

2019 NSIC Outdoor Track & Field Meet - 5/10/2019 to 5/11/2019

University of Minnesota - Duluth
5/10/2019 to 5/11/2019

Results

Women 100 Meter Dash

NSIC Record: 11.51 R 1983 Jeri Domes
11.50 AUTO
11.93 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Hartman, Grace	SO	Minnesota St	11.92QPROV
2 Canfall, Toni	SO	Concordia-St	11.92QPROV
3 DeWitt, Callie	SO	Augustana (S	11.98Q1.8
4 Pryor, Michaela	FR	Winona State	12.01Q1.8
5 Burris, Emelia	SO	St. Cloud St	12.03Q2.0
6 Baynes, Emma	SO	St. Cloud St	12.15Q1.6
7 Pietz, Maddy	FR	Winona State	12.11q 1.8
8 Barker, Jada	JR	Bemidji Stat	12.20q 1.6
9 Kjelland, Beatrice	FR	Bemidji Stat	12.21 2.0
10 Troescher, Sarah	JR	Sioux Falls	12.23 2.0
11 Jones, Khenadi	SO	Minnesota St	12.23 2.0
12 Johnson, Ki'Arah	SR	Msu-Moorhead	12.25 1.8
13 Peterson, Chloe	SO	Sioux Falls	12.30 1.6
14 Henderson, Kanya	FR	Sioux Falls	12.33 1.8
15 Burrell, Shanice	SO	Northern Sta	12.35 1.6
16 Gregory, Karlona	SR	Minnesota St	12.47 1.6
17 Edeh, Enyo	FR	Minnesota St	12.52 1.8
18 Oyadare, Mercy	SO	Sioux Falls	12.56 2.0
19 Bond, Jonae	SO	Bemidji Stat	12.58 2.0
20 Jones, Ashlyn	FR	SW Minnesota	12.68 1.6

Women 100 Meter Dash

NSIC Record: 11.51 R 1983 Jeri Domes
11.50 AUTO
11.93 PROV

Name	Yr	School	Finals
Finals			
1 Hartman, Grace	SO	Minnesota St	11.78 PROV
2 Canfall, Toni	SO	Concordia-St	11.84 PROV
3 DeWitt, Callie	SO	Augustana (S	11.86 PROV
4 Pietz, Maddy	FR	Winona State	11.91 PROV
5 Burris, Emelia	SO	St. Cloud St	11.91 PROV
6 Pryor, Michaela	FR	Winona State	11.95 3
7 Barker, Jada	JR	Bemidji Stat	12.12 2
8 Baynes, Emma	SO	St. Cloud St	12.16 1

Women 200 Meter Dash

NSIC Record: 23.98 R 5/11/2010 Brittany Henderson
23.59 AUTO
24.33 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Kohlwey, Danielle	SR	Minnesota-Du	24.33QPROV
2 Pryor, Michaela	FR	Winona State	24.54Q1.1
3 Schyvinck, Brittany	SR	Winona State	24.56Q2.1
4 Hartman, Grace	SO	Minnesota St	24.48Q2.4
5 Gaye, Rose	FR	Minnesota St	24.56Q2.1
6 Burris, Emelia	SO	St. Cloud St	24.59Q1.1

7 Baynes, Emma	SO	St. Cloud St	24.57q 2.4
8 Zastrow, Abbey	SO	U-Mary	24.69q 1.1
9 Dikmen, Selin	SO	Augustana (S	24.81 2.1
10 Barker, Jada	JR	Bemidji Stat	24.86 2.1
11 DeWitt, Callie	SO	Augustana (S	24.96 2.4
12 Canfall, Toni	SO	Concordia-St	25.00 1.1
13 Schyvinck, Brooklyn	FR	Winona State	25.03 2.1
14 Pietz, Maddy	FR	Winona State	25.08 1.1
15 Stalboerger, Allie	SR	Minnesota-Du	25.30 1.1
16 Kjelland, Beatrice	FR	Bemidji Stat	25.32 2.1
17 Woodard, Mackenzie	SO	Minnesota St	25.35 2.4
18 Patterson, Johnna	JR	Winona State	25.55 2.4
19 Barnes, Madison	JR	Northern Sta	25.64 1.1
20 Edeh, Enyo	FR	Minnesota St	26.14 1.1
21 Gregory, Karlona	SR	Minnesota St	27.17 2.4

