

Quentin Jones Invitational 2014 - 4/22/2014
Timing by Hero's Timing - www.herostiming.com
Thief River Falls
Results - Quentin Jones Invite

Girls 100 Meter Dash

	Name	School	Seed	Finals	H#	Points
Finals						
1	Berg, Allison	Detroit Lakes		13.26	1	10
2	Rasmusson, Brianna	Fergus Falls		13.28	3	8
3	Nelson, Cassidy	Moorhead		13.36	1	6
4	Santl, Lauren	Roseau		13.50	1	5
5	Zanotti, Lauren	Moorhead		13.51	1	4
6	Aho, Amzie	Fergus Falls		13.62	2	3
7	Hanson, Tiffany	East Grand Forks		13.73	1	2
8	Lee, Courtney	Thief River Falls		13.80	4	1
9	Falldorf, Emily	Bemidji		13.84	3	
10	Larson, Naomi	Detroit Lakes		13.87	2	
11	Disse, Emma	Detroit Lakes		13.89	2	
12	Goulet, Kelby	Warroad		13.89	2	
13	Werth, Kara	Moorhead		13.89	1	
14	Collins, Taylor	Warroad		14.01	2	
15	Santl, Lindsey	Roseau		14.02	2	
16	Okeson, Hannah	Detroit Lakes		14.05	4	
17	Carlstrom, Hailey	East Grand Forks		14.08	1	
18	Ringquist, Ally	Fergus Falls		14.13	1	
19	Erickson, Bridget	Warroad		14.23	2	
20	Langerak, Kate	Bemidji		14.30	4	
21	Enderson, Laura	Fergus Falls		14.48	5	
22	Yang, Amy	Bemidji		14.51	4	
23	Halvorson, Jozi	Red Lake County*		14.57	5	
24	Pearson, Lily	Fergus Falls		14.59	4	
25	Newcomb, Sophia	Moorhead		14.62	3	
26	Schaub, Brianna	Moorhead		14.62	2	
27	Lembke, Elizabeth	Detroit Lakes		14.66	5	
28	Kowalski, Sarah	Fergus Falls		14.70	6	
29	Hjelle, Cheyenne	Warroad		14.74	3	
30	Nelson, Tanya	Moorhead		14.84	3	
31	Sandvik, Emily	Warroad		14.84	3	
32	King, Mya	Bemidji		14.96	6	
33	Rusillo, Zoe	Red Lake County*		15.07	7	
34	Castro, Cassandra	Fergus Falls		15.22	4	
35	Bergseth, Frida	Detroit Lakes		15.32	6	
36	Baker, Hannah	Fergus Falls		15.35	5	
37	Williams, Makenzie	Red Lake County*		15.36	5	
38	Tuttle, Kristina	Roseau		15.40	4	
39	Rausch, Sophie	Fergus Falls		15.41	5	
40	Altenbernd, Jayci	Moorhead		15.52	3	
41	Schanz, Jade	Moorhead		15.55	7	
42	Kollman, Brittany	Fergus Falls		15.58	5	
43	Wicklund, Emily	Bgmr Freeze*		15.79	6	
44	Ginther, Sara	Moorhead		16.11	5	
45	Norindr, Sandalee	Warroad		16.17	3	
46	Johnson, Julia	Fergus Falls		16.33	6	
47	Shanfeld, Morgan	Bemidji		16.38	7	

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Name	School	Seed	Finals	H#	Points
48 Serratore, Emily	Bemidji		16.46	7	
49 Graff, Kailey	Fergus Falls		16.88	4	
50 Gutschlag, Sophie	Fergus Falls		16.92	7	
51 Kohler-Wilson, Kayla	Bemidji		17.24	7	

Girls 200 Meter Dash

Name	School	Seed	Finals	H#	Points
Finals					
1 Heinecke, Lindsey	Detroit Lakes		26.33	1	10
2 Olson, Katie	Moorhead		27.13	1	8
3 Truedson, Jenna	Bemidji		27.92	1	6
4 Serratore, Megan	Bemidji		28.58	1	5
5 Goulet, Kelby	Warroad		28.73	3	4
6 Dau, Shayla	Moorhead		28.96	2	3
7 Piche, Colette	East Grand Forks		28.99	1	2
8 Okeson, Hannah	Detroit Lakes		29.06	1	1
9 Huglen, Madeline	Roseau		29.16	2	
10 Daniels, Emma	Fergus Falls		29.17	2	
11 Aho, Amzie	Fergus Falls		29.21	2	
12 Hanninen, Olivia	Detroit Lakes		29.29	1	
13 Lee, Courtney	Thief River Falls		29.45	3	
14 Moe, Christal	East Grand Forks		29.50	2	
15 White, Ponny	East Grand Forks		29.76	1	
16 Ferrer, Ashley	Moorhead		29.96	2	
17 Ludwig, Haley	Moorhead		30.38	6	
18 Collins, Taylor	Warroad		30.64	3	
19 Philips, Keila	Moorhead		30.95	3	
20 Pearson, Lily	Fergus Falls		31.26	3	
21 Hickman, Hope	Bemidji		31.40	5	
22 Livermore, Clara	Detroit Lakes		31.41	2	
23 Wicklund, Emily	Bgmr Freeze*		31.68	4	
24 Alfaro, Lydia	Moorhead		31.70	2	
25 Lee, Kara	Moorhead		32.23	3	
26 Sandvik, Emily	Warroad		32.37	3	
27 Kihle, Brita	Roseau		32.55	4	
28 Frigaard, Chandler	Fergus Falls		32.60	3	
29 Budke, Lindsey	Fergus Falls		32.97	4	
30 Bruggeman, Haley	Thief River Falls		33.04	5	
31 Cole, Stephanie	Warroad		33.06	4	
32 Crowe, Alyssa	Warroad		33.19	6	
33 Wick, Tessa	Fergus Falls		33.24	4	
34 Castro, Cassandra	Fergus Falls		33.76	4	
35 Johnson, Julia	Fergus Falls		33.86	4	
36 Reynolds, Kaitlyn	Bemidji		33.91	5	
37 Ritchie, MacKenzie	Bemidji		34.59	6	
38 Shanfeld, Morgan	Bemidji		34.71	6	
39 Serratore, Emily	Bemidji		34.86	5	
40 VandeWege, Lydia	Roseau		35.14	4	
41 Gutschlag, Sophie	Fergus Falls		36.37	5	

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Name	School	Seed	Finals	H#	Points
42 Kohler-Wilson, Kayla	Bemidji		37.03	6	

Girls 400 Meter Dash

Name	School	Seed	Finals	H#	Points
Finals					
1 Heinecke, Lindsey	Detroit Lakes		59.26	1	10
2 Truedson, Jenna	Bemidji		1:00.17	1	8
3 Kay Johnson, Addie	Detroit Lakes		1:01.26	1	6
4 Eades, Erica	East Grand Forks		1:02.96	1	5
5 Hebel, Breanna	Roseau		1:03.97	1	4
6 Serratore, Megan	Bemidji		1:04.06	1	3
7 Norlin, Shelby	Thief River Falls		1:06.04	2	2
8 Thune, Lauryn	Thief River Falls		1:08.75	1	1
9 Fast, Jasmine	Warroad		1:09.26	1	
10 Pesch, Leah	East Grand Forks		1:09.34	2	
11 Livermore, Clara	Detroit Lakes		1:11.45	2	
12 Kugler, Joey	Fergus Falls		1:11.53	2	
13 Dahl, Marquelle	Thief River Falls		1:12.19	2	
14 Huot, Josie	Red Lake County*		1:12.37	2	
15 Bruggeman, Haley	Thief River Falls		1:13.75	3	
16 Szigety, Ashley	Thief River Falls		1:16.07	3	
17 Rusillo, Zoe	Red Lake County*		1:18.06	3	
18 Peterson, Savannah	Thief River Falls		1:18.16	3	
19 Nagle, Samantha	Bemidji		1:27.96	2	
20 Cory, Megan	Bemidji		1:29.51	2	

