

MSHSL Section 8A
Timing by Hero's Timing
Roseau High School - 6/2/2023
Meet Program - Order Of Events

Event 123 Girls 4x800 Meter Relay Class A

Section: 9:33.80 2001 , Roseau
 Olson,Jaenicke,Evans,Anderson

| Lane | Team | Relay | Seed Time |
|------------------------------------|----------------------------|-------|-----------|
| Section 1 of 1 Timed Finals | | | |
| 1 | Roseau | | 11:30.10 |
| 2 | Park Christian | | 11:16.18 |
| 3 | Warroad | | 10:50.29 |
| 4 | Park Rapids Area | | 9:50.80 |
| 5 | West Marshall | | 10:37.45 |
| 6 | BGMR/Freeze | | 11:08.43 |
| 7 | Dilworth-Glyndon-Felton | | 11:24.33 |
| 8 | Climax-Fisher-Sacred Heart | | 11:34.04 |

Event 124 Boys 4x800 Meter Relay Class A

Section: 8:11.32 2001 , Bagley/Fosston
 Nelson,Staskivige,Hendrickson,Nava

| Lane | Team | Relay | Seed Time |
|------------------------------------|-------------------------------|-------|-----------|
| Section 1 of 1 Timed Finals | | | |
| 1 | Park Christian | | 9:30.62 |
| 2 | Roseau | | 9:13.93 |
| 3 | Lake of the Woods/Indus/Rainy | | 9:04.60 |
| 4 | Park Rapids Area | | 8:34.54 |
| 5 | United Clay-Becker | | 8:53.64 |
| 6 | Northome/Kelliher/Blackduck | | 9:05.93 |
| 7 | Dilworth-Glyndon-Felton | | 9:16.53 |
| 8 | Walker-Hackensack-Akeley | | 9:36.11 |

Event 113 Girls 100 Meter Hurdles Class A

Section: 15.24 2003 Kayla Wahlin, Crookston

| Lane | Name | Year | School | Seed Time |
|------------------------------------|-------------------|------|-------------------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 1 | Evie Dryburgh | 12 | Bagley/Fosston | 19.49 |
| 2 | Breanna Deblieck | 9 | Park Rapids Area | 19.21 |
| 3 | Ashlyn Nelson | 10 | Grygla-Gatzke | 18.87 |
| 4 | Kaitlyn Obowa | 9 | Mahnomen/Waubun | 18.66 |
| 5 | Grace Officer | 9 | Park Rapids Area | 18.75 |
| 6 | Kaylee Pieper | 8 | Lake of the Woods/Indus/Rainy | 18.92 |
| 7 | Emily Duquette | 8 | Northome/Kelliher/Blackduck | 19.32 |
| 8 | Kaelan Rockensock | 10 | Northome/Kelliher/Blackduck | 19.83 |
| Section 2 of 2 Timed Finals | | | | |
| 1 | Annika Johnson | 9 | Park Christian | 18.25 |
| 2 | Brooke Kritzeck | 10 | Park Rapids Area | 17.75 |
| 3 | Nora Osowski | 10 | West Marshall | 17.33 |
| 4 | Kim Hitchen | 12 | Fertile-Beltrami | 17.22 |
| 5 | Grace McNamee | 10 | Nevis | 17.67 |
| 6 | Micayla Olson | 11 | Fertile-Beltrami | 17.39 |
| 7 | Isabelle Smith | 11 | Crookston | 17.76 |
| 8 | Zoey Werb | 8 | BGMR/Freeze | 18.29 |

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Event 114 Boys 110 Meter Hurdles Class A

Section: 14.59 1996 Luke Pfeifer, Frazee

| Lane | Name | Year | School | Seed Time |
|------|------|------|--------|-----------|
|------|------|------|--------|-----------|

Section 1 of 2 Timed Finals

| | | | | |
|---|--------------------|----|----------------------------|-------|
| 1 | Eli Pfeiffer | 12 | Walker-Hackensack-Akeley | 18.66 |
| 2 | Jonathon Speicher | 11 | Climax-Fisher-Sacred Heart | 18.57 |
| 3 | Ryan Van Den Enide | 12 | Fertile-Beltrami | 18.37 |
| 4 | Jonah Harstad | 10 | Fertile-Beltrami | 18.02 |
| 5 | Sam Melting | 11 | Ada-Borup-West | 18.10 |
| 6 | Caden Lee | 11 | Red Lake County | 18.52 |
| 7 | Hayden Rettke | 9 | Walker-Hackensack-Akeley | 18.58 |
| 8 | Colton Otero | 10 | West Marshall | 19.31 |

Section 2 of 2 Timed Finals

| | | | | |
|---|------------------|----|-------------------------|-------|
| 1 | Gunnar Lund | 11 | Roseau | 17.58 |
| 2 | Hayden Hauf | 10 | Dilworth-Glyndon-Felton | 17.22 |
| 3 | Pierce Deblieck | 12 | Park Rapids Area | 16.74 |
| 4 | Jon Rice | 12 | Nevis | 16.33 |
| 5 | Joey Molstre | 12 | Dilworth-Glyndon-Felton | 16.63 |
| 6 | Derek Tibbetts | 12 | United Clay-Becker | 16.78 |
| 7 | Kade Swenson | 10 | Dilworth-Glyndon-Felton | 17.48 |
| 8 | Logan Koubandonh | 11 | Roseau | 17.88 |

Event 100 Girls 100 Meter Dash Class A

Section: 12.20 1984 Dee Dee Pudwill, Waubun

| Lane | Name | Year | School | Seed Time |
|------|------|------|--------|-----------|
|------|------|------|--------|-----------|

Section 1 of 2 Timed Finals

| | | | | |
|---|--------------------|----|-------------------------------|-------|
| 1 | Abigail Walton | 11 | Dilworth-Glyndon-Felton | 13.89 |
| 2 | Lydia Hanson | 10 | BGMR/Freeze | 13.78 |
| 3 | Maria Spaeth | 9 | Park Christian | 13.77 |
| 4 | Julia Miller | 10 | Ada-Borup-West | 13.66 |
| 5 | Gracey Hecker | 9 | United Clay-Becker | 13.76 |
| 6 | Claire Klinkhammer | 8 | Bagley/Fosston | 13.78 |
| 7 | Jordyn Matthias | 8 | Lake of the Woods/Indus/Rainy | 13.87 |
| 8 | Sienna Friesen | 11 | Bagley/Fosston | 13.96 |

Section 2 of 2 Timed Finals

| | | | | |
|---|-----------------|----|-------------------------------|-------|
| 1 | Finley Horken | 8 | Climax-Fisher-Sacred Heart | 13.58 |
| 2 | Rubie Dobbins | 11 | Park Christian | 13.43 |
| 3 | Paige Haack | 12 | Lake of the Woods/Indus/Rainy | 12.96 |
| 4 | Ava Phrakonkham | 10 | Bagley/Fosston | 12.67 |
| 5 | Andie Sandman | 12 | Park Christian | 13.19 |
| 6 | Cassie Solheim | 11 | Crookston | 13.32 |
| 7 | Meah Marshall | 11 | Climax-Fisher-Sacred Heart | 13.57 |
| 8 | Hanna Warnke | 9 | Kittson County Central | 13.61 |

