

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**Event 2 Heptathlon: #1 Men 60 Meter Dash Heptathlon**

Name	Year School	Finals	H#	Points
<b>Finals</b>				
1 Jack Curtis	SR Minnesota State	7.19	3	816
2 Bryce Malsam	JR Northern State	7.24	2	799
3 Ryan Kruse	SR Minnesota State	7.30	3	779
4 Arik Johnson	FR Concordia-St Paul	7.31	3	775 7.307
5 Clay Jackson	SO Msu-Moorhead	7.31	3	775 7.309
6 TJ Hochstetler	SR Northern State	7.35	2	762
7 Calvin Buesgens	SR Minnesota State	7.39	3	749
8 Tyl Woelber	FR Augustana	7.45	3	729
9 Jordan Swango	SR U-Mary	7.54	1	700
10 Jackson Penner	JR U-Mary	7.55	2	697 7.541
11 Robert Sullivan	SR Wayne St	7.55	3	697 7.543
12 Jacob Minnick	SO Msu-Moorhead	7.64	2	668 7.632
13 Ethan Holm	FR Sioux Falls	7.64	2	668 7.634
14 Ian O'Connor	SO Minnesota Duluth	7.66	2	662
15 Jakob Tordsen	SO Concordia-St Paul	7.68	2	656
16 Noah Lilly	FR Wayne St	7.69	1	653
17 Shea Alto	FR Minnesota Duluth	7.80	1	619

**Event 2 Heptathlon: #2 Men Shot Put Heptathlon**

Name	Year School	Finals	Points
1 Ryan Kruse	SR Minnesota State	14.11m	46-03.50 735
13.40m 13.85m 14.11m			
2 Calvin Buesgens	SR Minnesota State	12.55m	41-02.25 640
12.36m 12.38m 12.55m			
3 Robert Sullivan	SR Wayne St	12.54m	41-01.75 639
12.24m 12.21m 12.54m			
4 Jacob Minnick	SO Msu-Moorhead	12.24m	40-02.00 621
11.43m 12.24m 11.68m			
5 Jakob Tordsen	SO Concordia-St Paul	12.08m	39-07.75 611
11.54m FOUL 12.08m			
6 Tyl Woelber	FR Augustana	11.43m	37-06.00 572
10.72m 11.43m 11.21m			
7 Jack Curtis	SR Minnesota State	11.36m	37-03.25 568
10.46m 11.36m 10.98m			
8 Jackson Penner	JR U-Mary	10.95m	35-11.25 543
9.97m 10.37m 10.95m			
9 TJ Hochstetler	SR Northern State	10.91m	35-09.50 540
FOUL 10.91m 10.53m			
10 Bryce Malsam	JR Northern State	10.76m	35-03.75 531
10.07m 10.20m 10.76m			
11 Jordan Swango	SR U-Mary	10.20m	33-05.75 498
FOUL 10.20m FOUL			
12 Clay Jackson	SO Msu-Moorhead	9.53m	31-03.25 457
FOUL 9.53m 8.52m			
13 Arik Johnson	FR Concordia-St Paul	9.15m	30-00.25 435
8.63m 8.88m 9.15m			
13 Ethan Holm	FR Sioux Falls	9.15m	30-00.25 435
FOUL 9.15m 9.06m			

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**....Event 2 Heptathlon: #2 Men Shot Put Heptathlon**

15	Noah Lilly	FR Wayne St	9.09m	29-10.00	431
	9.04m 8.59m 9.09m				
16	Ian O'Connor	SO Minnesota Duluth	8.96m	29-04.75	423
	8.68m 8.90m 8.96m				
17	Shea Alto	FR Minnesota Duluth	8.59m	28-02.25	401
	8.59m 8.45m FOUL				

**Event 2 Heptathlon: #3 Men Long Jump Heptathlon**

Name	Year School	Finals	Points
1 Jack Curtis	SR Minnesota State	6.99m 22-11.25	811
		6.99m 6.71m 6.70m	
2 Tyl Woelber	FR Augustana	6.80m 22-03.75	767
		6.52m FOUL 6.80m	
3 TJ Hochstetler	SR Northern State	6.59m 21-07.50	718
		6.38m 6.59m FOUL	
4 Bryce Malsam	JR Northern State	6.41m 21-00.50	677
		6.31m 6.37m 6.41m	
5 Ryan Kruse	SR Minnesota State	6.40m 21-00.00	675
		6.20m 6.40m 6.25m	
6 Jackson Penner	JR U-Mary	6.38m 20-11.25	670
		6.13m 6.38m FOUL	
7 Jakob Tordsen	SO Concordia-St Paul	6.37m 20-10.75	668
		FOUL 6.13m 6.37m	
8 Robert Sullivan	SR Wayne St	6.36m 20-10.50	666
		FOUL 6.36m 4.02m	
9 Jordan Swango	SR U-Mary	6.35m 20-10.00	664
		FOUL 5.92m 6.35m	
10 Arik Johnson	FR Concordia-St Paul	6.10m 20-00.25	608
		5.97m 5.93m 6.10m	
11 Ian O'Connor	SO Minnesota Duluth	6.07m 19-11.00	602
		FOUL 6.06m 6.07m	
12 Jacob Minnick	SO Msu-Moorhead	6.03m 19-09.50	593
		6.03m 5.91m 5.91m	
12 Clay Jackson	SO Msu-Moorhead	6.03m 19-09.50	593
		5.73m 5.88m 6.03m	
14 Ethan Holm	FR Sioux Falls	6.00m 19-08.25	587
		5.90m 6.00m 5.43m	
15 Calvin Buesgens	SR Minnesota State	5.99m 19-08.00	584
		FOUL FOUL 5.99m	
16 Shea Alto	FR Minnesota Duluth	5.94m 19-06.00	574
		5.94m FOUL 3.83m	
17 Noah Lilly	FR Wayne St	5.92m 19-05.25	569
		5.92m 5.91m 5.92m	

**Event 2 Heptathlon: #4 Men High Jump Heptathlon**

Name	Year School	Finals	H#	Points
1 Tyl Woelber	FR Augustana	1.98m 6-06.00	2	785
		1.86 1.89 1.92 1.95 1.98 2.01		
		O PPP O XO O XXX		

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**....Event 2 Heptathlon: #4 Men High Jump Heptathlon**

2	Jack Curtis	SR Minnesota State	1.95m	6-04.75	2	758
	1.83 1.86 1.89 1.92 1.95 1.98					
	0 0 0 0 0 XXX					
2	Robert Sullivan	SR Wayne St	1.95m	6-04.75	2	758
	1.92 1.95 1.98					
	XXO 0 XXX					
4	Bryce Malsam	JR Northern State	1.92m	6-03.50	2	731
	1.77 1.80 1.83 1.86 1.89 1.92 1.95					
	0 PPP 0 PPP 0 0 XXX					
4	Ian O'Connor	SO Minnesota Duluth	1.92m	6-03.50	2	731
	1.80 1.83 1.86 1.89 1.92 1.95					
	0 0 0 XXO XXO XXX					
4	Jordan Swango	SR U-Mary	1.92m	6-03.50	2	731
	1.77 1.80 1.83 1.86 1.89 1.92 1.95					
	0 PPP 0 XO 0 XXO XXX					
4	TJ Hochstetler	SR Northern State	1.92m	6-03.50	1	731
	1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95					
	0 PPP 0 XO XO XXO XO XO XXO XXX					
8	Ryan Kruse	SR Minnesota State	1.89m	6-02.25	2	705
	1.74 1.77 1.80 1.83 1.86 1.89 1.92					
	XO 0 0 0 XO XXO XXX					
8	Jacob Minnick	SO Msu-Moorhead	1.89m	6-02.25	2	705
	1.80 1.83 1.86 1.89 1.92					
	XO XO XXO XXO XXX					
10	Arik Johnson	FR Concordia-St Paul	1.86m	6-01.25	1	679
	1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89					
	0 PPP 0 0 0 XO XXO XXX					
10	Jakob Tordsen	SO Concordia-St Paul	1.86m	6-01.25	2	679
	1.77 1.80 1.83 1.86 1.89					
	0 0 0 0 XXX					
12	Jackson Penner	JR U-Mary	1.80m	5-10.75	1	627
	1.74 1.77 1.80 1.83					
	0 XO XXO XXX					
13	Noah Lilly	FR Wayne St	1.74m	5-08.50	1	577
	1.59 1.62 1.65 1.68 1.71 1.74 1.77					
	0 PP XO XO 0 XXO XXX					
14	Clay Jackson	SO Msu-Moorhead	1.71m	5-07.25	1	552
	1.59 1.62 1.65 1.68 1.71 1.74					
	0 0 0 XXO XXO XXX					
15	Shea Alto	FR Minnesota Duluth	1.68m	5-06.00	1	528
	1.53 1.56 1.59 1.62 1.65 1.68 1.71					
	0 0 0 XO 0 0 XXX					
16	Ethan Holm	FR Sioux Falls	1.50m	4-11.00	1	389
	1.47 1.50 1.53					
	0 XO XXX					
--	Calvin Buesgens	SR Minnesota State	NH		1	
	1.65					
	XXX					

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**Event 5 Women 60 Meter Hurdles**

NSIC Record: \$ 8.29 2018 Danielle Kohlway, Minnesota Dulu  
 '18 Champion: 8.29 2/24/2018 Danielle Kohlway, Minnesota Du

Name	Year	School	Prelims	H#
------	------	--------	---------	----

**Preliminaries**

1	Danielle Kohlway	SR Minnesota Duluth	8.41Q	1
2	Julia Hammerschmidt	SR U-Mary	8.55Q	2
3	Alexis Smith	SR Minnesota State	8.59Q	3
4	Olivia Montez Brown	JR Augustana	8.69q	3
5	Tereza Bolibruch	FR U-Mary	8.89q	1
6	Carolyn Hackel	JR Minnesota State	8.91q	2
7	Faith Lubner	SO St. Cloud State	8.94q	3
8	Shanice Burrell	SO Northern State	8.95q	2
9	Nora Ramos	FR U-Mary	9.04	1
10	Christabelle Mulcahy	SO Concordia-St Paul	9.05	3
11	Hanneke Oosterwegel	SR Northern State	9.08	1
12	Selin Dikmen	SO Augustana	9.09	2
13	Christa Benson	SR Bemidji State	9.14	1
14	Emily Olson	SO Sioux Falls	9.21	2
15	Amanda Wanie	SR Winona State	9.29	3
16	Ashley Sprain	JR Winona State	9.31	3
17	Nicole Schneider	JR Minnesota Duluth	9.43	1
18	Denitsa DoBreva	SR SW Minnesota St	9.54	1
19	Ashley Solano	SR Augustana	9.55	2
20	Maria Versaguis	SO Minnesota Duluth	9.88	3
21	Madison Biebel	SO Minnesota Duluth	10.09	3
22	Kortney Lightfoot	JR Upper Iowa	10.29	2
--	Kayla Crump	FR Bemidji State	DQ	2

**Event 6 Men 60 Meter Hurdles**

NSIC Record: \$ 7.69 2016 Myles Hunter, Minnesota State  
 '18 Champion: 7.97 2/23/2018 Sydne Davis, Minnesota St

Name	Year	School	Prelims	H#
------	------	--------	---------	----

1	Josh Lamers	SR U-Mary	7.97Q	1
2	Sydne Davis	SR Minnesota State	8.08Q	2
3	Paul Meloche	SR Augustana	8.14Q	3
4	Marceau Jovin	SR U-Mary	8.18q	2
5	Logan Bristol	JR Minnesota State	8.19q	3
6	Jacob Morse	JR Sioux Falls	8.29q	3
7	Jacob Lackas	JR Northern State	8.39q	2
8	Zach Sweep	JR Msu-Moorhead	8.41q	1 8.405
9	Bryce Malsam	JR Northern State	8.41	1 8.409
10	Ben Palmquist	FR Minnesota Duluth	8.63	1
11	Djimon James	SO Minnesota State	8.72	2
12	Sam Wiechman	JR Minnesota Duluth	8.78	2
13	Dakota Schmaling	FR Minnesota Duluth	8.81	2
14	Kelson Brewer	JR Northern State	8.96	3
15	Josh Schumacher	FR Augustana	9.05	3
16	Justin Kooiman	FR Augustana	9.06	1
--	Preston Davis	SO Wayne St	FS	3

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**Event 7 Women 400 Meter Dash**

=====					
NSIC Record:	\$ 55.09	2010	Kristi Buerkle, Bemidji State		
'18 Champion:	56.30	2/24/2018	Hanneke Oosterwegel, Northern St		
Name	Year	School	Prelims	H#	
=====					
1	Shereen Vallabouy	FR Winona State	56.52Q	2	
2	Abbey Zastrow	SO U-Mary	56.89Q	1	
3	Jordyn Pester	FR Wayne St	57.00Q	3	
4	Brittany Schyvinck	SR Winona State	56.59Q	2	
5	Crystal Malone	JR Minnesota State	57.03Q	1	
6	Brooklyn Schyvinck	FR Winona State	57.06Q	3	
7	Nicolyn Brown	SR U-Mary	57.40q	2	
8	Mackenzie Woodard	SO Minnesota State	57.99q	1	
9	Sierra Arradondo	FR Minnesota Duluth	58.48	2	
10	Emma Rezac	SO Northern State	58.61	3	
11	Johnna Patterson	JR Winona State	58.81	2	
12	Madison Barnes	JR Northern State	58.93	3	
13	Allie Stalboerger	SR Minnesota Duluth	59.06	3	
14	Isabel Kinzer	SO Northern State	59.11	1	
15	Kendall Zeman	FR Winona State	59.16	1	
16	Chelsey Bad Moccasin	SO Minnesota State	59.62	2	
17	Kaitlyn Mulder	FR Augustana	59.78	3	
18	Natalie Peller	SO Minnesota Duluth	1:01.59	1	

**Event 8 Men 400 Meter Dash**

=====					
NSIC Record:	\$ 47.86	2/23/2019	John Schuster, MSU		
'18 Champion:	48.36	2/24/2018	Isaiah Pitchford, Minnesota St		
Name	Year	School	Prelims	H#	
=====					
1	Josh Phelps	SO Minnesota State	49.50Q	2	
2	Reid Diamond	SR Minnesota State	50.33Q	3	
3	John Schuster	SR Minnesota State	50.56Q	1	
4	Itoitz Rodriguez	SR Northern State	49.92Q	2	
5	Ryan Sully	SO Augustana	50.40Q	3	50.394
6	Kyle Felling	FR SW Minnesota St	50.88Q	1	
7	Logan Myers	SO U-Mary	50.40q	3	50.399
8	Ty Dawkins	FR Msu-Moorhead	50.53q	2	
9	Austin Have	SO Minnesota Duluth	51.02	2	
10	Devin Sheridan	FR Northern State	51.16	2	
11	Isaiha Fletcher	JR Northern State	51.26	1	
12	Tobias Boegel	JR Msu-Moorhead	51.37	1	
13	Josh Wulfekuhle	JR U-Mary	51.47	3	
14	Alex Kulzer	SO Minnesota Duluth	51.62	1	

**Event 9 Women 600 Meter Run**

=====					
NSIC Record:	\$ 1:32.41	2017	Emily Trost, Minnesota Duluth		
'18 Champion:	1:34.10	2/24/2018	Bobbi Patrick, Minnesota St		
Name	Year	School	Prelims	H#	
=====					
1	Autumn Anderson	SO Minnesota State	1:36.27Q	3	
2	Nelecia Richards	JR U-Mary	1:36.72Q	1	
3	Courtney Dembrowski	FR U-Mary	1:37.78Q	2	
4	Isabelle Brezinka	SO Minnesota Duluth	1:36.75Q	3	

