

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Women 60 Meter Dash**

Name	School	Seed	Prelims	H#
<b>Preliminaries</b>				
1 Anderson, Emily	Minnesota-Duluth	7.73	7.78 Q	3
2 LeFever, Lexi	Wis.-River Falls	7.71	7.94 Q	1
3 Hall, Alaina	Bemidji State	7.71	7.98 Q	2
4 Sheare, Alexa	Unattached	7.98	8.01 Q	4
5 Gilles, Megan	Minnesota-Duluth		8.00 q	1
6 Grell, Jordan	Minnesota-Duluth		8.19 q	4
7 Root, Lindsey	Minnesota-Duluth	8.32	8.24 q	4
8 Samuel, Lauryn	Concordia-St. Paul	8.15	8.31 q	3
9 Olson, Olivia	Bemidji State	8.24	8.33	1
10 Gunderson, Annika	Wis.-River Falls	8.19	8.34	1
11 Dodge, Sofia	Concordia-St. Paul	8.16	8.35	2
12 Fink, Ava	St. Scholastica		8.36	1
13 Graham, Breonna	Concordia-St. Paul	8.26	8.43	2
14 Evans, Chloey	Minnesota-Duluth	8.28	8.45	3
15 Marshall, Avery	Lakehead University	8.38	8.53	3
16 Stanek, Tessa	Bemidji State	8.39	8.53	2
17 Disbrow, Abbie	Bemidji State	8.34	8.63	4
18 Sautter, Kaitlyn	St. Scholastica		8.65	4
19 Volk, Myla	Wis.-Superior	9.10	8.81	3
20 Schmitz, Cora	Wis.-Superior	8.84	8.86	1
21 Klausler, Peyton	Unattached		8.88	3
22 Reintsma, Callie	Concordia-St. Paul	8.56	8.89	1
23 Smith, Amanda	Bemidji State		9.14	2
24 Salzman, Jordan	Wis.-River Falls	8.90	9.17	2

**Women 60 Meter Dash**

Name	School	Prelims	Finals	Points
<b>Finals</b>				
1 Anderson, Emily	Minnesota-Duluth	7.78	7.79	
2 Hall, Alaina	Bemidji State	7.98	7.80	
3 LeFever, Lexi	Wis.-River Falls	7.94	7.91	
4 Gilles, Megan	Minnesota-Duluth	8.00	8.00	
5 Sheare, Alexa	Unattached	8.01	8.05	
6 Grell, Jordan	Minnesota-Duluth	8.19	8.13	
7 Root, Lindsey	Minnesota-Duluth	8.24	8.31	

**Women 200 Meter Dash**

Name	School	Seed	Finals	H#	Points
<b>Finals</b>					
1 LeFever, Lexi	Wis.-River Falls	24.70	25.68	1	
2 Anderson, Emily	Minnesota-Duluth	26.33	26.51	2	
3 Lewis, Cece	Concordia-St. Paul	26.50	26.58	3	
4 Samuel, Lauryn	Concordia-St. Paul	26.26	26.76	2	
5 Clouthier, Sara	Unattached	25.83	26.82	1	
6 DaSilva, Aly	Lakehead University	26.17	27.09	1	
7 Root, Lindsey	Minnesota-Duluth	27.03	27.14	3	
8 Sheare, Alexa	Unattached	26.46	27.35	2	
9 White, Sydney	Lakehead University	26.92	27.59	3	

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Finals ... (Women 200 Meter Dash)**

Name	School	Seed	Finals	H#	Points
10 Sharp, Rowan	Lakehead University	27.53	27.60	3	
11 Lehman, Adalyn	Minnesota-Duluth	27.61	27.82	4	
12 Gunderson, Annika	Wis.-River Falls	26.00	28.00	1	
13 Evans, Chloey	Minnesota-Duluth	27.62	28.01	4	
14 Graham, Breonna	Concordia-St. Paul	28.31	28.22	5	
15 Claude, Colleen	Wis.-Superior	28.27	28.25	5	
16 Williams, McKenzie	St. Scholastica	27.78	28.34	4	
17 Fink, Ava	St. Scholastica	28.06	28.36	5	
18 Ellefson, Jaden	St. Scholastica	29.19	28.74	6	
19 Kubera, Kyla	Wis.-River Falls	28.00	28.77	4	
20 Sautter, Kaitlyn	St. Scholastica	28.50	28.93	6	
21 Stanek, Tessa	Bemidji State	28.19	28.95	5	
22 Nelson, Kayla	St. Scholastica	29.45	28.98	6	
23 Smith, Amanda	Bemidji State		29.73	7	
24 Schmitz, Cora	Wis.-Superior	30.21	30.85	6	
25 Klausler, Peyton	Unattached		31.93	7	
26 Carter, Cieyana	Wis.-Superior	37.19	37.72	7	

