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Event 19 Women 60 Meter Hurdles
8 Advance: Top 2 Each Heat plus Next 4 Best Times

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Prelims				
2	Peyton Selle	FR	Concordia-Moorhead	9.72
3	Elle Thorson	FR	North Dakota	10.26
4	Kathryn O'Neill	SR	North Dakota	9.30
5	Aleece Durbin	JR	North Dakota	8.95
6	Brooklynn Gould	FR	North Dakota	9.36
7	Faith Beck	SO	Bemidji State	8.94
Heat 2 of 2 Prelims				
2	Bailee Dierks	SO	North Dakota State	8.95
3	Erica Benson	SR	North Dakota	9.38
4	Adla Serrao	FR	Msu-Moorhead	10.40
5	Allie Wendel	FR	Msu-Moorhead	NT
6	Grace Henneman	FR	North Dakota	9.59
7	Merritt Beil	FR	North Dakota State	9.20

Event 1 Women 60 Meter Dash
8 Advance: Top 2 Each Heat plus Next 4 Best Times

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Prelims				
2	Alaina Hall	FR	Bemidji State	7.81
3	Beatrice Kjelland	JR	Bemidji State	7.71
4	Bailee Dierks	SO	North Dakota State	7.98
5	Anna Steadland	SO	Msu-Moorhead	7.80
6	Kendra Ekereke	FR	Bemidji State	8.24
Heat 2 of 2 Prelims				
2	Janice Cole	SO	Bemidji State	7.92
3	Sierra Ramberg	FR	Concordia-Moorhead	8.23
4	Rhaeghn Gripentrog	JR	North Dakota State	7.80
5	Merritt Beil	FR	North Dakota State	NT
6	Amanda Odegard	JR	North Dakota	8.84
7	Tianna Stanek	SO	North Dakota	8.23

Event 13 Women 1 Mile Run

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Kaitlyn Rooney	JR	Concordia-Moorhead	5:58.35
2	Jennie Baragar-Petrash	NA	Unat-North Dakota State	4:50.78
3	Meritt Miller	SR	Concordia-Moorhead	5:19.03
4	Aislin Anderson	FR	Msu-Moorhead	5:21.45
5	Grace Ivesdal	SO	Concordia-Moorhead	6:19.54
6	Isabel Fredrickson	JR	Concordia-Moorhead	NT
7	Amelia Landsverk	SO	Concordia-Moorhead	5:34.05
8	Greta McLagan	SO	North Dakota	5:35.32
9	Alaysia Freetly	NA	Unat-North Dakota State	5:02.95
10	Abby Motschenbacher	SO	North Dakota	5:45.00
11	Ellie Morgan	JR	North Dakota	5:45.00
12	Emily Rugloski	JR	Concordia-Moorhead	5:40.31
13	Annika Rotvold	NA	Unat-North Dakota State	4:46.91

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Event 14 Men 1 Mile Run

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Ben Becker	FR	Concordia-Moorhead	4:51.41
2	Gage Mostad	FR	North Dakota	4:27.00
3	Joseph Espinoza	FR	Msu-Moorhead	NT
4	Alex Lerum	FR	Concordia-Moorhead	5:05.49
5	Zachary King	JR	North Dakota	4:24.27
6	Munir Isahak	SR	Concordia-Moorhead	4:19.59
7	Connor Haugrud	SR	Concordia-Moorhead	4:35.88
8	Lucas Hinojos	FR	Concordia-Moorhead	4:42.50
9	Solomon Johnson	SO	Concordia-Moorhead	4:35.61
10	Cole Nowacki	FR	Concordia-Moorhead	4:33.70

Event 20 Men 60 Meter Hurdles

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
2	Trenton Hanseder	FR	North Dakota	8.93
3	Peter Wysocki	SR	North Dakota	8.42
4	Alex Mcaloon	FR	North Dakota	8.74
5	Mitchel Wangler	JR	North Dakota	8.25
6	Aric David	FR	North Dakota	9.07

