

River City Rumble - 4/29/2022
Timing and Results by Hero's Timing
Winona State University
Results - Schedule of Events

Event 39 Women 3000 Meter Steeplechase

Meet Records: ! 11:14.67 4/17/2021 Kara Lindberg, Concordia-St. Pa
 Name Year School Finals Points

Finals
 1 Bouley, Cheresa St. Cloud State 11:23.87 9
 2 Conrad, Erica St. Cloud State 12:40.50 7

Event 3 Women 4x100 Meter Relay

Meet Records: ! 46.63 4/29/2022 Winona State, Winona State
 M Pryor, B Schyvinck, M Pietz, K Olson
 School Finals Points

1 Winona State 'A' 46.63! 9
 1) Pryor, Michaela 2) Schyvinck, Brooklyn
 3) Pietz, Maddy 4) Olson, Kaylee
 2 St. Cloud State 'A' 49.82 7
 1) Lackovic, Cassidy 2) Taylor, Maya
 3) Brouse, Brooklyn 4) Rowles, Julia

Event 6 Women 1500 Meter Run

Meet Records: ! 4:25.06 4/16/2016 Madeline Strandemo, Minnesota
 Name Year School Finals Points

1 Beyer, Kaylee Winona State 4:36.88 9
 2 Hoffman, Rachel Winona State 5:03.06 7
 3 Butte, Allie St. Cloud State 5:07.22 6
 4 Fromelt, Andrea Winona State 5:11.26 5
 5 Miller, Katie Winona State 5:15.66 4
 6 Sertich, Lauren St. Cloud State 5:19.23 3
 7 Kraft, Isabella St. Cloud State 5:19.45 2
 8 Muenzenberger, Ashley Winona State 5:21.23 1
 9 Vandenhouten, Carly Winona State 5:22.23
 10 Miller, Carol Bemidji State 5:23.58

Event 8 Women 100 Meter Hurdles

Meet Records: ! 13.81 4/18/2015 Kimberly Golding, Unattached
 Name Year School Finals Wind H# Points

1 Leum, Xana Winona State 14.93 -0.1 1 9
 2 Arason, Hannah St. Cloud State 15.22 -0.1 1 7
 3 Romig, Shelby St. Cloud State 15.27 -0.1 1 6
 4 Becker, Kylee Winona State 15.43 -0.1 1 5
 5 Reichenberger, Hanna Winona State 15.66 -0.1 1 4
 6 Hyatt, Adelynn Wis.-La Crosse 16.25 -0.3 2 3
 7 Anderson, Allison Wis.-La Crosse 16.34 -0.1 1 2
 8 Tucker, Aneesa Bemidji State 16.38 -0.1 1 1
 9 Holm, Hannah Wis.-La Crosse 16.54 -0.1 1
 10 Curtice, Emily Bemidji State 16.73 -0.3 2
 11 Fultz, Natalie Bemidji State 17.01 -0.3 2
 12 White, Skylar Wis.-La Crosse 17.56 -0.3 2

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Event 10 Women 400 Meter Dash

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 Meet Records: ! 53.79 4/22/2017 Titania Markland, UNAT-Minneso
 Name Year School Finals Points
 =====

1	Vallabouy, Shereen	Winona State	54.30	9
2	Jillson, Ellie	Wis.-La Crosse	59.50	7
3	Koehler, Greta	Wis.-La Crosse	59.79	6
4	Johnson, Kaydee	Wis.-La Crosse	1:00.83	5
5	Bennett, Jadyne	Winona State	1:01.22	4
6	Guerra-Reese, Marianna	St. Cloud State	1:01.72	3
7	Waterman, Allison	Winona State	1:03.97	2

Event 12 Women 100 Meter Dash

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 Meet Records: ! 11.93 4/22/2017 Danielle Kohlwey, Minnesota-Du
 Name Year School Finals Wind Points
 =====

1	Pryor, Michaela	Winona State	12.28	0.1	9
2	Douglas, Shackera	Bemidji State	12.72	0.1	7
3	Seitz, Bella	Wis.-La Crosse	12.84	0.1	6
4	Brower, Jaidyn	Winona State	12.97	0.1	5
5	Knoernschild, Izi	Wis.-La Crosse	13.03	0.1	4
6	Roberts, Trinity	Wis.-La Crosse	14.07	0.1	3