Girls 800 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 Fast, Lindsay	Warroad		2:41.35	10
2 Gislason, Anna	Bemidji		2:44.74	8
3 Vedbraaten, Jessica	Bgmr Freeze*		2:49.02	6
4 Jarandson, Kayla	Fergus Falls		2:51.14	5
5 Freyholtz, Sierra	Bemidji		2:52.66	4
6 Osborn, Mattie	Bemidji		2:55.78	3
7 Schmidt, Josie	Fergus Falls		2:56.11	2
8 Wentz, Rachel	Detroit Lakes		2:56.43	1
9 Kvebak, Kendra	Detroit Lakes		2:56.93	
10 Ottesen, Kenzie	Bgmr Freeze*		3:02.16	
11 Blaney, Katie	Detroit Lakes		3:03.97	
12 Perlmutter, Tanisha	Detroit Lakes		3:06.91	
13 Griggs, Lauren	Bemidji		3:11.25	
14 Heppner, Abby	Warroad		3:12.05	
15 Hannon, Brandi	Thief River Falls		3:16.65	
16 Heppner, Alex	Warroad		3:18.40	
17 Sanchez, Sophie	Clearbrook-Gonvick		3:23.22	

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Girls 1600 Meter Run

	Name	School	Seed	Finals	Points
Finals					
1	Magnusson, Annie	Fergus Falls		5:27.13	10
2	Huglen, Madeline	Roseau		5:36.97	8
3	Brunelle, Gretta	Warroad		5:55.30	6
4	Ratz, Emily	Fergus Falls		6:00.45	5
5	Reard, Emilie	Fergus Falls		6:02.83	4
6	Ostlie, Mackenzie	Detroit Lakes		6:05.09	3
7	Frazer, Hallie	Thief River Falls		6:06.15	2
8	LaCrosse, Megan	Red Lake County*		6:16.26	1
9	Kvebak, Kendra	Detroit Lakes		6:22.05	
10	Derosier, Madison	Red Lake County*		6:26.76	
11	Hanson, Tessa	East Grand Forks		6:32.40	
12	Eskeli, Kaylee	Thief River Falls		6:34.36	
13	Perlmutter, Tanisha	Detroit Lakes		6:34.91	
14	Goulet, Madison	Warroad		6:37.16	
15	Smith, Amber	Bemidji		6:40.32	
16	Swenson, Abby	Fergus Falls		6:41.35	
17	Blaney, Katie	Detroit Lakes		6:45.98	
18	Dallman, Chloe	Detroit Lakes		7:21.80	
19	Hannon, Brandi	Thief River Falls		7:51.52	

Girls 3200 Meter Run

	Name	School	Seed	Finals	Points
Finals					
1	Ostlie, Megan	Detroit Lakes		11:39.98	10
2	Nelson, Ellie	Roseau		12:09.78	8
3	Brunelle, Emma	Warroad		12:44.59	6
4	Foltz, Samantha	Detroit Lakes		12:48.97	5
5	Kunkel, Heather	Detroit Lakes		13:19.55	4
6	Schmidt, Johanna	Fergus Falls		13:24.17	3
7	Groth, Haley	Detroit Lakes		13:29.46	
8	Hatlewick, McKenna	Fergus Falls		13:38.09	2
9	Ueland, Hailee	Thief River Falls		13:49.14	1
10	Eckberg, Auroura	Detroit Lakes		14:01.96	
11	Kvebak, Elizabeth	Detroit Lakes		14:18.93	

Girls 100 Meter Hurdles

	Name	School	Seed	Finals	H#	Points
Finals						
1	Biermaier, Meleah	Thief River Falls		15.92	1	10
2	Jerome, Maddie	Roseau		16.81	1	8
3	Carey, Amy	Bemidji		17.24	1	6
4	Vedbraaten, Jessica	Bgmr Freeze*		17.62	1	5
5	Henderickson, Nicole	Bemidji		18.09	1	4
6	Chavez, Leah	Detroit Lakes		18.32	1	3
7	Maki, Madison	Bemidji		18.95	3	2
8	Longtin, Ashley	Red Lake County*		19.10	1	1
9	Dahl, Emily	Moorhead		19.14	1	

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Finals ... (Girls 100 Meter Hurdles)

	Name	School	Seed	Finals	H#	Points
10	Hockert, Brianna	Thief River Falls		19.27	2	
11	Harrier, Josie	Detroit Lakes		19.48	3	
12	Buegel, Lesley	Moorhead		19.50	3	
13	Borowicz, Kiley	Roseau		19.65	2	
14	LaCrosse, Megan	Red Lake County*		19.83	3	
15	Anderson, Aletta	East Grand Forks		20.10	2	
16	Lindeman, Rachel	Roseau		20.35	3	
17	Larson, Naomi	Detroit Lakes		20.36	2	
18	Halvorson, Jozi	Red Lake County*		20.57	2	
19	Wisenden, Elizabeth	Moorhead		20.72	4	
20	Hauf, Stephanie	Moorhead		21.05	3	
21	Grove, Elizabeth	Warroad		21.14	2	
22	Williams, Makenzie	Red Lake County*		21.41	4	
23	Eichenberger, Grace	Warroad		21.51	2	
24	DuChene, Courtney	Moorhead		21.83	2	
25	Ferrer, Ashley	Moorhead		22.01	3	
26	Bernstein, Julia	Red Lake County*		22.44	3	
27	Littlewolf, Amayah	Bemidji		23.24	4	

Girls 300 Meter Hurdles

	Name	School	Seed	Finals	H#	Points
Finals						
1	Biermaier, Meleah	Thief River Falls		45.18	1	10
2	Carey, Amy	Bemidji		47.64	1	8
3	Jerome, Maddie	Roseau		48.97	2	6
4	Henderickson, Nicole	Bemidji		50.26	2	5
5	Ulllyott, Abby	Detroit Lakes		50.39	1	4
6	Borowicz, Kiley	Roseau		52.67	1	3
7	Chavez, Leah	Detroit Lakes		53.17	2	2
8	Johnson, Kendall	Moorhead		53.81	2	1
9	Rhodes, Hannah	Detroit Lakes		54.41	1	
10	Anderson, Aletta	East Grand Forks		55.48	2	
11	Longtin, Ashley	Red Lake County*		55.64	1	
12	Lyngaas, Molly	Detroit Lakes		56.22	3	
13	Hockert, Brianna	Thief River Falls		56.81	1	
14	Buegel, Lesley	Moorhead		57.57	2	
15	Maki, Madison	Bemidji		57.64	3	
16	Wisenden, Elizabeth	Moorhead		57.92	3	
17	Lindeman, Rachel	Roseau		58.28	3	
18	Harrier, Josie	Detroit Lakes		59.06	3	
19	Dahl, Emily	Moorhead		59.43	2	
20	Grove, Elizabeth	Warroad		1:00.12	1	
21	Hauf, Stephanie	Moorhead		1:02.33	3	
22	Derosier, Madison	Red Lake County*		1:02.89	3	
23	Bernstein, Julia	Red Lake County*		1:06.69	3	
---	Sanchez, Karissa	Moorhead		DQ	2	

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Girls 4x100 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Moorhead	A		52.02	1	10
1) Wong, Marissa	2) Olson, Katie	3) Nelson, Cassidy	4) Werth, Kara		
2 Detroit Lakes	A		53.30	1	8
3 Roseau	A		53.75	1	6
4 East Grand Forks	A		54.09	1	5
5 Thief River Falls	A		54.50	1	4
6 East Grand Forks	B		56.56	2	
7 Fergus Falls	A		56.80	1	3
8 Bemidji	A		57.18	2	2
9 Warroad	A		57.83	1	1
10 Detroit Lakes	B		58.00	2	
11 Moorhead	B		58.96	2	
12 Fergus Falls	B		59.53	2	
13 Fergus Falls	C		59.89	2	
14 Warroad	B		1:00.21	2	
15 Moorhead	C		1:06.92	2	

Girls 4x200 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Detroit Lakes	A		1:50.28	1	10
1) Kay Johnson, Addie	2) Disse, Emma	3) Halbakken, Sarah	4) Heinecke, Lindsey		
2 Roseau	A		1:53.74	1	8
3 Moorhead	A		1:54.38	1	6
4 Thief River Falls	A		1:54.65	1	5
5 Bemidji	A		1:54.97	1	4
6 Fergus Falls	A		1:55.80	1	3
7 East Grand Forks	A		1:56.26	1	2
8 Warroad	A		1:57.19	1	1
9 Detroit Lakes	B		1:58.76	2	
10 East Grand Forks	B		1:59.40	2	
11 Thief River Falls	B		1:59.50	2	
12 Moorhead	C		2:00.33	2	
13 Red Lake County*	A		2:03.18	2	
14 Moorhead	B		2:03.64	2	
15 Bemidji	B		2:06.93	2	
16 Fergus Falls	B		2:07.33	3	
17 Bemidji	C		2:07.76	3	
18 Warroad	B		2:08.23	2	

