

Sharock Shuffle 5k/10k

Race Date
March 17, 2018

Overall Finish List

5K

Female

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>
1	genna briggs	Bemidji MN	670	30	F	1/38 30-39	26:33.5
2	lisa lindgren	Bemidji MN	140	46	F	1/23 40-49	26:40.4
3	Demi Fisher		470	99	F	1/6 70-99	26:45.4
4	Allison Lundin		4337	9	F	1/8 0-15	26:53.6
5	Dana Fenske	Bemidji MN	108	33	F	2/38 30-39	27:20.2
6	Emma Jennings	Cass Lake MN	4324	31	F	3/38 30-39	27:40.8
7	brooke hildenbrand	Bemidji MN	200	17	F	1/4 16-19	27:45.9
8	Samantha Henke		4323	24	F	1/19 20-29	28:19.1
9	amanda orvik		169	31	F	4/38 30-39	28:27.3
10	Brittni Mcwaters	Walker MN	4344	33	F	5/38 30-39	28:46.9
11	Ashley Johnson	Bemidji MN	4325	32	F	6/38 30-39	28:49.4
12	Sandy Underwood	Bemidji MN	4380	64	F	1/8 60-69	29:12.0
13	danisha cloud	Cass Lake MN	592	14	F	2/8 0-15	29:22.5
14	Shannon Hayes		4321	25	F	2/19 20-29	29:32.1
15	lindsey hildenbrand	Bemidji MN	195	15	F	3/8 0-15	29:40.9
16	Hannah Gregg		4317	19	F	2/4 16-19	30:53.5
17	Kayla Daniel		3400	16	F	3/4 16-19	31:03.5
18	Kathy Gorick	Bemidji MN	4314	50	F	1/24 50-59	31:20.0
19	Misty Frenzel	Blackduck MN	4312	40	F	2/23 40-49	31:46.0
20	Selena Murray	Blackduck MN	4354	16	F	4/4 16-19	31:50.6
21	Mary-Jean Becker		3254	51	F	2/24 50-59	31:55.3
22	Amy Potts	Williams MN	4365	45	F	3/23 40-49	32:05.1
23	Christine Lundin		4338	39	F	7/38 30-39	32:09.4
24	Monica O'Brien		4357	53	F	3/24 50-59	32:24.5
25	Haley Gregg		4316	21	F	3/19 20-29	32:28.7
26	Vicky Grommersch	Bemidji MN	4319	58	F	4/24 50-59	33:02.0
27	Beth Kangas		4329	33	F	8/38 30-39	33:10.6
28	Carmen Urman	Bemidji MN	4381	34	F	9/38 30-39	33:55.2
29	Shari Mystic	Puposky MN	4347	57	F	5/24 50-59	34:20.3
30	Mariah Moen	Bemidji MN	4395	23	F	4/19 20-29	34:22.3
31	Kay Weems	Bemidji MN	4386	38	F	10/38 30-39	34:33.1
32	Kelly Felton		4257	37	F	11/38 30-39	34:47.1
33	Amy Brinkman	Fosston MN	3268	50	F	6/24 50-59	34:52.6
34	Heidi Landis	Hines MN	4334	35	F	12/38 30-39	34:56.0
35	Petra Neadeau	Bemidji MN	4356	31	F	13/38 30-39	34:57.2
36	Ayla Winskiowski		4391	27	F	5/19 20-29	35:39.2
37	Heather Anderson	Bemidji MN	496	37	F	14/38 30-39	36:21.5
38	Haley Balcer		3238	13	F	4/8 0-15	36:39.8
39	Macy Strandlien		4393	15	F	5/8 0-15	36:41.2
40	tessa tramm		135	14	F	6/8 0-15	36:41.2
41	Heather Labat		4332	39	F	15/38 30-39	36:56.6
42	Linda Palcich-Wald		4397	0	F	7/8 0-15	37:03.7
43	jean lanners	Solway MN	618	56	F	7/24 50-59	37:38.2
44	Elaine Mack		4339	50	F	8/24 50-59	37:43.5
45	Dale Allan		495	41	F	4/23 40-49	37:46.3
46	Monica De La Cruz	Walker MN	3415	41	F	5/23 40-49	37:49.3
47	Stacy Ness		4400	35	F	16/38 30-39	37:59.0