**Women 400 Meter Dash**

Name	School	Seed	Finals	H#	Points
<b>Finals</b>					
1 DaSilva, Aly	Lakehead University	57.93	59.88	1	
2 Clouthier, Sara	Unattached	58.50	1:00.49	1	
3 Langlois, Sarah	Wis.-River Falls	1:01.01	1:00.77	2	
4 Lewis, Cece	Concordia-St. Paul	59.50	1:01.22	2	
5 Fitzgerald, Kate	Minnesota-Duluth	1:01.00	1:01.62	2	
6 Reindl, Haleigh	Minnesota-Duluth	58.85	1:01.90	1	
7 Hansen, Sarah	Wis.-River Falls	1:01.24	1:02.03	2	
8 Aitken, Josie	Bemidji State	1:02.02	1:02.77	3	
9 Claude, Colleen	Wis.-Superior	1:03.46	1:03.77	3	
10 Kiminiski, Anna	St. Scholastica	1:04.44	1:08.02	3	
11 Johnson, Lily	Bemidji State		1:08.48	3	

**Women 600 Meter Run**

Name	School	Seed	Finals	H#	Points
<b>Finals</b>					
1 Schley, Savannah	Minnesota-Duluth	1:38.00	1:37.11	1	
2 Boelke, Rachel	Minnesota-Duluth	1:40.00	1:40.28	1	
3 Perry, Jaid	Concordia-St. Paul	1:44.45	1:41.39	1	
4 Syverson, Abby	Bemidji State	1:41.52	1:42.32	1	
5 Matthews, Marybeth	Minnesota-Duluth	1:46.27	1:44.74	2	
6 Hartinger, Michaella	Concordia-St. Paul	1:45.44	1:46.60	2	
7 Bedford, Gianna	Concordia-St. Paul	1:51.84	1:48.76	2	
8 Sholing, Ellie	St. Scholastica	1:42.24	1:48.90	1	
9 Zimmerman, Karlina	Concordia-St. Paul		1:51.85	2	

**Women 800 Meter Run**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 Steele, Alaina	Minnesota-Duluth	2:23.00	2:24.50	

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Finals ... (Women 800 Meter Run)**

Name	School	Seed	Finals	Points
2 Erickson, Alexis	Bemidji State		2:27.78	
3 McCarthy, Maggie	Bemidji State	2:33.25	2:33.91	
4 Chan, Nyadio	Concordia-St. Paul	2:38.67	2:37.13	
5 Barker, Halle	Wis.-Superior	2:38.75	2:44.72	
--- Scott, Carolina	Concordia-St. Paul		DNF	

**Women 1000 Meter Run**

Name	School	Seed	Finals	H#	Points
<b>Finals</b>					
1 Peterson, Cailee	Minnesota-Duluth	2:52.00	2:51.42	1	
2 Verkerke, Madeline	Minnesota-Duluth	2:52.00	2:56.24	1	
3 Seidel, Francine	Minnesota-Duluth	2:58.00	3:04.51	1	
4 Bond, Josie	Minnesota-Duluth	3:03.00	3:15.16	1	
5 McAlpine, Jaidyn	Wis.-River Falls	3:00.00	3:24.15	1	
6 Opsahl, Peyton	Wis.-River Falls		3:24.58	2	
7 Halbach, Megan	Wis.-River Falls	3:15.00	3:34.00	2	
8 Braunlich, Sammy	Wis.-River Falls	3:15.00	3:34.02	2	
9 Yuoso, Gwendoline	Bemidji State	3:30.00	3:35.10	2	
10 Borash, Erin	Wis.-River Falls		3:36.16	2	
11 Ressler, Callie	Bemidji State	3:30.00	3:36.40	2	
12 Greelis, Maddie	Wis.-River Falls		3:36.90	2	

**Women 1 Mile Run**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 Goodwin, Mary	Bemidji State	5:25.00	5:11.25	
2 Radel, Morgan	Minnesota-Duluth	5:10.00	5:19.58	
3 Nielsen, Julia	Minnesota-Duluth	5:10.00	5:23.38	
4 VanLoon, Elizabeth	Minnesota-Duluth	5:15.00	5:27.16	
5 Anderson, Eve	Minnesota-Duluth	5:30.00	5:33.96	
6 Almsberger, Kira	Minnesota-Duluth	5:37.99	5:34.25	
7 Miller, Carol	Bemidji State	5:40.86	5:35.14	
8 Eich, Anna	Minnesota-Duluth	5:31.23	5:37.65	
9 Palodichuk, Anna	Minnesota-Duluth	5:30.00	5:41.75	
10 Wrspir, Kathryn	Minnesota-Duluth	5:30.00	5:45.69	
11 Vaughn, Nadia	Bemidji State	5:47.29	5:53.08	
12 Terrio, Jenna	St. Scholastica	5:59.01	5:57.20	
13 Millett, Camilla	Minnesota-Duluth	6:00.89	5:57.54	
14 McConkey, Katie	Minnesota-Duluth	6:00.07	6:03.15	
15 Sajdak, Anna	Concordia-St. Paul	6:17.72	6:09.30	
16 Cole, Olivia	Concordia-St. Paul	6:27.78	6:11.98	
--- Jensen, Brette	Unattached	5:10.00	DNF	

**Women 3000 Meter Run**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 Boerner, Tea	Wis.-Superior	13:55.93	12:37.19	
2 Butler, Delaney	Concordia-St. Paul	12:59.21	12:42.21	
3 Hudella, Cora	Wis.-Superior		13:03.28	
4 Stumpf, Jaclyn	Wis.-River Falls		13:11.46	