Event 2 Men 60 Meter Dash

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
2	Jake Lee	FR	North Dakota	7.17
3	Dawson Schaffer	FR	Concordia-Moorhead	NT
4	Dante White	FR	North Dakota State	6.91
5	Shaquiel Higgs	JR	Msu-Moorhead	7.05
6	Nick Steinhofer	SR	Concordia-Moorhead	7.89
7	Dan Ratzloff	FR	Msu-Moorhead	7.39

Event 5 Women 400 Meter Dash

Lane	Name	Year	School	Seed Time
Section 1 of 2 Timed Finals				
6	Brynn Mettling	FR	Concordia-Moorhead	NT
7	Asia Rance	JR	Msu-Moorhead	1:05.63
8	Jenna LaFave	SO	Concordia-Moorhead	1:05.98
Section 2 of 2 Timed Finals				
3	Jada Barker	SR	Bemidji State	1:03.64
4	Elaina Swartz	JR	North Dakota	1:01.14
5	Jerzie Finstad	NA	Unat-North Dakota	1:00.00
6	Janice Cole	SO	Bemidji State	59.16
7	Grace Zimmerman	JR	North Dakota State	57.96
8	Maryse Mbenoun	JR	Bemidji State	58.78

Event 6 Men 400 Meter Dash

Lane	Name	Year	School	Seed Time
Section 1 of 2 Timed Finals				
5	Ibrahim Oduong	FR	Msu-Moorhead	NT
6	Drew Dosch	FR	Msu-Moorhead	56.69
7	Simon Zahrbock	SO	Concordia-Moorhead	54.34
8	Michael Miller	JR	Concordia-Moorhead	55.22

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Section 2 of 2 Timed Finals...(Event 6 Men 400 Meter Dash)

1	Alex Mcaloon	FR	North Dakota	53.90
2	Colin Schuller	JR	Concordia-Moorhead	51.25
3	Kendrick Major	SO	Msu-Moorhead	50.64
4	Max Baker	SO	North Dakota	50.27
5	Cal Wright	JR	Concordia-Moorhead	49.79
6	Jacob Levin	JR	North Dakota State	49.09
7	Adrian Harris	SO	North Dakota State	47.71
8	Josh Knutson	JR	North Dakota State	48.35

Event 9 Women 800 Meter Run

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Cornelia Wohlfahrt	FR	North Dakota	2:13.42
2	Rachel Friberg	JR	Concordia-Moorhead	2:42.42
3	Carly Fornshell	SR	Concordia-Moorhead	2:21.62
4	Amanda Robbins	SR	North Dakota	2:16.67
5	McKenzie Maki	SO	Msu-Moorhead	2:19.54
6	Carly Wiirre	FR	Concordia-Moorhead	2:40.00
7	Lakyla Yazzie	NA	Unat-Msu-Moorhead	2:21.25
8	Hannah Anderson	SR	North Dakota	2:16.40
9	Kelly Lorenz	SO	Concordia-Moorhead	2:35.66
10	Josie Herrmann	SR	Concordia-Moorhead	2:15.55

Event 10 Men 800 Meter Run

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Munir Isahak	SR	Concordia-Moorhead	1:58.61
2	Kurt TeBeest	JR	North Dakota State	1:54.34
3	Matthew Russell	SR	North Dakota	1:56.78
4	Kolby Brandt	FR	Msu-Moorhead	NT
5	Justin Kringler	JR	Concordia-Moorhead	2:03.81
6	Josh Samyn	JR	North Dakota State	1:52.44
7	Connor McMannes	SR	North Dakota	1:54.87
8	Dan Wilson	JR	Concordia-Moorhead	1:58.01
9	Jesse Middendorf	JR	Concordia-Moorhead	1:53.65
10	Symon Keiser	FR	North Dakota State	1:55.29
11	Tyler Jackson	FR	North Dakota	1:59.00
12	Hans Frank-Holzner	JR	Concordia-Moorhead	2:04.75