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48	Kaija Roy	Solway MN	4372	24	F	6/19 20-29	38:08.1
49	Judy Fisher	Moorhead MN	4402	57	F	9/24 50-59	38:08.4
50	Sarah Gratton		4315	37	F	17/38 30-39	38:45.9
51	Julia Daniel		3370	50	F	10/24 50-59	38:46.9
52	Stephanie Thompson		4377	32	F	18/38 30-39	39:14.4
53	Kathy burger	Bemidji MN	137	74	F	2/6 70-99	40:11.0
54	Kari Ekhoﬀ		4222	41	F	6/23 40-49	40:37.8
55	Irene Conkle		3311	28	F	7/19 20-29	40:41.6
56	Trista Lepier		4335	25	F	8/19 20-29	40:54.1
57	Debbie Maneeke		4340	48	F	7/23 40-49	40:54.2
58	Laura Fisher		429	99	F	3/6 70-99	41:25.1
59	Theresa Ayers		499	60	F	2/8 60-69	41:59.0
60	Chelsea Dolezal		3449	25	F	9/19 20-29	42:04.7
61	Candace Coulter	Gonvick MN	3358	38	F	19/38 30-39	42:31.5
62	Cherie Keith		4330	27	F	10/19 20-29	42:32.0
63	Christine Petersen		4361	32	F	20/38 30-39	42:40.6
64	Tricia Longfellow		4336	22	F	11/19 20-29	43:03.5
65	Bryanna Shepard		4374	0	F	8/8 0-15	43:05.8
66	Ashley Dolezal		3442	22	F	12/19 20-29	44:04.4
67	Heather Johnson	Bemidji MN	4326	37	F	21/38 30-39	44:23.4
68	Samantha Nienow	Bemidji MN	4403	36	F	22/38 30-39	44:23.7
69	julie bergren		669	41	F	8/23 40-49	45:13.9
70	Jeanne Otten		4360	57	F	11/24 50-59	45:14.0
71	KrisAnn Bergland		454	99	F	4/6 70-99	45:15.0
72	Heather Rogosheske		4371	31	F	23/38 30-39	45:26.7
73	Michelle Fredrickson		4278	38	F	24/38 30-39	45:51.1
74	Steph Rockensock	Blackduck MN	4369	41	F	9/23 40-49	46:08.8
75	Amy Zimmerman	Bemidji MN	4398	33	F	25/38 30-39	46:30.1
76	Nichole Powers	Bemidji MN	4366	43	F	10/23 40-49	46:31.7
77	Jessica Johnson		4404	32	F	26/38 30-39	46:51.2
78	jakie collins		139	33	F	27/38 30-39	46:51.6
79	Janice Dagen	Bemidji MN	3369	70	F	5/6 70-99	47:49.6
80	Jolee Murawski	Bemidji MN	4352	47	F	11/23 40-49	47:49.8
81	Kristina Anderson	Bemidji MN	497	31	F	28/38 30-39	48:25.9
82	cindy nelson		445	57	F	12/24 50-59	48:42.5
83	Colleen Schulke		249	64	F	3/8 60-69	49:28.6
84	Amanda Moran		4349	38	F	29/38 30-39	50:38.8
85	Theresa Mckee		4343	61	F	4/8 60-69	50:39.0
86	Lyndsey Moe		4348	60	F	5/8 60-69	51:23.7
87	Amy Tjader		4378	40	F	12/23 40-49	51:36.0
88	Jessica Kemp		4331	36	F	30/38 30-39	51:43.2
89	hailey mack		487	33	F	31/38 30-39	51:43.8
90	Kori Skumavc		4375	51	F	13/24 50-59	52:14.5
91	Janice Pfarr		4363	53	F	14/24 50-59	54:57.1
92	Lois Boehrnsen		3266	72	F	6/6 70-99	55:40.6
93	Stephanie Martin	Bemidji MN	4341	40	F	13/23 40-49	56:02.3
94	Karen Windecker		4388	48	F	14/23 40-49	57:22.2

