

**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017**

**College of Saint Scholastica**

**Results**

**Women 60 Meter Dash**

UMAC: %	8.08	2/25/2017	Svenja Ruehl, Wis Superior		
UMAC: %	8.08	2/27/2016	Teja Foy, Minnesota-Mo		
Fieldhouse: F	7.74	12/8/2012	Brittini Wertz, Northern Michigan		
'16 Champion:	8.08	2/27/2016	Teja Foy, Minnesota-Mo		
Name		Year	School	Prelims	H#

**Preliminaries**

1	Ruehl, Svenja	JR	Wis Superior	8.24Q	2
2	Argir, Sammi	JR	St Scholastica	8.28Q	3
3	Torgerson, LeAnn	FR	Wis Superior	8.29Q	1
4	Hildebrandt, Lydia	SO	Bethany Lutheran	8.31q	2
5	Kling, Anika	FR	St Scholastica	8.34q	2
6	Urman, Madelyn	JR	St Scholastica	8.40q	1
7	Mazo, Maria	FR	Wis Superior	8.53q	3
8	Leiden, Katelyn	FR	St Scholastica	8.61q	3
9	Knutson, Kaitlyn	JR	Wis Superior	8.66	2
10	Pecarina, Angela	FR	St Scholastica	8.72	1
11	King, Kaylie	FR	St Scholastica	8.85	1
12	Miller, Sarah	FR	Northwestern	9.59	3
13	Moller, Elizabeth	FR	Northwestern	9.63	2
14	Dambi, Undra	SO	Wis Superior	9.72	3
15	Hinz, MacKenna	SO	Bethany Lutheran	10.01	2
16	Gault, Chloe	FR	Northwestern	10.05	1
17	Bernard, BreAnna	SO	Northwestern	10.48	1

**Women 60 Meter Dash**

UMAC: %	8.08	2/25/2017	Svenja Ruehl, Wis Superior		
UMAC: %	8.08	2/27/2016	Teja Foy, Minnesota-Mo		
Fieldhouse: F	7.74	12/8/2012	Brittini Wertz, Northern Michi		
'16 Champion:	8.08	2/27/2016	Teja Foy, Minnesota-Mo		
Name		Year	School	Finals	

**Finals**

1	Ruehl, Svenja	JR	Wis Superior	8.08%	
2	Argir, Sammi	JR	St Scholastica	8.23	
3	Torgerson, LeAnn	FR	Wis Superior	8.27	
4	Hildebrandt, Lydia	SO	Bethany Lutheran	8.34	
5	Kling, Anika	FR	St Scholastica	8.39	8.382
6	Urman, Madelyn	JR	St Scholastica	8.39	8.387
7	Mazo, Maria	FR	Wis Superior	8.64	
8	Leiden, Katelyn	FR	St Scholastica	8.67	

**Women 200 Meter Dash**

UMAC: %	26.06	2/23/2013	Laurel Ohaju, St. Scholast		
Fieldhouse: F	25.60	2012	Catherine Angeli, Northern Michi		
'16 Champion:	26.42	2/27/2016	Sammi Argir, St Scholast		
Name		Year	School	Finals	H#

1	Argir, Sammi	JR	St Scholastica	26.73	5
2	Rowe, Valerie	SO	Wis Superior	26.91	5
3	Torgerson, LeAnn	FR	Wis Superior	27.13	5 27.122
4	Shofner, Breanna	JR	St Scholastica	27.13	4 27.125
5	Hildebrandt, Lydia	SO	Bethany Lutheran	27.26	5

**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017****College of Saint Scholastica****Results****....Women 200 Meter Dash**

6	Urman, Madelyn	JR	St Scholastica	27.52	4
7	Russert, Hannah	SR	St Scholastica	27.60	4
8	Ciesynski, Emily	SO	Minnesot Morris	28.31	4
9	Shepard, Mikaela	FR	Wis Superior	28.35	3
10	Hogan, Brooke	FR	Minnesot Morris	28.49	3
11	Pederson, Paige	FR	Minnesot Morris	29.04	3
12	Knutson, Kaitlyn	JR	Wis Superior	29.19	3
13	Pecarina, Angela	FR	St Scholastica	29.40	2
14	Dambi, Undra	SO	Wis Superior	33.37	2
15	Gault, Chloe	FR	Northwestern	33.51	1
16	Moller, Elizabeth	FR	Northwestern	33.57	1
17	Hinz, MacKenna	SO	Bethany Lutheran	33.81	2
18	Bernard, BreAnna	SO	Northwestern	35.55	1

**Women 400 Meter Dash**

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UMAC: % 58.15		2/27/2015	Brianna Buske, St. Scholast		
Fieldhouse: F 58.10		2009	Kristi Buerkle, Bemidji State		
'16 Champion: 59.91		2/26/2016	Kelli Praska, Wis Superio		
Name	Year	School	Finals	H#	
=====					
1	Gibson, Taylor	SR	St Scholastica	1:00.51	2
2	Torgerson, LeAnn	FR	Wis Superior	1:00.74	2
3	Rowe, Valerie	SO	Wis Superior	1:01.17	2
4	Hildebrandt, Lydia	SO	Bethany Lutheran	1:01.73	2
5	Argir, Sammi	JR	St Scholastica	1:02.00	1
6	Soutthivong, Brianna	SO	Bethany Lutheran	1:02.16	1
7	Praska, Kelli	SO	Wis Superior	1:02.32	2
8	Ciesynski, Emily	SO	Minnesot Morris	1:02.53	1
9	Shofner, Breanna	JR	St Scholastica	1:02.73	2
10	Roberts, Damonyka	FR	Crown	1:07.49	1
11	Norris, Kayla	JR	Bethany Lutheran	1:08.65	1
12	Hoffman, Chloe	FR	Bethany Lutheran	1:10.75	1

**Women 800 Meter Run**

=====					
UMAC: % 2:18.04		2/28/2015	Brianna Buske, St. Scholast		
Fieldhouse: F 2:12.68		2009	Marie Borner, Bethel		
'16 Champion: 2:19.53		2/27/2016	Kelli Praska, Wis Superio		
Name	Year	School	Finals	H#	
=====					
1	Gibson, Taylor	SR	St Scholastica	2:18.73	3
2	Praska, Kelli	SO	Wis Superior	2:28.59	3
3	Soutthivong, Brianna	SO	Bethany Lutheran	2:29.19	3
4	Kaplan, Jacqueline	SO	St Scholastica	2:31.39	3
5	Sauer, Morgan	SO	Bethany Lutheran	2:33.05	3
6	Ruhman, Michaela	SO	Wis Superior	2:34.89	2
7	Loucks, Zoe	FR	Minnesot Morris	2:35.29	2
8	Pohl, Emily	FR	Minnesot Morris	2:37.16	3
9	Joyal, Taylor	SO	Wis Superior	2:37.46	2
10	Boyle, Tanna	SR	Minnesot Morris	2:38.65	2
11	Namyst, Emily	SO	St Scholastica	2:42.15	2
12	Kalin, Anna	FR	Wis Superior	2:43.02	2
13	Brink, Mathea	FR	Wis Superior	2:52.96	1
14	Hoffman, Chloe	FR	Bethany Lutheran	2:53.99	1

