

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School

Results - Day 1

Event 1 Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1	Cromwell	10:22.68
2	South Ridge	10:47.82
3	Two Harbors High School	10:52.94
4	Esko High School	11:01.41
5	Moose Lake Willow River	11:15.14
6	Cook County	11:42.76
7	Carlton	12:03.23

Event 2 Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1	Esko High School	8:47.87
2	Moose Lake Willow River	8:50.36
3	Two Harbors High School	9:32.69
4	Barnum	9:47.30
5	Cook County	10:04.08

Event 3 Girls 100 Meter Hurdles

Name	School	Finals	H#	
Finals				
1	Gonosowski, Ava	Esko High School	17.62	3
2	Race, Hannah	Moose Lake Willow River	18.24	3
3	Mickelson, Kendra	McGregor School	18.71	3
4	Hall, Lily	South Ridge	18.84	3
5	Aho, Kaisa	Cromwell	19.10	3
6	Houser, Karinne	Esko High School	19.15	2
7	Minkinnen, Mia	Two Harbors High School	19.23	3
8	Huikka, Brianna	Two Harbors High School	19.96	2
9	Clement, Diana	South Ridge	20.46	2
10	Jones, Macey	Two Harbors High School	20.60	2
11	Morneau, Brooklyn	Wrenshall Highschool	20.70	3
12	Kittlel, Delaney	Wrenshall Highschool	20.95	3
13	Mohelsky, Ruby	Moose Lake Willow River	21.00	2
14	Stracek, Josie	Esko High School	21.14	1
15	Fremling, Lilia	South Ridge	21.19	2
16	Stoddard, Melanie	Cook County	21.32	1
17	Nelson, Megan	Barnum	21.36	1

Event 4 Boys 110 Meter Hurdles

Name	School	Finals	H#	
Finals				
1	Johnson, Ian	Two Harbors High School	16.44	3
2	Tucker, Jacob	Esko High School	16.46	3
3	Bauer, Derek	Carlton	17.05	3
4	Demming, Zach	Two Harbors High School	17.61	3
5	Frahm, Gunnar	Silver Bay High School	17.76	3
6	Ross, Spencer	Two Harbors High School	18.41	3
7	Bemlott, Hank	Silver Bay High School	18.61	3

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School

Results - Day 1

Finals ... (Event 4 Boys 110 Meter Hurdles)

Name	School	Finals	H#
8 Utecht, Dylan	Floodwood Track and Field	18.72	3
9 Moder, Jason	Esko High School	19.32	2
10 Salinas, Isaiah	Esko High School	19.94	2
11 Carlson, Brant	Wrenshall Highschool	20.58	2
12 Matlack, Mark	Carlton	20.73	2
13 Randall, Tyler	Cromwell	20.74	2
14 Vogt, Paul	Barnum	21.08	2
15 Radel, Connor	Moose Lake Willow River	21.20	2
16 Wilson, Ryan	Moose Lake Willow River	21.73	1
17 Lundberg, Austin	Cromwell	22.44	1
18 VonRueden, Quentin	Moose Lake Willow River	23.14	1

Event 5 Girls 100 Meter Dash

Name	School	Prelims	H#
Preliminaries			
1 Shady, Erika	Esko High School	13.28 q	4
2 Karina, Cisar	Moose Lake Willow River	13.29 q	5
3 Fynboh, Leann	Two Harbors High School	13.36 q	3
4 Rengo, Olivia	Esko High School	13.50 q	5
5 Juenemann, Jessie	Two Harbors High School	13.60 q	2
6 Johnson, Megan	Wrenshall Highschool	13.95 q	1
7 Bryant, Kennedy	Moose Lake Willow River	14.04 q	4
8 Fleischer, Carly	Two Harbors High School	14.06 q	4
9 Johnson, Hannah	Wrenshall Highschool	14.11	3
10 Michels, Abby	Silver Bay High School	14.13	2
11 Groth, Amelia	Carlton	14.41	5
11 Selin, Jordyn	Esko High School	14.41	1
13 Gelhar, Amy	McGregor School	14.57	2
14 Moe, Kaitlyn	South Ridge	14.60	3
15 Peaney, Lauren	Barnum	14.65	1
16 Mellesmoen, Kayla	South Ridge	15.06	1
17 Boyd, Dakota	McGregor School	15.21	4
18 Frericks, Sheena	Silver Bay High School	15.51	5
19 Olson, Halie	Barnum	15.64	2
20 Schleret, Abby	Barnum	15.70	2
21 Hanson, Tarin	Cook County	15.75	3
22 Gonzalez, Andrea	Cromwell	15.87	2
23 Wojtysiak, Paige	Wrenshall Highschool	15.91	2
24 Brennan, Ann	McGregor School	16.06	4
25 Pasek, Steph	Moose Lake Willow River	16.13	1
26 Henerickson, Linnea	Cook County	16.17	3
27 Kingbird, Elva	Carlton	16.19	5
28 Wojtysiak, Makayla	South Ridge	16.46	4
29 Nixon, Zoe	Silver Bay High School	16.65	5
30 Hakamaki, Amanda	Cromwell	17.01	3
31 Roth, Amelia	Cook County	18.12	4

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School

Results - Day 1

Event 5 Girls 100 Meter Dash

Name	School	Finals
Finals		
1 Karina, Cisar	Moose Lake Willow River	13.06
2 Fynboh, Leann	Two Harbors High School	13.33
3 Rengo, Olivia	Esko High School	13.35
4 Shady, Erika	Esko High School	13.46
5 Juenemann, Jessie	Two Harbors High School	13.91
6 Johnson, Megan	Wrenshall Highschool	14.16
7 Bryant, Kennedy	Moose Lake Willow River	14.28
8 Fleischer, Karly	Two Harbors High School	14.47

