

September 08, 2023

Women
Varsity Girls 5000m

Women
Varsity Girls 5000m

Place	Score	Name	Team	Grade	Time	Place	Score	Name	Team	Grade	Time
1	1	Mia Hoffman	Bemidji	12	17:27.1	57	44	Trista Baer	Hawley XC	12	21:22.7
2	2	Audrey Brownell	Staples-Motley	10	18:09.5	58	45	Addison Maish	Bemidji	11	21:26.5
3	3	Kyanna Burton	Staples-Motley	12	18:19.2	59	46	Rory Guderjahn	Hawley XC	7	21:28.6
4	4	Anjalie Aho	United North Central	11	18:59.8	60	47	Addy Stordahl	Moorhead	10	21:29.6
5	5	Jocelyn Schiller	Red River	12	19:07.4	61	48	Embry Deshayes	Park Rapids Area	9	21:29.9
6	6	Gracie Morris	Perham	10	19:15.7	62	49	Elsa Komppa	United North Central	10	21:30.7
7	7	Kinley Steckler	Davies	10	19:17.9	63	50	Joanna Lehto	United North Central	10	21:31.4
8	8	Laurny Ankeny	Minnewaska Area	10	19:21.4	64	(> 7)	Jaylee Bornemann	Davies	11	21:32.5
9	9	Ava Dunnigan	Moorhead	11	19:21.5	65	51	Tia Madrigga	West Fargo	12	21:34.6
10	10	Cierra Bornemann	Davies	12	19:28.6	66	52	Jerzi Narum	Central Cass	10	21:35.9
11	11	Ava Parks	Red River	10	19:42.8	67	(> 7)	Halle Stephens	Davies	11	21:36.5
12	12	Avalee Brown	Perham	10	19:44.3	68	53	Elizabeth Dreesen	Moorhead	11	21:38.5
13	13	Cora Grismer	Perham	11	19:49.4	69	54	Mattea Green	Red River	9	21:42.5
14	(< 5)	Ella Arntson	Riverside Christian	9	19:50.5	70	55	Synje Peterson	Red River	10	21:44.8
15	14	Caidyn Breid	Perham	10	19:53.3	71	(> 7)	Piper Myran	Moorhead	12	21:46.4
16	15	Lauren Heneman	Moorhead	11	19:56.6	72	(> 7)	Maggie VanPeurse	Davies	11	21:46.5
17	16	Avery Marquardt	Moorhead	9	19:57.1	73	56	Gabrielle McLaurin	Devils Lake	12	21:49.7
18	17	Olivia Heilman	West Fargo	12	20:00.7	74	57	Molly Meier	Central Cass	10	21:50.2
19	18	Jovie Marshall	Hawley XC	7	20:04.2	75	(< 5)	Maria Buntjer	Long Prairie-Grey	12	22:04.4
20	19	Lily Olson	Hawley XC	11	20:10.1	76	(< 5)	Kaitlin Warner	Long Prairie-Grey	8	22:11.5
21	(< 5)	Kaia Fiskness	Hillcrest Luthern	9	20:12.6	77	58	Raya Nordlund	Bemidji	10	22:13.5
22	20	Jocelyne Hoefs	Red River	9	20:13.5	78	59	Naila Mikhaeil	Staples-Motley	11	22:18.6
23	21	Jacki Johnson	Moorhead	11	20:13.8	79	(< 5)	Leah Sundby	Riverside Christian	9	22:18.7
24	(< 5)	Norah Froslee	Ottertail Central	10	20:17.9	80	60	Rachel Swan	Hawley XC	9	22:19.1
25	22	Morgan Hartz	Red River	12	20:19.8	81	61	Dottie Goss	Devils Lake	8	22:21.3
26	(< 5)	Katie Holzner	Hillcrest Lutheran	11	20:19.8	82	62	Josey LaValley	Bemidji	12	22:22.1
27	23	Mia Lung	Perham	12	20:21.4	83	63	Addie Saville	West Fargo	10	22:27.3
28	24	Ellie Engelking	West Fargo	9	20:22.0	84	64	Piper Citrowske-Lee	Minnewaska Area	10	22:33.0
