

# Thrivent Financial 5K/10K

## Age Group Results

Race Date  
July 04, 2017

### 5k

#### Female 15 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Allison Nowak	Bemidji MN	13	3584	3	22:15
2	Kaia Ballinger	Maple Grove MN	13	3479	5	24:08
3	Fiona O;Toole	Bemidji MN	11	3586	6	24:10
4	Rose Goldenberg	Bemidji MN	12	3580	10	26:22
5	Lindsey Hildenbrand	Bemidji MN	15	3469	15	28:02
6	Savannah Haugen	Bemidji MN	13	3644	18	28:56
7	John Mueller	Bemidji MN	11	3621	32	32:45
8	Sofie Hamilton	Bemidji MN	11	3581	35	32:57
9	Daryn Osterman	Bemidji MN	12	3585	37	33:08
10	Nicole Perl	Bemidji MN	12	3587	38	33:38
11	Delilah Huck	Bemidji MN	12	3582	40	33:39
12	Josephine Aitken	Cass Lake MN	13	3049	44	34:27
13	Danisha Cloud	Cass Lake MN	13	3615	45	34:28
14	Haley Ward	Shakopee MN	12	3642	46	34:37
15	Kendra Merseth	Bemidji MN	12	3674	51	35:02
16	Gianna Madrigal	Temecula CA	11	3666	52	35:05
17	Haley Bristowe	Bemidji MN	12	3579	53	35:20
18	Casey Berk	Bemidji MN	9	3578	54	35:34
19	Mitike Stueven	Mizpah MN	13	3631	57	35:57
20	Brooke Merseth	Bemidji MN	9	3672	72	44:29
21	Lydia Schultz	Litchfield MN	9	3629	75	48:46
22	Hudson Macarro	Temecula CA	8	3665	83	57:05

#### Female 16 to 21

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Dakota Massucco	Bemidji MN	19	3591	7	24:10
2	tara tesch	bemidji MN	17	3498	16	28:04
3	Sierra Massucco	Bemidji MN	19	3592	34	32:54
4	Mariah Bostwick	Bemidji MN	21	3590	39	33:39
5	Sheyla Ramos	Palm Desert CA	17	3602	59	36:18
6	Marley Ballinger	Maple Grove MN	16	3481	66	39:16
7	Kelly Whybrew	Bemidji MN	21	3572	82	55:35

#### Female 22 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Sofie Lenzen	Bemidji MN	22	3640	11	26:24
2	Kyla Flaten	Minneapolis MN	27	3521	14	27:39
3	Colleen Salscheider	Sun Prairie WI	28	3634	19	29:19

\*Overall place within gender

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#### Female 22 to 29

Place	Name	City	Age	Bib No	Overall*	Time
4	Cassie Nelson	bemidji MN	26	3500	26	30:33
5	Brooke Campbell	Rosemount MN	26	3651	31	32:42
6	Tatiana Woessner	Saint Louis Park MN	26	3502	50	34:59
7	Chelsea Gowan	Bemidji MN	29	3675	64	38:50
8	Jayne Hess	Bemidji MN	26	3543	73	46:58

#### Female 30 to 39

Place	Name	City	Age	Bib No	Overall*	Time
1	Heather Horner	Bismarck ND	33	3528	2	22:09
2	Rachel Vesta	Bemidji MN	30	3614	4	23:12
3	Carrie Noponen	Bemidji MN	38	3617	12	26:48
4	Alexa Evenson	Saint Cloud MN	35	3539	17	28:45
5	Emma Jennings	Cass Lake MN	31	3643	21	30:04
6	Brittany Benson	Bemidji MN	33	3677	24	30:18
7	Andrea Feia	Roseville MN	39	3509	25	30:27
8	Janelle Frost	Bemidji MN	30	3655	27	30:47
9	Jessica Foss	Bemidji MN	35	3654	28	30:51
10	Carrie Campbell	Palo IA	37	3662	48	34:49
11	Stacy Ness	Bemidji MN	34	3598	49	34:53
12	Jamie Copenace	Bemidji MN	36	3536	58	36:17
13	Amber Jensema	Superior WI	35	3507	60	36:31
14	Jen Gowan	Bemidji MN	31	3676	65	39:10
15	Brittanie Mostad	Langdon ND	31	3653	67	39:22
16	Heather Anderson	Bemidji MN	36	3537	69	39:24
17	Erin Rush	Bemidji MN	32	3570	77	49:00

