

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Event 1 Women Indoor Pentathlon****NSIC Record: 3910 \$ 2010****3847 AUTO****3200 PROV****Heather Miller, St. Cloud State**

	Name	School	Finals	
Finals				
1	Amelia Maher	Minnesota-Duluth	3605.00	PROV
2	Chanel Miller	Minnesota-Duluth	3486.00	PROV
3	Molly McDonald	U-Mary	3432.00	PROV
4	Katlyn Sawtelle	Sioux Falls	3339.00	PROV
5	Hannah Treinen	Northern State	3278.00	PROV
6	Laure Olson	St. Cloud State	3253.00	PROV
7	Jenni Vanttinen	Minnesota State	3249.00	PROV
8	Kirsten Townley	Sioux Falls	3062.00	
9	Julie Dinius	U-Mary	3057.00	
10	Madeline Fluharty	Northern State	3054.00	
11	Moriah Miller	Minnesota State	3054.00	
12	Miranda Brower	Northern State	3030.00	
13	Megan Svitak	Wayne St. (Neb.)	3016.00	
14	Cassandra Ortberg	Minnesota-Duluth	3013.00	
15	Leandra Schlecht	Northern State	2959.00	
16	Lindsey Lowe	Winona State	2956.00	
17	Erica Young	Concordia-St. Paul	2939.00	
18	Ellen Wulf	Wayne St. (Neb.)	2846.00	
19	Rylee Armstrong	SW Minnesota St.	2839.00	
20	Nikki Anderson	Bemidji State	2658.00	
21	Brehana Hooker	Concordia-St. Paul	2291.00	

Event 2 Men Heptathlon**NSIC Record: 5276 \$ 2013****5250 AUTO****4600 PROV****Nathan Hancock, MSU Mankato**

	Name	School	Finals	
Finals				
1	Nathan Hancock	Minnesota State	5030.00	PROV
2	Colin Goligoski	Concordia-St. Paul	4703.00	PROV
3	Tyler Naumowicz	Concordia-St. Paul	4613.00	PROV
4	Benjamin Ojika	Minnesota State	4590.00	
5	Hwang Lee	U-Mary	4429.00	
6	Stephen Jonas	Msu-Moorhead	4193.00	
7	Riley Myers	St. Cloud State	4157.00	
8	Dillon Dahl	Northern State	4039.00	
9	James Ryan	Minnesota-Duluth	4031.00	
10	Dan Weber	St. Cloud State	3927.00	
11	Seth Lewis	Sioux Falls	3504.00	
12	Mitchell Ruebke	Msu-Moorhead	3003.00	

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014

Bemidji State University

Bemidji, MN

Results

Event 3 Women 1 Mile Run

NSIC Record: 4:53.96 \$ 2013

4:49.85 AUTO

5:05.50 PROV

Jennifer Agnew, U of Mary

Name	School	Prelims	H#
Preliminaries			
1 Hannah Olson	Minnesota-Duluth	5:13.82 Q	1
2 Amanda Boman	Minnesota-Duluth	5:26.78 Q	2
3 Samantha Rivard	Minnesota-Duluth	5:13.89 Q	1
4 Molly Montonye	Msu-Moorhead	5:28.37 Q	2
5 Jordan Skelly	Winona State	5:14.00 q	1
6 Kara Kuntz	Minot State	5:19.39 q	1
7 Kendra Woytassek	Northern State	5:25.71 q	1
8 Kyle Blakeslee	Augustana (S.D.)	5:30.32 q	2
9 Kaitlyn Yoerg	Augustana (S.D.)	5:30.99 q	2
10 Samantha Huether	Minot State	5:32.80 q	2
11 Maggie Marcus	Concordia-St. Paul	5:35.36 q	2
12 Stacey McDonald	Northern State	5:41.05 q	1
13 Kylie Herlihy	Sioux Falls	5:42.31	1
14 Jolynne Denman	Bemidji State	6:10.49	2

Event 3 Women 1 Mile Run

NSIC Record: 4:53.96 \$ 2013

4:49.85 AUTO

5:05.50 PROV

Jennifer Agnew, U of Mary

Name	School	Finals	
Finals			
1 Samantha Rivard	Minnesota-Duluth	4:57.66	PROV
2 Molly Montonye	Msu-Moorhead	4:57.84	PROV
3 Kyle Blakeslee	Augustana (S.D.)	5:02.99	PROV
4 Hannah Olson	Minnesota-Duluth	5:05.88	
5 Jordan Skelly	Winona State	5:06.45	
6 Kaitlyn Yoerg	Augustana (S.D.)	5:07.82	
7 Amanda Boman	Minnesota-Duluth	5:10.52	
8 Kara Kuntz	Minot State	5:12.50	
9 Samantha Huether	Minot State	5:22.22	
10 Kendra Woytassek	Northern State	5:22.56	
11 Maggie Marcus	Concordia-St. Paul	5:23.39	
12 Stacey McDonald	Northern State	5:41.55	

Event 4 Men 1 Mile Run

NSIC Record: 4:13.23 \$ 2013

4:07.13 AUTO

4:16.24 PROV

Clayton Foster, MSU Moorhead

Name	School	Prelims	H#
Preliminaries			
1 Cole Toepfer	Minnesota-Duluth	4:25.43 Q	1
2 Harald Karbo	Augustana (S.D.)	4:27.46 Q	2
3 Henrik Hansson	Augustana (S.D.)	4:26.64 Q	1
4 John Klecker	Augustana (S.D.)	4:27.51 Q	2

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 4 Men 1 Mile Run)**

Name	School	Prelims	H#
5 William Brockmueller	Sioux Falls	4:26.79 q	1
6 Jason Coffin	Minnesota-Duluth	4:26.82 q	1
7 Brady Speicher	Msu-Moorhead	4:27.09 q	1
8 Spencer Ruebke	Msu-Moorhead	4:27.16 q	1
9 Jayce Seelig	Northern State	4:27.73 q	2
10 Tyler Stevens	Minnesota-Duluth	4:27.85 q	2
11 Chris Jessop	U-Mary	4:27.96 q	2
12 Joey Erickson	Minnesota-Duluth	4:28.23 q	2
13 Jamison Gehrig	Msu-Moorhead	4:30.14	1
14 Clay Armstrong	Minot State	4:36.53	1
15 Josh Smith	Concordia-St. Paul	4:43.63	2

Event 4 Men 1 Mile RunNSIC Record: **4:13.23 \$ 2013****4:07.13 AUTO****4:16.24 PROV****Clayton Foster, MSU Moorhead**

Name	School	Finals
Finals		
1 Cole Toepfer	Minnesota-Duluth	4:15.66 PROV
2 Harald Karbo	Augustana (S.D.)	4:15.80 PROV
3 Henrik Hansson	Augustana (S.D.)	4:20.17
4 John Klecker	Augustana (S.D.)	4:20.69
5 Chris Jessop	U-Mary	4:20.75
6 Jason Coffin	Minnesota-Duluth	4:22.52
7 Joey Erickson	Minnesota-Duluth	4:24.28
8 Tyler Stevens	Minnesota-Duluth	4:25.14
9 William Brockmueller	Sioux Falls	4:26.96
10 Jayce Seelig	Northern State	4:29.99
11 Brady Speicher	Msu-Moorhead	4:39.81
--- Spencer Ruebke	Msu-Moorhead	DNF

Event 5 Women 60 Meter HurdlesNSIC Record: **8.58 \$ 2013****8.36 AUTO****8.90 PROV****Janet Johnson, U of Mary**

Name	School	Prelims	H#
Preliminaries			
1 Janet Johnson	U-Mary	\$ 8.48 Q PROV	1
2 Michelle Ndely	Concordia-St. Paul	8.79 Q PROV	3
3 Brittney McKinley	U-Mary	8.81 Q PROV	4
4 Tia Knight	Msu-Moorhead	8.96 Q	2
5 Chanel Miller	Minnesota-Duluth	8.82 q PROV	3
6 Zevin Carter	Minnesota State	8.93 q	4
7 Katlyn Sawtelle	Sioux Falls	9.06 q	1
8 Madeline Fluharty	Northern State	9.15 q	4
9 Molly McDonald	U-Mary	9.17	2
10 Kirsten Townley	Sioux Falls	9.22	1
11 Brittany Dulak	Winona State	9.31	4
12 Molly Strong	Msu-Moorhead	9.33	1

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 5 Women 60 Meter Hurdles)**

Name	School	Prelims	H#
12 Alexis Guhl	Wayne St. (Neb.)	9.33	3
14 Megan Svitak	Wayne St. (Neb.)	9.41	2
15 Calliann Brunswig	Augustana (S.D.)	9.52	3
16 Corby White	Augustana (S.D.)	9.65	1
17 Leandra Schlecht	Northern State	9.68	2
18 DelRay Audet	Minot State	9.69	4
19 Lindsey Lowe	Winona State	9.71	4
19 Chloe Miller	Bemidji State	9.71	3
21 Nikki Anderson	Bemidji State	9.80	2
22 Ellen Wulf	Wayne St. (Neb.)	10.08	3
--- Jenni Vanttinen	Minnesota State	DNF	2

Event 5 Women 60 Meter Hurdles

NSIC Record: **8.58 \$ 2013**
8.36 AUTO
8.90 PROV

Janet Johnson, U of Mary

Name	School	Finals
Finals		
1 Janet Johnson	U-Mary	8.37 \$ PROV
2 Tia Knight	Msu-Moorhead	8.59 PROV
3 Michelle Ndely	Concordia-St. Paul	8.84 PROV
4 Chanel Miller	Minnesota-Duluth	8.88 PROV
5 Brittney McKinley	U-Mary	8.89 PROV
6 Katlyn Sawtelle	Sioux Falls	9.02
7 Zevin Carter	Minnesota State	9.08
8 Madeline Fluharty	Northern State	9.15

Event 6 Men 60 Meter Hurdles

NSIC Record: **7.93 \$ 2013**
7.85 AUTO
8.31 PROV

Laquone Robinson, MSU Moorhead

Name	School	Prelims	H#
Preliminaries			
1 Myles Hunter	Minnesota State	8.07 Q PROV	1
2 Benjamin Ojika	Minnesota State	8.27 Q PROV	3
3 Slater Powell	Minnesota State	8.29 Q PROV	2
4 Ryan Heuer	Augustana (S.D.)	8.31 q PROV	3
5 Chase Smiley	U-Mary	8.64 q	2
6 Brandon Gildemaster	Augustana (S.D.)	8.65 q	1
7 Zach Jones	Augustana (S.D.)	8.68 q	1
8 Jay Cooper	U-Mary	8.83 q	3
9 Wayne Peters	Minot State	8.84	3
10 James Ryan	Minnesota-Duluth	8.88	2
11 Adam Hanson	Msu-Moorhead	8.93	1
12 Matt Mooney	St. Cloud State	8.97	2
13 Darin Malafa	Minot State	9.02	3
14 Myles Witcher	St. Cloud State	9.06	1
15 Ryan Spiegel	SW Minnesota St.	9.17	1
16 Dillon Dahl	Northern State	9.27	2

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Bemidji State University

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Results

Preliminaries ... (Event 6 Men 60 Meter Hurdles)

