

September 08, 2023

Women
JV Girls 4000m

Women
JV Girls 4000m

Place	Score	Name	Team	Grade	Time	Place	Score	Name	Team	Grade	Time
1	1	Sophia Johnson	Moorhead	8	17:22.3	57	(> 7)	Megan Hartwig	Moorhead	11	20:29.4
2	2	Tessa Starzl	Perham	9	17:33.5	58	32	Rachel Vaagen	Devils Lake	9	20:29.9
3	3	Brielle Stevens	Davies	7	17:37.3	59	(< 5)	Thalia Boucher	West Fargo	9	20:31.0
4	4	Sophie Deutsch	Davies	7	17:42.3	60	(< 5)	Autumn Hess	Minnewaska Area	11	20:37.3
5	5	Lily Heskin	Moorhead	12	17:44.6	61	(< 5)	Ava Ness	Barnesville	10	20:43.3
6	6	Lola Strong	Perham	12	17:45.3	62	(> 7)	Julianna Soliman	Davies	9	20:47.7
7	7	Barrett Sokness	Moorhead	8	17:46.7	63	(> 7)	Madilynn Wanzek	Davies	9	20:50.5
8	8	Nahla Grismer	Perham	9	17:47.5	64	(> 7)	Zoey Gorz	Moorhead	9	20:50.9
9	9	Addison Bock	Davies	10	17:49.0	65	(> 7)	Mckenzie Freier	Davies	9	20:51.9
10	10	Selena Wu	Red River	12	17:50.5	66	33	Jada Bakke	Hawley XC	10	21:10.5
11	11	Lexi Polomny	Moorhead	11	17:51.3	67	(> 7)	Kendal Hauck	Davies	9	21:12.5
12	12	Lucy Schaffer	Davies	10	18:01.6	68	(> 7)	Lily Meidinger	Davies	9	21:16.7
13	(< 5)	Isabelle Krog	Clearbrook-Gonvick		18:02.4	69	(> 7)	Abigail Detloff	Perham	12	21:22.4
14	13	Izzy Kupitz	Moorhead	12	18:02.9	70	(> 7)	Anna Waldron	Moorhead	12	21:26.7
15	(< 5)	Adaleene Hansen	Lisbon	8	18:03.9	71	34	Taliea Honga	United North Central	10	21:30.9
16	14	Stella Strong	Perham	12	18:20.2	72	(< 5)	Alana Lebahn	LaMoure/Litch-Mario	11	21:31.3
17	15	Ava Stout	Moorhead	9	18:28.9	73	(> 7)	Danika Schlichting	Moorhead	12	21:32.8
18	(< 5)	Enora Westbrook	Barnesville		18:30.9	74	35	Katherine Geeslin	Hawley XC	11	21:33.8
19	16	Anna Ginther	Devils Lake	9	18:33.6	75	(> 7)	Adison Wientjes	Perham	11	21:35.8
20	17	Julie Strom	Hawley XC	12	18:34.8	76	(> 7)	Amari Nelson	Moorhead	12	21:45.6
21	18	Sarah Clark	Davies	9	18:37.6	77	(> 7)	Abygail Ough	Davies	11	21:50.9
22	19	Aspen Rohde	Perham	12	18:46.2	78	(> 7)	Aniston Gigstad	Davies	11	21:55.0
23	20	Addy Draeger	Perham	9	18:47.4	79	(< 5)	Alexa Anderson	Clearbrook-Gonvick		21:55.3
24	21	Nora Rosenthal	Perham	9	18:47.5	80	(> 7)	Olivia Mykleseth	Moorhead	12	21:55.8
25	(< 5)	Isla Frobish	Hillcrest Lutheran	8	18:52.0	81	(< 5)	Alison Nelson	Nevis	8	22:15.7
26	22	Chloe Pesek	Moorhead	12	18:52.7	82	(> 7)	Ella Noyes	Moorhead	11	22:15.9
27	23	Ellie Johnson	Red River	10	18:54.8	83	36	Maria Riojas	Devils Lake	10	22:17.5
28	(> 7)	Taylor Toedter	Perham	10	18:56.9	84	(> 7)	Nakrie Kha	Moorhead	11	22:21.8