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Finals ... (Women 3000 Meter Run)**

Name	School	Seed	Finals	Points
5 Scanlon, Jeanna	Wis.-Superior		13:31.93	
6 Gudahl, Emma	Wis.-River Falls		14:04.21	

**Women 60 Meter Hurdles**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 London, Bryn	Minnesota-Duluth	9.46	9.60	
2 DeQuevedo, Alexxa	Wis.-Superior	9.54	9.89	
3 Fultz, Natalie	Bemidji State	9.92	10.13	
4 Kubera, Kyla	Wis.-River Falls	10.50	11.04	
5 Newman, Jessica	Wis.-Superior	11.75	13.50	

**Women 200 Meter Hurdles**

Name	School	Seed	Finals	H#	Points
<b>Finals</b>					
1 Gilles, Megan	Minnesota-Duluth		28.45	1	
2 DeQuevedo, Alexxa	Wis.-Superior	29.97	29.51	3	
3 Fultz, Natalie	Bemidji State		29.65	1	
4 Dietrich, Marlee	Wis.-River Falls	29.70	30.09	3	
5 Hansen, Sarah	Wis.-River Falls	30.00	30.37	2	
6 Newman, Jessica	Wis.-Superior	35.55	36.49	2	

**Women 4x400 Meter Relay**

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Lakehead University	A	4:02.69	4:06.53	
1) Clouthier, Sara	2) White, Sydney	3) Sharp, Rowan	4) DaSilva, Aly	
2 Wis.-River Falls	A	4:20.00	4:07.82	
1) Braunlich, Sammy	2) Langlois, Sarah	3) LeFever, Lexi	4) Hansen, Sarah	
3 Minnesota-Duluth	A	4:13.26	4:08.29	
1) Schley, Savannah	2) Steele, Alaina	3) Reindl, Haleigh	4) Seidel, Francine	
4 Bemidji State	A	4:09.21	4:17.21	
1) Aitken, Josie	2) Syverson, Abby	3) McCarthy, Maggie	4) Johnson, Lily	
5 Concordia-St. Paul	A	4:25.00	4:36.47	
1) Chan, Nyadio	2) Cole, Olivia	3) Sajdak, Anna	4) Scott, Carolina	
--- Multistars	A	4:21.00	DNF	
1) Gray, Jordan	2) Flach, Lindsay	3) Gray, Jessica	4) Gray, Jamie	
--- St. Scholastica	A	4:32.79	SCR	
1) Williams, McKenzie	2) Ellefson, Jaden	3) Kiminiski, Anna	4) Sholing, Ellie	

**Women Distance Medley**

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Wis.-River Falls	B		14:01.80	
1) Opsahl, Peyton	2) Dietrich, Marlee	3) Kuechle, Cailyn	4) Borash, Erin	
2 Wis.-River Falls	A		14:06.47	
1) McAlpine, Jaidyn	2) Halbach, Megan	3) Braunlich, Sammy	4) Greelis, Maddie	
3 Wis.-Superior	A		15:20.10	
1) Scanlon, Jeanna	2) Barker, Halle	3) Hudella, Cora	4) Boerner, Tea	

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Women High Jump**

Name	School	Finals	Points
<b>Finals</b>			
1 Gray, Jordan	Multistars	1.62m	5-03.75
2 Fultz, Natalie	Bemidji State	1.62m	5-03.75
3 London, Bryn	Minnesota-Duluth	1.52m	4-11.75
4 Jones, Emily	Minnesota-Duluth	1.52m	4-11.75
5 Marshall, Avery	Lakehead University	1.47m	4-09.75
6 McCabe, Cora	Minnesota-Duluth	1.47m	4-09.75
7 Salzman, Jordan	Wis.-River Falls	1.42m	4-07.75
8 Fischer, Sofia	St. Scholastica	1.42m	4-07.75
9 Strampe, Toria	St. Scholastica	1.37m	4-06.00
10 Volk, Myla	Wis.-Superior	1.37m	4-06.00
--- Wgeishofski, Sydney	St. Scholastica	NH	

**Women Pole Vault**

Name	School	Finals	Points
<b>Finals</b>			
1 Gunderson, Annika	Wis.-River Falls	3.68m	12-00.75
2 Judge, Megan	Bemidji State	3.37m	11-00.75
3 Dodge, Sofia	Concordia-St. Paul	3.22m	10-06.75
4 Olson, Olivia	Bemidji State	3.22m	10-06.75
5 Lommel, Libby	Minnesota-Duluth	3.07m	10-00.75
5 Klein, Anastasia	Bemidji State	3.07m	10-00.75
7 Segar, Sabrina	Minnesota-Duluth	2.92m	9-07.00
8 Reintsma, Callie	Concordia-St. Paul	2.92m	9-07.00
9 Krull, Jadyne	Minnesota-Duluth	2.77m	9-01.00
10 Hintzman, Megan	Wis.-River Falls	2.62m	8-07.00
11 Petrich, Brooke	Wis.-Superior	2.02m	6-07.50