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95	Kelly Windecker		4389	61	F	6/8 60-69	57:24.3
96	Erin Morehouse	Bemidji MN	4351	58	F	15/24 50-59	58:26.5
97	Sally Rodgers	Bemidji MN	4370	61	F	7/8 60-69	58:26.7
98	Mary Murphy	Bemidji MN	4353	66	F	8/8 60-69	58:27.1
99	leah skenk		619	29	F	13/19 20-29	59:18.7
100	erin mason		369	34	F	32/38 30-39	1:00:06.6
101	Carla Weeks		4385	51	F	16/24 50-59	1:00:47.7
102	April Lancaster		4333	35	F	33/38 30-39	1:00:48.1
103	Rain Fasking		4249	40	F	15/23 40-49	1:00:59.7
104	Alyssa Myhrer		4355	28	F	14/19 20-29	1:01:47.6
105	Kara Randall		4367	53	F	17/24 50-59	1:01:48.5
106	Barb Carlson		3278	52	F	18/24 50-59	1:06:34.4
107	Wendy Dolezal		3461	59	F	19/24 50-59	1:10:40.8
108	Mary Salter		4396	54	F	20/24 50-59	1:24:02.3

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1	Shawn O'Brien		4358	15	M	1/8 0-15	21:57.2
2	Derek Port	Bemidji MN	4364	27	M	1/10 20-29	22:01.3
3	Woody Leindecker		4401	47	M	1/8 40-49	23:36.8
4	Christian Schmidt	Cass Lake MN	4373	16	M	1/6 16-19	24:12.4
5	Peyton Johnson		4327	16	M	2/6 16-19	25:03.2
6	Alec Meland	Bemidji MN	4346	14	M	2/8 0-15	25:21.8
7	Micheal Henke		4322	25	M	2/10 20-29	25:25.8
8	Kirby Washburn		4383	29	M	3/10 20-29	25:26.3
9	Matthew Mcwaters		4345	36	M	1/15 30-39	25:41.9
10	dominick washburn		141	9	M	3/8 0-15	26:59.7
11	Ty Maverick		4342	17	M	3/6 16-19	27:05.9
12	Slayde Johnson		4328	17	M	4/6 16-19	28:11.8
13	parker orvik	Bemidji MN	158	12	M	4/8 0-15	30:09.9
14	brady orvik	Bemidji MN	167	34	M	2/15 30-39	30:10.7
15	Sully Wagner		4382	19	M	5/6 16-19	30:35.2
16	Tyler Bannor	Laporte MN	3239	24	M	4/10 20-29	31:29.7
17	Romell Bennett		3261	36	M	3/15 30-39	31:38.5
18	Robert Gregg		4318	47	M	2/8 40-49	33:14.6
19	Tommy Downs		3497	39	M	4/15 30-39	34:19.9
20	Eric Robinson		4368	36	M	5/15 30-39	34:22.2
21	Anthony Petersen		4394	26	M	5/10 20-29	34:35.4
22	don brinkman	Fosston MN	637	56	M	1/5 50-59	34:52.6
23	Scott Geerdes		4313	31	M	6/15 30-39	34:56.0
24	Tommy Ness	Bemidji MN	4399	10	M	5/8 0-15	36:46.2
25	blake orvik	Bemidji MN	178	10	M	6/8 0-15	36:59.5
26	Winchester Wearden	Walker MN	4384	40	M	3/8 40-49	37:49.6
27	Matthew Whitbeck	Bemidji MN	4387	38	M	7/15 30-39	39:31.9
28	Chuck Wenzel		4362	33	M	8/15 30-39	42:35.1
29	John Felton		4252	37	M	9/15 30-39	43:36.3
30	t. anderson		439	99	M	1/1 70-99	44:11.8
31	bill fisher		315	63	M	1/1 60-69	44:51.3
32	Matthew Anderson		498	36	M	10/15 30-39	48:25.9
33	Robert Moran		4350	32	M	11/15 30-39	50:39.3
34	Jason Tjader		4379	45	M	4/8 40-49	51:35.6
35	Rick Skumavc		4376	50	M	2/5 50-59	52:14.4
36	Justin Bedeau	Duluth MN	3260	20	M	6/10 20-29	52:33.0
37	brandon mutchler	Bemidji MN	142	19	M	6/6 16-19	52:34.1
38	Lawrence Gust		4320	56	M	3/5 50-59	54:57.1
39	Derek Brinkman		3274	25	M	7/10 20-29	55:40.7
40	ryan pullum		3478	21	M	8/10 20-29	1:06:34.2
41	Pat Dolezal		3453	53	M	4/5 50-59	1:10:39.0
42	cardos roberts-salter		148	11	M	7/8 0-15	1:24:00.2