MSHSL Section 8A
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Event 102 Boys 100 Meter Dash Class A

Section: 10.80 1983 Nathan Cooper, Climax

| Lane | Name | Year | School | Seed Time |
|------|------|------|--------|-----------|
|------|------|------|--------|-----------|

Section 1 of 2 Timed Finals

| | | | | |
|---|-------------------|----|----------------------------|-------|
| 1 | JD Knox | 8 | Walker-Hackensack-Akeley | 12.17 |
| 2 | Alex Churness | 11 | Clearbrook-Gonvick | 12.12 |
| 3 | Jonathon Speicher | 11 | Climax-Fisher-Sacred Heart | 11.92 |
| 4 | Elias Lafond | 12 | Bagley/Fosston | 11.83 |
| 5 | Kehan Nelson | 11 | Grygla-Gatzke | 11.92 |
| 6 | Jerome Gange | 11 | Dilworth-Glyndon-Felton | 12.00 |
| 7 | Gage Gray | 8 | Bagley/Fosston | 12.13 |
| 8 | Gavin Efta | 9 | West Marshall | 12.21 |

Section 2 of 2 Timed Finals

| | | | | |
|---|-------------------|----|-------------------------|-------|
| 1 | Grady Hockstedler | 10 | BGMR/Freeze | 11.68 |
| 2 | Noah Nelson | 10 | Bagley/Fosston | 11.47 |
| 3 | Leif Shervey | 9 | United Clay-Becker | 11.40 |
| 4 | Ayo Ogundej | 10 | Nevis | 11.23 |
| 5 | Isaiah Wright | 10 | Fertile-Beltrami | 11.38 |
| 6 | Liam Collins | 11 | BGMR/Freeze | 11.40 |
| 7 | Brody Friend | 11 | Dilworth-Glyndon-Felton | 11.59 |
| 8 | Nathan Weems | 11 | Clearbrook-Gonvick | 11.76 |

Event 119 Girls 4x200 Meter Relay Class ASection: 1:46.00 2009 , Bagley/Fosston
Berg,Day,Bardwell,Huschle

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

Section 1 of 1 Timed Finals

| | | | |
|---|----------------------------|--|---------|
| 1 | Climax-Fisher-Sacred Heart | | 1:54.05 |
| 2 | Crookston | | 1:52.89 |
| 3 | Grygla-Gatzke | | 1:52.24 |
| 4 | Park Rapids Area | | 1:51.74 |
| 5 | Park Christian | | 1:52.19 |
| 6 | United Clay-Becker | | 1:52.47 |
| 7 | Dilworth-Glyndon-Felton | | 1:53.56 |
| 8 | Nevis | | 1:57.40 |

Event 120 Boys 4x200 Meter Relay Class ASection: 1:32.54 1998 , East Grand Forks
King, Lueck, Olan, McCoy

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

Section 1 of 1 Timed Finals

| | | | |
|---|--------------------------|--|---------|
| 1 | Nevis | | 1:36.72 |
| 2 | West Marshall | | 1:36.06 |
| 3 | Dilworth-Glyndon-Felton | | 1:33.67 |
| 4 | Park Christian | | 1:33.41 |
| 5 | Park Rapids Area | | 1:35.70 |
| 6 | Fertile-Beltrami | | 1:35.02 |
| 7 | BGMR/Freeze | | 1:36.10 |
| 8 | Walker-Hackensack-Akeley | | 1:38.15 |

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Event 109 Girls 1600 Meter Run Class A

Section: 5:08.24 2015 Marissa Carlson, Bagley/Fosston

| Lane | Name | Year | School | Seed Time |
|------------------------------------|--------------------------|------|-----------------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | Jade Rypkema | 12 | Nevis | 5:05.40 |
| 2 | Ella Arntson | 8 | Climax-Fisher-Sacred Heart | 5:44.95 |
| 3 | Ellika Johnson | 11 | Park Christian | 5:46.88 |
| 4 | Annie Peterson | 9 | West Marshall | 5:49.36 |
| 5 | Aiala Echevarria Zorroaz | 11 | Mahnomen/Waubun | 5:51.28 |
| 6 | Ayla Woinarowicz | 8 | West Marshall | 5:55.56 |
| 7 | Allison Lundin | 9 | Northome/Kelliher/Blackduck | 6:00.31 |
| 8 | Katy Comstock | 10 | Warroad | 6:06.34 |
| 9 | Ava Larson | 9 | Clearbrook-Gonvick | 6:09.54 |
| 10 | Elizabeth Lytle | 10 | Red Lake County | 6:09.74 |
| 11 | Jada Carlson | 12 | United Clay-Becker | 6:09.75 |
| 12 | Nora Bolton | 10 | Park Rapids Area | 6:12.10 |
| 13 | Grace Etter | 9 | Park Rapids Area | 6:12.71 |
| 14 | Adley Goulet | 7 | Warroad | 6:14.21 |
| 15 | Arwa Baghzali | 7 | Dilworth-Glyndon-Felton | 6:16.62 |
| 16 | Madi Nitschke | 9 | Ada-Borup-West | 6:26.32 |

Event 110 Boys 1600 Meter Run Class A

Section: 4:22.18 2009 Moses Heppner, Warroad

| Lane | Name | Year | School | Seed Time |
|------------------------------------|-------------------|------|-------------------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | Seth Meikle | 12 | Lake of the Woods/Indus/Rainy | 4:38.62 |
| 2 | Benjamin Geeslin | 12 | United Clay-Becker | 4:42.45 |
| 3 | Owen Winter | 9 | Dilworth-Glyndon-Felton | 4:45.83 |
| 4 | Bridger Larson | 10 | United Clay-Becker | 4:47.01 |
| 5 | Van Munstenteiger | 9 | Roseau | 4:56.42 |
| 6 | Evan Pohl | 12 | Nevis | 4:59.99 |
| 7 | Trey Godding | 12 | TrekNorth | 5:01.99 |
| 8 | Damien Dejarlais | 10 | Park Rapids Area | 5:02.23 |
| 9 | Tyler Huot | 8 | Park Rapids Area | 5:03.17 |
| 10 | Jackson Connell | 10 | Northome/Kelliher/Blackduck | 5:04.77 |
| 11 | Karl Kallio | 12 | Northome/Kelliher/Blackduck | 5:06.35 |
| 12 | Erik Stromstad | 9 | Fertile-Beltrami | 5:08.11 |
| 13 | Bryce Braseth | 9 | NCE/UH | 5:08.61 |
| 14 | Grant Martin | 8 | Climax-Fisher-Sacred Heart | 5:08.66 |
| 15 | Drake Dagenais | 10 | United Clay-Becker | 5:12.02 |
| 16 | Jack Mitteness | 7 | Park Rapids Area | 5:13.35 |

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Event 117 Girls 4x100 Meter Relay Class A