29	24	Addison Fargo	Red River	11	19:12.0	85	(> 7)	Ella Collins	Davies	12	22:23.2
30	25	Brenna Shock	Red River	11	19:12.6	86	(< 5)	Rebecca Hibbs	Long Prairie-Grey	9	22:24.5
31	(> 7)	Haven Fjosne	Perham	9	19:13.6	87	(> 7)	Jazzmyn Lureen	Moorhead	10	22:24.8
32	26	Sophia Pfeifer	Davies	11	19:16.8	88	(> 7)	Autumn Nordhougen	Davies	8	22:26.7
33	(< 5)	Isabelle Orr	Barnesville	8	19:18.2	89	37	Elizabeth Orness	Devils Lake	10	22:27.7
34	(< 5)	Cora Sander	Central Cass	10	19:27.5	90	38	Addyson Strawsell	Hawley XC	11	22:27.8
35	27	Olivia Knudsen	Red River	11	19:38.6	91	(> 7)	Sophia Lamb	Perham	10	22:29.5
36	(> 7)	Sarah Wagenman	Perham	9	19:40.0	92	(> 7)	Logan Bloom	Davies	10	22:50.1
37	(< 5)	Caylee Kuehne	Long Prairie-Grey	10	19:47.4	93	(< 5)	Leah Romosz	Nevis	9	22:55.6
38	(> 7)	Paiton Christiansen	Perham	9	19:50.6	94	(> 7)	Elsa Pennington	Moorhead	9	22:57.9
39	28	Brenalen	Bemidji	9	19:52.4	95	(> 7)	Isabella Kuchynski	Moorhead	9	22:59.0
40	29	Sydney Beise	Bemidji	10	19:57.8	96	(< 5)	Lyla Gillespie	Lisbon	10	23:01.1
41	30	Johanna Stephens	Davies	9	19:58.0	97	(< 5)	Morgan Bosl	Long Prairie-Grey	10	23:16.2
42	(> 7)	Mallory Conrad	Moorhead	So	20:00.6	98	(> 7)	Clodarl Seeman	Perham	10	23:21.4
43	(> 7)	Kaitlyn Gannon	Davies	9	20:00.8	99	(> 7)	Taylor Muir	Davies	9	23:21.9
44	(> 7)	Ella Hrdlicka	Moorhead	10	20:05.3	100	(> 7)	Mikela Warling	Moorhead	10	23:26.8
45	31	Elicia Nelson	Devils Lake	9	20:07.5	101	(< 5)	Lois Schneider	Central Cass	11	23:30.2
46	(< 5)	Mae Hagemeister	Ottertail Central	10	20:11.2	102	(< 5)	Sydney Heyd	LaMoure/Litch-Mario	11	23:37.3
47	(> 7)	Sierra Cloud-Umberger	Perham	10	20:11.6	103	39	Hana Eitel	United North Central	10	23:53.3
48	(< 5)	Piper Newell	West Fargo	10	20:12.7	104	(< 5)	Avery Haugan	Clearbrook-Gonvick	8	23:54.6
49	(> 7)	Isabelle Thibert	Moorhead	9	20:18.7	105	(> 7)	Kara Kostohryz	Perham	10	24:08.3
50	(> 7)	Laney Thomson	Davies	8	20:20.6	106	40	Theonna Spicer	Bemidji	9	24:10.3
51	(> 7)	Julianna Ringquist	Moorhead	10	20:23.5	107	(< 5)	Une Jankauskaite	Hillcrest Lutheran	11	24:10.4
52	(> 7)	Ellie Fosberg	Davies	10	20:24.2	108	(< 5)	Claire Waa	Central Cass	10	24:16.8
53	(> 7)	Addison McCullough	Davies	10	20:24.4	109	(> 7)	Carmen Bloomquist	Moorhead	11	24:22.6
54	(< 5)	Halle Abraham	Long Prairie-Grey	11	20:26.2	110	41	Annika Hanson	Hawley XC	10	24:34.4
55	(> 7)	Brenna Britton	Davies	11	20:28.6	111	(> 7)	Jordan Clark	Davies	11	24:42.5
56	(> 7)	Abbigayle Retzer	Moorhead	10	20:29.3	112	42	Sterling Tolleson	United North Central	12	24:47.9

