

**Lady Bear Twilight - 4/19/2019**  
**Concordia University - St. Paul**  
**Results - Session 1**

**Event 2 Women 3000 Meter Steeplechase**

	Name	School	Finals	Points
<b>Finals</b>				
1	Lindberg, Kara	Concordia-St. Paul	11:21.32	
2	Klecker, Bit	Minnesota	11:34.71	
3	Kyes, Elizabeth	Minnesota-Duluth	11:38.39	
4	Lofgren, Chrissy	St. Cloud State	11:51.46	
5	Schlafke, Elizabeth	Minnesota-Duluth	11:52.78	
6	Stuart, Megan	Minnesota-Duluth	11:53.20	
7	Carr, Lydia	Concordia-St. Paul	12:03.79	
8	Bennett, Tasha	Concordia-St. Paul	12:14.21	
9	Herridge, Jamie	St. Cloud State	12:14.68	

**Event 3 Women 4x100 Meter Relay**

	Team	Relay	Finals	Points
<b>Finals</b>				
1	Minnesota-Duluth	A	48.62	
2	Upper Iowa	A	51.47	
---	Concordia-St. Paul	A	DQ	

**Event 4 Women 1500 Meter Run**

	Name	School	Finals	H#	Points
<b>Finals</b>					
1	Eastman, Maria	Minnesota	4:35.60	1	
2	Thomsen, Jaycie	Minnesota	4:39.03	1	
3	Smith, Ally	Minnesota	4:44.63	1	
4	Reindl, Haleigh	Minnesota-Duluth	4:45.21	1	
5	Drenckhahn, Melissa	Minnesota-Duluth	4:57.66	1	
6	Brezinka, Isabelle	Minnesota-Duluth	4:59.81	1	
7	Hayday, Elena	Unattached	5:02.93	1	
8	Welhouse, Clara	St. Cloud State	5:06.78	1	
9	Rinke, Rhianna	Minnesota-Duluth	5:11.20	1	
10	Kraft, Isabella	St. Cloud State	5:12.74	2	
11	Juenemann, Annika	St. Cloud State	5:17.77	1	
12	Bibeau, Isabel	Minnesota-Duluth	5:17.84	2	
13	Schnor, Sidney	Upper Iowa	5:22.63	2	
14	Dehmlow, Serianna	Upper Iowa	5:25.21	2	
15	Gella, Lauren	Minnesota-Duluth	5:29.19	2	
16	Reynolds, Meredith	Minnesota-Duluth	5:36.57	2	
17	Parish, Eliza	Upper Iowa	5:52.35	2	
18	Christen, Taylor	Minnesota-Duluth	5:53.31	2	
19	Cole, Samantha	Concordia-St. Paul	5:59.81	2	
20	Boll, Elissa	Concordia-St. Paul	6:03.88	2	

**Event 5 Women 100 Meter Hurdles**

	Name	School	Finals	Wind	H#	Points
<b>Finals</b>						
1	Kohlwey, Danielle	Minnesota-Duluth	13.48	3.1	1	
2	Champagnie, Ayesha	Unattached	14.25	3.1	1	
3	Dikmen, Selin	Augustana	14.39	3.1	1	
4	Mulcahy, Christabelle	Concordia-St. Paul	14.41	3.1	1	
5	Biebel, Madison	Minnesota-Duluth	15.47	3.1	1	

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**Finals ... (Event 5 Women 100 Meter Hurdles)**

	Name	School	Finals	Wind	H#	Points
6	Schneider, Nicole	Minnesota-Duluth	15.64	1.9	2	
7	Lundquist, Elsie	St. Catherine (Minn.)	15.99	1.9	2	
8	Johnson, Jocelyn	St. Cloud State	15.99	3.1	1	
9	Lightfoot, Kortney	Upper Iowa	16.37	1.9	2	
10	Zamacona, Aoife	Hamline	16.73	1.9	2	
11	Versaguis, Maria	Minnesota-Duluth	16.80	1.9	2	
12	Parlin, Beth	Hamline	16.96	1.9	2	
13	Kavajecz, Alyssa	Minnesota-Duluth	18.12	1.9	2	