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**Results**

**....Women 800 Meter Run**

15	Berlinger, Jessica	SO Bethany Lutheran	2:54.63	1
16	Miller, Sarah	FR Northwestern	3:00.63	1

**Women 1 Mile Run**

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UMAC: % 5:14.92		2/22/2014	Linda Keller, Minnesota-Mo	
Fieldhouse: F 5:05.82		2012	Becky Carr, Lakehead	
'16 Champion:	5:25.45	2/27/2016	Kelli Praska, Wis Superior	
Name		Year School		Finals
=====				
1	Novak, Katherine	SO Minnesot Morris	5:23.92	
2	Praska, Kelli	SO Wis Superior	5:26.93	
3	Sauer, Megan	SR Bethany Lutheran	5:36.31	
4	Poskie, Elizabeth	FR St Scholastica	5:36.78	
5	Elyea, Kirsten	JR Bethany Lutheran	5:38.10	
6	White, Danica	JR Northwestern	5:39.92	
7	Hulterstrum, Jane	FR Northwestern	5:41.96	
8	Nelson, Mackenzie	FR Crown	5:42.50	
9	Nelson, Anna	SO St Scholastica	5:46.47	
10	Fickle, Kaylee	FR Crown	5:47.52	
11	Kalin, Anna	FR Wis Superior	6:06.14	
12	Brink, Mathea	FR Wis Superior	6:19.88	
13	Moldstad, Brittany	JR Bethany Lutheran	6:22.68	
14	Hedberg, Gabriella	SO Minnesot Morris	6:34.63	

**Women 3000 Meter Run**

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UMAC: % 10:28.22		2/27/2016	Casey Hovland, St Scholast	
Fieldhouse: F 9:34.09		12/3/2016	Emilee Trost, Minn.-Duluth	
'16 Champion:	10:28.22	2/27/2016	Casey Hovland, St Scholast	
Name		Year School		Finals
=====				
1	Goemann, Hannah	SR Minnesot Morris	11:03.25	
2	Novak, Katherine	SO Minnesot Morris	11:27.79	
3	Poskie, Elizabeth	FR St Scholastica	11:36.69	
4	Ward, Gabrielle	FR Minnesot Morris	11:49.37	
5	Sauer, Megan	SR Bethany Lutheran	11:53.13	
6	Elyea, Kirsten	JR Bethany Lutheran	11:55.72	
7	Nelson, Mackenzie	FR Crown	12:01.06	
8	Fickle, Kaylee	FR Crown	12:01.53	
9	Manthey, Alaina	SO Wis Superior	12:10.18	
10	Sauer, Morgan	SO Bethany Lutheran	12:32.99	
11	Schild, Sara	SR Wis Superior	12:39.99	
12	Hallgren, Kiley	SR Minnesot Morris	12:49.85	
13	Ward, Dominique	JR Northwestern	13:28.60	
14	Jentges, Allison	FR Bethany Lutheran	15:22.05	

**Women 5000 Meter Run**

=====				
UMAC: % 18:03.32		2/26/2016	Casey Hovland, St. Scholas	
Fieldhouse: F 16:51.41		2009	Morgan Place, UMD	
'16 Champion:	18:03.32	2/26/2016	Casey Hovland, St Scholast	
Name		Year School		Finals
=====				
1	Hovland, Casey	JR St Scholastica	18:24.08	

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**Results**

**....Women 5000 Meter Run**

2	Sauer, Megan	SR	Bethany Lutheran	20:09.96
3	Elyea, Kirsten	JR	Bethany Lutheran	20:14.87
4	Ward, Gabrielle	FR	Minnesot Morris	20:29.98
5	Manthey, Alaina	SO	Wis Superior	20:59.41
6	Schild, Sara	SR	Wis Superior	21:32.25
7	Moldstad, Brittany	JR	Bethany Lutheran	22:46.50
8	Ward, Dominique	JR	Northwestern	22:59.32
9	Christianson, Ivelyn	FR	Northwestern	23:40.40
10	Jentges, Allison	FR	Bethany Lutheran	26:29.32

**Women 60 Meter Hurdles**

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UMAC: % 9.17 2/25/2012 Maggie Bair, St. Scholast
Fieldhouse: F 8.57 2017 Danielle Kohlwey, Minn.-Duluth
'16 Champion: 9.45 2/26/2016 Svenja Ruehl, Wis Superio
Name Year School Prelims H#
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**Preliminaries**

1	Russert, Hannah	SR	St Scholastica	9.37Q	2
2	Rutt, Megan	FR	Bethany Lutheran	9.58Q	1
3	Ruehl, Svenja	JR	Wis Superior	9.50q	2
4	Hogan, Brooke	FR	Minnesot Morris	9.75q	2
5	Mazo, Maria	FR	Wis Superior	9.76q	1
6	Rowe, Valerie	SO	Wis Superior	9.79q	1
7	Ciesynski, Emily	SO	Minnesot Morris	10.04q	1
8	Marzinske, Kari	JR	Bethany Lutheran	10.08q	2
9	Shepard, Mikaela	FR	Wis Superior	10.21	1
10	Pederson, Paige	FR	Minnesot Morris	10.70	2
11	Maloney, Makyia	FR	Wis Superior	10.87	1

**Women 60 Meter Hurdles**

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UMAC: % 9.17 2/25/2012 Maggie Bair, St. Scholast
Fieldhouse: F 8.57 2017 Danielle Kohlwey, Minn.-Dulut
'16 Champion: 9.45 2/26/2016 Svenja Ruehl, Wis Superio
Name Year School Finals
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**Finals**

1	Russert, Hannah	SR	St Scholastica	9.37
2	Ruehl, Svenja	JR	Wis Superior	9.46
3	Mazo, Maria	FR	Wis Superior	9.60
4	Rutt, Megan	FR	Bethany Lutheran	9.64
5	Hogan, Brooke	FR	Minnesot Morris	9.65
6	Rowe, Valerie	SO	Wis Superior	9.78
7	Marzinske, Kari	JR	Bethany Lutheran	10.05
8	Ciesynski, Emily	SO	Minnesot Morris	11.03

**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017**

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**Results**

**Women 4x200 Meter Relay**

UMAC: % 1:46.48	2/27/2015	St. Scholastica, St. Schola
		S Argir, B Shofner, M Urman, B Buske
Fieldhouse: F 1:45.53	12/10/2011	Northern Michigan, Northern
		Howard, Hewitt, White, Angeli
'16 Champion: 1:47.97	2/26/2016	St Scholastica, St Scholast
		S Argir, B Shofner, N Schommer, R Harmston
School		Finals

1 St Scholastica	1:49.11
1) Kling, Anika FR	2) Argir, Sammi JR
3) Urman, Madelyn JR	4) Shofner, Breanna JR
2 Wis Superior	1:51.01
1) Knutson, Kaitlyn JR	2) Torgerson, LeAnn FR
3) Shepard, Mikaela FR	4) Rowe, Valerie SO
3 Bethany Lutheran	1:53.68
1) Hildebrandt, Lydia SO	2) Soutthivong, Brianna SO
3) Marzinske, Kari JR	4) Norris, Kayla JR
4 Northwestern (Minn.)	2:13.06
1) Moller, Elizabeth FR	2) Miller, Sarah FR
3) Bernard, BreAnna SO	4) Whyte, Vanessa SO

**Women 4x400 Meter Relay**

UMAC: % 4:05.23	2/28/2015	St. Scholastica, St. Schola
		A Campbell, E Lundgren, B Shofner, B Buske
Fieldhouse: F 4:01.65	2016	Northern Michigan, Northern
		Brzezinski, Dutcher, Becker, Huebner
'16 Champion: 4:05.56	2/27/2016	St Scholastica, St Scholast
		S Argir, T Gibson, B Shofner, E Lundgren
School		Finals