**Women Long Jump**

Name	School	Finals	H#	Points
<b>Finals</b>				
1 Gray, Jordan	Multistars	5.76m	18-10.75	1
2 LeFever, Lexi	Wis.-River Falls	5.06m	16-07.25	2
3 Hall, Alaina	Bemidji State	5.05m	16-07.00	2
4 Lehman, Adalyn	Minnesota-Duluth	4.97m	16-03.75	1
5 Root, Lindsey	Minnesota-Duluth	4.95m	16-03.00	2
6 McChristie, Sarah	Unattached	4.79m	15-08.75	2
7 Disbrow, Abbie	Bemidji State	4.67m	15-04.00	2
8 DeQuevedo, Alexxa	Wis.-Superior	4.66m	15-03.50	1
9 Stanek, Tessa	Bemidji State	4.60m	15-01.25	2
10 Volk, Myla	Wis.-Superior	4.46m	14-07.75	1
11 Schmitz, Cora	Wis.-Superior	4.16m	13-07.75	2
12 Claude, Colleen	Wis.-Superior	4.15m	13-07.50	1
13 Scanlon, Jeanna	Wis.-Superior	4.11m	13-06.00	1
14 McCabe, Cora	Minnesota-Duluth	3.96m	13-00.00	2
15 Salzman, Jordan	Wis.-River Falls	3.91m	12-10.00	1

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Women Triple Jump**

	Name	School	Finals		Points
<b>Finals</b>					
1	McChristie, Sarah	Unattached	10.64m	34-11.00	
2	Jones, Emily	Minnesota-Duluth	10.17m	33-04.50	
3	Schwartz, Brenna	Wis.-River Falls	10.14m	33-03.25	
4	Volk, Myla	Wis.-Superior	9.63m	31-07.25	
5	Strampe, Toria	St. Scholastica	9.08m	29-09.50	
6	Wgeishofski, Sydney	St. Scholastica	8.72m	28-07.50	
---	Fitzgerald, Kate	Minnesota-Duluth	FOUL		

**Women Shot Put**

	Name	School	Finals		H#	Points
<b>Finals</b>						
1	Doss, Tierra	Bemidji State	13.30m	43-07.75	2	
2	Spain, Ashley	Lakehead University	11.83m	38-09.75	2	
3	Lavendusky, Maya	Concordia-St. Paul	11.76m	38-07.00	2	
4	Patrin, Mikenna	Bemidji State	11.30m	37-01.00	2	
5	Segar, Sabrina	Minnesota-Duluth	11.10m	36-05.00	2	
6	Thompson, Adrienne	Minnesota-Duluth	10.95m	35-11.25	1	
7	Rosenbush, Jackie	Wis.-River Falls	10.78m	35-04.50	2	
8	Gielski, Kayce	Minnesota-Duluth	10.05m	32-11.75	2	
9	Priebe, Zayda	Bemidji State	10.02m	32-10.50	2	
10	Hughlett, Kasha	Wis.-Superior	9.98m	32-09.00	2	
11	Hawk, Kennedy	Minnesota-Duluth	9.83m	32-03.00	2	
12	Allen, Olivia	Wis.-River Falls	9.58m	31-05.25	1	
13	Gehrig, Alexis	Bemidji State	9.40m	30-10.25	1	
14	Carsrud, Justine	Unattached	9.10m	29-10.25	1	
15	London, Bryn	Minnesota-Duluth	8.93m	29-03.75	1	
16	DeQuevedo, Alexxa	Wis.-Superior	8.90m	29-02.50	1	
17	Baker, Hannah	Wis.-Superior	8.87m	29-01.25	1	
18	Erickson, Emma	Wis.-Superior	8.62m	28-03.50	1	
19	Schmidt, Cassidy	Bemidji State	8.55m	28-00.75	1	
20	Smestad, Svea	Minnesota-Duluth	8.10m	26-07.00	2	
21	Bault, Hailey	Wis.-Superior	7.65m	25-01.25	1	

**Women Weight Throw**

	Name	School	Finals		H#	Points
<b>Finals</b>						
1	Doss, Tierra	Bemidji State	16.25m	53-03.75	2	
2	Patrin, Mikenna	Bemidji State	15.02m	49-03.50	2	
3	Beneke, Lily	St. Scholastica	14.80m	48-06.75	2	
4	Gielski, Kayce	Minnesota-Duluth	14.56m	47-09.25	2	
5	Hughlett, Kasha	Wis.-Superior	14.42m	47-03.75	2	
6	Morris, Jenna	Concordia-St. Paul	13.59m	44-07.00	2	
7	Rosenbush, Jackie	Wis.-River Falls	13.55m	44-05.50	2	
8	Haase, Katie	Wis.-River Falls	12.97m	42-06.75	2	
9	Gehrig, Alexis	Bemidji State	12.84m	42-01.50	2	
10	Erickson, Emma	Wis.-Superior	11.74m	38-06.25	2	
11	Carsrud, Justine	Unattached	11.43m	37-06.00	1	
12	Tuura, McKenzie	Wis.-Superior	11.17m	36-07.75	1	

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Results - Invite****Finals ... (Women Weight Throw)**

