

September 08, 2022

## Women

## Girl's Junior Varsity 5K

Place	Score	Name	Team	Grade	Time
1		Stella Powell	Duluth East	9	22:03.7
2		Aizley Mathias	Duluth East	7	22:39.5
3		Elsa Jones	Duluth East	10	23:09.4
4		Kate Yapel	Duluth East	10	23:27.4
5		Lydia Eaton	Duluth East	9	23:46.9
6		Annabelle Eaton	Duluth East	11	23:49.1
7		Lexi Surbaugh	North Shore	10	24:02.6
8		Sophie Consie	Duluth East	9	24:05.5
9	(> 7)	Audrey Linn	Duluth East	12	25:03.2
10	(> 7)	Alison Kreminski	Duluth East	10	25:13.1
11	(> 7)	Tuuli Rova	Duluth East	9	25:15.2
12	(> 7)	Camilla Beaster	Duluth East	9	25:20.4
13	(> 7)	Signe Ridenour	Duluth East	9	25:28.0
14	(> 7)	Kenna Huot	Duluth East	9	25:29.4
15	(> 7)	Ginger Thralow	Duluth East	11	25:31.0
16		9 Valerie Hurth	North Shore	12	25:35.1
17		10 Genevieve Silence	North Shore	7	25:35.5
18	(< 5)	Elle Nielsen	Moose Lake/Willow	11	25:47.0
19	(> 7)	Emelyn Beaster	Duluth East	12	25:51.4
20		11 Jazlyn Gunderson	Cloquet	12	25:51.7
21		12 Kiara Cloud	Cloquet	11	26:01.7
22		13 Ivy Bennis	Northwestern	11	26:07.7
23	(< 5)	Nevaeh Manninen	Cromwell-Wright	10	26:19.3
24		14 Najhaia Nelson	Northwestern		26:37.4
25		15 Claire Lindstrom	North Shore	10	26:37.7
26		16 Angela Brinker	Northwestern		26:38.4
27		17 Ava Gudowski	Superior	10	26:54.8
28		18 Nadia Bjerketvedt	Superior	10	27:01.7
29	(> 7)	Anja Erickson	Duluth East	9	27:05.3
30		19 Hannah Lichtenberg	Northwestern		27:06.3
31	(> 7)	Mya Johnson	Duluth East	9	27:13.6
32		20 Emma Crook	North Shore	9	27:21.9
33	(> 7)	Abigail Nilsson	Duluth East	11	27:29.5
34	(> 7)	Martyn Dahl	Duluth East	12	27:30.4
35		21 Kourtney Kavanaugh	Cloquet	9	27:31.9
36		22 Kyra Hovis	Superior		27:32.0
37		23 Lexi Lind	Superior		27:37.0
38	(< 5)	Korah Crane	Carlton-Wrenshall	12	27:49.9
39	(> 7)	Siiri Anderson	Duluth East	10	28:01.8
40	(< 5)	Abby Vargo	Moose Lake/Willow	9	28:02.2
41		24 Isabel Carlson	Superior	9	28:05.9
42	(> 7)	Ella Gardner	Duluth East	9	28:06.8
43	(< 5)	Kaitlin Boss	Hayward	11	28:27.2
44	(> 7)	Mila Bloom	Duluth East	9	28:33.6
45	(< 5)	Kamila Perkowski	Hermantown	12	28:44.9
46	(> 7)	Mary Karstens	Duluth East	12	29:00.6
47	(> 7)	Presley Schafer	Duluth East	12	29:03.2
48	(< 5)	Elliana Reuter	Hermantown	10	29:06.4
49		25 Signe Myers	North Shore	10	29:14.2
50	(> 7)	River Fena	Duluth East	11	29:18.9
51		26 Grace Hansen	Superior	12	29:19.3
52		27 Aspen Winbigler	Cloquet	10	29:26.8
53		28 Madilyn Carey	Superior	11	29:36.6
54	(> 7)	Clare Murray	Duluth East	10	29:41.1
55	(> 7)	Abby Myers	Duluth East	11	29:50.4
56	(< 5)	Alexa Van Loon	Hermantown	10	29:52.8

