

September 29, 2022

Overall Finish ListGirls
Girls Varsity 5KGirls
Girls Varsity 5K

Place	Score	Name	Team	Grade	Time	Place	Score	Name	Team	Grade	Time
1	1	Mia Hoffman	Bemidji	11	18:58.1	57	53	Margaret Ringhand	Crosby-Ironton	9	22:12.9
2	2	Maija Lamppa	Rock Ridge	9	19:14.1	58	54	Grace Nichols	Hermantown	9	22:14.5
3	3	Mileena Sullivan	Hibbing	11	19:41.2	59	55	Amelia Olson	Moose Lake/Willow		22:18.4
4	4	Liz Nelson	Mountain Iron-Buhl	11	19:42.2	60	56	Naida Hutchinson	Marshall (Duluth)	10	22:21.6
5	5	Olya Wright	North Shore	11	19:48.0	61	57	Emma Lamppa	Rock Ridge	11	22:24.9
6	6	Lizzy Harnell	Proctor	10	19:48.3	62	58	Adrianna Nelson	Cloquet	9	22:28.7
7	7	Brielle Simula	Carlton-Wrenshall		19:58.7	63	59	Lola Witty	Proctor	9	22:30.5
8	8	Taylor McMeekin	Superior	10	19:59.0	64	60	Addy Papin	Rock Ridge	7	22:30.8
9	9	Regan DeWitt	Bemidji	12	20:14.5	65	61	Nora Sullivan	International Falls	12	22:33.3
10	10	Lamar Gordon	North Shore	12	20:19.6	66	62	Grace Lemke	Superior	12	22:34.8
11	11	Grace McCormick	Duluth Denfeld	12	20:20.4	67	63	Elena Almonte	Superior		22:35.6
12	12	Nora Stark	Rock Ridge	9	20:22.3	68	64	Abby Cid	Carlton-Wrenshall	12	22:36.0
13	13	Avery Kukowski	Hibbing	8	20:26.5	69	65	Alexa Shepherd	Cloquet	11	22:37.1
14	14	Kate Nelson	Mountain Iron-Buhl	11	20:30.5	70	66	Josie Couillard	Hermantown	11	22:40.8
15	15	Gianna Figueroa	Hibbing	10	20:34.8	71	67	Ella Karkela	Grand Rapids	11	22:44.6
16	16	Abbi Hutchinson	International Falls	11	20:41.8	72	68	Danica Wyman	Moose Lake/Willow		22:46.3
17	17	Stella Lozano	Marshall (Duluth)	10	20:42.6	73	69	Izzy Dewey	Moose Lake/Willow		22:46.9
18	18	Jorie Anderson	Hibbing	11	20:43.9	74	70	Morgan Panichi	Hermantown	8	22:47.4
19	(< 5)	Chloe Green	Mesabi East	8	20:44.1	75	71	Kyra Robinson	Duluth Denfeld	11	22:56.7
20	19	Hannah Farnsworth	Hibbing	8	20:47.3	76	72	Lillian Paul	Duluth Denfeld	12	22:59.5
21	(< 5)	Olivia Pascuzzi	Chisholm	7	20:51.3	77	73	Presley Paulson	Hermantown	7	23:03.0
22	20	Brooklyn Wasche	Moose Lake/Willow		20:52.8	78	74	Ruby Westin	Crosby-Ironton	11	23:07.0
23	21	Alexis Lamppa	Rock Ridge	9	20:54.9	79	(< 5)	Elizabeth Niemi	Mesabi East	8	23:09.1
24	22	Ferrah LaLone	Hermantown	8	20:58.9	80	75	Ava Witkowski	North Branch	7	23:10.5
25	23	Paige Evans	Proctor	10	21:01.2	81	76	Emily Walters	Grand Rapids	11	23:13.8
26	24	Addison Maish	Bemidji	10	21:04.1	82	77	Ella Heaton	Moose Lake/Willow		23:17.0
27	25	Jocelyn Carr	North Shore	11	21:10.4	83	78	Ginger Paul	Duluth Denfeld	9	23:19.2
28	26	Paisley Kleiman	Proctor	10	21:10.5	84	(< 5)	Neveah Manninen	Cromwell-Wright	10	23:21.1