29	25	Addison Toedter	Perham	8	20:27.4	85	(> 7)	Sophie Cook	Hawley XC	11	22:38.7
30	(< 5)	Caroline Kuehne	Long Prairie-Grey	12	20:31.4	86	65	Teagan Stark	Minnewaska Area	12	22:41.8
31	(< 5)	Myla Kaldor	Hillsboro/Central	11	20:33.1	87	(> 7)	Rylie Lem	Red River	11	22:43.7
32	(< 5)	Mara Kempel	Lisbon	10	20:43.5	88	(< 5)	Lindsey Rotz	Barnesville	12	22:45.7
33	26	Jazlyn Heilman	West Fargo	10	20:45.1	89	66	Aubrey Stark	Minnewaska Area	10	22:50.7
34	27	Emery Holland	Central Cass	11	20:46.6	90	(> 7)	Gaby Machayya	West Fargo	10	22:55.1
35	28	Kathryn Madrigga	West Fargo	9	20:52.9	91	67	Sydney Ankeny	Minnewaska Area	8	22:55.7
36	29	Noof Ali	Davies	10	20:53.3	92	(< 5)	Ava Larson	Clearbrook-Gonvick	10	22:56.8
37	30	Ivy Tickel	Hawley XC	12	20:57.8	93	68	Anaya Aho	United North Central	9	22:57.0
38	31	Abigail Krogstad	Moorhead	11	20:58.5	94	(< 5)	Laura Schauer	Lake Park-Audubon	12	22:57.8
39	32	Brooke Dorsey	Red River	11	21:03.5	95	69	Sarah Hartung	Park Rapids Area	10	22:59.2
40	33	Davin Nesius	Davies	10	21:06.8	96	(> 7)	Madi Hoff	Hawley XC	7	23:02.9
41	34	Leelou Novotny	Perham	10	21:07.4	97	(< 5)	Leah Saure	Hillsboro/Central	8	23:04.8
42	35	Jaden Melendez	Davies	8	21:07.6	98	70	Sophia Wallin	Minnewaska Area	9	23:08.6
43	36	Tanna Swenson	West Fargo	9	21:07.6	99	71	Kayce Fix	Northern Cass	12	23:10.8
44	37	Mallory DeVries	Central Cass	11	21:09.1	100	72	Miley Westberg	United North Central	10	23:20.6
45	38	Madeline Brandt	Park Rapids Area	9	21:09.3	101	73	Aubrie Lebrun	Devils Lake	10	23:22.1
46	(< 5)	Kimber Walker	Hillsboro/Central	9	21:12.1	102	74	Kaylie Westberg	United North Central	12	23:22.7
47	39	Ellie Lies	Davies	8	21:12.6	103	75	Aleea Holst	Staples-Motley	7	23:28.9
48	(< 5)	Lily Kaldor	Hillsboro/Central	9	21:12.7	104	76	Greta Galzki	Park Rapids Area	7	23:33.7
49	40	Brynn Braaflat	Davies	9	21:16.6	105	(< 5)	Amelia Machlitt	Clearbrook-Gonvick	10	23:34.1
50	(> 7)	Chayla Sweere	Perham	10	21:16.7	106	77	Grace Etter	Park Rapids Area	10	23:37.5
51	(< 5)	Adeline Bjorklund	Nevis	10	21:17.4	107	(< 5)	Isabel Toms	Dilworth-Glyndon-Fe	10	23:44.9
52	41	Bella Hines	Staples-Motley	9	21:18.3	108	(< 5)	Laney Frost	Ottertail Central	12	23:52.1
53	(> 7)	Aurora Schumacher	Perham	10	21:20.1	109	(< 5)	Delia Tebrugge	Ottertail Central	9	23:52.5
54	42	Macie Josephson	United North Central	10	21:20.3	110	78	Leah Greenwaldt	Staples-Motley	8	23:58.2
55	43	Mikayla Jelinek	Hawley XC	9	21:22.2	111	(< 5)	Megan Guler	Pelican Rapids	9	24:03.3
56	(> 7)	Addison Dilly	Perham	10	21:22.4	112	(< 5)	Annika Froemke	Lisbon	10	24:04.9

