

NSIC Conference 2003 - 5/9/2003 to 5/10/2003**Moorhead State University****Results****Event 1 Women 800 Meter Run**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Kelsey Dahlgren	FR	Um-Duluth	2:21.58	2	10
2	Abby Demulling	FR	Um-Duluth	2:21.80	2	8
3	Erika Olson	SO	Um-Duluth	2:21.90	2	6
4	Natalie Schmit	JR	Concordia University	2:21.94	2	5
5	Lindsey Lesnar	SO	Northern State	2:23.24	2	4
6	Heather Schuster	FR	Msu-Moorhead	2:25.25	1	3
7	Sarah Thome	FR	Msu-Moorhead	2:26.04	1	2
8	Kayla Garry	SR	Northern State	2:27.77	1	1
9	Emily Shoop	JR	Concordia University	2:35.20	2	
---	Reyne Lauer	FR	Msu-Moorhead	NT	1	
---	Katie Dippel	SO	Bemidji State	NT	1	
---	Kristina Trastek	FR	Winona State University	NT	1	
---	Alicia Mendez	FR	University of Minnesota-Morris	NT	1	
---	Sarah Keiser	SR	Concordia University	DQ	2	

Event 2 Men 800 Meter Run

	Name	Yr	School	Finals	H#	Points
Finals						
1	Adam Gellerstedt	JR	Um-Duluth	1:55.61	2	10
2	Steve Leuer	SR	Bemidji State	1:58.43	2	8
3	Matt Schaffer	FR	Wayne State College	1:59.24	2	6
4	Kyle Saathoff	JR	Um-Duluth	1:59.50	2	5
5	Brandon Beaudry	SO	Msu-Moorhead	1:59.85	1	4
6	Trevor Vossen	SR	Msu-Moorhead	2:00.09	1	3
7	Dan Hubley	SO	Um-Duluth	2:02.09	1	2
8	Pat Lais	SO	Bemidji State	2:02.26	1	1
9	Corey White	JR	Bemidji State	2:05.62	2	
10	Dennis Delude	FR	Msu-Moorhead	2:06.01	1	
11	Collin Brennonson		Concordia University	2:09.67	2	
12	Eric Korman	SO	University of Minnesota-Morris	2:10.88	1	
13	Jed Landmark	SO	University of Minnesota-Morris	2:14.06	1	

Event 3 Women 3000 Meter Steeplechase

	Name	Yr	School	Finals	Points
Finals					
1	Janet Brownawell	SR	Concordia University	11:11.20	10
2	Kristin Peterson	JR	Northern State	11:18.20	8
3	Jill Sullivan	JR	Um-Duluth	11:56.80	6
4	Stephanie Lee	SO	Um-Duluth	12:05.70	5
5	Sarah Pollema	JR	Um-Duluth	12:21.50	4
6	Josie Muzquiz	SR	Bemidji State	12:27.00	3
7	Heather Smith	SR	Msu-Moorhead	12:31.50	2
8	Camille Flanders	SR	University of Minnesota-Morris	12:31.55	1
9	Erin Norenberg	FR	Wayne State College	12:39.50	
10	Kelly Bierwerth	SO	University of Minnesota-Morris	13:17.50	
11	Kerry Plath	SO	Msu-Moorhead	13:48.60	

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	Name	Yr	School	Finals	Points
Finals					
1	Robb Winterfeld	SO	Um-Duluth	9:13.60	10
2	Shawn Burns	SR	Um-Duluth	9:31.30	8
3	Brett Carroll	SR	Um-Duluth	9:48.40	6
4	Paul Quinn	SR	Bemidji State	9:49.30	5
5	Collin Bredeson	JR	Concordia University	9:50.10	4
6	Marcus Breitbarth	SO	Concordia University	9:50.40	3
7	Kevin Heltemes	FR	Bemidji State	9:57.00	2
8	Kyle Schwartz	FR	University of Minnesota-Morris	10:05.30	1
9	James Bruhn	SR	Wayne State College	10:18.00	
10	Patrick Quinn	SR	Bemidji State	10:19.90	
11	Tim Breitbarth	SR	Concordia University	10:48.00	
12	David Obermeyer	FR	Wayne State College	10:51.00	

Event 5 Women 400 Meter Dash

	Name	Yr	School	Finals	H#	Points
Finals						
1	Andrea Vake	JR	Um-Duluth	57.27	2	10
2	Sara Mueller	FR	University of Minnesota-Morris	60.46	1	8
3	Joslyn Marson	JR	Um-Duluth	60.50	2	6
4	Deidra Faber	FR	Winona State University	60.76	1	5
5	Jodi Rhodig	SO	Wayne State College	60.90	2	4
6	Megan Konechne	FR	Northern State	61.20	2	3
7	Kerry Larson	SO	Msu-Moorhead	61.38	2	2
8	Jen Herbst	SO	Winona State University	62.00	1	1
9	Katie Schofield	JR	Um-Duluth	62.43	2	
10	Annie Harden	FR	University of Minnesota-Morris	63.86	1	
11	Andrea Hintz	FR	Winona State University	64.61	1	
12	Jessica Gertz	SO	Concordia University	67.28	1	

Event 6 Men 400 Meter Dash

	Name	Yr	School	Finals	H#	Points
Finals						
1	Greg Demain	SO	Um-Duluth	50.11	2	10
2	Andy Wenger	JR	Um-Duluth	50.42	1	8
3	Darrion Branscomb	SO	Concordia University	50.65	2	6
4	Mitch Cooper	JR	Bemidji State	51.00	2	5
5	Micus Davis	FR	Msu-Moorhead	51.31	2	4
6	Ross Sandine	SO	Northern State	51.86	2	3
7	Justin Martin	JR	Bemidji State	52.04	2	2
8	Ryan Leriger	JR	Wayne State College	52.10	2	1
9	William Moore	SO	Concordia University	52.11	1	
10	Jay Prince	FR	Bemidji State	52.13	1	
11	Nick Madsen	FR	Northern State	52.15	2	
12	Mike Freese	JR	Msu-Moorhead	53.12	1	
13	Derrick Orth	SR	Northern State	53.16	1	
14	Tim Christianson		Um-Duluth	53.52	1	
15	Jim Ouam	SR	Msu-Moorhead	53.69	1	

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Event 7 Women 100 Meter Dash

	Name	Yr	School	Finals	Wind	H#	Points
Finals							
1	Jamie Miller	SR	Winona State University	12.22	NWI	3	10
2	Andrea Vake	JR	Um-Duluth	12.34	NWI	3	8
3	Melanie Hoheisel	JR	Bemidji State	12.45	NWI	3	6
4	Adejoke Adedeji	SO	Concordia University	12.46	NWI	3	5
5	Jenny Cuculi	JR	Winona State University	12.48	NWI	3	4
6	Caesare Stimson	JR	Bemidji State	12.66	NWI	2	3
7	Christi Lucas	SO	Northern State	12.76	NWI	2	2
8	Brittany Reinbolt	FR	Winona State University	12.84	NWI	3	1
9	Katie Anderson	FR	Northern State	12.87	NWI	2	
10	Carla Perry	SO	Bemidji State	12.89	NWI	1	
11	Heidi Rempp	JR	Concordia University	12.90	NWI	1	
12	Jeni Enders	SO	Northern State	12.99	NWI	2	
13	Christina Van Buren	SO	University of Minnesota-Morris	13.08	NWI	1	
14	Katherine Ahrens	SO	University of Minnesota-Morris	13.30	NWI	2	
15	Jodi Rhodig	SO	Wayne State College	13.33	NWI	2	
16	Hilary Thomas	FR	Msu-Moorhead	13.46	NWI	1	
17	Lizzie Starks	FR	Msu-Moorhead	14.09	NWI	1	

