

2019 MSHSL 8AA CC Championship

Race DateOverall Finish List**Girls****Girls 5K**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	1	8160	Katelyn Motter	Rocori	8	18:34.2	
2	2	8238	Lauren Eilers	Willmar	7	18:42.1	
3	3	8146	Taylor Melton	Moorhead	12	18:46.8	
4	4	7043	Jaelyn Miller	Alexandria	8	18:54.0	
5	5	8159	Paige Larsen	Rocori	8	18:54.4	
6	6	7611	Aleah Miller	Alexandria	10	18:54.6	
7	7	8237	Erin Eilers	Willmar	7	18:55.5	
8	8	7607	Emma Ecker	Alexandria	10	18:58.8	
9	9	8239	Kendall Hanson	Willmar	7	19:08.1	
10	10	7812	Bethany Miller	Alexandria	12	19:13.7	
11	11	8184	Ingrid Buiceag-Arama	Sartell-Saint Stephen	11	19:14.8	
12	12	8244	Nina Dawson	Willmar	10	19:19.2	
13	13	7933	Lexi Dehmer	Becker	12	19:24.1	
14	14	7197	Giselle Jahner	Alexandria	9	19:25.9	
15	15	8164	Laina Viere	Rocori	9	19:29.6	
16	16	8130	Gabriella Witschen	Monticello	11	19:32.5	
17	17	8167	Carley Kremer	Rocori	12	19:36.6	
18	18	8163	Merideth Theis	Rocori	9	19:37.9	
19	19	8242	Lyndi Koosman	Willmar	8	19:45.2	
20	20	8018	Regan DeWitt	Bemidji	9	19:46.6	
21	21	7673	Heavyn Bordak	Alexandria	12	19:50.1	
22	22	8076	Emily Nuss	Fergus Falls	11	19:54.2	
23	23	8179	Ashley Nelson	Sartell-Saint Stephen	8	19:55.1	
24	24	8161	Selma Dingmann	Rocori	9	19:57.1	
25	25	8181	Hannah Spoden	Sartell-Saint Stephen	10	19:57.6	
26	26	8165	Ava Larsen	Rocori	10	20:00.0	
27	27	8128	Grace Smith	Monticello	10	20:00.4	
28	28	8033	Bridget Collins	Brainerd	8	20:01.4	
29	29	8245	Addison Hogan	Willmar	11	20:03.6	
30	30	7809	Caitlin Bright	Alexandria	12	20:03.7	
31	31	8022	Grace Carlton	Bemidji	11	20:10.7	
32	32	8178	Mady Dockendorf	Sartell-Saint Stephen	8	20:21.4	
33	33	8017	Josie LaValley	Bemidji	8	20:22.1	
34	34	8142	Anna Nelson	Moorhead	9	20:24.0	
35	35	8108	Courtney Loeffler	Little Falls	11	20:24.1	
36	36	8002	Addison Maish	Bemidji	7	20:26.2	
37	37	7906	Alexis Rose	Becker	8	20:28.8	
38	38	8241	Macee Hansen	Willmar	8	20:30.2	
39	39	7918	Danielle Nuest	Becker	9	20:37.5	
40	40	8220	Stella Rusch	St Cloud Tech	8	20:38.3	
41	41	8091	Mya Zawacki	Foley	8	20:39.4	
42	42	8126	Halle Dahlheimer	Monticello	10	20:39.8	
43	43	8209	Brooke Verkinnes	St Cloud Apollo	10	20:40.1	
44	44	7873	Ella McDonald	Becker	7	20:46.5	
45	45	7907	Alexa Voller	Becker	8	20:52.2	
46	46	8016	Mia Hoffman	Bemidji	8	20:52.9	
47	47	8131	Elise Yeager	Monticello	12	20:57.4	
48	48	8183	Ali Boschee	Sartell-Saint Stephen	11	20:58.0	