September 08, 2023

Women
JV Girls 4000m

<u>Place</u>	<u>Score</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>
113	43	Caitlin Reitmeyer	United North Central	11	25:08.0
114	(> 7)	Ava Koterba	Davies	11	25:09.0
115	44	Nokomis Webster	Bemidji	9	25:20.3
116	45	Madison Jansen-Grenz	Bemidji	12	25:56.7
117	46	Ellie Rosing	Hawley XC	11	25:56.9
118	(> 7)	Katie Larson	Moorhead	11	26:00.6
119	(> 7)	Kendra Machart	Moorhead	11	26:00.7
120	47	Aria Greybear	Devils Lake	9	26:10.2
121	(> 7)	Ava Watson	Davies	10	26:30.9
122	(< 5)	Elsie Nilsen	Hillcrest Lutheran	11	26:48.3
123	48	Charlotte Kapinos	Red River	10	28:00.9
124	49	Allison Winter	United North Central	11	28:41.9
125	50	Sofia Brandt	Red River	So	29:01.8
126	(> 7)	Kate Boelke	Davies	10	31:11.3
127	(> 7)	Fatemeh Saeedi	Red River	11	31:20.6

September 08, 2023

Women
JV Girls 4000m

Women
JV Girls 4000m

Name	Grade	Place	Cum Place	Time	Cum Time
Moorhead					
Team Score (places): 37					
Average Time: 17:45.6					
1 Sophia Johnson	8	1	1	17:22.3	17:22.3
2 Lily Heskin	12	5	6	17:44.6	35:06.9
3 Barrett Sokness	8	7	13	17:46.7	52:53.6
4 Lexi Polomny	11	11	24	17:51.3	1:10:44.9
5 Izzy Kupitz	12	13	37	18:02.9	1:28:47.8
6 Ava Stout	9	(15)	(52)	18:28.9	1:47:16.7
7 Chloe Pesek	12	(22)	(74)	18:52.7	2:06:09.4
8 Mallory Conrad	S	More		20:00.6	2:26:10.0
9 Ella Hrdlicka	10	More		20:05.3	2:46:15.3
10 Isabelle Thibert	9	More		20:18.7	3:06:34.0
11 Julianna Ringquist	10	More		20:23.5	3:26:57.5
12 Abbigayle Retzer	10	More		20:29.3	3:47:26.8
13 Megan Hartwig	11	More		20:29.4	4:07:56.2
14 Zoey Gorz	9	More		20:50.9	4:28:47.1
15 Anna Waldron	12	More		21:26.7	4:50:13.8
16 Danika Schlichting	12	More		21:32.8	5:11:46.6
17 Amari Nelson	12	More		21:45.6	5:33:32.2
18 Olivia Mykleseth	12	More		21:55.8	5:55:28.0
19 Ella Noyes	11	More		22:15.9	6:17:43.9
20 Nakrie Kha	11	More		22:21.8	6:40:05.7
21 Jazzmyn Lureen	10	More		22:24.8	7:02:30.5
22 Elsa Pennington	9	More		22:57.9	7:25:28.4
23 Isabella Kuchynski	9	More		22:59.0	7:48:27.4
24 Mikela Warling	10	More		23:26.8	8:11:54.2
25 Carmen Bloomquist	11	More		24:22.6	8:36:16.8
26 Katie Larson	11	More		26:00.6	9:02:17.4
27 Kendra Machart	11	More		26:00.7	9:28:18.1
Davies					
Team Score (places): 46					
Average Time: 17:57.6					
1 Brielle Stevens	7	3	3	17:37.3	17:37.3
2 Sophie Deutsch	7	4	7	17:42.3	35:19.6
3 Addison Bock	10	9	16	17:49.0	53:08.6
4 Lucy Schaffer	10	12	28	18:01.6	1:11:10.2
5 Sarah Clark	9	18	46	18:37.6	1:29:47.8
6 Sophia Pfeifer	11	(26)	(72)	19:16.8	1:49:04.6
7 Johanna Stephens	9	(30)	(102)	19:58.0	2:09:02.6
8 Kaitlyn Gannon	9	More		20:00.8	2:29:03.4
9 Laney Thomson	8	More		20:20.6	2:49:24.0
10 Ellie Fosberg	10	More		20:24.2	3:09:48.2
11 Addison McCullough	10	More		20:24.4	3:30:12.6
12 Brenna Britton	11	More		20:28.6	3:50:41.2
13 Julianna Soliman	9	More		20:47.7	4:11:28.9
14 Madilynn Wanzek	9	More		20:50.5	4:32:19.4
15 Mckenzie Freier	9	More		20:51.9	4:53:11.3
16 Kendal Hauck	9	More		21:12.5	5:14:23.8
17 Lily Meidinger	9	More		21:16.7	5:35:40.5
18 Abygail Ough	11	More		21:50.9	5:57:31.4
19 Aniston Gigstad	11	More		21:55.0	6:19:26.4
20 Ella Collins	12	More		22:23.2	6:41:49.6
21 Autumn Nordhogen	8	More		22:26.7	7:04:16.3
22 Logan Bloom	10	More		22:50.1	7:27:06.4