Girls 4x400 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 East Grand Forks	A		4:22.73	1	10
2 Bemidji	A		4:25.43	1	8
3 Detroit Lakes	A		4:25.47	1	6
4 Thief River Falls	A		4:29.06	1	5
5 Moorhead	A		4:33.72	1	4

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Team	Relay	Seed	Finals	H#	Points
6 Fergus Falls	A		4:35.72	1	3
7 Warroad	A		4:49.52	1	2
8 Moorhead	B		4:49.81	2	
9 Roseau	A		4:58.07	2	1
10 Red Lake County*	A		5:07.36	2	
11 Warroad	B		5:19.57	2	

Girls 4x800 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Bemidji	A		10:02.12	10
1) Laakso, Claire	2) Hamrin, Sadie	3) Gislason, Arie	4) Serratore, Megan	
2 East Grand Forks	A		10:28.54	8
3 Detroit Lakes	A		10:36.39	6
4 Warroad	A		11:01.43	5
5 Roseau	A		11:13.34	4
6 Thief River Falls	A		11:16.57	3
7 Bemidji	B		11:29.72	
8 Fergus Falls	A		11:52.49	2

Girls High Jump

Name	School	Seed	Finals	Points
Finals				
1 Berg, Allison	Detroit Lakes		5-00.00	10
2 Falldorf, Emily	Bemidji		4-10.00	8
3 Norgren, Lauren	Fergus Falls		4-10.00	6
4 Yaggie, Brooke	Thief River Falls		4-10.00	5
5 Kurtti, Nicole	Moorhead		4-10.00	4
6 Longtin, Ashley	Red Lake County*		4-08.00	3
7 Hegg, Jasmine	Warroad		4-08.00	2
8 Ludwig, Haley	Moorhead		4-08.00	.50
8 Chadwick, Maura	Bemidji		4-08.00	.50
10 Rickert, Adriane	Bemidji		4-06.00	
10 Buegel, Lesley	Moorhead		4-06.00	
10 Willford, Hannah	Bemidji		4-06.00	
10 Leier, Jennicca	Thief River Falls		4-06.00	
10 Huglen, Madeline	Roseau		4-06.00	
10 Jensen, Cassandra	Detroit Lakes		4-06.00	
10 Pritchett, Allison	East Grand Forks		4-06.00	
17 Pearson, Lily	Fergus Falls		4-03.00	
17 Lindeman, Rachel	Roseau		4-03.00	
17 Eichenberger, Grace	Warroad		4-03.00	
17 Rhodes, Hannah	Detroit Lakes		4-03.00	
17 Budke, Lindsey	Fergus Falls		4-03.00	
22 Fettig, Heather	Roseau		4-00.00	
22 St. Claire, McKayla	Detroit Lakes		4-00.00	
22 Goulet, Kelby	Warroad		4-00.00	
22 Philips, Keila	Moorhead		4-00.00	
22 Sheridan, Hallie	Fergus Falls		4-00.00	

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27 Olds, Mathia	Detroit Lakes		4.00	
--- Rausch, Sophie	Fergus Falls		NH	
--- Melgaard, Katie	Roseau		NH	
--- Raske, Delaney	Moorhead		NH	
--- Brinkman, Cierra	Roseau		NH	
--- Derosier, Madison	Red Lake County*		NH	

Girls Pole Vault

Name	School	Seed	Finals	Points
Finals				
1 Nelson, Jady	Bgmr Freeze*		9-00.00	10
2 Hickman, Hope	Bemidji		8-06.00	8
3 Johnson, Kendall	Moorhead		8-06.00	6
4 Danielson, Rebekah	Roseau		8-00.00	5
5 Schanz, Jade	Moorhead		7-06.00	4
6 Eskeli, Kaylee	Thief River Falls		7-06.00	2.50
6 Osborn, Mattie	Bemidji		7-06.00	2.50
8 Rickert, Adriane	Bemidji		7-06.00	1
9 Crawford, Katie	Detroit Lakes		7-00.00	
9 DuChene, Courtney	Moorhead		7-00.00	
9 Dahl, Emily	Moorhead		7-00.00	
9 Brunelle, Gretta	Warroad		7-00.00	
13 Lyngaas, Molly	Detroit Lakes		6-06.00	
13 Dahl, Marquelle	Thief River Falls		6-06.00	
13 Reynolds, Kaitlyn	Bemidji		6-06.00	
13 Arntson, Heather	Moorhead		6-06.00	
13 Schmidt, Grace	Moorhead		6-06.00	
13 Eidsness, Erin	Moorhead		6-06.00	
13 Rheault, Caiden	Moorhead		6-06.00	
13 Poppen, Candace	Moorhead		6-06.00	
21 Kirk, Molly	Moorhead		6-00.00	
21 Hanson, Tiffany	East Grand Forks		6-00.00	
21 Serratore, Emily	Bemidji		6-00.00	
21 Hauf, Stephanie	Moorhead		6-00.00	
21 Thune, Lauryn	Thief River Falls		6-00.00	
--- Ritchie, MacKenzie	Bemidji		NH	
--- Shanfeld, Morgan	Bemidji		NH	

Girls Long Jump

Name	School	Seed	Finals	Points
Finals				
1 Berg, Allison	Detroit Lakes		16-07.50	10
2 Rasmusson, Brianna	Fergus Falls		16-02.50	8
3 Ludwig, Haley	Moorhead		14-11.00	6
4 Yaggie, Brooke	Thief River Falls		14-11.00	5
5 Enderson, Laura	Fergus Falls		14-09.00	4
6 Hebel, Breanna	Roseau		14-08.50	3
7 Molander, Darci	Detroit Lakes		14-08.25	2
8 Collins, Taylor	Warroad		14-08.25	1

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9	Narum, Sydne	Moorhead		14-08.00	
10	Mercil, Madison	Moorhead		14-07.50	
11	Wong, Marissa	Moorhead		14-06.50	
12	Werth, Kara	Moorhead		14-06.00	
12	Nelson, Jady	Bgmr Freeze*		14-06.00	
14	Kainz, Kelsey	Thief River Falls		14-02.00	
15	Carey, Amy	Bemidji		14-01.00	
16	Colligan, Brylee	Bemidji		14-00.50	
17	Ringquist, Ally	Fergus Falls		13-11.50	
18	Arroyo, Alex	East Grand Forks		13-11.00	
19	Kurtti, Nicole	Moorhead		13-10.50	
19	Aho, Amzie	Fergus Falls		13-10.50	
21	Lyngaas, Molly	Detroit Lakes		13-10.00	
21	Chavez, Leah	Detroit Lakes		13-10.00	
21	Daniels, Emma	Fergus Falls		13-10.00	
24	Zanotti, Lauren	Moorhead		13-09.50	
25	Vedbraaten, Jessica	Bgmr Freeze*		13-08.00	
26	Larson, Naomi	Detroit Lakes		13-07.00	
27	Langerak, Kate	Bemidji		13-06.00	
28	Greendahl, Alexa	Bemidji		13-04.00	
29	Kowalski, Sarah	Fergus Falls		13-03.00	
30	Lee, Kara	Moorhead		13-02.00	
31	Halvorson, Jozi	Red Lake County*		13-01.00	
32	Lundberg, Jordan	Detroit Lakes		13-00.00	
32	LaCrosse, Megan	Red Lake County*		13-00.00	
34	Huot, Josie	Red Lake County*		12-10.50	
35	Shanfeld, McKenna	Bemidji		12-09.50	
35	Tangen, Bethany	Roseau		12-09.50	
35	Yang, Amy	Bemidji		12-09.50	
38	Jensen, Cassandra	Detroit Lakes		12-07.50	
39	Baker, Hannah	Fergus Falls		12-07.00	
40	Bergseth, Frida	Detroit Lakes		12-04.50	
41	Ginther, Sara	Moorhead		12-02.50	
42	Peterson, Savannah	Thief River Falls		12-01.50	
43	Williams, Makenzie	Red Lake County*		12-01.00	
43	Kihle, Brita	Roseau		12-01.00	
45	Fettig, Heather	Roseau		11-11.00	
46	Skyberg, Rylee	East Grand Forks		11-10.50	
46	Raske, Delaney	Moorhead		11-10.50	
48	Kollman, Brittany	Fergus Falls		11-09.00	
49	Ottesen, Kenzie	Bgmr Freeze*		11-01.00	
50	Altenbernd, Jayci	Moorhead		11-00.50	
51	Hannon, Brandi	Thief River Falls		10-03.50	
52	Graff, Kailey	Fergus Falls		9-10.50	
53	Cory, Megan	Bemidji		9-04.50	
54	Bernstein, Julia	Red Lake County*		8-07.50	
---	White, Ponny	East Grand Forks		FOUL	
---	McCullough, Morgan	Bgmr Freeze*		FOUL	