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<u>Place</u>	<u>Score</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>
113	79	Izzy Bautista	Minnewaska Area	12	24:08.7
114	(< 5)	Sarah Imlle	Clearbrook-Gonvick	10	24:21.8
115	(< 5)	Julia Miller	Ada-Borup-West	11	24:27.3
116	80	Olivia Haugen	Central Cass	10	24:30.1
117	81	Isabella Tangedal	Devils Lake	12	24:40.2
118	82	Stella Halverson	Northern Cass	9	24:41.9
119	83	Suhaila Mikhaeil	Staples-Motley	9	24:44.7
120	(< 5)	Tirzah Burchill	Maple River	9	25:08.3
121	(< 5)	Kirra Johnson	Pelican Rapids	10	25:19.0
122	84	Skylar Johnson	Northern Cass	12	25:27.5
123	(< 5)	Emily Christensen	Ottertail Central	11	25:33.2
124	85	Annabel Steinberger	Northern Cass	9	25:36.8
125	86	Claire Storey	Bemidji	10	25:38.8
126	(< 5)	Alyssa Fulcher	Riverside Christian	9	26:06.8
127	87	Anika Sneide	Bemidji	10	26:09.6
128	(< 5)	Lydia Torgerson	Lake Park-Audubon		26:27.5
129	88	Mallie McCloud	Devils Lake	10	27:03.5
130	89	Alexandria Lade	Central Cass	12	27:16.7
131	90	Alessia Harmon	Park Rapids Area	10	27:38.7
132	91	Sophia Star	Northern Cass	10	28:01.1
133	(< 5)	Mariah Weishair	Pelican Rapids	11	28:06.7
134	(< 5)	Sarah Haugrud	Pelican Rapids	11	28:07.5
135	92	Kaelyn Larson	Park Rapids Area	7	28:08.8
136	(< 5)	Jessica Fulcher	Riverside Christian	12	31:37.0
137	93	Kaia Lee	Northern Cass	12	32:53.6
DQ	DQ	Breanna Deblieck	Park Rapids Area	10	22:12.1