**Event 6 Women 400 Meter Dash**

	Name	School	Finals		H#	Points
<b>Finals</b>						
1	Markland, Titania	Unattached	53.58		2	
2	Linder, Megan	Unattached	55.26		1	
3	Dugan, Allie	Minnesota	57.33		1	
4	Arradondo, Sierra	Minnesota-Duluth	57.54		1	
5	Hansen, Lauren	Unattached	59.26		1	
6	Hill, Breyanna	Upper Iowa	59.79		1	
7	Ross, Jenna	Upper Iowa	1:00.23		1	
8	Kunshier, Maddy	Concordia-St. Paul	1:01.70		1	
9	Peller, Natalie	Minnesota-Duluth	1:01.92		1	
10	Shafranski, Christonna	Upper Iowa	1:02.90		2	
11	Martin, Juliette	St. Catherine (Minn.)	1:03.94		2	
12	Brenneman, Kaden	Upper Iowa	1:06.58		2	
13	Morrier, Marie	St. Catherine (Minn.)	1:08.21		2	
14	Larisch, Sammantha	Upper Iowa	1:08.25		2	
15	Parr-Davis, Taylor	Concordia-St. Paul	1:09.43		2	

**Event 7 Women 100 Meter Dash**

	Name	School	Finals	Wind	H#	Points
<b>Finals</b>						
1	Canfall, Toni	Concordia-St. Paul	11.96	0.2	1	
2	Wolf, Alex	Minnesota-Duluth	12.85	0.2	1	
3	Brazerol, Bailee	St. Cloud State	12.89	0.2	1	
4	Schrader, Sarah	Minnesota-Duluth	13.12	2.6	2	
5	Carpenter, Allison	Minnesota-Duluth	13.31	0.2	1	
6	Breden, Sydney	St. Cloud State	14.16	2.6	2	
7	Simdorn, Isabelle	St. Cloud State	14.24	2.6	2	

**Event 8 Women 800 Meter Run**

	Name	School	Finals		H#	Points
<b>Finals</b>						
1	Halbmaier, Libby	Unattached	2:11.32		1	
2	Sather, Kelsey	Minnesota	2:16.03		1	
3	Baker, Kayla	Minnesota	2:18.05		1	
4	Vogt, Kayla	Unattached	2:18.88		1	
5	Conzemius, Jenna	Minnesota	2:19.34		1	
6	Roach, Molly	Minnesota	2:21.38		1	
7	Krone, Taylor	Unattached	2:22.21		1	
8	Webb, Kathryn	Minnesota-Duluth	2:24.45		2	

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**Finals ... (Event 8 Women 800 Meter Run)**

Name	School	Finals	H#	Points
9 Kalander, Mason	Minnesota-Duluth	2:28.48	2	
10 Shurbert-Hetzel, Autum	St. Cloud State	2:28.94	1	
11 Bible, Taniya	Concordia-St. Paul	2:29.42	2	
12 Brown, Maria	Concordia-St. Paul	2:30.06	2	
13 Schmidt, Elena	Concordia-St. Paul	2:30.80	3	
14 Swanson, Anya	St. Catherine (Minn.)	2:32.32	3	
15 Meyer, Elayna	Minnesota-Duluth	2:32.48	2	
16 McGee, Cyan	Upper Iowa	2:35.81	3	
17 Witmer, Sam	St. Catherine (Minn.)	2:36.53	3	
18 Ramsay, Courtney	Concordia-St. Paul	2:46.24	3	
19 Norman, Teghan	Concordia-St. Paul	2:47.19	2	

**Event 9 Women 400 Meter Hurdles**

Name	School	Finals	H#	Points
<b>Finals</b>				
1 Windels, Natalie	Unattached	1:01.46	1	
2 Kohlwey, Danielle	Minnesota-Duluth	1:03.22	1	
3 Wilson, Cassiddy	Upper Iowa	1:04.79	1	
4 Brown, Bridget	St. Cloud State	1:05.63	1	
5 Schneider, Nicole	Minnesota-Duluth	1:06.24	1	
6 Biebel, Madison	Minnesota-Duluth	1:07.33	2	
7 Bartlett, Allison	Minnesota-Duluth	1:08.07	1	
8 Taylor, Tacora	Concordia-St. Paul	1:09.92	2	
9 Christenson, Libby	Bemidji State	1:10.36	2	
10 Lightfoot, Kortney	Upper Iowa	1:11.94	2	
11 Walls, Jordan	Hamline	1:12.39	2	

