

Female 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Clarissa Sletten		25	3424	7	55:53.8
2	Ruth Kirby	bemidji MN	29	3411	9	56:09.4

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Kerrie Berg	Bemidji MN	37	3431	2	47:07.5
2	Hannah Ettl	Bemidji MN	38	3435	3	51:12.5
3	Amanda Orvik		31	3421	5	53:11.5
4	Carrie Noponen	Bemidji MN	37	3419	6	54:48.3
5	Rebecca Statton		30	3425	11	1:02:46.5
6	Milagros Zegarra		38	3428	12	1:06:47.5
7	Laura Kissel		37	3413	13	1:08:54.9

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Andrea Nelson	Bemidji MN	43	3417	1	44:45.8
2	Melanie Schmidt		41	3423	4	51:13.8
3	Tia Barthorpe	Cass Lake MN	48	3437	10	1:01:45.4

Female 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Salvacion Mcbride		50	3416	8	56:07.0

*Overall place within gender

Age Group Results

10K

Male 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Michael Meehlhause	Bemidji MN	27	3430	3	49:10.3

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Erik Wheeler		37	3427	2	44:01.8
2	Adam Christopher	Bemidji MN	37	3406	5	52:01.3
3	Lyle Mathison	Bagley MN	34	3415	6	52:41.5
4	Ian Kirkpatrick		32	3412	9	1:00:54.8

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Eric Opheim	Walker MN	46	3420	1	42:51.1
2	Eloy Cecena	Bemidji MN	42	3429	4	50:38.6
3	Jay Nelson	Bemidji MN	44	3418	7	55:53.3
4	Matt Landis	Hines MN	43	3414	8	55:59.0

*Overall place within gender

5K

Female 15 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Selena Murray		15	3179	3	26:31.9
2	Kayla Dewitt	Bemidji MN	14	1434	5	27:10.2
3	Melody Voeltz	Lancaster MN	9	3439	23	35:35.1
4	Allison Lundin		8	3046	29	36:47.2
5	Holly Snobl		9	3383	31	37:11.6
6	Alexis Paquette		15	3232	34	38:21.5
7	Lily Paquette		10	3261	35	38:22.0
8	Makenzie Reep	Erskine MN	15	3327	42	42:43.5
9	Jenna Udean		7	3391	53	47:08.3
10	Heather Rogosheske		0	3342	54	47:09.1
11	Brooke Snobl		6	3382	62	49:05.3
12	Everly Felton		5	1476	77	59:05.2
13	Danisha Cloud	Bemidji MN	13	3438	82	1:00:54.8
14	Charity DeLisle		0	1423	88	1:07:31.4

Female 16 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Haley Murray	Blackduck MN	16	3183	15	32:32.2

Female 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Nicole Deziel		23	1435	2	25:46.4
2	Lindsay Hintermeister		24	2346	4	26:44.1
3	Carley Luggar	Solway MN	25	2360	7	28:36.0
4	Marliyn Mccollum		29	3078	8	28:52.0
5	Shannon Welin	Baudette MN	24	3398	9	30:32.9
6	sarah Pierson		29	3281	11	31:15.9
7	Rachel Watkins		26	3396	13	32:10.3
8	Kassie Wright	Bemidji MN	24	3404	19	33:41.4
9	Kelsey Murray	Blackduck MN	19	3164	27	36:28.4
10	Ashley Wavrin		29	3397	33	37:36.0
11	Nevada Smith	Bemidji MN	22	3433	38	41:14.4
12	Mindy Cowell		28	1401	39	41:36.0
13	Mattie Dicks		27	1443	45	43:54.7
14	brittany Harris		23	2340	50	46:15.0
15	Amy Muller		27	3118	65	49:44.5
16	Nicole Alianello		27	305	66	49:49.3
17	Brianna Houglum		26	2347	74	55:49.5

*Overall place within gender

5K

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Megan Rose		33	3348	1	24:51.3
2	Lauren Voeltz		30	3394	6	27:55.3
3	Stephanie Brueland		33	887	10	31:06.9
4	Amanda Willis	Bemidji MN	38	3401	12	32:04.8
5	Sarah Ogroske	Perham MN	30	3201	14	32:24.4
6	Brittni Mcwaters		32	3097	17	33:08.6
7	Lori Kemmer		32	2351	21	34:56.2
8	Carmen Urmen	Bemidji MN	33	3393	24	35:54.3
9	Kendra Martinez		31	3058	26	36:28.4
10	Christine Lundin		38	3048	32	37:14.0
11	Janine Perkins	Bemidji MN	32	3440	36	40:14.9
12	Melissa Brown	Bemidji MN	31	809	40	42:09.0
13	Stacy Ness	Bemidji MN	34	3192	41	42:19.7
14	Heather Bauer	Erskine MN	36	363	43	42:47.8
15	Anna Chock		34	901	44	43:54.6
16	Kandi Chock		35	941	48	45:20.9
17	Kelly Felton		36	1490	49	46:05.7
18	Lisa Geving		32	1579	51	46:24.6
19	Christie Russell	Baudette MN	39	3376	52	47:08.0
20	Heather Johnson	Bemidji MN	36	2350	55	47:31.3
21	Samantha Nienow	Bemidji MN	35	3195	56	47:31.5
22	Jessica Kemp		35	2352	57	47:37.7
23	Carol Smiar	Bemidji MN	33	3442	61	48:46.9
24	Terah Snobl		36	3385	63	49:06.6
25	Melanie Pierce	Bemidji MN	37	3280	64	49:23.9
26	Ellen Nelson		35	3189	67	50:53.7
27	Alison Runningen		31	3358	69	51:37.6
28	Rita Cannon		37	897	83	1:02:49.9
29	Amanda Haugen		39	2342	85	1:05:02.4
30	Stacy Molitor	Solway MN	37	3441	86	1:05:02.6