1 St Scholastica	4:08.31
1) Kling, Anika FR	2) Argir, Sammi JR
3) Shofner, Breanna JR	4) Gibson, Taylor SR
2 Wis Superior	4:13.16
1) Knutson, Kaitlyn JR	2) Torgerson, LeAnn FR
3) Praska, Kelli SO	4) Rowe, Valerie SO
3 Bethany Lutheran	4:19.42
1) Marzinske, Kari JR	2) Soutthivong, Brianna SO
3) Lieske, Anna JR	4) Hildebrandt, Lydia SO
4 Minnesot Morris	4:24.46
1) Ciesynski, Emily SO	2) Hogan, Brooke FR
3) Boyle, Tanna SR	4) Loucks, Zoe FR
5 Northwestern (Minn.)	4:38.84
1) Hulterstrum, Jane FR	2) Whyte, Vanessa SO
3) Olson, Mckenzie FR	4) White, Danica JR

**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017**

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**Results**

**Women Distance Medley**

UMAC: %	13:07.99	2/24/2017	Minnesot Morris, Minnesot
Fieldhouse: F	12:01.14	12/8/2014	Minnesota-Duluth, Minnesot
'16 Champion:	13:17.53	2/26/2016	Minnesota-Morris, Minnesot
School			H Goemann, T Boyle, R Wingenbach, L Borckenhagen
			Finals

1	Minnesot Morris	13:07.99%
	1) Novak, Katherine SO	2) Hogan, Brooke FR
	3) Boyle, Tanna SR	4) Goemann, Hannah SR
2	Bethany Lutheran	13:28.97
	1) Elyea, Kirsten JR	2) Lieske, Anna JR
	3) Sauer, Morgan SO	4) Sauer, Megan SR
3	St Scholastica	13:37.97
	1) Nelson, Anna SO	2) Russert, Hannah SR
	3) Kaplan, Jacqueline SO	4) Poskie, Elizabeth FR
4	Northwestern (Minn.)	13:37.99
	1) Hulterstrum, Jane FR	2) Whyte, Vanessa SO
	3) Olson, Mckenzie FR	4) White, Danica JR
5	Wis Superior	14:11.65
	1) Kalin, Anna FR	2) Joyal, Taylor SO
	3) Ruhman, Michaela SO	4) Praska, Kelli SO

**Women High Jump**

UMAC: %	1.60m	2/27/2015	Nicole Christianson, St. Scholast
Fieldhouse: F	1.73m	12/4/2015	Jess Herauf, Univ of Minnesota
'16 Champion:	1.57m	2/26/2016	Nicole Christianson, St Scholast
Name		Year School	Finals
1	Rutt, Megan	FR Bethany Lutheran	1.50m 4-11.00
	1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61		
	PPP PPP PPP O O PPP PPP XXX		
2	Denler, Carly	SR Minnesot Morris	1.45m 4-09.00
	1.30 1.35 1.40 1.45 1.50		
	O O O O XXX		
3	Shepard, Mikaela	FR Wis Superior	1.45m 4-09.00
	1.30 1.35 1.40 1.45 1.50		
	PPP XO O O XXX		
4	Russert, Hannah	SR St Scholastica	1.45m 4-09.00
	1.30 1.35 1.40 1.45 1.50		
	PPP PPP O PXO XXX		
4	Marzinske, Kari	JR Bethany Lutheran	1.45m 4-09.00
	1.30 1.35 1.40 1.45 1.50		
	PPP PPP O XO XXX		
6	Pohl, Emily	FR Minnesot Morris	1.45m 4-09.00
	1.30 1.35 1.40 1.45 1.50		
	O O XO XO XXX		
7	Hudacek, Rachel	FR St Scholastica	1.40m 4-07.00
	1.30 1.35 1.40 1.45		
	PPP O O XXX		
8	Mazo, Maria	FR Wis Superior	1.40m 4-07.00
	1.30 1.35 1.40 1.45		
	PPP O XXO XXX		

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**Results**

**....Women High Jump**

9 Maloney, Makyia	FR Wis Superior	1.35m	4-05.00
1.30 1.35 1.40			
0 XO XXX			
9 Brink, Mathea	FR Wis Superior	1.35m	4-05.00
1.30 1.35 1.40			
PPP XO XXX			

**Women Pole Vault**

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UMAC: % 3.45m 2/23/2013 Katlin Krause, St. Scholast
Fieldhouse: F 3.80m 2015 Esther Jandrich, Concordia-St. Paul
'16 Champion: 3.16m 2/27/2016 Katharine Roetering, St Scholast
Name Year School Finals
=====
1 Rowe, Valerie SO Wis Superior 3.12m 10-02.75
2.07 2.22 2.37 2.52 2.67 2.82 2.97 3.12 3.27
PPP PPP PPP PPP 0 0 0 0 XXX
2 Denler, Carly SR Minnesot Morris 3.12m 10-02.75
2.07 2.22 2.37 2.52 2.67 2.82 2.97 3.12 3.27
PPP PPP PPP PPP PPP XO 0 0 XXX
3 Roetering, Katharine SR St Scholastica 3.12m 10-02.75
2.07 2.22 2.37 2.52 2.67 2.82 2.97 3.12 3.27
PPP PPP PPP PPP XXO 0 0 0 XXX
4 DeBuhr, Lydia FR Northwestern 2.67m 8-09.00
2.07 2.22 2.37 2.52 2.67 2.82
PPP PPP PPP 0 0 XXX
5 King, Kaylie FR St Scholastica 2.52m 8-03.25
2.07 2.22 2.37 2.52 2.67
0 0 0 0 XXX
6 Lieske, Anna JR Bethany Lutheran 2.52m 8-03.25
2.07 2.22 2.37 2.52 2.67
XO 0 XO 0 XXX
7 Rudeck, Macaela FR St Scholastica 2.52m 8-03.25
2.07 2.22 2.37 2.52 2.67
0 0 0 XXO XXX
8 McGrath, Molly JR Minnesot Morris 2.37m 7-09.25
2.07 2.22 2.37 2.52
PPP 0 XO XXX
9 Knutson, Kaitlyn JR Wis Superior 2.07m 6-09.50
2.07 2.22
XO XXX
-- Hinz, MacKenna SO Bethany Lutheran NH
2.07
XXX
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**Women Long Jump**

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UMAC: % 5.38m 2/26/2016 Svenja Ruehl, Wis.-Superio
Fieldhouse: F 6.06m 12/4/2015 Jess Herauf, Univ of Minnesota
'16 Champion: 5.38m 2/26/2016 Svenja Ruehl, Wis Superio
Name Year School Finals
=====
1 Ruehl, Svenja JR Wis Superior 5.26m 17-03.25
FOUL 3.25m 4.31m 5.26m 4.84m 4.95m
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**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017**

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**....Women Long Jump**

2	Russert, Hannah	SR St Scholastica	5.01m	16-05.25
	5.01m 4.84m FOUL 4.86m FOUL 4.96m			
3	Marzinske, Kari	JR Bethany Lutheran	4.84m	15-10.50
	FOUL FOUL 4.56m 4.81m FOUL 4.84m			
4	Mazo, Maria	FR Wis Superior	4.81m	15-09.50
	FOUL 4.75m 4.63m 4.60m 4.81m 4.61m			
5	McGrath, Molly	JR Minnesot Morris	4.80m	15-09.00
	4.60m 4.60m 4.73m 4.65m 4.80m 4.69m			
6	Roetering, Katharine	SR St Scholastica	4.76m	15-07.50
	4.61m 4.64m 4.63m 4.76m 4.66m 4.67m			
7	Leiden, Katelyn	FR St Scholastica	4.67m	15-04.00
	4.67m FOUL FOUL 4.39m 4.47m 4.46m			
8	Kling, Anika	FR St Scholastica	4.64m	15-02.75
	4.53m 4.37m FOUL 4.53m 4.64m 4.51m			
9	Rutt, Megan	FR Bethany Lutheran	4.58m	15-00.50
	4.56m PASS PASS 4.54m 4.58m PASS			
10	Lieske, Anna	JR Bethany Lutheran	4.46m	14-07.75
	4.11m 4.31m 4.27m 4.16m 4.46m FOUL			
11	Knutson, Kaitlyn	JR Wis Superior	4.26m	13-11.75
	3.91m 4.25m 4.26m			