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**....Event 9 Women 600 Meter Run**

5	Joan Jelimo	JR Wayne St	1:37.61Q	1
6	Cassiddy Wilson	SO Upper Iowa	1:38.43Q	2
7	Kalley Harris	SO Winona State	1:36.81q	3
8	Kari Schneiss	SR Winona State	1:37.04q	3
9	Sydney Mudgett	SO Augustana	1:37.62	1
10	Mary Fixsen	SR Minnesota State	1:38.70	3
11	Jessika Dieringer	SR Minnesota State	1:39.43	2
12	Brooke DeVos	SR Augustana	1:39.68	1
13	Marissa Carlson	SR Msu-Moorhead	1:40.84	2
14	Bridget Brown	JR St. Cloud State	1:40.85	1
15	Rachel Crawford	SR Minnesota State	1:41.22	2
16	Mackenzie Cruzen	SR Northern State	1:41.59	3

**Event 10 Men 600 Meter Run**

=====  
 NSIC Record: \$ 1:19.85 2018 John Schuster, MSU Moorhead  
 '18 Champion: 1:19.85 2/24/2018 John Schuster, Minnesota St  
 Name Year School Prelims H#  
 =====

1	David Supinski	SR Minnesota Duluth	1:20.52Q	2
2	Ty Trainor	FR U-Mary	1:22.26Q	3
3	Noah Melton	FR Augustana	1:22.46Q	4
4	Trey Furgeson	SR Sioux Falls	1:23.33Q	1
5	Drew Lewison	FR Minnesota State	1:22.27q	2
6	Marquan Wiesen	FR Minnesota State	1:22.55q	4
7	Noah Torvik	SO Minnesota Duluth	1:22.95q	2
8	Leroy Kwateh	JR Minnesota State	1:24.08q	3
9	Bryce Holcomb	SO Wayne St	1:24.27	1
10	Hever Valenzuela	SO SW Minnesota St	1:24.61	1
11	Kelson Brewer	JR Northern State	1:25.21	4
12	Tim Morgenstern	FR Concordia-St Paul	1:25.38	3
13	Nick Reiffenberger	JR Augustana	1:25.93	4
14	Jakob Kemper	FR Wayne St	1:26.14	2
15	Jayden Slaba	FR Sioux Falls	1:26.18	1
16	Blake Savey	JR Augustana	1:26.40	3
17	Josh Schumacher	FR Augustana	1:26.47	1
18	Spencer Bergen	SR Concordia-St Paul	1:27.40	2
19	Aaron Nunemacher	FR Minnesota Duluth	1:27.43	3
20	Beau Ireland	SO Augustana	1:27.69	4

**Event 11 Women 60 Meter Dash**

=====  
 NSIC Record: \$ 7.50 2010 Brittany Henderson, Minnesota St  
 '18 Champion: 7.61 2/24/2018 Callie DeWitt, Augustana  
 Name Year School Prelims H#  
 =====

1	Khenadi Jones	SO Minnesota State	7.58Q	2
2	Callie DeWitt	SO Augustana	7.59Q	1
3	Toni Canfall	SO Concordia-St Paul	7.60Q	3 7.591
4	Grace Hartman	SO Minnesota State	7.60q	3 7.597
5	Emelia Burris	SO St. Cloud State	7.69q	1
6	Venice Stewart	SO Bemidji State	7.71q	2
7	Chloe Peterson	SO Sioux Falls	7.73q	1 7.724
8	Sarah Troescher	SR Sioux Falls	7.73q	1 7.725

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019****Hosted by Minnesota State Mankato****Myers Fieldhouse****Results - NSIC Indoor Championship Day 1****....Event 11 Women 60 Meter Dash**

9	Emma Baynes	SO St. Cloud State	7.76	3
10	Karlona Gregory	SR Minnesota State	7.80	1
11	Rose Gaye	FR Minnesota State	7.82	2
12	Maddy Pietz	FR Winona State	7.84	3
13	Kanya Henderson	FR Sioux Falls	7.88	3
14	Michaela Pryor	FR Winona State	7.90	2
15	Enyo Edeh	FR Minnesota State	7.91	1 7.901
15	Jonae Bond	SO Bemidji State	7.91	2 7.901
17	Beatrice Kjelland	FR Bemidji State	7.91	3 7.910
18	Mercy Oyadare	SO Sioux Falls	7.99	3
19	Jada Barker	JR Bemidji State	8.01	1
20	Ki'Arah Johnson	SR Msu-Moorhead	8.09	3
21	Shanice Burrell	SO Northern State	8.15	2
--	Lauren Magnuson	JR Concordia-St Paul	DNF	2

**Event 12 Men 60 Meter Dash**

=====				
NSIC Record:	\$ 6.67	2015	Emmanuel Matadi, MSU Mankato	
'18 Champion:	6.85	2/24/2018	Luxon Glor, U-Mary	
Name	Year	School	Prelims	H#
=====				
1	Luxon Glor	SR U-Mary	6.76Q	1
2	Cornelius Bright	FR Minnesota State	6.90Q	3
3	Bryant Brown	JR Minnesota State	6.97Q	2 6.963
4	Vance Barnes	SR Minnesota State	6.89q	1
5	Brian Szutkowski	SR Concordia-St Paul	6.94q	1
6	Artavius Nixon	JR Minnesota State	6.97q	2 6.969
7	Quadri Busari	JR SW Minnesota St	6.99q	3
8	Jaquez Wilson	SR Minnesota State	7.00q	3 6.992
9	Nate Hogle	SO Minnesota Duluth	7.00	2 6.996
10	Shaquiel Higgs	FR Msu-Moorhead	7.05	1 7.043
11	Alvyns Alcenord	JR Wayne St	7.05	1 7.046
12	Gabriel Galamue	JR SW Minnesota St	7.05	3 7.050
13	Parker Gloudemans	SO Minnesota State	7.06	2
14	Trey Tiefenthaler	JR Northern State	7.09	2
15	Jacob Lackas	JR Northern State	7.14	3
16	Daniel Daffinrud	SR Minot State	7.19	2 7.181
17	Nathan Lusty	FR Minnesota Duluth	7.19	1 7.188
18	Ovie Embu	FR Concordia-St Paul	7.25	1
19	Riley Crawford	JR Augustana	7.26	3
20	Jonathan Rowe	JR Sioux Falls	7.27	3
21	Cade Larson	SO Northern State	7.29	3
22	Mark Swann	SO Minnesota Duluth	7.44	2
--	Justin Taormina	JR Minnesota State	DNF	2

**Event 13 Women 800 Meter Run**

=====				
NSIC Record:	\$ 2:11.11	2/23/2019	Monique McPherson, MARY	
'18 Champion:	2:12.20	2/24/2018	Carly Rahn, Augustana	
Name	Year	School	Prelims	H#
=====				
1	Haleigh Reindl	FR Minnesota Duluth	2:17.28Q	1
2	Carly Rahn	SO Augustana	2:19.58Q	2
3	Monique McPherson	SR U-Mary	2:17.29Q	1

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019****Hosted by Minnesota State Mankato****Myers Fieldhouse****Results - NSIC Indoor Championship Day 1****....Event 13 Women 800 Meter Run**

4	Kali Ryan	SO Augustana	2:19.63Q	2
5	Allison Johnson	SR Winona State	2:17.44q	1
6	Bobbi Patrick	SR Minnesota State	2:19.71q	2
7	Mason Kalander	FR Minnesota Duluth	2:22.97q	2
8	Callin Naddy	FR Augustana	2:23.03q	2
9	Kathryn Webb	JR Minnesota Duluth	2:23.40	1
10	Kim Lowman	SO Wayne St	2:23.58	1
11	Delaney Leber	FR Augustana	2:24.91	2
12	Kristen Petron	JR Bemidji State	2:27.25	1
13	Allison Bartlett	SO Minnesota Duluth	2:27.49	1
14	Kristen Weber	SR SW Minnesota St	2:34.40	2

**Event 14 Men 800 Meter Run**

=====				
NSIC Record:	\$ 1:52.62	2017	Josh Barrows, Augustana	
'18 Champion:	1:53.40	2/24/2018	Josh Barrows, Augustana	
Name	Year	School	Prelims	H#
=====				
1	Josh Barrows	SR Augustana	1:53.45Q	1
2	Mason Phillips	SR Sioux Falls	1:58.82Q	2
3	Andrew Ruiz	SO Minnesota State	1:59.16Q	1
4	Donovan Miller	SO Northern State	1:59.27Q	2
5	Dante Gadbois	SO Minot State	1:59.44q	1
6	Cory Warner	JR Concordia-St Paul	1:59.53q	2
7	Nathan Pearson	JR Wayne St	1:59.56q	1
8	Wyatt Midtvedt	JR Minnesota Duluth	1:59.91q	2
9	Cole Fechner	FR Minnesota Duluth	2:00.28	1

**Event 15 Women 1000 Meter Run**

=====				
NSIC Record:	\$ 2:48.97	2016	Emily Trost, MSU Mankato	
'18 Champion:	2:55.83	2/24/2018	Emily Tromp, Augustana	
Name	Year	School	Prelims	H#
=====				
1	Hope Willenbrink	SR Winona State	2:57.97Q	1
2	Avery Selberg	SR Augustana	2:59.40Q	2
3	Emily Tromp	JR Augustana	2:59.87Q	3
4	Taryn Ceglowski	SO Sioux Falls	2:58.64Q	1
5	Bree Erickson	JR U-Mary	2:59.61Q	2
6	Haylee Waterfall	FR Augustana	3:00.13Q	3
7	Amanda Montplaisir	FR Minnesota State	2:59.35q	1
8	Meagan Schenk	SO Augustana	2:59.92q	2
9	Ryne Prigge	FR Bemidji State	3:01.10	3
10	Autum Shurbert-Hetzel	JR St. Cloud State	3:05.17	1
11	Elizabeth Kyes	JR Minnesota Duluth	3:06.23	2
12	Megan Stuart	SR Minnesota Duluth	3:06.36	2
13	Rhianna Rinke	JR Minnesota Duluth	3:06.86	3
14	Aimee Holland	JR Winona State	3:09.11	1
15	Megan Serratore	SR Minnesota State	3:09.80	1
16	Haley Leger	FR Minnesota State	3:10.14	3
17	Kiara Mattern	SO Sioux Falls	3:10.23	2
18	Kayla Jansky	JR SW Minnesota St	3:11.70	3
19	Tasha Bennett	JR Concordia-St Paul	3:13.24	2
20	Skyler Jacobson	FR SW Minnesota St	3:15.18	1



**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019****Hosted by Minnesota State Mankato****Myers Fieldhouse****Results - NSIC Indoor Championship Day 1****....Event 15 Women 1000 Meter Run**

21	Sadie Thompson	SO	Sioux Falls	3:19.47	2
22	Marissa Carlson	SR	Msu-Moorhead	3:19.58	1
23	Brinlie Nielsen	SO	Minot State	3:21.97	3
24	Maria Sabourin	SR	Winona State	3:23.23	3

**Event 16 Men 1000 Meter Run**

=====					
NSIC Record: \$ 2:26.61 2/23/2019 Jacob Wahlers, MSU					
'18 Champion: 2:29.51 2/24/2018 Josh Young, MSU-Moorhead					
	Name	Year	School	Prelims	H#
=====					
1	Billy Beseman	SR	Sioux Falls	2:31.19Q	3
2	Benjamin Allen	JR	Concordia-St Paul	2:31.32Q	1
3	Jacob Wahlers	SO	Minnesota State	2:32.52Q	2
4	Aaron Mayfield	FR	Minnesota State	2:31.47Q	3
5	Ben Schmied	FR	Minnesota State	2:31.58Q	1
6	Logan Hansen	SO	Sioux Falls	2:32.84Q	2
7	Evan Johnson	FR	Augustana	2:31.71q	1
8	Cole Lebourgeois	SO	Minnesota Duluth	2:31.90q	3
9	Jonathan Tostenson	FR	Minnesota Duluth	2:33.05	2
10	Daniel Armstrong	JR	Sioux Falls	2:34.73	3
11	Carson Speicher	FR	Msu-Moorhead	2:37.82	2
12	Dylan Pierson	FR	SW Minnesota St	2:38.56	1
13	Brock Hegarty	SO	Wayne St	2:39.03	2
14	Andrew Arthur	SO	Minnesota Duluth	2:40.12	1
15	David Ecker	FR	Sioux Falls	2:41.21	3
16	Aaron Voigt	FR	Sioux Falls	2:42.28	2
17	Colin Olson	JR	Minot State	2:42.40	1
18	Nathan Hiemer	SO	Wayne St	2:43.63	3

**Event 17 Women 200 Meter Dash**

=====					
NSIC Record: \$ 24.51 2/23/2019 Danielle Kohlwey, UMD					
'18 Champion: 24.69 2/24/2018 Danielle Kohlwey, Minnesota Du					
	Name	Year	School	Prelims	H#
=====					
1	Grace Hartman	SO	Minnesota State	24.78Q	2
2	Venice Stewart	SO	Bemidji State	24.85Q	3
3	Brittany Schyvinck	SR	Winona State	24.93Q	4 24.924
4	Danielle Kohlwey	SR	Minnesota Duluth	24.93Q	5 24.927
5	Abbey Zastrow	SO	U-Mary	25.30Q	1
6	Toni Canfall	SO	Concordia-St Paul	25.04q	3
7	Julia Hammerschmidt	SR	U-Mary	25.16q	5
8	Emma Baynes	SO	St. Cloud State	25.20q	3
9	Rose Gaye	FR	Minnesota State	25.38	2
10	Emelia Burris	SO	St. Cloud State	25.42	4
11	Selin Dikmen	SO	Augustana	25.55	4
12	Sarah Troescher	SR	Sioux Falls	25.65	5
13	Hanneke Oosterwegel	SR	Northern State	25.74	1
14	Maddy Pietz	FR	Winona State	25.80	2
15	Mackenzie Woodard	SO	Minnesota State	25.87	2
16	Michaela Pryor	FR	Winona State	25.92	3
17	Jada Barker	JR	Bemidji State	26.01	1
18	Allie Stalboerger	SR	Minnesota Duluth	26.13	1

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**....Event 17 Women 200 Meter Dash**

19 Kelsey Hurley SR Bemidji State 26.47 1

**Event 18 Men 200 Meter Dash**

=====  
 NSIC Record: \$ 21.42 2015 Emmanuel Matadi, MSU Mankato

'18 Champion: 21.79 2/24/2018 Tanner Ogren, Minnesota St

Name Year School Prelims H#

=====

Name	Year	School	Prelims	H#
1 Paul Selman	JR	Minnesota State	21.92Q	2
2 Reid Diamond	SR	Minnesota State	22.13Q	3
3 Josh Phelps	SO	Minnesota State	22.14Q	4
4 Jaquez Wilson	SR	Minnesota State	22.20Q	5
5 Luxon Glor	SR	U-Mary	22.38Q	1
6 Cornelius Bright	FR	Minnesota State	22.21q	2
7 Nate Hoglund	SO	Minnesota Duluth	22.39q	5 22.381
8 Parker Gloudemans	SO	Minnesota State	22.39q	4 22.390
9 Artavius Nixon	JR	Minnesota State	22.43	5
10 William Ray	SO	Concordia-St Paul	22.49	4
11 Vance Barnes	SR	Minnesota State	22.52	5
12 Clay Kramper	SR	Wayne St	22.75	1
13 Shaquiel Higgs	FR	Msu-Moorhead	22.77	3
14 Alvyns Alcenord	JR	Wayne St	22.78	2
15 Isaiha Fletcher	JR	Northern State	22.79	3
16 Ryan Tolkinen	SR	Minnesota Duluth	22.82	3
17 Andrew Leck	JR	Concordia-St Paul	22.89	1
18 Tobias Boegel	JR	Msu-Moorhead	22.91	2
19 Gabriel Galamue	JR	SW Minnesota St	22.95	4
20 Dawson Torborg	FR	Minnesota Duluth	23.08	1
21 Mark Swann	SO	Minnesota Duluth	23.81	1