Event 6 Boys 100 Meter Dash

Name	School	Prelims	H#
Preliminaries			
1 Evenson, Jon	Moose Lake Willow River	11.47 q	5
2 DeRocher, Alex	Esko High School	11.91 q	1
2 Pettersen, Josh	Moose Lake Willow River	11.91 q	4
4 Christensen, Drew	Two Harbors High School	12.06 q	3
5 O'Connor, Caleb	Wrenshall Highschool	12.08 q	2
6 Keranen, Davey	Two Harbors High School	12.10 q	1
7 Hansen, Thomas	Moose Lake Willow River	12.14 q	5
8 Lysaker, Shannon	Two Harbors High School	12.22 q	4
9 Shelgren, Cody	Barnum	12.29	2
10 Fischer, Michael	Silver Bay High School	12.50	3
11 Mehrkens, Gabreil	Barnum	12.65	5
12 Terwey, Joseph	Esko High School	12.73	3
13 Morales-Cruz, Efren	Carlton	12.79	1
14 Graff, Dylan	Floodwood Track and Field	12.87	4
15 Holte, Quinn	South Ridge	12.91	3
16 Risberg, Nick	Esko High School	13.16	2
17 Brecht, Jeff	Silver Bay High School	13.24	5
18 Draxten, Joel	McGregor School	13.36	3
19 Mickelson, Jordan	McGregor School	13.40	5
20 Simi, Trace	Cromwell	13.69	2
21 Cahoon, Cameron	Cromwell	14.14	2
22 Glader, Nick	Wrenshall Highschool	14.21	3
23 Libbon, Drew	Cromwell	14.56	1
24 Carlson, Ryan	Carlton	14.60	2
25 Ruzynski, Gage	Floodwood Track and Field	14.99	1
26 Laveau, Drayke	Carlton	15.30	5
27 Viren, Jack	Cook County	15.67	4
28 DeHart, Jacob	Silver Bay High School	15.90	3
29 Haussner, Jack	Cook County	16.23	4
30 Paumer, Jeff	Floodwood Track and Field	16.33	5
31 Lind, Jonathan	Barnum	17.85	4

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School

Results - Day 1

Event 6 Boys 100 Meter Dash

Name	School	Finals
Finals		
1 Evenson, Jon	Moose Lake Willow River	11.33
2 Pettersen, Josh	Moose Lake Willow River	11.58
3 DeRocher, Alex	Esko High School	11.79
4 Christensen, Drew	Two Harbors High School	11.81
5 Keranen, Davey	Two Harbors High School	12.02
6 O'Connor, Caleb	Wrenshall Highschool	12.06
7 Hansen, Thomas	Moose Lake Willow River	12.18
8 Lysaker, Shannon	Two Harbors High School	12.22

Event 7 Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Esko High School		1:56.37
2 McGregor School		1:58.98
3 Cromwell		2:01.14
4 South Ridge		2:03.05
5 Cook County		2:04.94
6 Two Harbors High School		2:08.68
7 Carlton		2:16.96

Event 8 Boys 4x200 Meter Relay

Team	Relay	Finals	H#
Finals			
1 Moose Lake Willow River		1:37.03	2
2 Barnum		1:38.51	2
3 Wrenshall Highschool		1:39.13	2
4 Two Harbors High School		1:43.75	2
5 Esko High School		1:43.87	2
6 McGregor School		1:44.60	2
7 Cromwell		1:45.00	2
8 Cook County		1:48.29	1
9 Silver Bay High School		1:57.18	1
10 Carlton		2:10.28	1
11 Floodwood Track and Field		2:11.12	1
--- South Ridge		DQ	2

Event 9 Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Kiminski, Kailee	Esko High School	5:24.16
2 Hillstrom, Brittny	Carlton	5:47.66
3 Larva, Stacey	Floodwood Track and Field	5:51.73
4 Otis, Gracelynn	South Ridge	5:59.11
5 Seipke, Abigale	Two Harbors High School	6:01.89
6 Anderson, Sammy	Silver Bay High School	6:06.69
7 Rish, Emily	Esko High School	6:06.77
8 Ring, Libbie	Moose Lake Willow River	6:09.20
9 Vogt, Esther	Barnum	6:10.47

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School

Results - Day 1

Finals ... (Event 9 Girls 1600 Meter Run)

Name	School	Finals
10 Walczynski, Tori	Moose Lake Willow River	6:12.34
11 Wold, Makayla	Esko High School	6:29.16
12 Weyrens-Welch, Morgan	Cook County	6:32.58
13 Jackson, Michaela	McGregor School	6:35.02
14 Bexell, Sydney	Moose Lake Willow River	6:35.52
15 Archer, Katie	Two Harbors High School	6:41.95
16 Martinson, Alyssa	Cook County	6:43.79
17 Brennan, Marv	McGregor School	6:47.36
18 Hay, Marin	Cook County	7:02.68
19 Ermatinger, Alex	Carlton	8:14.87

Event 10 Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Bustrak, Joseph	Moose Lake Willow River	4:52.62
2 Hight, Kiviok	Two Harbors High School	4:53.89
3 Menor, Trenton	Esko High School	4:54.28
4 Paron, Jake	Two Harbors High School	4:55.41
5 Pfisthner, Austin	Cromwell	4:57.66
6 Meysenbourg, Eric	Esko High School	4:58.62
7 Olson, Ethan	Moose Lake Willow River	4:59.56
8 Vogt, Tim	Barnum	5:24.09
9 Squires, Noah	South Ridge	5:24.80
10 Houle, Connor	South Ridge	5:28.77
11 Garry, Finn	Cook County	5:35.61
12 Pocernich, Marcus	Cromwell	5:38.75
13 Rauvola, Wyatt	Floodwood Track and Field	5:40.63
14 Anderson, Ryder	Moose Lake Willow River	5:42.20
15 Wilson, Anakin	Barnum	5:49.20
16 Sunday, Thatcher	Two Harbors High School	5:50.46
17 Libbon, Drew	Cromwell	5:52.04
18 Nelson, Brandon	Barnum	5:57.79
19 Ramberg, Will	Cook County	6:18.92

