

September 08, 2023

Women
JH Girls 3000m

Women
JH Girls 3000m

Place	Score	Name	Team	Grade	Time	Place	Score	Name	Team	Grade	Time
1	1	Emelia Arntson	Riverside Christian	6	12:23.2	57	51	Paityn Demuth	Bemidji	7	14:58.8
2	2	Emmie Fellows	West Fargo	7	12:25.5	58	52	Mia Varriano	Dilworth-Glyndon-Fe	8	15:01.3
3	3	Jayla Abrahamson	Riverside Christian	8	12:35.5	59	53	Marni Johnston	Devils Lake	7	15:03.0
4	4	Norah Hanson	Riverside Christian	8	12:38.7	60	54	Miabella Nelson	Red River	8	15:03.4
5	5	Rory Kaldor	Perham	7	12:42.1	61	(> 7)	Grace Ellingson	Hillsboro/Central	9	15:05.1
6	6	Sara Larson	West Fargo	8	12:42.8	62	55	Abigail Garcia-Garcia	Moorhead	7	15:06.5
7	7	Julianna Scraper	Perham	7	12:47.5	63	(< 5)	Quinn Hagemeister	Ottertail Central	7	15:09.0
8	8	Audrey Kildahl	West Fargo	7	12:47.6	64	56	Kaycee Carrison	Perham	7	15:09.4
9	9	Kiley L'Heureux	West Fargo	7	12:55.1	65	(< 5)	Sophia Faleide	Central Cass	7	15:11.5
10	10	Brooklyn Grubb	Dilworth-Glyndon-Fe	8	12:57.4	66	57	Kristina Desjarlais	Devils Lake	7	15:14.8
11	(< 5)	Lulu Loegering	LaMoure/Litch-Mario	8	12:58.5	67	58	Chloe Derby	Bemidji	8	15:16.4
12	11	Azlynn Johnson	Hillsboro/Central	8	13:05.6	68	59	Selma Medd	Davies	7	15:17.4
13	12	Quinn Hanson	Perham	7	13:06.4	69	60	Ellie Deutsch	Davies	7	15:18.3
14	13	Maci Levenseller	Hillsboro/Central	7	13:10.6	70	(> 7)	Elsa Parrill	Red River	8	15:18.4
15	14	Hadley Phillips	Perham	7	13:15.8	71	61	Olivia Simek	Davies	7	15:20.7
16	15	Tenley Treipke	Devils Lake	7	13:17.2	72	(< 5)	Caroline Machlitt	Clearbrook-Gonvick		15:26.4
17	16	Addison Andel	Moorhead	8	13:17.5	73	62	Emily Jostad	Davies	8	15:27.9
18	(< 5)	Ava Crandall	Central Cass	7	13:17.6	74	63	Anna Johnson	Lake Park-Audubon	7	15:34.5
19	17	Kaia Lam	Red River	8	13:17.9	75	(< 5)	Maddie Kist	Staples-Motley	9	15:37.3
20	18	Riley Schmiess	Devils Lake	7	13:22.2	76	(> 7)	Lataya Desjarlais	Devils Lake	8	15:38.6
21	(< 5)	Brianne Myers	Ada-Borup-West	7	13:22.7	77	64	Alex Mattson	Lake Park-Audubon	7	15:41.4
22	19	Megan Weiss	Riverside Christian	8	13:23.4	78	65	Amelia Beherns	Bemidji	8	15:43.6
23	20	Alexandra Cigelske	Hillsboro/Central	8	13:30.5	79	66	Celia Trick	Dilworth-Glyndon-Fe		15:43.6
24	21	Sophie Scott	West Fargo	7	13:35.5	80	(< 5)	Adeliza Bitker	Ada-Borup-West	8	15:44.5
25	22	Audrey Hamlin	Riverside Christian	7	13:40.2	81	67	Adriana Wampler	West Fargo	7	15:46.2
26	23	Charlotte Robbins	Riverside Christian	8	13:42.7	82	68	Abby Berg	Dilworth-Glyndon-Fe		15:49.5
27	(< 5)	Jillian Deustch	Minnewaska Area	7	13:44.8	83	69	Brooklyn Blickenstaff	Dilworth-Glyndon-Fe	8	15:51.4