Event 21 Women 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Timed Finals			
7	Concordia-Moorhead	A	4:30.00

Event 22 Men 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Timed Finals			
7	Concordia-Moorhead	A	3:23.00
8	Concordia-Moorhead	B	3:37.00

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Event 25 Women High Jump

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Corrie Ethen	SR	Concordia-Moorhead	1.53m
2	Ashley Conneran	SO	North Dakota	1.63m
3	Jenna Bergantine	FR	North Dakota State	1.61m
4	Tessa Schroeder	JR	Msu-Moorhead	1.60m
5	Rachel Schumacher	SR	Msu-Moorhead	1.69m
6	Elle Thorson	FR	North Dakota	1.54m
7	Peyton Selle	FR	Concordia-Moorhead	1.54m

Event 26 Men High Jump

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Austin Wolf	JR	North Dakota	2.05m
2	Jake LePard	SR	Concordia-Moorhead	1.80m
3	Aric David	FR	North Dakota	1.76m

Event 29 Women Long Jump

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Alaina Hall	FR	Bemidji State	5.35m
2	Adla Serrao	FR	Msu-Moorhead	4.62m
3	Allie Wendel	FR	Msu-Moorhead	4.74m
4	Sierra Ramberg	FR	Concordia-Moorhead	4.90m
5	Kyra Nichols	SO	Concordia-Moorhead	4.18m
6	Tiana Pfaff	JR	North Dakota State	5.66m
7	Avery Kenning	SO	Concordia-Moorhead	4.87m
8	Sidney Lodge	FR	Concordia-Moorhead	ND
9	Autumn Stokes	NA	Unat-North Dakota	5.46m
10	Katelyn Tschida	JR	North Dakota State	5.27m

Event 30 Men Long Jump

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Jake LePard	SR	Concordia-Moorhead	6.27m
2	Tyler Enerson	JR	North Dakota State	6.60m
3	Hunter Merkley	FR	North Dakota State	6.81m
4	Wade Rhonemus	SO	Concordia-Moorhead	6.19m
5	Zach Paustian	SR	Concordia-Moorhead	5.74m

Event 31 Women Triple Jump

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Analise Fabre	SR	Bemidji State	11.29m
2	Sidney Lodge	FR	Concordia-Moorhead	9.30m
3	Alissa Melvin	FR	North Dakota State	10.93m
4	Tessa Schroeder	JR	Msu-Moorhead	10.79m
5	Claire Leach	FR	North Dakota	10.50m
6	Tiana Pfaff	JR	North Dakota State	11.20m
7	Kyra Nichols	SO	Concordia-Moorhead	9.60m
8	Reygan Brown	JR	Bemidji State	11.52m
9	Corrie Ethen	SR	Concordia-Moorhead	10.37m
10	Avery Kenning	SO	Concordia-Moorhead	9.64m

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Event 33 Women Shot Put

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Greta Larson	FR	Concordia-Moorhead	7.01m
2	Sofia Palme	SR	Concordia-Moorhead	8.31m
3	Kristen Rasmussen	FR	Bemidji State	11.43m
4	Emily White	JR	Concordia-Moorhead	11.57m
5	Taylor Busch	SO	Msu-Moorhead	12.50m
6	Jacey Schlosser	SO	Concordia-Moorhead	12.73m
7	Cayle Hovland	JR	Concordia-Moorhead	13.35m
8	Kenna Curry	FR	North Dakota	13.60m
9	Allison Lardy	JR	North Dakota	13.63m
10	Eve Goldstein	FR	North Dakota	13.73m
11	Michaela Hawkins	FR	North Dakota State	14.50m
12	Shelby Gunnells	NA	Unat-North Dakota State	17.43m