Event 11 Girls 4x100 Meter Relay

Team	Relay	Finals	H#
Finals			
1	Cromwell	53.61	2
2	Moose Lake Willow River	55.26	2
3	Esko High School	56.92	2
4	Wrenshall Highschool	58.07	2
5	McGregor School	58.27	2
6	Carlton	1:04.53	1
7	South Ridge	1:05.12	2
8	Cook County	1:05.12	1
---	Two Harbors High School	DNF	2

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School**Results - Day 1****Event 12 Boys 4x100 Meter Relay**

Team	Relay	Finals	H#
Finals			
1	Esko High School	45.96	2
2	Moose Lake Willow River	46.76	2
3	Two Harbors High School	47.06	2
4	Barnum	48.06	2
5	South Ridge	51.81	2
6	Cromwell	53.26	2
7	Silver Bay High School	55.57	1
8	Cook County	58.28	1
9	Carlton	59.02	1

Event 13 Girls 400 Meter Dash

Name	School	Finals	H#	
Finals				
1	Fynboh, Leann	Two Harbors High School	1:02.64	3
2	Rengo, Olivia	Esko High School	1:04.15	3
3	Kelley, Kaitlyn	Wrenshall Highschool	1:05.16	3
4	Thomas, Molly	Cook County	1:05.29	3
5	Mickelson, Korinna	McGregor School	1:06.68	3
6	Smalley, Lexi	Esko High School	1:09.00	3
7	Scamehorn, Faith	Two Harbors High School	1:10.12	2
8	Hall, Anna	South Ridge	1:10.26	3
9	Peaney, Lauren	Barnum	1:11.23	2
10	Babcock, Hazel	Two Harbors High School	1:13.44	2
11	Barrett, Emily	Esko High School	1:13.57	2
12	Simek, Hannah	South Ridge	1:14.55	3
13	Schleret, Abby	Barnum	1:17.81	2
14	Mike, Britney	Barnum	1:17.97	1
15	Hakamaki, Amanda	Cromwell	1:18.16	2
16	Honeder, Sophie	Cook County	1:23.80	1
17	Koivisto, Taina	South Ridge	1:25.79	1
18	Dixon, Jessy	Moose Lake Willow River	1:26.66	2

Event 14 Boys 400 Meter Dash

Name	School	Finals	H#	
Finals				
1	Hintsala, Brandt	Esko High School	54.07	3
2	Shingledecker, Seth	Esko High School	54.42	3
3	Warner, Marcus	Barnum	54.87	3
4	Mohelsky, Gage	Moose Lake Willow River	55.50	3
5	Peterson, Zach	Barnum	56.84	3
6	Javor, Alex	McGregor School	58.06	3
7	Rigdon, Donovan	Two Harbors High School	58.30	3
8	Pederson, Ike	Moose Lake Willow River	58.36	3
9	Gelhar, Cole	McGregor School	59.58	2
10	Fortunato, Cy	Cook County	59.61	2
11	Lewis, Zack	Silver Bay High School	1:02.08	2
12	Smith, Zion	Cromwell	1:03.05	2

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School

Results - Day 1

Finals ... (Event 14 Boys 400 Meter Dash)

Name	School	Finals	H#
13 Simi, Trace	Cromwell	1:03.32	2
14 Wallace, Isaiah	Carlton	1:03.53	2
15 Mackai, Brandon	South Ridge	1:04.57	1
16 Skutevik, Christian	Wrenshall Highschool	1:04.66	2
17 Hibke, Ethan	Moose Lake Willow River	1:06.26	1
18 Holmes, Wyatt	Wrenshall Highschool	1:09.42	2
19 Viren, Jack	Cook County	1:10.58	1
20 Gronner, Jaden	Cromwell	1:13.99	1
21 Carlson, Xavier	Barnum	1:18.37	1
22 Blomberg, Lynden	Cook County	1:33.71	1

Event 15 Girls 300 Meter Hurdles

Name	School	Finals	H#
Finals			
1 Gonosowski, Ava	Esko High School	48.96	3
2 Mickelson, Kendra	McGregor School	52.71	3
3 Hall, Lily	South Ridge	53.23	3
4 Johnson, Ashley	Esko High School	53.43	3
5 Race, Hannah	Moose Lake Willow River	54.91	3
6 Bryant, Emily	Esko High School	55.34	3
7 Hanson, Katarina	Two Harbors High School	55.88	2
8 Linville, Krysten	Two Harbors High School	56.08	3
9 Clement, Diana	South Ridge	57.87	2
10 Moe, Kaitlyn	South Ridge	58.43	3
11 Nelson, Megan	Barnum	59.83	2
12 Minkinnen, Mia	Two Harbors High School	1:00.57	2
13 Aho, Kaisa	Cromwell	1:00.58	2
14 Morneau, Brooklyn	Wrenshall Highschool	1:00.73	2
15 Mohelsky, Ruby	Moose Lake Willow River	1:01.52	2
16 Henerickson, Linnea	Cook County	1:04.64	1
17 Stoddard, Melanie	Cook County	1:08.27	1
18 Roth, Amelia	Cook County	1:14.04	1