28	24	Gracyn Hanson	Riverside Christian	6	13:44.8	84	(> 7)	Sara Lundberg	Moorhead	8	15:56.0
29	25	Audrey Theis	Hillsboro/Central	7	13:46.9	85	70	Norah Hardy	Davies	8	16:07.7
30	(< 5)	Kaileigh Grandstrand	Hawley XC	8	13:51.9	86	71	Izabel Baku-Elder	Davies	8	16:12.7
31	26	Gwyneth Milleteo	Lake Park-Audubon	7	13:53.0	87	(< 5)	Stephanie Rossow	Central Cass	7	16:15.3
32	27	Emma Howard	Red River	8	13:53.5	88	(< 5)	Ayden Svenning	Minnewaska Area	7	16:24.5
33	28	Molly Milleteo	Lake Park-Audubon	8	13:54.9	89	72	Kaiya Novotny	Perham	8	16:32.1
34	29	Macey Nelson	Lake Park-Audubon	7	14:06.1	90	73	Avaeh Grismer	Perham	8	16:32.7
35	30	Ealynn Yoder	Devils Lake	7	14:12.0	91	(< 5)	Liv Satrom	Maple River	8	16:36.0
36	31	Greta Henry	Davies	7	14:16.1	92	(> 7)	Emma McCarthy	Devils Lake	7	16:38.1
37	32	Tenley Tollerud	Moorhead	8	14:22.4	93	(> 7)	Emily Nelson	Riverside Christian	7	16:39.1
38	33	Mikaylah Petrino	West Fargo	8	14:25.5	94	(< 5)	Aleeya Stringer Ferris	Pelican Rapids	8	16:42.4
39	34	Riley Asleson	Moorhead	7	14:26.3	95	(> 7)	Ayva McNamara	Hillsboro/Central	8	16:42.7
40	(< 5)	Tegan Brandon	Ottertail Central	8	14:26.7	96	(< 5)	Cierra Kuehne	Long Prairie-Grey	7	16:52.8
41	35	Raeleigh Myklebust	Devils Lake	7	14:30.1	97	(> 7)	Adley Staehnke	Moorhead	7	17:02.4
42	36	Aubree Kavli	Devils Lake	7	14:33.8	98	(> 7)	Beatrix DeMers	Moorhead	7	17:03.0
43	37	Hannah Borgen	Bemidji	7	14:35.3	99	(< 5)	Adelaide Loegering	LaMoure/Litch-Mario	8	17:03.3
44	38	Grace Benton	Red River	8	14:36.5	100	(> 7)	Kendal Johnson	Red River	8	17:10.2
45	39	Chloe Theis	Hillsboro/Central	8	14:36.7	101	74	Kendra Rasmussen	Dilworth-Glyndon-Fe		17:11.6
46	40	Raya Rothenbacher	Red River	8	14:37.6	102	75	Mahalia Knott	Bemidji	7	17:14.0
47	41	Olivia Grand	Bemidji	7	14:37.8	103	(> 7)	Aryah Murray	Bemidji	7	17:19.6
48	42	Alia Johnson	Red River	8	14:38.4	104	(< 5)	Elise Trif	Staples-Motley		17:19.8
49	43	Claire Swanson	Moorhead	7	14:40.9	105	(> 7)	Harper Olsonoski	Moorhead	8	17:42.6
50	44	Allison Ova	Hillsboro/Central	8	14:41.3	106	(> 7)	Clara Borsvold	Red River	7	17:54.2
51	45	Bryleigh Fallgatter	Moorhead	8	14:43.8	107	(> 7)	Eva Sapp	Moorhead	7	18:02.0
52	46	Ella Evenson	Moorhead	8	14:44.9	108	(< 5)	Amelia Geeslin	Hawley XC	8	18:10.8
53	47	Kristen Sandmeyer	Bemidji	8	14:47.3	109	(> 7)	Zella Heltemes	Moorhead	7	18:20.6
54	48	Anne Stefanich	Red River	7	14:48.3	110	(< 5)	Kloie Nordick	Pelican Rapids	7	18:24.3
55	49	Mallory Kloster	Hillsboro/Central	7	14:53.7	111	(> 7)	Annika Gangle	Riverside Christian	8	18:25.1
56	50	Gabby Gaytan	Dilworth-Glyndon-Fe	8	14:54.8	112	(> 7)	Grace Ganske	Perham	9	18:26.6