Event 8 Men 100 Meter Dash

	Name	Yr	School	Finals	Wind	H#	Points
Finals							
1	Micah Arnold	JR	Northern State	10.68	NWI	3	10
2	Chucky Martin	JR	Concordia University	10.70	NWI	3	8
3	Eric Havranek	JR	Wayne State College	10.91	NWI	3	6
4	Greg Demain	SO	Um-Duluth	10.99	NWI	3	5
5	Mike Jacobs	SO	Um-Duluth	11.04	NWI	3	3.50
5	Tristan White	FR	Bemidji State	11.04	NWI	2	3.50
7	Mike Shonblom	FR	Msu-Moorhead	11.14	NWI	2	2
8	Sam Blocker	JR	Concordia University	11.15	NWI	2	1
9	Teddy Young	FR	Wayne State College	11.16	NWI	1	
10	Ben hopkins	FR	Bemidji State	11.25	NWI	1	
11	Brent Hallback	FR	Um-Duluth	11.26	NWI	2	
12	Reed Tietz	SR	Concordia University	11.36	NWI	2	
13	Drew Peterson	SR	Bemidji State	11.42	NWI	3	
14	Travis Woockman	JR	Wayne State College	11.58	NWI	2	
15	Darryl Scarborough	JR	Msu-Moorhead	11.61	NWI	1	
16	Kevin Van	85	Msu-Moorhead	11.98	NWI	1	
17	Craig Abrahamson	SR	University of Minnesota-Morris	12.40	NWI	1	

Event 9 Women 100 Meter Hurdles

	Name	Yr	School	Finals	Wind	H#	Points
Finals							
1	April Hericks	SR	Northern State	14.65	NWI	2	10
2	Melanie Hoheisel	JR	Bemidji State	14.86	NWI	2	8
3	Angie Albers	SR	Wayne State College	15.03	NWI	2	6
4	Heather Hamilton	JR	Um-Duluth	15.40	NWI	2	5
5	Heidi Rempp	JR	Concordia University	15.62	NWI	2	4
6	Katie Anderson	FR	Northern State	15.93	NWI	2	3

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Finals ... (Event 9 Women 100 Meter Hurdles)

Name	Yr	School	Finals	Wind	H#	Points
7 Jenny Hartle	SO	Um-Duluth	15.94	NWI	2	2
8 Keri Kreuzer	SO	Winona State University	16.06	NWI	1	1
9 Erika Olson	SO	Um-Duluth	16.27	NWI	1	
10 Amy Taylor	SO	Bemidji State	16.51	NWI	1	
11 Megan Hamilton	SO	Bemidji State	16.69	NWI	1	
12 Jenny Foegen	SO	Winona State University	17.04	NWI	1	

Event 12 Men 110 Meter Hurdles

Name	Yr	School	Finals	Wind	H#	Points
Finals						
1 Micah Arnold	JR	Northern State	14.78	NWI	2	10
2 Eric Longhenry	SR	Northern State	14.84	NWI	2	8
3 Reed Tietz	SR	Concordia University	15.30	NWI	2	6
4 Keith Knoke	SR	Msu-Moorhead	15.35	NWI	2	5
5 James Alishouse	FR	Msu-Moorhead	15.54	NWI	2	4
6 Adam Barnett	FR	Msu-Moorhead	15.61	NWI	2	3
7 Adam Eskierka	SO	Um-Duluth	15.71	NWI	1	2
8 Darek Holbus	FR	Um-Duluth	15.78	NWI	1	1
9 Ryan Rogenes	SO	Northern State	15.79	NWI	1	
10 Tyson Kuznia	FR	Bemidji State	15.98	NWI	1	
11 Jason Kneifl	SR	Wayne State College	16.03	NWI	2	
12 Brian Dixon	SO	Wayne State College	16.19	NWI	2	
13 Brian Perrault	FR	University of Minnesota-Morris	16.35	NWI	1	

Event 13 Women 4x800 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Concordia University		9:37.20	10
2 Msu-Moorhead		9:42.60	8
3 Northern State		9:43.90	6
4 Winona State University		9:47.40	5
5 Wayne State College		9:55.80	4
6 Um-Duluth		9:57.90	3
7 Bemidji State		10:23.80	2
8 University of Minnesota-Morris		10:34.10	1

Event 14 Men 4x800 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Um-Duluth		7:55.20	10
2 Msu-Moorhead		7:58.90	8
3 Bemidji State		8:02.00	6
4 Northern State		8:20.60	5
5 Wayne State College		8:24.40	4
6 University of Minnesota-Morris		8:26.40	3
7 Concordia University		8:40.60	2

Event 15 Women 200 Meter Dash

Name	Yr	School	Finals	Wind	H#	Points
Finals						
1 Andrea Vake	JR	Um-Duluth	24.77	4.0	2	10

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	Name	Yr	School	Finals	Wind	H#	Points
2	Jamie Miller	SR	Winona State University	25.55	4.0	2	8
3	Adejoke Adedeji	SO	Concordia University	25.71	4.0	2	6
4	Jenny Cuculi	JR	Winona State University	25.75	4.0	2	5
5	Christi Lucas	SO	Northern State	26.07	4.0	2	4
6	Melanie Hoheisel	JR	Bemidji State	26.10	4.0	2	2.50
6	Caesare Stimson	JR	Bemidji State	26.10	4.0	2	2.50
8	Deidra Faber	FR	Winona State University	26.26	4.0	2	1
9	Megan Konechne	FR	Northern State	26.31	3.7	1	
10	Katie Schofield	JR	Um-Duluth	26.58	3.7	1	
11	Katie Anderson	FR	Northern State	26.71	3.7	1	
12	Kerry Larson	SO	Msu-Moorhead	26.84	3.7	1	
13	Katherine Ahrens	SO	University of Minnesota-Morris	27.05	3.7	1	
14	Carla Perry	SO	Bemidji State	27.09	3.7	1	
15	Christina Van Buren	SO	University of Minnesota-Morris	28.42	3.7	1	
---	Leah Webinger	SO	University of Minnesota-Morris	DQ	3.7	1	

Event 16 Men 200 Meter Dash

	Name	Yr	School	Finals	Wind	H#	Points
Finals							
1	Micah Arnold	JR	Northern State	21.58	4.1	2	10
2	Greg Demain	SO	Um-Duluth	21.99	4.1	2	8
3	Tristan White	FR	Bemidji State	22.23	4.1	2	6
4	Chucky Martin	JR	Concordia University	22.51	4.0	1	5
5	Mike Jacobs	SO	Um-Duluth	22.63	4.1	2	4
6	Ben hopkins	FR	Bemidji State	22.82	4.1	2	3
7	Mike Shonblom	FR	Msu-Moorhead	22.85	4.0	1	2
8	Josh Martin	SR	Northern State	22.94	4.0	1	1
9	Teddy Young	FR	Wayne State College	23.18	4.0	1	
10	Micus Davis	FR	Msu-Moorhead	23.24	4.0	1	
11	Mike Freese	JR	Msu-Moorhead	23.46	4.0	1	
12	Neal Verhulst	JR	Um-Duluth	23.70	4.0	1	
13	Darrion Branscomb	SO	Concordia University	23.71	4.1	2	