**Women Triple Jump**

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UMAC: % 11.63m 2/25/2017 Svenja Ruehl, Wis Superior  
 Fieldhouse: F 11.89m 2011 Bailey Franklin, Northern Michigan  
 '16 Champion: 11.25m 2/27/2016 Svenja Ruehl, Wis Superio

Name	Year School	Finals
1 Ruehl, Svenja	JR Wis Superior	11.63m% 38-02.00
	11.63m 10.91m FOUL FOUL 10.97m 11.16m	
2 Rutt, Megan	FR Bethany Lutheran	10.50m 34-05.50
	9.97m 9.87m 9.98m FOUL 10.04m 10.50m	
3 McGrath, Molly	JR Minnesot Morris	10.42m 34-02.25
	FOUL 10.23m 10.17m 10.19m FOUL 10.42m	
4 Marzinske, Kari	JR Bethany Lutheran	10.20m 33-05.75
	FOUL 9.98m 10.20m FOUL 9.95m PASS	
5 Roetering, Katharine	SR St Scholastica	10.10m 33-01.75
	9.82m 9.92m 10.10m 9.89m 10.10m 9.92m	
6 Shofner, Breanna	JR St Scholastica	10.02m 32-10.50
	10.02m 9.78m PASS PASS PASS PASS	
7 Mazo, Maria	FR Wis Superior	9.90m 32-05.75
	FOUL 8.63m 9.54m FOUL FOUL 9.90m	
8 Lieske, Anna	JR Bethany Lutheran	9.88m 32-05.00
	FOUL FOUL FOUL 9.88m FOUL 9.78m	
9 Leiden, Katelyn	FR St Scholastica	9.60m 31-06.00
	9.60m 9.33m FOUL 9.55m 9.38m 9.60m	

**Women Shot Put**

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UMAC: % 13.65m 2/22/2014 Becky Huberty, St. Scholast  
 Fieldhouse: F 14.74m 2008 Sheena Devine, Bemidji State  
 '16 Champion: 12.33m 2/27/2016 Emily Conley, St Scholast

Name	Year School	Finals
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**College of Saint Scholastica**

**Results**

**....Women Shot Put**

1	Phillips, Taylor	SO Wis Superior	11.99m	39-04.00
	11.23m FOUL 10.25m 11.10m 11.26m 11.99m			
2	St. Marie, Natalie	FR St Scholastica	11.38m	37-04.00
	10.89m 10.48m 10.04m 11.38m 11.03m 10.70m			
3	Conley, Emily	SO St Scholastica	11.05m	36-03.00
	10.39m 10.31m 11.05m 10.53m 10.92m 10.66m			
4	Brinkmann, Sami	JR Minnesot Morris	10.53m	34-06.75
	10.11m 9.91m 10.26m 10.18m 10.39m 10.53m			
5	Baker, Gabby	FR Bethany Lutheran	10.40m	34-01.50
	9.80m 9.83m 9.60m 9.27m 9.52m 10.40m			
6	Russert, Hannah	SR St Scholastica	10.29m	33-09.25
	9.82m 10.07m 10.02m 9.73m 10.29m 8.97m			
7	Ludwig, Brittany	SR St Scholastica	9.90m	32-05.75
	9.52m 9.90m 9.27m 9.62m 9.39m 9.52m			
8	Stewart, Lindsey	SR Bethany Lutheran	9.36m	30-08.50
	9.07m 8.97m 9.36m 8.67m 8.45m 9.20m			
9	Milless, Marissa	SO Bethany Lutheran	9.26m	30-04.75
	8.71m 9.03m 9.26m 9.08m 8.87m 9.04m			
10	Paske, Sierra	SO Minnesot Morris	8.95m	29-04.50
	FOUL 8.95m 8.61m			
11	Wagner, Linnea	SO Northwestern	8.91m	29-02.75
	8.55m 8.05m 8.91m			
12	Gibson, Patricia	FR Crown	8.53m	28-00.00
	7.85m 8.53m FOUL			
13	Emmons, Arianna	JR Bethany Lutheran	8.43m	27-08.00
	7.95m 8.43m 8.35m			
14	Sherrard, Tanya	SR Bethany Lutheran	8.39m	27-06.50
	8.39m 7.55m 8.05m			
15	Buland, Madeleine	FR Northwestern	8.16m	26-09.25
	8.16m 7.77m 7.17m			
16	Prafke, Keisha	FR Crown	7.25m	23-09.50
	7.25m FOUL 6.91m			

**Women Weight Throw**

=====				
	UMAC: %	17.08m	2/22/2014	Becky Huberty, St. Scholast
	Fieldhouse: F	18.41m	12/3/2016	Jasmine Williams, Northern Michigan
'16	Champion:	15.85m	2/26/2016	Sami Brinkmann, Minnesota-Mo
	Name	Year	School	Finals
=====				
1	Brinkmann, Sami	JR	Minnesot Morris	14.73m 48-04.00
	14.03m 14.73m FOUL 13.81m FOUL FOUL			
2	Phillips, Taylor	SO	Wis Superior	14.33m 47-00.25
	12.59m 12.34m 12.62m 12.99m 14.20m 14.33m			
3	Ludwig, Brittany	SR	St Scholastica	13.73m 45-00.50
	10.78m FOUL 11.93m 13.69m 13.73m 13.65m			
4	St. Marie, Natalie	FR	St Scholastica	13.59m 44-07.00
	FOUL 9.83m FOUL 12.57m 13.59m 12.27m			
5	Paske, Sierra	SO	Minnesot Morris	12.61m 41-04.50
	11.46m 11.53m 12.61m FOUL 12.04m FOUL			
6	Conley, Emily	SO	St Scholastica	12.20m 40-00.50
	FOUL 10.81m 12.20m 11.37m 10.83m FOUL			
7	Stewart, Lindsey	SR	Bethany Lutheran	11.45m 37-06.75
	10.81m FOUL 10.84m 10.67m 11.45m 11.17m			
8	Baker, Gabby	FR	Bethany Lutheran	10.28m 33-08.75
	8.77m 9.39m FOUL FOUL FOUL 10.28m			

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**....Women Weight Throw**

9	Wagner, Linnea	SO Northwestern	9.56m	31-04.50
	8.84m 9.56m FOUL 9.05m FOUL 8.67m			
10	Buland, Madeleine	FR Northwestern	9.25m	30-04.25
	FOUL 9.25m FOUL			
11	Milless, Marissa	SO Bethany Lutheran	8.80m	28-10.50
	FOUL FOUL 8.80m			
11	Emmons, Arianna	JR Bethany Lutheran	8.80m	28-10.50
	8.46m 8.07m 8.80m			

**Men 60 Meter Dash**

=====

UMAC: %	7.00	2/22/2014	Josh Simmons, St. Scholast
Fieldhouse: F	6.91	12/8/2012	Quinn Parnell, Copper County Tra
'16 Champion:	7.15	2/27/2016	Justin Terry, Minnesota-Mo

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Name	Year	School	Prelims	H#
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**Preliminaries**