Women 200 Meter Dash

NSIC Record: 23.98 R 5/11/2010 Brittany Henderson
23.59 AUTO
24.33 PROV

Name	Yr	School	Finals
Finals			
1 Kohlwey, Danielle	SR	Minnesota-Du	24.31 PROV
2 Hartman, Grace	SO	Minnesota St	24.34 8
3 Pryor, Michaela	FR	Winona State	24.64 6
4 Burris, Emelia	SO	St. Cloud St	24.77 5
5 Schyvinck, Brittany	SR	Winona State	24.78 4
6 Zastrow, Abbey	SO	U-Mary	25.00 3
7 Gaye, Rose	FR	Minnesota St	25.02 2
8 Baynes, Emma	SO	St. Cloud St	25.13 1

Women 400 Meter Dash

NSIC Record: 54.40 R 2017 Megan Seidl
53.46 AUTO
55.96 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Zastrow, Abbey	SO	U-Mary	55.65QPROV
2 Malone, Crystal	JR	Minnesota St	56.00Q
3 Schyvinck, Brooklyn	FR	Winona State	56.80Q
4 Schyvinck, Brittany	SR	Winona State	56.04Q
5 Brown, Nicolyn	SR	U-Mary	56.84Q
6 Pester, Jordyn	FR	Wayne State	56.96Q
7 Woodard, Mackenzie	SO	Minnesota St	57.24q
8 Richards, Nelecia	JR	U-Mary	57.53q
9 Mudgett, Sydney	SO	Augustana (S	57.84
10 Arradondo, Sierra	FR	Minnesota-Du	58.30
11 Gaye, Rose	FR	Minnesota St	58.32
12 Patterson, Johnna	JR	Winona State	58.60
13 Rezac, Emma	SO	Northern Sta	58.65
14 Barnes, Madison	JR	Northern Sta	58.71
15 Mulder, Kaitlyn	FR	Augustana (S	58.81
16 Hill, Breyanna	JR	Upper Iowa	58.92
17 Ross, Jenna	SO	Upper Iowa	59.50
18 DeVos, Brooke	SR	Augustana (S	59.79

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Preliminaries ... (Women 400 Meter Dash)

Name	Yr	School	Prelims
19 Beckius, Mariah	SO	Augustana (S)	1:00.33
20 Magnuson, Lauren	JR	Concordia-St	1:00.98
--- Vallabouy, Shereen	FR	Winona State	DNF

Women 400 Meter Dash

NSIC Record: **54.40 R 2017** Megan Seidl
53.46 AUTO
55.96 PROV

Name	Yr	School	Finals
Finals			
1 Zastrow, Abbey	SO	U-Mary	55.35 PROV
2 Malone, Crystal	JR	Minnesota St	55.91 PROV
3 Brown, Nicolyn	SR	U-Mary	56.25 6
4 Pester, Jordyn	FR	Wayne State	56.27 5
5 Schyvinck, Brittany	SR	Winona State	56.50 4
6 Woodard, Mackenzie	SO	Minnesota St	56.74 3
7 Schyvinck, Brooklyn	FR	Winona State	57.48 2
8 Richards, Nelecia	JR	U-Mary	57.97 1