#### Female 40 to 49

Place	Name	City	Age	Bib No	Overall*	Time
1	Stacey Stang	Bemidji MN	45	3514	1	22:01
2	Sara Ballinger	Maple Grove MN	45	3483	9	26:00
3	Tia Barthorpe	Cass Lake MN	49	3616	20	29:26
4	Katy Gross	Forest Lake MN	47	3474	22	30:05
5	Laurie Hickman	Bemidji MN	48	3609	29	30:52
6	Debbie Manecke	Fosston MN	47	3465	41	33:42
7	Amy Brinkman	Fosston MN	49	3467	42	33:42
8	Laurie Anzilotti	Bemidji MN	45	3589	55	35:38
9	Danelle Haugen	Bemidji MN	48	3645	61	36:48
10	Sheila Kennely	Northfield MN	44	3671	62	36:50

\*Overall place within gender

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#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
11	Kelli Steggall	Mizpah MN	44	3632	76	48:50
12	Deb Ewert	Bemidji MN	48	3459	79	51:32
13	Julie Kivell Overlie	Spring Lake Park MN	46	3526	81	53:31

#### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Amy Thorson	Bemidji MN	52	3638	8	24:32
2	Melody Emricson	Woodstock IL	50	3541	23	30:09
3	susan tesch	bemidji MN	56	3501	30	31:40
4	Anne Lenzen	Cedar Rapids IA	56	3639	33	32:50
5	Lauri Church	Antioch CA	58	3454	36	32:58
6	Andra Vaughn	Bemidji MN	57	3473	43	33:56
7	Polly Aitken	Cass Lake MN	52	3318	47	34:44
8	Judy Fisher	Bemidji MN	56	3599	56	35:49
9	Jody Schuster	Minto ND	59	3487	68	39:23

#### Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Sandy Underwood	Bemidji MN	64	3527	13	27:02
2	Terri Gibbs	Southlake TX	60	3490	63	38:26
3	Catherine Thompson	Bemidji MN	60	3533	71	42:49
4	Barbara Benson	Bemidji MN	66	3471	74	48:34

#### Female 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Kathy Burger	Bemidji MN	73	3604	70	40:54
2	Lorena Cook	Bemidji MN	71	3678	78	51:12
3	Jayme Kennely	Northfield MN	70	3669	80	53:23

\*Overall place within gender

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#### Male 15 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Josef Wesloh	Bulverde TX	15	3506	3	18:10
2	Rafael Hakim	Bemidji MN	12	3553	10	20:30
3	Jack Goodman	Bemidji MN	13	3552	13	20:44
4	Ty Ballinger	Maple Grove MN	15	3480	18	21:49
5	Paul Louvar	Bemidji MN	13	3493	22	22:53
6	Joshua Wesloh	Bulverde TX	13	3505	26	23:22
7	Abel Zurita	Bemidji MN	12	3566	27	23:40
8	Zahir Giwa	Bemidji MN	13	3548	30	24:17
9	Matthew Solomon	Bemidji MN	13	3562	33	25:12
10	Mark Anzilotti	Bemidji MN	13	3544	34	25:12
11	Tyler Pollock	Bemidji MN	11	3559	35	25:13
12	Ethan Frank	rogers MN	11	3516	36	25:39
13	Reg Macarro	Temecula CA	11	3664	37	25:39
14	Evan Overlie	Spring Lake Park MN	13	3524	40	25:51
15	Griffin Kennely	Northfield MN	10	3668	44	26:45
16	Owen Campbell	Palo IA	5	3663	47	26:57
17	Dane Bergsrud	grand forks ND	9	3494	51	27:28
18	Thomas Gomez	Bemidji MN	11	3550	53	28:52
19	Dustin Levi	Bemidji MN	13	3557	55	29:10
20	Miles Kennely	Northfield MN	8	3670	56	29:22
21	Levi Goldberg	Bemidji MN	13	3549	58	29:28
22	Theo Rollman	Bemidji MN	12	3560	59	29:37
23	Kobe Kooperman	Bemidji MN	13	3556	64	31:22
24	Gabe Frank	rogers MN	11	3517	66	31:31
25	Lucas Wolf	Bemidji MN	11	3565	68	31:50
26	Albie Thompson	Bemidji MN	9	3626	69	31:53
27	Jack Hildenbrand	Bemidji MN	10	3468	74	33:35
28	Isaac Kelly	Bemidji MN	11	3555	75	34:15
29	Simon Weil	Bemidji MN	11	3563	76	34:15
30	Daniel Michel	Bemidji MN	13	3558	77	34:16
31	Shabir Buttar-Miller	Bemidji MN	12	3545	78	34:28
32	Brayden Anderson	Bemidji MN	9	3575	83	36:59
33	Ja'Mar Garth	Bemidji MN	11	3547	85	38:49
34	Thomas Garces	Bemidji MN	13	3546	87	38:55
35	Miles Jennings	Bemidji MN	14	3554	91	48:59
36	Ian Schwartz	Bemidji MN	9	3561	95	54:27
37	Kaj Overlie	Spring Lake Park MN	12	3523	96	55:26