1	Terry, Justin	SR Minnesot Morris	7.06Q	3
2	Bryant, Davon	FR St Scholastica	7.29Q	1
3	Harris, Kevin	JR Bethany Lutheran	7.34Q	2
4	Gordon, Shamund	SO Minnesot Morris	7.37q	1
5	Fathie, Alexander	SR Wis Superior	7.38q	3
6	Malone, LeRoy	JR Northwestern	7.42q	3
7	Murphy, Patrick	JR St Scholastica	7.44q	3
8	Doumbouya, Aboubakar	FR Minnesot Morris	7.46q	2
9	Beck, Kyle	SO St Scholastica	7.51	1
9	Kvistero, Cole	SO Minnesot Morris	7.51	1
11	Dzikonksi, Alex	SO Wis Superior	7.52	2
12	Potratz, Noah	JR Wis Superior	7.57	2
12	Moholon, Adam	JR Northwestern	7.57	1
14	Carlson, Matt	FR Wis Superior	7.62	1
15	Olinger, Joseph	JR Wis Superior	7.64	3
16	Peru, Jack	FR St Scholastica	7.65	3
17	Cummings, Evan	FR North Centra	7.73	2
18	Couture, Andre	FR Wis Superior	7.82	2
19	Wilkerson, Kyle	SR Wis Superior	7.86	3
20	Widmier, Trey	FR Crown	7.92	1
21	Kinney, Samuel	FR Bethany Lutheran	8.04	3
22	LaBore, Brett	JR Bethany Lutheran	8.23	1
23	Barr, Robert	FR Bethany Lutheran	8.28	2
--	Alm, Jonah	FR St Scholastica	FS	2

**Men 60 Meter Dash**

=====

UMAC: %	7.00	2/22/2014	Josh Simmons, St. Scholast
Fieldhouse: F	6.91	12/8/2012	Quinn Parnell, Copper County
'16 Champion:	7.15	2/27/2016	Justin Terry, Minnesota-Mo

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Name	Year	School	Finals
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**Finals**

1	Terry, Justin	SR Minnesot Morris	7.10	
2	Harris, Kevin	JR Bethany Lutheran	7.29	7.284
3	Bryant, Davon	FR St Scholastica	7.29	7.288
4	Fathie, Alexander	SR Wis Superior	7.34	
5	Murphy, Patrick	JR St Scholastica	7.45	7.441

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6 Doumbouya, Aboubakar	FR Minnesot Morris	7.45	7.450
7 Malone, LeRoy	JR Northwestern	7.47	
8 Gordon, Shamund	SO Minnesot Morris	7.81	

**Men 200 Meter Dash**

=====				
UMAC: %	22.71	2/22/2014	Leandro Dower, Minnesota-Mo	
Fieldhouse: F	22.47	2012	Carmono Lane, Unattached	
'16 Champion:	22.83	2/27/2016	Justin Terry, Minnesota-Mo	
Name	Year	School	Finals	H#
=====				
1 Terry, Justin	SR	Minnesot Morris	23.07	7
2 Fathie, Alexander	SR	Wis Superior	23.11	7
3 Harris, Kevin	JR	Bethany Lutheran	23.30	7
4 Dzikonksi, Alex	SO	Wis Superior	23.74	7
5 Moholon, Adam	JR	Northwestern	23.85	6
6 Doumbouya, Aboubakar	FR	Minnesot Morris	23.86	6
7 Malone, LeRoy	JR	Northwestern	24.21	6
8 Beck, Kyle	SO	St Scholastica	24.31	5
9 Potratz, Noah	JR	Wis Superior	24.32	4
10 Fern, Ben	FR	St Scholastica	24.33	5
11 Carlson, Matt	FR	Wis Superior	24.55	5
12 Bryant, Davon	FR	St Scholastica	24.61	4
13 Couture, Andre	FR	Wis Superior	24.75	4
14 Wanstall, Quentin	FR	Northwestern	24.77	3
15 Kvistero, Cole	SO	Minnesot Morris	24.78	6
16 Hodgell, Elijah	SO	Northwestern	25.05	2
17 Wilkerson, Kyle	SR	Wis Superior	25.15	3
18 Cummings, Evan	FR	North Centra	25.18	4
19 Rundquist, Ethan	FR	St Scholastica	25.24	3
20 Olinger, Joseph	JR	Wis Superior	25.45	5
20 Rice, Dakota	FR	Wis Superior	25.45	3
22 Alm, Jonah	FR	St Scholastica	26.17	2
23 Kinney, Samuel	FR	Bethany Lutheran	26.36	1
24 Widmier, Trey	FR	Crown	26.41	2
25 LaBore, Brett	JR	Bethany Lutheran	27.10	1
26 Barr, Robert	FR	Bethany Lutheran	27.18	1

**Men 400 Meter Dash**

=====				
UMAC: %	51.01	2/24/2017	Alexander Fathie, Wis Superior	
Fieldhouse: F	49.35	2009	Eric Rhode, Bethel University	
'16 Champion:	51.85	2/26/2016	Kevin Wagner, St Scholast	
Name	Year	School	Finals	H#
=====				
1 Fathie, Alexander	SR	Wis Superior	51.01%	3
2 Prince, Stefan	SO	Bethany Lutheran	51.78	3
3 Coleman, Joshua	JR	Crown	52.14	3
4 Swanson, Matt	SO	Wis Superior	52.49	3
5 Dzikonksi, Alex	SO	Wis Superior	53.25	3
6 Harris, Kevin	JR	Bethany Lutheran	53.49	3
7 White, Evan	FR	St Scholastica	53.56	2
8 Fern, Ben	FR	St Scholastica	53.66	2
9 Gehrke, Aaron	FR	Wis Superior	53.97	2
10 Couture, Andre	FR	Wis Superior	55.00	2

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**....Men 400 Meter Dash**

11	Wedemeier, Josh	SR	Crown	55.17	1
12	Rice, Dakota	FR	Wis Superior	55.56	2
13	Bless, Michael	SO	Bethany Lutheran	55.57	2
14	Upshaw, Chrisean	FR	Wis Superior	56.15	1
15	Marckell II, Otto	SR	Minnesot Morris	57.10	1
16	Porterfield, Blade	FR	Crown	1:00.58	1
17	LaBore, Brett	JR	Bethany Lutheran	1:02.31	1

**Men 800 Meter Run**

=====  
 UMAC: % 1:56.16 2/22/2014 Chalmer Combellick, Minnesota-  
 Fieldhouse: F 1:54.33 2008 Jared Clementson, UMD  
 '16 Champion: 1:56.90 2/27/2016 Wil Maki, Northwestern

Name	Year	School	Finals	H#
1 Swanson, Matt	SO	Wis Superior	1:58.67	3
2 Prince, Stefan	SO	Bethany Lutheran	1:59.29	3
3 Maki, Wil	JR	Northwestern	1:59.30	3
4 Bieri, Rand	SO	Wis Superior	2:00.43	3
5 Anderson, Ryan	FR	Minnesot Morris	2:03.35	3
6 Staat, Isaac	SO	Wis Superior	2:05.74	2
7 White, Evan	FR	St Scholastica	2:06.02	2
8 Carlson, Edward	FR	Wis Superior	2:06.76	3
9 Gehrke, Aaron	FR	Wis Superior	2:09.55	2
10 Okeson, Mike	SR	Minnesot Morris	2:11.31	2
11 Malimanek, Lucas	SR	Bethany Lutheran	2:14.30	2
12 Marckell II, Otto	SR	Minnesot Morris	2:15.14	1
13 Ernst, Uriah	FR	Bethany Lutheran	2:18.70	1
14 Upshaw, Chrisean	FR	Wis Superior	2:18.71	1

**Men 1 Mile Run**

=====  
 UMAC: % 4:21.10 2/27/2016 Charles Corbett, Wis Superio  
 Fieldhouse: F 4:16.72 12/7/2013 Cole Toepfer, Minnesota-Duluth  
 '16 Champion: 4:21.10 2/27/2016 Charles Corbett, Wis Superio