Name	School	Prelims	H#
--- Corbin Marksmeier	Wayne St. (Neb.)	DNF	3
--- Till Olson	Northern State	DO	2

Event 6 Men 60 Meter Hurdles

NSIC Record: 7.93 \$ 2013 Laquone Robinson, MSU Moorhead
 7.85 AUTO
 8.31 PROV

Name	School	Finals	
1 Myles Hunter	Minnesota State	8.12	PROV
2 Benjamin Ojika	Minnesota State	8.16	PROV
3 Ryan Heuer	Augustana (S.D.)	8.28	PROV
4 Slater Powell	Minnesota State	8.29	PROV
5 Brandon Gildemaster	Augustana (S.D.)	8.42	
6 Chase Smiley	U-Mary	8.60	
7 Jay Cooper	U-Mary	8.71	
8 Zach Jones	Augustana (S.D.)	8.77	

Event 7 Women 400 Meter Dash

NSIC Record: 55.09 \$ 2010 Kristi Buerkle, Bemidji State
 55.13 AUTO
 57.96 PROV

Name	School	Prelims	H#
Preliminaries			
1 Kendra Knight	Sioux Falls	57.23 q	PROV 1
2 Sienna Dailey	Minot State	57.58 q	PROV 2
3 Catherine Whitcomb	Winona State	57.84 q	PROV 6
3 Cassandra Jones	U-Mary	57.84 q	PROV 3
5 Carina Hofmeister	Augustana (S.D.)	58.64 q	2
6 Melanie Rodriguez	U-Mary	58.71 q	5
7 Kelsey Bethke	Winona State	58.76 q	3
8 Taylor Naatz	Minnesota State	58.78 q	1
9 Taylor Vogel	Winona State	58.84 q	1
10 Alyssa Christianson	Concordia-St. Paul	58.86 q	4
11 Jasmine Grant	St. Cloud State	59.10 q	6
12 Alicia Evans	St. Cloud State	59.55 q	4
13 DelRay Audet	Minot State	59.91	6
14 Annie Dahl	Minnesota State	1:00.01	5
15 Jenny Gilbreath	St. Cloud State	1:00.44	3
16 Alicia Lipka	St. Cloud State	1:01.11	4
17 Corby White	Augustana (S.D.)	1:01.84	5
18 Iveta Harner	Msu-Moorhead	1:01.86	6
19 Dijah Nash	Minot State	1:02.02	3
20 Breanne Sherlock	Minot State	1:02.37	4
21 Karmen Nyberg	Augustana (S.D.)	1:03.19	5
--- Megan Seidl	Winona State	DO	2

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Event 7 Women 400 Meter Dash**NSIC Record: **55.09 \$ 2010****55.13 AUTO****57.96 PROV****Kristi Buerkle, Bemidji State**

Name	School	Finals	H#
Finals			
1 Sienna Dailey	Minot State	57.26 PROV	1
2 Cassandra Jones	U-Mary	57.29 PROV	1
3 Kendra Knight	Sioux Falls	57.76 PROV	2
4 Catherine Whitcomb	Winona State	57.93 PROV	2
5 Melanie Rodriguez	U-Mary	57.98	1
6 Carina Hofmeister	Augustana (S.D.)	58.19	2
7 Kelsey Bethke	Winona State	58.84	2
8 Taylor Naatz	Minnesota State	59.20	1

Event 8 Men 400 Meter DashNSIC Record: **48.48 \$ 2013****48.10 AUTO****49.79 PROV****Jerrell Hancock, MSU Mankato**

Name	School	Prelims	H#
Preliminaries			
1 Jerrell Hancock	Minnesota State	48.77 q PROV	1
2 Tanner Townsend	Sioux Falls	50.24 q	7
3 Tyler Flatland	Minot State	50.37 q	4
4 Ryan Olson	Msu-Moorhead	50.44 q	3
5 Skyler Kuil	Augustana (S.D.)	50.45 q	7
6 Nathan Hancock	Minnesota State	50.54 q	3
7 Jordan Washington	U-Mary	50.90 q	2
8 David Stanley	Concordia-St. Paul	50.96 q	2
9 Kyle Tibke	Sioux Falls	51.01 q	5
10 Matthew Loehr	Msu-Moorhead	51.10 q	5
11 Zach Jones	Augustana (S.D.)	51.12 q	3
12 Kyle Castello	Msu-Moorhead	51.31 q	6
13 Tyler Bates	Minot State	51.34	6
14 Alex Cundiff	Minot State	51.58	3
15 Mickey Doerr	Wayne St. (Neb.)	51.82	4
16 Zachery Six	Northern State	51.85	1
17 Austin LaFollette	SW Minnesota St.	51.91	2
18 Josh Sandy	Minot State	51.94	5
19 Jeremy Botzet	Augustana (S.D.)	52.10	4
20 Farai Madungwe	Minot State	52.27	6
21 Raekwon Robinson	Northern State	52.50	7
22 Joe Parsley	Northern State	53.28	6
23 Danny Badhwa	Minnesota-Duluth	53.36	1
24 Adam Hausken	Concordia-St. Paul	53.85	7
25 Mitch Carlson	Concordia-St. Paul	55.24	5
26 Steven Varela	Wayne St. (Neb.)	55.38	4

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Event 8 Men 400 Meter Dash**

NSIC Record: 48.48 \$ 2013
 48.10 AUTO
 49.79 PROV

Jerrell Hancock, MSU Mankato

Name	School	Finals	H#
Finals			
1 Jerrell Hancock	Minnesota State	48.68 PROV	2
2 Tyler Flatland	Minot State	49.43 PROV	2
3 Jordan Washington	U-Mary	49.76 PROV	2
4 Tanner Townsend	Sioux Falls	50.21	1
5 Nathan Hancock	Minnesota State	50.30	1
6 Skyler Kuil	Augustana (S.D.)	50.71	2
7 David Stanley	Concordia-St. Paul	50.78	1
8 Ryan Olson	Msu-Moorhead	50.97	1

Event 9 Women 600 Meter Run

NSIC Record: 1:33.52 \$ 2000

Lori Schmidt, Minnesota Duluth

Name	School	Prelims	H#
Preliminaries			
1 Brienna Lynch	U-Mary	1:36.92 Q	3
2 Crystal Hovland	U-Mary	1:36.93 Q	1
3 Taylor Glover	Minnesota State	1:37.38 Q	2
4 Anne Parsley	Augustana (S.D.)	1:37.95 Q	4
5 Katie Bagley	Winona State	1:38.43 Q	5
6 Jenni Vanttinen	Minnesota State	1:38.05 q	3
7 Hannah Treinen	Northern State	1:38.14	4
8 Amelia Maher	Minnesota-Duluth	1:38.80	3
9 Tatum Garrity	Minnesota-Duluth	1:38.85	2
10 Kayla Schuh	U-Mary	1:39.57	1
11 Julie Dinius	U-Mary	1:40.15	1
12 Madeline Schaeffer	Minnesota-Duluth	1:40.42	4
13 Ricki Lee	Minnesota State	1:40.56	4
14 Haley Kruger	Sioux Falls	1:40.62	5
15 Grace Stiansen	Sioux Falls	1:42.62	3
16 Rebecca Macey	Msu-Moorhead	1:43.41	2
17 Liz Darkow	Concordia-St. Paul	1:51.02	5
--- Makayla McConnell	Northern State	DQ	5

Event 9 Women 600 Meter Run

NSIC Record: 1:33.52 \$ 2000

Lori Schmidt, Minnesota Duluth

Name	School	Finals	H#
Finals			
1 Crystal Hovland	U-Mary	1:34.79	2
2 Brienna Lynch	U-Mary	1:35.20	2
3 Katie Bagley	Winona State	1:36.10	2
4 Taylor Glover	Minnesota State	1:36.29	2
5 Amelia Maher	Minnesota-Duluth	1:36.70	1
6 Anne Parsley	Augustana (S.D.)	1:37.42	2
7 Hannah Treinen	Northern State	1:37.55	1
8 Jenni Vanttinen	Minnesota State	1:39.46	1

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Finals ... (Event 9 Women 600 Meter Run)**

Name	School	Finals	H#
9 Tatum Garrity	Minnesota-Duluth	1:39.96	1

Event 10 Men 600 Meter Run

NSIC Record: 1:20.61 \$ 2012

Aduo Omot, Augustana

Name	School	Prelims	H#
Preliminaries			
1 Zach Thomsen	Wayne St. (Neb.)	1:21.88 Q	3
2 Zach Gearman	Minnesota State	1:22.02 Q	2
3 JoVonte Suber	St. Cloud State	1:23.66 Q	1
4 Zach Tuschen	Augustana (S.D.)	1:23.70 Q	4
5 Phil D'Entremont	Minnesota-Duluth	1:22.13 q	2
6 O.J. Ojullu	SW Minnesota St.	1:22.81 q	3
7 Jared Balady	Wayne St. (Neb.)	1:23.77 q	4
8 Nicholas Lindwurm	Northern State	1:24.89 q	1
9 Tyler Jensen	Northern State	1:25.19 q	4
10 Mitchell Meyer	U-Mary	1:25.53 q	3
11 Dustin Johantgen	Minnesota-Duluth	1:25.73 q	4
12 Chris Kveseth	SW Minnesota St.	1:25.74 q	1
13 Boston Braack	Minnesota-Duluth	1:26.85	3
14 Adam Cebulla	U-Mary	1:28.16	2
15 Ryan Guthrie	Concordia-St. Paul	1:33.20	1

Event 10 Men 600 Meter Run

NSIC Record: 1:20.61 \$ 2012

Aduo Omot, Augustana

Name	School	Finals	H#
Finals			
1 JoVonte Suber	St. Cloud State	1:21.23	2
2 Zach Thomsen	Wayne St. (Neb.)	1:21.60	2
3 Zach Gearman	Minnesota State	1:21.87	2
4 Phil D'Entremont	Minnesota-Duluth	1:22.41	2
5 Nicholas Lindwurm	Northern State	1:22.85	1
6 Jared Balady	Wayne St. (Neb.)	1:23.22	1
7 O.J. Ojullu	SW Minnesota St.	1:23.40	1
8 Tyler Jensen	Northern State	1:26.43	1

Event 11 Women 60 Meter Dash

NSIC Record: 7.50 \$ 2010

Brittany Henderson, Minnesota State Mankato

7.44 AUTO

7.75 PROV

Name	School	Prelims	H#
Preliminaries			
1 Tia Knight	Msu-Moorhead	7.71 Q PROV	1
2 Kathryn Stewart	U-Mary	7.73 Q PROV	2
3 Brittany Osborne	U-Mary	7.74 Q PROV	4
4 Zevin Carter	Minnesota State	7.83 Q	3
5 Erin Pangerl	Minnesota-Duluth	7.78 q	2
6 Brianna Puckett	Minnesota State	7.80 q	1
7 Makenzie Hageman	Northern State	7.82 q	1
8 Brittney McKinley	U-Mary	7.84 q	3