Name	Grade	Place	Cum Place	Time	Cum Time
Davies					
Team Score (places): 46					
Average Time: 17:57.6					
23 Taylor Muir	9	More		23:21.9	7:50:28.3
24 Jordan Clark	11	More		24:42.5	8:15:10.8
25 Ava Koterba	11	More		25:09.0	8:40:19.8
26 Ava Watson	10	More		26:30.9	9:06:50.7
27 Kate Boelke	10	More		31:11.3	9:38:02.0
Perham					
Team Score (places): 49					
Average Time: 18:02.6					
1 Tessa Starzl	9	2	2	17:33.5	17:33.5
2 Lola Strong	12	6	8	17:45.3	35:18.8
3 Nahla Grismer	9	8	16	17:47.5	53:06.3
4 Stella Strong	12	14	30	18:20.2	1:11:26.5
5 Aspen Rohde	12	19	49	18:46.2	1:30:12.7
6 Addy Draeger	9	(20)	(69)	18:47.4	1:49:00.1
7 Nora Rosenthal	9	(21)	(90)	18:47.5	2:07:47.6
8 Taylor Toedter	10	More		18:56.9	2:26:44.5
9 Haven Fjosne	9	More		19:13.6	2:45:58.1
10 Sarah Wagenman	9	More		19:40.0	3:05:38.1
11 Paiton Christiansen	9	More		19:50.6	3:25:28.7
12 Sierra Cloud-Umberger	10	More		20:11.6	3:45:40.3
13 Abigail Detloff	12	More		21:22.4	4:07:02.7
14 Adison Wientjes	11	More		21:35.8	4:28:38.5
15 Sophia Lamb	10	More		22:29.5	4:51:08.0
16 Clodari Seeman	10	More		23:21.4	5:14:29.4
17 Kara Kostohryz	10	More		24:08.3	5:38:37.7
Red River					
Team Score (places): 109					
Average Time: 18:57.7					
1 Selena Wu	12	10	10	17:50.5	17:50.5
2 Ellie Johnson	10	23	33	18:54.8	36:45.3
3 Addison Fargo	11	24	57	19:12.0	55:57.3
4 Brenna Shock	11	25	82	19:12.6	1:15:09.9
5 Olivia Knudsen	11	27	109	19:38.6	1:34:48.5
6 Charlotte Kapinos	10	(48)	(157)	28:00.9	2:02:49.4
7 Sofia Brandt	S	(50)	(207)	29:01.8	2:31:51.2
8 Fatemeh Saeedi	11	More		31:20.6	3:03:11.8
Devils Lake					
Team Score (places): 152					
Average Time: 20:47.3					
1 Anna Ginther	9	16	16	18:33.6	18:33.6
2 Elicia Nelson	9	31	47	20:07.5	38:41.1
3 Rachel Vaagen	9	32	79	20:29.9	59:11.0
4 Maria Riojas	10	36	115	22:17.5	1:21:28.5
5 Elizabeth Orness	10	37	152	22:27.7	1:43:56.2
6 Aria Greybear	9	(47)	(199)	26:10.2	2:10:06.4
Hawley XC					
Team Score (places): 164					
Average Time: 21:40.3					
1 Julie Strom	12	17	17	18:34.8	18:34.8
2 Jada Bakke	10	33	50	21:10.5	39:45.3