Event 34 Men Shot Put

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Dominik Hillstrom	FR	Concordia-Moorhead	11.76m
2	Jake Kerzman	JR	Concordia-Moorhead	11.86m
3	Zach Synstelien	JR	Concordia-Moorhead	12.32m
4	Colton Cook	SO	Msu-Moorhead	12.50m
5	Tanner Berby	SR	Msu-Moorhead	14.20m
6	Ben Schelske	SR	Concordia-Moorhead	14.42m
7	Cooper Folkestad	FR	Concordia-Moorhead	15.15m
8	Jake Steiner	SR	Concordia-Moorhead	15.37m
9	Levi Rockey	SO	North Dakota State	17.10m
10	Dawson Schroeder	FR	North Dakota State	17.10m
11	Chris Evenson	NA	Unat-North Dakota	17.20m
12	Maxwell Otterdahl	SO	North Dakota State	19.44m
13	Kristoffer Thomsen	JR	North Dakota State	20.33m

Event 35 Women Weight Throw

Pos	Name	Year	School	Seed Mark
Heat 1 of 2 Finals				
1	Sofia Palme	SR	Concordia-Moorhead	11.89m
2	Rafaela Rafajlovska	SO	Bemidji State	12.80m
3	Emily White	JR	Concordia-Moorhead	12.86m
4	Alexis Gehrig	JR	Bemidji State	13.24m
5	Jacey Schlosser	SO	Concordia-Moorhead	13.80m
6	Taylor Busch	SO	Msu-Moorhead	14.00m
7	Kenna Curry	FR	North Dakota	14.85m
8	Elizabeth Hiltner	JR	Bemidji State	15.02m

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Heat 2 of 2 Finals...(Event 35 Women Weight Throw)

1	Cayle Hovland	JR	Concordia-Moorhead	15.87m
2	Lexi Stein-McAndrew	SR	North Dakota	16.00m
3	Eve Goldstein	FR	North Dakota	16.02m
4	Allison Lardy	JR	North Dakota	16.86m
5	Makala Keefe	NA	Unat-North Dakota	17.00m
6	Natalie Mohring	SO	North Dakota	17.27m
7	Rebecca Tomman	SO	North Dakota State	18.92m
8	Amy Herrington	JR	North Dakota State	20.40m
9	Destinee Rose-Haas	JR	North Dakota	20.55m

Event 36 Men Weight Throw

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Dominik Hillstrom	FR	Concordia-Moorhead	10.55m
2	Zach Synstelien	JR	Concordia-Moorhead	13.10m
3	Colton Cook	SO	Msu-Moorhead	13.43m
4	Cooper Folkestad	FR	Concordia-Moorhead	13.50m
5	Jake Kerzman	JR	Concordia-Moorhead	14.60m
6	Jake Steiner	SR	Concordia-Moorhead	15.82m
7	Ben Schelske	SR	Concordia-Moorhead	15.94m
8	Dawson Schroeder	FR	North Dakota State	16.08m
9	Jerron McDonald	JR	Msu-Moorhead	16.12m
10	Tanner Berby	SR	Msu-Moorhead	17.14m
11	Garrett Shumski	SO	North Dakota	17.57m
12	Levi Rockey	SO	North Dakota State	17.62m

Event 27 Women Pole Vault

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Anna St. Catherine	SR	Msu-Moorhead	3.65m
2	Jennifer Parent	JR	North Dakota	3.90m
3	Kelsey Dolejs	JR	North Dakota	3.50m
4	Anastasia Klein	SO	Bemidji State	3.15m
5	Kenzie Gullickson	FR	North Dakota	3.05m
6	Sydney Bahls	JR	Msu-Moorhead	3.16m
7	Megan Judge	FR	Bemidji State	2.45m

Event 28 Men Pole Vault

Pos	Name	Year	School	Seed Mark
Heat 1 of 1 Finals				
1	Andrew Walter	FR	North Dakota	3.95m
2	Harris Maclean	SO	North Dakota	4.25m
3	Wade Rhonemus	SO	Concordia-Moorhead	4.06m
4	Trenton Hanseder	FR	North Dakota	3.95m
5	Zach Paustian	SR	Concordia-Moorhead	3.65m
6	Ben Hidani	SO	North Dakota	4.40m
7	Jack Vetsch	JR	North Dakota	3.65m