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Name	School	Prelims	H#
9 Gloria Williams	Concordia-St. Paul	7.88	4
10 Holly Suss	Minnesota State	7.92	3
11 Kyerra Titus-Baer	Augustana (S.D.)	7.94	2
11 Mary Tanoë	Msu-Moorhead	7.94	4
13 Faith Kjelstrup	U-Mary	7.97	4
14 Hailey Deschaine	Winona State	7.99	3
15 Laura Popanz	Augustana (S.D.)	8.11	2
16 Katie Holzheimer	Msu-Moorhead	8.13	1
17 Alycia Hohenstein	SW Minnesota St.	8.29	4
18 Kirsten Nyberg	Augustana (S.D.)	8.32	2
19 Janelle Paulson	Augustana (S.D.)	8.36	1
20 Allie Helterbran	Minot State	8.37	3
21 Brittany Koss	Bemidji State	8.49	3
22 Melissa Coffey	Minot State	8.51	2
23 L'Tanya Flythe	Minot State	8.83	4

Event 11 Women 60 Meter Dash

NSIC Record: **7.50 \$ 2010**
7.44 AUTO
7.75 PROV

Brittany Henderson, Minnesota State Mankato

Name	School	Finals
Finals		
1 Tia Knight	Msu-Moorhead	7.62 PROV
2 Kathryn Stewart	U-Mary	7.70 PROV
3 Brittany Osborne	U-Mary	7.72 PROV
4 Brianna Puckett	Minnesota State	7.86
5 Makenzie Hageman	Northern State	7.87
6 Erin Pangerl	Minnesota-Duluth	7.88
7 Brittney McKinley	U-Mary	7.91
8 Zevin Carter	Minnesota State	7.94

Event 12 Men 60 Meter Dash

NSIC Record: **6.75 \$ 2012**
6.74 AUTO
6.89 PROV

Derek Bredy, MSU Moorhead

Name	School	Prelims	H#
Preliminaries			
1 Jerrell Hancock	Minnesota State	6.82 Q PROV	1
2 George Kawalawu	St. Cloud State	6.88 Q PROV	2
3 Leon Cheneyon	St. Cloud State	6.91 Q	3
4 Carmono Lane	Minnesota State	6.94 Q	4
5 Jonathan Demus	Msu-Moorhead	6.94 q	3
6 Jason Greenway	Augustana (S.D.)	6.99 q	1
7 Kaleb Lindsey-Stevens	Sioux Falls	6.99 q	3
8 Jay Schneider	SW Minnesota St.	7.02 q	4
9 Andrew Johnson	Northern State	7.03	2
10 Myles Hunter	Minnesota State	7.04	1
11 Dillando Allotey	St. Cloud State	7.05	2
12 Anthony Gustafson	Minnesota State	7.06	4

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Name	School	Prelims	H#
12 Justin Greenway	Augustana (S.D.)	7.06	1
14 Dallin Finley	SW Minnesota St.	7.18	3
15 Marquavius Taylor	Concordia-St. Paul	7.19	2
16 Benjamin Shield	Sioux Falls	7.21	2
17 Mark Emlaw	Minnesota-Duluth	7.29	4
18 Chigozie Anaukwu	Minot State	7.30	2
19 Tim Williams	Minot State	7.34	4
20 Dion Helgelien	Sioux Falls	7.35	4
21 Wayne Peters	Minot State	7.38	1
22 Cyrille Litche Zouogbo	Minot State	7.40	3
23 Josh Ritchie	Concordia-St. Paul	7.48	3
24 Ben Moen	Northern State	7.61	1

Event 12 Men 60 Meter Dash

NSIC Record: 6.75 \$ 2012
6.74 AUTO
6.89 PROV

Derek Bredy, MSU Moorhead

Name	School	Finals	
Finals			
1 George Kawalawu	St. Cloud State	6.83	PROV
2 Jerrell Hancock	Minnesota State	6.84	PROV
3 Leon Cheneyon	St. Cloud State	6.92	
4 Jonathan Demus	Msu-Moorhead	6.97	
5 Jay Schneider	SW Minnesota St.	7.11	
6 Carmono Lane	Minnesota State	7.19	
7 Jason Greenway	Augustana (S.D.)	7.24	
8 Kaleb Lindsey-Stevens	Sioux Falls	13.03	

Event 13 Women 800 Meter Run

NSIC Record: 2:14.08 \$ 2012
2:10.49 AUTO
2:18.07 PROV

Paige Pollard, Wayne State

Name	School	Prelims	H#
Preliminaries			
1 Maddi Sjin	Minnesota State	2:18.58 Q	2
2 Victoria Zoller	Minnesota-Duluth	2:21.64 Q	1
3 Erica Clark	Minot State	2:19.91 Q	2
4 Kayla Mescher	Augustana (S.D.)	2:23.26 Q	1
5 Kayla Johnson	Minnesota-Duluth	2:20.19 q	2
6 Cassandra Ortberg	Minnesota-Duluth	2:23.38 q	1
7 Makayla Perryman	Northern State	2:23.89 q	1
8 Kara Kuntz	Minot State	2:25.39 q	2
9 Maila Lucht	Minot State	2:26.67	1
10 Nicole Crummy	Bemidji State	2:27.32	2
11 Eyeiessa Darville	Minot State	2:35.50	2
12 Sammie Taube	Bemidji State	2:38.49	1
13 Rachel Thaumert	Concordia-St. Paul	2:52.15	1

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Event 13 Women 800 Meter Run**NSIC Record: **2:14.08 \$ 2012****2:10.49 AUTO****2:18.07 PROV**

Paige Pollard, Wayne State

Name	School	Finals
Finals		
1 Kayla Mescher	Augustana (S.D.)	2:15.54 PROV
2 Maddi Sjin	Minnesota State	2:16.35 PROV
3 Victoria Zoller	Minnesota-Duluth	2:17.52 PROV
4 Erica Clark	Minot State	2:19.59
5 Kayla Johnson	Minnesota-Duluth	2:19.66
6 Cassandra Ortberg	Minnesota-Duluth	2:20.77
7 Makayla Perryman	Northern State	2:23.02
8 Kara Kuntz	Minot State	2:24.56

Event 14 Men 800 Meter RunNSIC Record: **1:53.99 \$ 2001****1:51.53 AUTO****1:55.63 PROV**

Adam Gellerstadt, Minnesota Duluth

Name	School	Prelims	H#
Preliminaries			
1 Aduo Omot	Augustana (S.D.)	1:56.13 Q	1
2 Alexander Schoneberger	Minnesota State	1:58.32 Q	2
3 Alejandro Sanchez	SW Minnesota St.	1:56.43 Q	1
4 Henrik Hansson	Augustana (S.D.)	1:58.60 Q	2
5 Blake Stevensen	Sioux Falls	1:56.74 q	1
6 Chris Wilson	Minnesota-Duluth	1:56.80 q	1
7 Scott Urban	Minnesota-Duluth	1:58.06 q	1
8 Alex Lugo	Minnesota State	1:58.65 q	2
9 Keith Turner	Msu-Moorhead	1:58.85	2
10 Elijah Dooyema	Sioux Falls	2:09.52	2

Event 14 Men 800 Meter RunNSIC Record: **1:53.99 \$ 2001****1:51.53 AUTO****1:55.63 PROV**

Adam Gellerstadt, Minnesota Duluth

Name	School	Finals
Finals		
1 Aduo Omot	Augustana (S.D.)	1:53.49 \$ PROV
2 Alejandro Sanchez	SW Minnesota St.	1:53.73 \$ PROV
3 Henrik Hansson	Augustana (S.D.)	1:53.73 \$ PROV
4 Alexander Schoneberger	Minnesota State	1:54.40 PROV
5 Scott Urban	Minnesota-Duluth	1:55.95
6 Blake Stevensen	Sioux Falls	1:56.02
7 Alex Lugo	Minnesota State	1:56.50
8 Chris Wilson	Minnesota-Duluth	1:57.50

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Event 15 Women 1000 Meter Run**

NSIC Record: 2:51.43 \$ 2013

Melissa Agnew, U of Mary

Name	School	Prelims	H#
Preliminaries			
1 Hannah Olson	Minnesota-Duluth	2:59.81 Q	1
2 Molly Montonye	Msu-Moorhead	3:02.91 Q	2
3 Kaitlyn Yoerg	Augustana (S.D.)	3:00.33 Q	1
4 Kayla Carlson	U-Mary	3:05.04 Q	2
5 Emma Anderson	Augustana (S.D.)	3:00.42 q	1
6 Hannah Wurl	Minnesota-Duluth	3:03.34 q	1
7 Natalie Jech	Winona State	3:04.60 q	1
8 Jacque Thaemert	Minnesota-Duluth	3:05.19 q	2
9 Emily Mammenga	Msu-Moorhead	3:05.32 q	2
10 Brittany Platt	Minnesota-Duluth	3:05.78	2
11 Hallee Peterson	Minnesota State	3:06.31	2
12 Zoe Bergstrom	Minnesota-Duluth	3:06.95	1
13 Amanda Grengs	SW Minnesota St.	3:09.64	1
14 Chloe Froehlich	Minot State	3:10.30	2
15 Jessie DeJong	Minnesota State	3:14.15	2
16 Samantha Huether	Minot State	3:15.38	1
17 Lindsey Mettler	Sioux Falls	3:22.95	1
18 Courtney Brandt	Northern State	3:26.49	2

Event 15 Women 1000 Meter Run

NSIC Record: 2:51.43 \$ 2013

Melissa Agnew, U of Mary

Name	School	Finals	
Finals			
1 Emma Anderson	Augustana (S.D.)	2:57.79	
2 Kayla Carlson	U-Mary	2:58.29	
3 Jacque Thaemert	Minnesota-Duluth	2:59.60	
4 Emily Mammenga	Msu-Moorhead	3:00.22	
5 Molly Montonye	Msu-Moorhead	3:01.08	
6 Hannah Olson	Minnesota-Duluth	3:03.01	
7 Hannah Wurl	Minnesota-Duluth	3:03.48	
8 Natalie Jech	Winona State	3:04.77	
9 Kaitlyn Yoerg	Augustana (S.D.)	3:10.49	

Event 16 Men 1000 Meter Run

NSIC Record: 2:28.88 \$ 2010

Jonathon Stoltman, MSU Mankato

Name	School	Prelims	H#
Preliminaries			
1 Matthew Stocker	Minnesota State	2:33.98 Q	2
2 Nathan Inkman	U-Mary	2:34.93 Q	1
3 Harald Karbo	Augustana (S.D.)	2:34.13 Q	2
4 Blaze Kilian	Sioux Falls	2:35.14 Q	1
5 Robert Brockmueller	Sioux Falls	2:34.15 q	2
6 Tyler Stevens	Minnesota-Duluth	2:34.31 q	2
7 Jason Coffin	Minnesota-Duluth	2:35.23 q	1
8 Brennan Holman	Minnesota State	2:35.56 q	1
9 Brandon Krein	Northern State	2:35.59 q	1

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 16 Men 1000 Meter Run)**

Name	School	Prelims	H#
10 Drew Johnson	Minnesota-Duluth	2:35.73	1
11 Petter Gulliksen	Augustana (S.D.)	2:36.27	2
12 Jack Peterson	Msu-Moorhead	2:36.60	2
13 Nick Schmit	Wayne St. (Neb.)	2:37.12	1
14 Jake Connealy	Augustana (S.D.)	2:38.31	1
15 Paul Demings	SW Minnesota St.	2:39.07	2
16 Clay Armstrong	Minot State	2:42.91	2