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Name	Grade	Place	Cum Place	Time	Cum Time
Perham					
Team Score (places): 68					
Average Time: 19:48.9					
1 Gracie Morris	10	6	6	19:15.7	19:15.7
2 Avalee Brown	10	12	18	19:44.3	39:00.0
3 Cora Grismer	11	13	31	19:49.4	58:49.4
4 Caidyn Breid	10	14	45	19:53.3	1:18:42.7
5 Mia Lung	12	23	68	20:21.4	1:39:04.1
6 Addison Toedter	8	(25)	(93)	20:27.4	1:59:31.5
7 Leelou Novotny	10	(34)	(127)	21:07.4	2:20:38.9
8 Chayla Sweere	10	More		21:16.7	2:41:55.6
9 Aurora Schumacher	10	More		21:20.1	3:03:15.7
10 Addison Dilly	10	More		21:22.4	3:24:38.1
Red River					
Team Score (places): 90					
Average Time: 20:05.4					
1 Jocelyn Schiller	12	5	5	19:07.4	19:07.4
2 Ava Parks	10	11	16	19:42.8	38:50.2
3 Jocelyne Hoefs	9	20	36	20:13.5	59:03.7
4 Morgan Hartze	12	22	58	20:19.8	1:19:23.5
5 Brooke Dorsey	11	32	90	21:03.5	1:40:27.0
6 Mattea Green	9	(54)	(144)	21:42.5	2:02:09.5
7 Synje Peterson	10	(55)	(199)	21:44.8	2:23:54.3
8 Rylie Leim	11	More		22:43.7	2:46:38.0
Moorhead					
Team Score (places): 92					
Average Time: 20:05.5					
1 Ava Dunnigan	11	9	9	19:21.5	19:21.5
2 Lauren Heneman	11	15	24	19:56.6	39:18.1
3 Avery Marquardt	9	16	40	19:57.1	59:15.2
4 Jacki Johnson	11	21	61	20:13.8	1:19:29.0
5 Abigail Krogstad	11	31	92	20:58.5	1:40:27.5
6 Addy Stordahl	10	(47)	(139)	21:29.6	2:01:57.1
7 Elizabeth Dressen	11	(53)	(192)	21:38.5	2:23:35.6
8 Piper Myran	12	More		21:46.4	2:45:22.0
Davies					
Team Score (places): 114					
Average Time: 20:22.9					
1 Kinley Steckler	10	7	7	19:17.9	19:17.9
2 Cierra Bornemann	12	10	17	19:28.6	38:46.5
3 Noof Ali	10	29	46	20:53.3	59:39.8
4 Davin Nesius	10	33	79	21:06.8	1:20:46.6
5 Jaden Melendez	8	35	114	21:07.6	1:41:54.2
6 Ellie Lies	8	(39)	(153)	21:12.6	2:03:06.8
7 Brynn Braaflat	9	(40)	(193)	21:16.6	2:24:23.4
8 Jaylee Bornemann	11	More		21:32.5	2:45:55.9
9 Halle Stephens	11	More		21:36.5	3:07:32.4
10 Maggie VanPeursem	11	More		21:46.5	3:29:18.9
West Fargo Sheyenne					
Team Score (places): 131					
Average Time: 20:37.7					
1 Olivia Heilman	12	17	17	20:00.7	20:00.7
2 Ellie Engelking	9	24	41	20:22.0	40:22.7

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Name	Grade	Place	Cum Place	Time	Cum Time
West Fargo Sheyenne					
Team Score (places): 131					
Average Time: 20:37.7					
3 Jazlyn Heilman	10	26	67	20:45.1	1:01:07.8
4 Kathryn Madrigga	9	28	95	20:52.9	1:22:00.7
5 Tanna Swenson	9	36	131	21:07.6	1:43:08.3
6 Tia Madrigga	12	(51)	(182)	21:34.6	2:04:42.9
7 Addie Saville	10	(63)	(245)	22:27.3	2:27:10.2
8 Gaby Machayya	10	More		22:55.1	2:50:05.3
Hawley XC					
Team Score (places): 154					
Average Time: 20:47.4					
1 Jovie Marshall	7	18	18	20:04.2	20:04.2
2 Lily Olson	11	19	37	20:10.1	40:14.3
3 Ivy Tickel	12	30	67	20:57.8	1:01:12.1
4 Mikayla Jelinek	9	43	110	21:22.2	1:22:34.3
5 Trista Baer	12	44	154	21:22.7	1:43:57.0
6 Rory Guderjahn	7	(46)	(200)	21:28.6	2:05:25.6
7 Rachel Swan	9	(60)	(260)	22:19.1	2:27:44.7
8 Sophie Cook	11	More		22:38.7	2:50:23.4
9 Madi Hoff	7	More		23:02.9	3:13:26.3
Staples-Motley					
Team Score (places): 180					
Average Time: 20:42.9					
1 Audrey Brownell	10	2	2	18:09.5	18:09.5
2 Kyanna Burton	12	3	5	18:19.2	36:28.7
3 Bella Hines	9	41	46	21:18.3	57:47.0
4 Naila Mikhaeil	11	59	105	22:18.6	1:20:05.6
5 Aleea Holst	7	75	180	23:28.9	1:43:34.5
6 Leah Greenwaldt	8	(78)	(258)	23:58.2	2:07:32.7
7 Suhaila Mikhaeil	9	(83)	(341)	24:44.7	2:32:17.4
United North Central					
Team Score (places): 213					
Average Time: 21:15.9					
1 Anjalie Aho	11	4	4	18:59.8	18:59.8
2 Macie Josephson	10	42	46	21:20.3	40:20.1
3 Elsa Komppa	10	49	95	21:30.7	1:01:50.8
4 Joanna Lehto	10	50	145	21:31.4	1:23:22.2
5 Anaya Aho	9	68	213	22:57.0	1:46:19.2
6 Miley Westberg	10	(72)	(285)	23:20.6	2:09:39.8
7 Kaylie Westberg	12	(74)	(359)	23:22.7	2:33:02.5
Bemidji					
Team Score (places): 252					
Average Time: 21:49.6					
1 Mia Hoffman	12	1	1	17:27.1	17:27.1
2 Addison Maish	11	45	46	21:26.5	38:53.6
3 Raya Nordlund	10	58	104	22:13.5	1:01:07.1
4 Josey LaValley	12	62	166	22:22.1	1:23:29.2
5 Claire Storey	10	86	252	25:38.8	1:49:08.0
6 Anika Sneide	10	(87)	(339)	26:09.6	2:15:17.6