Section: 50.86 2017 , Frazee
 Reierson,Oswald,Ziegler,Ziegler

| Lane | Team | Relay | Seed Time |
|------------------------------------|-----------------------------|-------|-----------|
| Section 1 of 1 Timed Finals | | | |
| 1 | Ada-Borup-West | | 53.75 |
| 2 | Park Rapids Area | | 53.07 |
| 3 | West Marshall | | 53.00 |
| 4 | Bagley/Fosston | | 51.43 |
| 5 | Park Christian | | 52.40 |
| 6 | Crookston | | 53.06 |
| 7 | United Clay-Becker | | 53.59 |
| 8 | Northome/Kelliher/Blackduck | | 54.30 |

Event 118 Boys 4x100 Meter Relay Class A

Section: 43.81 1992 , Marshall Co South
 Molacek,Paul,Sedlacek,Efta

| Lane | Team | Relay | Seed Time |
|------------------------------------|-------------------------|-------|-----------|
| Section 1 of 1 Timed Finals | | | |
| 1 | Grygla-Gatzke | | 47.71 |
| 2 | Dilworth-Glyndon-Felton | | 46.14 |
| 3 | Bagley/Fosston | | 44.87 |
| 4 | Park Rapids Area | | 44.74 |
| 5 | United Clay-Becker | | 45.04 |
| 6 | Fertile-Beltrami | | 45.80 |
| 7 | Clearbrook-Gonvick | | 46.47 |
| 8 | West Marshall | | 48.32 |

Event 105 Girls 400 Meter Dash Class A

Section: 57.84 1993 Amber Bohman, Park Rapids

| Lane | Name | Year | School | Seed Time |
|------------------------------------|-------------------|------|------------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 1 | Regan Swanson | 11 | West Marshall | 1:07.55 |
| 2 | Alexis LaBine | 8 | West Marshall | 1:07.04 |
| 3 | Morgan Turn | 10 | Kittson County Central | 1:05.93 |
| 4 | Ella Kronschnabel | 7 | Fertile-Beltrami | 1:04.59 |
| 5 | Molly Cullen | 11 | Grygla-Gatzke | 1:04.84 |
| 6 | Sofie Grunhovd | 9 | Fertile-Beltrami | 1:06.71 |
| 7 | Greta Kuznia | 9 | Kittson County Central | 1:07.14 |
| 8 | Anna Rickbeil | 8 | Park Rapids Area | 1:07.83 |
| Section 2 of 2 Timed Finals | | | | |
| 1 | Natalia Lopez | 12 | Park Rapids Area | 1:03.25 |
| 2 | Bree Nelson | 12 | United Clay-Becker | 1:02.36 |
| 3 | Annika Adolphson | 7 | West Marshall | 1:02.13 |
| 4 | Katrina Hitchen | 9 | Fertile-Beltrami | 1:00.10 |
| 5 | Addison Lauwagie | 10 | Park Rapids Area | 1:01.24 |
| 6 | Faith Lilly | 11 | Warroad | 1:02.35 |
| 7 | Annika Aakre | 9 | Park Christian | 1:03.21 |
| 8 | Katarina Vetter | 8 | United Clay-Becker | 1:04.09 |

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Event 106 Boys 400 Meter Dash Class A

Section: 49.57 1993 Frank Schaap, Park Rapids

| Lane | Name | Year | School | Seed Time |
|------------------------------------|-------------------|------|----------------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 1 | Maverick Anderson | 12 | Bagley/Fosston | 56.82 |
| 2 | Isaiah Fish | 11 | Warroad | 56.59 |
| 3 | Jerome Gange | 11 | Dilworth-Glyndon-Felton | 56.07 |
| 4 | Kolden Gustafson | 12 | Warroad | 54.46 |
| 5 | Kolton Wagner | 12 | Dilworth-Glyndon-Felton | 54.88 |
| 6 | Jack Goulet | 12 | Warroad | 56.16 |
| 7 | Alex Lotties | 11 | Climax-Fisher-Sacred Heart | 56.69 |
| 8 | Evan Knoll | 12 | Park Christian | 57.12 |

Section 2 of 2 Timed Finals

| | | | | |
|---|-----------------|----|--------------------------|-------|
| 1 | Kaden Gartner | 9 | Park Rapids Area | 54.14 |
| 2 | Joe Wilson | 11 | Dilworth-Glyndon-Felton | 53.85 |
| 3 | Isaiah Tofibam | 12 | Park Christian | 52.31 |
| 4 | Charles Scholl | 11 | Ada-Borup-West | 52.01 |
| 5 | Nick Freimark | 10 | Walker-Hackensack-Akeley | 53.93 |
| 6 | Nathan Sedlacek | 12 | West Marshall | 52.95 |
| 7 | Landon Bakke | 11 | United Clay-Becker | 54.03 |
| 8 | Lewis Jones | 11 | Grygla-Gatzke | 54.31 |

Event 115 Girls 300 Meter Hurdles Class A

Section: 43.14 1987 Liesa Brateng, Roseau

| Lane | Name | Year | School | Seed Time |
|------------------------------------|------------------|------|-----------------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 1 | Isabelle Smith | 11 | Crookston | 54.27 |
| 2 | Jayla Abrahamson | 7 | Climax-Fisher-Sacred Heart | 53.02 |
| 3 | Emily Duquette | 8 | Northome/Kelliher/Blackduck | 52.61 |
| 4 | Annika Johnson | 9 | Park Christian | 52.06 |
| 5 | Ashlyn Nelson | 10 | Grygla-Gatzke | 52.36 |
| 6 | Grace Officer | 9 | Park Rapids Area | 52.63 |
| 7 | Brooke Kritzeck | 10 | Park Rapids Area | 53.54 |
| 8 | Ava Hayes | 8 | Bagley/Fosston | 55.01 |

Section 2 of 2 Timed Finals

| | | | | |
|---|-----------------|----|------------------|-------|
| 1 | Micayla Olson | 11 | Fertile-Beltrami | 51.36 |
| 2 | Nora Osowski | 10 | West Marshall | 50.73 |
| 3 | Kim Hitchen | 12 | Fertile-Beltrami | 47.66 |
| 4 | Hannah Pederson | 11 | West Marshall | 47.20 |
| 5 | Tessa Manecke | 11 | Bagley/Fosston | 49.64 |
| 6 | Faith Lilly | 11 | Warroad | 50.55 |
| 7 | Grace McNamee | 10 | Nevis | 51.31 |
| 8 | Kaitlyn Obowa | 9 | Mahnomen/Waubun | 51.94 |

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Event 116 Boys 300 Meter Hurdles Class A

Section: 39.14 1992 Tony Paul, Marshall Co South

| Lane | Name | Year | School | Seed Time |
|------------------------------------|--------------------|------|----------------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 1 | Elijah Wellumson | 10 | Climax-Fisher-Sacred Heart | 47.49 |
| 2 | Hayden Hauf | 10 | Dilworth-Glyndon-Felton | 46.81 |
| 3 | Andrew Deegan | 12 | Walker-Hackensack-Akeley | 46.38 |
| 4 | Kade Swenson | 10 | Dilworth-Glyndon-Felton | 45.72 |
| 5 | Gunnar Lund | 11 | Roseau | 46.05 |
| 6 | Jonah Harstad | 10 | Fertile-Beltrami | 46.50 |
| 7 | Colton Otero | 10 | West Marshall | 47.04 |
| 8 | Ryan Van Den Enide | 12 | Fertile-Beltrami | 47.90 |