**Event 37 Women 3000 Meter Run**

=====  
 NSIC Record: \$ 9:34.32 2017 Alexis Zeis, U of Mary

'18 Champion: 9:51.47 2/23/2018 Alexis Zeis, U-Mary

Name Year School Finals Points

Finals

=====

Name	Year	School	Finals	Points
1 Jaiden Schuette	SR	U-Mary	9:48.23	10
2 Ida Narbuvooll	JR	U-Mary	9:49.91	8
3 Mackenzie Kelly	SR	Augustana	9:51.65	6
4 Emily Roberts	SR	U-Mary	9:55.70	5
5 Leah Seivert	SR	Augustana	10:08.14	4
6 Starlynn Costa	FR	U-Mary	10:08.40	3
7 Nicolette Schmidt	FR	Augustana	10:15.92	2
8 Claire Boersma	SO	Augustana	10:17.02	1
9 Kathryn Sistrunk	JR	Msu-Moorhead	10:26.65	
10 Mackenzie Hall	FR	Minnesota Duluth	10:27.05	
11 Cait Savey	FR	Augustana	10:40.19	
12 Mariah Haight	FR	Augustana	10:40.34	
13 Kara Lindberg	SO	Concordia-St Paul	10:54.75	
14 Ivy Glade	SO	Minnesota State	10:59.82	
15 Jaylynn Lauer	SO	Minnesota State	11:03.08	
16 Rebekah Rairdon	SO	Augustana	11:19.79	
17 Michaela Larson	SO	Minot State	11:22.49	

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**Event 38 Men 3000 Meter Run**

=====				
NSIC Record:	\$ 8:16.97	2017	Glen Ellingson, Augustana	
'18 Champion:	8:28.37	2/23/2018	Mason Phillips, Sioux Falls	
Name	Year	School	Finals	Points
=====				
1 Zach Lundberg	JR	Sioux Falls	8:19.45	10
2 Austin Pasch	SR	Minnesota State	8:19.73	8
3 Steven Brown	SR	Sioux Falls	8:27.09	6
4 Luke Lahr	SR	Minnesota Duluth	8:27.12	5
5 Aaron Runge	JR	Augustana	8:27.19	4
6 Caleb Troe	SR	Concordia-St Paul	8:32.29	3
7 Isaac Overmyer	SR	Minnesota Duluth	8:32.91	2
8 Owen Smalley	SO	Minnesota Duluth	8:34.02	1
9 Nadir Yusuf	SO	Msu-Moorhead	8:38.82	
10 Peyton Holmes	JR	Concordia-St Paul	8:42.22	
11 Cole Oslin	JR	Concordia-St Paul	8:53.54	
12 Riccardo Done	JR	Northern State	8:57.90	
13 Braydon Kubat	SO	Minnesota Duluth	8:58.78	
14 Zeke Green	SO	Concordia-St Paul	9:03.24	
15 Kendall Hill	JR	Minnesota Duluth	9:03.82	
16 David Ecker	FR	Sioux Falls	9:06.72	
17 Matthew Trutna	FR	Minnesota Duluth	9:07.31	
18 Ryan Kohler	FR	Minot State	9:19.17	

**Event 23 Women Distance Medley**

=====				
NSIC Record:	\$ 12:01.42	2017	, Minnesota Duluth	
			M.Berg,P.Du,E.Kyes,B.Colbenson	
'18 Champion:	12:09.60	2/23/2018	University of Mary, U-Mary	
			R Bond, C Modglin, B Erickson, K Fox	
School			Finals	Points
=====				
1 Augustana			12:14.24	10
1) Carly Rahn SO		2) Sydney Mudgett SO		
3) Kali Ryan SO		4) Emily Tromp JR		
2 U-Mary			12:25.16	8
1) Sydney Wendt SO		2) Courtney Dembrowski FR		
3) Monique McPherson SR		4) Kate Fox JR		
3 Minnesota Duluth			12:32.55	6
1) Megan Stuart SR		2) Sierra Arradondo FR		
3) Isabelle Brezinka SO		4) Elizabeth Kyes JR		
4 Minnesota State			12:33.99	5
1) Megan Serratore SR		2) Chelsey Bad Moccasin SO		
3) Bobbi Patrick SR		4) Amanda Montplaisir FR		
5 Sioux Falls			12:34.51	4
1) Kiara Mattern SO		2) Zoe Cigard FR		
3) Sadie Thompson SO		4) Becca Goertzen SR		
6 St. Cloud State			12:35.69	3
1) Autum Shurbert-Hetzel JR		2) Cassidy Lackovic FR		
3) Clara Welhouse FR		4) Chrissy Lofgren JR		
7 Winona State			12:42.95	2
1) Becca Richtman SO		2) Amanda Wanie SR		
3) Brittany Quiring FR		4) Natalie Nowatzke SO		
8 Northern State			12:44.98	1
1) Abberly Smith SO		2) Mackenzie Cruzen SR		

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**....Event 23 Women Distance Medley**

3) Jennifer Clark FR	4) Paige Larson SR	
9 Minot State		12:57.16
1) Abigail McGee SO	2) Erin Winterton SR	
3) Brinlie Nielsen SO	4) Lauren Reeves FR	
10 Concordia-St Paul		13:19.01
1) Tasha Bennett JR	2) Teghan Norman SR	
3) Lydia Carr JR	4) Lucia Mesfin FR	
11 Wayne St		13:20.25
1) Molly McCartney SO	2) Marin Jetensky FR	
3) Kim Lowman SO	4) Andrea Torres FR	
12 SW Minnesota St		13:38.01
1) Skyler Jacobson FR	2) Olivia Bennot FR	
3) Kristen Weber SR	4) Kayla Jansky JR	

**Event 24 Men Distance Medley**

=====			
NSIC Record:	\$ 10:06.50	2/22/2019	Sioux Falls, USF
			J Kraft, L Hansen, B Beseman, M Phillips
'18 Champion:	10:11.86	2/23/2018	Augustana, Augustana
			Z Tuschen, R Stiles, J Barrows, A Miller
School			Finals Points
=====			
1	Sioux Falls	10:06.50\$	10
	1) Jase Kraft SR	2) Logan Hansen SO	
	3) Billy Beseman SR	4) Mason Phillips SR	
2	U-Mary	10:08.17	8
	1) Samuel Wilke JR	2) Ty Trainor FR	
	3) Cory Myers SO	4) Derek Myers SR	
3	Minnesota State	10:08.55	6
	1) Austin Yardley JR	2) Parker Gloudemans SO	
	3) Isaiah Rabata JR	4) Caleb Burke JR	
4	Concordia-St Paul	10:17.48	5
	1) Tyler Hudson JR	2) Desmond Bassett SO	
	3) Cory Warner JR	4) Benjamin Allen JR	
5	Augustana	10:24.11	4
	1) Nathan Schroeder JR	2) Alex Woods JR	
	3) Josh Barrows SR	4) Endre Wigaard SR	
6	Minnesota Duluth	10:34.64	3
	1) Jonathan Tostenson FR	2) Ryan Tolkinen SR	
	3) David Supinski SR	4) Christian Leonard SO	
7	Msu-Moorhead	10:38.80	2
	1) Nick Marshall JR	2) Evan Carlson SR	
	3) Carson Speicher FR	4) Hunter Kjelshus FR	
8	Northern State	10:40.10	1
	1) Donovan Miller SO	2) Kelson Brewer JR	
	3) Devin Sheridan FR	4) Jorge Garcia SO	
9	Minot State	10:54.70	
	1) Colin Olson JR	2) Chiti Nkhuwa SR	
	3) Dante Gadbois SO	4) Leo Skellenger FR	
10	SW Minnesota St	11:10.52	
	1) John Wyatt Reece FR	2) Jake Evans SR	
	3) Dylan Pierson FR	4) Ben Broze SR	

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**Event 30 Men Long Jump**

=====									
NSIC Record: \$ 7.58m		1981		Ed Stuart, Minnesota Duluth					
'18 Champion: 7.22m		2/23/2018		Derek Lahm, Wayne St.					
Name	Year	School	Finals	H#	Points				
=====									
1	Luxon Glor	SR	U-Mary	7.44m	24-05.00	3	10		
	FOUL	7.22m	7.23m	PASS	7.44m	FOUL			
2	Brady Erickson	FR	U-Mary	7.06m	23-02.00	3	8		
	7.06m	FOUL	6.90m	6.74m	6.70m	FOUL			
3	Armani Carmickle	SO	Minnesota Duluth	6.94m	22-09.25	3	6		
	FOUL	FOUL	6.93m	6.94m	PASS	FOUL			
4	Mikhail Sands	FR	Wayne St	6.90m	22-07.75	2	5		
	6.90m	FOUL	6.50m	6.75m	6.35m	6.44m			
5	Tyrell Rosencranz	SR	U-Mary	6.89m	22-07.25	3	4		
	6.53m	6.89m	6.71m	FOUL	6.31m	FOUL			
6	Ryan Tolkinen	SR	Minnesota Duluth	6.77m	22-02.50	2	3		
	6.75m	6.77m	6.68m	PASS	PASS	6.44m			
7	Victor Ogeka	SR	Minnesota State	6.77m	22-02.50	3	2		
	6.73m	6.77m	6.65m	6.74m	6.72m	6.74m			
8	Kyle Cacho	FR	U-Mary	6.73m	22-01.00	2	1		
	6.73m	FOUL	6.48m	FOUL	FOUL	FOUL			
9	Talon Staudinger	JR	U-Mary	6.67m	21-10.75	3			
	FOUL	FOUL	6.63m	6.34m	6.67m	6.19m			
10	Andrew Johnson	SO	Concordia-St Paul	6.63m	21-09.00	2			
	6.49m	FOUL	6.63m	6.44m	FOUL	FOUL			
11	Trey Tiefenthaler	JR	Northern State	6.61m	21-08.25	2			
	6.54m	6.61m	6.35m						
12	Cameron Ramnarine	SO	Minnesota State	6.58m	21-07.25	2			
	6.58m	FOUL	6.57m						
13	Dawson Torborg	FR	Minnesota Duluth	6.55m	21-06.00	1			
	6.22m	6.21m	6.55m						
14	Casey Hackett	FR	Sioux Falls	6.49m	21-03.50	3			
	FOUL	6.49m	FOUL						
15	Sam Mackedanz	SR	U-Mary	6.43m	21-01.25	2			
	6.35m	6.15m	6.43m						
16	Isaiah Nelson	SO	SW Minnesota St	6.41m	21-00.50	1			
	FOUL	6.41m	FOUL						
17	Jake Carlson	JR	Minnesota Duluth	6.32m	20-09.00	1			
	6.11m	6.32m	6.32m						
18	TJ Neal	FR	Msu-Moorhead	6.29m	20-07.75	1			
	5.83m	6.29m	6.29m						
19	Adarius Gallon	FR	SW Minnesota St	6.27m	20-07.00	3			
	6.11m	5.95m	6.27m						
20	Zachary Busch	SR	Northern State	6.20m	20-04.25	1			
	6.20m	FOUL	FOUL						
21	Deveyon Brown	FR	Minnesota State	6.05m	19-10.25	1			
	6.03m	6.05m	PASS						
22	Elijah Calderon-Pitchfor	JR	Minnesota State	5.68m	18-07.75	1			
	5.68m	PASS	PASS						

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**Event 29 Women Long Jump**

=====									
NSIC Record: \$ 6.00m		2010		Heather Miller, St. Cloud State					
'18 Champion: 5.64m		2/23/2018		Tamika Tucker, Winona State					
Name	Year	School	Finals			H#	Points	=====	
1 Olivia Montez Brown	JR	Augustana	5.73m	18-09.75	3	10			
			5.49m	5.57m	5.47m	5.49m	5.73m	5.60m	
2 Chloe Peterson	SO	Sioux Falls	5.65m	18-06.50	3	8			
			5.52m	5.60m	5.44m	5.48m	5.51m	5.65m	
3 Cali Modglin	SO	U-Mary	5.64m	18-06.00	3	6			
			5.59m	5.59m	5.64m	5.53m	5.46m	5.46m	
4 Tamika Tucker	SR	Winona State	5.62m	18-05.25	3	5			
			5.55m	5.62m	FOUL	5.39m	PASS	5.13m	
5 Emelia Burris	SO	St. Cloud State	5.62m	18-05.25	3	4			
			5.44m	5.62m	5.37m	5.48m	FOUL	PASS	
6 D'Andra Morris	SO	U-Mary	5.54m	18-02.25	3	3			
			5.54m	FOUL	5.53m	5.38m	5.17m	5.49m	
7 Faith Lubner	SO	St. Cloud State	5.48m	17-11.75	2	2			
			5.42m	5.34m	FOUL	FOUL	FOUL	5.48m	
8 Elizabeth Brunner	JR	Minnesota State	5.47m	17-11.50	3	1			
			FOUL	5.25m	5.47m	5.21m	5.44m	5.46m	
9 Kylie Pastian	SR	U-Mary	5.45m	17-10.75	2				
			5.45m	FOUL	FOUL	FOUL	FOUL	FOUL	
10 Callie DeWitt	SO	Augustana	5.39m	17-08.25	2				
			FOUL	5.28m	5.39m				
11 Carolyn Hackel	JR	Minnesota State	5.32m	17-05.50	2				
			FOUL	5.22m	5.32m				
12 Jenny Vetter	FR	Minnesota State	5.31m	17-05.25	2				
			FOUL	5.26m	5.31m				
13 Nicolyn Brown	SR	U-Mary	5.29m	17-04.25	3				
			5.29m	5.14m	FOUL				
14 Ricki Lindley	JR	U-Mary	5.27m	17-03.50	2				
			5.23m	5.27m	4.88m				
15 Taylor Juresh	JR	Winona State	5.25m	17-02.75	3				
			4.99m	5.22m	5.25m				
16 Maya Taylor	SO	St. Cloud State	5.23m	17-02.00	2				
			FOUL	5.06m	5.23m				
17 Dominique Hart	JR	Minnesota Duluth	5.18m	17-00.00	1				
			4.98m	5.18m	5.02m				
18 Steinunn Atladottir	SR	Minnesota State	5.13m	16-10.00	1				
			4.91m	5.13m	4.92m				
19 Hanna Frekot	SR	Minnesota Duluth	5.07m	16-07.75	2				
			5.07m	4.98m	4.98m				
20 Baylie Narum	FR	Msu-Moorhead	5.04m	16-06.50	1				
			5.04m	FOUL	4.96m				
21 Abby Jungwirth	JR	St. Cloud State	5.04m	16-06.50	2				
			FOUL	FOUL	5.04m				
22 Riana Noelle	JR	Wayne St	4.97m	16-03.75	1				
			4.97m	4.91m	4.89m				
23 Cheri'a Adams	SO	Bemidji State	4.94m	16-02.50	1				
			4.93m	FOUL	4.94m				
24 Ashley Sprain	JR	Winona State	4.92m	16-01.75	1				
			FOUL	4.92m	4.74m				
25 Kylie Monson	FR	Bemidji State	4.76m	15-07.50	1				
			4.76m	FOUL	FOUL				

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**....Event 29 Women Long Jump**

26 Sara Stier FR Msu-Moorhead 4.41m 14-05.75 1  
 FOUL 4.39m 4.41m

**Event 33 Women Weight Throw**

NSIC Record: \$ 22.36m 2017 Kaitlyn Long, Winona State  
 '18 Champion: 19.96m 2/23/2018 Michaela Dendinger, Wayne St.