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Girls Triple Jump

	Name	School	Seed	Finals	Points
Finals					
1	Rasmusson, Brianna	Fergus Falls		35-05.00	10
2	Wong, Marissa	Moorhead		34-02.00	8
3	Ludwig, Haley	Moorhead		33-07.50	6
4	Molander, Darci	Detroit Lakes		33-00.00	5
5	Johnson, Kira	Thief River Falls		32-05.50	4
6	Kurtti, Nicole	Moorhead		32-00.50	3
7	Vedbraaten, Jessica	Bgmr Freeze*		31-06.50	2
8	Halbakken, Sarah	Detroit Lakes		31-05.50	1
9	Harrier, Josie	Detroit Lakes		30-10.00	
10	Arroyo, Alex	East Grand Forks		30-09.50	
11	Mercil, Madison	Moorhead		30-07.50	
12	Norlin, Shelby	Thief River Falls		30-06.00	
13	Ripley, Claire	Fergus Falls		29-09.50	
14	Daniels, Emma	Fergus Falls		29-06.75	
15	Nelson, Jady	Bgmr Freeze*		29-06.50	
16	Greendahl, Alexa	Bemidji		29-02.00	
17	Jorgenson, Hailey	Detroit Lakes		28-07.50	
18	Chadwick, Maura	Bemidji		28-06.00	
19	Frigaard, Chandler	Fergus Falls		28-04.25	
20	Fast, Lindsay	Warroad		28-00.25	
21	Hockert, Brianna	Thief River Falls		28-00.00	
22	St. Claire, McKayla	Detroit Lakes		27-04.00	
23	Pritchett, Allison	East Grand Forks		27-03.75	
24	Heppner, Abby	Warroad		26-05.50	
25	Thompson, Elizabeth	Bemidji		24-04.75	
26	Medland, Abby	Bemidji		24-04.00	
27	Kihle, Brita	Roseau		22-09.00	
28	Brinkman, Cierra	Roseau		22-06.00	
29	Heppner, Alex	Warroad		22-01.00	

Girls Shot Put

	Name	School	Seed	Finals	Points
Finals					
1	Nielsen, Shay	Detroit Lakes		43-05.00	10
2	Nelson, Karly	East Grand Forks		33-11.00	8
3	Barker, Kaylee	Moorhead		33-06.00	6
4	Marshall, Frances	Thief River Falls		32-04.00	5
5	Hoffert, Madeline	Detroit Lakes		32-02.00	4
6	Steele, Elissa	Thief River Falls		32-00.00	3
7	Loken, Kaylee	Roseau		30-04.00	2
8	Colligan, Brylee	Bemidji		30-03.00	1
9	Miller, Erin	Moorhead		29-05.00	
10	Nelson, Amanda	Fergus Falls		28-06.00	
11	Borowicz, Kiley	Roseau		28-00.00	
11	Christianson, Kaitlyn	Roseau		28-00.00	
13	Leier, Jennicca	Thief River Falls		26-10.00	
14	Littlewolf, Amayah	Bemidji		26-05.00	

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Finals ... (Girls Shot Put)

Name	School	Seed	Finals	Points
15 Defatte, Sadie	Bemidji		26-01.00	
16 Nephew, Dannah	Detroit Lakes		26-00.00	
17 Crowe, Alyssa	Warroad		25-10.00	
18 Annett, Katelyn	Bemidji		25-06.00	
19 Thompson, Madison	Red Lake County*		25-04.00	
20 Hanninen, Olivia	Detroit Lakes		25-03.00	
20 Schanz, Jade	Moorhead		25-03.00	
22 Crowe, Katelyn	Warroad		24-07.00	
23 Cummings, Kaylen	East Grand Forks		24-03.00	
24 Lundberg, Jordan	Detroit Lakes		24-00.00	
25 Medicraft, Anna	Roseau		23-10.00	
26 Vonesh, Elli	East Grand Forks		23-05.00	
27 Geese, Dee	Fergus Falls		23-03.00	
27 Ramsey, Daysha	East Grand Forks		23-03.00	
29 Hanson, Tyra	Bgmr Freeze*		23-02.00	
30 DeMartelaere, Hana	Fergus Falls		22-02.00	
31 Nobles, Josie	Bgmr Freeze*		21-10.00	
32 Amsley-Benzie, Morgan	Warroad		21-05.00	
33 Hanson, Krystal	Bgmr Freeze*		21-04.00	
34 Jackson, Aliya	Moorhead		21-00.00	
35 Birkholz, Tessa	East Grand Forks		20-08.00	
36 Haats, Stephanie	Warroad		20-07.00	
37 VandeWege, Lydia	Roseau		18-05.00	
38 Nundahl, Hannah	Moorhead		18-00.00	
39 Koo, Min-A	Bgmr Freeze*		16-11.00	

Girls Discus Throw

Name	School	Seed	Finals	Points
Finals				
1 Nielsen, Shay	Detroit Lakes		118-05	10
2 Christianson, Kaitlyn	Roseau		93-05	8
3 Marshall, Frances	Thief River Falls		92-00	6
4 Nelson, Karly	East Grand Forks		91-07	5
5 Barker, Kaylee	Moorhead		90-04	4
6 Thompson, Madison	Red Lake County*		89-02	3
7 Groesbeck, Kate	Fergus Falls		88-09	2
8 Loken, Kaylee	Roseau		84-06	1
9 Nephew, Dannah	Detroit Lakes		83-03	
10 Nobles, Josie	Bgmr Freeze*		80-04	
11 Hoffert, Madeline	Detroit Lakes		79-03	
12 Nelson, Amanda	Fergus Falls		73-05	
13 Lundberg, Jordan	Detroit Lakes		73-04	
14 Damm, Alyssa	Clearbrook-Gonvick		72-02.50	
15 Vonesh, Elli	East Grand Forks		70-04	
16 Steele, Elissa	Thief River Falls		70-02	
17 Eidsness, Erin	Moorhead		67-04.50	
18 Medicraft, Anna	Roseau		64-02	
19 Hanson, Krystal	Bgmr Freeze*		63-10	
20 Lembke, Elizabeth	Detroit Lakes		62-06	

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Finals ... (Girls Discus Throw)

Name	School	Seed	Finals	Points
21 Birkholz, Tessa	East Grand Forks		60-10.50	
22 Annett, Katelyn	Bemidji		60-09	
23 Cummings, Kaylen	East Grand Forks		58-08.50	
24 Schanz, Jade	Moorhead		55-10	
25 Crowe, Alyssa	Warroad		53-11	
26 Frazer, Hallie	Thief River Falls		53-01	
27 Hanson, Tyra	Bgmr Freeze*		52-02	
28 Kvebak, Elizabeth	Detroit Lakes		51-03	
29 Nundahl, Hannah	Moorhead		50-10.50	
30 Haats, Stephanie	Warroad		49-06	
31 Amsley-Benzie, Morgan	Warroad		47-08.50	
32 Amb, Kelli	Bgmr Freeze*		44-04	
33 VandeWege, Lydia	Roseau		42-02	
34 Goose, Katie	Bemidji		41-00	
35 Crowe, Katelyn	Warroad		40-07	
36 Ramsey, Daysha	East Grand Forks		37-03	
--- Miller, Erin	Moorhead		FOUL	
--- Jackson, Aliya	Moorhead		FOUL	
--- Littlewolf, Amayah	Bemidji		FOUL	
--- Koo, Min-A	Bgmr Freeze*		FOUL	