Section 2 of 2 Timed Finals

| | | | | |
|---|------------------|----|-----------------------------|-------|
| 1 | Bryce Frenzel | 11 | Northome/Kelliher/Blackduck | 45.32 |
| 2 | Ridge Flatness | 12 | Northome/Kelliher/Blackduck | 43.98 |
| 3 | Pierce Deblieck | 12 | Park Rapids Area | 42.78 |
| 4 | Jon Rice | 12 | Nevis | 41.85 |
| 5 | Derek Tibbetts | 12 | United Clay-Becker | 42.96 |
| 6 | Joey Molstre | 12 | Dilworth-Glyndon-Felton | 43.31 |
| 7 | Gerald Melin | 12 | Red Lake County | 45.23 |
| 8 | Logan Koubandonh | 11 | Roseau | 45.60 |

Event 107 Girls 800 Meter Run Class A

Section: 2:13.40 2001 Ada Anderson, Roseau

| Lane | Name | Year | School | Seed Time |
|------------------------------------|--------------------------|------|-------------------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 1 | Josephine Hinson | 8 | Roseau | 2:47.22 |
| 2 | Makenna Maanum | 7 | Park Rapids Area | 2:43.48 |
| 3 | Liv Efta | 11 | West Marshall | 2:41.20 |
| 4 | Jenna Thompson | 8 | Ada-Borup-West | 2:40.70 |
| 5 | Natalie Peterson | 12 | West Marshall | 2:41.13 |
| 6 | Aiala Echevarria Zorroaz | 11 | Mahnomen/Waubun | 2:41.48 |
| 7 | Lexi Wood | 7 | Lake of the Woods/Indus/Rainy | 2:46.09 |
| 8 | Reagan Mimnaugh | 10 | BGMR/Freeze | 2:47.35 |

Section 2 of 2 Timed Finals

| | | | | |
|---|---------------------------|----|-----------------------------|---------|
| 1 | Greta Kuznia | 9 | Kittson County Central | 2:36.22 |
| 2 | Marrissa Mills | 10 | Northome/Kelliher/Blackduck | 2:32.89 |
| 3 | Madeline Brandt | 8 | Park Rapids Area | 2:25.20 |
| 4 | Morgan Koppelman | 12 | Park Rapids Area | 2:23.19 |
| 5 | Katrina Hitchen | 9 | Fertile-Beltrami | 2:31.59 |
| 6 | Carlota Lopez Santamarina | 10 | Bagley/Fosston | 2:32.16 |
| 7 | Navaeh Kotrba | 9 | Grygla-Gatzke | 2:35.86 |
| 8 | Abigail Bleess | 11 | Warroad | 2:40.40 |

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Event 108 Boys 800 Meter Run Class A

Section: 1:56.78 2009 Moses Heppner, Warroad

| Lane | Name | Year | School | Seed Time |
|------------------------------------|---------------|------|-------------------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 1 | Joe Tande | 10 | Walker-Hackensack-Akeley | 2:18.21 |
| 2 | Bryce Braseth | 9 | NCE/UH | 2:16.82 |
| 3 | Tucker Hansen | 12 | Ada-Borup-West | 2:16.34 |
| 4 | Louis Gaytan | 11 | Dilworth-Glyndon-Felton | 2:13.28 |
| 5 | Nick Lund | 10 | BGMR/Freeze | 2:15.78 |
| 6 | Dawson Meikle | 10 | Lake of the Woods/Indus/Rainy | 2:16.43 |
| 7 | Yili Schiro | 11 | Lake of the Woods/Indus/Rainy | 2:17.62 |
| 8 | Brody Menge | 9 | Ada-Borup-West | 2:18.91 |

Section 2 of 2 Timed Finals

| | | | | |
|---|----------------|----|-------------------------|---------|
| 1 | Eli Baasch | 12 | Park Christian | 2:11.19 |
| 2 | Thor Harbott | 12 | Crookston | 2:09.66 |
| 3 | Ephraim Bervig | 10 | Park Rapids Area | 2:02.07 |
| 4 | Eli Bervig | 12 | Park Rapids Area | 2:01.31 |
| 5 | Seth Torgerson | 12 | United Clay-Becker | 2:07.35 |
| 6 | Logan Maanum | 12 | Park Rapids Area | 2:08.60 |
| 7 | Jack Goulet | 12 | Warroad | 2:09.69 |
| 8 | Isaiah Damico | 10 | Dilworth-Glyndon-Felton | 2:11.67 |

Event 103 Girls 200 Meter Dash Class A

Section: 25.00 1987 Leisa Brateng, Roseau

| Lane | Name | Year | School | Seed Time |
|------------------------------------|--------------------|------|-------------------------|-----------|
| Section 1 of 2 Timed Finals | | | | |
| 1 | Sarah Prodzinski | 11 | Ada-Borup-West | 28.87 |
| 2 | Avery Schueller | 8 | Park Rapids Area | 28.39 |
| 3 | Aunika Reynolds | 10 | Dilworth-Glyndon-Felton | 28.33 |
| 4 | Rebecca Peterson | 11 | Park Christian | 27.95 |
| 5 | Ashlyn Bailey | 9 | Crookston | 28.15 |
| 6 | Chloe Boll | 9 | Crookston | 28.37 |
| 7 | Molly Cullen | 11 | Grygla-Gatzke | 28.71 |
| 8 | Claire Klinkhammer | 8 | Bagley/Fosston | 28.95 |

Section 2 of 2 Timed Finals

| | | | | |
|---|-----------------|----|-------------------------------|-------|
| 1 | Olivia Miller | 10 | Park Rapids Area | 27.81 |
| 2 | Meah Marshall | 11 | Climax-Fisher-Sacred Heart | 27.66 |
| 3 | Anna Steer | 12 | United Clay-Becker | 28.33 |
| 4 | Ava Phrakonkham | 10 | Bagley/Fosston | 26.82 |
| 5 | Ellie Sosa | 8 | Dilworth-Glyndon-Felton | 27.44 |
| 6 | Paige Haack | 12 | Lake of the Woods/Indus/Rainy | 27.41 |
| 7 | Emma Mosey | 12 | Dilworth-Glyndon-Felton | 27.68 |
| 8 | Shakyla Smith | 11 | Northome/Kelliher/Blackduck | 27.84 |

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Event 104 Boys 200 Meter Dash Class A

Section: 22.30 1983 Nathan Cooper, Climax

| Lane | Name | Year | School | Seed Time |
|------|------|------|--------|-----------|
|------|------|------|--------|-----------|

Section 1 of 2 Timed Finals

| | | | | |
|---|-------------------|----|----------------------------|-------|
| 1 | Creed Tollefson | 9 | Fertile-Beltrami | 25.10 |
| 2 | Ben Lepard | 12 | Dilworth-Glyndon-Felton | 24.78 |
| 3 | Elias Lafond | 12 | Bagley/Fosston | 24.75 |
| 4 | Jonathon Speicher | 11 | Climax-Fisher-Sacred Heart | 24.59 |
| 5 | Gavin Giese | 9 | Park Christian | 24.72 |
| 6 | Cody Sanford | 12 | BGMR/Freeze | 24.77 |
| 7 | Vincent Perucho | 9 | Walker-Hackensack-Akeley | 24.79 |
| 8 | Matt Dahring | 12 | Park Rapids Area | 25.22 |