Event 16 Men 1000 Meter Run

NSIC Record: 2:28.88 \$ 2010

Jonathon Stoltman, MSU Mankato

Name	School	Finals
Finals		
1 Matthew Stocker	Minnesota State	2:30.90
2 Robert Brockmueller	Sioux Falls	2:31.87
3 Brandon Krein	Northern State	2:32.26
4 Nathan Inkman	U-Mary	2:32.75
5 Jason Coffin	Minnesota-Duluth	2:33.08
6 Tyler Stevens	Minnesota-Duluth	2:33.76
7 Blaze Kilian	Sioux Falls	2:34.37
8 Brennan Holman	Minnesota State	2:35.37
9 Harald Karbo	Augustana (S.D.)	2:37.60

Event 17 Women 200 Meter Dash

NSIC Record: 24.56 \$ 2013

Kathryn Stewart, U of Mary

24.27 AUTO

25.41 PROV

Name	School	Prelims	H#
Preliminaries			
1 Cassandra Jones	U-Mary	25.46 q	4
2 Kathryn Stewart	U-Mary	25.55 q	1
3 Tia Knight	Msu-Moorhead	25.70 q	6
4 Catherine Whitcomb	Winona State	25.72 q	8
5 Brianna Puckett	Minnesota State	25.82 q	5
6 Gloria Williams	Concordia-St. Paul	25.94 q	3
7 Holly Suss	Minnesota State	25.97 q	2
8 Sienna Dailey	Minot State	25.99 q	7
9 Alyssa Christianson	Concordia-St. Paul	26.03 q	7
10 Erin Pangerl	Minnesota-Duluth	26.04 q	2
11 Makenzie Hageman	Northern State	26.18 q	4
12 Mary Roy	Minot State	26.30 q	3
13 Mackenzie Beals	Minnesota State	26.34	8
14 Patience Yalartai	St. Cloud State	26.41	6
15 Sommer Haugrud	U-Mary	26.43	1
15 Kelsey Bethke	Winona State	26.43	5
17 Katlyn Sawtelle	Sioux Falls	26.48	4
18 Jasmine Nelson	Msu-Moorhead	26.54	1
19 Kirsten Nyberg	Augustana (S.D.)	26.56	2
20 Claire Gapinski	U-Mary	26.65	3
21 Karmen Nyberg	Augustana (S.D.)	26.95	5

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 17 Women 200 Meter Dash)**

Name	School	Prelims	H#
22 Katie Holzheimer	Msu-Moorhead	27.20	7
23 Mary Tanoë	Msu-Moorhead	27.28	6
24 Elizabeth Raecke	Northern State	27.33	8
25 Nikki Anderson	Bemidji State	27.40	2
26 Dijah Nash	Minot State	27.70	8
27 Melissa Coffey	Minot State	27.88	6
28 Breanne Sherlock	Minot State	28.13	7
29 Brittany Koss	Bemidji State	28.26	5
30 Nicole Szech	Bemidji State	28.47	4
31 Karly Dehn	Northern State	28.57	3

Event 17 Women 200 Meter Dash

NSIC Record: **24.56 \$ 2013**
24.27 AUTO
25.41 PROV

Kathryn Stewart, U of Mary

Name	School	Finals	H#
Finals			
1 Kathryn Stewart	U-Mary	24.95 PROV	1
2 Cassandra Jones	U-Mary	25.34 PROV	2
3 Tia Knight	Msu-Moorhead	25.62	2
4 Holly Suss	Minnesota State	25.65	2
5 Catherine Whitcomb	Winona State	25.71	1
6 Gloria Williams	Concordia-St. Paul	25.80	1
7 Sienna Dailey	Minot State	25.87	1
8 Brianna Puckett	Minnesota State	25.94	2

Event 18 Men 200 Meter Dash

NSIC Record: **21.43 \$ 2014**
21.69 AUTO
22.30 PROV

Derek Bredy, MSU Moorhead

Name	School	Prelims	H#
Preliminaries			
1 Kaleb Lindsey-Stevens	Sioux Falls	22.15 q PROV	1
2 Anthony Gustafson	Minnesota State	22.18 q PROV	3
3 Carmono Lane	Minnesota State	22.26 q PROV	2
4 Dillando Allotey	St. Cloud State	22.32 q	6
5 Andrew Johnson	Northern State	22.58 q	4
6 Jonathan Demus	Msu-Moorhead	22.62 q	7
7 Justin Greenway	Augustana (S.D.)	22.76 q	5
8 Mike King	Wayne St. (Neb.)	22.85 q	4
9 Tyler Flatland	Minot State	22.85 q	8
10 Jason Greenway	Augustana (S.D.)	22.90 q	6
11 Dallin Finley	SW Minnesota St.	22.92 q	3
12 Chase Smiley	U-Mary	22.95 q	1
13 Tanner Townsend	Sioux Falls	23.04	7
14 Farai Madungwe	Minot State	23.41	2
15 Mark Emlaw	Minnesota-Duluth	23.45	6
16 Josh Sandy	Minot State	23.48	2
17 Jay Schneider	SW Minnesota St.	23.51	8

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 18 Men 200 Meter Dash)**

Name	School	Prelims	H#
18 William Ernst	Wayne St. (Neb.)	23.64	5
19 Benjamin Shield	Sioux Falls	23.77	5
19 Lucas Leitner	Minot State	23.77	8
21 Raekwon Robinson	Northern State	23.79	3
22 Darin Malafa	Minot State	23.86	5
22 James Ryan	Minnesota-Duluth	23.86	7
24 Dion Helgelien	Sioux Falls	24.10	6
25 Ben Moen	Northern State	24.40	8
26 Vantwon Melton	Concordia-St. Paul	24.46	7
27 Chigozie Anaukwu	Minot State	24.55	4
28 Dominique Samuel	Wayne St. (Neb.)	25.95	4

Event 18 Men 200 Meter Dash

NSIC Record: **21.43 \$ 2014**
21.69 AUTO
22.30 PROV

Derek Bredy, MSU Moorhead

Name	School	Finals	H#
Finals			
1 Anthony Gustafson	Minnesota State	22.20	PROV 1
2 Dillando Allotey	St. Cloud State	22.37	1
3 Carmono Lane	Minnesota State	22.39	2
4 Justin Greenway	Augustana (S.D.)	22.69	2
5 Andrew Johnson	Northern State	22.75	2
6 Mike King	Wayne St. (Neb.)	22.91	1
7 Jonathan Demus	Msu-Moorhead	22.98	1

Event 19 Women 5000 Meter Run

NSIC Record: **16:41.77 \$ 2011**
16:44.29 AUTO
17:48.17 PROV

Runa Falch, Augustana

Name	School	Finals
Finals		
1 Samantha Rivard	Minnesota-Duluth	17:06.50
2 Breanna Colbenson	Minnesota-Duluth	17:18.84
3 Kristin Brondbo	Augustana (S.D.)	17:21.71
4 Kyle Blakeslee	Augustana (S.D.)	17:37.55
5 Alexandra Rudin	Minnesota-Duluth	17:38.62
6 Kassie Vaness	St. Cloud State	17:44.02
7 Meritxell Delga Do	Augustana (S.D.)	17:45.76
8 Jordan Skelly	Winona State	17:55.52
9 Sam Sunstrom	St. Cloud State	17:56.29
10 Sasha Hovind	Northern State	17:57.41
11 Jordan Paschke	Winona State	17:59.29
12 Megan Beam	U-Mary	18:02.02
13 Hannah Jocelyn	Minnesota-Duluth	18:03.35
14 Makenzie Smith	Msu-Moorhead	18:05.60
15 Emily Knapczyk	Minnesota State	18:09.52
16 Samantha Soupir	Minnesota State	18:13.02
17 Allison Windish	Minot State	18:17.92

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Finals ... (Event 19 Women 5000 Meter Run)**

	Name	School	Finals
18	Catie LeDesma	Minot State	18:33.17
19	Megan Ackerman	Msu-Moorhead	18:35.16
20	Savannah Link	Msu-Moorhead	18:38.83
21	Rachel Huffman	Sioux Falls	18:45.59
22	Kaitlyn Yoerg	Augustana (S.D.)	18:54.47
23	Jordana LeSavage	Winona State	18:57.40
24	Dakotah Bullen	Northern State	19:31.48
25	Anna Schield	Concordia-St. Paul	20:10.29
26	Laura Kunz	Sioux Falls	20:25.14
27	Kylie Herlihy	Sioux Falls	20:34.70
28	Jolynne Denman	Bemidji State	21:16.10
---	Emily Paquin	Bemidji State	DNF

Event 20 Men 5000 Meter Run

NSIC Record: 14:47.55 \$ 2011

14:12.74 AUTO

14:56.59 PROV

John Kern, Wayne State

	Name	School	Finals
Finals			
1	Robert Brockmueller	Sioux Falls	14:56.69
2	Dan Nielsen	Minnesota-Duluth	14:57.40
3	Cole Toepfer	Minnesota-Duluth	14:57.60
4	Keegan Carda	Augustana (S.D.)	14:59.73
5	TJ Gleason	Augustana (S.D.)	15:03.34
6	John Klecker	Augustana (S.D.)	15:10.76
7	Matt Horan	Sioux Falls	15:12.43
8	Nathan Hauge	Augustana (S.D.)	15:12.74
9	Adam Braun	Augustana (S.D.)	15:12.79
10	Cody Christ	Msu-Moorhead	15:18.33
11	William Brockmueller	Sioux Falls	15:25.38
12	Ted Heikkila	Minnesota-Duluth	15:26.18
13	Tyler Hennen	Msu-Moorhead	15:26.83
14	Mitch Fisher	Minnesota-Duluth	15:29.97
15	Ethan Tabbert	Sioux Falls	15:36.38
16	Jason Dowell	Msu-Moorhead	15:36.42
17	Josh Smith	Concordia-St. Paul	15:37.32
18	Joel Cartwright	Minot State	15:43.14
19	Josh Wilson	U-Mary	15:43.64
20	Drew Johnson	Minnesota-Duluth	15:44.46
21	Aaron Handorff	Minnesota-Duluth	15:53.71
22	Mitch Zuidema	Minnesota-Duluth	16:00.71
23	John Simila	St. Cloud State	16:01.35
24	Cody Herman	Sioux Falls	16:05.12
25	Hunter Kopff	Northern State	16:06.78
26	Nathan Boggess	Wayne St. (Neb.)	16:11.40
27	Max Boeckel	Minot State	16:17.58
28	Chris Caron	St. Cloud State	16:18.69
29	Jayce Seelig	Northern State	16:20.62
30	Corbin Lehn	Wayne St. (Neb.)	17:00.99

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014

Bemidji State University

Bemidji, MN

Results

Finals ... (Event 20 Men 5000 Meter Run)