Name	Year	School	Finals	H#	Points
1 Brinn Grunder	JR	Upper Iowa	18.72m	61-05.00	4 10
FOUL 17.66m 18.72m	18.22m 18.10m	FOUL			
2 Mckenzie Scheil	FR	Wayne St	17.94m	58-10.25	4 8
FOUL FOUL 17.80m 17.94m	17.58m 17.85m				
3 Rebecca Manteuffel	SO	SW Minnesota St	17.94m	58-10.25	4 6
17.29m 17.63m 17.24m	17.94m 17.26m 15.77m				
4 Morgan Florek	SO	Minnesota State	17.79m	58-04.50	3 5
FOUL 16.26m 16.66m 16.50m	FOUL 17.79m				
5 Annabelle Haarstad	JR	Minnesota State	17.26m	56-07.50	4 4
FOUL 17.26m 16.46m 17.20m	16.92m FOUL				
6 Brooklynn Chipps	FR	Wayne St	16.99m	55-09.00	4 3
16.17m 16.99m 16.79m	16.48m FOUL 16.36m				
7 Kaylee Jensen	SO	Minnesota State	16.71m	54-10.00	4 2
12.69m 14.98m 16.24m	16.71m 16.43m 14.28m				
8 Brea Perron	SO	Minnesota State	16.47m	54-00.50	4 1
15.45m 16.40m 16.47m	15.21m FOUL 15.72m				
9 Emily Waletzko	SR	Msu-Moorhead	16.46m	54-00.00	4
16.33m 16.46m FOUL FOUL	16.43m 16.24m				
10 Jadin Wagner	SO	Wayne St	16.19m	53-01.50	2
16.19m 15.84m FOUL					
11 Jaimie McNamee	JR	Sioux Falls	16.04m	52-07.50	3
16.04m 15.84m 15.42m					
12 Nicolette Kneeland	JR	Northern State	15.93m	52-03.25	2
14.99m 15.93m 15.88m					
13 Kenzie Sullivan	SO	Wayne St	15.93m	52-03.25	3
15.93m 15.67m 15.80m					
14 Nicole Heeren	FR	Wayne St	15.75m	51-08.25	3
15.59m 15.75m FOUL					
15 Emma Hertz	SO	Sioux Falls	15.67m	51-05.00	3
FOUL FOUL 15.67m					
16 Tia Donlan	SO	Concordia-St Paul	15.62m	51-03.00	2
15.62m FOUL 14.90m					
17 Bariture Igboh	SR	Minnesota Duluth	15.56m	51-00.75	2
15.56m 14.97m 14.88m					
18 Amber Cook	SR	Sioux Falls	15.54m	51-00.00	3
15.54m 14.04m FOUL					
19 Sydney Thompson	SO	Minnesota State	15.39m	50-06.00	2
14.99m 15.27m 15.39m					
20 Zoe Christensen	FR	Bemidji State	15.39m	50-06.00	2
14.54m 15.39m FOUL					
21 Sarah Stang	SO	Wayne St	15.07m	49-05.50	1
13.86m 15.07m 14.47m					
22 Genavieve Baklund	JR	Bemidji State	15.04m	49-04.25	2
14.35m 15.04m 14.60m					

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**....Event 33 Women Weight Throw**

23	Kayla Andersen	SO	Sioux Falls	14.88m	48-10.00	3
	14.04m 14.72m 14.88m					
24	Hannah Gustafson	JR	Concordia-St Paul	14.88m	48-10.00	3
	14.32m FOUL 14.88m					
25	Cassidy Connell	FR	Wayne St	14.33m	47-00.25	1
	14.20m FOUL 14.33m					
26	Annie Falardeau	FR	St. Cloud State	13.85m	45-05.25	1
	13.66m 12.52m 13.85m					
27	Regan Grube	SR	Bemidji State	13.69m	44-11.00	1
	13.68m 13.69m FOUL					
28	Norah King	FR	SW Minnesota St	13.48m	44-02.75	2
	FOUL 13.48m 12.98m					
29	Jordan Menken	SO	Northern State	13.43m	44-00.75	1
	13.43m FOUL 12.81m					
30	Kacey Davitt	JR	Winona State	13.21m	43-04.25	1
	13.21m 11.77m FOUL					
31	Hailey Nierling	FR	SW Minnesota St	13.13m	43-01.00	1
	12.71m 13.13m 13.13m					
32	Lauren Julian	SO	St. Cloud State	12.66m	41-06.50	1
	12.50m 12.39m 12.66m					
--	Anna Ripke	SR	Concordia-St Paul	FOUL		2
	FOUL FOUL FOUL					
--	Amanda Flores-Schulte	FR	SW Minnesota St	FOUL		1
	FOUL FOUL FOUL					

**Event 34 Men Weight Throw**

=====							
NSIC Record: \$ 21.01m		2012	Ross Bunchek, Wayne State				
'18 Champion: 19.43m		2/23/2018	Anthony Huber, Augustana				
Name	Year	School	Finals	H#	Points		
=====							
1	Cade Kalkowski	SO	Wayne St	20.16m	66-01.75	3	10
	19.75m 17.94m FOUL	20.06m	20.16m	FOUL			
2	Dylan Kaup	JR	Wayne St	19.59m	64-03.25	3	8
	18.33m 19.11m 19.59m	18.01m	17.66m	18.44m			
3	Connor McCormick	SO	Minnesota State	19.30m	63-04.00	3	6
	18.20m 18.72m FOUL	18.37m	18.71m	19.30m			
4	Tanner Berg	SO	Northern State	19.20m	63-00.00	3	5
	19.20m FOUL FOUL FOUL	FOUL	FOUL	FOUL			
5	Nasru Wado	SR	Concordia-St Paul	17.77m	58-03.75	3	4
	FOUL 16.54m 17.36m	FOUL	17.67m	17.77m			
6	Patrick Hagan	SO	Sioux Falls	17.26m	56-07.50	3	3
	16.86m FOUL 17.05m	FOUL	16.91m	17.26m			
7	Chandler Nelson	SR	Sioux Falls	17.01m	55-09.75	2	2
	14.94m 17.01m 16.40m	FOUL	FOUL	16.58m			
8	Jayne LaPlante	SR	Minnesota State	16.91m	55-05.75	3	1
	16.24m 16.64m FOUL	16.63m	16.52m	16.91m			
9	Matthew Nemeč	SR	Wayne St	16.90m	55-05.50	3	
	FOUL 16.28m 16.60m	16.54m	16.25m	16.90m			
10	Connor Wigand	SO	SW Minnesota St	16.12m	52-10.75	2	
	15.27m 14.94m 16.12m						
11	Christian Gruschin	SR	Sioux Falls	15.94m	52-03.75	3	
	FOUL 15.94m FOUL						



**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**....Event 34 Men Weight Throw**

12	Eben Mundfrom	FR Concordia-St Paul	15.85m	52-00.00	2
	FOUL 15.85m 15.61m				
13	Jake Olson	SR Northern State	15.53m	50-11.50	2
	15.50m 15.53m 14.62m				
14	Cole Christoffersen	SO Wayne St	15.36m	50-04.75	2
	14.69m FOUL 15.36m				
15	Austin Eppard	FR Northern State	15.32m	50-03.25	2
	15.11m 15.24m 15.32m				
16	Zach Skelton	FR Minnesota Duluth	15.02m	49-03.50	2
	14.16m 15.02m FOUL				
17	Bedale Naba	SO Minnesota State	14.95m	49-00.75	1
	FOUL 13.59m 14.95m				
18	Tanner Berby	SO Msu-Moorhead	14.61m	47-11.25	2
	FOUL FOUL 14.61m				
19	Logan Gelineau	SR Minnesota Duluth	14.16m	46-05.50	2
	13.73m FOUL 14.16m				
20	Kyler Kennedy	SR Minnesota Duluth	13.95m	45-09.25	1
	FOUL 13.95m 13.44m				
21	Parker Benner	FR Minot State	13.84m	45-05.00	1
	13.80m 13.66m 13.84m				
22	Connor Kantack	FR Minnesota Duluth	13.83m	45-04.50	1
	13.83m FOUL FOUL				
23	Keegan Larson	FR Concordia-St Paul	13.58m	44-06.75	1
	12.50m 12.97m 13.58m				
24	Hunter Quinn	FR Concordia-St Paul	13.43m	44-00.75	1
	13.43m FOUL FOUL				
25	Calvin Knapp	FR SW Minnesota St	13.25m	43-05.75	1
	12.80m 13.25m FOUL				
26	Jonathon Kremer	SO Northern State	13.24m	43-05.25	1
	12.80m 13.24m FOUL				
26	Devan Rohrich	SO U-Mary	13.24m	43-05.25	1
	FOUL 13.24m FOUL				
28	Darik Elstad	FR Minnesota State	13.13m	43-01.00	2
	12.83m 13.13m FOUL				
--	Richard Sweeney	SR Wayne St	FOUL		3
	FOUL FOUL FOUL				
--	Jerron McDonald	FR Msu-Moorhead	FOUL		1
	FOUL FOUL FOUL				

**Event 26 Men High Jump**

=====										
NSIC Record: \$ 2.14m 2/22/2019 Chris Cook, MSUM										
'18 Champion: 2.06m 2/23/2018 Michael Sandle, Minnesota St										
Name	Year	School	Finals							Points
=====										
1	Chris Cook	FR Msu-Moorhead	2.14m	\$	7-00.25					10
	1.81 1.86 1.91 1.96 2.00	2.04 2.08 2.11 2.14 2.16								
	PPP PPP 0 0 0	XO PPP 0 XO XXX								
2	Shenley Allen	JR U-Mary	2.11m		6-11.00					8
	1.81 1.86 1.91 1.96 2.00	2.04 2.08 2.11 2.14								
	PPP PPP 0 0 0	XO 0 XO XXX								
3	Tyl Woelber	FR Augustana	2.00m		6-06.75					6
	1.81 1.86 1.91 1.96 2.00	2.04								
	PPP PPP 0 XXO 0	XXX								

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**....Event 26 Men High Jump**

4	Zach Sweep	JR Msu-Moorhead	1.96m	6-05.00	4.50
	1.81 1.86 1.91 1.96 2.00				
	PPP PPP 0 0 XXX				
4	Joseph Kirkebak	SR Sioux Falls	1.96m	6-05.00	4.50
	1.81 1.86 1.91 1.96 2.00				
	PPP 0 0 0 XXX				
6	Logan Bristol	JR Minnesota State	1.91m	6-03.25	3
	1.81 1.86 1.91 1.96				
	PPP 0 0 XXX				
7	Benjamin Ojika	SR Minnesota State	1.91m	6-03.25	1
	1.81 1.86 1.91 1.96				
	0 0 XO XXX				
7	Tyler Wanous	SO Minnesota Duluth	1.91m	6-03.25	1
	1.81 1.86 1.91 1.96				
	0 0 XO XXX				
7	Deveyon Brown	FR Minnesota State	1.91m	6-03.25	1
	1.81 1.86 1.91 1.96				
	PPP PPP XO XXX				
10	Sam Mackedanz	SR U-Mary	1.91m	6-03.25	
	1.81 1.86 1.91 1.96				
	PPP 0 XXO XXX				
11	Eli Anderson	JR Augustana	1.86m	6-01.25	
	1.81 1.86 1.91				
	PPP XO XXX				
11	Jalen Coleman	FR SW Minnesota St	1.86m	6-01.25	
	1.81 1.86 1.91				
	PPP XO XXX				
13	Aaron English	FR Wayne St	1.86m	6-01.25	
	1.81 1.86 1.91				
	XO XO XXX				
14	Jack Thompson	FR Minnesota Duluth	1.81m	5-11.25	
	1.81 1.86				
	OPP XXX				
14	Parker Powers	FR Concordia-St Paul	1.81m	5-11.25	
	1.81 1.86				
	0 XXX				
14	Tanner Schulte	SR Augustana	1.81m	5-11.25	
	1.81 1.86				
	0 XXX				

**Event 28 Men Pole Vault**

=====										
NSIC Record: \$ 5.20m 2015 Scott Greenman, Sioux Falls										
'18 Champion: 4.86m 2/23/2018 Dan Clark, Minnesota Du										
Name Year School Finals Points										
=====										
1	Tristan Zawadzki	JR Sioux Falls	5.09m	16-08.25	10					
	4.03 4.18 4.33 4.43 4.53 4.63 4.73 4.83 4.93 5.03 5.09 5.15									
	PPP PPP PPP 0 PPP XO 0 XO XXO 0 XO XXX									
2	Connor DeJong	SR Sioux Falls	4.93m	16-02.00	8					
	4.03 4.18 4.33 4.43 4.53 4.63 4.73 4.83 4.93 5.03									
	PPP PPP PPP 0 PPP 0 XO 0 0 XXX									



**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 1**

**Event 27 Women Pole Vault**

=====									
NSIC Record: \$ 4.32m		2017		Courtney Crandall, Sioux Falls					
'18 Champion: 3.88m		2/24/2018		Kimberly Peterson, Sioux Falls					
Name	Year	School	Finals		Points				
=====									
1 Mikayla Marvin		FR Wayne St	3.55m		11-07.75		10		
2.80	2.95	3.10	3.25	3.35	3.45	3.55	3.65		
PPP	PPP	PPP	XO	O	XXO	XO	XXX		
2 Kealy Hill		FR Northern State	3.45m		11-03.75		8		
2.80	2.95	3.10	3.25	3.35	3.45	3.55			
PPP	PPP	O	O	O	XXO	XXX			
3 Lily Noble		SR Augustana	3.45m		11-03.75		6		
2.80	2.95	3.10	3.25	3.35	3.45	3.55			
PPP	PPP	PPP	XO	O	XXO	XXX			
4 Carolyn Groeger		FR Sioux Falls	3.35m		10-11.75		5		
2.80	2.95	3.10	3.25	3.35	3.45				
PPP	PPP	O	O	O	XXX				
5 Anna St. Catherine		SO Msu-Moorhead	3.25m		10-08.00		4		
2.80	2.95	3.10	3.25	3.35					
PPP	PPP	PPP	XO	XXX					
6 Christine Dennison		FR Minnesota State	3.25m		10-08.00		2.50		
2.80	2.95	3.10	3.25	3.35					
PPP	PPP	XO	XO	XXX					
6 Jenna Ellertson		JR Msu-Moorhead	3.25m		10-08.00		2.50		
2.80	2.95	3.10	3.25	3.35					
PPP	XO	O	XO	XXX					
8 Cassidy Baker		SR Minnesota Duluth	3.25m		10-08.00		1		
2.80	2.95	3.10	3.25	3.35					
PPP	O	O	XXO	XXX					
9 Alysa Henry		FR U-Mary	3.10m		10-02.00				
2.80	2.95	3.10	3.25						
PPP	O	O	XXX						
10 Teghan Norman		SR Concordia-St Paul	3.10m		10-02.00				
2.80	2.95	3.10	3.25						
PPP	XO	O	XXX						
10 Sydney Bahls		FR Msu-Moorhead	3.10m		10-02.00				
2.80	2.95	3.10	3.25						
O	XO	O	XXX						
12 Brenna Schmidt		SR Sioux Falls	3.10m		10-02.00				
2.80	2.95	3.10	3.25						
PPP	XO	XO	XXX						
12 Tyra Zinkel		SO Concordia-St Paul	3.10m		10-02.00				
2.80	2.95	3.10	3.25						
O	XO	XO	XXX						
14 Abbie Rockstad		SO Minnesota Duluth	3.10m		10-02.00				
2.80	2.95	3.10	3.25						
PPP	O	XXO	XXX						
15 Kalli Jo Klocke		FR St. Cloud State	2.95m		9-08.00				
2.80	2.95	3.10							
O	O	XXX							
16 Cami Harmer		FR Minnesota Duluth	2.95m		9-08.00				
2.80	2.95	3.10							
XO	O	XXX							