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Place	Score	Name	Team	Grade	Time
57		29 Freyja Lopez	Cloquet	9	29:56.4
58	(> 7)	Stella Sorenson	Duluth East	10	30:04.8
59		30 Shaelee Gunderson	Cloquet	10	30:04.9
60	(> 7)	Nora Anderson	Superior	10	30:24.2
61	(> 7)	Rylie Tepsa	Superior		30:29.5
62		31 Lilly Hoeffling	Northwestern	9	30:31.3
63		32 Kara Kephart	Northwestern	10	30:52.5
64	(> 7)	Lili Sakuray	Superior		31:36.9
65	(> 7)	Eilonwy Lockwood	Superior	10	32:12.4
66		33 Aili Gischia	North Shore	10	32:50.0
67	(> 7)	Rosemary Huber	Superior		33:29.6
68	(> 7)	Shawnda Everson	North Shore	12	34:35.5
69	(> 7)	Bethany Roe	Superior	11	34:41.7
70	(> 7)	Belle Hammond	Superior	9	35:13.8
71	(> 7)	McKenna Pearson	Superior		36:04.1
72	(< 5)	Kendal DeCora	Hayward		37:20.5
73	(> 7)	Lizzy Radke	North Shore	11	40:34.7

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Name	Grade	Place	Cum Place	Time	Cum Time
<b>Duluth East</b>					
<b>Finish Position - 1</b>					
Team Score (places): 15					
Average Time: 23:01.4					
1 Stella Powell	9	1	1	22:03.7	22:03.7
2 Aizley Mathias	7	2	3	22:39.5	44:43.2
3 Elsa Jones	10	3	6	23:09.4	1:07:52.6
4 Kate Yapel	10	4	10	23:27.4	1:31:20.0
5 Lydia Eaton	9	5	15	23:46.9	1:55:06.9
6 Annabelle Eaton	11	(6)	(21)	23:49.1	2:18:56.0
7 Sophie Consie	9	(8)	(29)	24:05.5	2:43:01.5
8 Audrey Linn	12	More		25:03.2	3:08:04.7
9 Alison Kreminski	10	More		25:13.1	3:33:17.8
10 Tuuli Rova	9	More		25:15.2	3:58:33.0
11 Camilla Beaster	9	More		25:20.4	4:23:53.4
12 Signe Ridenour	9	More		25:28.0	4:49:21.4
13 Kenna Huot	9	More		25:29.4	5:14:50.8
14 Ginger Thralow	11	More		25:31.0	5:40:21.8
15 Emelyn Beaster	12	More		25:51.4	6:06:13.2
16 Anja Erickson	9	More		27:05.3	6:33:18.5
17 Mya Johnson	9	More		27:13.6	7:00:32.1
18 Abigail Nilsson	11	More		27:29.5	7:28:01.6
19 Martyn Dahl	12	More		27:30.4	7:55:32.0
20 Siiri Anderson	10	More		28:01.8	8:23:33.8
21 Ella Gardner	9	More		28:06.8	8:51:40.6
22 Mila Bloom	9	More		28:33.6	9:20:14.2
23 Mary Karstens	12	More		29:00.6	9:49:14.8
24 Presley Schafer	12	More		29:03.2	10:18:18.0
25 River Fena	11	More		29:18.9	10:47:36.9
26 Clare Murray	10	More		29:41.1	11:17:18.0
27 Abby Myers	11	More		29:50.4	11:47:08.4
28 Stella Sorenson	10	More		30:04.8	12:17:13.2
<b>North Shore</b>					
<b>Finish Position - 2</b>					
Team Score (places): 61					
Average Time: 25:50.6					
1 Lexi Surbaugh	10	7	7	24:02.6	24:02.6
2 Valerie Hurth	12	9	16	25:35.1	49:37.7
3 Genevieve Silence	7	10	26	25:35.5	1:15:13.2
4 Claire Lindstrom	10	15	41	26:37.7	1:41:50.9
5 Emma Crook	9	20	61	27:21.9	2:09:12.8
6 Signe Myers	10	(25)	(86)	29:14.2	2:38:27.0
7 Aili Gischia	10	(33)	(119)	32:50.0	3:11:17.0
8 Shawnda Everson	12	More		34:35.5	3:45:52.5
9 Lizzy Radke	11	More		40:34.7	4:26:27.2
<b>Northwestern</b>					
<b>Finish Position - 3</b>					
Team Score (places): 93					
Average Time: 27:24.3					
1 Ivy Bennis	11	13	13	26:07.7	26:07.7
2 Najhaia Nelson		14	27	26:37.4	52:45.1
3 Angela Brinker		16	43	26:38.4	1:19:23.5
4 Hannah Lichtenberg		19	62	27:06.3	1:46:29.8
5 Lilly Hoeffling	9	31	93	30:31.3	2:17:01.1
6 Kara Kephart	10	(32)	(125)	30:52.5	2:47:53.6

