name	Yr	School	Finals
1 Mckayla Christianson	12	Roseau	111-10 10
2 Abbey Johnson	11	West Marshal	108-04 8
3 Faith Porter	11	West Marshal	104-04 6
4 Kristina Swendseid	11	West Marshal	97-09 5
5 Jada Dillabough	11	Crookston	92-09 4
6 Leo Bring	8	BGMR	89-05 3
7 Tabitha Anderson	11	East Grand F	83-08 2
8 Renata Novacek	9	Roseau	83-08 1
9 Madison Derosier	12	Red Lake Cou	81-04
10 Mallorie Sundeen	8	Crookston	71-11
11 Valla O'loughlin	11	Warroad	71-07
12 Cynthia Loven	12	East Grand F	71-03
13 Hollie Knott	9	Red Lake Cou	70-01
14 Vivian Coan	9	Grygla-Gatzk	67-11
15 Ella Weber	9	Crookston	65-00
16 August Bushy	10	Warroad	61-10
17 Lydia Tessier	9	Warroad	57-07
18 Katie Longebone	9	BGMR	57-06
19 Shayla Lallier	12	Red Lake Cou	54-11
20 Riley Regorrah	10	East Grand F	52-06

Event 37 Girls Shot Put

Name	Yr	School	Finals
1 Jada Dillabough	11	Crookston	35-11.00 10
2 Mckayla Christianson	12	Roseau	33-04.00 8
3 Abbey Johnson	11	West Marshal	33-03.50 6
4 Faith Porter	11	West Marshal	31-11.00 5
5 Teaira Chandler	12	West Marshal	31-05.00 4
6 Leo Bring	8	BGMR	29-05.00 3
7 Vivian Coan	9	Grygla-Gatzk	29-04.00 2
8 Lydia Tessier	9	Warroad	27-09.00 1
9 Shelby Wesolowski	10	East Grand F	27-08.00
10 Valla O'loughlin	11	Warroad	27-01.00
11 Cynthia Loven	12	East Grand F	26-11.00

12 Montana Knoll	10	Kittson Coun	26-04.50
13 Renata Novacek	9	Roseau	25-07.50
14 Cheyanne Scalsee	8	Kittson Coun	25-03.00
15 Mallorie Sundeen	8	Crookston	25-00.00
16 Katie Longebone	9	BGMR	24-08.00
17 Riley Regorrah	10	East Grand F	24-03.00
18 Ella Weber	9	Crookston	23-11.00
19 Abby Walton	10	Red Lake Cou	21-01.00
20 Hollie Knott	9	Red Lake Cou	20-07.00
21 Shayle Turner	10	Warroad	19-06.50
22 Carson Johnson	10	Fisher/EGF S	19-04.00
23 Emily Remme	10	Fisher/EGF S	18-11.00
24 Shayla Lallier	12	Red Lake Cou	15-04.00

Event 41 Boys High Jump

Name	Yr	School	Finals
1 Bobby Jorde	9	East Grand F	5-09.00 10
2 Ryden Jacobson	12	Roseau	5-07.00 7
2 Colton Dauksavage	10	East Grand F	5-07.00 7
4 Nolan Hanson	9	Roseau	5-05.00 5
5 Weston Bring	11	BGMR	5-05.00 4
6 Adam LePard	11	Roseau	5-03.00 3
7 Micah Freud	9	Warroad	5-01.00 2
8 Conner Adams	9	Warroad	4-11.00 0.5
8 Carter Williams	9	Red Lake Cou	4-11.00 0.5
10 Karsten Isaacson	9	Crookston	4-11.00
10 Virgil Laznicka	9	Warroad	4-11.00
12 Samuel Simmons	11	Fisher/EGF S	4-11.00
12 Logan Youngstrand	8	BGMR	4-11.00
--- Josh Bernia	10	Crookston	NH
--- Trey Nichols	9	BGMR	NH
--- Zach McGlynn	9	West Marshal	NH

Event 42 Boys Pole Vault

Name	Yr	School	Finals
1 Gabe Gracza	12	Roseau	12-11.00 10
2 Nels Braaten	12	Roseau	11-05.00 8
3 Weston Bring	11	BGMR	10-11.00 5.5
3 Mason Bring	10	BGMR	10-11.00 5.5
5 Lukas Meier	11	Crookston	10-11.00 4
6 Zach McGlynn	9	West Marshal	9-11.00 3
7 Gavin Gullikson	8	West Marshal	9-05.00 1.5
7 Ryan Pederson	11	West Marshal	9-05.00 1.5
9 Nate Afshari	8	East Grand F	8-11.00
10 Victor Anselmo	11	Warroad	8-11.00
11 Christian Boen	10	BGMR	8-05.00
12 William Johnson	9	Warroad	8-05.00
13 Andrew MacGregor	9	Crookston	8-05.00
--- Dawson McDonald	8	East Grand F	NH
--- Owen Marvin	11	Warroad	NH