Section 2 of 2 Timed Finals

| | | | | |
|---|-------------------|----|-------------------------|-------|
| 1 | Noah Nelson | 10 | Bagley/Fosston | 24.53 |
| 2 | Bodey DeVries | 11 | Dilworth-Glyndon-Felton | 23.73 |
| 3 | Gavin Hockstedler | 12 | BGMR/Freeze | 23.40 |
| 4 | Ayo Ogundeji | 10 | Nevis | 23.21 |
| 5 | Nathan Sedlacek | 12 | West Marshall | 23.24 |
| 6 | Jordan Summers | 12 | Dilworth-Glyndon-Felton | 23.45 |
| 7 | Nathan Weems | 11 | Clearbrook-Gonvick | 23.75 |
| 8 | Malachi Martin | 12 | Park Rapids Area | 24.59 |

Event 111 Girls 3200 Meter Run Class A

Section: 10:40.78 6/3/2022 Jade Rypkema, Nevis

| Lane | Name | Year | School | Seed Time |
|------|------|------|--------|-----------|
|------|------|------|--------|-----------|

Section 1 of 1 Timed Finals

| | | | | |
|----|-------------------|----|-------------------------------|----------|
| 1 | Jade Rypkema | 12 | Nevis | 10:53.90 |
| 2 | Ellie Rogness | 11 | Park Christian | 12:27.65 |
| 3 | Adeline Bjorklund | 9 | Nevis | 12:24.49 |
| 4 | Julia Harmon | 12 | Park Rapids Area | 12:43.21 |
| 5 | Lily Olson | 10 | United Clay-Becker | 12:45.04 |
| 6 | Ella Arntson | 8 | Climax-Fisher-Sacred Heart | 12:49.47 |
| 7 | Allison Lundin | 9 | Northome/Kelliher/Blackduck | 12:52.89 |
| 8 | Embry Deshayes | 8 | Park Rapids Area | 12:54.25 |
| 9 | Jorie Miska | 9 | West Marshall | 13:30.97 |
| 10 | Aleka London | 12 | Park Rapids Area | 13:35.59 |
| 11 | Amelia Machlett | 9 | Clearbrook-Gonvick | 13:44.96 |
| 12 | Caroline Marvin | 10 | Warroad | 13:52.26 |
| 13 | Julie Strom | 11 | United Clay-Becker | 14:01.87 |
| 14 | Norah Hanson | 7 | Climax-Fisher-Sacred Heart | 14:01.98 |
| 15 | Alyce Labrasseur | 11 | Lake of the Woods/Indus/Rainy | 14:06.72 |
| 16 | Brooklyn Grubb | 7 | Dilworth-Glyndon-Felton | 14:11.96 |

MSHSL Section 8A
Timing by Hero's Timing
Roseau High School - 6/2/2023
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Event 112 Boys 3200 Meter Run Class A

Section: 9:31.50 1987 Tony Larson, Park Rapids

| Lane | Name | Year | School | Seed Time |
|------------------------------------|---------------------|------|-------------------------------|-----------|
| Section 1 of 1 Timed Finals | | | | |
| 1 | Noah Huot | 11 | Park Rapids Area | 9:56.31 |
| 2 | Owen Winter | 9 | Dilworth-Glyndon-Felton | 10:18.06 |
| 3 | Blaine Hensel | 12 | Park Rapids Area | 10:19.04 |
| 4 | Taylor Johnson | 12 | United Clay-Becker | 10:19.75 |
| 5 | Asher Bervig | 8 | Park Rapids Area | 10:22.74 |
| 6 | Benjamin Geeslin | 12 | United Clay-Becker | 10:22.85 |
| 7 | Thor Erickson | 10 | United Clay-Becker | 10:33.41 |
| 8 | Seth Meikle | 12 | Lake of the Woods/Indus/Rainy | 10:44.17 |
| 9 | Van Munstenteiger | 9 | Roseau | 11:01.46 |
| 10 | Carter Julin | 11 | Dilworth-Glyndon-Felton | 11:25.26 |
| 11 | Grant Martin | 8 | Climax-Fisher-Sacred Heart | 11:27.97 |
| 12 | Isaac Gifford | 11 | Dilworth-Glyndon-Felton | 11:32.80 |
| 13 | Palmer Olson | 12 | Bagley/Fosston | 11:47.97 |
| 14 | Asher Munstenteiger | 7 | Roseau | 12:07.50 |
| 15 | Brody Mystic | 9 | Northome/Kelliher/Blackduck | 12:13.56 |
| 16 | Hayden Shulstad | 8 | Red Lake County | 12:17.10 |

Event 121 Girls 4x400 Meter Relay Class ASection: 4:01.09 2001 , Roseau
Lisell,Olson,Evans,Anderson

| Lane | Team | Relay | Seed Time |
|------------------------------------|-----------------------------|-------|-----------|
| Section 1 of 1 Timed Finals | | | |
| 1 | Northome/Kelliher/Blackduck | | 4:28.99 |
| 2 | Bagley/Fosston | | 4:25.02 |
| 3 | West Marshall | | 4:13.91 |
| 4 | Fertile-Beltrami | | 4:11.82 |
| 5 | Park Rapids Area | | 4:11.86 |
| 6 | United Clay-Becker | | 4:16.69 |
| 7 | Nevis | | 4:26.85 |
| 8 | Ada-Borup-West | | 4:36.52 |

Event 122 Boys 4x400 Meter Relay Class ASection: 3:28.43 1996 , Park Rapids
Larson,Thelen,Klotz,Jacobson

| Lane | Team | Relay | Seed Time |
|------------------------------------|-----------------------------|-------|-----------|
| Section 1 of 1 Timed Finals | | | |
| 1 | Roseau | | 3:51.30 |
| 2 | Walker-Hackensack-Akeley | | 3:48.73 |
| 3 | Northome/Kelliher/Blackduck | | 3:46.14 |
| 4 | United Clay-Becker | | 3:38.32 |
| 5 | Park Rapids Area | | 3:40.27 |
| 6 | Dilworth-Glyndon-Felton | | 3:46.93 |
| 7 | Warroad | | 3:50.50 |
| 8 | Ada-Borup-West | | 3:55.63 |

MSHSL Section 8A
Timing by Hero's Timing
Roseau High School - 6/2/2023
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Event 125 Girls High Jump Class A