Name	School	Finals	H#	Points
13 Lavendusky, Maya	Concordia-St. Paul	11.06m 36-03.50	2	
14 Allison, Ashlyn	Concordia-St. Paul	10.54m 34-07.00	1	
15 Priebe, Zayda	Bemidji State	10.50m 34-05.50	1	
16 Bault, Hailey	Wis.-Superior	10.30m 33-09.50	1	
17 Hawk, Kennedy	Minnesota-Duluth	10.30m 33-09.50	1	
18 Baker, Hannah	Wis.-Superior	9.85m 32-03.75	1	
19 Engen, Ella	St. Scholastica	9.78m 32-01.00	1	
20 Graham, Jasmine	Wis.-River Falls	9.74m 31-11.50	1	
21 Smestad, Svea	Minnesota-Duluth	9.50m 31-02.00	1	
22 Schmidt, Cassidy	Bemidji State	9.18m 30-01.50	1	
--- Klun, Madeline	Minnesota-Duluth	FOUL	2	

**Men 60 Meter Dash**

Name	School	Seed	Prelims	H#
<b>Preliminaries</b>				
1 Stewart, Kemarri	Wis.-River Falls	6.91	6.95 Q	1
2 Mayer, Tyson	Lakehead University	7.17	7.14 Q	3
3 Brisbois, Cole	Minnesota-Duluth	7.12	7.20 Q	4
4 Klocow, Jackson	Concordia-St. Paul	7.31	7.32 Q	2
5 O'Connor, Isaiah	Wis.-River Falls	7.12	7.20 q	3
6 Westimayer, Ethan	Wis.-Superior	7.20	7.24 q	1
7 Segura, Nate	Concordia-St. Paul	7.23	7.26 q	1
8 Carson-Pedri, Nicholas	Lakehead University	7.47	7.29 q	4
9 Westphal, Nicholas	Minnesota-Duluth	7.53	7.31	4
10 Nichols, Cooper	Minnesota-Duluth		7.34	1
11 Koidjos, Luis	Lakehead University	7.40	7.39	3
12 Jensen, Trever	Wis.-River Falls		7.40	1
13 Pearson, Steven	Wis.-Superior		7.46	4
14 Bowe, Ethan	Wis.-Superior	7.65	7.48	1
15 Peterson, Jericho	St. Scholastica	7.17	7.54	4
16 Alexander, Joel	Wis.-River Falls		7.58	3
17 VanGundy, Alex	Wis.-River Falls	7.57	7.59	2
18 Royal, Caleb	Wis.-River Falls		7.67	4
19 Redig, Kaedyn	St. Scholastica	7.62	7.71	1
20 Stauffer, Joe	Wis.-River Falls		7.71	2
21 DeFoe, Ethan	Wis.-Superior	7.69	7.75	2
22 Goldfine, Jordan	Wis.-Superior	7.55	7.79	3
23 Hanson, Isaac	Wis.-Superior		7.92	2
24 Foran, Tristan	Lakehead University	7.98	7.93	3

**Men 60 Meter Dash**

Name	School	Prelims	Finals	Points
<b>Finals</b>				
1 Stewart, Kemarri	Wis.-River Falls	6.95	6.99	
2 O'Connor, Isaiah	Wis.-River Falls	7.20	7.11	
3 Mayer, Tyson	Lakehead University	7.14	7.11	
4 Brisbois, Cole	Minnesota-Duluth	7.20	7.15	
5 Segura, Nate	Concordia-St. Paul	7.26	7.24	
6 Westimayer, Ethan	Wis.-Superior	7.24	7.26	
7 Carson-Pedri, Nicholas	Lakehead University	7.29	7.34	

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Finals ... (Men 60 Meter Dash)**

Name	School	Prelims	Finals	Points
8 Klocow, Jackson	Concordia-St. Paul	7.32	7.36	

**Men 200 Meter Dash**

Name	School	Seed	Finals	H#	Points
<b>Finals</b>					
1 Eben Ebai, Samuel	St. Scholastica	22.46	22.45	1	
2 Stewart, Kemarri	Wis.-River Falls	22.65	22.84	1	
3 Wachter, Dylan	Wis.-River Falls	23.00	22.96	2	
4 Howard, James	Concordia-St. Paul		23.01	6	
5 Westimayer, Ethan	Wis.-Superior	23.02	23.10	2	
6 Miley, Josh	Minnesota-Duluth	22.78	23.27	1	
7 Koidjos, Luis	Lakehead University	22.94	23.52	1	
8 O'Connor, Isaiah	Wis.-River Falls	23.52	23.58	3	
9 Brisbois, Cole	Minnesota-Duluth	23.29	23.69	2	
10 Dowhoszya, Colton	Lakehead University	23.57	23.77	3	
11 Carson-Pedri, Nicholas	Lakehead University	23.02	23.78	2	
12 Heminover, Cullen	Concordia-St. Paul	23.80	23.97	4	
13 Battigelli, Nicholas	Unattached	23.91	24.22	5	
14 Jensen, Trever	Wis.-River Falls	23.70	24.25	3	
15 Kroells, Garrett	Wis.-Superior	24.19	24.77	4	
16 Peterson, Payton	Concordia-St. Paul	24.42	24.78	4	
17 Bowe, Ethan	Wis.-Superior	25.76	24.93	5	
18 Rudzitis, Taaron	Concordia-St. Paul		25.05	6	
19 DeFoe, Ethan	Wis.-Superior	25.11	25.25	5	
20 Foran, Tristan	Lakehead University	24.99	25.34	5	
21 Stroschein, Weston	St. Scholastica		25.43	6	
22 Broyld, Rayden	Concordia-St. Paul		25.57	6	
23 Hanson, Isaac	Wis.-Superior	26.33	26.56	5	
24 Van Camp, Cody	Wis.-Superior	28.05	27.54	6	
--- Schorr, Will	Wis.-Superior	22.98	SCR		
--- Foster, Isaiah	St. Scholastica	25.39	SCR		
--- Dodge, Eli	Wis.-River Falls	23.27	SCR		
--- Anderson, Tyler	St. Scholastica	24.14	SCR		
--- Pearson, Steven	Wis.-Superior	23.76	SCR		
--- Segura, Nate	Concordia-St. Paul	24.04	SCR		