Minnesota Section 8A Subsection 31 - 5/24/2018

**Track and Field Championship
East Grand Forks High School
Results - SubSection 31 Schedule**

Event 43 Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Jeremiah Bender	9	Roseau	19-04.50 10
2 Isaac Durand	11	West Marshal	18-08.50 8
3 Bobby Jorde	9	East Grand F	18-07.00 6
4 Ryden Jacobson	12	Roseau	18-05.75 5
5 Noah Kiel	9	Crookston	18-02.50 4
6 Koby Phongsavath	11	Warroad	18-01.50 3
7 Bryce Kuznia	12	East Grand F	17-10.00 2
8 Calvin Keomany	10	Warroad	17-07.50 1
9 Antonn Phomma	9	Warroad	17-01.00
10 Zion Diggs	10	East Grand F	16-11.00
11 Mason Bring	10	BGMR	16-08.00
12 Connor Narlock	10	West Marshal	16-04.50
13 Jacob Brunelle	10	Crookston	15-10.50
14 Colten Pagnac	8	West Marshal	14-11.50
15 Chris Longtin	10	Red Lake Cou	14-10.50
16 Shaun Nelson	11	Crookston	14-05.50
17 Nolan Bakke	7	BGMR	13-02.50
18 Blane Schmitz	8	Red Lake Cou	13-00.50
--- Mathew Renner	7	Red Lake Cou	ND

Event 44 Boys Triple Jump

Name	Yr	School	Finals
Finals			
1 Bryce Kuznia	12	East Grand F	39-08.50 10
2 Jeremiah Bender	9	Roseau	39-08.00 8
3 Bobby Jorde	9	East Grand F	38-04.00 6
4 Calvin Keomany	10	Warroad	37-00.50 5
5 Brady Wisk	8	Crookston	36-11.00 4
6 Tai Baig	10	Crookston	36-06.50 3
7 Sergio Vela	9	West Marshal	35-09.50 2
8 Connor Lambert	11	Red Lake Cou	35-07.00 1
9 Joseph Dignan	10	Warroad	32-08.00
10 Peter Vandewege	9	Roseau	31-08.00
11 Evan Grove	10	Warroad	30-00.50
12 Samuel Simmons	11	Fisher/EGF S	28-08.00

Event 45 Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 Luke Vonesh	11	East Grand F	140-00 10
2 Jacob Lindemann	11	Roseau	138-10 8
3 Chase Olderbak	11	East Grand F	125-05 6
4 Mason Wang	12	West Marshal	118-04 5
5 Jacob Davis	10	Warroad	110-08 4
6 Jhett Pesch	11	East Grand F	109-09 3
7 Kole Szczepanski	9	West Marshal	107-08 2
8 Myles Smith	10	Fisher/EGF S	107-03 1
9 Ty Hamre	10	Crookston	103-02
10 Isiah Olson	9	Red Lake Cou	99-00
11 Eric Mykleseth	10	Fisher/EGF S	98-03
12 Hunter Roseborough	12	Roseau	96-11

13 Stephen Budziszewski	10	BGMR	96-02
14 Logan Bergquist	10	Fisher/EGF S	92-11
15 Samuel Sanchez	11	Crookston	87-01
16 Brady Skeim	8	BGMR	86-05
17 Caden Osborne	10	Crookston	83-09
18 Teagon Morrison	12	Roseau	78-00
19 Gage Hockstedler	8	BGMR	77-10
20 Jared Haack	9	Grygla-Gatzk	75-06
21 Lane Renner	10	Red Lake Cou	70-02
22 Jordan Kasprowicz	9	Red Lake Cou	60-06
23 Sam Hazelton	12	Warroad	59-05
--- Anthony Loken	11	Grygla-Gatzk	ND
--- Jayden Knutson	11	Warroad	ND

Event 47 Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Luke Vonesh	11	East Grand F	49-06.50 10
2 Hunter Roseborough	12	Roseau	48-05.00 8
3 Chase Olderbak	11	East Grand F	45-07.00 6
4 Jhett Pesch	11	East Grand F	44-09.00 5
5 Jacob Lindemann	11	Roseau	43-00.50 4
6 Eric Mykleseth	10	Fisher/EGF S	42-09.50 3
7 Jacob Davis	10	Warroad	41-05.50 2
8 Mason Wang	12	West Marshal	40-01.50 1
9 Nathan Kotts	11	West Marshal	38-10.00
10 Anthony Loken	11	Grygla-Gatzk	38-04.00
11 Isiah Olson	9	Red Lake Cou	37-10.00
12 Myles Smith	10	Fisher/EGF S	37-04.00
13 Samuel Sanchez	11	Crookston	37-03.50
14 Brady Skeim	8	BGMR	36-02.00
15 Ty Hamre	10	Crookston	35-08.00
16 Caden Osborne	10	Crookston	35-05.00
17 Tristan Howard	12	West Marshal	34-06.00
18 Andrew Jones	11	Grygla-Gatzk	33-10.50
19 Logan Bergquist	10	Fisher/EGF S	33-09.50
20 Gage Hockstedler	8	BGMR	33-09.25
21 Michael Diaz	10	BGMR	33-01.50
22 Micah Freud	9	Warroad	31-02.00
23 Teagon Morrison	12	Roseau	30-11.00
24 Lane Renner	10	Red Lake Cou	29-02.00
25 Jordan Kasprowicz	9	Red Lake Cou	27-04.00
26 Sam Hazelton	12	Warroad	26-02.00

Women - Team Rankings - 18 Events Scored

1) Crookston	149
2) West Marshall Fusion	148
3) East Grand Forks	90
4) Roseau	79
5) Warroad	67
6) Red Lake County	65
7) Kittson County Central	53
8) BGMR	26
9) Fisher/EGF Sacred Heart/Climax	18
10) Grygla-Gatzke	2

Minnesota Section 8A Subsection 31 - 5/24/2018

Track and Field Championship

East Grand Forks High School

Results - SubSection 31 Schedule

Men - Team Rankings - 18 Events Scored

1) East Grand Forks	225
2) Roseau	159
3) Crookston	103
4) Warroad	61.5
5) West Marshall Fusion	57
6) BGMR	43
7) Red Lake County	30.5
8) Fisher/EGF Sacred Heart/Climax	15