29	27	Miia Johnson	Rock Ridge	8	21:11.5	85	79	Lucy Stevens	Carlton-Wrenshall	8	23:21.8
30	28	Abigail Theien	Hibbing	10	21:14.9	86	80	Bailey Herberg	International Falls	12	23:22.9
31	29	Jemi Keranen	East Central	12	21:16.2	87	81	Sara McCormick	Duluth Denfeld	8	23:23.2
32	30	Bri LaCore	Cloquet	9	21:19.1	88	82	Anna Westin	Crosby-Ironton	10	23:24.0
33	(< 5)	Emaleigh Olesiak	Cromwell-Wright	11	21:19.7	89	83	Loralai Ford	International Falls	10	23:25.3
34	31	Sierra Geatz	North Shore	8	21:19.9	90	84	Sydney Beise	Bemidji	9	23:28.2
35	32	Norah Schultz	Marshall (Duluth)	11	21:20.2	91	85	Sienna Swanberg	Bemidji	12	23:28.6
36	33	Sara Cid	Carlton-Wrenshall	10	21:26.3	92	86	Savannah Leopold	Superior	12	23:32.2
37	34	Jocelyn Strukel	Hibbing	11	21:26.5	93	87	Caitlin Cox	Hermantown	10	23:36.0
38	35	Charlotte Ripp	Cloquet	12	21:29.0	94	88	Sophia Watrin	East Central	8	23:41.6
39	36	Elise Cawcutt	Cloquet	11	21:31.2	95	89	Ellen Sween	Grand Rapids	11	23:42.3
40	37	Whitney Sylvester	Grand Rapids	11	21:34.1	96	90	Shannon Granquist	Moose Lake/Willow		23:43.3
41	38	Isabel Riley	Carlton-Wrenshall	9	21:35.7	97	91	Dianne LaVoy	International Falls	12	23:46.0
42	39	Aubrey DeWitt	Bemidji	10	21:35.8	98	92	Adeline Presley	East Central	7	23:46.8
43	40	Carlie Blevins	Proctor	11	21:36.0	99	93	Veronica Acurero	Superior		23:46.9
44	41	Della Bettendorf	Proctor	10	21:45.1	100	94	Teagan Tessier	Carlton-Wrenshall	8	23:52.6
45	(< 5)	Destiney Schmitz	Chisholm	8	21:51.1	101	95	Arabella Presley	East Central	10	24:04.4
46	42	Lexi Surbaugh	North Shore	10	21:52.1	102	96	Ruby Hanson	North Branch	8	24:04.4
47	43	Quincy Hurth	North Shore	9	21:52.6	103	97	Maria Ringhand	Crosby-Ironton	10	24:05.3
48	44	London Smith	North Shore	9	21:52.8	104	98	Brynn McCourtney	Marshall (Duluth)	9	24:20.5
49	45	Brynley Heisel	Rock Ridge	9	21:53.9	105	99	Olivia Jutila	Moose Lake/Willow		24:22.3
50	46	Victoria Nelson	Cloquet	11	21:57.6	106	(< 5)	Rachel Hjort	Lakeview Christian	10	24:29.1
51	47	Lola Hall	International Falls	7	21:57.6	107	100	Nadia Bjerketvedt	Superior	10	24:38.4
52	48	Gabby Rosecrans	Crosby-Ironton	11	21:59.6	108	101	Annaliese Vignieri	Crosby-Ironton	11	24:43.5
53	49	Kenzie Johnson	Hermantown	7	22:03.9	109	102	Milla Beldo	Duluth Denfeld	11	24:46.4
54	50	Josey LaValley	Bemidji	11	22:04.7	110	103	Marie Eng	Esko	7	24:50.6
55	51	Rachel Bettendorf	Proctor	8	22:06.7	111	104	Ellynor Barta	Esko	9	24:51.4
56	52	Keanna Simula	Cloquet	11	22:11.1	112	105	Lily Ludwig	East Central	10	24:53.1