Name	Year	School	Finals	H#
1 Combellick, Chalmer	SR	Minnesot Morris	4:25.10	2
2 Walpole, Evan	SO	Wis Superior	4:30.11	2
3 Foss, Easton	SO	St Scholastica	4:30.48	2
4 Maki, Wil	JR	Northwestern	4:31.03	2
5 Carlson, Edward	FR	Wis Superior	4:32.61	2
6 Koski, Jordan	JR	Wis Superior	4:37.08	2
7 Crown, Garrett	SO	Northwestern	4:39.62	2
8 Hirsch, Harrison	FR	Wis Superior	4:42.55	2
9 Sassenberg, Tyler	SO	Minnesot Morris	4:44.17	2
10 Cease, Edmund	FR	Minnesot Morris	4:48.88	1
11 Abraham, Raymond	FR	Minnesot Morris	4:50.48	1
12 Walfridsson, Marinel	SO	Wis Superior	4:51.55	2
13 Birr, Nathan	FR	Bethany Lutheran	4:59.83	1
14 Davila, Gabriel	JR	Minnesot Morris	5:00.23	1
15 Clark, Taylor	FR	Minnesot Morris	5:01.27	1
16 Walton, Spencer	SR	Minnesot Morris	5:03.09	1
17 Doege, Michel	FR	St Scholastica	5:03.35	1
18 Trosen, Josh	JR	St Scholastica	5:06.31	1

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**....Men 1 Mile Run**

19 Elmhorst, Michael	JR Crown	5:21.67	1
20 Broberg, Andrew	FR Minnesot Morris	5:22.13	1

**Men 3000 Meter Run**

=====

UMAC: %	8:50.04	2/27/2016	Charles Corbett, Wis Superio
Fieldhouse: F	8:30.43	2010	Ben Sathre
'16 Champion:	8:50.04	2/27/2016	Charles Corbett, Wis Superio

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Name	Year	School	Finals	H#
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1 Gallagher, Jacob	SR	St Scholastica	9:14.03	2
2 Koski, Jordan	JR	Wis Superior	9:18.30	2
3 Foss, Easton	SO	St Scholastica	9:19.90	2
4 Walpole, Evan	SO	Wis Superior	9:27.30	2
5 Hirsch, Harrison	FR	Wis Superior	9:28.92	2
6 Roanhorse, David	SO	Minnesot Morris	9:32.24	2
7 Sassenberg, Tyler	SO	Minnesot Morris	9:35.04	2
8 Mazurek, Zachary	SO	Wis Superior	9:43.97	2
9 Walfridsson, Marinel	SO	Wis Superior	9:44.90	2
10 Cease, Edmund	FR	Minnesot Morris	9:50.38	1
11 Peterson, Jackson	JR	Northwestern	9:52.05	1
12 Abraham, Raymond	FR	Minnesot Morris	9:55.89	1
13 Davila, Gabriel	JR	Minnesot Morris	10:00.81	1
14 Wallenta, Adam	SR	St Scholastica	10:01.47	2
15 Juenemann, Izaak	FR	St Scholastica	10:02.28	1
16 Seeb, Henry	FR	Wis Superior	10:09.04	1
17 Morgan, Sawyer	JR	St Scholastica	10:14.93	1
18 Thurston, Robert	SR	Minnesot Morris	10:29.33	1
19 Luehring, David	JR	Bethany Lutheran	10:32.66	1
20 Barnack, Benjamin	FR	Minnesot Morris	10:34.68	1
21 Clark, Taylor	FR	Minnesot Morris	10:36.29	1
22 Nemeck, Nicholas	JR	Wis Superior	10:37.88	1
23 Walton, Spencer	SR	Minnesot Morris	10:39.33	1
24 Elmhorst, Michael	JR	Crown	11:17.48	1

**Men 5000 Meter Run**

=====

UMAC: %	15:16.33	2/26/2016	Charles Corbett, Wis.-Supe
Fieldhouse: F	15:15.49	2009	Brent Haglund, Augsburg
'16 Champion:	15:16.33	2/26/2016	Charles Corbett, Wis Super

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Name	Year	School	Finals
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1 Gallagher, Jacob	SR	St Scholastica	15:27.67
2 Koski, Jordan	JR	Wis Superior	15:55.89
3 Hirsch, Harrison	FR	Wis Superior	16:18.79
4 Mazurek, Zachary	SO	Wis Superior	16:27.39
5 Roanhorse, David	SO	Minnesot Morris	16:27.41
6 Peterson, Jackson	JR	Northwestern	16:56.95
7 Wallenta, Adam	SR	St Scholastica	17:18.26
8 Seeb, Henry	FR	Wis Superior	17:33.81
9 Morgan, Sawyer	JR	St Scholastica	17:55.78
10 Nemeck, Nicholas	JR	Wis Superior	18:22.27
11 Malimanek, Lucas	SR	Bethany Lutheran	18:23.37
12 Luehring, David	JR	Bethany Lutheran	18:39.26

**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017**

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**Results**

**Men 60 Meter Hurdles**

Name	Year	School	Finals
UMAC: %	8.45	2/26/2016	Kevin Wagner, St. Scholast
Fieldhouse: F	8.17	12/4/2015	Luca Wieland, Univ of Minneso
'16 Champion:	8.45	2/26/2016	Kevin Wagner, St Scholast
1 Kvistero, Cole	SO	Minnesot Morris	9.02
2 Cerar, Frank	SO	St Scholastica	9.04
3 Welty, Nathan	SR	Wis Superior	10.84
4 Bruss, Nicolas	SR	Bethany Lutheran	11.38

**Men 4x200 Meter Relay**

School	Year	Finals
UMAC: %	1:32.81	2/25/2012 St. Scholastica, St. Schola J Hanson, S Milon, R Guentzel, S Perry
Fieldhouse: F	1:32.81	2/25/2012 St. Scholastica, St. Schola J Hanson, S Milon, R Guentzel, S Perry
'16 Champion:	1:34.08	2/26/2016 Wis Superior, Wis Superio C Hohensee, J Olinger, A Dzikonksi, A Fathie
1 Wis Superior		1:34.20
1) Carlson, Matt FR		2) Dzikonksi, Alex SO
3) Olinger, Joseph JR		4) Fathie, Alexander SR
2 Minnesot Morris		1:35.26
1) Terry, Justin SR		2) Doumbouya, Aboubakar FR
3) Kvistero, Cole SO		4) Gordon, Shamund SO
3 Bethany Lutheran		1:35.84
1) Prince, Stefan SO		2) Bless, Michael SO
3) Harris, Kevin JR		4) Larson, Noah SO
4 Northwestern (Minn.)		1:36.17
1) Wanstall, Quentin FR		2) Hodgell, Elijah SO
3) Moholon, Adam JR		4) Malone, LeRoy JR
5 St Scholastica		1:39.25
1) Alm, Jonah FR		2) Cerar, Frank SO
3) Fern, Ben FR		4) Beck, Kyle SO
6 Crown		1:43.51
1) Widmier, Trey FR		2) Grady, Matt FR
3) McIntosh, David FR		4) Coleman, Joshua JR

**Men 4x400 Meter Relay**

School	Year	Finals
UMAC: %	3:28.02	2/22/2014 Minnesota-Morris, Minnesota R DeRoeck, L Dower, K Broden, C Combellick
Fieldhouse: F	3:24.92	2008 UMD, UMD
'16 Champion:	3:31.43	2/27/2016 St Scholastica, St Scholast A Egelkraut, M Naumann, M Gracia, L McKenzie
1 Wis Superior		3:29.49
1) Dzikonksi, Alex SO		2) Potratz, Noah JR
3) Swanson, Matt SO		4) Fathie, Alexander SR
2 Bethany Lutheran		3:36.93
1) Bless, Michael SO		2) Prince, Stefan SO
3) Harris, Kevin JR		4) Malimanek, Lucas SR
3 Minnesot Morris		3:37.25