September 08, 2023

Women
JV Girls 4000m

Women
JV Girls 4000m

Name	Grade	Place	Cum Place	Time	Cum Time
Hawley XC					
Team Score (places): 164					
Average Time: 21:40.3					
3 Katherine Geeslin	11	35	85	21:33.8	1:01:19.1
4 Addyson Strawsell	11	38	123	22:27.8	1:23:46.9
5 Annika Hanson	10	41	164	24:34.4	1:48:21.3
6 Ellie Rosing	11	(46)	(210)	25:56.9	2:14:18.2
Bemidji					
Team Score (places): 186					
Average Time: 23:03.5					
1 Brenalen	9	28	28	19:52.4	19:52.4
2 Sydney Beise	10	29	57	19:57.8	39:50.2
3 Theonna Spicer	9	40	97	24:10.3	1:04:00.5
4 Nokomis Webster	9	44	141	25:20.3	1:29:20.8
5 Madison Jansen-Grenz	12	45	186	25:56.7	1:55:17.5
United North Central					
Team Score (places): 207					
Average Time: 24:48.4					
1 Taliea Honga	10	34	34	21:30.9	21:30.9
2 Hana Eitel	10	39	73	23:53.3	45:24.2
3 Sterling Tolleson	12	42	115	24:47.9	1:10:12.1
4 Caitlin Reitmeyer	11	43	158	25:08.0	1:35:20.1
5 Allison Winter	11	49	207	28:41.9	2:04:02.0
Long Prairie-Grey Eagle					
Team Score (places): Inc.					
Average Time:					
1 Caylee Kuehne	10	Less		19:47.4	19:47.4
2 Halle Abraham	11	Less		20:26.2	40:13.6
3 Rebecca Hibbs	9	Less		22:24.5	1:02:38.1
4 Morgan Bosl	10	Less		23:16.2	1:25:54.3
Barnesville					
Team Score (places): Inc.					
Average Time:					
1 Enora Westbrock		Less		18:30.9	18:30.9
2 Isabelle Orr	8	Less		19:18.2	37:49.1
3 Ava Ness	10	Less		20:43.3	58:32.4
Central Cass					
Team Score (places): Inc.					
Average Time:					
1 Cora Sander	10	Less		19:27.5	19:27.5
2 Lois Schneider	11	Less		23:30.2	42:57.7
3 Claire Waa	10	Less		24:16.8	1:07:14.5
Clearbrook-Gonvick					
Team Score (places): Inc.					
Average Time:					
1 Isabelle Krog		Less		18:02.4	18:02.4
2 Alexa Anderson		Less		21:55.3	39:57.7
3 Avery Haugan	8	Less		23:54.6	1:03:52.3

Name	Grade	Place	Cum Place	Time	Cum Time
Hillcrest Lutheran Academy					
Team Score (places): Inc.					
Average Time:					
1 Isla Frobish	8	Less		18:52.0	18:52.0
2 Une Jankauskaite	11	Less		24:10.4	43:02.4
3 Elsie Nilsen	11	Less		26:48.3	1:09:50.7
LaMoure/Litch-Marion					
Team Score (places): Inc.					
Average Time:					
1 Alana Lebahn	11	Less		21:31.3	21:31.3
2 Sydney Heyd	11	Less		23:37.3	45:08.6
Lisbon					
Team Score (places): Inc.					
Average Time:					
1 Adaleene Hansen	8	Less		18:03.9	18:03.9
2 Lyla Gillespie	10	Less		23:01.1	41:05.0
Nevis					
Team Score (places): Inc.					
Average Time:					
1 Alison Nelson	8	Less		22:15.7	22:15.7
2 Leah Romosz	9	Less		22:55.6	45:11.3
West Fargo Sheyenne					
Team Score (places): Inc.					
Average Time:					
1 Piper Newell	10	Less		20:12.7	20:12.7
2 Thalia Boucher	9	Less		20:31.0	40:43.7
Minnewaska Area					
Team Score (places): Inc.					
Average Time:					
1 Autumn Hess	11	Less		20:37.3	20:37.3
Ottertail Central					
Team Score (places): Inc.					
Average Time:					
1 Mae Hagemeister	10	Less		20:11.2	20:11.2