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Girls
Girls Varsity 5K

<u>Place</u>	<u>Score</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>
113	106	Margaret Simone	Marshall (Duluth)	9	24:54.1
114	(< 5)	Faith Matvey	Lakeview Christian	12	24:57.6
115	107	Kylie Anderson	North Branch	9	24:58.7
116	108	Blanca Gonzalez Serra	North Branch	10	25:13.4
117	109	Madilyn Carey	Superior	11	25:18.8
118	110	Aspen Berg	Esko	10	25:27.3
119		Ginny Moe	Mountain Iron-Buhl	10	25:28.7
120	112	Kendall Tonkin	Marshall (Duluth)	9	25:31.1
121	113	Ella Downing	Grand Rapids	11	25:37.3
122	114	Ailie King	Marshall (Duluth)	10	25:51.3
123	115	Madalynn Saxton	International Falls	9	25:59.1
124	116	Nadia Tessier	Carlton-Wrenshall	9	26:01.6
125	(< 5)	Jillian Sajdak	South	12	26:33.1
126	117	Londyn Eastwood	Crosby-Ironton	10	26:47.5
127	118	Kellie Renne	Esko	7	26:50.4
128	119	Evelyn Peterson	Esko	10	26:52.2
129	120	Olivia Johnson	Mountain Iron-Buhl	11	26:57.2
130	121	Madeline Larson	Grand Rapids	11	26:59.9
131	122	Emily Timm	Grand Rapids	11	27:05.3
132	123	Colie Otto	Mountain Iron-Buhl	10	27:07.3
133	124	Leah Borden	Esko	8	27:08.7
134	125	Tuula Hallsten	Esko	7	27:20.6
135	(< 5)	Hannah Plese	Mesabi East	10	28:30.5
136	126	Ren'ee Brake	North Branch	11	29:19.1
137	127	Matilde Terzi	North Branch	12	30:10.2
138	128	Daileen Jovet	North Branch	10	30:32.6
139	129	Kylee Kroschel	East Central	9	31:52.2

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Final Team Results

Girls
Girls Varsity 5K

Girls
Girls Varsity 5K

Name	Grade	Place	Cum Place	Time	Cum Time
Hibbing					
Finish Position - 1					
Team Score (places): 68					
Average Time: 20:26.7					
1 Mileena Sullivan	11	3	3	19:41.2	19:41.2
2 Avery Kukowski	8	13	16	20:26.5	40:07.7
3 Gianna Figueroa	10	15	31	20:34.8	1:00:42.5
4 Jorie Anderson	11	18	49	20:43.9	1:21:26.4
5 Hannah Farnsworth	8	19	68	20:47.3	1:42:13.7
6 Abigail Theien	10	(28)	(96)	21:14.9	2:03:28.6
7 Jocelyn Strukel	11	(34)	(130)	21:26.5	2:24:55.1

Name	Grade	Place	Cum Place	Time	Cum Time
Rock Ridge					
Finish Position - 2					
Team Score (places): 107					
Average Time: 20:43.3					
1 Maija Lamppa	9	2	2	19:14.1	19:14.1
2 Nora Stark	9	12	14	20:22.3	39:36.4
3 Alexis Lamppa	9	21	35	20:54.9	1:00:31.3
4 Miia Johnson	8	27	62	21:11.5	1:21:42.8
5 Brynley Heisel	9	45	107	21:53.9	1:43:36.7
6 Emma Lamppa	11	(57)	(164)	22:24.9	2:06:01.6
7 Addy Papin	7	(60)	(224)	22:30.8	2:28:32.4

Name	Grade	Place	Cum Place	Time	Cum Time
North Shore					
Finish Position - 3					
Team Score (places): 113					
Average Time: 20:54.0					
1 Olya Wright	11	5	5	19:48.0	19:48.0
2 Lamar Gordon	12	10	15	20:19.6	40:07.6
3 Jocelyn Carr	11	25	40	21:10.4	1:01:18.0
4 Sierra Geatz	8	31	71	21:19.9	1:22:37.9
5 Lexi Surbaugh	10	42	113	21:52.1	1:44:30.0
6 Quincy Hurth	9	(43)	(156)	21:52.6	2:06:22.6
7 London Smith	9	(44)	(200)	21:52.8	2:28:15.4