Event 16 Boys 300 Meter Hurdles

Name	School	Finals	H#
Finals			
1 Redding, Bill	South Ridge	43.64	3
2 Johnson, Ian	Two Harbors High School	44.35	3
3 Schillo, Caleb	Esko High School	45.28	3
4 Bauer, Derek	Carlton	45.36	3
5 Tucker, Jacob	Esko High School	46.36	3
6 Bemlott, Hank	Silver Bay High School	46.42	3
7 Salinas, Isaiah	Esko High School	46.96	3
8 Ross, Spencer	Two Harbors High School	47.40	2
9 Demming, Zach	Two Harbors High School	47.62	2
10 Frahm, Gunnar	Silver Bay High School	48.01	3
11 Utecht, Dylan	Floodwood Track and Field	48.84	2
12 Randall, Tyler	Cromwell	49.44	2
13 Radel, Connor	Moose Lake Willow River	50.74	2

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School**Results - Day 1****Finals ... (Event 16 Boys 300 Meter Hurdles)**

Name	School	Finals	H#
14 Wilson, Ryan	Moose Lake Willow River	50.92	1
15 Matlack, Mark	Carlton	52.35	1
16 Vogt, Paul	Barnum	53.28	1
17 Spry, Jerod	Cook County	54.39	1
18 Zimmerman, Bob	South Ridge	55.37	1
19 VonRueden, Quentin	Moose Lake Willow River	57.23	1
20 Carlson, Brant	Wrenshall Highschool	57.97	1
21 Lundberg, Austin	Cromwell	58.49	1

Event 17 Girls 800 Meter Run

Name	School	Finals	H#
Finals			
1 Kiminski, Kailee	Esko High School	2:29.08	2
2 Larva, Stacey	Floodwood Track and Field	2:37.03	2
3 Kulas, Karlie	Esko High School	2:40.24	2
4 Mayfield, Allie	Two Harbors High School	2:43.67	2
5 Michels, Sarah	Moose Lake Willow River	2:45.18	2
6 Poskie, Liz	South Ridge	2:46.87	2
7 Joyal, Taylor	South Ridge	2:48.48	2
8 Laveau, Destiny	Carlton	2:50.18	2
9 Blacklock, Charis	Moose Lake Willow River	2:50.88	2
10 Weyrens-Welch, Morgan	Cook County	2:56.73	1
11 Mellesmoen, Abby	South Ridge	2:56.97	1
12 Brennan, Mary	McGregor School	2:57.00	1
13 Westendorf, Ryan	Barnum	3:00.15	1
14 Vogt, Esther	Barnum	3:00.40	2
15 McDonald, Julia	Two Harbors High School	3:01.65	2
16 O'Brien, Brigit	Wrenshall Highschool	3:02.65	1
17 Granquist, Meghan	Moose Lake Willow River	3:03.27	2
18 Vanderpoel, Alexis	Wrenshall Highschool	3:03.46	1
19 Haaversen, Kari	Two Harbors High School	3:04.31	1
20 Pavlich, Anika	Wrenshall Highschool	3:10.25	1
21 Frericks, Sheena	Silver Bay High School	3:11.99	1
22 Honeder, Sophie	Cook County	3:16.39	1
23 Larsen, Julia	Cook County	3:18.95	1

Event 18 Boys 800 Meter Run

Name	School	Finals	H#
Finals			
1 Furey, Nick	Moose Lake Willow River	2:11.74	2
2 Mikrot, Andrew	Moose Lake Willow River	2:12.60	2
3 Meysenbourg, Eric	Esko High School	2:16.09	2
4 Koenig, Nick	Cromwell	2:16.65	2
5 Johnson, Corey	Two Harbors High School	2:17.57	2
6 Harkness, Brett	Silver Bay High School	2:20.98	2
7 Seljegard, Simon	Barnum	2:22.56	2
8 Baker, Emmanuel	McGregor School	2:26.63	2
9 Sawyer, Shyron	Barnum	2:29.64	2
10 Anderson, Ryder	Moose Lake Willow River	2:31.32	2

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School**Results - Day 1****Finals ... (Event 18 Boys 800 Meter Run)**

Name	School	Finals	H#
11 Elmquist, Aaron	Two Harbors High School	2:32.61	1
12 Erkkila, Quinn	Esko High School	2:32.66	1
13 Anderson, Leif	Cook County	2:33.49	1
14 Rauvola, Wyatt	Floodwood Track and Field	2:36.51	1
15 Houle, Connor	South Ridge	2:36.77	2
16 Garry, Finn	Cook County	2:38.13	1
17 Schnobrich, Roman	Cook County	2:40.36	1
18 Eliason, Josh	Cromwell	2:42.98	1
19 Hebl, Eli	Two Harbors High School	2:49.40	2
20 Saarela, Kyle	Barnum	3:05.22	1

Event 19 Girls 200 Meter Dash

Name	School	Finals	H#
Finals			
1 Karina, Cisar	Moose Lake Willow River	27.03	4
2 Shady, Erika	Esko High School	27.45	4
3 Juenemann, Jessie	Two Harbors High School	27.89	4
4 Kelley, Kaitlyn	Wrenshall Highschool	28.77	3
5 Eliasen, Sophie	Cook County	28.99	3
6 Johnson, Hannah	Wrenshall Highschool	29.17	3
7 Smalley, Lexi	Esko High School	29.19	4
8 Bryant, Kennedy	Moose Lake Willow River	29.61	3
9 House, Elizabeth	Carlton	29.76	4
10 Evenson, Kiersten	Moose Lake Willow River	29.79	3
11 Groth, Amelia	Carlton	30.29	4
12 Monahan, Kaylee	Esko High School	30.45	4
13 Peaney, Lauren	Barnum	31.02	1
14 Mellesmoen, Kayla	South Ridge	31.12	2
15 Campbell, Onna	South Ridge	31.59	3
16 Boyd, Dakota	McGregor School	32.35	2
17 Carman, Anna	Cook County	32.58	2
18 Gonzalez, Andrea	Cromwell	32.78	1
19 Schleret, Abby	Barnum	33.18	2
20 Brennan, Ann	McGregor School	33.25	1
21 Mike, Britney	Barnum	33.78	1
22 Preston, Shayna	South Ridge	34.54	2
23 Nixon, Zoe	Silver Bay High School	35.09	1
24 Callander, Lucy	Cook County	37.99	1