Name	School	Finals
31 Jacob Hemenway	Northern State	17:04.39

Event 21 Women 4x400 Meter Relay

NSIC Record: 3:53.30 \$ 2013

, Winona State
K.Bethke,K.Bagley,B.Rynda,C.Whitcomb

3:47.60 AUTO

3:56.10 PROV

Team	Relay	Finals	H#
Finals			
1 U-Mary		3:50.99 \$ PROV	3
1) Crystal Hovland	2) Melanie Rodriguez	3) Kathryn Stewart	4) Cassandra Jones
2 Sioux Falls		3:56.05 PROV	3
1) Kendra Knight	2) Kirsten Townley	3) Ashley Evers	4) Katlyn Sawtelle
3 Winona State		3:56.65	3
1) Taylor Vogel	2) Katie Bagley	3) Madeline Tompach	4) Catherine Whitcomb
4 Minnesota State		3:56.93	3
1) Jenni Vanttinen	2) Taylor Glover	3) Madison Alexander	4) Taylor Naatz
5 Augustana (S.D.)		3:57.54	3
1) Carina Hofmeister	2) Colleen Everson	3) Charissa Etrheim	4) Kayla Mescher
6 Minot State		3:57.81	2
1) DelRay Audet	2) Erica Clark	3) Mary Roy	4) Sienna Dailey
7 St. Cloud State		3:59.03	3
1) Jasmine Grant	2) Alicia Evans	3) Jenny Gilbreath	4) Alicia Lipka
8 Minnesota-Duluth		3:59.61	2
1) Amelia Maher	2) Madeline Schaeffer	3) Kaitlin Hassing	4) Cassandra Ortberg
9 Concordia-St. Paul		4:03.01	2
1) Alyssa Christianson	2) Erica Young	3) Michelle Ndely	4) Gloria Williams
10 Northern State		4:07.53	2
1) Molly Wynn	2) Makayla Perryman	3) Elizabeth Raecke	4) Hannah Treinen
11 Msu-Moorhead		4:08.83	1
1) Iveta Harner	2) Jasmine Nelson	3) Rebecca Macey	4) Maria Hoff
12 Bemidji State		4:14.42	1
1) Brittany Koss	2) Austyn Eng	3) Hailey Horob	4) Nicole Crummy
13 SW Minnesota St.		4:17.00	1
1) Samantha McNeel	2) Amanda Grengs	3) Nya Buom	4) Victoria Bensel
--- Wayne St. (Neb.)		DNF	1
1) Elizabeth Pille	2) Danielle Hart	3) Rebecca Davenport	4) Mary Alderson

Event 22 Men 4x400 Meter Relay

NSIC Record: 3:18.61 \$ 2013

, MSU Mankato
N.Hancock,C.Lane,D.Guelle,J.Hancock

3:15.10 AUTO

3:21.17 PROV

Team	Relay	Finals	H#
Finals			
1 Msu-Moorhead		3:20.59 PROV	3
1) Keith Turner	2) Ryan Olson	3) Matthew Loehr	4) Kyle Castello
2 Augustana (S.D.)		3:22.12	3
1) Skyler Kuil	2) Jeremy Botzet	3) Zach Jones	4) Aduo Omot
3 St. Cloud State		3:23.59	2
1) Leon Cheneyon	2) Dillando Allotey	3) Ted Tranel	4) JoVonte Suber

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Finals ... (Event 22 Men 4x400 Meter Relay)**

Team	Relay			Finals	H#
4 Wayne St. (Neb.)	1) Mike King	2) Jared Balady	3) Derek Lahm	3:23.88	2
5 SW Minnesota St.	1) Austin LaFollette	2) O.J. Ojullu	3) Alejandro Sanchez	3:24.13	2
6 Minnesota State	1) Nathan Hancock	2) Justin McMurtry	3) Alex Lugo	3:24.50	3
7 Sioux Falls	1) Tanner Townsend	2) Kyle Tibke	3) Blake Stevensen	3:25.88	3
8 Northern State	1) Andrew Johnson	2) Zachery Six	3) Brandon Krein	3:26.54	1
9 Minnesota-Duluth	1) Phil D'Entremont	2) Danny Badhwa	3) Dustin Johantgen	3:26.96	1
10 U-Mary	1) Mitchell Meyer	2) Adam Cebulla	3) Nathan Inkman	3:30.67	1
11 Concordia-St. Paul	1) Adam Hausken	2) Marquavius Taylor	3) Mitch Carlson	3:35.62	1
--- Minot State	1) Tyler Bates	2) Josh Sandy	3) Alex Cundiff	DQ	2

Event 23 Women Distance Medley

NSIC Record: 12:03.87 \$ 2013

, U of Mary

N.Huelsman,K.Carlson,K.Wurnig,A.Nehl

11:44.23 AUTO

12:22.87 PROV

Team	Relay			Finals
Finals				
1 Augustana (S.D.)	1) Emma Anderson	2) Kayla Mescher	3) Kara Bartels	12:15.12 PROV
2 U-Mary	1) Kennedy Robbins	2) Kameya Johnson	3) Brienna Lynch	12:24.58
3 Minnesota-Duluth	1) Jacque Thaemert	2) Molly George	3) Victoria Zoller	12:36.28
4 Sioux Falls	1) Hailee Heitkamp	2) Mikenzie Nordeen	3) Laura Kunz	12:45.53
5 Winona State	1) Amanda Kaiser	2) Katie Bagley	3) Madeline Tompach	12:45.98
6 Minnesota State	1) Maddi Sjelin	2) Annie Dahl	3) Madison Alexander	12:45.99
7 Wayne St. (Neb.)	1) Skyler Lippman	2) Rebecca Davenport	3) Elizabeth Pille	12:56.70
8 Northern State	1) Kendra Woytassek	2) Molly Wynn	3) Hannah Treinen	12:58.92
9 Concordia-St. Paul	1) Erin Spatenka	2) Sarah Pieper	3) Erica Young	13:05.10
10 Bemidji State	1) Emily Turner	2) Sammie Taube	3) Nicole Crummy	13:47.14
			4) Jolynne Denman	

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Event 24 Men Distance Medley****NSIC Record: 10:14.37 \$ 2013****, Minnesota Duluth****T.Stevens,D.Badhwa,S.Urban,C.Toepfer****9:57.01 AUTO****10:17.29 PROV**

Team	Relay	Finals
Finals		
1 Augustana (S.D.) 1) Keegan Carda	2) Aduo Omot	3) Justin Cook 4) Nathan Hauge 10:24.83
2 U-Mary 1) Nathan Inkman	2) Jordan Washington	3) Steven Gordon 4) Chris Jessop 10:30.02
3 Minnesota-Duluth 1) Drew Johnson	2) Phil D'Entremont	3) Chris Wilson 4) Joey Erickson 10:31.91
4 Minnesota State 1) Alexander Schoneberger	2) Justin McMurtry	3) Pel Deng 4) Brendan Gessner 10:31.96
5 Sioux Falls 1) Cody Herman	2) Cory Eberle	3) Blaze Kilian 4) Ethan Tabbert 10:33.05
6 Northern State 1) Jayce Seelig	2) Zachery Six	3) Nicholas Lindwurm 4) Hunter Kopff 10:35.87
7 St. Cloud State 1) Rashad Harris	2) Ted Tranel	3) Paul Greenwood 4) Mahdi Koliso 10:37.95
8 Msu-Moorhead 1) Brady Speicher	2) Jordan Pangerl	3) Jamison Gehrig 4) Spencer Ruebke 10:48.34
9 SW Minnesota St. 1) O.J. Ojullu	2) Austin LaFollette	3) Chris Kveseth 4) Alejandro Sanchez 10:53.99
10 Wayne St. (Neb.) 1) Nick Schmit	2) Mickey Doerr	3) Corbin Marksmeier 4) Adam Hochstein 10:54.48

Event 25 Women High Jump**NSIC Record: 5-08 \$ 1991****Jodi Swenson, Minnesota Duluth****1.77m AUTO****1.66m PROV**

Name	School	Finals
Finals		
1 Kelsey Kaufmann	Augustana (S.D.)	1.72m 5-07.75PROV
2 Chelsea Klemetson	Msu-Moorhead	1.67m 5-05.75PROV
2 Amelia Maher	Minnesota-Duluth	1.67m 5-05.75PROV
4 Molly McDonald	U-Mary	1.67m 5-05.75PROV
5 Amanda Ramberg	Wayne St. (Neb.)	1.62m 5-03.75
6 Gena Burley	Northern State	1.62m 5-03.75
7 Kellan Flynn	St. Cloud State	1.62m 5-03.75
7 Katlyn Sawtelle	Sioux Falls	1.62m 5-03.75
9 Stefani Friedenfels	Minnesota-Duluth	1.57m 5-01.75
9 Brianna Ziolkowski	Minnesota State	1.57m 5-01.75
11 Reagan Johnson	Winona State	1.57m 5-01.75
12 Alyssa Weiler	Winona State	1.57m 5-01.75
13 Moriah Miller	Minnesota State	1.57m 5-01.75
13 Christine Campbell	Augustana (S.D.)	1.57m 5-01.75
15 Chanel Miller	Minnesota-Duluth	1.52m 4-11.75
15 Allison Young	Concordia-St. Paul	1.52m 4-11.75
17 Lindsay Elston	Sioux Falls	1.52m 4-11.75

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Finals ... (Event 25 Women High Jump)**

	Name	School	Finals	
18	Leandra Schlecht	Northern State	1.52m	4-11.75
19	Melissa Barella	Augustana (S.D.)	1.52m	4-11.75
20	Miranda Brower	Northern State	1.47m	4-09.75
---	Elle Englestad	Bemidji State	NH	
---	Rylee Armstrong	SW Minnesota St.	NH	

Event 26 Men High JumpNSIC Record: **6-11.75 \$ 2013****2.17m AUTO****2.04m PROV****Keyan Rudd, MSU Mankato**

	Name	School	Finals	
Finals				
1	Keyvan Rudd	Minnesota State	2.06m	6-09.00PROV
2	Frank Veldman	Minnesota State	2.06m	6-09.00PROV
3	Joe Mooney	St. Cloud State	2.01m	6-07.00
4	Joe Berger	U-Mary	1.96m	6-05.00
5	Benjamin Ojika	Minnesota State	1.96m	6-05.00
6	Marshal Pederson	Msu-Moorhead	1.91m	6-03.25
7	Riley Myers	St. Cloud State	1.91m	6-03.25
8	Nathan Hancock	Minnesota State	1.91m	6-03.25
9	Antony Odera	Concordia-St. Paul	1.86m	6-01.25
10	Jaden Radcliffe	Msu-Moorhead	1.86m	6-01.25
11	Ryan Olson	Msu-Moorhead	1.86m	6-01.25
12	Justin Adams	Minnesota-Duluth	1.86m	6-01.25
13	Jason Lilja	Minnesota-Duluth	1.86m	6-01.25
14	Monte Meyerink	Northern State	1.81m	5-11.25
---	Hwang Lee	U-Mary	NH	
---	Dillon Dahl	Northern State	NH	

Event 27 Women Pole VaultNSIC Record: **14-01.25 \$ 2009****4.00m AUTO****3.55m PROV****Katelin Rains, MSU Mankato**