\*Overall place within gender

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#### Male 16 to 21

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Andrew Stueven	Mizpah MN	16	3630	4	18:19
2	Riley Berg	Bemidji MN	16	3611	5	18:21
3	Cody Roder	Bemidji MN	18	3449	7	18:52
4	Alexander Vollen	Bemidji MN	19	3510	8	19:45
5	Cooper Talbot	Bemidji MN	16	3573	12	20:39
6	Sean Thiboldeaux	Bemidji MN	20	3571	14	20:45
7	Steven Dinneca	Bemidji MN	18	3389	20	21:54
8	Andrew Nissen	Bemidji MN	20	3484	25	23:07
9	Cooper Jedlicka	Bemidji MN	20	3476	32	25:06
10	Chandler Bolton	bemidji MN	18	3499	52	28:04
11	Brandan Naffziger	Lutz FL	17	3492	57	29:22
12	Reese Norby	rogers MN	16	3518	60	30:33
13	Matthew Snyder	Bemidji MN	20	3551	63	31:13
14	Jonathan Moss	Bemidji MN	19	3569	67	31:46
15	Riley Filister-Weinman	Bemidji MN	18	3567	86	38:55
16	Nolan Ewert	Bemidji MN	21	3458	92	52:07

#### Male 22 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Jeff Cottrell	Hermantown MN	25	3595	1	16:58
2	James Straubel	Bemidji MN	26	3625	6	18:51
3	Derek Port	Bemidji MN	26	3530	11	20:34
4	Erik Williams	Minneapolis MN	27	3522	19	21:50
5	Preston Campbell	Rosemount MN	25	3648	38	25:40
6	Abraham Hierlmaier	Bemidji MN	26	3606	61	30:49
7	Dustin Benson	Rosemount MN	26	3649	71	32:43
8	Ethan Long	Bemidji MN	22	3568	79	34:29
9	Joe Danielson	Saint Louis Park MN	26	3503	81	34:59

#### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Jesse Prince	Bemidji MN	36	3603	2	17:16
2	Thomas Loegering	West Fargo ND	33	3624	9	20:02
3	Jeremiah Sellheim	Bemidji MN	30	3515	16	21:37
4	Scott Spencer	Blackduck MN	37	3594	17	21:41
5	Josh Horner	Bismarck ND	34	3529	28	23:57
6	Nathan Klint	Roseau MN	37	3618	45	26:51
7	Kenny Bellino	Laporte MN	36	3641	46	26:56

\*Overall place within gender

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#### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
8	Lucas Evenson	Saint Cloud MN	35	3538	50	27:17
9	Jared Anderson	Minneapolis MN	39	3612	62	31:04
10	Michael Camp	Parker CO	37	3477	70	32:01
11	Justin Campbell	Palo IA	37	3661	80	34:58
12	Dustin Merseeth	Bemidji MN	39	3673	89	44:29
13	Robert Schuster	Manvel ND	35	3633	90	48:33

#### Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Tom Rietveld	Bemidji MN	47	3466	15	21:05
2	Kevin Ballinger	Maple Grove MN	44	3482	29	24:08
3	Jordan Hickman	Bemidji MN	46	3608	41	25:54
4	Michael Zachow	Bemidji MN	48	3457	42	26:29
5	Chad Jensema	Superior WI	43	3508	43	26:45
6	Brent Eaton	Lindstrom MN	40	3619	49	27:14
7	Bryan Anderson	Bemidji MN	46	3574	82	36:59
8	Jeffrey Overlie	Spring Lake Park MN	45	3525	94	53:31

#### Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Steve Emericson	Woodstock IL	59	3542	24	22:59
2	David Becker	Bemidji MN	59	3679	31	24:32
3	Larry Matzdorf	Forest Lake MN	58	3475	39	25:50
4	Rich Moen	Bemidji MN	53	3647	54	28:55
5	Dan Norvold	Bemidji MN	53	3564	65	31:23
6	Randy Campbell	Beaver Bay MN	56	3650	93	53:25
7	Mark Macarro	Temecula CA	53	3667	97	57:15

#### Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Joel Arnason	Grand Forks ND	61	3637	23	22:57
2	Fred Forseman	Bemidji MN	65	3453	48	26:59
3	Robert Blair	Bemidji MN	61	3622	72	32:44
4	Robert Gibbs	Southlake TX	62	3491	73	33:08
5	Jay Field	Bemidji MN	60	3652	88	39:22