Boys 100 Meter Dash

Name	School	Seed	Finals	H#	Points
Finals					
1 Andersen, Brady	Moorhead		11.30	1	10
2 Delburne, Devante	Moorhead		11.60	2	8
3 Delburne, Maliq	Moorhead		11.69	2	6
4 Hallisey, Johnathan	Detroit Lakes		11.82	2	5
5 Pahlen, Jared	Roseau		11.82	1	4
6 Lemke, Taylor	Fergus Falls		11.86	1	3
7 Duginski, Michael	Moorhead		11.86	1	
8 Hutton, Ian	Thief River Falls		12.17	3	2
9 Finseth, Alex	Thief River Falls		12.24	2	1
10 Hawkins, Noah	Thief River Falls		12.28	1	
11 Vollen, Alex	Bemidji		12.28	1	
12 Stitch, Tyler	Moorhead		12.32	2	
13 George, Willy	Warroad		12.33	1	
14 Cole, Mitchell	Fergus Falls		12.34	3	
15 Steffes, Andrew	Bemidji		12.51	2	
16 Gilbert, Logan	Bemidji		12.55	2	
17 Schwan, Carter	Detroit Lakes		12.60	2	
18 Kudée, Jamcy	Thief River Falls		12.67	5	
19 Jessen, Erik	Roseau		12.68	3	
20 Velde, Luke	Fergus Falls		12.69	7	
21 Kowalski, Daniel	Fergus Falls		12.79	4	
22 Duong, Phuong	Warroad		12.81	1	
23 Shaw, Nathan	Roseau		12.81	5	
24 Stang, Cameron	Bemidji		12.81	4	
25 Samuelson, Alan	Thief River Falls		12.81	5	

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Finals ... (Boys 100 Meter Dash)

Name	School	Seed	Finals	H#	Points
26 Yartz, Wyatt	Bemidji		12.85	3	
27 Nelson, Sam	Fergus Falls		12.90	4	
28 Grospe, Tynan	Bemidji		12.90	3	
29 Bush, Ethan	Bemidji		12.92	3	
30 Martel, Blake	Moorhead		12.93	5	
31 Bakke, Tristan	Clearbrook-Gonvick		12.95	4	
32 Wulfekuhle, Tanner	Fergus Falls		12.97	4	
33 Gross, Josiah	Roseau		13.02	6	
34 Orgon, Jared	Roseau		13.06	6	
35 Eklie, Ryder	Warroad		13.16	5	
36 Snell, Nate	Bemidji		13.26	3	
37 Binkert, Connor	Bemidji		13.36	5	
38 Milksseth, Thomas	Bemidji		13.42	4	
39 Bannerman, Wyatt	Bgmr Freeze*		13.47	5	
40 Devorak, Hayden	Fergus Falls		13.51	4	
41 Hunt, Noah	Bemidji		13.52	3	
42 Kim, Dohee	Detroit Lakes		13.53	6	
43 Dietrich, Logan	East Grand Forks		13.54	7	
44 Johnson, Carlin	Roseau		13.67	7	
45 Plante, Nick	Red Lake County*		13.71	6	
46 Bakke, Samuel	Bemidji		13.79	4	
47 Mitchell, Cole	Bemidji		13.88	6	
48 Paulson, Daniel	Moorhead		14.05	5	
49 Klegstad, Logan	Bgmr Freeze*		14.06	7	
50 Sandahl, Tyler	Red Lake County*		14.22	6	
51 Mortenson, Jonathan	Warroad		14.23	7	
52 Engberg, Sawyer	Clearbrook-Gonvick		14.55	6	
53 Ziegler, Zach	East Grand Forks		14.63	7	
54 Dahl, Cristian	Thief River Falls		14.81	6	
55 Black, Ethan	Detroit Lakes		16.03	7	
56 McDonald, Richmond	Thief River Falls		17.63	7	

Boys 200 Meter Dash

Name	School	Seed	Finals	H#	Points
Finals					
1 Andersen, Brady	Moorhead		22.88	1	10
2 Lawrence, Jade	Moorhead		23.06	1	8
3 Lawrence, Brett	Moorhead		23.32	1	6
4 Pahlen, Jared	Roseau		23.70	1	5
5 Labine, Brady	Detroit Lakes		23.79	1	4
6 Lemke, Taylor	Fergus Falls		23.97	3	3
7 Tingelstad, Zachary	East Grand Forks		24.54	1	2
8 Hutton, Ian	Thief River Falls		25.08	2	1
9 Stewart, Grant	Thief River Falls		25.32	2	
10 Schwan, Carter	Detroit Lakes		25.40	2	
11 Christofferson, Payton	Bemidji		25.45	3	
12 Finseth, Alex	Thief River Falls		25.61	2	
13 Hawkins, Noah	Thief River Falls		25.69	2	
14 Sampson, Mason	Detroit Lakes		25.86	3	

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Finals ... (Boys 200 Meter Dash)

Name	School	Seed	Finals	H#	Points
15 Bakke, Tristan	Clearbrook-Gonvick		25.88	3	
16 Bush, Ethan	Bemidji		26.00	4	
17 Shaw, Nathan	Roseau		26.03	3	
18 Lambert, Devin	Red Lake County*		26.13	1	
19 Wallington, David	Fergus Falls		26.15	4	
20 Kowalski, Daniel	Fergus Falls		26.31	4	
21 Appleton, Caleb	Bemidji		26.39	3	
22 Nelson, Sam	Fergus Falls		26.56	4	
23 Martel, Blake	Moorhead		26.60	4	
24 Snell, Nate	Bemidji		26.79	2	
25 LePard, Jacob	Roseau		26.86	4	
26 Jasken, Marcus	Detroit Lakes		27.07	3	
27 Gustafson, Dylan	Red Lake County*		27.26	1	
28 Cain, Dylan	Warroad		27.34	2	
29 Kim, Dohee	Detroit Lakes		27.55	4	
30 Bannerman, Wyatt	Bgmr Freeze*		28.08	5	
31 Mortenson, Jonathan	Warroad		28.12	2	
32 Dietrich, Logan	East Grand Forks		28.47	6	
33 Paulson, Daniel	Moorhead		28.68	4	
34 Michon, Hunter	Detroit Lakes		28.87	3	
35 Tenneson, Jon	Fergus Falls		29.02	6	
36 Anderson, Zak	Bgmr Freeze*		29.27	5	
37 Ziegler, Zach	East Grand Forks		29.51	5	
38 Sandahl, Tyler	Red Lake County*		30.08	6	
39 Dahl, Cristian	Thief River Falls		32.26	5	
40 Black, Ethan	Detroit Lakes		34.23	6	
41 McDonald, Richmond	Thief River Falls		34.96	5	

Boys 400 Meter Dash

Name	School	Seed	Finals	H#	Points
Finals					
1 Lillehaugen, Luke	Moorhead		52.43	1	10
2 Johnson, Kade	Bemidji		54.49	1	8
3 Hatfield, Logan	Bemidji		55.00	1	6
4 Christofferson, Payton	Bemidji		55.10	1	5
5 Widner, Alex	Moorhead		55.51	1	4
6 Appleton, Caleb	Bemidji		55.73	1	
7 Miller, Ben	East Grand Forks		56.36	2	3
8 Schussman, Alex	Bemidji		56.68	2	
9 Clifton, Austin	East Grand Forks		57.21	3	2
10 Gendron, Austin	Fergus Falls		57.53	2	1
11 Ervin, Michael	Fergus Falls		57.68	2	
12 Stewart, Grant	Thief River Falls		58.41	5	
13 Hutton, Ian	Thief River Falls		58.54	4	
14 Stuvland, Elijah	Moorhead		58.65	2	
15 Wokasch, Nathan	Roseau		58.75	2	
16 Edwards, Cody	Detroit Lakes		58.76	2	
17 Ternes, Sam	Clearbrook-Gonvick		59.22	3	
18 Olsen, Derek	Roseau		59.47	3	

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Finals ... (Boys 400 Meter Dash)

	Name	School	Seed	Finals	H#	Points
19	Rogstad, Trevor	Clearbrook-Gonvick		59.64	5	
20	Grove, Joseph	Moorhead		59.67	1	
21	Newland, Derick	Thief River Falls		1:00.08	3	
22	Williamson, Ethan	East Grand Forks		1:00.50	3	
23	Kasper, Lucas	Fergus Falls		1:01.50	3	
24	Ryan, Jordan	Detroit Lakes		1:01.89	4	
25	Bakken, Quinn	Detroit Lakes		1:01.96	4	
26	Cain, Dylan	Warroad		1:02.53	1	
27	Klegstad, Logan	Bgmr Freeze*		1:03.71	2	
28	Fowler, Kyle	Thief River Falls		1:04.74	3	
29	Yamane, Connor	Detroit Lakes		1:05.45	5	
30	Dietrich, Logan	East Grand Forks		1:06.15	5	
31	Ziegler, Zach	East Grand Forks		1:07.48	5	
32	Zutz, Tayton	Thief River Falls		1:08.20	4	
33	Tappe, Ryan	Warroad		1:11.25	3	
34	Spent, Kyle	Warroad		1:11.41	4	
35	Wistedt, Chris	Clearbrook-Gonvick		1:17.91	5	