**Men 400 Meter Dash**

Name	School	Seed	Finals	H#	Points
<b>Finals</b>					
1 Wachter, Dylan	Wis.-River Falls	49.87	50.64	1	
2 Eben Ebai, Samuel	St. Scholastica	52.84	51.85	2	
3 Webster, Aiden	Lakehead University	51.39	51.91	1	
4 Howard, James	Concordia-St. Paul	52.35	52.22	2	
5 Kubicek, Noah	St. Scholastica	53.40	52.27	4	
6 Matheson, Iain	Wis.-Superior	51.93	52.57	2	
7 McLean, Hunter	Lakehead University	51.71	52.59	1	
8 Rogers, Ted	Minnesota-Duluth	53.00	52.99	3	
9 Alfaro Diedrich, Sean	St. Scholastica	53.07	53.24	3	
10 Doumbia, Christian	Wis.-River Falls	53.21	53.54	4	
11 Kroells, Garrett	Wis.-Superior	53.01	56.23	3	



**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Finals ... (Men 400 Meter Dash)**

Name	School	Seed	Finals	H#	Points
12 Foster, Isaiah	St. Scholastica	55.45	56.97	4	
--- Anderson, Tyler	St. Scholastica	54.52	SCR		

**Men 600 Meter Run**

Name	School	Seed	Finals	H#	Points
<b>Finals</b>					
1 Palmer, David	Unattached	1:26.00	1:24.22	1	
2 Douglas, Derek	St. Scholastica	1:24.96	1:24.63	1	
3 Loer, Bereket	Minnesota-Duluth	1:26.00	1:24.84	1	
4 Rudzitis, Taaron	Concordia-St. Paul	1:26.50	1:26.58	1	
5 Croston, Alexander	Minnesota-Duluth	1:26.80	1:27.28	1	
6 Lawson, Ben	Lakehead University	1:26.81	1:27.96	1	
7 Sims, Josh	Concordia-St. Paul	1:27.00	1:28.97	2	
8 Rogers, Maxwell	St. Scholastica		1:31.26	2	
9 Peterson, Payton	Concordia-St. Paul	1:29.51	1:33.15	2	
10 Feist, Cullen	Concordia-St. Paul	1:29.03	1:34.18	2	
11 Rux, Trygve	St. Scholastica	1:40.07	1:39.87	2	

**Men 800 Meter Run**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 Krummel, Matthew	Concordia-St. Paul	2:05.00	2:03.33	
2 Nevarez-Ramirez, Jose	Concordia-St. Paul	2:05.30	2:05.09	
3 Amundson, Brennan	Minnesota-Duluth	2:00.00	2:05.56	
4 Blischke, Ethan	Concordia-St. Paul		2:06.37	
5 Reese, Zachary	Wis.-Superior		2:07.56	
6 Matuszak, Chase	Wis.-River Falls		2:13.41	
7 Kayfes, Jeffrey	St. Scholastica	2:13.96	2:13.74	

**Men 1000 Meter Run**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 Dickenson, Owen	Minnesota-Duluth	2:35.00	2:31.80	
2 Faltsek, Emmett	Concordia-St. Paul	2:38.00	2:35.97	
3 Gruenes, Jordan	Minnesota-Duluth	2:35.00	2:38.03	
4 Neu, Nathan	St. Scholastica	2:35.01	2:40.21	
5 Munson, Logan	Wis.-River Falls	2:33.00	2:41.68	
6 Kvaal, Mikey	Minnesota-Duluth	2:35.00	2:44.27	
7 McCullough, Kyle	Wis.-River Falls	2:34.00	2:49.48	

**Men 1 Mile Run**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 Dobson, Jett	Lakehead University	4:27.66	4:23.60	
2 Moe, Derrick	Unattached	4:35.00	4:24.15	
3 VanKempen, Jack	Minnesota-Duluth	4:30.00	4:25.48	
4 Krummel, Matthew	Concordia-St. Paul	4:28.23	4:26.55	
5 Selman, Lucas	Minnesota-Duluth	4:30.00	4:27.08	
6 Antony, Austin	Minnesota-Duluth	4:35.00	4:31.42	
7 Erickson, Owen	Concordia-St. Paul	4:40.00	4:33.54	
8 Collins, David	Wis.-Superior	4:38.00	4:40.70	