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019****Hosted by Minnesota State Mankato****Myers Fieldhouse****Results - NSIC Indoor Championship Day 1****....Event 27 Women Pole Vault**

17	Marya Schiltz	FR Sioux Falls	2.80m	9-02.25
	2.80 2.95			
	O XXX			
18	Emma Gauert	FR St. Cloud State	2.80m	9-02.25
	2.80 2.95			
	XXO XXX			

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**Event 2 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

Name	Year School	Finals	H#	Points
Finals				
1 Jack Curtis	SR Minnesota State	8.53	4	853
2 Robert Sullivan	SR Wayne St	8.58	5	841
3 Bryce Malsam	JR Northern State	8.60	5	836
4 TJ Hochstetler	SR Northern State	8.60	4	836
5 Ryan Kruse	SR Minnesota State	8.60	5	836
6 Tyl Woelber	FR Augustana	8.68	4	818
7 Clay Jackson	SO Msu-Moorhead	8.88	3	772
8 Ian O'Connor	SO Minnesota Duluth	8.89	4	770
9 Arik Johnson	FR Concordia-St Paul	9.00	2	746 8.993
10 Noah Lilly	FR Wayne St	9.00	2	746 8.996
11 Shea Alto	FR Minnesota Duluth	9.09	3	726
12 Jakob Tordsen	SO Concordia-St Paul	9.12	1	720
13 Jackson Penner	JR U-Mary	9.30	2	681
14 Jordan Swango	SR U-Mary	9.36	3	668
15 Jacob Minnick	SO Msu-Moorhead	9.82	1	576
16 Ethan Holm	FR Sioux Falls	11.11	1	351
-- Calvin Buesgens	SR Minnesota State	DNF	3	

**Event 2 Heptathlon: #6 Men Pole Vault Heptathlon**

Name	Year School	Finals	Points
1 TJ Hochstetler	SR Northern State	4.50m 14-09.00	760
2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O XXX			
2 Robert Sullivan	SR Wayne St	4.30m 14-01.25	702
2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O XXX			
2 Jack Curtis	SR Minnesota State	4.30m 14-01.25	702
2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O O O XO XXX			
4 Ryan Kruse	SR Minnesota State	4.20m 13-09.25	673
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XO O O O O XXX			
5 Noah Lilly	FR Wayne St	4.10m 13-05.25	645
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XO O XXX			
6 Jackson Penner	JR U-Mary	4.00m 13-01.50	617
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O O XXX			
7 Shea Alto	FR Minnesota Duluth	3.90m 12-09.50	590
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XO XO O XXX			
8 Ian O'Connor	SO Minnesota Duluth	3.80m 12-05.50	562
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XXO XXO XO XXX			
8 Jacob Minnick	SO Msu-Moorhead	3.80m 12-05.50	562
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXO O XXO XXX			

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 2 Heptathlon: #6 Men Pole Vault Heptathlon**

Rank	Name	Year	School	3.80m	12-05.50	562
8	Jakob Tordsen	SO	Concordia-St Paul	3.80m	12-05.50	562
				2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90		
				PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XXX		
11	Tyl Woelber	FR	Augustana	3.60m	11-09.75	509
				2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70		
				PPP PPP PPP PPP PPP PPP PPP PPP O PPP XO PPP O XXX		
11	Ethan Holm	FR	Sioux Falls	3.60m	11-09.75	509
				2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70		
				PPP PPP PPP PPP PPP PPP PPP PPP XO PPP XXO XXO O XXX		
13	Jordan Swango	SR	U-Mary	3.50m	11-05.75	482
				2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70		
				PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XO P XXX		
13	Arik Johnson	FR	Concordia-St Paul	3.50m	11-05.75	482
				2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70		
				PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O P XXX		
15	Clay Jackson	SO	Msu-Moorhead	2.90m	9-06.25	333
				2.40 2.50 2.60 2.70 2.80 2.90 3.00		
				O PPP XO XO O O XXX		
--	Bryce Malsam	JR	Northern State	NH		
				2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10		
				PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXX		

**Event 2 Heptathlon: #7 Men 1000 Meter Run Heptathlon**

Name	Year	School	Finals	Points
1 Jackson Penner	JR	U-Mary	2:46.51	802
2 Jacob Minnick	SO	Msu-Moorhead	2:47.58	791
3 Ian O'Connor	SO	Minnesota Duluth	2:48.63	780
4 Jordan Swango	SR	U-Mary	2:49.88	767
5 Arik Johnson	FR	Concordia-St Paul	2:49.90	767
6 TJ Hochstetler	SR	Northern State	2:50.11	764
7 Tyl Woelber	FR	Augustana	2:52.74	737
8 Jakob Tordsen	SO	Concordia-St Paul	2:53.56	729
9 Jack Curtis	SR	Minnesota State	2:57.07	693
10 Clay Jackson	SO	Msu-Moorhead	2:57.59	688
11 Noah Lilly	FR	Wayne St	2:58.38	680
12 Ryan Kruse	SR	Minnesota State	3:01.41	650
13 Bryce Malsam	JR	Northern State	3:03.68	629
14 Robert Sullivan	SR	Wayne St	3:05.51	611
15 Ethan Holm	FR	Sioux Falls	3:12.81	544
16 Shea Alto	FR	Minnesota Duluth	3:14.26	531

**Event 1 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Year	School	Finals	H#	Points
1 Olivia Montez Brown	JR	Augustana	8.87	4	937
2 Faith Lubner	SO	St. Cloud State	8.89	4	933
3 Christa Benson	SR	Bemidji State	9.08	4	893
4 Shantelle Rule	SO	U-Mary	9.26	3	856
5 Emily Olson	SO	Sioux Falls	9.31	4	846
6 Leighton Fischer	SO	St. Cloud State	9.33	3	842
7 Alysa Henry	FR	U-Mary	9.35	3	838

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 1 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

8	Summer Storm	JR Msu-Moorhead	9.49	3	810
9	Makenzie Soeken	JR Upper Iowa	9.64	2	781
10	Kylie Monson	FR Bemidji State	9.86	1	738
11	Virginia Pederson	FR SW Minnesota St	9.94	2	723
12	Libby Christenson	SO Bemidji State	10.49	1	623
13	Alyssa Kavajecz	JR Minnesota Duluth	10.62	1	601
14	Dakota Hutzler	SO Northern State	10.63	2	599
15	Ashlyn Simons	FR U-Mary	11.23	2	499
16	Zoe Stone	FR Minnesota State	11.23	1	499

**Event 1 Indoor Pentathlon: #2 Women Long Jump Indoor Pentathlon**

Name	Year School	Finals	Points
1 Olivia Montez Brown 5.55m 5.63m 5.58m	JR Augustana	5.63m 18-05.75	738
2 Christa Benson 5.26m 5.41m 5.36m	SR Bemidji State	5.41m 17-09.00	674
3 Faith Lubner 5.24m FOUL 5.38m	SO St. Cloud State	5.38m 17-08.00	665
4 Emily Olson 5.06m 5.01m 5.26m	SO Sioux Falls	5.26m 17-03.25	631
5 Alysa Henry 5.20m 5.01m 5.10m	FR U-Mary	5.20m 17-00.75	614
6 Leighton Fischer 5.08m 5.06m 5.15m	SO St. Cloud State	5.15m 16-10.75	601
7 Ashlyn Simons 5.07m 5.00m 4.84m	FR U-Mary	5.07m 16-07.75	578
8 Kylie Monson 4.90m 4.95m FOUL	FR Bemidji State	4.95m 16-03.00	546
9 Dakota Hutzler 4.88m 4.88m 4.75m	SO Northern State	4.88m 16-00.25	527
10 Summer Storm 4.78m FOUL FOUL	JR Msu-Moorhead	4.78m 15-08.25	500
11 Alyssa Kavajecz 4.74m FOUL 4.76m	JR Minnesota Duluth	4.76m 15-07.50	495
12 Virginia Pederson 4.62m 4.70m 4.74m	FR SW Minnesota St	4.74m 15-06.75	490
12 Shantelle Rule 4.61m 4.74m 4.53m	SO U-Mary	4.74m 15-06.75	490
14 Zoe Stone 4.70m 4.49m 4.63m	FR Minnesota State	4.70m 15-05.00	479
15 Libby Christenson FOUL FOUL 4.34m	SO Bemidji State	4.34m 14-03.00	388
-- Makenzie Soeken	JR Upper Iowa	DNF	

**Event 1 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name	Year School	Finals	Points
1 Olivia Montez Brown 11.57m 11.38m 11.13m	JR Augustana	11.57m 37-11.50	633
2 Summer Storm 10.49m 10.85m 11.35m	JR Msu-Moorhead	11.35m 37-03.00	618



**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 1 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

3	Alysa Henry	FR U-Mary	10.37m	34-00.25	554
	9.47m 10.37m 9.69m				
4	Zoe Stone	FR Minnesota State	9.91m	32-06.25	524
	9.22m 9.55m 9.91m				
5	Christa Benson	SR Bemidji State	9.78m	32-01.00	515
	9.78m 9.52m 9.25m				
6	Emily Olson	SO Sioux Falls	9.55m	31-04.00	500
	9.08m 9.45m 9.55m				
7	Shantelle Rule	SO U-Mary	9.52m	31-03.00	498
	9.39m 9.32m 9.52m				
8	Leighen Fischer	SO St. Cloud State	9.50m	31-02.00	497
	8.94m 9.50m 9.07m				
9	Ashlyn Simons	FR U-Mary	9.40m	30-10.25	490
	9.40m 9.08m 8.65m				
10	Libby Christenson	SO Bemidji State	9.04m	29-08.00	467
	8.55m 9.04m 8.72m				
11	Dakota Hutzler	SO Northern State	8.86m	29-01.00	455
	8.08m 8.86m 8.41m				
12	Makenzie Soeken	JR Upper Iowa	8.69m	28-06.25	444
	8.69m FOUL 8.60m				
13	Faith Lubner	SO St. Cloud State	8.63m	28-03.75	440
	8.59m 8.60m 8.63m				
14	Virginia Pederson	FR SW Minnesota St	8.09m	26-06.50	405
	FOUL FOUL 8.09m				
15	Alyssa Kavajecz	JR Minnesota Duluth	8.01m	26-03.50	400
	8.01m 7.58m 7.07m				
16	Kylie Monson	FR Bemidji State	7.66m	25-01.75	377
	FOUL 7.50m 7.66m				

**Event 1 Indoor Pentathlon: #4 Women High Jump Indoor Pentathlon**

Name	Year	School	Finals	H#	Points
1 Zoe Stone	FR	Minnesota State	1.60m	5-03.00	2 736
	1.27 1.30 1.33 1.36 1.39	1.42 1.45 1.48 1.51 1.54	1.57 1.60 1.63		
	PPP PPP PPP PPP PPP	PPP O O O O	O O XXX		
2 Kylie Monson	FR	Bemidji State	1.57m	5-01.75	2 701
	1.27 1.30 1.33 1.36 1.39	1.42 1.45 1.48 1.51 1.54	1.57 1.60		
	PPP PPP PPP PPP PPP	PPP O O O XO XXO XXX			
2 Faith Lubner	SO	St. Cloud State	1.57m	5-01.75	2 701
	1.27 1.30 1.33 1.36 1.39	1.42 1.45 1.48 1.51 1.54	1.57 1.60		
	PPP PPP PPP PPP PPP	PPP O O O O XXO XXX			
2 Olivia Montez Brown	JR	Augustana	1.57m	5-01.75	2 701
	1.27 1.30 1.33 1.36 1.39	1.42 1.45 1.48 1.51 1.54	1.57 1.60		
	PPP PPP PPP PPP PPP	PPP PPP O O XO O XXX			
5 Emily Olson	SO	Sioux Falls	1.54m	5-00.50	1 666
	1.27 1.30 1.33 1.36 1.39	1.42 1.45 1.48 1.51 1.54	1.57		
	PPP PPP PPP PPP PPP	PPP O O O O XXX			
5 Shantelle Rule	SO	U-Mary	1.54m	5-00.50	2 666
	1.27 1.30 1.33 1.36 1.39	1.42 1.45 1.48 1.51 1.54	1.57		
	PPP PPP PPP PPP PPP	PPP O XXO O XO XXX			
5 Christa Benson	SR	Bemidji State	1.54m	5-00.50	2 666
	1.27 1.30 1.33 1.36 1.39	1.42 1.45 1.48 1.51 1.54	1.57		
	PPP PPP PPP PPP PPP	PPP PPP PPP O O XXX			

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 1 Indoor Pentathlon: #4 Women High Jump Indoor Pentathlon**

5	Dakota Hutzler	SO Northern State	1.54m	5-00.50	1	666
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57					
	PPP PPP PPP PPP PPP O PPP XO PPP XO XXX					
9	Ashlyn Simons	FR U-Mary	1.51m	4-11.50	2	632
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54					
	PPP PPP PPP PPP PPP O XO XO XXX					
9	Alysa Henry	FR U-Mary	1.51m	4-11.50	2	632
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54					
	PPP PPP PPP PPP PPP PPP XO XO XO XXX					
11	Leighen Fischer	SO St. Cloud State	1.48m	4-10.25	1	599
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51					
	PPP O O O O XO XXO XO XXX					
11	Alyssa Kavajecz	JR Minnesota Duluth	1.48m	4-10.25	1	599
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51					
	PPP PPP PPP O O O O O XXX					
11	Libby Christenson	SO Bemidji State	1.48m	4-10.25	1	599
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51					
	PPP PPP PPP PPP PPP O XXO XXO XXX					
14	Summer Storm	JR Msu-Moorhead	1.45m	4-09.00	1	566
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48					
	PPP PPP PPP O O XO O XXX					
15	Virginia Pederson	FR SW Minnesota St	1.30m	4-03.25	1	409
	1.27 1.30 1.33					
	O O XXX					
--	Makenzie Soeken	JR Upper Iowa	NH		2	
	1.27 1.30 1.33 1.36 1.39 1.42 1.45					
	PPP PPP PPP PPP PPP PPP XXX					