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49	49	8144	Alicia Maddux	Moorhead	10	21:00.1	
50	50	8208	Autumn Tenvoorde	St Cloud Apollo	10	21:01.9	
51	51	7899	Natasha Berthiaume	Becker	8	21:03.3	
52	52	8182	Emily Bakken	Sartell-Saint Stephen	11	21:12.6	
53	53	8221	Eva Gay	St Cloud Tech	9	21:14.0	
54	54	8141	Ella Cole	Moorhead	9	21:19.3	
55	55	8148	Kenzie O'Connell	Moorhead	12	21:21.9	
56	56	8143	Ella Grafstrom	Moorhead	10	21:22.4	
57	57	8070	Karolyn Papon	Fergus Falls	9	21:23.0	
58	58	8040	Elle Juranek	Brainerd	12	21:24.0	
59	59	8038	Payton Lillo	Brainerd	10	21:29.7	
60	60	8129	Kaelin McDermott	Monticello	11	21:32.7	
61	61	8226	Wren Scott-Lumbar	St Cloud Tech	11	21:44.9	
62	62	8023	Kayla Dewitt	Bemidji	12	21:49.3	
63	63	8020	Mary Beth Mathews	Bemidji	10	21:53.0	
64	64	7924	Abby Nelson	Becker	11	21:56.8	
65	65	8224	Hailey Peltz	St Cloud Tech	10	21:59.1	
66	66	8124	Josey Nygaard	Monticello	8	22:01.8	
67	67	8180	Megan Driste	Sartell-Saint Stephen	10	22:05.0	
68	68	8110	Adrienne Kresha	Little Falls	12	22:05.2	
69	69	8075	Sierra Hatlewick	Fergus Falls	11	22:14.1	
70	70	8147	Octavia Nerguson	Moorhead	12	22:14.6	
71	71	8123	Hope Guertin	Monticello	8	22:15.5	
72	72	8073	Ainsley Hansen	Fergus Falls	10	22:16.5	
73	73	8113	Claire Zack	Little Falls	12	22:17.1	
74	74	8107	Abby Borash	Little Falls	11	22:24.6	
75	75	8039	Emma Storbakken	Brainerd	11	22:24.7	
76	76	8222	Sarah Grossback	St Cloud Tech	9	22:25.2	
77	77	8056	Kaitlyn McConkey	Detroit Lakes	11	22:27.8	
78	78	8041	Ellie Selisker	Brainerd	12	22:30.4	
79	79	8074	Ellia Soydara	Fergus Falls	10	22:31.5	
80	80	8059	Molly Tinjum	Detroit Lakes	12	22:37.7	
81	81	8058	Kennedy Hegg	Detroit Lakes	12	22:44.1	
82	82	8207	Kiley Swenson	St Cloud Apollo	10	22:44.3	
83	83	8105	Dayna Becker	Little Falls	7	22:46.1	
84	84	8071	Rebecca Schindler	Fergus Falls	9	22:49.3	
85	85	8106	Bethany Becker	Little Falls	8	22:54.4	
86	86	8034	Katelyn Kennedy	Brainerd	9	22:55.8	
87	87	8092	Nicole Schaefer	Foley	9	23:05.2	
88	88	8089	Lillian Sachs	Foley	8	23:07.5	
89	89	8052	Kaitlyn Jorgenson	Detroit Lakes	9	23:12.6	
90	90	8088	Abby Jurek	Foley	8	23:17.0	
91	91	8035	Julia Rademacher	Brainerd	9	23:23.8	
92	92	8223	Lanie Laudenbach	St Cloud Tech	9	23:26.7	
93	93	8053	Morgan Kvebak	Detroit Lakes	9	23:37.7	
94	94	8210	Lily Weitzel	St Cloud Apollo	10	23:42.4	
95	95	8094	Cassandra Wendt	Foley	11	23:43.2	
96	96	8087	Holly Braun	Foley	8	23:44.2	

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97	97	8090	Elise Workman	Foley	8	23:59.0	
98	98	8057	Emma Teiken	Detroit Lakes	11	24:02.8	
99	99	8055	McKenna Mallow	Detroit Lakes	10	24:04.3	
100	100	8077	Makenna Stenstrom	Fergus Falls	12	24:10.5	
101	(< 5)	8195	Ali Kremer	Sauk Rapids-Rice	11	25:02.2	
102	101	8225	Nancy Ramirez-Rojas	St Cloud Tech	10	25:24.1	
103	102	8111	Kali Schirmers	Little Falls	12	25:56.5	
104	103	8205	Polly Bogle	St Cloud Apollo	9	27:35.2	