**Event 10 Women 200 Meter Dash**

Name	School	Finals	Wind	H#	Points
<b>Finals</b>					
1 Canfall, Toni	Concordia-St. Paul	24.52	1.6	1	
2 Markland, Titania	Unattached	24.66	0.5	2	
3 Linder, Megan	Unattached	25.08	1.6	1	
4 Dikmen, Selin	Augustana	25.20	1.6	1	
5 Champagnie, Ayesha	Unattached	25.42	1.6	1	
6 Stalboerger, Allie	Minnesota-Duluth	25.71	1.6	1	
7 Dugan, Allie	Minnesota	25.78	1.6	1	
8 Hansen, Lauren	Unattached	25.85	1.6	1	
9 Arradondo, Sierra	Minnesota-Duluth	26.52	0.5	2	
10 Peller, Natalie	Minnesota-Duluth	26.98	0.5	2	
11 Lundquist, Elsie	St. Catherine (Minn.)	28.98	0.5	2	
12 Versaguis, Maria	Minnesota-Duluth	29.52	1.3	3	
13 Harren, Shanoah	Hamline	29.53	1.3	3	
14 Parr-Davis, Taylor	Concordia-St. Paul	30.18	1.3	3	
15 Brady, Ashley	Upper Iowa	31.68	1.3	3	

**Event 11 Women 5000 Meter Run**

Name	School	Finals	Points
<b>Finals</b>			
1 Kargol, Abby	Minnesota	17:54.31	

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**Finals ... (Event 11 Women 5000 Meter Run)**

	Name	School	Finals	Points
2	Werking, Sarah	Minnesota	17:58.13	
3	West, Courtney	Unattached	18:07.33	
4	Radel, Morgan	Minnesota-Duluth	18:38.58	
5	Robran, Alexandra	Minnesota-Duluth	18:53.44	
6	Mesfin, Lucia	Concordia-St. Paul	19:11.49	
7	Lindberg, Ruth	Concordia-St. Paul	20:02.79	
8	Burleson-King, Shylie	Hamline	20:17.49	
9	Wyss, Jayme	Unattached	20:23.43	
10	Lindfors, Jackie	Concordia-St. Paul	20:33.77	

**Event 12 Women 4x400 Meter Relay**

	Team	Relay	Finals	Points
<b>Finals</b>				
1	Minnesota	A	3:55.35	
2	Minnesota-Duluth	A	3:56.19	
3	Minnesota	B	4:03.37	
4	Upper Iowa	A	4:07.79	
5	Minnesota-Duluth	B	4:15.73	
6	Concordia-St. Paul	A	4:33.04	

**Event 13 Women Hammer Throw**

	Name	School	Finals	H#	Points
<b>Finals</b>					
1	Clunis, Nayoka	Unattached	62.10m	203-09	2
2	Grunder, Brinn	Upper Iowa	50.05m	164-02	2
3	Igboh, Bariture	Minnesota-Duluth	47.88m	157-01	2
4	Willis, Nyjah	Hamline	47.23m	154-11	2
5	Hoenigschmidt, Kaylea	St. Catherine (Minn.)	44.94m	147-05	2
6	Buechel, Dominique	St. Cloud State	44.53m	146-01	2
7	Stendel, Emily	Unattached	43.78m	143-08	2
8	Gustafson, Hannah	Concordia-St. Paul	43.10m	141-05	2
9	Ripke, Anna	Concordia-St. Paul	42.94m	140-10	2
10	Grube, Regan	Bemidji State	41.58m	136-05	2
11	Madden, Bridgett	Upper Iowa	41.39m	135-09	2
12	Donlan, Tia	Concordia-St. Paul	41.26m	135-04	2
13	Julian, Lauren	St. Cloud State	37.28m	122-04	1
14	Rehome, Claire	Minnesota-Duluth	36.30m	119-01	1
14	Kolstad, Alexandra	Hamline	36.30m	119-01	1
16	Mccauley, Haley	Minnesota-Duluth	35.38m	116-01	1
17	O'Connor, Ammie	Minnesota-Duluth	34.82m	114-03	1
18	Melting, Nora	Hamline	33.83m	111-00	1
19	Thomas, Allison	St. Catherine (Minn.)	32.52m	106-08	1
20	Nephew, Dannah	Minnesota-Duluth	31.53m	103-05	1
21	Fiecke, Madison	Hamline	31.48m	103-03	1
22	lund, denise	Unattached	30.53m	100-02	1
23	Van der Schans, Cathy	Unattached	18.63m	61-01	1