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Finals ... (Men 1 Mile Run)**

Name	School	Seed	Finals	Points
9 Lightwood, Nicholas	Lakehead University	4:34.57	4:41.63	
10 Anderson, Zack	Minnesota-Duluth	4:45.00	4:42.35	
11 Martel, Isaac	Minnesota-Duluth	4:40.00	4:45.71	
12 Doherty, Aidan	Wis.-Superior	4:45.00	4:46.66	
13 Brandt, Nathaniel	Minnesota-Duluth	4:55.82	4:52.90	
14 Nelson, Willem	St. Scholastica		5:27.71	
15 Hufziger, Kevin	Wis.-Superior		5:37.22	

**Men 3000 Meter Run**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 Adams, Kale	Unattached	8:45.00	8:37.2h	
2 Walpole, Evan	Unattached		8:46.1h	
3 Buxton, Leif	Lakehead University	8:57.36	8:48.2h	
4 Lehman, Andrew	Lakehead University	8:59.67	8:51.8h	
5 Butterfield, Michael	Wis.-Superior	8:45.00	9:08.1h	
6 Blischke, Ethan	Concordia-St. Paul	9:25.58	9:19.4h	
7 Peters, Sam	Wis.-River Falls	9:58.83	9:32.2h	
8 Ottosen, Eric	Wis.-River Falls		9:32.3h	
9 Durdle, Sage	Wis.-River Falls	9:48.42	9:38.7h	
10 Pfeifer, Cory	Wis.-River Falls	9:40.15	9:43.7h	
11 Opsahl, Jordan	Wis.-River Falls	9:46.99	9:48.5h	
12 Johnson, Kieran	Wis.-Superior		9:50.2h	
13 Pope, Beck	Unattached	10:15.00	9:50.4h	
14 Okamoto, Kei	Wis.-Superior		9:50.7h	
15 Frigstad, James	Concordia-St. Paul	10:20.96	10:06.3h	
16 Hammer, Mitchell	Wis.-Superior		10:22.4h	
17 Faber, Brandon	Unattached	10:30.00	10:55.4h	
18 Fike, Alex	Unattached		11:16.0h	
--- Moe, Derrick	Unattached		DNF	

**Men 60 Meter Hurdles**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 Foster, Earl	Wis.-Superior	8.89	8.87	
2 Theis, Charlie	Wis.-River Falls	9.32	9.12	
3 Enders, Peyton	Concordia-St. Paul	9.56	9.31	
4 Lynch, Garrett	Wis.-Superior		9.60	

**Men 200 Meter Hurdles**

Name	School	Seed	Finals	Points
<b>Finals</b>				
1 Foster, Earl	Wis.-Superior	26.50	26.46	
2 Lueck, Brooks	Wis.-River Falls		31.06	

**Men 4x400 Meter Relay**

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Lakehead University	A	3:28.81	3:32.29	
1) McLean, Hunter	2) Lawson, Ben	3) Dobson, Jett	4) Webster, Aiden	

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Finals ... (Men 4x400 Meter Relay)**

Team	Relay	Seed	Finals	Points
2 St. Scholastica 1) Alfaro Diedrich, Sean	A 2) Peterson, Jericho	3:30.69	3:32.59 4) Douglas, Derek	
3 Minnesota-Duluth 1) Croston, Alexander	A 2) Kvaal, Mikey	3:31.51	3:32.85 4) Dickenson, Owen	
4 Wis.-River Falls 1) Jensen, Trever	A 2) Boche, Matt	3:54.01	3:33.12 4) Wachter, Dylan	
5 Concordia-St. Paul 1) Nevarez-Ramirez, Jose	A 2) Erickson, Owen	3:35.00	3:45.57 4) Faltese, Emmett	
--- Wis.-Superior 1) Okamoto, Kei	B 2) Hammer, Mitchell		SCR 4) Reese, Zachary	
--- Wis.-Superior 1) DeFoe, Ethan	A 2) Goldfine, Jordan	3:35.01	SCR 4) Westimayer, Ethan	

**Men Distance Medley**

Team	Relay	Seed	Finals	Points
<b>Finals</b> 1 Lakehead University 1) Buxton, Leif	A 2) Dobson, Jett		10:45.14 4) Lightwood, Nicholas	
2 Wis.-River Falls 1) McCullough, Kyle	A 2) Boche, Matt		11:11.92 4) Munson, Logan	

**Men High Jump**

Name	School	Finals	Points
<b>Finals</b> 1 Marial, Yaih	Wis.-River Falls	1.96m	6-05.00
2 Johnson, Jaden	Minnesota-Duluth	1.91m	6-03.25
3 Oberleitner, Luke	Minnesota-Duluth	1.91m	6-03.25
4 Carey, Ted	Concordia-St. Paul	1.71m	5-07.25