Event 17 Women 400 Meter Hurdles

	Name	Yr	School	Finals	Points
Finals					
1	Heather Hamilton	JR	Um-Duluth	64.76	10
2	Alison Foley	FR	Um-Duluth	66.91	8
3	Jane Mathiason	SR	Um-Duluth	67.38	6
4	Tanya Krage	SR	Northern State	67.62	5
5	Angie Albers	SR	Wayne State College	68.77	4
6	Angie Kraus	SO	Wayne State College	69.70	3
7	Erin Pesta	SO	Msu-Moorhead	71.62	2
8	Heidi Rempp	JR	Concordia University	71.73	1

Event 18 Men 400 Meter Hurdles

	Name	Yr	School	Finals	H#	Points
Finals						
1	Eric Longhenry	SR	Northern State	54.66	1	10
2	Andy Wenger	JR	Um-Duluth	56.51	2	8

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Finals ... (Event 18 Men 400 Meter Hurdles)

Name	Yr	School	Finals	H#	Points
3 Brian Dixon	SO	Wayne State College	58.34	2	6
4 James Alishouse	FR	Msu-Moorhead	58.82	2	5
5 Joe Yard	SO	Msu-Moorhead	58.86	1	4
6 Steve Rodriques	SO	Um-Duluth	58.98	2	3
7 Darek Holbus	FR	Um-Duluth	59.65	2	2
8 Tyson Kuznia	FR	Bemidji State	59.98	2	1
9 Reed Tietz	SR	Concordia University	60.14	1	
10 Adam Barnett	FR	Msu-Moorhead	60.29	2	
11 Brian Perrault	FR	University of Minnesota-Morris	62.55	1	
12 James Plese	JR	Bemidji State	63.52	1	
13 Ryan Blad	FR	University of Minnesota-Morris	65.69	1	
14 Andrew Barton		Bemidji State	66.47	1	

Event 19 Women 10000 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Emily Shoop	JR	Concordia University	38:29.70	10
2 Martha Miltich	SO	Bemidji State	38:45.00	8
3 Janet Brownawell	SR	Concordia University	39:38.80	6
4 Sara Beier	SO	Winona State University	39:51.00	5
5 Michelle Erickson	SO	Um-Duluth	40:37.00	4
6 Diane Nelson	SO	Msu-Moorhead	42:17.00	3
7 Kim Chapman	FR	Um-Duluth	42:30.00	2
8 Kim Lynch		Um-Duluth	43:01.50	1
9 Sarah Givot	JR	Winona State University	43:07.70	
10 Jessica Fox	FR	Northern State	43:14.50	
11 Sarah Keiser	SR	Concordia University	43:43.50	

Event 20 Men 10000 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Ben Kimmes	SO	Um-Duluth	32:03.00	10
2 Neal Olson	FR	Um-Duluth	33:03.70	8
3 Nick White	FR	Northern State	33:06.50	6
4 Nick Hansen	SR	Wayne State College	33:18.90	5
5 Jason Jacoby	SO	Bemidji State	33:25.30	4
6 Marcus Breitbarth	SO	Concordia University	33:27.30	3
7 Evan Slocum	FR	Um-Duluth	33:45.30	2
8 Patrick Quinn	SR	Bemidji State	34:26.20	1
9 Mitch Lyons	SR	Concordia University	34:41.00	
10 Matt Bischof	FR	Bemidji State	34:51.00	
11 Darren Lester	SO	Msu-Moorhead	35:19.00	
12 John Peter	SO	Msu-Moorhead	36:03.20	
13 Tim Breitbarth	SR	Concordia University	37:23.00	

Event 21 Men Long Jump

Name	Yr	School	Finals	Wind	Points
Finals					
1 Eric Havranek	JR	Wayne State College	23-04.00	7.11m NWI	10
2 Darek Holbus	FR	Um-Duluth	22-05.00	6.83m NWI	8

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	Name	Yr	School	Finals	Wind	Points
3	Mitch Cooper	JR	Bemidji State	22-03.50	6.79m NWI	6
4	Ryan Leriger	JR	Wayne State College	22-02.50	6.76m NWI	5
5	Troy Larson	SR	Msu-Moorhead	22-02.25	6.76m NWI	4
6	Jake Luger	SR	Northern State	22-02.25	6.76m NWI	3
7	Shawn Warren	FR	Northern State	21-09.75	6.64m NWI	2
8	Nick Kobi	FR	Msu-Moorhead	21-06.00	6.55m NWI	1
9	Jeremy Dinius	FR	Bemidji State	21-02.25	6.45m NWI	
10	Keith Knoke	SR	Msu-Moorhead	21-01.25	6.43m NWI	
11	Josh Martin	SR	Northern State	21-01.00	6.42m NWI	
12	Adam Eskierka	SO	Um-Duluth	20-06.00	6.24m NWI	
13	Rich Weber	SO	Bemidji State	19-09.00	6.01m NWI	
14	Jeremiah Aakre		Um-Duluth	19-07.75	5.98m NWI	
15	Craig Abrahamson	SR	University of Minnesota-Morris	17-09.50	5.42m NWI	
---	Travis Wockman	JR	Wayne State College	ND	NWI	

Event 22 Women Long Jump

	Name	Yr	School	Finals	Wind	Points
Finals						
1	Adejoke Adedeji	SO	Concordia University	19-01.00	5.81m NWI	10
2	Jenny Cuculi	JR	Winona State University	18-03.25	5.56m NWI	8
3	Tanya Salter	SO	Msu-Moorhead	18-02.50	5.54m NWI	6
4	Jamie Miller	SR	Winona State University	17-11.50	5.47m NWI	5
5	Wendy Roberts	JR	Um-Duluth	17-10.00	5.43m NWI	4
6	Melanie Hoheisel	JR	Bemidji State	17-06.25	5.34m NWI	3
7	DaLee Wilkinson	JR	Msu-Moorhead	17-03.50	5.27m NWI	2
8	Katie Magno	FR	Winona State University	16-08.25	5.08m NWI	1
9	Brenna Pribil	FR	Wayne State College	16-06.00	5.02m NWI	
10	Brandy Schnabel	JR	Northern State	16-05.00	5.00m NWI	
11	April Hericks	SR	Northern State	16-03.00	4.95m NWI	
12	Heather Hamilton	JR	Um-Duluth	16-00.75	4.89m NWI	
13	Megan Hamilton	SO	Bemidji State	15-03.75	4.66m NWI	
14	Rebekah Nelson	FR	Um-Duluth	14-06.25	4.42m NWI	
15	Maggy Hayden	FR	Msu-Moorhead	14-04.00	4.36m NWI	

Event 23 Men Javelin Throw

	Name	Yr	School	Finals	Points
Finals					
1	Adam Meier	SR	Wayne State College	185-00	56.38m
2	Jeremy Dinius	FR	Bemidji State	161-08	49.27m
3	Eric Schwan	FR	Northern State	161-03	49.14m
4	Justin Kortuem	JR	Concordia University	160-00	48.76m
5	Dan Madden	SR	Um-Duluth	154-01	46.96m
6	Reid Welker	JR	Um-Duluth	151-08	46.22m
7	Jeff Spotts	SO	Bemidji State	145-10	44.45m
8	Lucus Jurek	SR	Bemidji State	144-10	44.14m
9	Reed Tietz	SR	Concordia University	142-11	43.56m
10	Travis Heitmann		Northern State	139-11	42.64m
11	Chris Hergott	JR	Um-Duluth	132-03	40.30m
12	Shannon Schumacher		Wayne State College	131-03	40.00m
13	Garret Pfitzer	SO	Northern State	126-10	38.65m

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Finals ... (Event 23 Men Javelin Throw)

Name	Yr	School	Finals	Points
14 Brian Perrault	FR	University of Minnesota-Morris	126-06	38.55m
15 Eric Korman	SO	University of Minnesota-Morris	125-05	38.22m