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<u>Place</u>	<u>Score</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>
113	(< 5)	Mializ Perez	Long Prairie-Grey	7	18:30.3
114	(< 5)	Gabby Hannig	Maple River		18:51.4
115	(> 7)	Charlie Ruth Erdmann	Moorhead	7	19:25.1
116	(> 7)	Gianna Simek	Davies	7	21:12.5
117	(> 7)	Teresa Grewe	Perham	8	21:21.8
118	(< 5)	Dylan Haugen	Northern Cass	7	21:24.1
119	(> 7)	Ella Larson	Moorhead	8	21:46.4

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Final Team Results**Women**
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Name	Grade	Place	Cum Place	Time	Cum Time
West Fargo Sheyenne				Finish Position - 1	
Team Score (places): 46					
Average Time: 12:53.3					
1 Emmie Fellows	7	2	2	12:25.5	12:25.5
2 Sara Larson	8	6	8	12:42.8	25:08.3
3 Audrey Kildahl	7	8	16	12:47.6	37:55.9
4 Kiley L'Heureux	7	9	25	12:55.1	50:51.0
5 Sophie Scott	7	21	46	13:35.5	1:04:26.5
6 Mikayah Petrino	8	(33)	(79)	14:25.5	1:18:52.0
7 Adriana Wampler	7	(67)	(146)	15:46.2	1:34:38.2

Riverside Christian				Finish Position - 2	
Team Score (places): 49					
Average Time: 12:56.2					
1 Emelia Arntson	6	1	1	12:23.2	12:23.2
2 Jayla Abrahamson	8	3	4	12:35.5	24:58.7
3 Norah Hanson	8	4	8	12:38.7	37:37.4
4 Megan Weiss	8	19	27	13:23.4	51:00.8
5 Audrey Hamlin	7	22	49	13:40.2	1:04:41.0
6 Charlotte Robbins	8	(23)	(72)	13:42.7	1:18:23.7
7 Gracyn Hanson	6	(24)	(96)	13:44.8	1:32:08.5
8 Emily Nelson	7	More		16:39.1	1:48:47.6
9 Annika Gangle	8	More		18:25.1	2:07:12.7

Perham				Finish Position - 3	
Team Score (places): 94					
Average Time: 13:24.3					
1 Rory Kaldor	7	5	5	12:42.1	12:42.1
2 Julianna Scraper	7	7	12	12:47.5	25:29.6
3 Quinn Hanson	7	12	24	13:06.4	38:36.0
4 Hadley Phillips	7	14	38	13:15.8	51:51.8
5 Kaycee Carrison	7	56	94	15:09.4	1:07:01.2
6 Kaiya Novotny	8	(72)	(166)	16:32.1	1:23:33.3
7 Avaeh Grismer	8	(73)	(239)	16:32.7	1:40:06.0
8 Grace Ganske	9	More		18:26.6	1:58:32.6
9 Teresa Grewe	8	More		21:21.8	2:19:54.4

Hillsboro/Central Valley				Finish Position - 4	
Team Score (places): 108					
Average Time: 13:38.1					
1 Azlynn Johnson	8	11	11	13:05.6	13:05.6
2 Maci Levenseller	7	13	24	13:10.6	26:16.2
3 Alexandra Cigelske	8	20	44	13:30.5	39:46.7
4 Audrey Theis	7	25	69	13:46.9	53:33.6
5 Chloe Theis	8	39	108	14:36.7	1:08:10.3
6 Allison Ova	8	(44)	(152)	14:41.3	1:22:51.6
7 Mallory Kloster	7	(49)	(201)	14:53.7	1:37:45.3
8 Grace Ellingson	9	More		15:05.1	1:52:50.4
9 Ayva McNamara	8	More		16:42.7	2:09:33.1