Women 800 Meter Run

NSIC Record: **2:04.62 R 5/11/2017** Emi Trost
2:07.15 AUTO
2:12.18 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Reindl, Haleigh	FR	Minnesota-Du	2:12.21Q
2 Hestekin, Taylor	SO	U-Mary	2:14.95Q
3 McPherson, Monique	SR	U-Mary	2:16.21Q
4 Brezinka, Isabelle	SO	Minnesota-Du	2:14.10Q
5 Rahn, Carly	SO	Augustana (S)	2:15.16Q
6 Patrick, Bobbi	SR	Minnesota St	2:16.89Q
7 Johnson, Allison	SR	Winona State	2:14.35q
8 Ryan, Kali	SO	Augustana (S)	2:16.10q
9 Prigge, Ryne	FR	Bemidji Stat	2:17.55
10 Willenbrink, Hope	SR	Winona State	2:17.90
11 Silloway, Julia	FR	Winona State	2:19.09
12 Jelimo, Joan	JR	Wayne State	2:19.39
13 Jansky, Kayla	JR	SW Minnesota	2:20.78
14 Shurbert-Hetzel, Autum	JR	St. Cloud St	2:22.05
15 Kyes, Elizabeth	JR	Minnesota-Du	2:22.27
16 Kastigar, Hannah	SR	Northern Sta	2:22.99
17 Webb, Kathryn	JR	Minnesota-Du	2:24.61
18 Welhouse, Clara	FR	St. Cloud St	2:24.64
19 Clark, Jennifer	FR	Northern Sta	2:25.33
20 Thompson, Sadie	SO	Sioux Falls	2:26.20
21 Schmidt, Elena	FR	Concordia-St	2:26.70
22 Brown, Maria	FR	Concordia-St	2:27.91
23 Smith, Abberly	SO	Northern Sta	2:30.51

Women 800 Meter Run

NSIC Record: **2:04.62 R 5/11/2017** Emi Trost
2:07.15 AUTO
2:12.18 PROV

Name	Yr	School	Finals
Finals			
1 Reindl, Haleigh	FR	Minnesota-Du	2:12.32 10
2 McPherson, Monique	SR	U-Mary	2:14.16 8
3 Hestekin, Taylor	SO	U-Mary	2:14.20 6
4 Brezinka, Isabelle	SO	Minnesota-Du	2:14.65 5
5 Patrick, Bobbi	SR	Minnesota St	2:14.76 4
6 Rahn, Carly	SO	Augustana (S)	2:15.31 3
7 Ryan, Kali	SO	Augustana (S)	2:18.37 2
8 Johnson, Allison	SR	Winona State	2:19.12 1

Women 1500 Meter Run

NSIC Record: **4:21.48 R 2017** Emi Trost
4:22.06 AUTO
4:33.24 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Selberg, Avery	SR	Augustana (S)	4:43.88Q
2 Tromp, Emily	JR	Augustana (S)	4:44.65Q
3 Hestekin, Taylor	SO	U-Mary	4:43.96Q
4 Ceglowski, Taryn	SO	Sioux Falls	4:44.67Q
5 Kastigar, Hannah	SR	Northern Sta	4:44.00Q
6 Rogahn, Anna	JR	Winona State	4:44.85Q
7 Erickson, Bree	JR	U-Mary	4:44.05Q
8 Schenk, Meagan	JR	Augustana (S)	4:45.32Q
9 English, Patty Jo	FR	Augustana (S)	4:44.29q
10 Waterfall, Haylee	FR	Augustana (S)	4:44.47q
11 Staffen, Nikki	SR	Winona State	4:46.76q
12 Kyes, Elizabeth	JR	Minnesota-Du	4:47.48q
13 Montplaisir, Amanda	FR	Minnesota St	4:48.72
14 Weyenberg, Carisa	JR	Minnesota St	4:49.67
15 Leger, Haley	FR	Minnesota St	4:54.21
16 Nowatzke, Natalie	SO	Winona State	4:56.79
17 Lindell, Sarina	FR	Sioux Falls	4:56.94
18 Serratore, Megan	SR	Minnesota St	4:57.79
19 Holland, Aimee	JR	Winona State	4:58.49
20 Quiring, Brittany	FR	Winona State	5:02.18
21 McGee, Abigail	SO	Minot State	5:05.50
22 Lowman, Kim	JR	Wayne State	5:09.35
23 Rinke, Rhianna	SO	Minnesota-Du	5:14.29

Women 1500 Meter Run

NSIC Record: **4:21.48 R 2017** Emi Trost
4:22.06 AUTO
4:33.24 PROV

Name	Yr	School	Finals
Finals			
1 Hestekin, Taylor	SO	U-Mary	4:34.72 10
2 Erickson, Bree	JR	U-Mary	4:35.00 8
3 Tromp, Emily	JR	Augustana (S)	4:36.44 6

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Finals ... (Women 1500 Meter Run)