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Race DateFinal Team Results

Girls

Girls 5K

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Team - Alexandria			Finish Position - 1				
Team Score (places): 42			Average Time: 19:05.4				
1	7043 Jaelyn Miller	8	4	4	18:54.0	18:54.0	0:00.0
2	7611 Aleah Miller	10	6	10	18:54.6	37:48.6	0:00.6
3	7607 Emma Ecker	10	8	18	18:58.8	56:47.4	0:04.8
4	7812 Bethany Miller	12	10	28	19:13.7	1:16:01.1	0:19.7
5	7197 Giselle Jahner	9	14	42	19:25.9	1:35:27.0	0:31.9
6	7673 Heavyn Bordak	12	(21)	(63)	19:50.1	1:55:17.1	0:56.1
7	7809 Caitlin Bright	12	(30)	(93)	20:03.7	2:15:20.8	1:09.7
Team - Willmar			Finish Position - 2				
Team Score (places): 49			Average Time: 19:10.0				
1	8238 Lauren Eilers	7	2	2	18:42.1	18:42.1	0:00.0
2	8237 Erin Eilers	7	7	9	18:55.5	37:37.6	0:13.4
3	8239 Kendall Hanson	7	9	18	19:08.1	56:45.7	0:26.0
4	8244 Nina Dawson	10	12	30	19:19.2	1:16:04.9	0:37.1
5	8242 Lyndi Koosman	8	19	49	19:45.2	1:35:50.1	1:03.1
6	8245 Addison Hogan	11	(29)	(78)	20:03.6	1:55:53.7	1:21.5
7	8241 Macee Hansen	8	(38)	(116)	20:30.2	2:16:23.9	1:48.1
Team - Rocori			Finish Position - 3				
Team Score (places): 56			Average Time: 19:14.5				
1	8160 Katelyn Motter	8	1	1	18:34.2	18:34.2	0:00.0
2	8159 Paige Larsen	8	5	6	18:54.4	37:28.6	0:20.2
3	8164 Laina Viere	9	15	21	19:29.6	56:58.2	0:55.4
4	8167 Carley Kremer	12	17	38	19:36.6	1:16:34.8	1:02.4
5	8163 Merideth Theis	9	18	56	19:37.9	1:36:12.7	1:03.7
6	8161 Selma Dingmann	9	(24)	(80)	19:57.1	1:56:09.8	1:22.9
7	8165 Ava Larsen	10	(26)	(106)	20:00.0	2:16:09.8	1:25.8
Team - Sartell-Saint Stephen			Finish Position - 4				
Team Score (places): 139			Average Time: 20:05.3				
1	8184 Ingrid Buiceag-Arama	11	11	11	19:14.8	19:14.8	0:00.0
2	8179 Ashley Nelson	8	23	34	19:55.1	39:09.9	0:40.3
3	8181 Hannah Spoden	10	25	59	19:57.6	59:07.5	0:42.8
4	8178 Mady Dockendorf	8	32	91	20:21.4	1:19:28.9	1:06.6
5	8183 Ali Boschee	11	48	139	20:58.0	1:40:26.9	1:43.2
6	8182 Emily Bakken	11	(52)	(191)	21:12.6	2:01:39.5	1:57.8
7	8180 Megan Driste	10	(67)	(258)	22:05.0	2:23:44.5	2:50.2