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**....Men 4x400 Meter Relay**

1) Combellick, Chalmer SR	2) Doumbouya, Aboubakar FR
3) Okeson, Mike SR	4) Anderson, Ryan FR
4 St Scholastica	3:41.24
1) Cerar, Frank SO	2) Rundquist, Ethan FR
3) Fern, Ben FR	4) White, Evan FR
5 Northwestern (Minn.)	3:42.44
1) Crown, Garrett SO	2) Maki, Wil JR
3) Malone, LeRoy JR	4) Lubben, Nick JR
6 Crown	3:48.77
1) Wedemeier, Josh SR	2) Grady, Matt FR
3) Porterfield, Blade FR	4) Coleman, Joshua JR

**Men Distance Medley**

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UMAC: % 10:41.20 2/26/2016 Wis.-Superior, Wis.-Superi
J Lindquist, N Potratz, R Bieri, C Corbett
Fieldhouse: F 10:06.15 2/8/2014 Minnesota-Duluth, Minnesot
'16 Champion: 10:41.20 2/26/2016 Wis Superior, Wis Superio
J Lindquist, N Potratz, R Bieri, C Corbett
School Finals
=====
    
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1 Minnesot Morris	10:47.49
1) Sassenberg, Tyler SO	2) Okeson, Mike SR
3) Anderson, Ryan FR	4) Combellick, Chalmer SR
2 Wis Superior	10:48.67
1) Carlson, Edward FR	2) Staat, Isaac SO
3) Bieri, Rand SO	4) Walpole, Evan SO
3 Northwestern (Minn.)	11:53.53
1) Crown, Garrett SO	2) Maki, Wil JR
3) Lubben, Nick JR	4) Peterson, Jackson JR
4 St Scholastica	12:05.20
1) Doege, Michel FR	2) Rundquist, Ethan FR
3) Juenemann, Izaak FR	4) Trosen, Josh JR
5 Bethany Lutheran	12:35.98
1) Birr, Nathan FR	2) Ernst, Uriah FR
3) Malimanek, Lucas SR	4) Luehring, David JR

**Men High Jump**

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=====
UMAC: % 2.01m 2/26/2016 Corey Anderson, St. Scholast
Fieldhouse: F 2.06m 12/5/2016 Jason Lilja, UMD
'16 Champion: 2.01m 2/26/2016 Corey Anderson, St Scholast
Name Year School Finals
=====
1 Larson, Noah SO Bethany Lutheran 1.90m 6-02.75
1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.96
PPP PPP PPP O O O O XO XXX
2 Haberman, Henry JR Wis Superior 1.85m 6-00.75
1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90
PPP PPP PPP O O XO XO XXX
3 McIntosh, David FR Crown 1.75m 5-08.75
1.55 1.60 1.65 1.70 1.75 1.80
PPP PPP O O O XXX
    
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**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017**

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**Results**

**....Men High Jump**

4	Kingland, Matthew	SO Minnesot Morris	1.75m	5-08.75
	1.55 1.60 1.65 1.70 1.75 1.80			
	PPP O XO O O XXX			
5	Reller, Rob	JR Minnesot Morris	1.75m	5-08.75
	1.55 1.60 1.65 1.70 1.75 1.80			
	O O O XO XXO XXX			
6	Cerar, Frank	SO St Scholastica	1.70m	5-07.00
	1.55 1.60 1.65 1.70 1.75			
	PPP O O XO XXX			
7	Welty, Nathan	SR Wis Superior	1.70m	5-07.00
	1.55 1.60 1.65 1.70 1.75			
	PPP O XO XO XXX			
7	Lubben, Nick	JR Northwestern	1.70m	5-07.00
	1.55 1.60 1.65 1.70 1.75			
	PPP O XO XO XXX			
9	Steinert, Caleb	FR Wis Superior	1.70m	5-07.00
	1.55 1.60 1.65 1.70 1.75			
	O O O XXO XXX			
10	Ezana, Robel	FR Crown	1.60m	5-03.00
	1.55 1.60 1.65			
	O XO XXX			

**Men Pole Vault**

=====

UMAC: %	4.54m	2/22/2014	Travis Ambuehl, St. Scholast
Fieldhouse: F	4.73m	2008	Jason Beutz, UMD
'16 Champion:	3.95m	2/27/2016	Josiah Forker, Northwestern

=====

Name	Year	School	Finals
1 Helgeson, Wyatt	FR	St Scholastica	3.85m 12-07.50
	2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.70 3.85 4.00		
	PPP PPP PPP PPP PPP PPP O O O XXX		
2 Chute, Justin	JR	Minnesot Morris	3.85m 12-07.50
	2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.70 3.85 4.00		
	PPP PPP PPP PPP PPP XXO O XO XO XXX		
3 Cerar, Frank	SO	St Scholastica	3.70m 12-01.50
	2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.70 3.85		
	PPP PPP PPP PPP PPP PPP O O XXX		
4 Modderman-Anderson, Tyle	JR	Wis Superior	3.55m 11-07.75
	2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.70		
	PPP PPP PPP PPP PPP PPP XXO XXX		
5 Olinger, Joseph	JR	Wis Superior	3.40m 11-01.75
	2.65 2.80 2.95 3.10 3.25 3.40 3.55		
	PPP O O O XO XXO XXX		
6 Welty, Nathan	SR	Wis Superior	2.65m 8-08.25
	2.65 2.80		
	O XXX		
-- Lubben, Nick	JR	Northwestern	NH
	2.65		
	XXX		



**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017**

**College of Saint Scholastica**

**Results**

**Men Long Jump**

=====									
UMAC: %		6.96m	2/27/2010	Wendell Booth, St. Scholast					
Fieldhouse: F		7.17m	2015	Nathan Hood, Unattached					
'16 Champion:		6.66m	2/26/2016	Kevin Wagner, St Scholast					
Name	Year	School				Finals			
=====									
1	Dzikonksi, Alex	SO	Wis Superior				6.35m	20-10.00	
	6.15m	PASS	PASS	FOUL	6.35m	6.28m			
2	Murphy, Patrick	JR	St Scholastica				6.32m	20-09.00	
	FOUL	5.92m	FOUL	6.22m	FOUL	6.32m			
3	Peru, Jack	FR	St Scholastica				6.13m	20-01.50	
	FOUL	6.13m	FOUL	FOUL	FOUL	FOUL			
4	Haberman, Henry	JR	Wis Superior				6.08m	19-11.50	
	6.01m	5.93m	5.73m	FOUL	6.08m	5.83m			
5	Gordon, Shamund	SO	Minnesot Morris				6.02m	19-09.00	
	5.45m	5.53m	6.02m	5.89m	FOUL	5.97m			
6	Steinert, Caleb	FR	Wis Superior				5.91m	19-04.75	
	5.61m	5.87m	5.91m	5.69m	5.90m	5.81m			
7	Larson, Noah	SO	Bethany Lutheran				5.90m	19-04.25	
	5.77m	5.90m	PASS	FOUL	FOUL	5.78m			
8	Bruss, Nicolas	SR	Bethany Lutheran				5.85m	19-02.50	
	5.62m	5.66m	PASS	FOUL	5.76m	5.85m			
9	Myran, Zachary	SR	Wis Superior				5.62m	18-05.25	
	5.23m	5.29m	5.34m	5.62m	5.58m	5.52m			
10	Lubben, Nick	JR	Northwestern				5.30m	17-04.75	
	5.03m	5.25m	5.30m						
11	Welty, Nathan	SR	Wis Superior				5.22m	17-01.50	
	5.16m	5.22m	5.10m						
12	Olinger, Joseph	JR	Wis Superior				5.21m	17-01.25	
	4.86m	5.21m	5.14m						
13	Widmier, Trey	FR	Crown				5.13m	16-10.00	
	4.93m	5.13m	FOUL						