Event 24 Women Javelin Throw

Name	Yr	School	Finals	Points	
Finals					
1 Lindsey Stockwell	FR	Wayne State College	120-02	36.62m	10
2 Kim Heny	SO	Northern State	112-02	34.18m	8
3 Caesare Stimson	JR	Bemidji State	109-05	33.35m	6
4 DaLee Wilkinson	JR	Msu-Moorhead	104-04	31.80m	5
5 Talia Carpenter	FR	Um-Duluth	104-03	31.77m	4
6 Michelle Hanson	SO	Northern State	103-02	31.44m	3
7 Keri Kreuzer	SO	Winona State University	99-00	30.17m	2
8 Sarah Berwald	SR	Concordia University	98-07	30.04m	1
9 Erin Suhonen	FR	Bemidji State	95-02	29.00m	
10 April Hericks	SR	Northern State	93-07	28.52m	
11 Sara Olson		Bemidji State	91-02	27.78m	
12 Jen Herbst	SO	Winona State University	86-09	26.44m	
13 Nicole LeDell	FR	Um-Duluth	71-02	21.69m	
14 Tracy Bochee	FR	Msu-Moorhead	67-03	20.49m	
15 Maggy Hayden	FR	Msu-Moorhead	64-01	19.53m	
--- Ang Langenbrunner	SR	Um-Duluth	ND		
--- Brenna Pribil	FR	Wayne State College	ND		

Event 25 Men Pole Vault

Name	Yr	School	Finals	Points	
Finals					
1 Ryan Wilhelm	SR	Northern State	14-06.00	4.41m	10
2 Dan Madden	SR	Um-Duluth	14-06.00	4.41m	8
3 Keith Knoke	SR	Msu-Moorhead	14-00.00	4.26m	6
4 Eric Longhenry	SR	Northern State	13-06.00	4.11m	4
4 Reid Welker	JR	Um-Duluth	13-06.00	4.11m	4
4 Adam Johnson	SO	Um-Duluth	13-06.00	4.11m	4
7 Brady Baxter	FR	Msu-Moorhead	13-00.00	3.96m	2
8 Brandon Madery	FR	Msu-Moorhead	13-00.00	3.96m	1
9 Justin Smith	FR	Bemidji State	12-00.00	3.65m	
--- Joe Amundson	JR	Concordia University	NH		

Event 26 Women Pole Vault

Name	Yr	School	Finals	Points	
Finals					
1 DaLee Wilkinson	JR	Msu-Moorhead	12-02.00	3.70m	10
2 Lisa Charboneau		Northern State	10-06.00	3.20m	8
3 Brittany Reinbolt	FR	Winona State University	10-00.00	3.04m	5
3 Tiffany Spriggs	FR	Msu-Moorhead	10-00.00	3.04m	5
3 Jenny Foegen	SO	Winona State University	10-00.00	3.04m	5
6 Kendra Taylor	SO	Winona State University	9-06.00	2.89m	2.50
6 Katie Malander	FR	Wayne State College	9-06.00	2.89m	2.50
8 Angie Kraus	SO	Wayne State College	9-00.00	2.74m	1
9 Melissa Green	FR	Wayne State College	9-00.00	2.74m	

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Finals ... (Event 26 Women Pole Vault)

Name	Yr	School	Finals	Points
---	Kelly Grout	FR Bemidji State	NH	

Event 27 Men Hammer Throw

Name	Yr	School	Finals	Points
Finals				
1	Chris Nulle	SR Msu-Moorhead	193-06 58.97m	10
2	Josh Dark	JR Um-Duluth	161-09 49.30m	8
3	Dan Soldner	JR Um-Duluth	160-11 49.04m	6
4	TJ Johnson	JR Um-Duluth	145-06 44.34m	5
5	Phil Berg	JR Msu-Moorhead	144-10 44.14m	4
6	Chad Little	SO Northern State	134-03 40.91m	3
7	Justin Kortuem	JR Concordia University	134-02 40.89m	2
8	Michael Rydberg	FR Bemidji State	123-07 37.66m	1
9	Jeremy Vinson	SR Concordia University	109-04 33.32m	
10	Jacob Wojcechawski	SO Bemidji State	106-00 32.30m	
11	Adam Meier	SR Wayne State College	86-08 26.41m	
---	Josh Haugen	FR Bemidji State	ND	

Event 28 Women Hammer Throw

Name	Yr	School	Finals	Points
Finals				
1	Belinda Eastlack	Msu-Moorhead	183-02 55.82m	10
2	Megan Salic	SR Msu-Moorhead	154-11 47.21m	8
3	Ang Langenbrunner	SR Um-Duluth	149-10 45.66m	6
4	LeAnne Ehrich	JR Northern State	148-00 45.11m	5
5	Nicole LeDell	FR Um-Duluth	141-06 43.12m	4
6	Jenny Klatt	JR Winona State University	141-05 43.10m	3
7	Stephanie Alens	SO Winona State University	136-05 41.57m	2
8	Jill Thorpe	SO Northern State	130-10 39.87m	1
9	Ann Johnson	JR Msu-Moorhead	130-10 39.87m	
10	Sarah Berwald	SR Concordia University	129-03 39.39m	
11	Jes Busselman	SR Um-Duluth	127-08 38.91m	
12	Amy Lindauer	JR Winona State University	125-07 38.27m	
13	Sara Olson	Bemidji State	117-04 35.76m	
14	Erin Suhonen	FR Bemidji State	107-03 32.68m	

Event 29 Women 4x100 Meter Relay

Team	Relay	Finals	Points
Finals			
1	Winona State University	49.20	10
2	Northern State	49.45	8
3	Concordia University	49.51	6
4	Um-Duluth	50.20	5
5	Bemidji State	50.74	4
6	Msu-Moorhead	51.20	3
7	University of Minnesota-Morris	51.30	2
8	Wayne State College	52.33	1

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Event 30 Men 4x100 Meter Relay

Team	Relay	Finals	Points
Finals			
1	Concordia University	42.00	10
2	Um-Duluth	42.62	8
3	Northern State	42.99	6
4	Wayne State College	43.35	5
5	Bemidji State	43.37	4
6	Msu-Moorhead	43.59	3
7	University of Minnesota-Morris	47.38	2

Event 31 Women 1500 Meter Run

Name	Yr	School	Finals	Points
Finals				
1	Kelsey Dahlgren	FR Um-Duluth	5:04.23	10
2	Emily Shoop	JR Concordia University	5:06.48	8
3	Jill Sullivan	JR Um-Duluth	5:08.08	6
4	Kristin Peterson	JR Northern State	5:08.12	5
5	Janet Brownawell	SR Concordia University	5:14.47	4
6	Sarah Pollema	JR Um-Duluth	5:15.88	3
7	Sara Beier	SO Winona State University	5:16.50	2
8	Alicia Mendez	FR University of Minnesota-Morris	5:19.18	1
9	Nicole McCoy	FR Wayne State College	5:22.77	
10	Jaclvn Thomforde	FR Bemidji State	5:25.82	
11	Josie Muzquiz	SR Bemidji State	5:28.52	
12	Erin Norenberg	FR Wayne State College	5:29.64	
13	Kristina Trastek	FR Winona State University	5:40.08	
14	Jami Peterson	JR Bemidji State	5:42.10	
15	Kelly Bierwerth	SO University of Minnesota-Morris	5:43.20	
16	Erin Dreis	FR Northern State	6:02.71	