Name	Grade	Place	Cum Place	Time	Cum Time
Bemidji					
Finish Position - 4					
Team Score (places): 123					
Average Time: 20:47.4					
1 Mia Hoffman	11	1	1	18:58.1	18:58.1
2 Regan DeWitt	12	9	10	20:14.5	39:12.6
3 Addison Maish	10	24	34	21:04.1	1:00:16.7
4 Aubrey DeWitt	10	39	73	21:35.8	1:21:52.5
5 Josey LaValley	11	50	123	22:04.7	1:43:57.2
6 Sydney Beise	9	(84)	(207)	23:28.2	2:07:25.4
7 Sienna Swanberg	12	(85)	(292)	23:28.6	2:30:54.0

Name	Grade	Place	Cum Place	Time	Cum Time
Proctor					
Finish Position - 5					
Team Score (places): 136					
Average Time: 21:04.2					
1 Lizzy Harnell	10	6	6	19:48.3	19:48.3
2 Paige Evans	10	23	29	21:01.2	40:49.5
3 Paisley Kleiman	10	26	55	21:10.5	1:02:00.0
4 Carlie Blevins	11	40	95	21:36.0	1:23:36.0
5 Della Bettendorf	10	41	136	21:45.1	1:45:21.1
6 Rachel Bettendorf	8	(51)	(187)	22:06.7	2:07:27.8
7 Lola Witty	9	(59)	(246)	22:30.5	2:29:58.3

Name	Grade	Place	Cum Place	Time	Cum Time
Cloquet					
Finish Position - 6					
Team Score (places): 199					
Average Time: 21:41.6					
1 Bri LaCore	9	30	30	21:19.1	21:19.1
2 Charlotte Ripp	12	35	65	21:29.0	42:48.1
3 Elise Cawcutt	11	36	101	21:31.2	1:04:19.3
4 Victoria Nelson	11	46	147	21:57.6	1:26:16.9
5 Keanna Simula	11	52	199	22:11.1	1:48:28.0
6 Adrianna Nelson	9	(58)	(257)	22:28.7	2:10:56.7
7 Alexa Shepherd	11	(65)	(322)	22:37.1	2:33:33.8

Name	Grade	Place	Cum Place	Time	Cum Time
Carlton-Wrenshall					
Finish Position - 7					
Team Score (places): 221					
Average Time: 21:47.7					
1 Brielle Simula		7	7	19:58.7	19:58.7
2 Sara Cid	10	33	40	21:26.3	41:25.0
3 Isabel Riley	9	38	78	21:35.7	1:03:00.7
4 Abby Cid	12	64	142	22:36.0	1:25:36.7
5 Lucy Stevens	8	79	221	23:21.8	1:48:58.5
6 Teagan Tessier	8	(94)	(315)	23:52.6	2:12:51.1
7 Nadia Tessier	9	(116)	(431)	26:01.6	2:38:52.7

Name	Grade	Place	Cum Place	Time	Cum Time
Hermantown					
Finish Position - 8					
Team Score (places): 261					
Average Time: 22:09.1					
1 Ferrah LaLone	8	22	22	20:58.9	20:58.9
2 Kenzie Johnson	7	49	71	22:03.9	43:02.8
3 Grace Nichols	9	54	125	22:14.5	1:05:17.3
4 Josie Couillard	11	66	191	22:40.8	1:27:58.1
5 Morgan Panichi	8	70	261	22:47.4	1:50:45.5
6 Presley Paulson	7	(73)	(334)	23:03.0	2:13:48.5
7 Caitlin Cox	10	(87)	(421)	23:36.0	2:37:24.5