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Team - Bemidji			Finish Position - 5				
Team Score (places): 166			Average Time: 20:19.7				
1	8018 Regan DeWitt	9	20	20	19:46.6	19:46.6	0:00.0
2	8022 Grace Carlton	11	31	51	20:10.7	39:57.3	0:24.1
3	8017 Josie LaValley	8	33	84	20:22.1	1:00:19.4	0:35.5
4	8002 Addison Maish	7	36	120	20:26.2	1:20:45.6	0:39.6
5	8016 Mia Hoffman	8	46	166	20:52.9	1:41:38.5	1:06.3
6	8023 Kayla Dewitt	12	(62)	(228)	21:49.3	2:03:27.8	2:02.7
7	8020 Mary Beth Mathews	10	(63)	(291)	21:53.0	2:25:20.8	2:06.4
Team - Becker			Finish Position - 6				
Team Score (places): 178			Average Time: 20:25.8				
1	7933 Lexi Dehmer	12	13	13	19:24.1	19:24.1	0:00.0
2	7906 Alexis Rose	8	37	50	20:28.8	39:52.9	1:04.7
3	7918 Danielle Nuest	9	39	89	20:37.5	1:00:30.4	1:13.4
4	7873 Ella McDonald	7	44	133	20:46.5	1:21:16.9	1:22.4
5	7907 Alexa Voller	8	45	178	20:52.2	1:42:09.1	1:28.1
6	7899 Natasha Berthiaume	8	(51)	(229)	21:03.3	2:03:12.4	1:39.2
7	7924 Abby Nelson	11	(64)	(293)	21:56.8	2:25:09.2	2:32.7
Team - Monticello			Finish Position - 7				
Team Score (places): 192			Average Time: 20:32.5				
1	8130 Gabriella Witschen	11	16	16	19:32.5	19:32.5	0:00.0
2	8128 Grace Smith	10	27	43	20:00.4	39:32.9	0:27.9
3	8126 Halle Dahlheimer	10	42	85	20:39.8	1:00:12.7	1:07.3
4	8131 Elise Yeager	12	47	132	20:57.4	1:21:10.1	1:24.9
5	8129 Kaelin McDermott	11	60	192	21:32.7	1:42:42.8	2:00.2
6	8124 Josey Nygaard	8	(66)	(258)	22:01.8	2:04:44.6	2:29.3
7	8123 Hope Guertin	8	(71)	(329)	22:15.5	2:27:00.1	2:43.0
Team - Moorhead			Finish Position - 8				
Team Score (places): 195			Average Time: 20:34.4				
1	8146 Taylor Melton	12	3	3	18:46.8	18:46.8	0:00.0
2	8142 Anna Nelson	9	34	37	20:24.0	39:10.8	1:37.2
3	8144 Alicia Maddux	10	49	86	21:00.1	1:00:10.9	2:13.3
4	8141 Ella Cole	9	54	140	21:19.3	1:21:30.2	2:32.5
5	8148 Kenzie O'Connell	12	55	195	21:21.9	1:42:52.1	2:35.1
6	8143 Ella Grafstrom	10	(56)	(251)	21:22.4	2:04:14.5	2:35.6
7	8147 Octavia Nerguson	12	(70)	(321)	22:14.6	2:26:29.1	3:27.8