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Amy Potts		44	3301	18	33:37.6
2	Amy Brinkman	Fosston MN	49	798	25	36:24.7
3	Debbie Manecke		47	3056	30	37:11.2
4	Brecken Gries		45	1755	37	40:27.0
5	Heidi Landis	Hines MN	41	2356	46	44:54.3
6	Penny Wass Liebhard		45	3395	47	45:13.5
7	Gina Bernard		47	587	58	47:38.6
8	Kelly Beighley		47	364	60	48:33.9
9	Nichole Powers	Bemidji MN	42	3310	68	50:55.2

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
10	Jolee Murawski	Bemidji MN	46	3122	71	53:53.9
11	Patricia Olby		49	3209	75	56:52.5
12	Cari Roepke		40	3334	76	57:58.9
13	Amy Sorenson		41	3386	81	59:14.9
14	Emily Hazen Carner		44	2343	84	1:02:50.9

Female 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Sandy Underwood	Bemidji MN	63	3392	16	32:35.5
2	Kelly Robbins		50	3422	20	34:39.1
3	Vicky Grommersch	Bemidji MN	57	1760	22	35:13.5
4	Meghan Paquette		70	3268	28	36:44.2
5	Judy Fisher	Moorhead MN	56	3434	59	48:16.1
6	Shelia Mcshea		60	3092	70	53:43.7
7	Janice Dagen	Bemidji MN	69	1420	72	53:54.1
8	Jacqueline Hughes		61	2349	73	55:23.8
9	Mary Murphy	Bemidji MN	65	3126	78	59:09.3
10	Erin Morehouse	Bemidji MN	57	3113	79	59:09.6
11	Joy Barclay	Bemidji MN	63	358	80	59:11.1
12	Ramona Sorenson		80	3387	87	1:07:31.1
13	Marie Hickman		60	2345	89	1:07:31.9

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1	Alec Meland	Bemidji MN	13	3104	10	29:39.7
2	Alex Severson	Bemidji MN	14	3380	16	33:12.5
3	Logan Felton		7	1503	28	46:02.4
4	Blake Orvik	Bemidji MN	9	3213	30	48:00.3
5	Tommy Ness		10	3193	31	48:02.1
6	Tanner Rebischke		14	3323	35	57:37.5
7	Brennen Roepke		7	3331	36	57:38.0

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Zachary Fouquerel-Skoe	Bemidji MN	16	3410	1	22:07.9

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1	Derek Port	Bemidji MN	26	3432	3	25:40.5
2	Todd Lopez		25	2359	24	40:52.4
3	Ross Fraley		24	1553	34	55:49.5

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Jon Doughty	Bemidji MN	32	1453	2	23:59.6
2	John Mcelmury		37	3083	4	26:08.2
3	Joe Furuseth	Bemidji MN	35	3069	5	26:20.2
4	Sam Brown	Bemidji MN	35	820	6	26:23.0
5	Matthew Mcwaters		35	3099	9	29:26.2
6	Walter Fomey		33	1527	11	29:50.1
7	Steven Gordon	Bemidji MN	33	1753	12	30:06.7
8	Shawn Gant	Bemidji MN	34	1556	14	30:43.6
9	Adam Pierce	Bemidji MN	36	3273	18	34:04.5
10	Sunil Mathew	Bemidji MN	37	3075	19	35:23.6
11	Larry Hraban	Bemidji MN	37	2348	20	35:26.5
12	Shane Westergard		31	3399	21	35:32.3
13	Paul Snobl		39	3384	23	37:11.7
14	Matt Skoien		34	3381	25	43:13.2
15	Michael Chock		34	945	26	43:13.7
16	Jon Chock		32	904	27	45:20.8
17	Shawn Klein	Bemidji MN	32	3436	29	47:08.2
18	Tony Smiar	Bemidji MN	34	3443	32	48:48.0
19	Antoine Colley	Bemidji MN	30	3451	33	53:32.5

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Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
20	John Felton		36	1477	37	59:05.8
21	Matt Anderson		35	332	38	1:03:51.8

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Jeff Ewert	Bemidji MN	47	1462	7	27:23.7
2	Joe Borah		40	636	8	28:19.6
3	Steven Scherling	Bemidji MN	40	3377	13	30:28.4
4	Michael Zachow	Bemidji MN	47	3405	15	31:09.4
5	Larry Kent		47	2353	22	37:06.4

Male 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Mike locke		63	2358	17	34:03.0

*Overall place within gender