Name	Grade	Place	Cum Place	Time	Cum Time
International Falls					
Finish Position - 9					
Team Score (places): 287					
Average Time: 22:24.1					
1 Abbi Hutchinson	11	16	16	20:41.8	20:41.8
2 Lola Hall	7	47	63	21:57.6	42:39.4
3 Nora Sullivan	12	61	124	22:33.3	1:05:12.7
4 Bailey Herberg	12	80	204	23:22.9	1:28:35.6
5 Loralai Ford	10	83	287	23:25.3	1:52:00.9
6 Dianne LaVoy	12	(91)	(378)	23:46.0	2:15:46.9
7 Madalynn Saxton	9	(115)	(493)	25:59.1	2:41:46.0

Name	Grade	Place	Cum Place	Time	Cum Time
Moose Lake/Willow River/Barnum					
Finish Position - 10					
Team Score (places): 289					
Average Time: 22:24.2					
1 Brooklyn Wasche		20	20	20:52.8	20:52.8
2 Amelia Olson		55	75	22:18.4	43:11.2
3 Danica Wyman		68	143	22:46.3	1:05:57.5
4 Izzy Dewey		69	212	22:46.9	1:28:44.4
5 Ella Heaton		77	289	23:17.0	1:52:01.4
6 Shannon Granquist		(90)	(379)	23:43.3	2:15:44.7
7 Olivia Jutila		(99)	(478)	24:22.3	2:40:07.0

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Final Team Results

Girls
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Name	Grade	Place	Cum Place	Time	Cum Time
Marshall (Duluth)					
Team Score (places): 309					
Average Time: 22:43.8					
1 Stella Lozano	10	17	17	20:42.6	20:42.6
2 Norah Schultz	11	32	49	21:20.2	42:02.8
3 Naida Hutchinson	10	56	105	22:21.6	1:04:24.4
4 Brynn McCourtney	9	98	203	24:20.5	1:28:44.9
5 Margaret Simone	9	106	309	24:54.1	1:53:39.0
6 Kendall Tonkin	9	(112)	(421)	25:31.1	2:19:10.1
7 Ailie King	10	(114)	(535)	25:51.3	2:45:01.4
Superior					
Team Score (places): 312					
Average Time: 22:29.7					
1 Tayler McMeekin	10	8	8	19:59.0	19:59.0
2 Grace Lemke	12	62	70	22:34.8	42:33.8
3 Elena Almonte		63	133	22:35.6	1:05:09.4
4 Savannah Leopold	12	86	219	23:32.2	1:28:41.6
5 Veronica Acurero		93	312	23:46.9	1:52:28.5
6 Nadia Bjerketvedt	10	(100)	(412)	24:38.4	2:17:06.9
7 Madilyn Carey	11	(109)	(521)	25:18.8	2:42:25.7
Duluth Denfeld					
Team Score (places): 313					
Average Time: 22:35.8					
1 Grace McCormick	12	11	11	20:20.4	20:20.4
2 Kyra Robinson	11	71	82	22:56.7	43:17.1
3 Lillian Paul	12	72	154	22:59.5	1:06:16.6
4 Ginger Paul	9	78	232	23:19.2	1:29:35.8
5 Sara McCormick	8	81	313	23:23.2	1:52:59.0
6 Milla Beldo	11	(102)	(415)	24:46.4	2:17:45.4
Crosby-Ironton					
Team Score (places): 354					
Average Time: 22:57.7					
1 Gabby Rosecrans	11	48	48	21:59.6	21:59.6
2 Margaret Ringhand	9	53	101	22:12.9	44:12.5
3 Ruby Westin	11	74	175	23:07.0	1:07:19.5
4 Anna Westin	10	82	257	23:24.0	1:30:43.5
5 Maria Ringhand	10	97	354	24:05.3	1:54:48.8
6 Annaliese Vignieri	11	(101)	(455)	24:43.5	2:19:32.3
7 Londyn Eastwood	10	(117)	(572)	26:47.5	2:46:19.8
Mountain Iron-Buhl					
Team Score (places): 372					
Average Time: 23:57.1					
1 Liz Nelson	11	4	4	19:42.2	19:42.2
2 Kate Nelson	11	14	18	20:30.5	40:12.7
3 Ginny Moe	10	111	129	25:28.7	1:05:41.4
4 Olivia Johnson	11	120	249	26:57.2	1:32:38.6
5 Colie Otto	10	123	372	27:07.3	1:59:45.9
Grand Rapids					
Team Score (places): 382					
Average Time: 23:22.4					
1 Whitney Sylvester	11	37	37	21:34.1	21:34.1
2 Ella Karkela	11	67	104	22:44.6	44:18.7