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Team - St Cloud Tech			Finish Position - 9				
Team Score (places): 295			Average Time: 21:36.3				
1	8220 Stella Rusch	8	40	40	20:38.3	20:38.3	0:00.0
2	8221 Eva Gay	9	53	93	21:14.0	41:52.3	0:35.7
3	8226 Wren Scott-Lumbar	11	61	154	21:44.9	1:03:37.2	1:06.6
4	8224 Hailey Peltz	10	65	219	21:59.1	1:25:36.3	1:20.8
5	8222 Sarah Grossback	9	76	295	22:25.2	1:48:01.5	1:46.9
6	8223 Lanie Laudenbach	9	(92)	(387)	23:26.7	2:11:28.2	2:48.4
7	8225 Nancy Ramirez-Rojas	10	(101)	(488)	25:24.1	2:36:52.3	4:45.8
Team - Brainerd			Finish Position - 10				
Team Score (places): 298			Average Time: 21:34.0				
1	8033 Bridget Collins	8	28	28	20:01.4	20:01.4	0:00.0
2	8040 Elle Juranek	12	58	86	21:24.0	41:25.4	1:22.6
3	8038 Payton Lillo	10	59	145	21:29.7	1:02:55.1	1:28.3
4	8039 Emma Storbakken	11	75	220	22:24.7	1:25:19.8	2:23.3
5	8041 Ellie Selisker	12	78	298	22:30.4	1:47:50.2	2:29.0
6	8034 Katelyn Kennedy	9	(86)	(384)	22:55.8	2:10:46.0	2:54.4
7	8035 Julia Rademacher	9	(91)	(475)	23:23.8	2:34:09.8	3:22.4
Team - Fergus Falls			Finish Position - 11				
Team Score (places): 299			Average Time: 21:39.8				
1	8076 Emily Nuss	11	22	22	19:54.2	19:54.2	0:00.0
2	8070 Karolyn Papon	9	57	79	21:23.0	41:17.2	1:28.8
3	8075 Sierra Hatlewick	11	69	148	22:14.1	1:03:31.3	2:19.9
4	8073 Ainsley Hansen	10	72	220	22:16.5	1:25:47.8	2:22.3
5	8074 Ellia Soydara	10	79	299	22:31.5	1:48:19.3	2:37.3
6	8071 Rebecca Schindler	9	(84)	(383)	22:49.3	2:11:08.6	2:55.1
7	8077 Makenna Stenstrom	12	(100)	(483)	24:10.5	2:35:19.1	4:16.3
Team - Little Falls			Finish Position - 12				
Team Score (places): 333			Average Time: 21:59.4				
1	8108 Courtney Loeffler	11	35	35	20:24.1	20:24.1	0:00.0
2	8110 Adrienne Kresha	12	68	103	22:05.2	42:29.3	1:41.1
3	8113 Claire Zack	12	73	176	22:17.1	1:04:46.4	1:53.0
4	8107 Abby Borash	11	74	250	22:24.6	1:27:11.0	2:00.5
5	8105 Dayna Becker	7	83	333	22:46.1	1:49:57.1	2:22.0
6	8106 Bethany Becker	8	(85)	(418)	22:54.4	2:12:51.5	2:30.3
7	8111 Kali Schirmers	12	(102)	(520)	25:56.5	2:38:48.0	5:32.4

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Team - St Cloud Apollo			Finish Position - 13				
Team Score (places): 372			Average Time: 23:08.7				
1	8209 Brooke Verkinnes	10	43	43	20:40.1	20:40.1	0:00.0
2	8208 Autumn Tenvoorde	10	50	93	21:01.9	41:42.0	0:21.8
3	8207 Kiley Swenson	10	82	175	22:44.3	1:04:26.3	2:04.2
4	8210 Lily Weitzel	10	94	269	23:42.4	1:28:08.7	3:02.3
5	8205 Polly Bogle	9	103	372	27:35.2	1:55:43.9	6:55.1
Team - Foley			Finish Position - 14				
Team Score (places): 401			Average Time: 22:46.4				
1	8091 Mya Zawacki	8	41	41	20:39.4	20:39.4	0:00.0
2	8092 Nicole Schaefer	9	87	128	23:05.2	43:44.6	2:25.8
3	8089 Lillian Sachs	8	88	216	23:07.5	1:06:52.1	2:28.1
4	8088 Abby Jurek	8	90	306	23:17.0	1:30:09.1	2:37.6
5	8094 Cassandra Wendt	11	95	401	23:43.2	1:53:52.3	3:03.8
6	8087 Holly Braun	8	(96)	(497)	23:44.2	2:17:36.5	3:04.8
7	8090 Elise Workman	8	(97)	(594)	23:59.0	2:41:35.5	3:19.6
Team - Detroit Lakes			Finish Position - 15				
Team Score (places): 420			Average Time: 22:55.9				
1	8056 Kaitlyn McConkey	11	77	77	22:27.8	22:27.8	0:00.0
2	8059 Molly Tinjum	12	80	157	22:37.7	45:05.5	0:09.9
3	8058 Kennedy Hegg	12	81	238	22:44.1	1:07:49.6	0:16.3
4	8052 Kaitlyn Jorgenson	9	89	327	23:12.6	1:31:02.2	0:44.8
5	8053 Morgan Kvebak	9	93	420	23:37.7	1:54:39.9	1:09.9
6	8057 Emma Teiken	11	(98)	(518)	24:02.8	2:18:42.7	1:35.0
7	8055 McKenna Mallow	10	(99)	(617)	24:04.3	2:42:47.0	1:36.5
Team - Sauk Rapids-Rice			Finish Position - Inc.				
Team Score (places):Inc.			Average Time:				
1	8195 Ali Kremer	11	Less Than 5		25:02.2	25:02.2	0:00.0