Event 14 Women 800 Meter Run

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 Meet Records: ! 2:13.75 4/22/2017 Annie Haakenstad, Minnesota
 Name Year School Finals Points
 =====

1	Beyer, Kaylee	Winona State	2:14.87	9
2	Welhouse, Clara	St. Cloud State	2:18.60	7
3	Carviou, Kimberly	Wis.-La Crosse	2:21.20	6
4	Meyer, Karlie	Wis.-La Crosse	2:30.36	5
5	Mills, Ashley	St. Cloud State	2:36.45	4
6	Butz, Andrea	Wis.-La Crosse	2:43.59	3

Event 16 Women 400 Meter Hurdles

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 Meet Records: ! 1:00.85 4/17/2021 Kalley Harris, Winona State
 Name Year School Finals H# Points
 =====

1	Schyvinck, Brooklyn	Winona State	1:01.04	1	9
2	Zeman, Kendall	Winona State	1:02.61	1	7
3	Kunze, Melanie	Wis.-La Crosse	1:03.10	1	6
4	Brouse, Brooklyn	St. Cloud State	1:04.11	1	5
5	McDowell, Brooke	Wis.-La Crosse	1:04.56	1	4
6	Lipschultz, Lainey	Winona State	1:04.82	1	3
7	Feit, Regan	Winona State	1:04.99	1	2
8	Becker, Kylee	Winona State	1:05.23	1	1
9	Fultz, Natalie	Bemidji State	1:05.82	2	
10	Lackovic, Cassidy	St. Cloud State	1:06.45	2	
11	Christenson, Makaylin	St. Cloud State	1:08.29	2	
12	Holm, Hannah	Wis.-La Crosse	1:09.59	2	
13	Johnson, Lily	Bemidji State	1:12.61	2	

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Event 18 Women 200 Meter Dash

Meet Records: ! 23.53 4/23/2022 Makayla Jackson, Minnesota St

Name	Year	School	Finals	Wind	H#	Points
1 Vallabouy, Shereen		Winona State	24.05	+0.0	1	9
2 Pietz, Maddy		Winona State	25.11	+0.0	1	7
3 Halvorson, Lilly		Wis.-La Crosse	25.84	+0.0	1	6
4 Elmhorst, Carley		Wis.-La Crosse	26.40	+0.0	1	5
5 Douglas, Shackera		Bemidji State	26.48	+0.0	1	4
6 Lord, Nicole		Wis.-La Crosse	26.53	+0.0	1	3
7 Knoernschild, Izi		Wis.-La Crosse	26.63	-0.6	2	2
8 Bennett, Jadyn		Winona State	26.71	+0.0	1	1
9 Brower, Jaidyn		Winona State	26.88	-0.6	2	
10 Ayd, Anna		Wis.-La Crosse	27.05	-0.6	2	
11 Curtice, Emily		Bemidji State	27.08	-0.6	2	
12 Tucker, Aneesa		Bemidji State	27.30	-0.6	2	
13 Jillson, Ellie		Wis.-La Crosse	27.46	-0.6	2	
14 Roberts, Trinity		Wis.-La Crosse	29.15	-0.6	2	

Event 20 Women 5000 Meter Run

Meet Records: ! 17:19.71 4/21/2012 Liz Berkholtz, Unattached

Name	Year	School	Finals	Points
1 Taylor, McKenna		Winona State	17:32.93	9
2 Goodwin, Mary		Bemidji State	19:24.61	7
3 Brink, Mathea		Bemidji State	20:05.73	6
4 Beauchaine, Lauren		Wis.-La Crosse	20:10.18	5
5 Immer, Jessica		Wis.-La Crosse	20:33.06	4

Event 22 Women 4x400 Meter Relay

Meet Records: ! 3:52.10 4/22/2017 Minnesota, Minnesota
M Biermaier, V Larson, M Gourley, T Markland