Devils Lake				Finish Position - 5	
Team Score (places): 134					
Average Time: 13:59.1					
1 Tenley Treipke	7	15	15	13:17.2	13:17.2
2 Riley Schmiess	7	18	33	13:22.2	26:39.4
3 Ealynn Yoder	7	30	63	14:12.0	40:51.4
4 Raeleigh Myklebust	7	35	98	14:30.1	55:21.5

Devils Lake				Finish Position - 5	
Team Score (places): 134					
Average Time: 13:59.1					
5 Aubree Kavli	7	36	134	14:33.8	1:09:55.3
6 Marni Johnston	7	(53)	(187)	15:03.0	1:24:58.3
7 Kristina Desjarlais	7	(57)	(244)	15:14.8	1:40:13.1
8 Lataya Desjarlais	8	More		15:38.6	1:55:51.7
9 Emma McCarthy	7	More		16:38.1	2:12:29.8

Red River				Finish Position - 6	
Team Score (places): 164					
Average Time: 14:12.8					
1 Kaia Lam	8	17	17	13:17.9	13:17.9
2 Emma Howard	8	27	44	13:53.5	27:11.4
3 Grace Benton	8	38	82	14:36.5	41:47.9
4 Raya Rothenbacher	8	40	122	14:37.6	56:25.5
5 Alia Johnson	8	42	164	14:38.4	1:11:03.9
6 Anne Stefanich	7	(48)	(212)	14:48.3	1:25:52.2
7 Miabella Nelson	8	(54)	(266)	15:03.4	1:40:55.6
8 Elsa Parrill	8	More		15:18.4	1:56:14.0
9 Kendal Johnson	8	More		17:10.2	2:13:24.2
10 Clara Borsvold	7	More		17:54.2	2:31:18.4

Moorhead				Finish Position - 7	
Team Score (places): 170					
Average Time: 14:18.2					
1 Addison Andel	8	16	16	13:17.5	13:17.5
2 Tenley Tollerud	8	32	48	14:22.4	27:39.9
3 Riley Asleson	7	34	82	14:26.3	42:06.2
4 Claire Swanson	7	43	125	14:40.9	56:47.1
5 Bryleigh Fallgatter	8	45	170	14:43.8	1:11:30.9
6 Ella Evenson	8	(46)	(216)	14:44.9	1:26:15.8
7 Abigail Garcia-Garcia	7	(55)	(271)	15:06.5	1:41:22.3
8 Sara Lundberg	8	More		15:56.0	1:57:18.3
9 Adley Staehnke	7	More		17:02.4	2:14:20.7
10 Beatrix DeMers	7	More		17:03.0	2:31:23.7
11 Harper Olsonoski	8	More		17:42.6	2:49:06.3
12 Eva Sapp	7	More		18:02.0	3:07:08.3
13 Zella Heltemes	7	More		18:20.6	3:25:28.9
14 Charlie Ruth Erdmann	7	More		19:25.1	3:44:54.0
15 Ella Larson	8	More		21:46.4	4:06:40.4

Lake Park-Audubon				Finish Position - 8	
Team Score (places): 210					
Average Time: 14:38.0					
1 Gwyneth Milieto	7	26	26	13:53.0	13:53.0
2 Molly Milieto	8	28	54	13:54.9	27:47.9
3 Macey Nelson	7	29	83	14:06.1	41:54.0
4 Anna Johnson	7	63	146	15:34.5	57:28.5
5 Alex Mattson	7	64	210	15:41.4	1:13:09.9

Bemidji				Finish Position - 9	
Team Score (places): 234					
Average Time: 14:51.2					
1 Hannah Borgen	7	37	37	14:35.3	14:35.3
2 Olivia Grand	7	41	78	14:37.8	29:13.1
3 Kristen Sandmeyer	8	47	125	14:47.3	44:00.4