Boys 800 Meter Run

	Name	School	Seed	Finals	H#	Points
Finals						
1	Lundstrom, Matthew	Detroit Lakes		2:04.09	1	10
2	Fritz, Jacob	Detroit Lakes		2:05.16	1	8
3	Perez, Miguel	East Grand Forks		2:05.93	1	6
4	Gagner, Cody	Red Lake County*		2:10.30	1	5
5	Freyholtz, Billy	Bemidji		2:13.39	1	4
6	Bring, Logan	Bgmr Freeze*		2:15.66	1	3
7	Dos Santos, Alessandro	East Grand Forks		2:17.31	1	2
8	Buboltz, Zack	Detroit Lakes		2:17.76	1	1
9	Klopp, Taylor	Thief River Falls		2:18.26	1	
10	Joppru, Kristopher	Thief River Falls		2:18.32	1	
11	Youso, Ethan	Bemidji		2:18.74	1	
12	Livermore, Jesse	Detroit Lakes		2:22.80	1	
13	Roder, Cody	Bemidji		2:25.11	2	
14	Carlson, Joel	Bemidji		2:28.86	2	
15	Johnson, Tristan	Detroit Lakes		2:32.10	2	
16	Harrington, Steve	Fergus Falls		2:32.46	2	
17	Gudmunson, Kenner	Bemidji		2:33.60	2	
18	Rietveld, Paul	Bemidji		2:39.32	2	
19	Nelson, Wyatt	Detroit Lakes		2:39.52	2	
20	Nelson, Derek	Bgmr Freeze*		2:41.04	2	
21	Smith, Collin	Thief River Falls		2:44.59	2	
22	Swanson, Alex	Bemidji		2:45.43	2	
23	Regorra, Ben	East Grand Forks		2:46.19	2	
24	Jensen, Tyler	Red Lake County*		2:48.08	2	
25	Afshari, Drew	East Grand Forks		2:49.67	2	
26	Browning, Evan	Thief River Falls		2:54.89	2	
27	Zutz, Tayton	Thief River Falls		2:57.40	2	
28	Erickson, Chandler	Red Lake County*		3:01.88	2	

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Boys 1600 Meter Run

Name	School	Seed	Finals	H#	Points
Finals					
1 Lundstrom, Matthew	Detroit Lakes		4:30.50	1	10
2 Danielson, Connor	Fergus Falls		4:31.65	1	8
3 Jennen, Jacob	Fergus Falls		4:43.70	1	6
4 Freyholtz, Billy	Bemidji		4:55.57	1	5
5 Nelson, Weston	Roseau		4:56.21	1	4
6 Joppru, Kristopher	Thief River Falls		4:57.60	1	3
7 Gagner, Cody	Red Lake County*		4:58.59	1	2
8 Buboltz, Zack	Detroit Lakes		5:01.39	1	1
9 Berg, Isaac	Bemidji		5:01.40	1	
10 Youso, Ethan	Bemidji		5:02.82	1	
11 Klopp, Taylor	Thief River Falls		5:06.31	1	
12 Carlson, Joel	Bemidji		5:17.82	1	
13 Erickson, Brett	Roseau		5:22.37	1	
14 Livermore, Jesse	Detroit Lakes		5:24.82	1	
15 Gudmunson, Kenner	Bemidji		5:27.77	2	
16 Edvall, Connor	Detroit Lakes		5:30.24	2	
17 Powell, Brian	Thief River Falls		5:34.33	2	
18 Johnson, Tristan	Detroit Lakes		5:35.92	1	
19 Rietveld, Paul	Bemidji		5:37.58	2	
20 Smith, Collin	Thief River Falls		5:38.45	2	
21 Kasprick, Brandon	Thief River Falls		5:40.07	2	
22 O'Donnell, Keegan	Warroad		5:42.15	2	
23 Harrington, Steve	Fergus Falls		5:43.64	2	
24 Anderson, Zak	Bgmr Freeze*		5:51.42	2	
25 Regorra, Ben	East Grand Forks		5:54.31	2	
26 Nelson, Wyatt	Detroit Lakes		5:55.60	2	
27 Browning, Evan	Thief River Falls		5:55.63	2	
28 Afshari, Drew	East Grand Forks		5:59.18	2	
29 Gray, Mike	Clearbrook-Gonvick		6:01.70	2	
30 Swanson, Alex	Bemidji		6:07.20	2	
31 Johnson, Bryce	Clearbrook-Gonvick		6:09.48	2	
32 Reed, Spencer	Clearbrook-Gonvick		6:24.54	2	
33 Pivec, Zach	Detroit Lakes		6:26.62	2	

Boys 3200 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 Erickson, Tyler	Roseau		10:38.49	10
2 Foltz, Zack	Detroit Lakes		10:43.81	8
3 Johnson, Aaron	Detroit Lakes		10:52.99	6
4 Heppner, Zach	Warroad		10:55.98	5
5 Askelson, Austin	Detroit Lakes		11:19.22	4
6 Meyer, Anthony	Detroit Lakes		11:34.20	
7 Haugrud, Connor	Detroit Lakes		11:39.47	
8 Erickson, Brett	Roseau		11:49.99	3
9 Aune, Spencer	East Grand Forks		12:20.87	2
10 Monsebrotten, Kaden	Bgmr Freeze*		12:24.51	1

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Boys 110 Meter Hurdles

Name	School	Seed	Finals	H#	Points
Finals					
1 Bye, Matthew	Moorhead		15.93	1	10
2 Shastri, Akira	Moorhead		15.94	1	8
3 Holecek, Stephen	Thief River Falls		15.96	1	6
4 Phillips, Tanner	Bemidji		16.81	1	5
5 Schnathorst, Adam	East Grand Forks		17.47	1	4
6 Lambert, Devin	Red Lake County*		18.29	1	3
7 Paradis, Anthony	Warroad		19.32	2	2
8 Pearson, Kirk	Warroad		19.34	2	1
9 Morrollo, Luca	Bemidji		19.37	2	
10 Peterson, Nick	Bemidji		19.72	1	
11 Kvien, Pierce	Roseau		20.72	3	
12 Vogl, Sam	Fergus Falls		21.01	2	
13 Johnson, Jordan	Red Lake County*		21.63	2	
14 Pederson, Noah	East Grand Forks		21.80	3	
15 Olson, Jared	Detroit Lakes		21.84	3	
16 Gustafson, Dylan	Red Lake County*		22.71	3	
17 Gagner, Kyle	Red Lake County*		22.91	1	
18 McVay, Andrew	Warroad		22.93	3	

Boys 300 Meter Hurdles

Name	School	Seed	Finals	H#	Points
Finals					
1 Holecek, Stephen	Thief River Falls		41.28	1	10
2 Shastri, Akira	Moorhead		41.79	1	8
3 Bye, Matthew	Moorhead		44.73	1	6
4 Grove, Samuel	Moorhead		44.90	1	5
5 Fearing, Tyler	Moorhead		45.09	1	
6 Jackson, Parker	Detroit Lakes		47.06	2	4
7 Carlson, Elias	Roseau		47.13	2	3
8 Pearson, Kirk	Warroad		47.15	2	2
9 Peterson, Nick	Bemidji		47.85	1	1
10 Schnathorst, Adam	East Grand Forks		48.22	1	
11 Phillips, Tanner	Bemidji		48.73	1	
12 Morrollo, Luca	Bemidji		49.85	2	
13 Vogl, Sam	Fergus Falls		50.53	2	
14 Kvien, Pierce	Roseau		51.48	2	
15 Adamek, Ellert	Bgmr Freeze*		51.79	3	
16 Johnson, Jordan	Red Lake County*		52.26	3	
17 McVay, Andrew	Warroad		52.56	3	
18 Olson, Jared	Detroit Lakes		52.61	3	
19 Pederson, Noah	East Grand Forks		53.68	2	
20 Gagner, Kyle	Red Lake County*		55.99	2	

Boys 4x100 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Moorhead	A		44.18	1	10
1) Duginski, Michael	2) Delburne, Maliq	3) Lawrence, Jade	4) Andersen, Brady		

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Finals ... (Boys 4x100 Meter Relay)