School	Finals	Points
1 St. Cloud State 'A'	3:59.97	9
1) Lackovic, Cassidy		
2) Brouse, Brooklyn		
3) Christenson, Makaylin		
4) Guerra-Reese, Marianna		
2 Wis.-La Crosse 'A'	4:02.26	7
1) Halvorson, Lilly		
2) Ayd, Anna		
3) Koehler, Greta		
4) White, Skylar		

Event 24 Women Javelin Throw

Meet Records: ! 42.43m 4/29/2022 Hannah Arason, St. Cloud St

Name	Year	School	Finals	Points
1 Arason, Hannah		St. Cloud State	42.43m!	139-02 9
36.69m 40.00m 41.61m 42.43m FOUL 40.22m				
2 Patnode, Kaylee		Winona State	38.19m	125-03 7
32.13m 34.60m 30.18m 36.39m 37.39m 38.19m				
3 Johnson, Gabby		Wis.-La Crosse	38.11m	125-00 6
38.11m 35.41m FOUL FOUL 35.84m 32.41m				

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4	Parish, Kasey	St. Cloud State	37.60m	123-04	5
	36.27m 35.13m 35.63m 37.60m 36.52m 36.62m				
5	Elmhorst, Carley	Wis.-La Crosse	30.22m	99-02	4
	29.45m FOUL PASS FOUL FOUL 30.22m				
6	Curtice, Emily	Bemidji State	30.17m	99-00	3
	FOUL 30.17m FOUL 27.77m FOUL 28.58m				
7	Vanderhoef, Alia	Wis.-La Crosse	27.08m	88-10	2
	25.73m 27.08m 26.11m PASS PASS PASS				
8	Johnson, Kaydee	Wis.-La Crosse	26.55m	87-01	1
	23.70m 23.41m 25.37m FOUL 26.55m 25.03m				
9	Schreier, Annie	Winona State	26.24m	86-01	
	20.30m 26.24m FOUL FOUL 25.69m FOUL				
10	Hyatt, Adelynn	Wis.-La Crosse	23.75m	77-11	
	FOUL 23.75m PASS				
11	Tucker, Aneesa	Bemidji State	22.69m	74-05	
	FOUL 22.69m PASS				
12	Fultz, Natalie	Bemidji State	21.56m	70-09	
	18.94m 21.24m 21.56m				
13	Feit, Regan	Winona State	20.90m	68-07	
	20.90m FOUL FOUL				

Event 26 Women Shot Put

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 Meet Records: ! 14.48m 4/21/2012 Tina DeLakis, Minnesota
 Name Year School Finals Points
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1	Hulstedt, Sarah	Wis.-La Crosse	12.92m	42-04.75	9
	11.71m 11.69m 12.47m 12.92m 12.44m 12.46m				
2	Zimmerman, Dacoda	St. Cloud State	12.66m	41-06.50	7
	12.61m FOUL FOUL 12.36m 12.54m 12.66m				
3	Carroll, Izzy	Wis.-La Crosse	11.72m	38-05.50	6
	FOUL FOUL 9.40m FOUL 11.72m 11.61m				
4	Digman, Alayna	Wis.-La Crosse	10.96m	35-11.50	5
	10.96m 10.69m FOUL FOUL 10.95m 10.36m				
5	Anderson, Allison	Wis.-La Crosse	8.54m	28-00.25	4
	8.23m 7.85m 8.39m 8.54m 7.85m 7.75m				

Event 28 Women Hammer Throw

=====
 Meet Records: ! 57.05m 4/23/2022 Brea Perron, Minnesota St
 Name Year School Finals Points
 =====

1	Surprenant, Leah	Wis.-La Crosse	47.96m	157-04	9
	45.96m 47.96m FOUL 45.40m 47.22m 45.75m				
2	Wardynski, Holly	Wis.-La Crosse	45.04m	147-09	7
	40.56m 39.72m FOUL FOUL 44.03m 45.04m				
3	Carroll, Izzy	Wis.-La Crosse	44.48m	145-11	6
	44.48m 41.93m 42.32m 44.07m 42.95m FOUL				
4	Digman, Alayna	Wis.-La Crosse	41.41m	135-10	5
	40.73m 40.79m 39.76m 38.03m FOUL 41.41m				
5	Zimmerman, Dacoda	St. Cloud State	41.39m	135-09	4
	39.27m FOUL FOUL 39.23m 39.88m 41.39m				
6	Hulstedt, Sarah	Wis.-La Crosse	36.52m	119-10	3
	FOUL FOUL 36.52m FOUL FOUL FOUL				