**Men Triple Jump**

=====									
UMAC: %		13.79m	2/26/2011	Billy Visto, U of M Morris					
Fieldhouse: F		13.79m	2011	Billy Visto, UMD					
'16 Champion:		12.76m	2/27/2016	Devan Griffin, Minnesota-Mo					
Name	Year	School				Finals			
=====									
1	Bruss, Nicolas	SR	Bethany Lutheran				12.97m	42-06.75	
	12.97m	FOUL	PASS	PASS	PASS	PASS			
2	Grady, Matt	FR	Crown				12.60m	41-04.25	
	12.20m	12.35m	12.20m	12.60m	FOUL	12.40m			
3	Larson, Noah	SO	Bethany Lutheran				12.27m	40-03.25	
	11.91m	12.27m	12.15m	12.14m	FOUL	11.87m			
4	Gordon, Shamund	SO	Minnesot Morris				12.27m	40-03.25	
	11.07m	11.82m	12.00m	11.94m	PASS	12.27m			
5	Murphy, Patrick	JR	St Scholastica				12.19m	40-00.00	
	FOUL	FOUL	FOUL	FOUL	12.19m	PASS			
6	Kvistero, Cole	SO	Minnesot Morris				12.03m	39-05.75	
	11.61m	11.67m	11.86m	FOUL	11.96m	12.03m			
7	Myran, Zachary	SR	Wis Superior				11.62m	38-01.50	
	11.59m	10.99m	11.46m	11.26m	11.07m	11.62m			
8	Haberman, Henry	JR	Wis Superior				11.51m	37-09.25	
	11.44m	11.10m	11.10m	11.04m	10.98m	11.51m			

**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017**

**College of Saint Scholastica**

**Results**

**....Men Triple Jump**

9 Welty, Nathan SR Wis Superior 10.96m 35-11.50  
 FOUL FOUL FOUL PASS 10.96m FOUL

**Men Shot Put**

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          UMAC: % 15.87m 2/27/2016 Thomas Udenberg, Wis Superio
Fieldhouse: F 17.81m 2008 Joe Remitz, Bemidji State University
'16 Champion: 15.87m 2/27/2016 Thomas Udenberg, Wis Superio
Name Year School Finals
=====
1 Udenberg, Thomas SR Wis Superior 15.43m 50-07.50
  14.13m 14.75m 14.41m 15.43m 15.16m FOUL
2 Pillath, Christian SO Wis Superior 14.94m 49-00.25
  14.39m 14.94m FOUL FOUL 14.34m 14.14m
3 Johnson, Grahm FR North Centra 14.63m 48-00.00
  14.46m 14.63m FOUL FOUL FOUL 14.41m
4 Jablon, Joshua JR Bethany Lutheran 13.56m 44-06.00
  12.95m 12.79m 12.87m 13.56m FOUL FOUL
5 Lundberg, Trevor FR Northwestern 13.10m 42-11.75
  12.15m 12.39m 12.87m FOUL 13.10m FOUL
6 Phoenix, Jalen SR Crown 13.05m 42-09.75
  12.09m 12.87m 12.79m 12.31m 13.03m 13.05m
7 Merkins, Trent FR Minnesot Morris 12.05m 39-06.50
  11.71m 12.05m 10.69m 10.70m 10.51m 11.95m
8 Alexandrou, Elias SO Wis Superior 12.00m 39-04.50
  11.44m FOUL 12.00m 11.35m FOUL FOUL
9 Fleming, Thomas SR Wis Superior 11.76m 38-07.00
  11.06m 11.76m 11.48m 11.13m 10.71m 11.35m
10 Wirtz, Fauston SO Wis Superior 11.73m 38-06.00
  10.35m 10.58m 11.73m
11 Beranek, Tony SR Minnesot Morris 11.17m 36-07.75
  11.17m FOUL 10.88m
12 Strom, James FR Bethany Lutheran 10.14m 33-03.25
  9.88m 10.14m 10.12m
13 Howard, Brian JR Crown 9.85m 32-03.75
  9.55m 9.85m 9.79m
14 Baca, Austin SO Minnesot Morris 9.66m 31-08.50
  8.80m 8.93m 9.66m
15 Hawk, Everett SR Crown 9.01m 29-06.75
  8.63m FOUL 9.01m
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**Men Weight Throw**

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          UMAC: % 18.41m 2/25/2012 Taylor Gish, Northwestern
Fieldhouse: F 18.41m 2/25/2012 Taylor Gish, Northwestern
'16 Champion: 17.21m 2/26/2016 Jeremy Peterson, St Scholast
Name Year School Finals
=====
1 Pillath, Christian SO Wis Superior 16.32m 53-06.50
  FOUL 13.48m 14.82m 15.50m 16.32m 15.85m
2 Fleming, Thomas SR Wis Superior 16.12m 52-10.75
  16.12m 15.95m 16.11m 14.78m 15.48m FOUL
3 Udenberg, Thomas SR Wis Superior 14.68m 48-02.00
  14.01m FOUL 14.26m 14.19m 13.51m 14.68m
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**UMAC Indoor Track and Field Championship - 2/24/2017 to 2/25/2017**  
**College of Saint Scholastica**  
**Results**

**....Men Weight Throw**

4	Wirtz, Fauston	SO Wis Superior	14.38m	47-02.25
	11.90m 13.65m FOUL 12.55m 14.38m FOUL			
5	Ferguson, Mack	SR Minnesot Morris	13.70m	44-11.50
	13.63m FOUL FOUL 13.23m 13.70m FOUL			
6	Alexandrou, Elias	SO Wis Superior	13.22m	43-04.50
	11.91m 13.06m 12.77m 13.22m 12.83m 11.48m			
7	Phoenix, Jalen	SR Crown	12.42m	40-09.00
	11.94m FOUL 12.29m 12.42m FOUL FOUL			
8	Merkins, Trent	FR Minnesot Morris	12.09m	39-08.00
	10.82m FOUL 12.09m 10.38m 11.49m 11.38m			
9	Beranek, Tony	SR Minnesot Morris	11.07m	36-04.00
	10.64m FOUL 11.07m FOUL 10.51m FOUL			
10	Siefers, Lucas	FR St Scholastica	10.61m	34-09.75
	FOUL FOUL 10.61m			
11	Howard, Brian	JR Crown	8.90m	29-02.50
	FOUL 8.90m 8.90m			
12	Hawk, Everett	SR Crown	8.27m	27-01.75
	FOUL FOUL 8.27m			
13	Jablon, Joshua	JR Bethany Lutheran	3.92m	12-10.50
	3.92m FOUL FOUL			

=====

Women - Team Rankings - 17 Events Scored

=====

1) St Scholastica	194.50	2) Wis Superior	171
3) Bethany Lutheran	132.50	4) Minnesot Morris	111
5) Northwestern (Minn.)	21	6) Crown	4

=====

Men - Team Rankings - 17 Events Scored

=====

1) Wis Superior	237.50	2) Minnesot Morris	120
3) St Scholastica	105	4) Bethany Lutheran	88
5) Northwestern (Minn.)	41.50	6) Crown	27
7) North Central (Minn.)	6		