

September 19, 2023

**Girls**  
**Girls Varsity**

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Place	Score	Name	Team	Grade	Time	Place	Score	Name	Team	Grade	Time
1		1 Anjalie Aho	United North Central	11	19:41.2	57	(< 5)	Bristol Larsen	Frazee	9	27:09.1
2		2 Macie Josephson	United North Central	10	21:24.2	58		42 Lelia Johnson	Roseau	12	27:14.3
3		3 Elsa Komppa	United North Central	10	21:40.9	59	(< 5)	Sarah Toyli	Parkers Prairie	11	27:19.6
4		4 Livia Harbott	Thief River Falls	9	21:48.1	60	(< 5)	Shaylei FallsDown	Cass Lake-Bena	11	27:37.2
5	(< 5)	Lindsey Rotz	Barnesville	12	21:50.1	61	(< 5)	Taylor Duberowski	Parkers Prairie	11	27:55.0
6		5 Elory Mossestad	Thief River Falls	9	21:52.6	62	(< 5)	Caleigh Pausch	Frazee	10	27:59.4
7		6 Embry Deshayes	Park Rapids Area	9	21:54.0	63	(< 5)	Kensley Olson	Bagley/Fosston	12	28:01.6
8		7 Katrina Hitchen	Fertile-Beltrami	10	22:00.3	64		43 Kaitlyn Olson	Roseau	12	28:09.2
9		8 Joanna Lehto	United North Central	10	22:15.6	65		44 Mia Varriano	Dilworth-Glyndon-Fe	8	28:12.7
10	(< 5)	Adeline Bjorklund	Nevis	10	22:19.5	66		45 Sophia Eidsmoe	Thief River Falls	10	28:22.5
11		9 Annie Peterson	West Marshall	10	22:27.2	67	(< 5)	Adeliza Bitker	Ada-Borup-West	8	28:23.5
12		10 Reagan Mimnaugh	Northern Freeze	11	22:39.7	68		46 Breanna Deblieck	Park Rapids Area	10	28:46.5
13		11 Brooklyn Grubb	Dilworth-Glyndon-Fe	8	23:15.3	69		47 Lillian Jauquet	Roseau	11	28:47.3
14		12 Linnea Harren	Warroad	10	23:16.8	70	(< 5)	Natalie Wittner	Cass Lake-Bena	11	29:08.2
15		13 Caroline Marvin	Warroad	11	23:23.6	71		48 Emily Waterworth	Northern Freeze	10	29:12.3
16		14 Anaya Aho	United North Central	9	23:38.6	72	(< 5)	Ella Marquart	Red Lake County	9	29:49.3
17		15 Samantha Butler	Roseau	12	23:41.6	73		49 Kylee Bolstad	Northern Freeze	10	29:50.1
18		16 Hannah Poole	Warroad	9	23:58.3	74		50 Elana Trejo	West Marshall	12	29:52.7
19	(< 5)	Amelia Machliitt	Clearbrook-Gonvick	10	24:06.4	75		51 Ashley Narlock	West Marshall	11	30:08.8
20	(< 5)	Lola Hoehne	Frazee	10	24:17.4	76		52 Aliyah Novak	Thief River Falls	8	30:09.2
21		17 Miley Westberg	United North Central	10	24:19.6	77		53 Hadlee Erickson	Fertile-Beltrami	7	31:00.1
22		18 JoJo Goulet	Warroad	11	24:19.6	78		54 Kaelyn Larson	Park Rapids Area	7	31:03.5
23		19 Adley Goulet	Warroad	8	24:23.4	79	(< 5)	Lydia Torgerson	Lake Park-Audubon		31:38.8
24		20 Sarah Hartung	Park Rapids Area	10	24:24.2	80	(< 5)	Aubrey McCoy	Clearbrook-Gonvick	10	31:44.9
25		21 Jenna Goulet	Warroad	10	24:25.0	81		55 Mariah Weishair	Pelican Rapids	11	31:54.3
26		22 Greta Galzki	Park Rapids Area	7	24:25.9	82		56 Mikaleena Bernier	Thief River Falls	10	31:57.0
27		23 Grace Etter	Park Rapids Area	10	24:33.0	83		57 Paige Larsen	Roseau	10	32:00.0
28		24 Kaylie Westberg	United North Central	12	24:37.9	84		58 Sarah Haugrud	Pelican Rapids	11	32:01.6
29		25 Sofie Grunhovd	Fertile-Beltrami	10	24:42.3	85		59 Micayla Olson	Fertile-Beltrami	12	32:22.8
30		26 Megan Delaney	Roseau	9	24:43.4	86		60 Jessica Hallgren	Fertile-Beltrami	10	34:55.4
31	(< 5)	Julia Miller	Ada-Borup-West	11	24:46.7						
32	(< 5)	Adrianna Gregoire	East Grand Forks	11	24:53.6						
33	(< 5)	Brianne Myers	Ada-Borup-West	7	24:59.1						
34	(< 5)	Alyce Lebrasseur	Lake of the	12	25:02.3						
35		27 Megan Guler	Pelican Rapids	9	25:06.2						
36		28 Ashlynn Omdahl	Roseau	10	25:07.4						
37		29 Ruby Geiser	Thief River Falls	11	25:16.4						
38		30 Kayla Peterson	Thief River Falls	8	25:19.2						
39		31 Brenna Benson	West Marshall	9	25:30.6						
40	(< 5)	Madilyn Perrine	Frazee	8	25:35.0						
41	(< 5)	Ava Larson	Clearbrook-Gonvick	10	25:37.4						
42	(< 5)	Katherine Allard	East Grand Forks	11	25:42.1						
43	(< 5)	Sarah Imle	Clearbrook-Gonvick	10	25:48.2						
44		32 Madison Wegand	Warroad	12	25:52.7						
45		33 Dylan Hoadley	Pelican Rapids	10	25:58.0						
46		34 Lexi Bring	Northern Freeze	8	26:05.8						
47		35 Gabby Gaytan	Dilworth-Glyndon-Fe	8	26:11.2						
48		36 Kirra Johnson	Pelican Rapids	10	26:25.0						
49		37 Aftyn Hahn	Pelican Rapids	10	26:26.5						
50		38 Celia Trick	Dilworth-Glyndon-Fe		26:31.8						
51	(< 5)	Grace McNamee	Nevis	11	26:35.6						
52		39 Isabel Toms	Dilworth-Glyndon-Fe	10	26:36.9						
53	(< 5)	Joey McKeown	Parkers Prairie	12	26:39.7						
54	(< 5)	Heidi Steinbrenner	Bagley/Fosston	9	26:41.1						
55		40 Brooke Bjorgaard	Northern Freeze	9	27:00.1						
56		41 Bella Westberg	West Marshall	10	27:08.2						