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**Event 14 Women Javelin Throw**

Name	School	Finals		Points
<b>Finals</b>				
1 Thune, Mary Pat	Minnesota-Duluth	35.10m	115-02	
2 Rezabek, Nicole	Bemidji State	35.06m	115-00	
3 Leverentz, Bryana	St. Catherine (Minn.)	28.89m	94-09	
4 Grube, Regan	Bemidji State	28.08m	92-01	
5 Mohs, Gabbie	Upper Iowa	27.69m	90-10	
6 Paaverud, Ella	Concordia-St. Paul	27.27m	89-06	
7 Simpson, Kelsey	Upper Iowa	24.25m	79-07	
8 Magnuson, Lauren	Concordia-St. Paul	23.40m	76-09	
9 Rockstad, Abbie	Minnesota-Duluth	20.23m	66-04	
10 Sobania, Breanna	Minnesota-Duluth	19.29m	63-03	
11 Nephew, Dannah	Minnesota-Duluth	18.61m	61-01	
12 Harmer, Cami	Minnesota-Duluth	13.96m	45-10	

**Event 15 Women Shot Put**

Name	School	Finals		Points
<b>Finals</b>				
1 Grunder, Brinn	Upper Iowa	14.15m	46-05.25	
2 Falardeau, Annie	St. Cloud State	13.06m	42-10.25	
3 Rehome, Claire	Minnesota-Duluth	12.32m	40-05.00	
4 Donlan, Tia	Concordia-St. Paul	12.23m	40-01.50	
5 Gustafson, Hannah	Concordia-St. Paul	12.23m	40-01.50	
6 Keiser, Savanna	Hamline	11.73m	38-06.00	
7 Isaacson, Lauren	St. Catherine (Minn.)	10.52m	34-06.25	
8 Mccauley, Haley	Minnesota-Duluth	10.38m	34-00.75	
9 O'Connor, Ammie	Minnesota-Duluth	10.02m	32-10.50	

**Event 16 Women Discus Throw**

Name	School	Finals		Points
<b>Finals</b>				
1 Donlan, Tia	Concordia-St. Paul	45.49m	149-03	
2 Juenemann, Jessie	Hamline	43.83m	143-09	
3 Buechel, Dominique	St. Cloud State	40.23m	132-00	
4 Stendel, Emily	Unattached	38.09m	125-00	
5 Isaacson, Lauren	St. Catherine (Minn.)	37.96m	124-06	
6 Gustafson, Hannah	Concordia-St. Paul	37.59m	123-04	
7 Ripke, Anna	Concordia-St. Paul	37.42m	122-09	
8 Thompson, Tori	St. Catherine (Minn.)	36.84m	120-10	
9 Falardeau, Annie	St. Cloud State	35.67m	117-00	
10 Grube, Regan	Bemidji State	33.58m	110-02	
11 Julian, Lauren	St. Cloud State	30.37m	99-08	
12 Nephew, Dannah	Minnesota-Duluth	29.38m	96-05	

**Event 17 Women Triple Jump**

Name	School	Finals	Wind	Points
<b>Finals</b>				
1 Jungwirth, Abby	St. Cloud State	11.28m	37-00.25	0.3
2 Maruska, Lindsay	Minnesota-Duluth	11.25m	36-11.00	0.6
3 Schaffer, Natasha	Unattached	11.03m	36-02.25	0.7
4 Banks, Kally	Augustana	10.95m	35-11.25	0.2

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**Finals ... (Event 17 Women Triple Jump)**

Name	School	Finals	Wind	Points
5 Schepper, Reilee	St. Catherine (Minn.)	10.25m	33-07.50	1.2
6 Franklin, Hailey	Minnesota-Duluth	9.78m	32-01.00	-0.4
7 Westemeier, Rachel	Concordia-St. Paul	9.60m	31-06.00	1.1
8 Carpenter, Allison	Minnesota-Duluth	9.49m	31-01.75	+0.0
9 Leverentz, Bryana	St. Catherine (Minn.)	9.20m	30-02.25	+0.0