Event 20 Boys 200 Meter Dash

Name	School	Finals	H#
Finals			
1 Evenson, Jon	Moose Lake Willow River	23.04	4
2 Nelson, Craig	Moose Lake Willow River	23.81	4
3 Keranen, Davey	Two Harbors High School	23.88	4
4 O'Connor, Justin	Wrenshall Highschool	24.03	4
5 Johnson, Rick	Esko High School	24.12	4
6 Buchanan, Cole	Barnum	24.18	4
7 Virginia, Marcus	Wrenshall Highschool	24.23	4

Polar League Outdoor Conference Championships - 5/14/2014Timing by Hero's Timing - www.herostiming.com**Two Harbors High School****Results - Day 1****Finals ... (Event 20 Boys 200 Meter Dash)**

	Name	School	Finals	H#
8	Christensen, Drew	Two Harbors High School	24.32	3
9	Moonen, David	Moose Lake Willow River	24.77	4
10	O'Connor, Caleb	Wrenshall Highschool	24.95	3
11	Cossalter, Dawson	Esko High School	25.45	2
12	Warpula, Eli	Cromwell	25.55	3
13	Fischer, Michael	Silver Bay High School	25.69	3
14	Mehrkens, Gabreil	Barnum	26.29	3
15	Nistler, Alexander	McGregor School	26.36	2
16	Carpenter, Oliver	Two Harbors High School	26.37	3
17	Morales-Cruz, Efred	Carlton	26.52	2
18	Johnson, Kurt	Esko High School	26.54	2
19	Mackai, Brandon	South Ridge	27.12	1
20	Karpinnen, Carter	Cromwell	27.25	3
21	Draxten, Joel	McGregor School	27.41	3
22	Lewis, Zack	Silver Bay High School	27.82	2
23	Lamb, Will	Cook County	27.87	2
24	Warren, Noah	Cook County	28.20	1
25	Carlson, Ryan	Carlton	31.12	1
26	Carlson, Xavier	Barnum	33.35	1
27	Haussner, Jack	Cook County	34.74	1
28	Rohde, Issac	Floodwood Track and Field	35.50	1
29	Bennett, Miles	Carlton	35.57	1

Event 21 Girls 3200 Meter Run

	Name	School	Finals
Finals			
1	Hillstrom, Brittny	Carlton	12:44.34
2	Gronner, Bailey	Cromwell	13:00.68
3	McHugh, Maya	Cook County	13:46.39
4	Acero, Matea	Cook County	13:58.10
5	Wold, Makayla	Esko High School	14:10.20
6	Jackson, Michaela	McGregor School	14:19.59
7	Hill, Paige	Esko High School	14:31.44
8	Hansen, Danielle	Cook County	16:06.45

Event 22 Boys 3200 Meter Run

	Name	School	Finals
Finals			
1	Rengo, Matt	Esko High School	10:46.09
2	Bustrak, Joseph	Moose Lake Willow River	11:03.14
3	Dugger, Brandon	Two Harbors High School	11:10.09
4	Graves, Gabe	Esko High School	11:11.19
5	Olson, Ethan	Moose Lake Willow River	11:23.52
6	Chmelik, Joey	Cook County	11:37.87
7	Squires, Noah	South Ridge	11:59.21
8	Tuel, Casey	Moose Lake Willow River	12:12.23
9	Collier, Henry	Barnum	12:19.69
10	Pocernich, Marcus	Cromwell	12:22.59
11	Cruikshank, Owen	Two Harbors High School	12:29.31

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School

Results - Day 1

Finals ... (Event 22 Boys 3200 Meter Run)

Name	School	Finals
12 Hommes, Everett	Two Harbors High School	12:41.36
13 Nelson, Brandon	Barnum	12:52.65

Event 23 Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Esko High School		4:19.99
2 Cromwell		4:29.99
3 Cook County		4:46.65
4 Moose Lake Willow River		4:49.57
5 Two Harbors High School		4:51.13
6 Carlton		4:55.49
7 Wrenshall Highschool		5:01.13

Event 24 Boys 4x400 Meter Relay

Team	Relay	Finals	H#
Finals			
1 Esko High School		3:40.77	2
2 Moose Lake Willow River		3:45.27	2
3 Two Harbors High School		3:56.02	2
4 McGregor School		3:59.93	1
5 Silver Bay High School		4:01.53	2
6 Cromwell		4:09.86	2
7 Barnum		4:10.49	1
8 Cook County		4:14.37	1
9 Carlton		4:18.22	2

Event 25 Girls Shot Put

Name	School	Finals
Finals		
1 Cross, Casey	Two Harbors High School	34-10.50
2 Suhonen, Samantha	Cromwell	32-04.00
3 Siltanen, Katie	Barnum	31-02.00
4 Besch, Kayle	Cromwell	30-04.00
5 Schraufnagel, Lane	Two Harbors High School	30-01.00
6 Klassen, Taylor	Carlton	29-11.00
7 Thums, Kristiina	Silver Bay High School	28-06.00
8 LaPrairie, Teyha	Carlton	28-02.50
9 Jacobs, Sophia	McGregor School	26-04.00
10 Klassen, Haily	Carlton	25-04.50
11 Szczyrbak, Ava	Moose Lake Willow River	24-11.00
11 Poppenhage, Maree	South Ridge	24-11.00
13 Kolkin, Chelsea	Two Harbors High School	23-10.00
14 Smith, Alicia	Cook County	23-03.00
15 Cahoon, Amber	Cromwell	22-05.00
16 Jelinski, Aisling	McGregor School	21-03.00
17 Sellon, Jade	Wrenshall Highschool	21-02.50
17 Hill, Morgan	Esko High School	21-02.50
19 Hansen, Danielle	Cook County	20-01.00