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Name	Grade	Place	Cum Place	Time	Cum Time
<b>United North Central</b>					
Team Score (places): 28				Finish Position - 1	
Average Time: 21:44.1					
1 Anjalie Aho	11	1	1	19:41.2	19:41.2
2 Macie Josephson	10	2	3	21:24.2	41:05.4
3 Elsa Komppa	10	3	6	21:40.9	1:02:46.3
4 Joanna Lehto	10	8	14	22:15.6	1:25:01.9
5 Anaya Aho	9	14	28	23:38.6	1:48:40.4
6 Miley Westberg	10	(17)	(45)	24:19.6	2:12:59.9
7 Kaylie Westberg	12	(24)	(69)	24:37.9	2:37:37.8
<b>Warroad</b>					
Team Score (places): 78				Finish Position - 2	
Average Time: 23:52.4					
1 Linnea Harren	10	12	12	23:16.8	23:16.8
2 Caroline Marvin	11	13	25	23:23.6	46:40.4
3 Hannah Poole	9	16	41	23:58.3	1:10:38.6
4 JoJo Goulet	11	18	59	24:19.6	1:34:58.2
5 Adley Goulet	8	19	78	24:23.4	1:59:21.6
6 Jenna Goulet	10	(21)	(99)	24:25.0	2:23:46.6
7 Madison Wegand	12	(32)	(131)	25:52.7	2:49:39.2
<b>Thief River Falls</b>					
Team Score (places): 113				Finish Position - 3	
Average Time: 24:31.8					
1 Livia Harbott	9	4	4	21:48.1	21:48.1
2 Elory Mossestad	9	5	9	21:52.6	43:40.7
3 Ruby Geiser	11	29	38	25:16.4	1:08:57.0
4 Kayla Peterson	8	30	68	25:19.2	1:34:16.2
5 Sophia Eidsmoe	10	45	113	28:22.5	2:02:38.6
6 Aliyah Novak	8	(52)	(165)	30:09.2	2:32:47.8
7 Mikaleena Bernier	10	(56)	(221)	31:57.0	3:04:44.7
<b>Park Rapids Area</b>					
Team Score (places): 117				Finish Position - 4	
Average Time: 24:48.7					
1 Embry Deshayes	9	6	6	21:54.0	21:54.0
2 Sarah Hartung	10	20	26	24:24.2	46:18.1
3 Greta Galzki	7	22	48	24:25.9	1:10:44.0
4 Grace Etter	10	23	71	24:33.0	1:35:17.0
5 Breanna Deblieck	10	46	117	28:46.5	2:04:03.5
6 Kaelyn Larson	7	(54)	(171)	31:03.5	2:35:06.9
<b>Roseau</b>					
Team Score (places): 154				Finish Position - 5	
Average Time: 25:47.2					
1 Samantha Butler	12	15	15	23:41.6	23:41.6
2 Megan Delaney	9	26	41	24:43.4	48:25.0
3 Ashlynn Omdahl	10	28	69	25:07.4	1:13:32.3
4 Lelia Johnson	12	42	111	27:14.3	1:40:46.6
5 Kaitlyn Olson	12	43	154	28:09.2	2:08:55.7
6 Lillian Jauquet	11	(47)	(201)	28:47.3	2:37:43.0
7 Paige Larsen	10	(57)	(258)	32:00.0	3:09:42.9