Name	Yr	School	Finals	
4 Rogahn, Anna	JR	Winona State	4:36.60	5
5 Selberg, Avery	SR	Augustana (S	4:38.64	4
6 Ceglowski, Taryn	SO	Sioux Falls	4:40.04	3
7 English, Patty Jo	FR	Augustana (S	4:43.92	2
8 Kastigar, Hannah	SR	Northern Sta	4:44.29	1
9 Schenk, Meagan	JR	Augustana (S	4:45.10	
10 Staffen, Nikki	SR	Winona State	4:49.53	
11 Waterfall, Haylee	FR	Augustana (S	4:51.53	
12 Kyes, Elizabeth	JR	Minnesota-Du	4:58.80	

Women 5000 Meter Run

NSIC Record: 16:34.35 R 5/13/2018 Alexis Zeis

13:10.21 AUTO

17:10.86 PROV

Name	Yr	School	Finals	
Finals				
1 Narbuvooll, Ida	JR	U-Mary	16:59.49	PROV
2 Roberts, Emily	SR	U-Mary	17:19.14	8
3 Kelly, Mackenzie	SR	Augustana (S	17:35.40	6
4 Schmidt, Nicolette	SO	Augustana (S	17:36.48	5
5 Seivert, Leah	SR	Augustana (S	17:38.52	4
6 Rogahn, Anna	JR	Winona State	17:43.26	3
7 Weyenberg, Carisa	JR	Minnesota St	17:48.18	2
8 Savey, Cait	FR	Augustana (S	18:03.87	1
9 Sistrunk, Kathryn	JR	Msu-Moorhead	18:11.59	
10 Boersma, Claire	SO	Augustana (S	18:16.04	
11 Tromp, Emily	JR	Augustana (S	18:19.40	
12 Radel, Morgan	FR	Minnesota-Du	18:21.80	
13 Ceglowski, Taryn	SO	Sioux Falls	18:23.21	
14 Rairdon, Rebekah	SO	Augustana (S	18:28.51	
15 Waterfall, Haylee	FR	Augustana (S	18:30.18	
16 Serratore, Megan	SR	Minnesota St	18:33.29	
17 Richtman, Becca	SO	Winona State	18:34.78	
18 Hottovy, Courtney	SR	Augustana (S	18:46.20	
19 English, Patty Jo	FR	Augustana (S	18:50.64	
20 Braaten, Josie	SO	Minnesota St	18:50.78	
21 Schenk, Meagan	JR	Augustana (S	18:50.95	
22 Mesfin, Lucia	FR	Concordia-St	18:51.20	
23 Yoder, Elizabeth	FR	Augustana (S	18:56.96	
24 Selberg, Avery	SR	Augustana (S	19:00.39	
25 Staffen, Nikki	SR	Winona State	19:01.19	
26 Lindberg, Kara	SO	Concordia-St	19:01.21	
27 Robran, Alexandra	FR	Minnesota-Du	19:08.66	
28 Chambers, Lexie	SO	Minnesota-Du	19:16.10	
29 Rairdon, Rachel	SO	Augustana (S	19:23.73	
30 Goertzen, Becca	SR	Sioux Falls	19:25.03	
31 Hendrickson, Allison	FR	Winona State	19:33.07	
32 Lindberg, Ruth	SR	Concordia-St	19:42.17	
33 Reeves, Lauren	FR	Minot State	19:43.05	
34 Lindell, Sarina	FR	Sioux Falls	19:45.44	
35 Sterud, Jordyn	FR	Northern Sta	19:54.11	
36 Haight, Mariah	FR	Augustana (S	20:01.74	