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Final Team Results

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Name	Grade	Place	Cum Place	Time	Cum Time
Central Cass					
Team Score (places): 253					
Average Time: 21:58.4					
1 Emery Holland	11	27	27	20:46.6	20:46.6
2 Mallory DeVries	11	37	64	21:09.1	41:55.7
3 Jerzi Narum	10	52	116	21:35.9	1:03:31.6
4 Molly Meier	10	57	173	21:50.2	1:25:21.8
5 Olivia Haugen	10	80	253	24:30.1	1:49:51.9
6 Alexandria Lade	12	(89)	(342)	27:16.7	2:17:08.6
Minnewaska Area					
Team Score (places): 270					
Average Time: 22:04.6					
1 Lauryn Ankeny	10	8	8	19:21.4	19:21.4
2 Piper Citrowske-Lee	10	64	72	22:33.0	41:54.4
3 Teagan Stark	12	65	137	22:41.8	1:04:36.2
4 Aubrey Stark	10	66	203	22:50.7	1:27:26.9
5 Sydney Ankeny	8	67	270	22:55.7	1:50:22.6
6 Sophia Wallin	9	(70)	(340)	23:08.6	2:13:31.2
7 Izzy Bautista	12	(79)	(419)	24:08.7	2:37:39.9
Park Rapids Area					
Team Score (places): 308					
Average Time: 22:34.0					
1 Madeline Brandt	9	38	38	21:09.3	21:09.3
2 Embry Deshayes	9	48	86	21:29.9	42:39.2
3 Sarah Hartung	10	69	155	22:59.2	1:05:38.4
4 Greta Galzki	7	76	231	23:33.7	1:29:12.1
5 Grace Etter	10	77	308	23:37.5	1:52:49.6
6 Alessia Harmon	10	(90)	(398)	27:38.7	2:20:28.3
7 Kaelyn Larson	7	(92)	(490)	28:08.8	2:48:37.1
DQ Breanna Deblieck	10	DQ		22:12.1	3:10:49.2
Devils Lake					
Team Score (places): 359					
Average Time: 23:51.4					
1 Gabrielle McLaurin	12	56	56	21:49.7	21:49.7
2 Dottie Goss	8	61	117	22:21.3	44:11.0
3 Aubrie Lebrun	10	73	190	23:22.1	1:07:33.1
4 Isabella Tangedal	12	81	271	24:40.2	1:32:13.3
5 Mallie McCloud	10	88	359	27:03.5	1:59:16.8
Northern Cass					
Team Score (places): 413					
Average Time: 25:23.7					
1 Kayce Fix	12	71	71	23:10.8	23:10.8
2 Stella Halverson	9	82	153	24:41.9	47:52.7
3 Skylar Johnson	12	84	237	25:27.5	1:13:20.2
4 Annabel Steinberger	9	85	322	25:36.8	1:38:57.0
5 Sophia Star	10	91	413	28:01.1	2:06:58.1
6 Kaia Lee	12	(93)	(506)	32:53.6	2:39:51.7
Hillsboro/Central Valley					
Team Score (places): Inc.					
Average Time:					
1 Myla Kaldor	11	Less		20:33.1	20:33.1
2 Kimber Walker	9	Less		21:12.1	41:45.2