Section: 5-08 2008

Toni Tollefson, Lake Park-Audubon

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|-------------------|------|-------------------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | Belle Suckert | 12 | Park Christian | 4-06.00 |
| 2 | Kaelan Rockensock | 10 | Northome/Kelliher/Blackduck | 4-06.00 |
| 3 | Emmy Allen | 10 | Northome/Kelliher/Blackduck | 4-06.00 |
| 4 | Charli Hallstrom | 9 | Northome/Kelliher/Blackduck | 4-06.00 |
| 5 | Brea Hasbargen | 12 | Lake of the Woods/Indus/Rainy | 4-06.00 |
| 6 | Jena Meier | 10 | Park Rapids Area | 4-06.00 |
| 7 | Laraya Lynch | 9 | Walker-Hackensack-Akeley | 4-06.00 |
| 8 | Aaliyah Johnson | 12 | West Marshall | 4-06.00 |
| 9 | Brea Abrahamson | 9 | Climax-Fisher-Sacred Heart | 4-08.00 |
| 10 | Kaydence White | 9 | Kittson County Central | 4-10.00 |
| 11 | Markelle Pederson | 9 | West Marshall | 4-10.00 |
| 12 | Ingrid Rustad | 10 | United Clay-Becker | 4-10.00 |
| 13 | Brooke Kritzeck | 10 | Park Rapids Area | 4-10.00 |
| 14 | Allison LaVine | 10 | Clearbrook-Gonvick | 4-10.00 |
| 15 | Nora Osowski | 10 | West Marshall | 4-10.00 |
| 16 | Faith Lilly | 11 | Warroad | 5-00.00 |
| 17 | Ella Kronschnabel | 7 | Fertile-Beltrami | 4-08.00 |
| 18 | Grace Proulx | 10 | Fertile-Beltrami | 4-08.00 |
| 19 | Isabelle Smith | 11 | Crookston | 4-08.00 |
| 20 | Annika Aakre | 9 | Park Christian | 5-02.00 |
| 21 | Ava Phrakonkham | 10 | Bagley/Fosston | 5-02.00 |

Event 126 Boys High Jump Class A

Section: 6-08.25 2009

Austin Dennis, WHA

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|------------------|------|-----------------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | Andrew Deegan | 12 | Walker-Hackensack-Akeley | 5-04.00 |
| 2 | Kainen Koponen | 9 | West Marshall | 5-06.00 |
| 3 | Charles Scholl | 11 | Ada-Borup-West | 5-06.00 |
| 4 | Colton Connell | 10 | Northome/Kelliher/Blackduck | 5-06.00 |
| 5 | Ben Lepard | 12 | Dilworth-Glyndon-Felton | 5-06.00 |
| 6 | Joe Tande | 10 | Walker-Hackensack-Akeley | 5-06.00 |
| 7 | Kyle Abrahamson | 10 | Climax-Fisher-Sacred Heart | 5-08.00 |
| 8 | Bridger Carlson | 10 | Park Christian | 5-08.00 |
| 9 | Gerald Melin | 12 | Red Lake County | 5-10.00 |
| 10 | Macswel Kunza | 11 | Dilworth-Glyndon-Felton | 5-10.00 |
| 11 | Derek Tibbetts | 12 | United Clay-Becker | 6-00.00 |
| 12 | Avery Lavine | 12 | Clearbrook-Gonvick | 6-00.00 |
| 13 | Elijah Wellumson | 10 | Climax-Fisher-Sacred Heart | 5-08.00 |
| 14 | Isaac Jacobson | 9 | Park Christian | 5-08.00 |
| 15 | Gunnar Lund | 11 | Roseau | 6-02.00 |
| 16 | Sam Senske | 12 | United Clay-Becker | 6-02.00 |

MSHSL Section 8A
Timing by Hero's Timing
Roseau High School - 6/2/2023
Meet Program - Order Of Events

Event 127 Girls Pole Vault Class A

Section: 11-01 2004

Jennifer Hensel, Frazee

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|-------------------|------|-----------------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | Marrissa Mills | 10 | Northome/Kelliher/Blackduck | 6-08.00 |
| 2 | Grace Etter | 9 | Park Rapids Area | 6-08.00 |
| 3 | Lauren Sekely | 12 | Bagley/Fosston | 6-08.00 |
| 4 | Micayla Olson | 11 | Fertile-Beltrami | 6-08.00 |
| 5 | Ella Henning | 7 | Walker-Hackensack-Akeley | 6-08.00 |
| 6 | Katy Comstock | 10 | Warroad | 7-02.00 |
| 7 | Julia Schock | 12 | Walker-Hackensack-Akeley | 7-02.00 |
| 8 | Kaia Omdahl | 10 | Roseau | 7-02.00 |
| 9 | Brooke Bjorgaard | 8 | BGMR/Freeze | 7-02.00 |
| 10 | Sofie Grunhovd | 9 | Fertile-Beltrami | 7-02.00 |
| 11 | Emma Nelson | 10 | BGMR/Freeze | 7-08.00 |
| 12 | Gwendolyn Devries | 12 | Walker-Hackensack-Akeley | 7-08.00 |
| 13 | Paige Michalski | 12 | West Marshall | 8-02.00 |
| 14 | Bailey Murack | 11 | Park Christian | 8-02.00 |
| 15 | Macie Cavett | 11 | Ada-Borup-West | 8-02.00 |
| 16 | Halle Winjum | 11 | Crookston | 8-08.00 |
| 17 | Chloe Boll | 9 | Crookston | 7-08.00 |
| 18 | Ruth Harris | 11 | Park Christian | 9-02.00 |
| 19 | Addison Lauwagie | 10 | Park Rapids Area | 10-02.00 |
| 20 | Morgan Koppelman | 12 | Park Rapids Area | 10-02.00 |

Event 128 Boys Pole Vault Class A

Section: 14-06 1995

Chris Chandler, Crookston

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|-----------------|------|-----------------------------|-----------|
| Flight 1 of 1 Finals | | | | |
| 1 | Noah Dvorak | 9 | West Marshall | 8-05.00 |
| 2 | Natan Visser | 8 | Ada-Borup-West | 8-05.00 |
| 3 | Elijah Cox | 9 | Walker-Hackensack-Akeley | 8-09.00 |
| 4 | Makoti Weber | 9 | Crookston | 9-05.00 |
| 5 | Brent Wesala | 11 | BGMR/Freeze | 9-05.00 |
| 6 | Nick Lund | 10 | BGMR/Freeze | 9-05.00 |
| 7 | Bryce Frenzel | 11 | Northome/Kelliher/Blackduck | 9-09.00 |
| 8 | Will Stromstad | 12 | Fertile-Beltrami | 9-11.00 |
| 9 | Caden Benson | 10 | West Marshall | 9-11.00 |
| 10 | Jarrett Galzki | 10 | Park Rapids Area | 10-03.00 |
| 11 | Billy Sisouvong | 11 | Warroad | 10-03.00 |
| 12 | Luke Jalbert | 10 | Ada-Borup-West | 10-05.00 |
| 13 | Joey Molstre | 12 | Dilworth-Glyndon-Felton | 11-05.00 |
| 14 | Hayden Rettke | 9 | Walker-Hackensack-Akeley | 11-09.00 |
| 15 | Joe Wilson | 11 | Dilworth-Glyndon-Felton | 12-08.00 |
| 16 | Cameron Runyan | 12 | Park Rapids Area | 12-03.00 |
| 17 | Tyson Mortimer | 12 | West Marshall | 12-11.00 |

MSHSL Section 8A
Timing by Hero's Timing
Roseau High School - 6/2/2023
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Event 129 Girls Long Jump Class A