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Event 30 Women Discus Throw

Meet Records: ! 47.13m 2010 Liz Podominick, Unattached

Name	Year	School	Finals	Points
1 Carroll, Izzy		Wis.-La Crosse	41.25m	135-04 9
			39.03m 37.47m 40.34m FOUL 38.30m 41.25m	
2 Digman, Alayna		Wis.-La Crosse	36.19m	118-09 7
			FOUL 33.93m 36.19m 35.35m FOUL FOUL	
3 Wardynski, Holly		Wis.-La Crosse	31.01m	101-09 6
			FOUL FOUL 27.68m 30.79m 31.01m FOUL	

Event 32 Women Triple Jump

Meet Records: ! 12.09m 4/16/2016 Patience Yalartai, St. Cloud St

Name	Year	School	Finals	Wind	Points
1 Taylor, Maya		St. Cloud State	11.70m	3.4	38-04.75 9
			FOUL(2.3) 11.33m(2.4) 11.48m(2.2) 11.70m(3.4) 11.44m(3.1) 11.55m(3.5)		
2 Leum, Xana		Winona State	11.58m	2.7	38-00.00 7
			11.58m(2.7) FOUL(3.1) 11.55m(2.1) 11.13m(2.6) 9.96m(4.5) 11.36m(2.3)		
3 Reichenberger, Hanna		Winona State	11.56m	3.1	37-11.25 6
			10.98m(4.0) 11.56m(3.1) 11.04m(1.7) 11.16m(1.4) 10.31m(3.9) 11.08m(2.1)		
4 Fabre, Analise		Bemidji State	11.53m	1.7	37-10.00 5
			11.53m(1.7) 11.40m(1.5) 11.52m(4.1) 11.37m(2.7) FOUL(3.7) 11.25m(2.5)		
5 Lockington, Ashlie		Winona State	11.45m	2.0	37-06.75 4
			FOUL(2.5) 11.45m(2.0) FOUL(2.8) 11.17m(3.6) FOUL(3.8) 11.41m(3.3)		
6 Hansen, Maddie		Wis.-La Crosse	10.99m	2.7	36-00.75 3
			FOUL(2.7) 10.99m(2.7) 10.65m(2.6) 10.76m(4.2) 10.48m(1.8) 10.70m(3.9)		
7 Patnode, Kaylee		Winona State	10.91m	2.4	35-09.50 2
			FOUL(2.2) 10.41m(2.8) 10.91m(2.4) FOUL(2.4) PASS PASS		
8 Frederixon, Kyla		Wis.-La Crosse	10.10m	3.1	33-01.75 1
			FOUL(2.5) FOUL(2.8) 10.10m(3.1) PASS PASS PASS		
-- Schreurs, Carly		Wis.-La Crosse	FOUL		
			FOUL FOUL FOUL		