	Name	School	Finals	
Finals				
1	Kayla Wiltrout	Minnesota-Duluth	3.81m	12-06.00PROV
2	Faryn Wirkus	Minnesota State	3.66m	12-00.00PROV
2	Samantha Slaubaugh	Sioux Falls	3.66m	12-00.00PROV
2	Bryanna Sudman	Minnesota State	3.66m	12-00.00PROV
5	Nicole Larson	Minnesota State	3.66m	12-00.00PROV
6	Courtney Crandall	Sioux Falls	3.66m	12-00.00PROV
7	Davina Carr	U-Mary	3.66m	12-00.00PROV
8	Abby Snater	Minnesota State	3.51m	11-06.25
8	Hannah Linder	Sioux Falls	3.51m	11-06.25
10	Sophie Harano	Sioux Falls	3.51m	11-06.25
11	Katlyn Sawtelle	Sioux Falls	3.36m	11-00.25
12	Katie Rutcosky	Sioux Falls	3.21m	10-06.25
12	Molly Barnes	Minnesota-Duluth	3.21m	10-06.25
14	Alyssa Schmidt	Augustana (S.D.)	3.21m	10-06.25

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Finals ... (Event 27 Women Pole Vault)**

Name	School	Finals	
14 Tiffany Backes	St. Cloud State	3.21m	10-06.25
16 Sarah Knight	Msu-Moorhead	3.21m	10-06.25
--- Austyn Eng	Bemidji State	NH	
--- Grady Keding	Minnesota State	NH	
--- Sarah Pieper	Concordia-St. Paul	NH	
--- Kaycee Luke	U-Mary	NH	
--- Hailey Horob	Bemidji State	NH	
--- Megan Muller	Sioux Falls	NH	
--- Phuong LE	Bemidji State	NH	

Event 28 Men Pole Vault

NSIC Record: 17-00 \$ 2009
5.11m AUTO
4.66m PROV

Derik Brugger, MSU Moorhead

Name	School	Finals	
Finals			
1 Jagger Gran	Sioux Falls	5.05m	16-06.75PROV
2 Kirk Capdeville	Minot State	4.90m	16-00.75PROV
3 Scott Greenman	Sioux Falls	4.90m	16-00.75PROV
4 Jacob Zebedee	Sioux Falls	4.75m	15-07.00PROV
5 Chase Jensen	Sioux Falls	4.60m	15-01.00
5 Bryan Elyea-Wheeler	Concordia-St. Paul	4.60m	15-01.00
7 Brandon Rogers	Sioux Falls	4.60m	15-01.00
8 Colin Goligoski	Concordia-St. Paul	4.30m	14-01.25
9 Nico Fonzi	U-Mary	4.30m	14-01.25
9 Cody Phillips	U-Mary	4.30m	14-01.25
11 Brent Gustafson	Concordia-St. Paul	4.30m	14-01.25
--- Seth Lewis	Sioux Falls	NH	
--- Nicholas Kranz	Northern State	NH	
--- Scott Finkelstein	Northern State	NH	

Event 29 Women Long Jump

NSIC Record: 19-08.25 \$ 2010
5.94m AUTO
5.54m PROV

Heather Miller, St. Cloud State

Name	School	Prelims	
Preliminaries			
1 Janet Johnson	U-Mary	5.74m q	18-10.00PROV 4
2 Brianna Puckett	Minnesota State	5.66m q	18-07.00PROV 4
3 Chanel Miller	Minnesota-Duluth	5.58m q	18-03.75PROV 4
4 Patience Yalartai	St. Cloud State	5.56m q	18-03.00PROV 4
5 Hannah Mueller	Winona State	5.52m q	18-01.50 4
6 Faith Kjelstrup	U-Mary	5.40m q	17-08.75 2
7 Colleen Everson	Augustana (S.D.)	5.35m q	17-06.75 3
8 Sidney Blum	Wayne St. (Neb.)	5.34m q	17-06.25 4
9 Melissa Femrite	Winona State	5.32m q	17-05.50 3
10 Leandra Schlecht	Northern State	5.30m	17-04.75 3
11 Sommer Haugrud	U-Mary	5.26m	17-03.25 2
12 Lindsay Elston	Sioux Falls	5.19m	17-00.50 4

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 29 Women Long Jump)**

Name	School	Prelims			
12 Laure Olson	St. Cloud State	5.19m	17-00.50		2
14 Sage Swanson	Winona State	5.15m	16-10.75		3
15 Kirsten Townley	Sioux Falls	5.12m	16-09.75		1
16 Madeline Fluharty	Northern State	5.10m	16-08.75		1
17 Samantha McNeel	SW Minnesota St.	5.09m	16-08.50		2
18 Kaneeshia Johnson	Bemidji State	5.08m	16-08.00		1
19 Rylee Armstrong	SW Minnesota St.	5.06m	16-07.25		2
20 Mary Roy	Minot State	5.05m	16-07.00		3
21 Danylle Kurywchak	U-Mary	5.03m	16-06.00		4
21 Megan Svitak	Wayne St. (Neb.)	5.03m	16-06.00		2
23 Miranda Brower	Northern State	4.97m	16-03.75		2
24 Katie Tonner	Augustana (S.D.)	4.95m	16-03.00		3
25 Calliann Brunswig	Augustana (S.D.)	4.93m	16-02.25		1
26 L'Tanya Flythe	Minot State	4.84m	15-10.50		1
27 Melanie Rodriguez	U-Mary	4.80m	15-09.00		1
28 Allie Helterbran	Minot State	4.76m	15-07.50		2
29 Hailey Deschaine	Winona State	4.67m	15-04.00		3
--- Janelle Paulson	Augustana (S.D.)	FOUL			1
--- Morgan Swanson	Wayne St. (Neb.)	FOUL			1

Event 29 Women Long Jump

NSIC Record: 19-08.25 \$ 2010

5.94m AUTO

5.54m PROV

Heather Miller, St. Cloud State

Name	School	Finals			
Finals					
1 Janet Johnson	U-Mary	5.81m	19-00.75	PROV	
2 Brianna Puckett	Minnesota State	5.66m	18-07.00	PROV	
3 Chanel Miller	Minnesota-Duluth	5.58m	18-03.75	PROV	
4 Patience Yalartai	St. Cloud State	5.56m	18-03.00	PROV	
5 Hannah Mueller	Winona State	5.52m	18-01.50		
6 Colleen Everson	Augustana (S.D.)	5.49m	18-00.25		
7 Faith Kjelstrup	U-Mary	5.40m	17-08.75		
8 Sidney Blum	Wayne St. (Neb.)	5.34m	17-06.25		
9 Melissa Femrite	Winona State	5.32m	17-05.50		

Event 30 Men Long Jump

NSIC Record: 24-10.75 \$ 1981

7.50m AUTO

7.01m PROV

Ed Stuart, MSU Mankato

Name	School	Prelims			
Preliminaries					
1 Aaron Teigen	U-Mary	7.10m	q	23-03.50	PROV 2
2 Keyshawn Davis	St. Cloud State	6.95m	q	22-09.75	2
3 Mark Emlaw	Minnesota-Duluth	6.77m	q	22-02.50	2
4 Nathan Hancock	Minnesota State	6.70m	q	21-11.75	2
5 Rumeal Harris	Minnesota State	6.64m	q	21-09.50	1
6 Taren Staudinger	U-Mary	6.59m	q	21-07.50	1
7 Benjamin Ojika	Minnesota State	6.59m	q	21-07.50	2

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 30 Men Long Jump)**

Name	School	Prelims			
8 Derek Lahm	Wayne St. (Neb.)	6.57m	q	21-06.75	2
9 Cyrille Litche Zouogbo	Minot State	6.52m	q	21-04.75	1
10 David Stanley	Concordia-St. Paul	6.49m		21-03.50	1
11 Colin Goligoski	Concordia-St. Paul	6.35m		20-10.00	2
12 Kaleb Lindsey-Stevens	Sioux Falls	6.29m		20-07.75	2
13 Marshal Pederson	Msu-Moorhead	6.08m		19-11.50	1
14 Dillon Dahl	Northern State	5.98m		19-07.50	1
15 Ben Nelson	Sioux Falls	5.87m		19-03.25	1
16 Austin Schaffer	Sioux Falls	5.80m		19-00.50	1
--- Randy Khieu	Minnesota State	FOUL			2
--- Jason Lilja	Minnesota-Duluth	FOUL			2

Event 30 Men Long Jump

NSIC Record: 24-10.75 \$ 1981

Ed Stuart, MSU Mankato

7.50m AUTO

7.01m PROV

Name	School	Finals		
Finals				
1 Aaron Teigen	U-Mary	7.10m		23-03.50PROV
2 Keyshawn Davis	St. Cloud State	7.03m		23-00.75PROV
3 Rumeal Harris	Minnesota State	6.86m		22-06.25
4 Derek Lahm	Wayne St. (Neb.)	6.83m		22-05.00
5 Mark Emlaw	Minnesota-Duluth	6.77m		22-02.50
6 Nathan Hancock	Minnesota State	6.70m		21-11.75
7 Taren Staudinger	U-Mary	6.67m		21-10.75
8 Benjamin Ojika	Minnesota State	6.59m		21-07.50
9 Cyrille Litche Zouogbo	Minot State	6.52m		21-04.75

Event 31 Women Triple Jump

NSIC Record: 12.38m \$ 2013

Jazzelena Black, Sioux Falls

12.28m AUTO

11.45m PROV

Name	School	Prelims			
Preliminaries					
1 Anna Veroeven	Minnesota State	11.61m	q	38-01.25PROV	3
2 Danylle Kurywchak	U-Mary	11.47m	q	37-07.75PROV	3
3 Patience Yalartai	St. Cloud State	11.43m	q	37-06.00	3
4 Kirsten Townley	Sioux Falls	11.30m	q	37-01.00	3
5 Annie Weinrich	Winona State	11.10m	q	36-05.00	2
6 Andrea Bartz	Winona State	11.08m	q	36-04.25	3
7 Stefani Friedenfels	Minnesota-Duluth	11.02m	q	36-02.00	1
8 Kaylynn Erlandson	Augustana (S.D.)	10.89m	q	35-08.75	3
9 Rylee Armstrong	SW Minnesota St.	10.68m	q	35-00.50	2
10 Mary Roy	Minot State	10.67m		35-00.25	3
11 Lindsay Elston	Sioux Falls	10.66m		34-11.75	3
11 Steph Braunagel	U-Mary	10.66m		34-11.75	2
13 Katie Tonner	Augustana (S.D.)	10.64m		34-11.00	1
14 Laure Olson	St. Cloud State	10.63m		34-10.50	1
14 Allie Helterbran	Minot State	10.63m		34-10.50	2

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 31 Women Triple Jump)**

Name	School	Prelims		
16 Hailey Deschaine	Winona State	10.62m	34-10.25	2
17 Faith Kjelstrup	U-Mary	10.57m	34-08.25	2
18 Christine Campbell	Augustana (S.D.)	10.56m	34-07.75	1
19 Brittney McKinley	U-Mary	10.54m	34-07.00	2
20 Jenni Vanttinen	Minnesota State	10.44m	34-03.00	1
21 Kara Schott	Msu-Moorhead	9.60m	31-06.00	1
--- Morgan Swanson	Wayne St. (Neb.)	FOUL		1
--- Kaneeshia Johnson	Bemidji State	FOUL		1
--- Sidney Blum	Wayne St. (Neb.)	FOUL		2