**Event 18 Women Long Jump**

Name	School	Finals	Wind	H#	Points
<b>Finals</b>					
1 Champagnie, Ayesha	Unattached	5.45m	17-10.75	1.6	2
2 Thompson, Tori	St. Catherine (Minn.)	5.35m	17-06.75	0.8	2
3 Jungwirth, Abby	St. Cloud State	5.25m	17-02.75	+0.0	2
4 Robinson, Arika	Concordia-St. Paul	5.17m	16-11.50	3.6	1
5 Frekot, Hanna	Minnesota-Duluth	5.10m	16-08.75	1.5	2
6 Zinkel, Tyra	Concordia-St. Paul	5.08m	16-08.00	+0.0	2
7 Hart, Dominique	Minnesota-Duluth	5.03m	16-06.00	+0.0	2
8 Franklin, Hailey	Minnesota-Duluth	4.85m	15-11.00	0.9	1
9 Adler, Grayce	Augustana	4.84m	15-10.50	3.0	1
10 Schepper, Reilee	St. Catherine (Minn.)	4.82m	15-09.75	1.1	1
11 Schrader, Sarah	Minnesota-Duluth	4.81m	15-09.50	+0.0	1
12 Banks, Kally	Augustana	4.80m	15-09.00	+0.0	2
13 Oldham, Mauria	St. Cloud State	4.77m	15-07.75	1.8	2
14 Kavajecz, Alyssa	Minnesota-Duluth	4.69m	15-04.75	+0.0	1
15 Lightfoot, Kortney	Upper Iowa	4.52m	14-10.00	2.1	1
16 Larisch, Sammantha	Upper Iowa	4.18m	13-08.75	0.5	1
17 Moline, Alissa	St. Catherine (Minn.)	3.74m	12-03.25	0.6	1
--- Lundquist, Elsie	St. Catherine (Minn.)	ND	NWI		2
--- Leverentz, Bryana	St. Catherine (Minn.)	ND	NWI		1

**Event 19 Women High Jump**

Name	School	Finals	Points
<b>Finals</b>			
1 Wolf, Alex	Minnesota-Duluth	1.63m	5-04.25
2 Paaverud, Ella	Concordia-St. Paul	1.63m	5-04.25
3 Robinson, Arika	Concordia-St. Paul	1.60m	5-03.00
4 Hood-Blaxill, Hannah	Unattached	1.60m	5-03.00
5 Lundquist, Elsie	St. Catherine (Minn.)	1.55m	5-01.00
6 Westemeier, Rachel	Concordia-St. Paul	1.50m	4-11.00
6 Johnson, Jocelyn	St. Cloud State	1.50m	4-11.00
8 Des Marais, Shantelle	St. Cloud State	1.50m	4-11.00
9 Sobania, Breanna	Minnesota-Duluth	1.45m	4-09.00
10 Hart, Dominique	Minnesota-Duluth	1.45m	4-09.00
11 Zamacona, Aoife	Hamline	1.40m	4-07.00
12 Zinkel, Tyra	Concordia-St. Paul	1.35m	4-05.00
--- Ryan, Kelsi	Hamline	NH	

**Event 20 Women Pole Vault**

Name	School	Finals	Points
<b>Finals</b>			
1 Wyss, Jayme	Unattached	3.41m	11-02.25

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	<b>Name</b>	<b>School</b>	<b>Finals</b>		<b>Points</b>
2	Norman, Teghan	Concordia-St. Paul	3.15m	10-04.00	
3	Klocke, Kalli Jo	St. Cloud State	3.15m	10-04.00	
4	Rockstad, Abbie	Minnesota-Duluth	3.15m	10-04.00	
5	Peterson, Elizabeth	Hamline	3.15m	10-04.00	
6	Walls, Jordan	Hamline	2.90m	9-06.25	
7	Kelvington, Haley	St. Cloud State	2.90m	9-06.25	
8	Gauert, Emma	St. Cloud State	2.90m	9-06.25	
8	Harmer, Cami	Minnesota-Duluth	2.90m	9-06.25	
10	Harren, Shanoah	Hamline	2.75m	9-00.25	
11	Herfindahl, Gabby	St. Cloud State	2.45m	8-00.50	