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1	Andrea Nelson	Bemidji MN	118	44	F	1/0 40-49	42:12.9
2	Kerrie Berg		4406	38	F	1/0 30-39	46:43.7
3	Melanie Schmidt		236	42	F	2/0 40-49	49:23.1
4	Shannon Hogan		112	31	F	2/0 30-39	53:07.3
5	Jodi Erickson		107	52	F	1/0 50-59	53:42.9
6	Chelsie Weeding		492	26	F	1/0 20-29	54:21.3
7	Cassie Puschinsky		122	35	F	3/0 30-39	55:19.2
8	Katherine Wangberg		491	31	F	4/0 30-39	55:31.5
9	Amy Riley	Bemidji MN	124	43	F	3/0 40-49	55:41.4
10	Angie Bokovoy	Bemidji MN	102	35	F	5/0 30-39	55:42.0
11	Alison Fletcher	Shevlin MN	109	29	F	2/0 20-29	59:44.2
12	Divine McBride	Bemidji MN	116	51	F	2/0 50-59	1:00:37.4
13	Clarissa Sletten	Bemidji MN	275	26	F	3/0 20-29	1:00:44.5
14	kathy beaulien	Bemidji MN	652	51	F	3/0 50-59	1:00:59.0
15	Joan Penn		121	54	F	4/0 50-59	1:01:03.4
16	Abby Sellnow		270	28	F	4/0 20-29	1:03:51.1
17	Amanda Hanson		111	23	F	5/0 20-29	1:06:48.9
18	Sarah Behrens	Bemidji MN	101	41	F	4/0 40-49	1:07:31.8
19	Laura Stucki	Bemidji MN	4405	42	F	5/0 40-49	1:07:31.8
20	Cindy Bruning		104	49	F	6/0 40-49	1:09:37.6
21	Denise Buer		105	42	F	7/0 40-49	1:11:16.0
22	Sarah Emery		106	48	F	8/0 40-49	1:12:42.6

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1	Eric Opheim	Walker MN	120	47	M	1/0 40-49	42:14.9
2	david poole	Baudette MN	152	55	M	1/0 50-59	45:13.7
3	Michael Meehlhause	Bemidji MN	117	28	M	1/0 20-29	46:52.7
4	Joe Borah		103	41	M	2/0 40-49	49:00.0
5	Chris Fletcher		110	29	M	2/0 20-29	49:15.7
6	John Mcelmury		4407	38	M	1/0 30-39	49:37.6
7	Waylon Puschinsky		123	10	M	1/0 0-15	50:17.5
8	matt boell	Bemidji MN	668	33	M	2/0 30-39	50:23.0
9	shawn klein		666	33	M	3/0 30-39	51:46.2
10	Matt Landis	Hines MN	115	44	M	3/0 40-49	55:22.9
11	Jay Nelson	Bemidji MN	119	45	M	4/0 40-49	55:47.6
12	Ian Kirkpatrick	Bemidji MN	113	33	M	4/0 30-39	57:58.0