**Event 1 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Year School	Finals	Points
1 Christa Benson	SR Bemidji State	2:24.18	768
2 Olivia Montez Brown	JR Augustana	2:29.17	703
3 Leighen Fischer	SO St. Cloud State	2:29.18	703
4 Summer Storm	JR Msu-Moorhead	2:29.43	700
5 Kylie Monson	FR Bemidji State	2:29.49	699
6 Libby Christenson	SO Bemidji State	2:33.13	654
7 Ashlyn Simons	FR U-Mary	2:34.52	637
8 Alyssa Kavajecz	JR Minnesota Duluth	2:36.85	610
9 Faith Lubner	SO St. Cloud State	2:39.21	582
10 Alysa Henry	FR U-Mary	2:41.50	556
11 Virginia Pederson	FR SW Minnesota St	2:42.58	544
12 Shantelle Rule	SO U-Mary	2:46.20	504
13 Zoe Stone	FR Minnesota State	2:49.04	474
14 Emily Olson	SO Sioux Falls	2:49.90	465
-- Dakota Hutzler	SO Northern State	DNF	
-- Makenzie Soeken	JR Upper Iowa	DNF	

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019****Hosted by Minnesota State Mankato****Myers Fieldhouse****Results - NSIC Indoor Championship Day 2****Event 3 Women 1 Mile Run**

=====				
NSIC Record: \$ 4:41.88		2017	Emily Trost, Minnesota Duluth	
'18 Champion: 4:51.29		2/24/2018	Alexis Zeis, U-Mary	
Name	Year	School	Finals	Points
=====				
1 Bree Erickson	JR	U-Mary	4:57.80	10
2 Anna Rogahn	JR	Winona State	4:57.82	8
3 Taryn Ceglowski	SO	Sioux Falls	4:59.47	6
4 Jaiden Schuette	SR	U-Mary	5:02.53	5
5 Nikki Staffen	SR	Winona State	5:04.88	4
6 Avery Selberg	SR	Augustana	5:06.08	3
7 Mackenzie Kelly	SR	Augustana	5:14.82	2
8 Abigail McGee	SO	Minot State	5:22.76	1
9 Lauren Reeves	FR	Minot State	5:34.76	

**Event 4 Men 1 Mile Run**

=====				
NSIC Record: \$ 4:09.74		2018	Mason Phillips, Sioux Falls	
'18 Champion: 4:09.74		2/24/2018	Mason Phillips, Sioux Falls	
Name	Year	School	Finals	Points
=====				
1 Benjamin Allen	JR	Concordia-St Paul	4:23.12	10
2 Austin Pasch	SR	Minnesota State	4:23.34	8
3 Zach Lundberg	JR	Sioux Falls	4:24.65	6
4 Jase Kraft	SR	Sioux Falls	4:28.17	5
5 Christian Leonard	SO	Minnesota Duluth	4:28.35	4
6 Samuel Wilke	JR	U-Mary	4:29.19	3
7 Cole Lebourgeois	SO	Minnesota Duluth	4:29.62	2
8 Jake Kluver	JR	Minnesota Duluth	4:30.51	1
9 Hunter Kjelshus	FR	Msu-Moorhead	4:37.90	
10 Wyatt Midtvedt	JR	Minnesota Duluth	4:39.70	
11 Jonathan Laughlin	FR	Minnesota Duluth	4:41.72	
12 Colin Olson	JR	Minot State	4:45.15	

**Event 5 Women 60 Meter Hurdles**

=====				
NSIC Record: \$ 8.29		2018	Danielle Kohlway, Minnesota Duluth	
'18 Champion: 8.29		2/24/2018	Danielle Kohlway, Minnesota Du	
Name	Year	School	Finals	Points
=====				
1 Danielle Kohlway	SR	Minnesota Duluth	8.30	10
2 Alexis Smith	SR	Minnesota State	8.45	8
3 Julia Hammerschmidt	SR	U-Mary	8.65	6
4 Olivia Montez Brown	JR	Augustana	8.72	5
5 Carolyn Hackel	JR	Minnesota State	8.81	4
6 Faith Lubner	SO	St. Cloud State	8.86	3
7 Tereza Bolibruch	FR	U-Mary	8.90	2
8 Shanice Burrell	SO	Northern State	9.27	1

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**Event 6 Men 60 Meter Hurdles**

=====					
NSIC Record:	\$	7.69	2016	Myles Hunter, Minnesota State	
'18 Champion:		7.97	2/23/2018	Sydne Davis, Minnesota St	
Name		Year	School	Finals	Points
=====					
1	Josh Lamers	SR	U-Mary	7.94	10
2	Sydne Davis	SR	Minnesota State	8.00	8
3	Paul Meloche	SR	Augustana	8.02	6
4	Logan Bristol	JR	Minnesota State	8.09	5
5	Marceau Jovin	SR	U-Mary	8.14	4
6	Jacob Lackas	JR	Northern State	8.28	3
7	Zach Sweep	JR	Msu-Moorhead	8.43	2
8	Jacob Morse	JR	Sioux Falls	8.46	1

**Event 7 Women 400 Meter Dash**

=====					
NSIC Record:	\$	55.09	2010	Kristi Buerkle, Bemidji State	
'18 Champion:		56.30	2/24/2018	Hanneke Oosterwegel, Northern Sta	
Name		Year	School	Finals	Points
=====					
1	Abbey Zastrow	SO	U-Mary	55.43	10
2	Shereen Vallabouy	FR	Winona State	55.69	8
3	Brooklyn Schyvinck	FR	Winona State	56.84	6
4	Jordyn Pester	FR	Wayne St	56.95	5
5	Crystal Malone	JR	Minnesota State	57.04	4
6	Nicolyn Brown	SR	U-Mary	57.93	3
7	Mackenzie Woodard	SO	Minnesota State	58.22	2
8	Brittany Schyvinck	SR	Winona State	58.23	1

**Event 8 Men 400 Meter Dash**

=====					
NSIC Record:	\$	47.86	2/23/2019	John Schuster, MSU	
'18 Champion:		48.36	2/24/2018	Isaiah Pitchford, Minnesota St	
Name		Year	School	Finals	Points
=====					
1	John Schuster	SR	Minnesota State	47.86\$	10
2	Josh Phelps	SO	Minnesota State	48.48	8
3	Reid Diamond	SR	Minnesota State	48.84	6
4	Itoitz Rodriguez	SR	Northern State	49.03	5
5	Ty Dawkins	FR	Msu-Moorhead	51.57	4
6	Ryan Sully	SO	Augustana	56.56	3
7	Logan Myers	SO	U-Mary	58.33	2
--	Kyle Felling	FR	SW Minnesota St	DQ	

**Event 9 Women 600 Meter Run**

=====					
NSIC Record:	\$	1:32.41	2017	Emily Trost, Minnesota Duluth	
'18 Champion:		1:34.10	2/24/2018	Bobbi Patrick, Minnesota St	
Name		Year	School	Finals	Points
=====					
1	Courtney Dembrowski	FR	U-Mary	1:36.05	10
2	Autumn Anderson	SO	Minnesota State	1:36.14	8
3	Isabelle Brezinka	SO	Minnesota Duluth	1:37.01	6
4	Cassiddy Wilson	SO	Upper Iowa	1:37.18	5
5	Kalley Harris	SO	Winona State	1:37.21	4

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 9 Women 600 Meter Run**

6	Joan Jelimo	JR Wayne St	1:37.31	3
7	Kari Schneiss	SR Winona State	1:37.39	2
8	Nelecia Richards	JR U-Mary	1:38.42	1

**Event 10 Men 600 Meter Run**

=====				
NSIC Record: \$		1:19.85	2018	John Schuster, MSU Moorhead
'18 Champion:		1:19.85	2/24/2018	John Schuster, Minnesota St
Name	Year	School	Finals	Points
=====				
1	David Supinski	SR Minnesota Duluth	1:20.90	10
2	Trey Furgeson	SR Sioux Falls	1:21.27	8
3	Marquan Wiesen	FR Minnesota State	1:21.91	6
4	Drew Lewison	FR Minnesota State	1:22.47	5
5	Ty Trainor	FR U-Mary	1:22.58	4
6	Noah Melton	FR Augustana	1:22.68	3
7	Leroy Kwateh	JR Minnesota State	1:23.43	2
8	Noah Torvik	SO Minnesota Duluth	1:23.62	1

**Event 11 Women 60 Meter Dash**

=====					
NSIC Record: \$		7.50	2010	Brittany Henderson, Minnesota State	
'18 Champion:		7.61	2/24/2018	Callie DeWitt, Augustana	
Name	Year	School	Finals	Points	
=====					
1	Khenadi Jones	SO Minnesota State	7.56	10	
2	Grace Hartman	SO Minnesota State	7.62	8	
3	Toni Canfall	SO Concordia-St Paul	7.71	6	
4	Chloe Peterson	SO Sioux Falls	7.73	5	
5	Emelia Burriss	SO St. Cloud State	7.76	4	7.751
6	Venice Stewart	SO Bemidji State	7.76	3	7.757
7	Sarah Troescher	SR Sioux Falls	7.77	2	
--	Callie DeWitt	SO Augustana	FS		

**Event 12 Men 60 Meter Dash**

=====				
NSIC Record: \$		6.67	2015	Emmanual Matadi, MSU Mankato
'18 Champion:		6.85	2/24/2018	Luxon Glor, U-Mary
Name	Year	School	Finals	Points
=====				
1	Luxon Glor	SR U-Mary	6.72	10
2	Cornelius Bright	FR Minnesota State	6.88	8
3	Brian Szutkowski	SR Concordia-St Paul	6.92	6
4	Vance Barnes	SR Minnesota State	6.93	5
5	Artavius Nixon	JR Minnesota State	6.99	4
6	Bryant Brown	JR Minnesota State	7.02	3
7	Jaquez Wilson	SR Minnesota State	7.03	2
8	Quadri Busari	JR SW Minnesota St	7.06	1

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**Event 13 Women 800 Meter Run**

=====				
NSIC Record: \$ 2:11.11		2/23/2019	Monique McPherson, MARY	
'18 Champion: 2:12.20		2/24/2018	Carly Rahn, Augustana	
Name	Year	School	Finals	Points
=====				
1 Monique McPherson	SR	U-Mary	2:11.11\$	10
2 Haleigh Reindl	FR	Minnesota Duluth	2:13.11	8
3 Bobbi Patrick	SR	Minnesota State	2:13.63	6
4 Kali Ryan	SO	Augustana	2:14.40	5
5 Carly Rahn	SO	Augustana	2:15.19	4
6 Allison Johnson	SR	Winona State	2:16.23	3
7 Callin Naddy	FR	Augustana	2:23.53	2
8 Mason Kalander	FR	Minnesota Duluth	2:26.97	1

**Event 14 Men 800 Meter Run**

=====				
NSIC Record: \$ 1:52.62		2017	Josh Barrows, Augustana	
'18 Champion: 1:53.40		2/24/2018	Josh Barrows, Augustana	
Name	Year	School	Finals	Points
=====				
1 Mason Phillips	SR	Sioux Falls	1:53.24	10
2 Josh Barrows	SR	Augustana	1:55.89	8
3 Cory Warner	JR	Concordia-St Paul	1:56.39	6
4 Andrew Ruiz	SO	Minnesota State	1:56.71	5
5 Donovan Miller	SO	Northern State	1:58.07	4
6 Nathan Pearson	JR	Wayne St	1:58.29	3
7 Dante Gadbois	SO	Minot State	1:58.50	2
8 Wyatt Midtvedt	JR	Minnesota Duluth	2:00.48	1

**Event 15 Women 1000 Meter Run**

=====				
NSIC Record: \$ 2:48.97		2016	Emily Trost, MSU Mankato	
'18 Champion: 2:55.83		2/24/2018	Emily Tromp, Augustana	
Name	Year	School	Finals	Points
=====				
1 Emily Tromp	JR	Augustana	2:56.96	10
2 Hope Willenbrink	SR	Winona State	2:57.37	8
3 Taryn Ceglowski	SO	Sioux Falls	2:57.68	6
4 Bree Erickson	JR	U-Mary	2:58.25	5
5 Meagan Schenk	SO	Augustana	2:58.42	4
6 Haylee Waterfall	FR	Augustana	2:59.31	3
7 Amanda Montplaisir	FR	Minnesota State	3:00.38	2
8 Avery Selberg	SR	Augustana	3:11.02	1

**Event 16 Men 1000 Meter Run**

=====					
NSIC Record: \$ 2:26.61		2/23/2019	Jacob Wahlers, MSU		
'18 Champion: 2:29.51		2/24/2018	Josh Young, MSU-Moorhead		
Name	Year	School	Finals	Points	
=====					
1 Jacob Wahlers	SO	Minnesota State	2:26.61\$	10	2:26.605
2 Benjamin Allen	JR	Concordia-St Paul	2:26.61\$	8	2:26.610
3 Billy Beseman	SR	Sioux Falls	2:26.96	6	
4 Aaron Mayfield	FR	Minnesota State	2:29.34	5	
5 Evan Johnson	FR	Augustana	2:30.75	4	

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 16 Men 1000 Meter Run**

6 Logan Hansen	SO Sioux Falls	2:30.80	3
7 Cole Lebourgeois	SO Minnesota Duluth	2:31.68	2
8 Ben Schmied	FR Minnesota State	2:34.23	1

**Event 17 Women 200 Meter Dash**

=====				
NSIC Record:	\$ 24.51	2/23/2019	Danielle Kohlwey, UMD	
'18 Champion:	24.69	2/24/2018	Danielle Kohlwey, Minnesota Du	
Name	Year	School	Finals	Points
=====				
1 Danielle Kohlwey	SR	Minnesota Duluth	24.51\$	10
2 Grace Hartman	SO	Minnesota State	24.59	8
3 Venice Stewart	SO	Bemidji State	24.79	6
4 Abbey Zastrow	SO	U-Mary	24.79	5
5 Brittany Schyvinck	SR	Winona State	24.90	4
6 Toni Canfall	SO	Concordia-St Paul	25.48	3
7 Emma Baynes	SO	St. Cloud State	25.71	2

**Event 18 Men 200 Meter Dash**

=====				
NSIC Record:	\$ 21.42	2015	Emmanuel Matadi, MSU Mankato	
'18 Champion:	21.79	2/24/2018	Tanner Ogren, Minnesota St	
Name	Year	School	Finals	Points
=====				
1 Luxon Glor	SR	U-Mary	21.72	10
2 Paul Selman	JR	Minnesota State	21.87	8
3 Reid Diamond	SR	Minnesota State	21.89	6
4 Cornelius Bright	FR	Minnesota State	22.44	5
5 Jaquez Wilson	SR	Minnesota State	22.47	4
6 Nate Hoglund	SO	Minnesota Duluth	22.86	3
7 Parker Gloudemans	SO	Minnesota State	22.92	2
8 Josh Phelps	SO	Minnesota State	24.12	1

**Event 19 Women 5000 Meter Run**

=====					
NSIC Record:	\$ 16:27.92	2017	Alexis Zeis, University of Mary		
'18 Champion:	17:21.14	2/24/2018	Alexis Zeis, U-Mary		
Name	Year	School	Finals	H#	Points
=====					
1 Emily Roberts	SR	U-Mary	16:58.65	2	10
2 Ida Narbuvoll	JR	U-Mary	17:08.51	2	8
3 Kathryn Sistrunk	JR	Msu-Moorhead	17:52.73	2	6
4 Leah Seivert	SR	Augustana	17:54.84	2	5
5 Mackenzie Kelly	SR	Augustana	17:59.24	1	4
6 Nicolette Schmidt	FR	Augustana	18:09.21	1	3
7 Courtney Hottovy	SR	Augustana	18:13.23	1	2
8 Morgan Radel	FR	Minnesota Duluth	18:15.76	2	1
9 Becca Goertzen	SR	Sioux Falls	18:18.96	2	
10 Lexie Chambers	SO	Minnesota Duluth	18:19.41	2	
11 Alexandra Robran	FR	Minnesota Duluth	18:21.49	2	
12 Lacey Feist-Young	SO	U-Mary	18:30.36	1	
13 Anna Rogahn	JR	Winona State	18:34.01	1	
14 Megan Serratore	SR	Minnesota State	18:40.27	1	
15 Megan Mooberry	SO	Northern State	18:56.16	1	