**Men Pole Vault**

Name	School	Finals	Points
<b>Finals</b> 1 Stauffer, Joe	Wis.-River Falls	4.60m	15-01.00
2 Alexander, Joel	Wis.-River Falls	3.90m	12-09.50
3 Lynch, Garrett	Wis.-Superior	3.90m	12-09.50
4 Bastian, Baden	Minnesota-Duluth	3.90m	12-09.50
5 Kucera, Kyle	Minnesota-Duluth	3.75m	12-03.50
6 Alam, Basheer	Concordia-St. Paul	3.45m	11-03.75
7 Enders, Peyton	Concordia-St. Paul	3.30m	10-10.00
8 Lueck, Brooks	Wis.-River Falls	3.15m	10-04.00
9 Johnson, Kieran	Wis.-Superior	2.85m	9-04.25
10 Hanson, Isaac	Wis.-Superior	2.70m	8-10.25
11 Van Camp, Cody	Wis.-Superior	2.40m	7-10.50

**Men Long Jump**

Name	School	Finals	H#	Points
<b>Finals</b> 1 Dowhoszya, Colton	Lakehead University	6.55m	21-06.00	2
2 O'Connor, Isaiah	Wis.-River Falls	6.51m	21-04.25	2
3 VanGundy, Alex	Wis.-River Falls	6.25m	20-06.25	2
4 Heydt, Will	Minnesota-Duluth	6.25m	20-06.25	2
5 Oberleitner, Luke	Minnesota-Duluth	6.19m	20-03.75	2

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Finals ... (Men Long Jump)**

Name	School	Finals	H#	Points
6 Battigelli, Nicholas	Unattached	5.98m 19-07.50	1	
7 Heminover, Cullen	Concordia-St. Paul	5.96m 19-06.75	1	
8 Nelson, Bennett	Minnesota-Duluth	5.92m 19-05.25	2	
9 Nichols, Cooper	Minnesota-Duluth	5.87m 19-03.25	2	
10 Mayer, Tyson	Lakehead University	5.83m 19-01.50	2	
11 Lynch, Garrett	Wis.-Superior	5.80m 19-00.50	2	
12 Legaree, Grant	Lakehead University	5.64m 18-06.00	1	
13 Goldfine, Jordan	Wis.-Superior	5.62m 18-05.25	1	
14 Kucera, Kyle	Minnesota-Duluth	5.50m 18-00.50	1	
15 Stroschein, Weston	St. Scholastica	5.42m 17-09.50	1	
16 Westimayer, Ethan	Wis.-Superior	5.18m 17-00.00	1	
--- DeFoe, Ethan	Wis.-Superior	FOUL	1	

**Men Triple Jump**

Name	School	Finals	Points
<b>Finals</b>			
1 Heydt, Will	Minnesota-Duluth	13.83m 45-04.50	
2 Carey, Ted	Concordia-St. Paul	13.55m 44-05.50	
3 Alexander, Joel	Wis.-River Falls	13.31m 43-08.00	
4 Marial, Yaih	Wis.-River Falls	12.75m 41-10.00	
5 Nelson, Bennett	Minnesota-Duluth	12.60m 41-04.25	
6 Theis, Charlie	Wis.-River Falls	12.49m 40-11.75	

**Men Shot Put**

Name	School	Finals	Points
<b>Finals</b>			
1 Kostynick, Colton	Minnesota-Duluth	16.62m 54-06.50	
2 Bicek, Eli	Minnesota-Duluth	15.90m 52-02.00	
3 Weston, Jackson	Minnesota-Duluth	15.20m 49-10.50	
4 Stankiewicz, Gage	Wis.-Superior	14.80m 48-06.75	
5 Sindelir, Brady	Wis.-River Falls	13.10m 42-11.75	
6 Ohman, Nate	Wis.-Superior	13.00m 42-08.00	
7 Beseth, Trent	St. Scholastica	12.95m 42-06.00	
8 Steger, Grant	St. Scholastica	12.55m 41-02.25	
9 Kostynick, Connor	Minnesota-Duluth	12.50m 41-00.25	
10 Kucera, Kyle	Minnesota-Duluth	10.04m 32-11.25	
11 Ward, Jacob	Wis.-River Falls	9.49m 31-01.75	
12 Enders, Peyton	Concordia-St. Paul	8.50m 27-10.75	

**Men Weight Throw**

Name	School	Finals	Points
<b>Finals</b>			
1 Stankiewicz, Gage	Wis.-Superior	15.79m 51-09.75	
2 Bicek, Eli	Minnesota-Duluth	15.48m 50-09.50	
3 Weston, Jackson	Minnesota-Duluth	14.89m 48-10.25	
4 Ohman, Nate	Wis.-Superior	14.83m 48-08.00	
5 Steger, Grant	St. Scholastica	13.64m 44-09.00	
6 Otto, Dan	Concordia-St. Paul	13.20m 43-03.75	
7 Kostynick, Connor	Minnesota-Duluth	13.10m 42-11.75	
8 Pettis, Keyshawn	Concordia-St. Paul	12.84m 42-01.50	

**Twin Ports Invite - 1/21/2023****UW-Superior  
Results - Invite****Finals ... (Men Weight Throw)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>		<b>Points</b>
9	Bergstrom-Luoma, Rob	Wis.-River Falls	12.43m	40-09.50	
10	Krummen, Carter	Concordia-St. Paul	11.62m	38-01.50	
11	Beseth, Trent	St. Scholastica	11.28m	37-00.25	
12	Ward, Jacob	Wis.-River Falls	11.22m	36-09.75	