Polar League Outdoor Conference Championships - 5/14/2014Timing by Hero's Timing - www.herostiming.com**Two Harbors High School****Results - Day 1****Finals ... (Event 25 Girls Shot Put)**

Name	School	Finals	
20 Thomason, Callie	South Ridge	19-11.00	2
21 Pasek, Steph	Moose Lake Willow River	19-03.50	1
22 Evans, Ashley	Silver Bay High School	18-01.00	1
23 Arntson, Ashleigh	Esko High School	18-00.00	3
24 Race, Josephine	Moose Lake Willow River	17-10.50	1
25 Emily, Fisher	Barnum	17-05.00	1
26 Weyrens-Welch, Morgan	Cook County	15-01.00	1
27 Nixon, Zoe	Silver Bay High School	14-02.00	1

Event 26 Boys Shot Put

Name	School	Finals	
Finals			
1 Lindstrom, Jacob	Esko High School	48-01.00	3
2 Evenson, Jon	Moose Lake Willow River	45-06.50	3
3 Youngberg, Brady	Barnum	45-05.00	3
4 Szczyrbak, Ezra	Moose Lake Willow River	43-02.00	3
5 Bryce, Travis	Wrenshall Highschool	42-00.00	3
6 Viche, Chase	South Ridge	38-05.50	2
7 Fleischer, Victor	Two Harbors High School	38-01.00	3
8 Chavez, Jeremiah	Moose Lake Willow River	37-05.50	3
9 Torgerson, Nick	Two Harbors High School	35-10.00	3
10 Tan, Daran	Esko High School	35-04.00	3
11 Nordean, Chad	Two Harbors High School	33-02.00	2
12 Wirtz, Fauston	Esko High School	33-01.00	2
13 Shelgren, Parker	Barnum	32-11.00	2
14 Susa, Wyatt	Cromwell	31-09.00	2
15 Warren, Noah	Cook County	30-08.00	2
16 Rohde, Pat	Floodwood Track and Field	29-03.50	2
17 Poegel, Brandon	South Ridge	28-05.00	2
18 Mattson, Carl	Wrenshall Highschool	28-02.50	1
18 Passer, Spencer	McGregor School	28-02.50	1
20 Swanson, Cameron	Barnum	27-03.00	1
21 Lewandowski, Austin	Cromwell	26-00.00	1
22 Miller, Brian	South Ridge	25-10.00	1
--- Paumer, Jeff	Floodwood Track and Field	ND	1
--- Graff, Dylan	Floodwood Track and Field	ND	1
--- Ruzynski, Gage	Floodwood Track and Field	ND	1

Event 27 Girls Discus Throw

Name	School	Finals	
Finals			
1 Suhonen, Samantha	Cromwell	102-09.50	3
2 Cross, Casey	Two Harbors High School	100-00.50	3
3 Scharnberg, Sara	Floodwood Track and Field	92-10	3
4 Juenemann, Jessie	Two Harbors High School	87-00	3
5 Anvid, RyAnna	South Ridge	85-07	3
6 Besch, Kayle	Cromwell	80-10	3
7 Johnson, Jo	Cromwell	79-00	3
8 Klassen, Taylor	Carlton	78-00.50	3

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School**Results - Day 1****Finals ... (Event 27 Girls Discus Throw)**

Name	School	Finals	
9 Thums, Kristiina	Silver Bay High School	73-00.50	2
10 Schraufnagel, Lane	Two Harbors High School	72-06.50	3
11 Jacobs, Sophia	McGregor School	71-10	2
12 LaPrairie, Teyha	Carlton	67-01	2
13 Sheda, Desiree	Wrenshall Highschool	64-07	2
14 Hawkinson, Abby	McGregor School	64-02	2
15 Arntson, Ashleigh	Esko High School	62-11.50	2
16 Emily, Fisher	Barnum	62-11	1
17 Siltanen, Katie	Barnum	62-07	3
18 House, Rebecca	Carlton	60-07.50	2
19 Poppenhage, Maree	South Ridge	53-10	1
20 Evans, Ashley	Silver Bay High School	53-09.25	1
21 Smith, Alicia	Cook County	51-09	1
22 Jelinski, Aisling	McGregor School	51-03.50	2
23 Callander, Lucy	Cook County	49-09	1
24 Hill, Morgan	Esko High School	46-09.50	1
25 Race, Josephine	Moose Lake Willow River	45-06	1
26 Pasek, Steph	Moose Lake Willow River	42-09	1
27 Nixon, Zoe	Silver Bay High School	38-11	1