Girls
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Name	Grade	Place	Cum Place	Time	Cum Time
Grand Rapids					
Team Score (places): 382					
Average Time: 23:22.4					
3 Emily Walters	11	76	180	23:13.8	1:07:32.5
4 Ellen Sween	11	89	269	23:42.3	1:31:14.8
5 Ella Downing	11	113	382	25:37.3	1:56:52.1
6 Madeline Larson	11	(121)	(503)	26:59.9	2:23:52.0
7 Emily Timm	11	(122)	(625)	27:05.3	2:50:57.3
East Central					
Team Score (places): 409					
Average Time: 23:32.4					
1 Jemi Keranen	12	29	29	21:16.2	21:16.2
2 Sophia Watrin	8	88	117	23:41.6	44:57.8
3 Adeline Presley	7	92	209	23:46.8	1:08:44.6
4 Arabella Presley	10	95	304	24:04.4	1:32:49.0
5 Lily Ludwig	10	105	409	24:53.1	1:57:42.1
6 Kylee Kroschel	9	(129)	(538)	31:52.2	2:29:34.3
North Branch					
Team Score (places): 512					
Average Time: 25:21.2					
1 Ava Witkowski	7	75	75	23:10.5	23:10.5
2 Ruby Hanson	8	96	171	24:04.4	47:14.9
3 Kylie Anderson	9	107	278	24:58.7	1:12:13.6
4 Blanca Gonzalez Serra	10	108	386	25:13.4	1:37:27.0
5 Ren'ee Brake	11	126	512	29:19.1	2:06:46.1
6 Matilde Terzi	12	(127)	(639)	30:10.2	2:36:56.3
7 Daileen Jovet	10	(128)	(767)	30:32.6	3:07:28.9
Esko					
Team Score (places): 554					
Average Time: 25:46.3					
1 Marie Eng	7	103	103	24:50.6	24:50.6
2 Ellynor Barta	9	104	207	24:51.4	49:42.0
3 Aspen Berg	10	110	317	25:27.3	1:15:09.3
4 Kellie Renne	7	118	435	26:50.4	1:41:59.7
5 Evelyn Peterson	10	119	554	26:52.2	2:08:51.9
6 Leah Borden	8	(124)	(678)	27:08.7	2:36:00.6
7 Tuula Hallsten	7	(125)	(803)	27:20.6	3:03:21.2
Mesabi East					
Team Score (places): Inc.					
Average Time:					
1 Chloe Green	8	Less		20:44.1	20:44.1
2 Elizabeth Niemi	8	Less		23:09.1	43:53.2
3 Hannah Plese	10	Less		28:30.5	1:12:23.7
Chisholm					
Team Score (places): Inc.					
Average Time:					
1 Olivia Pascuzzi	7	Less		20:51.3	20:51.3
2 Destiney Schmitz	8	Less		21:51.1	42:42.4

Girls
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<u>Name</u>	<u>Grade</u>	<u>Place</u>	<u>Cum Place</u>	<u>Time</u>	<u>Cum Time</u>
Cromwell-Wright			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Emaleigh Olesiak	11	Less		21:19.7	21:19.7
2 Neveah Manninen	10	Less		23:21.1	44:40.8
Lakeview Christian Academy			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Rachel Hjort	10	Less		24:29.1	24:29.1
2 Faith Matvey	12	Less		24:57.6	49:26.7
South Ridge/Cherry/North Woods/NE Range			Finish Position - Inc.		
Team Score (places):	Inc.				
Average Time:					
1 Jillian Sajdak	12	Less		26:33.1	26:33.1