Event 31 Women Triple Jump

NSIC Record: **12.38m \$ 2013**
12.28m AUTO
11.45m PROV

Jazzelena Black, Sioux Falls

Name	School	Finals	
Finals			
1 Danville Kurywchak	U-Mary	11.84m	38-10.25PROV
2 Anna Veroeven	Minnesota State	11.79m	38-08.25PROV
3 Patience Yalartai	St. Cloud State	11.43m	37-06.00
4 Kirsten Townley	Sioux Falls	11.37m	37-03.75
5 Andrea Bartz	Winona State	11.30m	37-01.00
6 Annie Weinrich	Winona State	11.10m	36-05.00
7 Stefani Friedenfels	Minnesota-Duluth	11.02m	36-02.00
8 Kaylynn Erlandson	Augustana (S.D.)	10.89m	35-08.75
9 Rylee Armstrong	SW Minnesota St.	10.83m	35-06.50

Event 32 Men Triple Jump

NSIC Record: **48-10.75 \$ 1994**
15.44m AUTO
14.20m PROV

Duane Philip, Minnesota Duluth

Name	School	Prelims		
Preliminaries				
1 David Pearcill	Minnesota State	14.95m q	49-00.75PROV	3
2 Keyshawn Davis	St. Cloud State	14.46m q	47-05.25PROV	3
3 Khalil Jor'dan	Minnesota State	14.02m q	46-00.00	3
4 Aaron Teigen	U-Mary	13.98m q	45-10.50	2
5 Jerrod Shaffner	U-Mary	13.97m q	45-10.00	2
6 Benjamin Ojika	Minnesota State	13.81m q	45-03.75	3
7 Frank Veldman	Minnesota State	13.80m q	45-03.50	2
8 London Thurman	Minnesota State	13.78m q	45-02.50	3
9 Derek Lahm	Wayne St. (Neb.)	13.71m q	44-11.75	3
10 Austin Schaffer	Sioux Falls	13.59m	44-07.00	3
11 Nathan Cole	Msu-Moorhead	13.19m	43-03.25	2
12 Ben Nelson	Sioux Falls	13.06m	42-10.25	1
13 Devin Strack	Msu-Moorhead	13.05m	42-09.75	2
14 Cyrille Litche Zouogbo	Minot State	12.90m	42-04.00	2
15 Kaleb Lindsey-Stevens	Sioux Falls	12.59m	41-03.75	1
16 Vantwon Melton	Concordia-St. Paul	12.56m	41-02.50	1
17 Nick Krouse	Minnesota-Duluth	12.46m	40-10.50	1

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 32 Men Triple Jump)**

Name	School	Prelims		
18 Jason Lilja	Minnesota-Duluth	12.09m	39-08.00	1
18 Taren Staudinger	U-Mary	12.09m	39-08.00	1
--- Antony Odera	Concordia-St. Paul	ND		1
--- Marshal Pederson	Msu-Moorhead	ND		2

Event 32 Men Triple JumpNSIC Record: **48-10.75 \$ 1994****15.44m AUTO****14.20m PROV****Duane Philip, Minnesota Duluth**

Name	School	Finals		
Finals				
1 David Pearcill	Minnesota State	14.95m	49-00.75PROV	
2 Keyshawn Davis	St. Cloud State	14.46m	47-05.25PROV	
3 Khalil Jor'dan	Minnesota State	14.25m	46-09.00PROV	
4 Aaron Teigen	U-Mary	13.98m	45-10.50	
5 Jerrod Shaffner	U-Mary	13.97m	45-10.00	
6 Frank Veldman	Minnesota State	13.97m	45-10.00	
7 Derek Lahm	Wayne St. (Neb.)	13.82m	45-04.25	
8 Benjamin Ojika	Minnesota State	13.81m	45-03.75	
9 London Thurman	Minnesota State	13.78m	45-02.50	

Event 33 Women Weight ThrowNSIC Record: **19.35m \$ 2013****20.00m AUTO****16.00m PROV****Carly Fehringer, Wayne State**

Name	School	Prelims		
Preliminaries				
1 Emily Wells	Wayne St. (Neb.)	18.02m q	59-01.50PROV	4
2 Carly Fehringer	Wayne St. (Neb.)	18.00m q	59-00.75PROV	4
3 Elisa Kupferschmid	Winona State	17.99m q	59-00.25PROV	4
4 Sara Wells	Wayne St. (Neb.)	17.58m q	57-08.25PROV	4
5 Morgan Stampley	Minnesota State	17.51m q	57-05.50PROV	4
6 Breann Jackson	Northern State	16.72m q	54-10.25PROV	4
7 Abbey Ristow	Winona State	16.62m q	54-06.50PROV	3
8 Jennifer Hitchcock	Minnesota-Duluth	16.34m q	53-07.50PROV	4
9 Kyndra Sturm	Wayne St. (Neb.)	16.07m q	52-08.75PROV	4
10 Martina Ware	Concordia-St. Paul	15.94m	52-03.75	3
11 Katherine Ayers	Minnesota-Duluth	15.90m	52-02.00	2
12 Mackenzie Masching	Wayne St. (Neb.)	15.66m	51-04.50	3
13 Mallory Stier	Msu-Moorhead	15.51m	50-10.75	3
14 Marissa Whipple	Sioux Falls	15.50m	50-10.25	4
15 Stephanie Fey	U-Mary	15.33m	50-03.50	3
16 Ashley Ritter	St. Cloud State	15.02m	49-03.50	3
17 Kamilaha Vanterpool	Minot State	14.85m	48-08.75	2
18 Michaela Dendinger	Wayne St. (Neb.)	14.60m	47-11.00	3
19 Terese Hinnenkamp	U-Mary	14.40m	47-03.00	2
20 Jessi Pongratz	Wayne St. (Neb.)	14.31m	46-11.50	3
21 Mariah Nelson	Northern State	13.95m	45-09.25	2
22 Hannah Steele	Sioux Falls	13.83m	45-04.50	2

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 33 Women Weight Throw)**

Name	School	Prelims		
23 Mariah Hoffman	Concordia-St. Paul	13.69m	44-11.00	1
24 Kaylee McMacken	Sioux Falls	13.66m	44-09.75	2
25 Stephanie Waletzko	St. Cloud State	12.90m	42-04.00	2
26 Samantha Velde	Bemidji State	12.82m	42-00.75	1
27 Jess Vernon	Northern State	12.74m	41-09.75	2
28 Katherine Granstra	Msu-Moorhead	12.58m	41-03.25	1
29 Ciara Brewster	Bemidji State	12.28m	40-03.50	1
30 Autumn Schulz	Northern State	11.01m	36-01.50	1
31 Amy Wockenfuss	Northern State	10.83m	35-06.50	1
32 Denna Hegg	Bemidji State	10.69m	35-01.00	1
33 Jade Ptacek	Concordia-St. Paul	9.39m	30-09.75	1

Event 33 Women Weight Throw

NSIC Record: **19.35m** \$ 2013
20.00m AUTO
16.00m PROV

Carly Fehringer, Wayne State

Name	School	Finals	
Finals			
1 Emily Wells	Wayne St. (Neb.)	18.02m	59-01.50PROV
2 Carly Fehringer	Wayne St. (Neb.)	18.00m	59-00.75PROV
3 Elisa Kupferschmid	Winona State	17.99m	59-00.25PROV
4 Morgan Stampley	Minnesota State	17.81m	58-05.25PROV
5 Sara Wells	Wayne St. (Neb.)	17.58m	57-08.25PROV
6 Breann Jackson	Northern State	16.93m	55-06.50PROV
7 Abbey Ristow	Winona State	16.62m	54-06.50PROV
8 Kyndra Sturm	Wayne St. (Neb.)	16.50m	54-01.75PROV
9 Jennifer Hitchcock	Minnesota-Duluth	16.34m	53-07.50PROV

Event 34 Men Weight Throw

NSIC Record: **21.01m** \$ 2013
21.20m AUTO
17.06m PROV

Ross Bunchek, Wayne State

Name	School	Prelims		
Preliminaries				
1 Christopher Reed	Minnesota State	20.06m q	65-09.75PROV	3
2 Ryan Johnson	St. Cloud State	19.16m q	62-10.50PROV	3
3 Jordan Bents	Sioux Falls	18.01m q	59-01.25PROV	3
4 Adedamola Sobande	Minot State	17.51m q	57-05.50PROV	2
5 Bryan Dunn	Wayne St. (Neb.)	17.28m q	56-08.50PROV	3
6 CJ Hamm	Augustana (S.D.)	17.07m q	56-00.00PROV	3
7 Jackson Henrich	Msu-Moorhead	16.89m q	55-05.00	3
8 Travis Gavin	U-Mary	16.36m q	53-08.25	3
9 Nick Moran	Minnesota-Duluth	16.23m q	53-03.00	3
10 Mike Cullen	Concordia-St. Paul	15.64m	51-03.75	2
11 Adam Schultz	Minnesota State	15.39m	50-06.00	2
12 Alex Weis	SW Minnesota St.	15.35m	50-04.50	2
13 Ryan Messerschmidt	Wayne St. (Neb.)	15.06m	49-05.00	2
14 Appo Agbamu	Minnesota-Duluth	14.53m	47-08.00	1
15 Andrew Werk	Msu-Moorhead	14.13m	46-04.25	2

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 34 Men Weight Throw)**

Name	School	Prelims		
16 Brady Roby	Sioux Falls	13.99m	45-10.75	1
17 Lucas Osowski	Northern State	13.95m	45-09.25	2
18 Kern Wilson	Minnesota-Duluth	13.86m	45-05.75	1
19 Joe Warth	Wayne St. (Neb.)	13.54m	44-05.25	1
20 Nick Brant	Augustana (S.D.)	13.19m	43-03.25	1
21 Devin Olson	Northern State	12.82m	42-00.75	1
22 Tyler Robel	Northern State	12.55m	41-02.25	1
23 Brady Harr	Northern State	11.31m	37-01.25	1
--- Ryne Myhrberg	SW Minnesota St.	FOUL		2

Event 34 Men Weight Throw

NSIC Record: **21.01m \$ 2013**
21.20m AUTO
17.06m PROV

Ross Bunchek, Wayne State

Name	School	Finals	
Finals			
1 Christopher Reed	Minnesota State	20.06m	65-09.75PROV
2 Ryan Johnson	St. Cloud State	19.52m	64-00.50PROV
3 Jordan Bents	Sioux Falls	18.06m	59-03.00PROV
4 CJ Hamm	Augustana (S.D.)	17.88m	58-08.00PROV
5 Adedamola Sobande	Minot State	17.85m	58-06.75PROV
6 Bryan Dunn	Wayne St. (Neb.)	17.28m	56-08.50PROV
7 Jackson Henrich	Msu-Moorhead	16.89m	55-05.00
8 Travis Gavin	U-Mary	16.54m	54-03.25
9 Nick Moran	Minnesota-Duluth	16.53m	54-02.75