Event 28 Boys Discus Throw

Name	School	Finals	
Finals			
1 Lindstrom, Jacob	Esko High School	146-04	3
2 Youngberg, Brady	Barnum	127-02.50	3
3 Chavez, Jeremiah	Moose Lake Willow River	117-10.50	3
4 Bryce, Travis	Wrenshall Highschool	114-09	3
5 Wirtz, Fauston	Esko High School	108-09.50	2
6 Szczymbak, Ezra	Moose Lake Willow River	107-08.25	3
7 Viche, Chase	South Ridge	107-07.25	1
8 Shelgren, Parker	Barnum	106-02.50	3
9 Fleischer, Victor	Two Harbors High School	101-11	3
10 Torgerson, Nick	Two Harbors High School	101-06	2
11 Peters, Derek	Two Harbors High School	98-04.50	2
12 Petron, Sam	South Ridge	97-03	1
13 Mattson, Carl	Wrenshall Highschool	94-05	1
14 Herzog, Hunter	Moose Lake Willow River	91-00	3
15 Rohde, Pat	Floodwood Track and Field	90-07	2
16 Ruzynski, Gage	Floodwood Track and Field	87-03	2
17 Susa, Wyatt	Cromwell	84-08.50	1
18 Koenig, Nick	Cromwell	84-01	2
19 Poegel, Brandon	South Ridge	80-04.50	2
20 Swanson, Cameron	Barnum	67-02.50	2
21 Passer, Spencer	McGregor School	62-00.50	1
22 Lewandowski, Austin	Cromwell	61-07	1
23 Viren, Jack	Cook County	60-00	1
24 Kuehl, kalen	Floodwood Track and Field	53-07	1
25 Blomberg, Lynden	Cook County	35-08.50	1
--- Tan, Daran	Esko High School	ND	2

Polar League Outdoor Conference Championships - 5/14/2014Timing by Hero's Timing - www.herostiming.com**Two Harbors High School****Results - Day 1****Event 29 Girls Pole Vault**

Name	School	Finals
Finals		
1 Shady, Erika	Esko High School	9-00.00
2 Gonosowski, Ava	Esko High School	7-06.00
3 Rudek, Mia	Esko High School	7-06.00
4 Race, Hannah	Moose Lake Willow River	6-00.00

Event 30 Boys Pole Vault

Name	School	Finals
Finals		
1 Moonen, David	Moose Lake Willow River	10-06.00
2 Arntson, Devon	Esko High School	9-06.00
3 Senarighi, Braden	Esko High School	7-00.00
4 Sinnott-James, Declan	Esko High School	7-00.00
--- Hansen, Thomas	Moose Lake Willow River	NH

Event 31 Girls High Jump

Name	School	Finals
Finals		
1 Houser, Karinne	Esko High School	4-06.00
2 Scharnberg, Sara	Floodwood Track and Field	4-04.00
2 McDonnald, Julia	Two Harbors High School	4-04.00
2 Susa, Kelly	Cromwell	4-04.00
5 Holbeck, Katie	Two Harbors High School	4-04.00
6 Wagemaker, Judy	Esko High School	4-04.00
7 Jackson, Michaela	McGregor School	4-01.00
7 Nowaski, Allison	Two Harbors High School	4-01.00
7 Blacklock, Charis	Moose Lake Willow River	4-01.00
7 House, Elizabeth	Carlton	4-01.00
7 Mickelson, Korinna	McGregor School	4-01.00
12 Ring, Libbie	Moose Lake Willow River	4-01.00
12 Kulas, Karlie	Esko High School	4-01.00
14 Moe, Kaitlyn	South Ridge	3-10.00
14 Campbell, Onna	South Ridge	3-10.00
--- Preston, Shayna	South Ridge	NH

Event 32 Boys High Jump

Name	School	Finals
Finals		
1 Beaudot, Cal	Esko High School	5-10.00
2 Lysaker, Shannon	Two Harbors High School	5-08.00
3 Hintsala, Brandt	Esko High School	5-06.00
4 Pettersen, Josh	Moose Lake Willow River	5-04.00
5 Regan, Chris	Moose Lake Willow River	5-04.00
6 Fischer, Michael	Silver Bay High School	5-04.00
7 Schillo, Caleb	Esko High School	5-01.00
8 Fischer, Enoch	Silver Bay High School	5-01.00
9 Gelhar, Cole	McGregor School	5-01.00
10 Sarracco, Joe	Two Harbors High School	4-10.00
10 Javor, Alex	McGregor School	4-10.00

Polar League Outdoor Conference Championships - 5/14/2014

Timing by Hero's Timing - www.herostiming.com

Two Harbors High School**Results - Day 1****Finals ... (Event 32 Boys High Jump)**

Name	School	Finals
--- Mickelson, Jordan	McGregor School	NH
--- Greer, Lane	Silver Bay High School	NH

Event 33 Girls Long Jump

Name	School	Finals
Finals		
1 Bryant, Kennedy	Moose Lake Willow River	15-10.00 3
2 Kiminski, Kailee	Esko High School	15-00.00 3
3 Dincau, Mandi	Esko High School	14-01.50 3
4 Michels, Abby	Silver Bay High School	14-01.00 3
5 Voge, Karlyn	Carlton	14-00.00 3
6 Hawkinson, Abby	McGregor School	13-11.50 2
7 Johnson, Megan	Wrenshall Highschool	13-11.00 3
8 Evenson, Kiersten	Moose Lake Willow River	13-10.00 3
9 Nelson, Megan	Barnum	13-06.00 1
10 Mickelson, Korinna	McGregor School	13-00.50 3
11 Morneau, Brooklyn	Wrenshall Highschool	12-11.75 2
12 Groth, Amelia	Carlton	12-10.00 3
13 Smalley, Lexi	Esko High School	12-09.25 2
14 Mohelsky, Ruby	Moose Lake Willow River	12-09.00 2
14 Fleischer, Karly	Two Harbors High School	12-09.00 2
16 Whitney, Natalie	South Ridge	12-04.50 2
17 Boyd, Dakota	McGregor School	12-01.00 2
18 Callander, Lucy	Cook County	10-09.50 1
19 Stoddard, Melanie	Cook County	10-07.75 1
20 Neussel, Carla	South Ridge	10-04.00 1
21 Hooey, Kaydi	Two Harbors High School	9-10.00 1
22 Archer, Emily	Two Harbors High School	9-02.50 1
--- Hakamaki, Amanda	Cromwell	ND 1