Event 32 Men 1500 Meter Run

Name	Yr	School	Finals	Points
Finals				
1	Robb Winterfeld	SO Um-Duluth	4:04.80	10
2	Steve Leuer	SR Bemidji State	4:06.42	8
3	Joe Lynch	SO Msu-Moorhead	4:08.27	6
4	Shawn Burns	SR Um-Duluth	4:10.84	5
5	James Bruhn	SR Wayne State College	4:11.65	4
6	Delbert BlackBear	JR Northern State	4:11.78	3
7	Brett Carroll	SR Um-Duluth	4:14.00	2
8	Collin Bredeson	JR Concordia University	4:21.00	1
9	Corey White	JR Bemidji State	4:21.57	
10	Kyle Schwartz	FR University of Minnesota-Morris	4:23.60	
11	Kipton Solmonson	JR Bemidji State	4:26.16	
12	Brad Plack	FR Northern State	4:27.17	
13	David Obermeyer	FR Wayne State College	4:30.09	
14	Troy Schaaf	FR Wayne State College	4:33.98	
15	Eric Korman	SO University of Minnesota-Morris	4:38.34	
16	Jed Landmark	SO University of Minnesota-Morris	4:39.35	
17	Mitch Lyons	SR Concordia University	4:40.58	

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Name	Yr	School	Finals	Points
Finals				
1 Martha Miltich	SO	Bemidji State	18:55.95	10
2 Kristin Peterson	JR	Northern State	18:57.75	8
3 Emily Shoop	JR	Concordia University	18:59.42	6
4 Janet Brownawell	SR	Concordia University	19:13.07	5
5 Jill Sullivan	JR	Um-Duluth	19:28.35	4
6 Casey Schmidt	FR	Bemidji State	19:52.99	3
7 Stephanie Lee	SO	Um-Duluth	19:53.04	2
8 Michelle Erickson	SO	Um-Duluth	20:05.38	1
9 Sara Beier	SO	Winona State University	20:07.48	
10 Heather Smith	SR	Msu-Moorhead	20:48.34	
11 Nicole McCoy	FR	Wayne State College	20:56.19	
12 Sarah Givot	JR	Winona State University	21:10.70	
13 Diane Nelson	SO	Msu-Moorhead	21:16.50	
14 Erin Norenberg	FR	Wayne State College	22:10.06	
15 Kerry Plath	SO	Msu-Moorhead	22:20.53	
--- Sarah Keiser	SR	Concordia University	DQ	

Event 34 Men 5000 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Robb Winterfeld	SO	Um-Duluth	15:22.09	10
2 Ben Kimmes	SO	Um-Duluth	15:39.09	8
3 Steve Leuer	SR	Bemidji State	15:54.36	6
4 Neal Olson	FR	Um-Duluth	15:56.46	5
5 Delbert BlackBear	JR	Northern State	15:57.30	4
6 Nick Hansen	SR	Wayne State College	16:00.40	3
7 Nick White	FR	Northern State	16:02.67	2
8 Marcus Breitbarth	SO	Concordia University	16:12.41	1
9 Jason Jacoby	SO	Bemidji State	16:18.68	
10 Paul Quinn	SR	Bemidji State	16:24.02	
11 James Bruhn	SR	Wayne State College	17:04.90	
12 Collin Bredeson	JR	Concordia University	17:13.14	
13 Darren Lester	SO	Msu-Moorhead	17:40.23	
14 John Peter	SO	Msu-Moorhead	18:01.32	

Event 35 Women 4x400 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Um-Duluth		4:05.90	10
2 Northern State		4:09.90	8
3 Msu-Moorhead		4:15.08	6
4 Concordia University		4:17.90	5
5 Winona State University		4:18.80	4
6 Wayne State College		4:20.90	3
7 University of Minnesota-Morris		4:25.20	2
8 Bemidji State		4:37.07	1

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Event 36 Men 4x400 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Northern State		3:23.90	10
2 Bemidji State		3:25.50	8
3 Um-Duluth		3:25.70	6
4 Wayne State College		3:29.60	5
5 Msu-Moorhead		3:33.90	4
6 University of Minnesota-Morris		3:47.34	3

Event 37 Women Discus Throw

Name	Yr	School	Finals	Points
Finals				
1 Lindsey Stockwell	FR	Wayne State College	129-03 39.39m	10
2 Jes Busselman	SR	Um-Duluth	127-11 38.98m	8
3 Lindsay LaPlant	SO	Um-Duluth	126-03 38.48m	6
4 Alys Haugen	JR	Northern State	126-01 38.43m	5
5 Kim Heny	SO	Northern State	119-00 36.27m	4
6 LeAnne Ehrich	JR	Northern State	118-10 36.22m	3
7 Tina Warren	FR	Winona State University	116-09 35.58m	2
8 Kari Torgerson	SO	Wayne State College	114-01 34.77m	1
9 Megan Salic	SR	Msu-Moorhead	112-01 34.16m	
10 Jenny Klatt	JR	Winona State University	110-05 33.65m	
11 Talia Carpenter	FR	Um-Duluth	109-04 33.32m	
12 Ann Johnson	JR	Msu-Moorhead	108-03 32.99m	
13 Sarah Berwald	SR	Concordia University	104-03 31.77m	
14 Erin Suhonen	FR	Bemidji State	98-07 30.04m	
15 Sara Olson		Bemidji State	97-11 29.84m	

Event 38 Men Discus Throw

Name	Yr	School	Finals	Points
Finals				
1 Garret Pfitzer	SO	Northern State	150-02 45.77m	10
2 Dan Soldner	JR	Um-Duluth	144-04 43.99m	8
3 TJ Johnson	JR	Um-Duluth	141-06 43.12m	6
4 Justin Kortuem	JR	Concordia University	139-01 42.39m	5
5 Chris Nulle	SR	Msu-Moorhead	136-09 41.68m	4
6 Phil Berg	JR	Msu-Moorhead	135-00 41.14m	3
7 Keith Knoke	SR	Msu-Moorhead	129-11 39.59m	2
8 Ben Mettling	SO	Bemidji State	124-11 38.07m	1
9 Adam Wilson	FR	Bemidji State	113-09 34.67m	
10 Chris Jergenson	SO	Northern State	108-10 33.17m	
11 Chad Little	SO	Northern State	107-04 32.71m	
--- Michael Rydberg	FR	Bemidji State	ND	

Event 39 Women Shot Put

Name	Yr	School	Finals	Points
Finals				
1 LeAnne Ehrich	JR	Northern State	44-00.00 13.41m	10
2 Megan Salic	SR	Msu-Moorhead	41-11.00 12.77m	8
3 Kari Torgerson	SO	Wayne State College	40-00.00 12.19m	6
4 Stephanie Alens	SO	Winona State University	39-04.00 11.98m	5

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Finals ... (Event 39 Women Shot Put)

Name	Yr	School	Finals		Points
5 Jes Busselman	SR	Um-Duluth	38-06.00	11.73m	4
6 Michelle Hanson	SO	Northern State	37-04.50	11.39m	3
7 Jenny Klatt	JR	Winona State University	37-03.00	11.35m	2
8 Kim Henry	SO	Northern State	36-07.00	11.15m	1
9 Erin Suhonen	FR	Bemidji State	35-05.00	10.79m	
10 Ann Johnson	JR	Msu-Moorhead	35-01.00	10.69m	
11 Sarah Berwald	SR	Concordia University	34-03.00	10.43m	
12 Lindsey Stockwell	FR	Wayne State College	34-02.00	10.41m	
12 Ang Langenbrunner	SR	Um-Duluth	34-02.00	10.41m	
14 Sara Olson		Bemidji State	33-10.00	10.31m	
15 Talia Carpenter	FR	Um-Duluth	33-02.00	10.10m	