Team	Relay	Seed	Finals	H#	Points
2 East Grand Forks	A		46.69	1	8
3 Bemidji	A		47.80	1	6
4 Warroad	A		48.76	1	5
5 Detroit Lakes	A		48.87	1	4
6 Thief River Falls	A		49.76	1	3
7 Fergus Falls	A		50.31	1	2
8 Roseau	A		51.32	2	1
9 Bgmr Freeze*	A		53.47	2	
10 Warroad	B		54.23	2	

Boys 4x200 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Moorhead	A		1:33.99	1	10
1) Lawrence, Brett	2) Delburne, Devante	3) Stitch, Tyler	4) Delburne, Maliq		
2 Bemidji	A		1:35.75	1	8
3 Detroit Lakes	A		1:37.34	1	6
4 Thief River Falls	A		1:37.53	1	5
5 Roseau	A		1:39.87	1	4
6 East Grand Forks	A		1:40.17	1	3
7 Fergus Falls	A		1:42.51	2	2
8 Detroit Lakes	B		1:44.09	2	
9 Red Lake County*	A		1:45.00	2	1
10 Warroad	A		1:45.41	2	
11 Detroit Lakes	C		1:51.02	2	

Boys 4x400 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Moorhead	A		3:32.55	1	10
2 Bemidji	A		3:32.90	1	8
3 East Grand Forks	A		3:41.66	1	6
4 Bemidji	B		3:41.95	1	
5 Detroit Lakes	A		3:45.99	1	5
6 Fergus Falls	A		3:48.46	1	4
7 Roseau	A		3:54.45	1	3
8 Thief River Falls	A		3:56.26	2	2
9 Bemidji	C		3:56.51	2	
10 East Grand Forks	B		4:14.39	2	
11 Detroit Lakes	B		4:17.36	2	
12 Red Lake County*	A		4:38.88	1	1

Boys 4x800 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Roseau	A		8:55.54	10
1) Nelson, Scott	2) Erickson, Tyler	3) Olsen, Derek	4) Nelson, Weston	
2 East Grand Forks	A		9:07.65	8
3 Detroit Lakes	A		9:17.74	6
4 Thief River Falls	A		10:04.90	5

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Finals ... (Boys 4x800 Meter Relay)

Team	Relay	Seed	Finals	Points
5 Warroad	A		10:06.02	4

Boys High Jump

Name	School	Seed	Finals	Points
Finals				
1 Bye, Matthew	Moorhead		5-10.00	10
2 Cole, Mitchell	Fergus Falls		5-10.00	8
3 Binstock, Devon	Bgmr Freeze*		5-08.00	6
4 Stewart, Grant	Thief River Falls		5-08.00	5
5 Jessen, Erik	Roseau		5-08.00	4
6 Kvien, Pierce	Roseau		5-06.00	2.50
6 Anderson, AJ	Bemidji		5-06.00	2.50
8 Hokansen, Ben	Detroit Lakes		5-06.00	1
9 Reed, Jake	Bemidji		5-06.00	
9 Miller, Ben	East Grand Forks		5-06.00	
9 Lawrence, Brett	Moorhead		5-06.00	
9 Farris, Indi	Bemidji		5-06.00	
9 Velde, Luke	Fergus Falls		5-06.00	
14 Bradford, Cornell	Moorhead		5-03.00	
14 Joppru, Jacob	Thief River Falls		5-03.00	
14 Grospe, Tynan	Bemidji		5-03.00	
14 Carlson, Elias	Roseau		5-03.00	
18 Medicraft, Ian	Roseau		5-00.00	
18 Gagner, Cody	Red Lake County*		5-00.00	
18 LePard, Jacob	Roseau		5-00.00	
--- Olson, Jared	Detroit Lakes		NH	
--- Kupec, Quinn	Moorhead		NH	
--- Hawkins, Noah	Thief River Falls		NH	
--- Phillips, Tanner	Bemidji		NH	
--- Newland, Derick	Thief River Falls		NH	

Boys Pole Vault

Name	School	Seed	Finals	Points
Finals				
1 George, Quincy	Warroad		13-06.00	10
2 Odegard, Jacob	Moorhead		13-00.00	8
3 Johnson, Kyle	Moorhead		11-06.00	6
4 Stroot, Reily	Roseau		11-06.00	5
5 Connelly, John	Moorhead		11-00.00	4
6 Jackson, Parker	Detroit Lakes		10-06.00	3
7 Nelson, Scott	Roseau		10-06.00	2
8 Gross, Josiah	Roseau		10-00.00	.50
8 Labine, Brady	Detroit Lakes		10-00.00	.50
8 Salisbury, Connor	Moorhead		10-00.00	
11 Suave, Bennett	Thief River Falls		9-00.00	
11 Johnson, Carlin	Roseau		9-00.00	
13 Bakke, Samuel	Bemidji		8-00.00	
13 Francis, Nathan	Detroit Lakes		8-00.00	
13 Gilbert, Logan	Bemidji		8-00.00	

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Finals ... (Boys Pole Vault)

Name	School	Seed	Finals	Points
--- Taylor, Logan	Moorhead		NH	
--- Steffes, Andrew	Bemidji		NH	
--- Smith, Collin	Thief River Falls		NH	
--- Browning, Evan	Thief River Falls		NH	
--- Dahl, Cristian	Thief River Falls		NH	

Boys Long Jump

Name	School	Seed	Finals	Points
Finals				
1 Binstock, Devon	Bgmr Freeze*		20-00.50	10
2 Hallisey, Johnathan	Detroit Lakes		19-05.50	8
3 Hatfield, Logan	Bemidji		19-04.00	6
4 Phillips, Tanner	Bemidji		18-09.50	5
5 Johnson, Merrick	Moorhead		18-04.50	4
6 Delburne, Devante	Moorhead		18-02.50	3
7 Stitch, Tyler	Moorhead		18-01.50	2
8 Farris, Indi	Bemidji		18-01.00	1
9 Sorvig, Keenan	Thief River Falls		17-11.00	
10 Frydenlund, Grant	East Grand Forks		17-09.00	
11 Anderson, AJ	Bemidji		17-07.50	
12 Taylor, Quinton	Moorhead		17-01.50	
13 Yartz, Wyatt	Bemidji		16-06.75	
14 Pederson, Noah	East Grand Forks		16-05.50	
15 Kowalski, Daniel	Fergus Falls		16-05.00	
16 Snell, Nate	Bemidji		16-03.00	
17 Kruse, Dominic	Thief River Falls		16-02.00	
18 Wiebolt, John	Detroit Lakes		16-01.00	
19 Devorak, Hayden	Fergus Falls		15-11.00	
20 Nehring, Brett	Thief River Falls		15-10.00	
20 Kudee, Jamcy	Thief River Falls		15-10.00	
22 Bannerman, Wyatt	Bgmr Freeze*		15-09.50	
22 Powell, Brian	Thief River Falls		15-09.50	
24 Orthaus, Cole	East Grand Forks		15-07.50	
25 Tappe, Ryan	Warroad		15-07.00	
25 Hunt, Noah	Bemidji		15-07.00	
27 Samuelson, Alan	Thief River Falls		15-05.00	
28 Kasper, Lucas	Fergus Falls		15-04.50	
29 Plante, Nick	Red Lake County*		15-04.00	
30 Medicraft, Ian	Roseau		15-01.50	
31 Gustafson, Dylan	Red Lake County*		14-10.00	
32 Nelson, Derek	Bgmr Freeze*		14-07.00	
33 Lofstrom, Damien	Bgmr Freeze*		14-02.00	
34 Johnson, Jordan	Red Lake County*		14-01.00	
35 Zutz, Tayton	Thief River Falls		13-06.50	
35 Gagner, Kyle	Red Lake County*		13-06.50	
37 Fowler, Kyle	Thief River Falls		13-03.00	
38 Sandahl, Tyler	Red Lake County*		12-08.00	
--- Waliser, Austin	Red Lake County*		FOUL	

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Boys Triple Jump

Name	School	Seed	Finals	Points
Finals				
1 Delburne, Devante	Moorhead		39-09.00	10
2 Dickinson, Clayton	Bemidji		38-02.50	8
3 Frydenlund, Grant	East Grand Forks		37-11.00	6
4 Cole, Mitchell	Fergus Falls		37-04.00	5
5 Farris, Indi	Bemidji		37-02.00	4
6 Joppru, Jacob	Thief River Falls		36-10.50	3
7 Wiebolt, John	Detroit Lakes		36-01.00	2
8 Fearing, Tyler	Moorhead		35-11.50	1
9 Kudee, Jamey	Thief River Falls		34-09.50	
10 Kruse, Dominic	Thief River Falls		33-09.00	
11 Medicraft, Ian	Roseau		33-07.50	
12 Kasper, Lucas	Fergus Falls		33-02.50	
13 Devorak, Hayden	Fergus Falls		33-00.50	
14 Samuelson, Alan	Thief River Falls		32-07.00	
15 Mitchell, Cole	Bemidji		29-05.50	
--- Sorvig, Keenan	Thief River Falls		FOUL	
--- Anderson, AJ	Bemidji		FOUL	
--- Johnson, Merrick	Moorhead		FOUL	