Name	Grade	Place	Cum Place	Time	Cum Time
<b>Cloquet</b>					
<b>Finish Position - 4</b>					
Team Score (places): 100					
Average Time: 27:45.7					
1 Jazlyn Gunderson	12	11	11	25:51.7	25:51.7
2 Kiara Cloud	11	12	23	26:01.7	51:53.4
3 Kourtney Kavanaugh	9	21	44	27:31.9	1:19:25.3
4 Aspen Winbigler	10	27	71	29:26.8	1:48:52.1
5 Freyja Lopez	9	29	100	29:56.4	2:18:48.5
6 Shaelee Gunderson	10	(30)	(130)	30:04.9	2:48:53.4
<b>Superior</b>					
<b>Finish Position - 5</b>					
Team Score (places): 104					
Average Time: 27:26.3					
1 Ava Gudowski	10	17	17	26:54.8	26:54.8
2 Nadia Bjerketvedt	10	18	35	27:01.7	53:56.5
3 Kyra Hovis		22	57	27:32.0	1:21:28.5
4 Lexi Lind		23	80	27:37.0	1:49:05.5
5 Isabel Carlson	9	24	104	28:05.9	2:17:11.4
6 Grace Hansen	12	(26)	(130)	29:19.3	2:46:30.7
7 Madilyn Carey	11	(28)	(158)	29:36.6	3:16:07.3
8 Nora Anderson	10	More		30:24.2	3:46:31.5
9 Rylie Tepsa		More		30:29.5	4:17:01.0
10 Lili Sakuray		More		31:36.9	4:48:37.9
11 Eilonwy Lockwood	10	More		32:12.4	5:20:50.3
12 Rosemary Huber		More		33:29.6	5:54:19.9
13 Bethany Roe	11	More		34:41.7	6:29:01.6
14 Belle Hammond	9	More		35:13.8	7:04:15.4
15 McKenna Pearson		More		36:04.1	7:40:19.5
<b>Hermantown</b>					
<b>Finish Position - Inc.</b>					
Team Score (places): Inc.					
Average Time:					
1 Kamila Perkowski	12	Less		28:44.9	28:44.9
2 Elliana Reuter	10	Less		29:06.4	57:51.3
3 Alexa Van Loon	10	Less		29:52.8	1:27:44.1
<b>Hayward</b>					
<b>Finish Position - Inc.</b>					
Team Score (places): Inc.					
Average Time:					
1 Kaitlin Boss	11	Less		28:27.2	28:27.2
2 Kendal DeCora		Less		37:20.5	1:05:47.7
<b>Moose Lake/Willow River</b>					
<b>Finish Position - Inc.</b>					
Team Score (places): Inc.					
Average Time:					
1 Elle Nielsen	11	Less		25:47.0	25:47.0
2 Abby Vargo	9	Less		28:02.2	53:49.2
<b>Carlton-Wrenshall</b>					
<b>Finish Position - Inc.</b>					
Team Score (places): Inc.					
Average Time:					
1 Korah Crane	12	Less		27:49.9	27:49.9
<b>Cromwell-Wright</b>					
<b>Finish Position - Inc.</b>					
Team Score (places): Inc.					
Average Time:					
1 Nevaeh Manninen	10	Less		26:19.3	26:19.3