Event 40 Men Shot Put

Name	Yr	School	Finals		Points
Finals					
1 Dan Soldner	JR	Um-Duluth	51-08.50	15.76m	10
2 Chris Nulle	SR	Msu-Moorhead	49-08.50	15.15m	8
3 Garret Pfitzer	SO	Northern State	48-05.00	14.75m	6
4 Adam Wilson	FR	Bemidji State	48-00.00	14.63m	5
5 TJ Johnson	JR	Um-Duluth	46-03.00	14.09m	4
6 Josh Haugan	FR	Bemidji State	45-11.50	14.00m	3
7 Paul Krahmer	FR	Northern State	45-01.50	13.75m	2
8 Pat Ebert	SR	Northern State	44-01.00	13.43m	1
9 Justin Kortuem	JR	Concordia University	43-07.00	13.28m	
10 Michael Rydberg	FR	Bemidji State	41-06.00	12.64m	
11 Jeremy Vinson	SR	Concordia University	40-03.00	12.26m	
12 Mark Madison	FR	Msu-Moorhead	39-05.50	12.02m	
13 Phil Berg	JR	Msu-Moorhead	38-06.50	11.74m	
--- Chris Lapakko	FR	Um-Duluth	ND		

Event 41 Women Triple Jump

Name	Yr	School	Finals		Wind	Points
Finals						
1 Keri Kreuzer	SO	Winona State University	36-07.75	11.16m	NWI	10
2 Tracy Knippel	JR	Winona State University	36-01.75	11.01m	NWI	8
3 Wendy Roberts	JR	Um-Duluth	35-11.75	10.96m	NWI	6
4 Kristan Anderson	FR	Msu-Moorhead	35-00.75	10.68m	NWI	5
5 Heather Prochnow	FR	Winona State University	34-10.75	10.63m	NWI	4
6 Brandy Schnabel	JR	Northern State	34-02.75	10.43m	NWI	3
7 Brenna Pribil	FR	Wayne State College	34-01.25	10.39m	NWI	2
8 Brianna Johansen	FR	University of Minnesota-Morris	34-00.00	10.36m	NWI	1
9 DaLee Wilkinson	JR	Msu-Moorhead	32-05.00	9.88m	NWI	
10 Rebekah Nelson	FR	Um-Duluth	31-11.50	9.74m	NWI	
11 Jenny Hartle	SO	Um-Duluth	31-04.75	9.56m	NWI	

Event 42 Men Triple Jump

Name	Yr	School	Finals		Wind	Points
Finals						
1 Darek Holbus	FR	Um-Duluth	45-09.00	13.94m	NWI	10
2 Mark Nordell	SO	Bemidji State	44-11.25	13.69m	NWI	8

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Finals ... (Event 42 Men Triple Jump)

Name	Yr	School	Finals	Wind	Points
3 Matt Willprecht	JR	Msu-Moorhead	44-10.75	13.68m NWI	6
4 Nick Kobi	FR	Msu-Moorhead	44-06.25	13.56m NWI	5
5 Dennis Kim		Um-Duluth	44-00.50	13.42m NWI	4
6 Mitch Cooper	JR	Bemidji State	43-09.50	13.34m NWI	3
7 Jake Luger	SR	Northern State	43-06.25	13.26m NWI	2
8 Cole Liska	FR	Wayne State College	43-00.75	13.12m NWI	1
9 Richard Weber	SO	Bemidji State	42-07.00	12.97m NWI	
10 Eric Schwan	FR	Northern State	42-05.25	12.93m NWI	
11 Eric Havranek	JR	Wayne State College	42-02.50	12.86m NWI	
12 Keith Knoke	SR	Msu-Moorhead	41-09.75	12.74m NWI	
13 Tucker Willard	SO	Northern State	41-03.25	12.57m NWI	
14 Jeremiah Aakre		Um-Duluth	40-05.50	12.33m NWI	
15 Neil Jones	JR	University of Minnesota-Morris	40-02.25	12.24m NWI	

Event 43 Women High Jump

Name	Yr	School	Finals	Points
Finals				
1 Tanya Salter	SO	Msu-Moorhead	5-07.25	1.70m 10
2 Caesare Stimson	JR	Bemidji State	5-06.75	1.69m 8
3 April Hericks	SR	Northern State	5-04.75	1.64m 6
4 Wendy Roberts	JR	Um-Duluth	5-02.75	1.59m 5
5 Brianna Johansen	FR	University of Minnesota-Morris	5-02.75	1.59m 4
6 Kim Heny	SO	Northern State	5-00.75	1.54m 3
7 Heather Hamilton	JR	Um-Duluth	5-00.75	1.54m 2
8 Keri Kreuzer	SO	Winona State University	5-00.75	1.54m 1
9 Molly Veenhof	SO	Northern State	4-10.75	1.49m
9 Joy Wubben	SO	Concordia University	4-10.75	1.49m
9 Rebekah Nelson	FR	Um-Duluth	4-10.75	1.49m
--- Maggy Hayden	FR	Msu-Moorhead	NH	

Event 44 Men High Jump

Name	Yr	School	Finals	Points
Finals				
1 Steve Schreiber	SO	Bemidji State	6-06.75	2.00m 10
2 Kyle Nylander		Um-Duluth	6-06.75	2.00m 8
3 Jason Sydeko		Um-Duluth	6-06.75	2.00m 6
4 Matt Anderson	FR	Northern State	6-06.75	2.00m 5
5 Adam Eskierka	SO	Um-Duluth	6-04.75	1.94m 4
6 Shannon Schumacher		Wayne State College	6-02.75	1.89m 2.50
6 Eric Longhenry	SR	Northern State	6-02.75	1.89m 2.50
8 Travis Schwarz	SO	Bemidji State	6-02.75	1.89m 1
9 Keith Knoke	SR	Msu-Moorhead	6-02.75	1.89m
10 Jesse Heinz	FR	Northern State	6-02.75	1.89m
11 Jason Kneifl	SR	Wayne State College	6-00.75	1.84m
11 Brian Perrault	FR	University of Minnesota-Morris	6-00.75	1.84m

Event 45 Women Heptathlon

Name	Yr	School	Finals	Points
Finals				
1 Caesare Stimson		JR Bemidji State	4533	10

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Finals ... (Event 45 Women Heptathlon)

Name	Yr	School	Finals	Points
2 April Hericks	SR	Northern State	4522	8
3 Heather Hamilton	JR	Um-Duluth	4385	6
4 Katie Anderson	FR	Northern State	4235	5
5 Keri Kreuzer	SO	Winona State University	4024	4
6 Erika Olson	SO	Um-Duluth	3889	3
7 Angie Albers	SR	Wayne State College	3811	2
8 Brenna Pribil	FR	Wayne State College	3804	1
9 Mandy Waters		Um-Duluth	2685	

Event 45 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals	Wind	H#	Points
Finals						
1 April Hericks	SR	Northern State	15.09	NWI	2	830
2 Angie Albers	SR	Wayne State College	15.22	NWI	2	813
3 Heather Hamilton	JR	Um-Duluth	15.26	NWI	1	808
4 Katie Anderson	FR	Northern State	15.59	NWI	2	765
5 Keri Kreuzer	SO	Winona State University	16.21	NWI	2	689
6 Erika Olson	SO	Um-Duluth	16.22	NWI	1	688
7 Caesare Stimson	JR	Bemidji State	16.59	NWI	1	644
8 Brenna Pribil	FR	Wayne State College	16.83	NWI	2	616
9 Mandy Waters		Um-Duluth	16.90	NWI	2	608