Section: 18-03.25 2009

Analisa Huschle, Bagley/Fosston

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|----------------|------|----------------------------|-----------|
| Flight 1 of 2 Finals | | | | |
| 1 | Annika Idstrom | 11 | Walker-Hackensack-Akeley | 13-11.75 |
| 2 | Riley Pike | 12 | Park Rapids Area | 14-04.00 |
| 3 | Sienna Friesen | 11 | Bagley/Fosston | 14-09.25 |
| 4 | Berlyn Strege | 10 | Kittson County Central | 15-00.50 |
| 5 | Abigail Walton | 11 | Dilworth-Glyndon-Felton | 15-00.75 |
| 6 | Avery Aakre | 11 | Park Christian | 15-00.75 |
| 7 | Ellie Sosa | 8 | Dilworth-Glyndon-Felton | 15-05.50 |
| 8 | Lydia Hanson | 10 | BGMR/Freeze | 15-06.50 |
| Flight 2 of 2 Finals | | | | |
| 1 | Olivia Miller | 10 | Park Rapids Area | 15-09.50 |
| 2 | Cassie Solheim | 11 | Crookston | 15-09.50 |
| 3 | Finley Horken | 8 | Climax-Fisher-Sacred Heart | 15-11.00 |
| 4 | Kylie Snare | 9 | BGMR/Freeze | 16-01.75 |
| 5 | Julia Miller | 10 | Ada-Borup-West | 16-03.75 |
| 6 | Eva Langen | 10 | West Marshall | 16-04.00 |
| 7 | Allison LaVine | 10 | Clearbrook-Gonvick | 16-02.50 |
| 8 | Annika Aakre | 9 | Park Christian | 16-04.25 |

Event 130 Boys Long Jump Class A

Section: 22-02 1999

Adam Stratton, Fisher/Climax

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|-------------------|------|-------------------------------|-----------|
| Flight 1 of 2 Finals | | | | |
| 1 | Dawson Meikle | 10 | Lake of the Woods/Indus/Rainy | 18-00.00 |
| 2 | Ben Bjerke | 11 | Park Christian | 18-05.50 |
| 3 | Alex Churness | 11 | Clearbrook-Gonvick | 18-07.75 |
| 4 | Cameron Runyan | 12 | Park Rapids Area | 18-09.50 |
| 5 | Kainen Koponen | 9 | West Marshall | 18-10.50 |
| 6 | Ayo Ogundeji | 10 | Nevis | 19-00.75 |
| 7 | Ben Lepard | 12 | Dilworth-Glyndon-Felton | 19-04.00 |
| 8 | Gerald Melin | 12 | Red Lake County | 19-07.50 |
| Flight 2 of 2 Finals | | | | |
| 1 | Brody Friend | 11 | Dilworth-Glyndon-Felton | 19-08.00 |
| 2 | Isaiah Wright | 10 | Fertile-Beltrami | 20-00.50 |
| 3 | Macswel Kunza | 11 | Dilworth-Glyndon-Felton | 20-11.75 |
| 4 | Gavin Hockstedler | 12 | BGMR/Freeze | 21-03.75 |
| 5 | Bradley Olson | 12 | United Clay-Becker | 21-05.75 |
| 6 | Brenner Spaeth | 12 | Park Christian | 21-06.00 |
| 7 | Jayden Whalen | 9 | Park Rapids Area | 19-10.00 |
| 8 | Liam Collins | 11 | BGMR/Freeze | 21-08.75 |

MSHSL Section 8A
Timing by Hero's Timing
Roseau High School - 6/2/2023
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Event 131 Girls Triple Jump Class A

Section: 38-06.25 2009

Analisa Huschle, Bagley/Fosston

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|-------------------|------|-----------------------------|-----------|
| Flight 1 of 2 Finals | | | | |
| 1 | Berlyn Strege | 10 | Kittson County Central | 31-03.00 |
| 2 | Brandi Morgan | 10 | Park Rapids Area | 31-03.75 |
| 3 | Finley Horken | 8 | Climax-Fisher-Sacred Heart | 31-05.00 |
| 4 | Liliana Gordon | 10 | Roseau | 31-10.75 |
| 5 | Olivia Davis | 12 | Park Rapids Area | 31-11.00 |
| 6 | Reegan Mortimer | 10 | West Marshall | 32-01.00 |
| 7 | Isabella Warmbold | 11 | Bagley/Fosston | 32-04.75 |
| 8 | Avery Aakre | 11 | Park Christian | 32-06.00 |
| Flight 2 of 2 Finals | | | | |
| 1 | Paige Michalski | 12 | West Marshall | 32-10.50 |
| 2 | Ruth Harris | 11 | Park Christian | 33-03.00 |
| 3 | Shakyla Smith | 11 | Northome/Kelliher/Blackduck | 33-08.75 |
| 4 | Avery Horken | 12 | Climax-Fisher-Sacred Heart | 34-03.00 |
| 5 | Kylie Snare | 9 | BGMR/Freeze | 34-07.00 |
| 6 | Hannah Pederson | 11 | West Marshall | 34-09.00 |
| 7 | Allison LaVine | 10 | Clearbrook-Gonvick | 34-05.50 |
| 8 | Ellie Sosa | 8 | Dilworth-Glyndon-Felton | 36-00.00 |

Event 132 Boys Triple Jump Class A

Section: 45-03 2021

Joshua Finseth, DGF

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|--------------------|------|-----------------------------|-----------|
| Flight 1 of 2 Finals | | | | |
| 1 | Jordan Waldo | 10 | Northome/Kelliher/Blackduck | 35-11.25 |
| 2 | Ryan Van Den Enide | 12 | Fertile-Beltrami | 36-03.50 |
| 3 | Braxton Bjerke | 8 | Clearbrook-Gonvick | 36-06.00 |
| 4 | Pierce Deblieck | 12 | Park Rapids Area | 37-03.75 |
| 5 | Nick Freimark | 10 | Walker-Hackensack-Akeley | 37-06.50 |
| 6 | Reed Hanson | 11 | West Marshall | 37-09.00 |
| 7 | Kolden Gustafson | 12 | Warroad | 37-10.00 |
| 8 | Caleb Johnson | 10 | Dilworth-Glyndon-Felton | 38-02.50 |
| Flight 2 of 2 Finals | | | | |
| 1 | Gavin McArthur | 8 | Mahnomen/Waubun | 38-02.50 |
| 2 | Hayden Hauf | 10 | Dilworth-Glyndon-Felton | 39-01.00 |
| 3 | Gavin Hockstedler | 12 | BGMR/Freeze | 39-04.00 |
| 4 | Macswel Kunza | 11 | Dilworth-Glyndon-Felton | 39-06.00 |
| 5 | Liam Collins | 11 | BGMR/Freeze | 41-00.00 |
| 6 | Isaiah Tofibam | 12 | Park Christian | 41-07.00 |
| 7 | Logan Koubandonh | 11 | Roseau | 38-08.00 |
| 8 | Bradley Olson | 12 | United Clay-Becker | 41-09.50 |

MSHSL Section 8A
Timing by Hero's Timing
Roseau High School - 6/2/2023
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Event 133 Girls Discus Throw Class A