\*Overall place within gender

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**5k**

Male 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Harry Cottrell	Hermantown MN	71	3535	21	21:56
2	Roger Edlund	Bemidji MN	74	3447	84	37:11

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Lloyd Schmidt	Oslo MN	80	3658	98	58:58

\*Overall place within gender

# Thrivent Financial 5K/10K

## Age Group Results

Race Date  
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### 10k

#### Female 16 to 21

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Brooke Hildenbrand	Bemidji MN	17	3470	9	57:37

#### Female 22 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Anna Pink	Saint Paul MN	29	3426	2	49:01
2	Katie Krause	Bemidji MN	22	3511	14	1:04:01
3	Clarissa Sletten	Bemidji MN	25	3540	17	1:06:41

#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Hannah Ettl	Bemidji MN	39	3448	4	52:35
2	Katy Anderson	Minneapolis MN	36	3613	5	53:34
3	Amanda Orvik	Bemidji MN	31	3597	7	54:54
4	Brittni McWaters	Walker MN	32	3403	10	1:00:00
5	Danielle Bartz	Baxter MN	31	3577	13	1:03:50
6	Karena Hovland	Sartell MN	38	3513	20	1:11:06
7	Amy Camp	Parker CO	38	3478	21	1:11:06

#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Andrea Nelson	Bemidji MN	43	3486	1	42:57
2	Melanie Schmidt	Bemidji MN	41	3600	3	51:51
3	Laura Andreson	grand forks ND	44	3495	6	54:05
4	Amy Johnson	Bemidji MN	41	3512	11	1:02:28
5	Linda Roberts	Bemidji MN	40	3444	12	1:03:28
6	Becky Johnson	New Prague MN	40	3627	15	1:06:23
7	Erica Thompson	Bemidji MN	41	3628	16	1:06:24
8	Nora Balsayer	Allegan MI	45	3660	18	1:08:10
9	Erin Frank	rogers MN	43	3519	19	1:09:06

#### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Lona Kile	Blackduck MN	56	3635	22	1:22:05

\*Overall place within gender



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**10k**

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Mary Walter	Bemidji MN	63	3593	8	56:40

\*Overall place within gender

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### 10k

#### Male 16 to 21

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Billy Freyholtz	Pennington MN	20	3450	2	36:15
2	Brandon Mutchler	Bemidji MN	19	3463	11	50:10
3	Justin Bedeau	Duluth MN	19	3504	22	56:23

#### Male 22 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Samuel Carlson	Bemidji MN	22	3623	1	32:56
2	Alex Schoenberger	Bemidji MN	24	3610	3	39:53
3	Erik Truedson	Bemidji MN	26	3400	6	40:49

#### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Adam Kostad	Hoboken NJ	38	3462	4	40:12
2	Jeremy Manstrom	Grand Forks ND	32	3531	5	40:35
3	Jay Smith	Minneapolis MN	36	3659	8	44:31
4	Ekren Miller	Bemidji MN	37	3636	10	47:36
5	Matt McWaters	Walker MN	35	3409	20	54:49
6	Fr. Sean Mulligan	Fargo ND	33	3607	24	58:33
7	Christopher Settle	BEMIDJI MN	36	3461	25	59:09
8	John Schwartz	Eden Prairie MN	35	3497	26	1:01:35
9	Jake Bartz	Baxter MN	32	3576	27	1:03:51
10	Larry Hrabah	Bemidji MN	37	3601	29	1:10:08

#### Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Mark Ruggiero	Albuquerque NM	40	3485	7	42:53
2	Eloy Cecena	bemidji MN	43	3646	9	46:48
3	Jeff Ewert	Bemidji MN	48	3460	12	51:32
4	John Mueller	Bemidji MN	44	3620	13	52:28
5	Jeff Roberts	Bemidji MN	41	3445	15	53:45
6	Eric Carlson	Grand Forks ND	41	3472	17	54:10
7	Gerry Grensteiner	Bemidji MN	49	3605	18	54:14
8	Dan Kostad	East Grand Forks MN	43	3452	21	56:07
9	Erick Norby	rogers MN	48	3520	28	1:09:06

\*Overall place within gender

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Thrivent Financial 5K/10K  
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10k

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Dan Rogers	Laporte MN	55	3464	14	52:58
2	Kent Bergsrud	grand forks ND	50	3496	16	54:05
3	James Dickeson	Grand Forks ND	57	1583	19	54:39

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Paul Thompson	Bemidji MN	63	3534	23	57:58
2	Jeff Roberts Sr.	Bemidji MN	63	3446	30	1:22:05

\*Overall place within gender