Event 45 Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals	Points
Finals				
1 Heather Hamilton	JR	Um-Duluth	1.64m	783
2 Caesare Stimson	JR	Bemidji State	1.63m	771
3 Erika Olson	SO	Um-Duluth	1.60m	736
4 April Hericks	SR	Northern State	1.54m	666
4 Katie Anderson	FR	Northern State	1.54m	666
4 Brenna Pribil	FR	Wayne State College	1.54m	666
7 Keri Kreuzer	SO	Winona State University	1.48m	599
7 Angie Albers	SR	Wayne State College	1.48m	599
9 Mandy Waters		Um-Duluth	1.39m	502

Event 45 Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals	Points
Finals				
1 Keri Kreuzer	SO	Winona State University	11.11m	602
2 Katie Anderson	FR	Northern State	10.03m	531
2 Caesare Stimson	JR	Bemidji State	10.03m	531
4 April Hericks	SR	Northern State	9.84m	519
5 Mandy Waters		Um-Duluth	9.20m	477
6 Brenna Pribil	FR	Wayne State College	8.85m	454
7 Angie Albers	SR	Wayne State College	8.52m	433
8 Heather Hamilton	JR	Um-Duluth	8.05m	403
9 Erika Olson	SO	Um-Duluth	7.32m	356

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Event 45 Heptathlon: #4 Women 200 Meter Dash Heptathlon

	Name	Yr	School	Finals	Wind	H#	Points
Finals							
1	Caesare Stimson	JR	Bemidji State	26.84	NWI	2	725
1	Katie Anderson	FR	Northern State	26.84	NWI	1	725
3	Erika Olson	SO	Um-Duluth	27.04	NWI	1	708
4	April Hericks	SR	Northern State	27.14	NWI	2	700
5	Heather Hamilton	JR	Um-Duluth	27.24	NWI	2	692
6	Angie Albers	SR	Wayne State College	27.94	NWI	2	636
7	Brenna Pribil	FR	Wayne State College	28.44	NWI	2	597
8	Keri Kreuzer	SO	Winona State University	28.54	NWI	1	589
9	Mandy Waters		Um-Duluth	29.44	NWI	2	522

Event 45 Heptathlon: #5 Women Long Jump Heptathlon

	Name	Yr	School	Finals	Wind	Points
Finals						
1	Caesare Stimson	JR	Bemidji State	4.99m	16-04.50 NWI	557
2	April Hericks	SR	Northern State	4.97m	16-03.75 NWI	551
3	Heather Hamilton	JR	Um-Duluth	4.92m	16-01.75 NWI	538
4	Keri Kreuzer	SO	Winona State University	4.86m	15-11.50 NWI	522
5	Brenna Pribil	FR	Wayne State College	4.83m	15-10.25 NWI	514
6	Katie Anderson	FR	Northern State	4.69m	15-04.75 NWI	477
7	Angie Albers	SR	Wayne State College	4.61m	15-01.50 NWI	456
8	Erika Olson	SO	Um-Duluth	4.16m	13-07.75 NWI	345
9	Mandy Waters		Um-Duluth	4.12m	13-06.25 NWI	336

Event 45 Heptathlon: #6 Women Javelin Throw Heptathlon

	Name	Yr	School	Finals	Points
Finals					
1	Caesare Stimson	JR	Bemidji State	34.08m	111-10
2	April Hericks	SR	Northern State	34.00m	111-06
3	Katie Anderson	FR	Northern State	30.43m	99-10
4	Brenna Pribil	FR	Wayne State College	28.09m	92-02
5	Keri Kreuzer	SO	Winona State University	27.02m	88-08
6	Heather Hamilton	JR	Um-Duluth	20.01m	65-08
7	Angie Albers	SR	Wayne State College	19.52m	64-00
8	Erika Olson	SO	Um-Duluth	18.93m	62-01
9	Mandy Waters		Um-Duluth	17.35m	56-11

Event 45 Heptathlon: #7 Women 800 Meter Run Heptathlon

	Name	Yr	School	Finals	Points
Finals					
1	Heather Hamilton	JR	Um-Duluth	2:16.48	872
2	Erika Olson	SO	Um-Duluth	2:22.75	787
3	Caesare Stimson	JR	Bemidji State	2:25.45	751
4	April Hericks	SR	Northern State	2:29.19	703
5	Keri Kreuzer	SO	Winona State University	2:37.40	603
6	Angie Albers	SR	Wayne State College	2:38.19	594
7	Katie Anderson	FR	Northern State	2:38.82	586
8	Brenna Pribil	FR	Wayne State College	2:44.96	517
---	Mandy Waters		Um-Duluth	NT	

NSIC Conference 2003 - 5/9/2003 to 5/10/2003**Moorhead State University****Results****Event 46 Men Decathlon**

	Name	Yr	School	Finals	Points
Finals					
1	Eric Longhenry	SR	Northern State	6797	10
2	Keith Knoke	SR	Msu-Moorhead	6340	8
3	Reed Tietz	SR	Concordia University	5888	6
4	Ryan Rogenes	SO	Northern State	5298	5
5	Justin Richards		Um-Duluth	5147	4
6	John Ellich	FR	Um-Duluth	5072	3
7	Jesse Heinz	FR	Northern State	5015	2
8	Travis Schwarz	SO	Bemidji State	5012	1
9	Ben Mettling	SO	Bemidji State	4852	
10	Jason Sydeko		Um-Duluth	4484	

Event 46 Decathlon: #1 Men 100 Meter Dash Decathlon

	Name	Yr	School	Finals	Wind	H#	Points
Finals							
1	Reed Tietz	SR	Concordia University	11.07	NWI	2	845
2	Eric Longhenry	SR	Northern State	11.23	NWI	2	810
3	Ryan Rogenes	SO	Northern State	11.56	NWI	1	740
4	Justin Richards		Um-Duluth	11.70	NWI	2	711
5	Keith Knoke	SR	Msu-Moorhead	11.73	NWI	2	705
6	John Ellich	FR	Um-Duluth	11.77	NWI	1	697
7	Jesse Heinz	FR	Northern State	11.83	NWI	1	685
8	Travis Schwarz	SO	Bemidji State	12.06	NWI	2	639
9	Jason Sydeko		Um-Duluth	12.09	NWI	2	633
10	Ben Mettling	SO	Bemidji State	12.57	NWI	2	543

Event 46 Decathlon: #2 Men Long Jump Decathlon

	Name	Yr	School	Finals	Wind	Points
Finals						
1	Keith Knoke	SR	Msu-Moorhead	6.49m	21-03.50 NWI	695
2	Ryan Rogenes	SO	Northern State	6.39m	20-11.75 NWI	673
3	Eric Longhenry	SR	Northern State	6.26m	20-06.50 NWI	644
4	John Ellich	FR	Um-Duluth	6.21m	20-04.50 NWI	632
5	Reed Tietz	SR	Concordia University	6.11m	20-00.50 NWI	610
6	Jason Sydeko		Um-Duluth	5.70m	18-08.50 NWI	523
7	Jesse Heinz	FR	Northern State	5.64m	18-06.00 NWI	510
8	Justin Richards		Um-Duluth	5.56m	18-03.00 NWI	494
9	Travis Schwarz	SO	Bemidji State	5.34m	17-06.25 NWI	449
10	Ben Mettling	SO	Bemidji State	5.28m	17-04.00 NWI	437