Section: 147-04 1990

Krista Wavra, Sacred Heart

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|-------------------|------|--------------------------|-----------|
| Flight 1 of 2 Finals | | | | |
| 1 | Ella Dykema | 12 | Walker-Hackensack-Akeley | 83-09 |
| 2 | Clair Isaacson | 9 | Nevis | 83-10 |
| 3 | Kaycee Endreson | 10 | Park Christian | 84-07 |
| 4 | Erin Michalski | 11 | West Marshall | 90-00 |
| 5 | Skylar Ballard | 11 | Clearbrook-Gonvick | 90-09 |
| 6 | Alexis Newman | 9 | United Clay-Becker | 91-00 |
| 7 | Saddie Fladhammer | 12 | Fertile-Beltrami | 91-07 |
| 8 | Julia Harmon | 12 | Park Rapids Area | 93-08 |
| Flight 2 of 2 Finals | | | | |
| 1 | Aria Garrett | 9 | Dilworth-Glyndon-Felton | 96-08 |
| 2 | Savannah Bishop | 12 | West Marshall | 99-00 |
| 3 | Libby Salentine | 12 | Crookston | 103-11.50 |
| 4 | Alexis Riniker | 12 | Dilworth-Glyndon-Felton | 104-09.50 |
| 5 | Katelyn Vesledahl | 12 | Bagley/Fosston | 107-10 |
| 6 | Liddy DeWulf | 12 | Nevis | 108-08 |
| 7 | Ella Olson | 11 | Dilworth-Glyndon-Felton | 105-09.50 |
| 8 | Sarah Hartung | 9 | Park Rapids Area | 113-10 |

Event 134 Boys Discus Throw Class A

Section: 166-00 2004

Jerry Netland, Bagley/Fosston

| Pos | Name | Year | School | Seed Mark |
|-----------------------------|-------------------|------|-----------------------------|-----------|
| Flight 1 of 2 Finals | | | | |
| 1 | Grady Hockstedler | 10 | BGMR/Freeze | 111-06 |
| 2 | Jack Leiser | 10 | Fertile-Beltrami | 112-09 |
| 3 | Dirk Booth | 11 | NCE/UH | 113-09 |
| 4 | Avery Lavine | 12 | Clearbrook-Gonvick | 114-08 |
| 5 | Joe Hed | 11 | Walker-Hackensack-Akeley | 117-09 |
| 6 | Ethan Hellerud | 10 | Dilworth-Glyndon-Felton | 118-08 |
| 7 | John Vetter | 12 | United Clay-Becker | 123-11 |
| 8 | Zachary Troyer | 11 | Park Christian | 127-00 |
| Flight 2 of 2 Finals | | | | |
| 1 | Eli Pfeiffer | 12 | Walker-Hackensack-Akeley | 128-00 |
| 2 | Quinten Friborg | 12 | Bagley/Fosston | 129-05 |
| 3 | Treston Nichols | 11 | BGMR/Freeze | 129-09 |
| 4 | Dante Frank | 12 | Northome/Kelliher/Blackduck | 130-03 |
| 5 | Victor Sosa | 12 | Dilworth-Glyndon-Felton | 135-11 |
| 6 | Jake Borowicz | 10 | Roseau | 141-00 |
| 7 | Cole Bentley | 12 | NCE/UH | 147-03 |
| 8 | Luke Hartung | 12 | Park Rapids Area | 159-04 |

MSHSL Section 8A
Timing by Hero's Timing
Roseau High School - 6/2/2023
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Event 135 Girls Shot Put Class A

Section: 44-09.50 6/3/2022

Monica Johnson, Northome/Kel

| Pos | Name | Year | School | Seed | Mark |
|-----------------------------|-------------------|------|-------------------------------|------|-------|
| Flight 1 of 2 Finals | | | | | |
| 1 | Libby Salentine | 12 | Crookston | 28 | 06.50 |
| 2 | Presley Westrum | 11 | Clearbrook-Gonvick | 29 | 06.75 |
| 3 | Paige Haack | 12 | Lake of the Woods/Indus/Rainy | 30 | 00.00 |
| 4 | Julisa Matthias | 11 | Lake of the Woods/Indus/Rainy | 30 | 00.50 |
| 5 | Atarah Tofibam | 9 | Park Christian | 30 | 01.00 |
| 6 | Skylar Ballard | 11 | Clearbrook-Gonvick | 31 | 04.50 |
| 7 | Julia Harmon | 12 | Park Rapids Area | 31 | 06.50 |
| 8 | Kaycee Endreson | 10 | Park Christian | 32 | 07.50 |
| Flight 2 of 2 Finals | | | | | |
| 1 | Aaliyah Johnson | 12 | West Marshall | 33 | 06.50 |
| 2 | Katelyn Vesledahl | 12 | Bagley/Fosston | 34 | 04.00 |
| 3 | Karalyn Oberfell | 12 | Walker-Hackensack-Akeley | 34 | 07.00 |
| 4 | Ella Olson | 11 | Dilworth-Glyndon-Felton | 34 | 09.00 |
| 5 | Jersey Trautman | 11 | Dilworth-Glyndon-Felton | 35 | 01.00 |
| 6 | Alexis Riniker | 12 | Dilworth-Glyndon-Felton | 35 | 07.00 |
| 7 | McKinley Folland | 10 | Kittson County Central | 36 | 07.50 |
| 8 | Liddy DeWulf | 12 | Nevis | 38 | 03.75 |

Event 136 Boys Shot Put Class A

Section: 56-01 1992

David Borowicz, Stephen

| Pos | Name | Year | School | Seed | Mark |
|-----------------------------|-------------------|------|-----------------------------|------|-------|
| Flight 1 of 2 Finals | | | | | |
| 1 | Kaleb Weaver | 10 | Park Rapids Area | 38 | 05.00 |
| 2 | Josh Dudgeon | 11 | Dilworth-Glyndon-Felton | 38 | 08.50 |
| 3 | Dirk Booth | 11 | NCE/UH | 39 | 08.00 |
| 4 | Quinten Friborg | 12 | Bagley/Fosston | 39 | 10.75 |
| 5 | Thomas Thureen | 11 | Dilworth-Glyndon-Felton | 40 | 04.00 |
| 6 | Grady Hockstedler | 10 | BGMR/Freeze | 40 | 05.50 |
| 7 | Ridge Flatness | 12 | Northome/Kelliher/Blackduck | 40 | 07.00 |
| 8 | Dante Frank | 12 | Northome/Kelliher/Blackduck | 40 | 11.25 |
| Flight 2 of 2 Finals | | | | | |
| 1 | Eli Pfeiffer | 12 | Walker-Hackensack-Akeley | 41 | 00.00 |
| 2 | Cole Bentley | 12 | NCE/UH | 43 | 11.00 |
| 3 | Tyler Jacobson | 12 | United Clay-Becker | 44 | 00.00 |
| 4 | Zachary Troyer | 11 | Park Christian | 44 | 00.50 |
| 5 | Jake Borowicz | 10 | Roseau | 44 | 09.00 |
| 6 | Treston Nichols | 11 | BGMR/Freeze | 48 | 03.00 |
| 7 | Victor Sosa | 12 | Dilworth-Glyndon-Felton | 48 | 05.50 |
| 8 | Luke Hartung | 12 | Park Rapids Area | 48 | 09.75 |