Boys Shot Put

Name	School	Seed	Finals	Points
Finals				
1 Scheving, Brock	East Grand Forks		49-09.00	10
2 Suck, Al	Fergus Falls		49-04.00	8
3 Vogel, Hayden	Fergus Falls		45-06.00	6
4 Heinecke, Ty	Detroit Lakes		44-03.00	5
5 Sewert, Kirby	Detroit Lakes		44-02.00	4
6 Georgewill, Cameron	Thief River Falls		43-08.00	3
7 Kunz, Zach	Fergus Falls		43-07.00	2
8 Stich, Nathan	Moorhead		42-11.00	1
9 Cobble, Richard	Bemidji		41-02.00	
10 George, Willy	Warroad		40-11.00	
11 Letexier, Logan	East Grand Forks		40-08.00	
12 Rodriguez, Armando	Moorhead		39-10.00	
13 West, John	Clearbrook-Gonvick		39-08.00	
14 Peppel, Evan	Bgmr Freeze*		39-00.00	
15 Bellefy, Hank	Bemidji		38-07.00	
15 Lien, Benjamin	Moorhead		38-07.00	
17 Bring, Logan	Bgmr Freeze*		37-10.00	
18 Taylor, Nathan	Moorhead		37-07.00	
18 Aune, Spencer	East Grand Forks		37-07.00	
20 Conklin, Logan	Detroit Lakes		36-06.00	
21 Sorvig, Keenan	Thief River Falls		36-05.00	
22 Wilander, Brody	Bemidji		36-03.00	
23 Schirrick, Wyatt	Red Lake County*		35-11.00	
24 Reeve, Landon	Bemidji		35-09.00	
25 Tunheim, Carson	Detroit Lakes		35-07.00	

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Finals ... (Boys Shot Put)

	Name	School	Seed	Finals	Points
26	Annette, Will	Bemidji		35-05.00	
27	Tjepkes, Ben	Detroit Lakes		35-03.00	
28	George, Quincy	Warroad		35-02.00	
29	Olson, Jordan	Roseau		34-11.00	
30	Black, Ethan	Detroit Lakes		34-10.00	
30	Flaherty, Gabe	Bemidji		34-10.00	
32	Moorhead, Sid	Warroad		34-04.00	
33	Nelson, Sam	Fergus Falls		34-03.00	
34	Deziel, Eli	East Grand Forks		34-01.00	
35	Wulfekuhle, Tanner	Fergus Falls		33-11.00	
36	Nehring, Brett	Thief River Falls		33-05.00	
36	Clark, Trinity	Bgmr Freeze*		33-05.00	
36	Krotzer, Joe	Bemidji		33-05.00	
39	Stroot, Reily	Roseau		33-03.00	
40	Olson, Jake	Fergus Falls		32-10.00	
41	Heinecke, Scott	Detroit Lakes		32-07.00	
42	Ramirez, Dez	Bemidji		32-04.00	
43	Larson, Joey	Bgmr Freeze*		31-05.00	
43	Sanders, Brodie	Moorhead		31-05.00	
45	Boutain, Barette	Red Lake County*		31-03.00	
46	Nygaard, Stephen	Clearbrook-Gonvick		30-11.00	
47	Conklin, Aaron	Detroit Lakes		30-09.00	
48	Klinke, Caleb	Bemidji		30-07.00	
48	Wallington, David	Fergus Falls		30-07.00	
48	Martens, Luke	Detroit Lakes		30-07.00	
48	Hanson, Josh	Bgmr Freeze*		30-07.00	
52	Christensen, Marcus	Red Lake County*		30-04.00	
53	Brandt, Hunter	Moorhead		29-09.00	
54	Anderson, Max	Thief River Falls		29-07.00	
55	Erickson, Zac	Bemidji		27-11.00	
56	Peterson, Doug	Bgmr Freeze*		26-05.00	
57	Petterson, Austin	Clearbrook-Gonvick		25-10.00	
58	Lincoln, Brandon	Thief River Falls		24-11.00	
58	Chadwick, Aiden	Bemidji		24-11.00	
60	Fluharty, Klyler	Red Lake County*		21-08.00	

Boys Discus Throw

	Name	School	Seed	Finals	Points
Finals					
1	Stich, Nathan	Moorhead		132-04.50	10
2	Suek, Al	Fergus Falls		127-08	8
3	Vogel, Hayden	Fergus Falls		125-07	6
4	Scheving, Brock	East Grand Forks		118-04	5
5	Aune, Spencer	East Grand Forks		116-07	4
6	Georgewill, Cameron	Thief River Falls		113-02	3
7	Kunz, Zach	Fergus Falls		112-06	2
8	Schirrick, Wyatt	Red Lake County*		111-09	1
9	West, John	Clearbrook-Gonvick		109-05	
10	Taylor, Nathan	Moorhead		107-00	

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Finals ... (Boys Discus Throw)

Name	School	Seed	Finals	Points
11 Deziel, Eli	East Grand Forks		106-08	
12 Velde, Luke	Fergus Falls		104-02	
13 Krotzer, Joe	Bemidji		102-00.50	
14 Bring, Logan	Bgmr Freeze*		102-00	
15 Wilander, Brody	Bemidji		100-05	
16 Letexier, Logan	East Grand Forks		97-10	
17 Heinecke, Ty	Detroit Lakes		96-05	
18 Cobble, Richard	Bemidji		96-01	
19 Sewert, Kirby	Detroit Lakes		94-10	
20 Tunheim, Carson	Detroit Lakes		93-09	
21 Conklin, Logan	Detroit Lakes		93-02	
22 Flaherty, Gabe	Bemidji		92-05	
23 Olson, Jordan	Roseau		91-11	
24 Christensen, Marcus	Red Lake County*		91-00	
25 Wulfekuhle, Tanner	Fergus Falls		90-04	
26 Rodriguez, Armando	Moorhead		89-07	
27 Sanders, Brodie	Moorhead		85-05	
28 Brandt, Hunter	Moorhead		84-08	
29 Tjepkes, Ben	Detroit Lakes		80-11	
30 Clark, Trinity	Bgmr Freeze*		79-10.50	
31 Heinecke, Scott	Detroit Lakes		77-02	
32 Peterson, Doug	Bgmr Freeze*		76-09	
33 Nehring, Brett	Thief River Falls		74-09	
34 Wallington, David	Fergus Falls		73-03	
35 Larson, Joey	Bgmr Freeze*		72-00	
36 Black, Ethan	Detroit Lakes		71-11	
37 Moorhead, Sid	Warroad		70-08	
38 Anderson, Max	Thief River Falls		70-02.50	
39 Martens, Luke	Detroit Lakes		68-02	
40 Nygaard, Stephen	Clearbrook-Gonvick		66-06	
41 Conklin, Aaron	Detroit Lakes		64-03	
42 Boutain, Barette	Red Lake County*		60-04	
43 Fluharty, Kyler	Red Lake County*		55-09	
44 Olson, Jake	Fergus Falls		53-08	
45 Petterson, Austin	Clearbrook-Gonvick		46-03	
46 Lincoln, Brandon	Thief River Falls		36-05	
--- Peppel, Evan	Bgmr Freeze*		FOUL	

Women - Team Rankings - 18 Events Scored

1) Detroit Lakes	151	2) Bemidji	107
3) Moorhead	89.5	4) Fergus Falls	83
5) Roseau	80	6) Thief River Falls	74.5
7) East Grand Forks	47	8) Warroad	38
9) BGMR Freeze*	23	10) Red Lake County*	8

Men - Team Rankings - 18 Events Scored

1) Moorhead	188	2) Detroit Lakes	105.5
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Thief River Falls

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3) Bemidji	82.5	4) Fergus Falls	74
5) East Grand Forks	71	6) Roseau	61
7) Thief River Falls	52	8) Warroad	29
9) BGMR Freeze*	20	10) Red Lake County*	13