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Name	Grade	Place	Cum Place	Time	Cum Time
<b>Dilworth-Glyndon-Felton</b>					
Team Score (places): 167				Finish Position - 6	
Average Time: 26:09.6					
1 Brooklyn Grubb	8	11	11	23:15.3	23:15.3
2 Gabby Gaytan	8	35	46	26:11.2	49:26.5
3 Celia Trick		38	84	26:31.8	1:15:58.3
4 Isabel Toms	10	39	123	26:36.9	1:42:35.1
5 Mia Varriano	8	44	167	28:12.7	2:10:47.8
<b>Northern Freeze</b>					
Team Score (places): 181				Finish Position - 7	
Average Time: 26:57.6					
1 Reagan Mimnaugh	11	10	10	22:39.7	22:39.7
2 Lexi Bring	8	34	44	26:05.8	48:45.4
3 Brooke Bjorgaard	9	40	84	27:00.1	1:15:45.5
4 Emily Waterworth	10	48	132	29:12.3	1:44:57.8
5 Kylee Bolstad	10	49	181	29:50.1	2:14:47.8
<b>West Marshall</b>					
Team Score (places): 182				Finish Position - 8	
Average Time: 27:01.5					
1 Annie Peterson	10	9	9	22:27.2	22:27.2
2 Brenna Benson	9	31	40	25:30.6	47:57.7
3 Bella Westberg	10	41	81	27:08.2	1:15:05.9
4 Elana Trejo	12	50	131	29:52.7	1:44:58.6
5 Ashley Narlock	11	51	182	30:08.8	2:15:07.3
<b>Pelican Rapids</b>					
Team Score (places): 188				Finish Position - 9	
Average Time: 27:10.0					
1 Megan Guler	9	27	27	25:06.2	25:06.2
2 Dylan Hoadley	10	33	60	25:58.0	51:04.2
3 Kirra Johnson	10	36	96	26:25.0	1:17:29.2
4 Aftyn Hahn	10	37	133	26:26.5	1:43:55.6
5 Mariah Weishair	11	55	188	31:54.3	2:15:49.9
6 Sarah Haugrud	11	(58)	(246)	32:01.6	2:47:51.5
<b>Fertile-Beltrami</b>					
Team Score (places): 204				Finish Position - 10	
Average Time: 29:00.2					
1 Katrina Hitchen	10	7	7	22:00.3	22:00.3
2 Sofie Grunhovd	10	25	32	24:42.3	46:42.6
3 Hadlee Erickson	7	53	85	31:00.1	1:17:42.7
4 Micayla Olson	12	59	144	32:22.8	1:50:05.4
5 Jessica Hallgren	10	60	204	34:55.4	2:25:00.7
<b>Clearbrook-Gonvick</b>					
Team Score (places): Inc.				Finish Position - Inc.	
Average Time:					
1 Amelia Machlitt	10	Less		24:06.4	24:06.4
2 Ava Larson	10	Less		25:37.4	49:43.7
3 Sarah Imle	10	Less		25:48.2	1:15:31.9
4 Aubrey McCoy	10	Less		31:44.9	1:47:16.7

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Name	Grade	Place	Cum Place	Time	Cum Time
<b>Frazee</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Lola Hoehne	10	Less		24:17.4	24:17.4
2 Madilyn Perrine	8	Less		25:35.0	49:52.4
3 Bristol Larsen	9	Less		27:09.1	1:17:01.5
4 Caleigh Pausch	10	Less		27:59.4	1:45:00.8
<b>Ada-Borup-West</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Julia Miller	11	Less		24:46.7	24:46.7
2 Brianne Myers	7	Less		24:59.1	49:45.7
3 Adeliza Bitker	8	Less		28:23.5	1:18:09.2
<b>Parkers Prairie</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Joey McKeown	12	Less		26:39.7	26:39.7
2 Sarah Toyli	11	Less		27:19.6	53:59.3
3 Taylor Duberowski	11	Less		27:55.0	1:21:54.2
<b>Bagley/Fosston</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Heidi Steinbrenner	9	Less		26:41.1	26:41.1
2 Kensey Olson	12	Less		28:01.6	54:42.7
<b>East Grand Forks</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Adrianna Gregoire	11	Less		24:53.6	24:53.6
2 Katherine Allard	11	Less		25:42.1	50:35.6
<b>Nevis</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Adeline Bjorklund	10	Less		22:19.5	22:19.5
2 Grace McNamee	11	Less		26:35.6	48:55.0
<b>Cass Lake-Bena</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Shaylei FallsDown	11	Less		27:37.2	27:37.2
2 Natalie Wittner	11	Less		29:08.2	56:45.4
<b>Lake Park-Audubon</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Lydia Torgerson		Less		31:38.8	31:38.8
<b>Barnesville</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Lindsey Rotz	12	Less		21:50.1	21:50.1

Name	Grade	Place	Cum Place	Time	Cum Time
<b>Lake of the Woods/Indus/Rainy River</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Alyce Lebrasseur	12	Less		25:02.3	25:02.3
<b>Red Lake County</b>					
Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Ella Marquart	9	Less		29:49.3	29:49.3