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 19 Women 5000 Meter Run**

16	Elizabeth Schlafke	JR Minnesota Duluth	18:57.26	2
17	Chrissy Lofgren	JR St. Cloud State	18:58.35	2
18	Kara Lindberg	SO Concordia-St Paul	19:01.85	2
19	Josie Braaten	SO Minnesota State	19:03.52	2
20	Montana Belford	JR Sioux Falls	19:03.62	2
21	Lucia Mesfin	FR Concordia-St Paul	19:08.00	1
22	Ivy Glade	SO Minnesota State	19:09.38	2
23	Annika Juenemann	FR St. Cloud State	19:11.07	1
24	Lauren Reeves	FR Minot State	19:15.41	1
25	Livia Wallace	SO Northern State	19:23.36	1
26	Allison Hendrickson	FR Winona State	19:24.28	1
27	Jaylynn Lauer	SO Minnesota State	19:27.58	1
28	Jordyn Sterud	FR Northern State	19:44.18	1
29	Ruth Lindberg	SR Concordia-St Paul	19:50.37	1
30	Michaela Larson	SO Minot State	19:55.46	1
31	Katie Lorenz	SO Winona State	20:00.09	1
32	Madison Leapaldt	JR Northern State	20:07.09	1
33	Andrea Torres	FR Wayne St	20:24.67	1
34	Jackie Lindfors	JR Concordia-St Paul	20:34.68	1

**Event 20 Men 5000 Meter Run**

=====

NSIC Record: \$ 14:33.86 2018 Bashir Aidrus, SW Minnesota St

'18 Champion: 14:33.86 2/24/2018 Bashir Aidrus, SW Minnesota

Name	Year	School	Finals	H#	Points
1	Derek Myers	SR U-Mary	14:37.57	2	10
2	Steven Brown	SR Sioux Falls	14:44.15	2	8
3	Aaron Runge	JR Augustana	14:50.79	2	6
4	Luke Lahr	SR Minnesota Duluth	14:53.97	2	5
5	Mason Phillips	SR Sioux Falls	14:55.97	2	4
6	Austin Yardley	JR Minnesota State	14:56.88	2	3
7	Caleb Burke	JR Minnesota State	14:59.14	2	2
8	Zach Lundberg	JR Sioux Falls	15:01.62	2	1
9	Jesus Urtusuastegui	JR Augustana	15:02.69	2	
10	Nadir Yusuf	SO Msu-Moorhead	15:04.19	2	
11	Isaac Overmyer	SR Minnesota Duluth	15:11.01	2	
12	Owen Smalley	SO Minnesota Duluth	15:19.99	1	
13	Peyton Holmes	JR Concordia-St Paul	15:23.96	2	
14	Jase Kraft	SR Sioux Falls	15:32.72	2	
15	Jackson Harrison	FR Northern State	15:34.61	1	
16	Nathan Schroeder	JR Augustana	15:37.16	1	
17	Daniel Armstrong	JR Sioux Falls	15:41.87	1	
18	Cole Oslin	JR Concordia-St Paul	15:42.10	1	
19	Isaiah Rabata	JR Minnesota State	15:42.13	1	
20	Tyler Hudson	JR Concordia-St Paul	15:46.27	1	
21	Caleb Troe	SR Concordia-St Paul	15:46.76	2	
22	Zeke Green	SO Concordia-St Paul	15:47.85	1	
23	Braydon Kubat	SO Minnesota Duluth	15:47.96	1	
24	Jorge Garcia	SO Northern State	15:48.21	1	
25	Kendall Hill	JR Minnesota Duluth	15:52.38	1	
26	Josh Liester	SR Sioux Falls	15:55.82	1	
27	Leo Skellenger	FR Minot State	16:02.26	2	
28	Shodo Mahamed	FR Sioux Falls	16:09.71	1	

=====



**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 20 Men 5000 Meter Run**

29 Dylan Kessler	JR Wayne St	16:12.19	1
30 Ryan Kohler	FR Minot State	16:14.07	1
31 Ben Broze	SR SW Minnesota St	16:24.07	1
32 Bailey Peckham	SO Wayne St	16:26.19	1
33 Jay Biwer	SR Msu-Moorhead	16:41.22	1
34 Nick Lawson	SR Sioux Falls	16:58.32	1

**Event 21 Women 4x400 Meter Relay**

=====			
NSIC Record: \$ 3:47.46	2017	, U of Mary	
		J.Hammerschmidt,M.Bolibruch,N.Richards,T.Pandohie	
'18 Champion: 3:48.56	2/24/2018	University of Mary, U-Mary	
		J Hammerschmidt, N Brown, A Zastrow, N Richards	
School		Finals	H# Points
=====			
1 U-Mary		3:48.09	3 10
1) Abbey Zastrow SO	2) Nicolyn Brown SR		
3) Julia Hammerschmidt SR	4) Monique McPherson SR		
2 Winona State		3:50.33	3 8
1) Kalley Harris SO	2) Brooklyn Schyvinck FR		
3) Brittany Schyvinck SR	4) Shereen Vallabouy FR		
3 Northern State		3:54.52	2 6
1) Isabel Kinzer SO	2) Madison Barnes JR		
3) Emma Rezac SO	4) Hanneke Oosterwegel SR		
4 Minnesota State		3:55.12	3 5
1) Autumn Anderson SO	2) Mackenzie Woodard SO		
3) Crystal Malone JR	4) Rose Gaye FR		
5 Minnesota Duluth		3:55.55	2 4
1) Allie Stalboerger SR	2) Sierra Arradondo FR		
3) Danielle Kohlwey SR	4) Haleigh Reindl FR		
6 Augustana		3:58.11	3 3
1) Sydney Mudgett SO	2) Kaitlyn Mulder FR		
3) Emily Tromp JR	4) Brooke DeVos SR		
7 Wayne St		4:01.74	2 2
1) Molli Vasa FR	2) Joan Jelimo JR		
3) Marin Jetensky FR	4) Jordyn Pester FR		
8 Upper Iowa		4:01.99	2 1
1) Breyanna Hill JR	2) Erica Kelly SR		
3) Makenzie Soeken JR	4) Cassiddy Wilson SO		
9 Sioux Falls		4:05.29	1
1) Sarah Troescher SR	2) Chloe Peterson SO		
3) Zoe Cigard FR	4) Taryn Ceglowski SO		
10 St. Cloud State		4:06.87	2
1) Bridget Brown JR	2) Cassidy Lackovic FR		
3) Emma Baynes SO	4) Autum Shurbert-Hetzel JR		
11 Bemidji State		4:07.25	3
1) Christa Benson SR	2) Jada Barker JR		
3) Ryne Prigge FR	4) Venice Stewart SO		
12 Concordia-St Paul		4:14.05	1
1) Christabelle Mulcahy SO	2) Teghan Norman SR		
3) Toni Canfall SO	4) Tasha Bennett JR		
13 SW Minnesota St		4:14.55	1
1) Olivia Bennot FR	2) Emily Gillingham SO		
3) Kristen Weber SR	4) Kayla Jansky JR		

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 21 Women 4x400 Meter Relay**

14 Minot State	4:25.57	1
1) Autumnne Haskell JR	2) Abigail McGee SO	
3) Brinlie Nielsen SO	4) Erin Winterton SR	

**Event 22 Men 4x400 Meter Relay**

NSIC Record: \$ 3:18.21 2017 , MSU Mankato  
 J.Schuster,T.Ogren,I.Pitchford,M.Dennis  
 '18 Champion: 3:20.05 2/24/2018 Minnesota State, Minnesota St  
 T Ogren, J Schuster, M Dennis, I Pitchford

School	Finals	H#	Points
1 Minnesota State	3:19.34	2	10
1) Paul Selman JR	2) Leroy Kwateh JR		
3) Reid Diamond SR	4) John Schuster SR		
2 Minnesota Duluth	3:20.73	2	8
1) Alex Kulzer SO	2) Austin Have SO		
3) Ryan Tolkinen SR	4) David Supinski SR		
3 Augustana	3:20.89	2	6
1) Ryan Sully SO	2) Alex Woods JR		
3) Blake Savey JR	4) Josh Barrows SR		
4 U-Mary	3:22.52	2	5
1) Brady Erickson FR	2) Josh Wulfekuhle JR		
3) Cory Myers SO	4) Logan Myers SO		
5 Northern State	3:22.94	2	4
1) Kelson Brewer JR	2) Isaiha Fletcher JR		
3) Devin Sheridan FR	4) Itoitz Rodriguez SR		
6 Sioux Falls	3:25.75	1	3
1) Trey Furgeson SR	2) Logan Hansen SO		
3) Jayden Slaba FR	4) Billy Beseman SR		
7 Concordia-St Paul	3:25.87	1	2
1) Andrew Leck JR	2) Desmond Bassett SO		
3) William Ray SO	4) Benjamin Allen JR		
8 Msu-Moorhead	3:25.87	2	1
1) Tobias Boegel JR	2) Evan Carlson SR		
3) Ryan Kalinowski JR	4) Ty Dawkins FR		
9 Wayne St	3:26.18	1	
1) Jacob Ladage FR	2) Bryce Holcomb SO		
3) Clay Kramper SR	4) Preston Davis SO		
10 SW Minnesota St	3:26.23	1	
1) Hever Valenzuela SO	2) Jake Evans SR		
3) Gabriel Galamue JR	4) Kyle Felling FR		
11 Minot State	3:33.82	1	
1) Chiti Nkhuwa SR	2) Devin Kramer FR		
3) Dante Gadbois SO	4) Daniel Daffinrud SR		

**Event 32 Men Triple Jump**

Name	Year	School	Finals	H#	Points
NSIC Record: \$ 16.42m	2017	Michael Sandle, MSU Mankato			
'18 Champion: 15.02m	2/24/2018	Michael Sandle, Minnesota St			
1 Elijah Calderon-Pitchfor	JR	Minnesota State	14.92m	48-11.50	3 10
FOUL 14.39m	FOUL 14.45m	FOUL 14.92m			

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 32 Men Triple Jump**

2	Tyrell Rosencranz	SR U-Mary	14.84m	48-08.25	3	8
	13.45m 13.46m 14.33m 14.84m 14.61m	FOUL				
3	Armani Carmickle	SO Minnesota Duluth	14.77m	48-05.50	3	6
	FOUL 14.77m PASS 14.73m PASS 14.36m					
4	Victor Ogeka	SR Minnesota State	14.74m	48-04.50	3	5
	14.66m 14.54m FOUL 14.51m 14.56m 14.74m					
5	Luxon Glor	SR U-Mary	14.56m	47-09.25	3	4
	14.56m FOUL 14.40m 14.53m FOUL FOUL					
6	Isaiah Nelson	SO SW Minnesota St	14.06m	46-01.50	2	3
	13.94m FOUL 13.70m 14.06m FOUL FOUL					
7	Trey Tiefenthaler	JR Northern State	13.98m	45-10.50	3	2
	13.80m FOUL 13.84m 13.98m 13.98m 13.63m					
8	Talon Staudinger	JR U-Mary	13.68m	44-10.75	2	1
	13.59m 13.68m 13.44m FOUL FOUL 13.61m					
9	Shenley Allen	JR U-Mary	13.66m	44-09.75	3	
	13.42m 13.66m PASS 13.33m PASS PASS					
10	Tyler Berby	JR Msu-Moorhead	13.60m	44-07.50	2	
	FOUL 13.52m 13.60m					
11	Cooper Wood	SO Sioux Falls	13.52m	44-04.25	2	
	FOUL 13.52m FOUL					
12	Avery Hunt	FR Minnesota Duluth	13.28m	43-07.00	1	
	13.28m 12.85m 12.89m					
13	Garret Schleis	SR Minnesota Duluth	13.22m	43-04.50	1	
	12.92m 13.22m 12.94m					
14	Cameron Ramnarine	SO Minnesota State	13.10m	42-11.75	2	
	13.10m FOUL 13.06m					
15	TJ Neal	FR Msu-Moorhead	13.02m	42-08.75	1	
	12.86m 13.02m 12.35m					
16	Adarius Gallon	FR SW Minnesota St	12.79m	41-11.50	1	
	FOUL 12.60m 12.79m					
17	Jacob Gray	FR Augustana	12.60m	41-04.25	1	
	12.60m FOUL FOUL					
18	Cole Franck	FR Minot State	11.70m	38-04.75	1	
	11.52m 11.38m 11.70m					
--	Jake Carlson	JR Minnesota Duluth	FOUL		1	
	FOUL FOUL FOUL					
--	Jesse Hatler	SO U-Mary	FOUL		2	
	FOUL FOUL FOUL					

**Event 31 Women Triple Jump**

=====						
NSIC Record: \$ 12.49m 2015 Danylle Kurywchak, U of Mary						
'18 Champion: 11.94m 2/24/2018 D'Andra Morris, U-Mary						
=====						
	Name	Year School	Finals		H#	Points
=====						
1	Elizabeth Brunner	JR Minnesota State	12.15m	39-10.50	3	10
	11.88m 12.07m 12.05m PASS PASS 12.15m					
2	Kristi Springer	SO Winona State	12.08m	39-07.75	3	8
	12.08m FOUL 11.85m FOUL FOUL 11.88m					
3	D'Andra Morris	SO U-Mary	12.07m	39-07.25	3	6
	11.99m FOUL 12.03m 12.02m 12.07m 11.92m					
4	Cali Modglin	SO U-Mary	11.99m	39-04.00	3	5
	FOUL 11.66m 11.99m 11.83m FOUL FOUL					

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 31 Women Triple Jump**

5	Kyja Griggs	FR Winona State	11.76m	38-07.00	2	4
	11.51m 11.45m 11.76m 11.17m	FOUL FOUL				
6	Lindsay Maruska	SO Minnesota Duluth	11.73m	38-06.00	2	3
	FOUL FOUL 11.52m 11.73m 11.31m 11.46m					
7	Coley Stoller	SR Augustana	11.61m	38-01.25	3	2
	11.36m 11.59m 11.48m 11.41m 11.61m 11.08m					
8	Ricki Lindley	JR U-Mary	11.53m	37-10.00	3	1
	11.53m 11.48m 11.45m 11.35m 11.36m 11.37m					
9	Abby Jungwirth	JR St. Cloud State	11.48m	37-08.00	3	
	11.44m 11.38m 11.31m 11.17m	FOUL 11.48m				
10	Maya Taylor	SO St. Cloud State	11.28m	37-00.25	3	
	11.02m 11.28m 11.21m					
11	Kylie Monson	FR Bemidji State	11.26m	36-11.50	3	
	11.26m 11.12m 11.23m					
12	Allison Laibach	SO Sioux Falls	11.21m	36-09.50	2	
	11.21m FOUL 10.92m					
13	Kylie Pastian	SR U-Mary	11.18m	36-08.25	2	
	11.18m FOUL FOUL					
14	Riana Noelle	JR Wayne St	11.03m	36-02.25	2	
	10.92m 11.03m 10.68m					
15	Madison Rizner	FR Winona State	11.01m	36-01.50	2	
	11.01m FOUL 10.70m					
16	Tyra Zinkel	SO Concordia-St Paul	10.98m	36-00.25	2	
	10.87m 10.98m FOUL					
17	Nicole Kurttti	JR Msu-Moorhead	10.81m	35-05.75	1	
	10.12m 10.81m 10.67m					
18	Alex Wolf	FR Minnesota Duluth	10.74m	35-03.00	1	
	10.34m 10.28m 10.74m					
19	Kaly Banks	FR Augustana	10.69m	35-01.00	2	
	FOUL 10.69m FOUL					
20	Steinunn Atladottir	SR Minnesota State	10.67m	35-00.25	1	
	FOUL 10.67m 10.42m					
21	Analise Fabre	SO Bemidji State	10.49m	34-05.00	1	
	10.45m 10.40m 10.49m					
22	Tessa Schroeder	FR Msu-Moorhead	10.41m	34-02.00	1	
	10.01m FOUL 10.41m					
23	Cheri'a Adams	SO Bemidji State	10.07m	33-00.50	2	
	10.07m 9.85m PASS					
24	Hailey Franklin	SR Minnesota Duluth	10.02m	32-10.50	1	
	FOUL 9.81m 10.02m					
25	Gretchen Houston	SO Minnesota Duluth	9.93m	32-07.00	1	
	9.83m 9.77m 9.93m					
26	Caroline Hansen	FR Minnesota State	9.76m	32-00.25	1	
	FOUL 9.76m 9.72m					
--	Allison Carpenter	SO Minnesota Duluth	FOUL			1
	FOUL FOUL FOUL					