Event 46 Decathlon: #3 Men Shot Put Decathlon

	Name	Yr	School	Finals	Points	
Finals						
1	Eric Longhenry	SR	Northern State	14.31m	46-11.50	747
2	Reed Tietz	SR	Concordia University	13.34m	43-09.25	688
3	Travis Schwarz	SO	Bemidji State	11.45m	37-06.75	573
3	Ben Mettling	SO	Bemidji State	11.45m	37-06.75	573
5	Keith Knoke	SR	Msu-Moorhead	11.36m	37-03.25	568
6	John Ellich	FR	Um-Duluth	10.02m	32-10.50	487
7	Jesse Heinz	FR	Northern State	10.00m	32-09.75	486

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Moorhead State University

Results

Finals ... (Event 46 Decathlon: #3 Men Shot Put Decathlon)

Name	Yr	School	Finals	Points	
8 Justin Richards		Um-Duluth	9.83m	32-03.00	475
9 Jason Sydeko		Um-Duluth	9.43m	30-11.25	451
10 Ryan Rogenes	SO	Northern State	8.52m	27-11.50	397

Event 46 Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals	Points	
Finals					
1 Jason Sydeko		Um-Duluth	1.93m	6-04.00	740
1 Jesse Heinz	FR	Northern State	1.93m	6-04.00	740
3 Keith Knoke	SR	Msu-Moorhead	1.90m	6-02.75	714
3 Travis Schwarz	SO	Bemidji State	1.90m	6-02.75	714
5 Eric Longhenry	SR	Northern State	1.87m	6-01.50	687
5 John Ellich	FR	Um-Duluth	1.87m	6-01.50	687
7 Justin Richards		Um-Duluth	1.78m	5-10.00	610
7 Ryan Rogenes	SO	Northern State	1.78m	5-10.00	610
9 Ben Mettling	SO	Bemidji State	1.75m	5-08.75	585
9 Reed Tietz	SR	Concordia University	1.75m	5-08.75	585

Event 46 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals	H#	Points
Finals					
1 Eric Longhenry	SR	Northern State	50.49	2	792
2 Ryan Rogenes	SO	Northern State	52.90	2	686
3 Reed Tietz	SR	Concordia University	53.40	2	665
4 Keith Knoke	SR	Msu-Moorhead	53.77	2	649
5 John Ellich	FR	Um-Duluth	54.31	1	627
6 Justin Richards		Um-Duluth	54.54	2	617
7 Travis Schwarz	SO	Bemidji State	55.08	1	596
8 Jesse Heinz	FR	Northern State	56.31	2	547
9 Jason Sydeko		Um-Duluth	56.95	1	523
10 Ben Mettling	SO	Bemidji State	59.55	2	429

Event 46 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals	Wind	H#	Points
Finals						
1 Eric Longhenry	SR	Northern State	15.09	NWI	2	839
2 Keith Knoke	SR	Msu-Moorhead	15.78	NWI	2	758
3 Ryan Rogenes	SO	Northern State	16.01	NWI	2	732
4 Reed Tietz	SR	Concordia University	16.17	NWI	2	714
5 Justin Richards		Um-Duluth	17.25	NWI	2	598
6 Ben Mettling	SO	Bemidji State	17.60	NWI	1	563
7 Jesse Heinz	FR	Northern State	17.81	NWI	2	543
8 Jason Sydeko		Um-Duluth	18.60	NWI	1	468
9 Travis Schwarz	SO	Bemidji State	18.73	NWI	2	456
10 John Ellich	FR	Um-Duluth	19.64	NWI	1	378

Event 46 Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals	Points	
Finals					
1 Keith Knoke	SR	Msu-Moorhead	41.26m	135-04	690
2 Ben Mettling	SO	Bemidji State	38.43m	126-01	633

NSIC Conference 2003 - 5/9/2003 to 5/10/2003**Moorhead State University****Results****Finals ... (Event 46 Decathlon: #7 Men Discus Throw Decathlon)**

	Name	Yr	School	Finals		Points
3	Eric Longhenry	SR	Northern State	37.93m	124-05	623
4	Travis Schwarz	SO	Bemidji State	29.28m	96-01	450
5	Reed Tietz	SR	Concordia University	27.52m	90-03	416
6	John Ellich	FR	Um-Duluth	26.86m	88-01	403
7	Jesse Heinz	FR	Northern State	26.45m	86-09	395
8	Ryan Rogenes	SO	Northern State	26.43m	86-08	395
9	Jason Sydeko		Um-Duluth	21.80m	71-06	306
10	Justin Richards		Um-Duluth	21.24m	69-08	295

Event 46 Decathlon: #8 Men Pole Vault Decathlon

	Name	Yr	School	Finals		Points
Finals						
1	Keith Knoke	SR	Msu-Moorhead	4.30m	14-01.25	702
2	Eric Longhenry	SR	Northern State	4.20m	13-09.25	673
3	Justin Richards		Um-Duluth	2.90m	9-06.25	333
3	Ryan Rogenes	SO	Northern State	2.90m	9-06.25	333
3	Reed Tietz	SR	Concordia University	2.90m	9-06.25	333
3	Jesse Heinz	FR	Northern State	2.90m	9-06.25	333
7	Travis Schwarz	SO	Bemidji State	2.60m	8-06.25	264
7	Ben Mettling	SO	Bemidji State	2.60m	8-06.25	264
9	John Ellich	FR	Um-Duluth	2.30m	7-06.50	199
---	Jason Sydeko		Um-Duluth	NH		

Event 46 Decathlon: #9 Men Javelin Throw Decathlon

	Name	Yr	School	Finals		Points
Finals						
1	Reed Tietz	SR	Concordia University	49.32m	161-10	579
2	Justin Richards		Um-Duluth	44.68m	146-07	510
3	Keith Knoke	SR	Msu-Moorhead	41.39m	135-09	462
4	John Ellich	FR	Um-Duluth	39.08m	128-02	429
5	Eric Longhenry	SR	Northern State	38.02m	124-09	414
6	Ben Mettling	SO	Bemidji State	36.44m	119-07	391
7	Jason Sydeko		Um-Duluth	35.72m	117-02	380
8	Travis Schwarz	SO	Bemidji State	31.90m	104-08	326
9	Jesse Heinz	FR	Northern State	30.57m	100-03	307
10	Ryan Rogenes	SO	Northern State	25.08m	82-03	231

Event 46 Decathlon: #10 Men 1500 Meter Run Decathlon

	Name	Yr	School	Finals		Points
Finals						
1	Eric Longhenry	SR	Northern State	4:58.53		568
2	Travis Schwarz	SO	Bemidji State	5:02.64		545
3	John Ellich	FR	Um-Duluth	5:04.74		533
4	Justin Richards		Um-Duluth	5:09.95		504
5	Ryan Rogenes	SO	Northern State	5:10.51		501
6	Jesse Heinz	FR	Northern State	5:16.35		469
7	Jason Sydeko		Um-Duluth	5:18.12		460
8	Reed Tietz	SR	Concordia University	5:19.52		453
9	Ben Mettling	SO	Bemidji State	5:23.09		434
10	Keith Knoke	SR	Msu-Moorhead	5:30.40		397

NSIC Conference 2003 - 5/9/2003 to 5/10/2003**Moorhead State University****Results**Women - Team Rankings - 22 Events Scored

1) UM-Duluth	213	2) Northern State	151
3) Winona State University	131.5	4) Concordia University	102
5) MSU-Moorhead	100	6) Bemidji State	80
7) Wayne State College	60.5	8) University of Minnesota-Morris	20

Men - Team Rankings - 22 Events Scored

1) UM-Duluth	296.5	2) Northern State	161.5
3) Bemidji State	123.5	4) MSU-Moorhead	121
5) Wayne State College	73.5	6) Concordia University	68
7) University of Minnesota-Morris	9		