Event 35 Women Shot Put

NSIC Record: **51-07.75 \$ 2008**
15.09m AUTO
13.30m PROV

Sheena Devine, Bemidji State

Name	School	Prelims		
Preliminaries				
1 Sara Wells	Wayne St. (Neb.)	15.01m q	49-03.00PROV	4
2 Carly Fehringer	Wayne St. (Neb.)	14.61m q	47-11.25PROV	4
3 Jessi Pongratz	Wayne St. (Neb.)	13.90m q	45-07.25PROV	4
4 Mallory Stier	Msu-Moorhead	13.36m q	43-10.00PROV	4
5 Amanda Poppen	Sioux Falls	12.92m q	42-04.75	2
6 Yvonne Freese	Northern State	12.84m q	42-01.50	3
7 Marissa Whipple	Sioux Falls	12.79m q	41-11.50	4
8 Paige Garriga	Winona State	12.75m q	41-10.00	4
9 Stephanie Fey	U-Mary	12.60m q	41-04.25	3
10 Michaela Dendinger	Wayne St. (Neb.)	12.45m	40-10.25	4
11 Cassidy Wright	Sioux Falls	12.36m	40-06.75	2
12 Terese Hinnenkamp	U-Mary	12.21m	40-00.75	2
13 Heather Clankie	St. Cloud State	12.19m	40-00.00	3
14 Shekota Myer	Northern State	12.16m	39-10.75	2
15 Katherine Ayers	Minnesota-Duluth	12.13m	39-09.75	3
16 Mariah Nelson	Northern State	12.09m	39-08.00	3
17 Martina Ware	Concordia-St. Paul	12.06m	39-07.00	3

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 35 Women Shot Put)**

Name	School	Prelims		
18 Hannah Steele	Sioux Falls	12.02m	39-05.25	3
19 Ashley Ritter	St. Cloud State	11.97m	39-03.25	2
20 Haley Hinseth	Sioux Falls	11.94m	39-02.25	2
21 Breann Jackson	Northern State	11.69m	38-04.25	3
22 Stephanie Waletzko	St. Cloud State	11.42m	37-05.75	1
23 Autumn Schulz	Northern State	11.34m	37-02.50	2
24 Jess Vernon	Northern State	11.20m	36-09.00	2
25 Katherine Granstra	Msu-Moorhead	10.73m	35-02.50	1
26 Kamilaha Vanterpool	Minot State	9.96m	32-08.25	1
27 Nikki Anderson	Bemidji State	9.81m	32-02.25	1
28 Samantha Velde	Bemidji State	9.47m	31-01.00	1
--- Ciara Brewster	Bemidji State	FOUL		1
--- Cassandra Cardinal	St. Cloud State	FOUL		4
--- Mariah Hoffman	Concordia-St. Paul	FOUL		1

Event 35 Women Shot Put

NSIC Record: 51-07.75 \$ 2008

15.09m AUTO

13.30m PROV

Sheena Devine, Bemidji State

Name	School	Finals	
Finals			
1 Sara Wells	Wayne St. (Neb.)	15.01m	49-03.00PROV
2 Carly Fehringer	Wayne St. (Neb.)	14.61m	47-11.25PROV
3 Jessi Pongratz	Wayne St. (Neb.)	13.90m	45-07.25PROV
4 Mallory Stier	Msu-Moorhead	13.36m	43-10.00PROV
5 Amanda Poppen	Sioux Falls	12.97m	42-06.75
6 Marissa Whipple	Sioux Falls	12.85m	42-02.00
7 Yvonne Freese	Northern State	12.84m	42-01.50
8 Paige Garriga	Winona State	12.79m	41-11.50
9 Stephanie Fey	U-Mary	12.60m	41-04.25

Event 36 Men Shot Put

NSIC Record: 59-07.50 \$

18.40m AUTO

15.63m PROV

Joe Remitz/Chris Reed, Bemidji State/MSU Mank

Name	School	Prelims		
Preliminaries				
1 Jordan Bents	Sioux Falls	16.29m q	53-05.50PROV	3
2 Christopher Reed	Minnesota State	16.13m q	52-11.00PROV	3
3 CJ Hamm	Augustana (S.D.)	16.10m q	52-10.00PROV	3
4 Ryan Johnson	St. Cloud State	15.73m q	51-07.25PROV	3
5 Mike Cullen	Concordia-St. Paul	15.67m q	51-05.00PROV	3
6 Jackson Henrich	Msu-Moorhead	14.86m q	48-09.00	2
7 Beau Scheving	Msu-Moorhead	14.69m q	48-02.50	2
8 Appo Agbamu	Minnesota-Duluth	14.53m q	47-08.00	3
9 Matt Pulizos	Concordia-St. Paul	14.28m q	46-10.25	2
10 Andrew Werk	Msu-Moorhead	14.09m	46-02.75	3
11 Lucas Osowski	Northern State	14.08m	46-02.50	2
12 Rafael Saez	St. Cloud State	13.90m	45-07.25	3

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Preliminaries ... (Event 36 Men Shot Put)**

Name	School	Prelims		
13 Tyler Robel	Northern State	13.86m	45-05.75	2
14 Bryan Caffin	Minnesota State	13.82m	45-04.25	3
15 John Gabrielson	Concordia-St. Paul	13.68m	44-10.75	1
16 Travis Gavin	U-Mary	13.67m	44-10.25	2
17 Joe Warth	Wayne St. (Neb.)	13.58m	44-06.75	2
18 Nick Moran	Minnesota-Duluth	13.48m	44-02.75	2
19 Devin Olson	Northern State	13.35m	43-09.75	1
20 Brady Harr	Northern State	12.75m	41-10.00	1
21 Brett Morris	Concordia-St. Paul	12.72m	41-08.75	1
22 Alex Weis	SW Minnesota St.	12.65m	41-06.00	1
23 Kern Wilson	Minnesota-Duluth	12.35m	40-06.25	1
24 Franklin Okose	Concordia-St. Paul	11.74m	38-06.25	1
25 Adedamola Sobande	Minot State	11.69m	38-04.25	1

Event 36 Men Shot Put

NSIC Record: **59-07.50** \$
18.40m AUTO
15.63m PROV

Joe Remitz/Chris Reed, Bemidji State/MSU Mank

Name	School	Finals	
Finals			
1 Christopher Reed	Minnesota State	19.48m	63-11.00AUTO
2 CJ Hamm	Augustana (S.D.)	16.80m	55-01.50PROV
3 Jordan Bents	Sioux Falls	16.29m	53-05.50PROV
4 Ryan Johnson	St. Cloud State	15.73m	51-07.25PROV
5 Mike Cullen	Concordia-St. Paul	15.67m	51-05.00PROV
6 Appo Agbamu	Minnesota-Duluth	15.43m	50-07.50
7 Jackson Henrich	Msu-Moorhead	15.26m	50-00.75
8 Beau Scheving	Msu-Moorhead	15.12m	49-07.25
9 Matt Pulizos	Concordia-St. Paul	14.59m	47-10.50

Event 37 Women 3000 Meter Run

NSIC Record: **9:37.65** \$ 2013
9:32.89 AUTO
10:12.22 PROV

Jennifer Agnew, U of Mary

Name	School	Finals	
Finals			
1 Kyle Blakeslee	Augustana (S.D.)	9:44.47	PROV
2 Samantha Rivard	Minnesota-Duluth	9:45.19	PROV
3 Breanna Colbenson	Minnesota-Duluth	9:51.49	PROV
4 Kristin Brondbo	Augustana (S.D.)	10:07.60	PROV
5 Alexandra Rudin	Minnesota-Duluth	10:10.76	PROV
6 Kassie Vaness	St. Cloud State	10:13.22	
7 Jordan Skelly	Winona State	10:16.90	
8 Jordan Paschke	Winona State	10:17.41	
9 Sam Sunstrom	St. Cloud State	10:17.52	
10 Makenzie Smith	Msu-Moorhead	10:24.53	
11 Sasha Hovind	Northern State	10:32.40	
12 Allison Windish	Minot State	10:38.40	
13 Megan Ackerman	Msu-Moorhead	10:48.06	

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014**Bemidji State University****Bemidji, MN****Results****Finals ... (Event 37 Women 3000 Meter Run)**

Name	School	Finals
14 Emily Knapczyk	Minnesota State	10:49.48
15 Savannah Link	Msu-Moorhead	10:50.74
16 Samantha Soupir	Minnesota State	10:57.61
17 Catie LeDesma	Minot State	11:02.56
18 Kelly Brammer	Msu-Moorhead	11:05.92
19 Nicole Arnold	Northern State	11:19.87
20 Anna Schield	Concordia-St. Paul	11:36.26
21 Jane Austin	Bemidji State	12:26.73

Event 38 Men 3000 Meter Run

NSIC Record: 8:26.75 \$ 2013
8:07.60 AUTO
8:33.90 PROV

Devin Allbaugh, MSU Mankato

Name	School	Finals
Finals		
1 John Klecker	Augustana (S.D.)	8:33.96
2 Cole Toepfer	Minnesota-Duluth	8:34.14
3 Robert Brockmueller	Sioux Falls	8:36.44
4 William Brockmueller	Sioux Falls	8:38.37
5 TJ Gleason	Augustana (S.D.)	8:38.62
6 Dan Nielsen	Minnesota-Duluth	8:39.64
7 Harald Karbo	Augustana (S.D.)	8:40.86
8 Adam Braun	Augustana (S.D.)	8:51.52
9 Ted Heikkila	Minnesota-Duluth	8:52.78
10 Tyler Hennen	Msu-Moorhead	9:01.07
11 Garang Lual	Wayne St. (Neb.)	9:02.31
12 Cody Christ	Msu-Moorhead	9:02.70
13 Aaron Handorff	Minnesota-Duluth	9:05.35
14 Joel Cartwright	Minot State	9:08.59
15 Chris Caron	St. Cloud State	9:17.08
16 Max Boeckel	Minot State	9:18.66
17 Carter Montgomery	U-Mary	9:19.89
18 Sam Anderson	Concordia-St. Paul	9:22.30
19 Greg Tracy	Wayne St. (Neb.)	9:25.64
20 John Simila	St. Cloud State	9:30.42
21 Andrew Gilhart	Concordia-St. Paul	9:50.61
22 Jacob Hemenway	Northern State	10:00.41
23 David Schoenfish	Sioux Falls	10:09.14

Women - Team Rankings - 19 Events Scored

1) Minnesota-Duluth	143	2) U-Mary	139
3) Augustana (S.D.)	91	4) Minnesota State	77.1666
5) Winona State	56	6) Wayne St. (Neb.)	54
7) MSU-Moorhead	53	8) Sioux Falls	51.3333
9) St. Cloud State	23.5	10) Northern State	22
10) Minot State	22	12) Concordia-St. Paul	9

2014 NSIC Track and Field Indoor Championship - 2/28/2014 to 3/1/2014

Bemidji State University

Bemidji, MN

Results

Men - Team Rankings - 19 Events Scored

1) Minnesota State	184	2) Augustana (S.D.)	117
3) Sioux Falls	86.5	4) St. Cloud State	81
5) Minnesota-Duluth	71	6) U-Mary	59
7) MSU-Moorhead	30	8) Wayne St. (Neb.)	29
9) Concordia-St. Paul	24.5	10) Northern State	20
10) Minot State	20	12) SW Minnesota St.	18