Event 34 Boys Long Jump

Name	School	Finals
Finals		
1 Evenson, Jon	Moose Lake Willow River	21-03.25 3
2 Peterson, Colton	South Ridge	21-02.50 3
3 Redding, Bill	South Ridge	20-00.50 3
4 Johnson, Rick	Esko High School	18-09.00 3
5 Spicer, Asa	Moose Lake Willow River	18-02.00 3
6 Virginia, Marcus	Wrenshall Highschool	17-10.50 3
7 O'Connor, Justin	Wrenshall Highschool	17-08.50 2
8 Peterson, Zach	Barnum	16-08.00 1
9 Fischer, Michael	Silver Bay High School	16-08.00 2
10 Graves, Adam	Esko High School	16-06.00 3
11 Nelson, Craig	Moose Lake Willow River	16-05.00 3
12 Risberg, Nick	Esko High School	15-10.00 2
13 Morales-Cruz, Efren	Carlton	15-07.00 2
14 Lysaker, Shannon	Two Harbors High School	15-01.00 3
15 Mickelson, Jordan	McGregor School	14-07.00 2
16 Greer, Lane	Silver Bay High School	14-05.50 2

Polar League Outdoor Conference Championships - 5/14/2014Timing by Hero's Timing - www.herostiming.com**Two Harbors High School****Results - Day 1****Finals ... (Event 34 Boys Long Jump)**

Name	School	Finals	
17 Fischer, Enoch	Silver Bay High School	13-10.00	2
18 Spry, Jerod	Cook County	13-03.75	2
19 Santkuyl, Jacob	Carlton	12-03.50	1
20 Swanson, Jayden	Carlton	12-01.00	1
21 Haussner, Jack	Cook County	11-09.00	1
22 Fosness, Jake	Floodwood Track and Field	10-11.00	1
23 Kuehl, kalen	Floodwood Track and Field	9-11.50	1
24 Rohde, Issac	Floodwood Track and Field	9-08.00	1
--- Zimmerman, Bob	South Ridge	ND	1
--- Gronner, Jaden	Cromwell	ND	1

Event 35 Girls Triple Jump

Name	School	Finals	
Finals			
1 Selin, Jordyn	Esko High School	30-08.00	2
2 Voge, Karlyn	Carlton	30-06.00	2
3 Karina, Cisar	Moose Lake Willow River	30-04.00	2
4 Goerd, Makayla	South Ridge	30-02.50	1
5 Zezulka, Ashley	Esko High School	30-00.00	2
6 Whitney, Natalie	South Ridge	29-01.00	2
7 Gronner, Bailey	Cromwell	28-06.50	2
8 Nelson, Megan	Barnum	28-01.00	1
9 Rengo, Olivia	Esko High School	27-01.00	2
10 Susa, Kelly	Cromwell	27-00.50	1
11 McDonald, Julia	Two Harbors High School	26-09.50	2
12 Mellesmoen, Abby	South Ridge	25-03.00	1
13 Kingbird, Elva	Carlton	24-10.00	1
14 Stoddard, Melanie	Cook County	24-01.00	1
14 Walczynski, Tori	Moose Lake Willow River	24-01.00	1
--- Mike, Britney	Barnum	ND	1

Event 36 Boys Triple Jump

Name	School	Finals	
Finals			
1 Peterson, Colton	South Ridge	42-04.00	2
2 Redding, Bill	South Ridge	40-08.00	2
3 Beaudot, Cal	Esko High School	38-01.50	2
4 Mohelsky, Gage	Moose Lake Willow River	37-09.00	2
5 Buchanan, Cole	Barnum	37-03.00	1
6 Johnson, Rick	Esko High School	36-09.50	2
7 Pederson, Ike	Moose Lake Willow River	36-08.50	2
8 Utecht, Dylan	Floodwood Track and Field	36-02.00	2
9 Lamb, Will	Cook County	35-00.50	1
10 Spicer, Asa	Moose Lake Willow River	35-00.00	2
11 Carlson, Jake	South Ridge	33-08.00	1
12 Peters, Derek	Two Harbors High School	31-08.00	1
13 Demming, Zach	Two Harbors High School	31-02.00	2
14 Sarracco, Joe	Two Harbors High School	27-06.50	1
15 Libbon, Drew	Cromwell	25-11.00	1

Polar League Outdoor Conference Championships - 5/14/2014Timing by Hero's Timing - www.herostiming.com**Two Harbors High School****Results - Day 1****Finals ... (Event 36 Boys Triple Jump)**

Name	School	Finals	
16 Gronner, Jaden	Cromwell	24-11.00	1
17 Kuehl, kalen	Floodwood Track and Field	21-05.50	1
--- Swanson, Jayden	Carlton	ND	1

Women - Team Rankings - 18 Events Scored

1) Esko High School	193	2) Two Harbors High School	96.9333
3) Cromwell	82.3333	4) Moose Lake Willow River	79.6
5) South Ridge	49	6) Carlton	46.6
7) McGregor School	37.2	8) Cook County	35
9) Floodwood Track and Field	26.3333	10) Wrenshall Highschool	26
11) Silver Bay High School	10	12) Barnum	7

Men - Team Rankings - 18 Events Scored

1) Moose Lake Willow River	184	2) Esko High School	180
3) Two Harbors High School	102	4) Barnum	56
5) South Ridge	53	6) Wrenshall Highschool	30
7) Silver Bay High School	22	8) Cromwell	17
9) McGregor School	12	10) Carlton	11
11) Cook County	10	12) Floodwood Track and Field	2