Name	Grade	Place	Cum Place	Time	Cum Time
Hillsboro/Central Valley					
Team Score (places): Inc.					
Average Time:					
3 Lily Kaldor	9	Less		21:12.7	1:02:57.9
4 Leah Saure	8	Less		23:04.8	1:26:02.7
Ottertail Central					
Team Score (places): Inc.					
Average Time:					
1 Norah Froslee	10	Less		20:17.9	20:17.9
2 Laney Frost	12	Less		23:52.1	44:10.0
3 Delia Tebrugge	9	Less		23:52.5	1:08:02.5
4 Emily Christensen	11	Less		25:33.2	1:33:35.7
Pelican Rapids					
Team Score (places): Inc.					
Average Time:					
1 Megan Guler	9	Less		24:03.3	24:03.3
2 Kirra Johnson	10	Less		25:19.0	49:22.3
3 Mariah Weishair	11	Less		28:06.7	1:17:29.0
4 Sarah Haugrud	11	Less		28:07.5	1:45:36.5
Riverside Christian					
Team Score (places): Inc.					
Average Time:					
1 Ella Arntson	9	Less		19:50.5	19:50.5
2 Leah Sundby	9	Less		22:18.7	42:09.2
3 Alyssa Fulcher	9	Less		26:06.8	1:08:16.0
4 Jessica Fulcher	12	Less		31:37.0	1:39:53.0
Clearbrook-Gonvick					
Team Score (places): Inc.					
Average Time:					
1 Ava Larson	10	Less		22:56.8	22:56.8
2 Amelia Machlitt	10	Less		23:34.1	46:30.9
3 Sarah Imle	10	Less		24:21.8	1:10:52.7
Long Prairie-Grey Eagle					
Team Score (places): Inc.					
Average Time:					
1 Caroline Kuehne	12	Less		20:31.4	20:31.4
2 Maria Buntjer	12	Less		22:04.4	42:35.8
3 Kaitlin Warner	8	Less		22:11.5	1:04:47.3
Lake Park-Audubon					
Team Score (places): Inc.					
Average Time:					
1 Laura Schauer	12	Less		22:57.8	22:57.8
2 Lydia Torgerson		Less		26:27.5	49:25.3
Lisbon					
Team Score (places): Inc.					
Average Time:					
1 Mara Kempel	10	Less		20:43.5	20:43.5
2 Annika Froemke	10	Less		24:04.9	44:48.4

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<u>Name</u>	<u>Grade</u>	<u>Place</u>	<u>Cum Place</u>	<u>Time</u>	<u>Cum Time</u>
Ada-Borup-West			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Julia Miller	11	Less		24:27.3	24:27.3
Barnesville			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Lindsey Rotz	12	Less		22:45.7	22:45.7
Dilworth-Glyndon-Felton			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Isabel Toms	10	Less		23:44.9	23:44.9
Hillcrest Lutheran Academy			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Katie Holzner	11	Less		20:19.8	20:19.8
Maple River			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Tirzah Burchill	9	Less		25:08.3	25:08.3
Nevis			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Adeline Bjorklund	10	Less		21:17.4	21:17.4
Hillcrest Luthern Academy			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Kaia Fiskness	9	Less		20:12.6	20:12.6