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Name	Grade	Place	Cum Place	Time	Cum Time
Bemidji Finish Position - 9					
Team Score (places): 234					
Average Time: 14:51.2					
4 Paityn Demuth	7	51	176	14:58.8	58:59.2
5 Chloe Derby	8	58	234	15:16.4	1:14:15.6
6 Amelia Beherns	8	(65)	(299)	15:43.6	1:29:59.2
7 Mahalia Knott	7	(75)	(374)	17:14.0	1:47:13.2
8 Aryah Murray	7	More		17:19.6	2:04:32.8
Dilworth-Glyndon-Felton Finish Position - 10					
Team Score (places): 246					
Average Time: 14:53.4					
1 Brooklyn Grubb	8	10	10	12:57.4	12:57.4
2 Gabby Gaytan	8	50	60	14:54.8	27:52.2
3 Mia Varriano	8	52	112	15:01.3	42:53.5
4 Celia Trick		66	178	15:43.6	58:37.1
5 Abby Berg		68	246	15:49.5	1:14:26.6
6 Brooklyn Blickenstaff	8	(69)	(315)	15:51.4	1:30:18.0
7 Kendra Rasmussen		(74)	(389)	17:11.6	1:47:29.6
Davies Finish Position - 11					
Team Score (places): 273					
Average Time: 15:08.1					
1 Greta Henry	7	31	31	14:16.1	14:16.1
2 Selma Medd	7	59	90	15:17.4	29:33.5
3 Ellie Deutsch	7	60	150	15:18.3	44:51.8
4 Olivia Simek	7	61	211	15:20.7	1:00:12.5
5 Emily Jostad	8	62	273	15:27.9	1:15:40.4
6 Norah Hardy	8	(70)	(343)	16:07.7	1:31:48.1
7 Izabel Baku-Elder	8	(71)	(414)	16:12.7	1:48:00.8
8 Gianna Simek	7	More		21:12.5	2:09:13.3
Central Cass Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Ava Crandall	7	Less		13:17.6	13:17.6
2 Sophia Faleide	7	Less		15:11.5	28:29.1
3 Stephanie Rossow	7	Less		16:15.3	44:44.4
Ada-Borup-West Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Brianne Myers	7	Less		13:22.7	13:22.7
2 Adeliza Bitker	8	Less		15:44.5	29:07.2
Hawley XC Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Kaileigh Grandstrand	8	Less		13:51.9	13:51.9
2 Amelia Geeslin	8	Less		18:10.8	32:02.7
LaMoure/Litch-Marion Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Lulu Loegering	8	Less		12:58.5	12:58.5
2 Adelaide Loegering	8	Less		17:03.3	30:01.8

Name	Grade	Place	Cum Place	Time	Cum Time
Long Prairie-Grey Eagle Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Cierra Kuehne	7	Less		16:52.8	16:52.8
2 Mializ Perez	7	Less		18:30.3	35:23.1
Maple River Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Liv Satrom	8	Less		16:36.0	16:36.0
2 Gabby Hannig		Less		18:51.4	35:27.4
Minnewaska Area Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Jillian Deustch	7	Less		13:44.8	13:44.8
2 Ayden Svenning	7	Less		16:24.5	30:09.3
Ottertail Central Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Tegan Brandon	8	Less		14:26.7	14:26.7
2 Quinn Hagemeister	7	Less		15:09.0	29:35.7
Pelican Rapids Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Aleeya Stringer Ferris	8	Less		16:42.4	16:42.4
2 Kloie Nordick	7	Less		18:24.3	35:06.7
Staples-Motley Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Maddie Kist	9	Less		15:37.3	15:37.3
2 Elise Trif		Less		17:19.8	32:57.1
Clearbrook-Gonvick Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Caroline Machlitt		Less		15:26.4	15:26.4
Northern Cass Finish Position - Inc.					
Team Score (places): Inc.					
Average Time:					
1 Dylan Haugen	7	Less		21:24.1	21:24.1