Event 34 Women Long Jump

Meet Records: ! 5.79m 4/17/2021 Makayla Jackson, Minnesota State

Name	Year	School	Finals	Wind	Points
1 Lubner, Faith		St. Cloud State	5.42m	2.2	17-09.50 9
			FOUL(2.9) FOUL(2.0) 5.42m(2.2) FOUL(2.3) FOUL(2.4) FOUL(2.1)		
2 Arason, Hannah		St. Cloud State	5.39m	2.4	17-08.25 7
			5.11m(1.9) 5.39m(2.4) 5.20m(2.6) FOUL(3.3) 5.33m(1.6) FOUL(2.7)		
3 Tucker, Aneesa		Bemidji State	5.34m	2.2	17-06.25 6
			4.98m(2.5) 5.05m(1.9) 5.34m(2.2) FOUL(3.0) 4.95m(2.0) 5.29m(1.6)		
4 Romig, Shelby		St. Cloud State	5.31m	2.1	17-05.25 5
			FOUL(2.7) 5.19m(2.2) 5.18m(3.5) FOUL(3.4) 5.31m(2.1) FOUL		
5 Lord, Nicole		Wis.-La Crosse	5.22m	2.3	17-01.50 4
			5.22m(2.3) 5.12m(1.7) 4.93m(1.7) 5.19m(2.5) PASS PASS		
6 Vaassen, Mykenzie		Wis.-La Crosse	5.22m	2.6	17-01.50 3
			FOUL(3.5) 5.22m(2.6) 5.02m(4.2) FOUL(2.2) 5.17m(1.8) 5.07m(2.1)		
7 Page, Madison		Wis.-La Crosse	5.19m	2.0	17-00.50 2
			5.19m(2.0) 5.12m(3.0) FOUL(1.7) FOUL(2.2) PASS PASS		

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8	Rowles, Julia	St. Cloud State	5.08m	1.9	16-08.00	1
	FOUL(3.3) 5.08m(1.9) 5.07m(3.3) FOUL(3.4) 5.03m(2.1) PASS					
9	White, Skylar	Wis.-La Crosse	4.97m	2.5	16-03.75	
	4.97m(2.5) 4.83m(1.7) 4.77m(2.5) 4.88m(2.0) PASS PASS					
10	Curtice, Emily	Bemidji State	4.89m	2.9	16-00.50	
	4.88m(1.8) 4.89m(2.9) 4.68m(3.0)					
11	Schreurs, Carly	Wis.-La Crosse	4.79m	2.4	15-08.75	
	4.79m(2.4) 4.61m(3.2) FOUL(3.4)					
12	Fultz, Natalie	Bemidji State	4.64m	1.9	15-02.75	
	4.40m(3.1) 4.64m(1.9) FOUL(2.9)					
13	Schreier, Annie	Winona State	4.50m	2.4	14-09.25	
	4.50m(2.4) FOUL(2.4) FOUL(3.6)					

Event 38 Women High Jump

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Meet Records: ! 1.73m 4/22/2017 Ashley Ramacher, UNAT-Minneso						
Name	Year	School	Finals		Points	
=====						
1	Rizner, Madison	Winona State	1.60m	5-03.00	9	
	1.45 1.50 1.55 1.60 1.65					
	O O XXO O XXX					
2	Owens, Olivia	Wis.-La Crosse	1.60m	5-03.00	7	
	1.50 1.55 1.60 1.65					
	XXO XO XO XXX					
3	Olson, Kaylee	Winona State	1.60m	5-03.00	6	
	1.45 1.50 1.55 1.60 1.65					
	O O O XXO XXX					
4	Vanderhoef, Alia	Wis.-La Crosse	1.50m	4-11.00	4.50	
	1.45 1.50 1.55					
	O O XXX					
4	Rowles, Julia	St. Cloud State	1.50m	4-11.00	4.50	
	1.45 1.50 1.55					
	O O XXX					
6	Todd, Macie	Wis.-La Crosse	1.50m	4-11.00	3	
	1.50 1.55					
	XO XXX					
7	Amoth, Rachel	Wis.-La Crosse	1.50m	4-11.00	1.50	
	1.45 1.50 1.55					
	O XXO XXX					
7	Fultz, Natalie	Bemidji State	1.50m	4-11.00	1.50	
	1.45 1.50 1.55					
	O XXO XXX					
9	Hyatt, Adelynn	Wis.-La Crosse	1.50m	4-11.00		
	1.40 1.45 1.50 1.55					
	O XO XXO XXX					
10	Mitchell, Annie	Wis.-La Crosse	1.40m	4-07.00		
	1.40 1.45					
	O XXX					
--	Gartner, Olivia	Wis.-La Crosse	NH			
	1.50					
	XXX					

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Women - Team Rankings - 18 Events Scored

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1) Wis.-La Crosse	210	2) Winona State	180
3) St. Cloud State	135.50	4) Bemidji State	40.50