**Event 35 Women Shot Put**

=====						
NSIC Record:	\$ 15.83m	2015	Sara Wills,	Wayne State		
'18 Champion:	15.19m	2/24/2018	Michaela Dendinger,	Wayne St.		
Name		Year School		Finals	H#	Points
=====						

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019****Hosted by Minnesota State Mankato****Myers Fieldhouse****Results - NSIC Indoor Championship Day 2****....Event 35 Women Shot Put**

1	Heather Buckler	SR Minnesota State	14.64m	48-00.50	3	10
	14.15m FOUL 13.80m 13.90m FOUL 14.64m					
2	Brinn Grunder	JR Upper Iowa	14.37m	47-01.75	3	8
	13.75m 14.18m 14.37m 13.40m 14.25m FOUL					
3	Jadin Wagner	SO Wayne St	14.29m	46-10.75	3	6
	FOUL FOUL 13.62m 14.23m 14.29m 14.18m					
4	Emma Hertz	SO Sioux Falls	14.28m	46-10.25	3	5
	FOUL 14.28m 14.00m FOUL 13.69m FOUL					
5	Rebecca Manteuffel	SO SW Minnesota St	13.81m	45-03.75	3	4
	FOUL 12.97m 12.16m 12.96m 13.81m FOUL					
6	Zoe Christensen	FR Bemidji State	13.72m	45-00.25	3	3
	12.96m 13.28m 12.67m 12.25m 13.72m FOUL					
7	Tia Jones	JR Wayne St	13.46m	44-02.00	3	2
	13.46m FOUL FOUL 12.84m FOUL FOUL					
8	Brooklynn Chipps	FR Wayne St	13.34m	43-09.25	2	1
	12.65m 13.34m 13.28m 12.76m FOUL FOUL					
9	Jordan Menken	SO Northern State	13.04m	42-09.50	3	
	12.79m FOUL 13.04m FOUL FOUL FOUL					
10	Sydney Thompson	SO Minnesota State	12.88m	42-03.25	3	
	12.43m 12.54m 12.88m					
11	Brea Perron	SO Minnesota State	12.79m	41-11.50	2	
	12.65m 12.79m 12.60m					
12	Bailey Rudebusch	SO Sioux Falls	12.79m	41-11.50	2	
	FOUL 12.09m 12.79m					
13	Dacoda Zimmerman	FR St. Cloud State	12.76m	41-10.50	1	
	12.76m 12.53m 12.54m					
14	Kenzie Sullivan	SO Wayne St	12.67m	41-07.00	2	
	FOUL 12.67m FOUL					
15	Dominique Buechel	SO St. Cloud State	12.64m	41-05.75	1	
	12.64m 10.94m 12.48m					
16	Destiny Meyer	JR Msu-Moorhead	12.63m	41-05.25	1	
	12.58m 11.23m 12.63m					
17	Emily Waletzko	SR Msu-Moorhead	12.58m	41-03.25	3	
	FOUL FOUL 12.58m					
18	Annie Falardeau	FR St. Cloud State	12.41m	40-08.75	2	
	12.17m 12.41m 12.31m					
19	Hannah Gustafson	JR Concordia-St Paul	12.35m	40-06.25	2	
	12.35m 12.14m 12.27m					
20	Tia Donlan	SO Concordia-St Paul	12.27m	40-03.25	1	
	11.90m 12.27m 12.26m					
21	Sarah Stang	SO Wayne St	12.14m	39-10.00	1	
	FOUL 12.14m FOUL					
22	Morgan Florek	SO Minnesota State	12.08m	39-07.75	2	
	12.08m 11.74m FOUL					
23	Cassidy Connell	FR Wayne St	12.08m	39-07.75	2	
	11.58m 11.53m 12.08m					
24	Alexandra Headley	SO Minnesota Duluth	11.99m	39-04.00	2	
	11.99m FOUL 10.84m					
25	Kourtney Rozeboom	FR Sioux Falls	11.98m	39-03.75	1	
	11.98m 11.89m 11.97m					
26	Claire Rehome	SO Minnesota Duluth	11.84m	38-10.25	1	
	11.19m 11.72m 11.84m					
27	Norah King	FR SW Minnesota St	11.52m	37-09.50	1	
	FOUL 11.52m 11.43m					

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 35 Women Shot Put**

28 Taylor Laumeyer	FR Minot State	11.47m	37-07.75	1
11.47m 10.91m 11.03m				
29 Cassidy Baker	SR Minnesota Duluth	11.20m	36-09.00	1
11.20m FOUL FOUL				
-- Mckenzie Scheil	FR Wayne St	FOUL		2
FOUL FOUL FOUL				

**Event 36 Men Shot Put**

=====						
NSIC Record:	\$ 19.48m	2014	Chris Reed,	MSU Mankato		
'18 Champion:	16.47m	2/24/2018	Jayne LaPlante,	Minnesota St		
Name		Year School	Finals		H#	Points
=====						
1 Jayme LaPlante		SR Minnesota State	16.53m	54-02.75	3	10
FOUL 15.04m 15.67m 16.15m 16.53m FOUL						
2 Tanner Berg		SO Northern State	16.14m	52-11.50	3	8
16.04m 15.75m 16.08m 15.78m 15.32m 16.14m						
3 Marcus Gustaveson		JR Concordia-St Paul	15.99m	52-05.50	3	6
15.35m 15.61m 15.85m 15.99m 15.88m FOUL						
4 Connor Wigand		SO SW Minnesota St	15.70m	51-06.25	3	5
15.62m FOUL 15.70m 15.56m FOUL FOUL						
5 Ben Allen		SO Wayne St	15.55m	51-00.25	3	4
15.33m 15.15m 15.45m 15.55m FOUL 14.94m						
6 Jayle Hinkle		JR Wayne St	15.27m	50-01.25	3	3
14.94m 14.31m 14.10m 14.44m 15.27m FOUL						
7 Jake Olson		SR Northern State	14.98m	49-01.75	2	2
13.66m 14.63m 14.98m 14.25m FOUL 14.14m						
8 Chandler Nelson		SR Sioux Falls	14.91m	48-11.00	2	1
14.43m 14.37m 14.91m 13.79m 14.18m 14.67m						
9 Connor Kantack		FR Minnesota Duluth	14.85m	48-08.75	2	
13.41m 14.55m 14.85m FOUL FOUL 14.65m						
10 Patrick Hagan		SO Sioux Falls	14.74m	48-04.50	2	
14.49m 14.74m 14.50m						
11 Connor McCormick		SO Minnesota State	14.54m	47-08.50	3	
14.13m FOUL 14.54m						
12 Keegan Larson		FR Concordia-St Paul	14.15m	46-05.25	1	
13.78m FOUL 14.15m						
13 Logan Gelineau		SR Minnesota Duluth	13.74m	45-01.00	2	
FOUL 13.73m 13.74m						
14 Hunter Quinn		FR Concordia-St Paul	13.70m	44-11.50	2	
13.70m 13.67m FOUL						
15 Jackson Faller		FR Msu-Moorhead	13.55m	44-05.50	2	
13.55m FOUL FOUL						
16 Christian Gruschin		SR Sioux Falls	13.53m	44-04.75	1	
13.53m 13.40m 13.06m						
17 Kal Jackman		FR Minnesota Duluth	13.22m	43-04.50	1	
11.92m 12.08m 13.22m						
18 Calvin Knapp		FR SW Minnesota St	13.21m	43-04.25	1	
12.45m FOUL 13.21m						
19 Cole Christoffersen		SO Wayne St	13.14m	43-01.50	2	
13.14m 12.69m FOUL						
20 Logan Krueger		FR Minot State	13.10m	42-11.75	1	
12.38m 12.52m 13.10m						

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results - NSIC Indoor Championship Day 2**

**....Event 36 Men Shot Put**

21	Zach Skelton	FR Minnesota Duluth	12.94m	42-05.50	1
	12.53m 12.94m 12.82m				
22	Jack Herlofsky	FR Minnesota Duluth	12.13m	39-09.75	1
	11.54m 12.06m 12.13m				
23	Adam Miller	SR Concordia-St Paul	12.10m	39-08.50	1
	10.82m FOUL 12.10m				
--	Devan Rohrich	SO U-Mary	FOUL		1
	FOUL FOUL FOUL				
--	Bedale Naba	SO Minnesota State	FOUL		3
	FOUL FOUL FOUL				

**Event 25 Women High Jump**

=====						
NSIC Record: \$ 1.76m		2015	Bree Woelber, Augustana			
'18 Champion: 1.74m		2/23/2018	Khadiya Hollingsworth, Minnesota St			
Name	Year	School	Finals	Points		
=====						
1	D'Andra Morris	SO U-Mary	1.69m	5-06.50	10	
	1.53 1.57 1.60 1.63 1.66 1.69 1.71					
	O O XO O XXO XXO XXX					
2	Rachel Schumacher	JR Minnesota State	1.66m	5-05.25	8	
	1.53 1.57 1.60 1.63 1.66 1.69					
	O O O O XO XXX					
3	Arika Robinson	FR Concordia-St Paul	1.63m	5-04.25	6	
	1.57 1.60 1.63 1.66					
	O O XO XXX					
4	Sonia Alaman	JR Northern State	1.63m	5-04.25	5	
	1.53 1.57 1.60 1.63 1.66					
	O O XXO XO XXX					
5	Kendra Ludeman	SO Augustana	1.63m	5-04.25	4	
	1.53 1.57 1.60 1.63 1.66					
	O XO O XXO XXX					
6	Kailee Oliverson	FR Northern State	1.60m	5-03.00	3	
	1.48 1.53 1.57 1.60 1.63					
	O O O XO XXX					
7	Teya Langston	SO Minnesota State	1.60m	5-03.00	2	
	1.53 1.57 1.60 1.63					
	XO XO XO XXX					
8	Taylor Stoltz	FR Sioux Falls	1.57m	5-01.75	0.50	
	1.53 1.57 1.60					
	O O XXX					
8	Tamara Price	SR Winona State	1.57m	5-01.75	0.50	
	1.48 1.53 1.57 1.60					
	O O O XXX					
10	Ali Dykman	FR Wayne St	1.57m	5-01.75		
	1.48 1.53 1.57 1.60					
	O XO O XXX					
10	Tava Berg	FR Northern State	1.57m	5-01.75		
	1.48 1.53 1.57 1.60					
	O XO O XXX					
12	Alex Wolf	FR Minnesota Duluth	1.57m	5-01.75		
	1.48 1.53 1.57 1.60					
	O O XO XXX					

**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019****Hosted by Minnesota State Mankato****Myers Fieldhouse****Results - NSIC Indoor Championship Day 2****....Event 25 Women High Jump**

12	Ashlyn Jones	FR SW Minnesota St	1.57m	5-01.75
	1.48 1.53 1.57 1.60			
	0 0 XO XXX			
14	Sophia Sowada	FR Msu-Moorhead	1.57m	5-01.75
	1.48 1.53 1.57 1.60			
	0 XO XO XXX			
15	Ella Paaverud	FR Concordia-St Paul	1.57m	5-01.75
	1.48 1.53 1.57 1.60			
	0 0 XXO XXX			
15	Christa Benson	SR Bemidji State	1.57m	5-01.75
	1.48 1.53 1.57 1.60 1.63			
	0 0 XXO XPP XX			
15	Kacia Guisinger	SO Msu-Moorhead	1.57m	5-01.75
	1.48 1.53 1.57 1.60			
	0 0 XXO XXX			
18	Nicole Kurtti	JR Msu-Moorhead	1.57m	5-01.75
	1.48 1.53 1.57 1.60			
	0 XO XXO XXX			
19	Kelsey Hurley	SR Bemidji State	1.53m	5-00.25
	1.48 1.53 1.57			
	0 0 XXX			
19	Hanna Lazure	SO Wayne St	1.53m	5-00.25
	1.48 1.53 1.57			
	0 0 XXX			
21	Caitlin Pritchett	FR Msu-Moorhead	1.53m	5-00.25
	1.48 1.53 1.57			
	0 XO XXX			
22	Abby Jungwirth	JR St. Cloud State	1.53m	5-00.25
	1.48 1.53 1.57			
	0 XXO XXX			
23	Tessa Schroeder	FR Msu-Moorhead	1.48m	4-10.25
	1.48 1.53			
	0 XXX			
24	Miranda Phipps	JR Sioux Falls	1.48m	4-10.25
	1.48 1.53			
	XO XXX			
25	Morgan Shearer	JR Wayne St	1.48m	4-10.25
	1.48 1.53			
	XXO XXX			



**2019 NSIC Track and Field Indoor Championship - 2/22/2019 to 2/23/2019****Hosted by Minnesota State Mankato****Myers Fieldhouse****Team Rankings - Through Event 38****Female Team Scores**

<b>Place</b>	<b>School</b>		<b>Points</b>
1	U-Mary	MARY	163.50
2	Minnesota State	MSU	115.50
3	Augustana	AUGIE	111
4	Winona State	WSU	75.50
5	Minnesota Duluth	UMD	50
6	Sioux Falls	USF	43.50
7	Wayne St	WSC	40
8	St. Cloud State	SCSU	29
9	Northern State	NSU	24
9	Upper Iowa	UIU	24
11	Bemidji State	BSU	21
12	Msu-Moorhead	MSUM	16
13	Concordia-St Paul	CSP	15
14	SW Minnesota St	SMSU	10
15	Minot State	MINOT	1
			<b>Total</b>
			<b>739.00</b>

**Male Team Scores**

<b>Place</b>	<b>School</b>		<b>Points</b>
1	Minnesota State	MSU	212
2	U-Mary	MARY	115
3	Sioux Falls	USF	109.50
4	Minnesota Duluth	UMD	69
5	Augustana	AUGIE	58
6	Concordia-St Paul	CSP	57
7	Northern State	NSU	42
8	Wayne St	WSC	37
9	Msu-Moorhead	MSUM	29.50
10	SW Minnesota St	SMSU	9
11	Minot State	MINOT	2
			<b>Total</b>
			<b>740.00</b>