Women 10000 Meter Run

NSIC Record: 34:12.43 R 5/12/2018 Sasha Hovind

34:13.34 AUTO

36:35.97 PROV

Name	Yr	School	Finals	
Finals				
1 Narbuvooll, Ida	JR	U-Mary	36:06.85	PROV
2 Roberts, Emily	SR	U-Mary	36:10.46	PROV
3 Seivert, Leah	SR	Augustana (S	36:36.06	6
4 Schmidt, Nicolette	SO	Augustana (S	36:52.05	5
5 Sistrunk, Kathryn	JR	Msu-Moorhead	37:32.69	4
6 Savey, Cait	FR	Augustana (S	37:43.68	3
7 Braaten, Josie	SO	Minnesota St	38:58.62	2
8 Drenckhahn, Melissa	JR	Minnesota-Du	39:56.68	1
9 Mooberry, Megan	FR	Northern Sta	40:26.30	
10 Peterson, Amanda	SR	Augustana (S	40:35.35	
11 Lorenz, Katie	SO	Winona State	40:41.65	
12 Juenemann, Annika	FR	St. Cloud St	41:11.31	
13 Megazzini, Julia	SO	Augustana (S	41:15.58	
14 Sterud, Jordyn	FR	Northern Sta	41:28.60	
15 Lindfors, Jackie	SR	Concordia-St	41:57.05	
16 Dehmlow, Serianna	FR	Upper Iowa	42:16.57	
17 Leapaldt, Madison	JR	Northern Sta	42:35.93	
18 Daniels, Emily	SO	SW Minnesota	43:37.01	
19 Storms, Allyna	SO	Bemidji Stat	43:42.13	
20 Lester, Avery	SO	SW Minnesota	44:25.79	
--- Torres, Andrea	FR	Wayne State		DNF

Women 100 Meter Hurdles

NSIC Record: 13.42 R 5/11/2017 Tonie Pandohie

13.51 AUTO

14.22 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Kohlwey, Danielle	SR	Minnesota-Du	13.68QPROV
2 Hammerschmidt, Julia	SR	U-Mary	13.83QPROV
3 Montez Brown, Olivia	JR	Augustana (S	14.24Q1.5
4 Bolibruch, Tereza	FR	U-Mary	14.08QPROV
5 Burrell, Shanice	SO	Northern Sta	14.25Q1.5
6 Oosterwegel, Hanneke	SR	Northern Sta	14.32Q0.9
7 Hackel, Carolyn	JR	Minnesota St	14.31q 1.5
8 Dikmen, Selin	SO	Augustana (S	14.64q 0.9
9 Mulcahy, Christabelle	SO	Concordia-St	14.68 1.5
10 Lubner, Faith	SO	St. Cloud St	14.78 0.9
11 Benson, Christa	SR	Bemidji Stat	14.83 0.9
12 Olson, Emily	SO	Sioux Falls	14.90 0.9
13 Ramos, Nora	FR	U-Mary	14.98 0.9
14 Wanie, Amanda	SR	Winona State	15.10 0.9
15 Sprain, Ashley	JR	Winona State	15.18 1.5
16 Beck, Faith	FR	Bemidji Stat	15.31 1.5
17 Biebel, Madison	SO	Minnesota-Du	15.46 0.9
18 Schneider, Nicole	JR	Minnesota-Du	15.63 0.9
19 Robinson, Arika	FR	Concordia-St	16.02 0.9

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Women 100 Meter Hurdles

NSIC Record: **13.42 R 5/11/2017** **Tonie Pandohie**
13.51 AUTO
14.22 PROV

Name	Yr	School	Finals
Finals			
1 Kohlwey, Danielle	SR	Minnesota-Du	13.40RAUTO
2 Hammerschmidt, Julia	SR	U-Mary	13.67 PROV
3 Bolibruch, Tereza	FR	U-Mary	14.01 PROV
4 Burrell, Shanice	SO	Northern Sta	14.08 PROV
5 Montez Brown, Olivia	JR	Augustana (S	14.18 PROV
6 Oosterwegel, Hanneke	SR	Northern Sta	14.33 3
7 Hackel, Carolyn	JR	Minnesota St	14.35 2
8 Dikmen, Selin	SO	Augustana (S	14.54 1

Women 400 Meter Hurdles

NSIC Record: **58.83 R 2017** **Hanneke Oosterwegel**
59.05 AUTO
1:01.92 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Oosterwegel, Hanneke	SR	Northern Sta	59.98QPROV
2 Schneiss, Kari	SR	Winona State	1:01.56QPROV
3 Harris, Kalley	SO	Winona State	1:01.69QPROV
4 Hammerschmidt, Julia	SR	U-Mary	1:02.07Q
5 Benson, Christa	SR	Bemidji Stat	1:02.32q
6 Zeman, Kendall	FR	Winona State	1:02.83q
7 Dembrowski, Courtney	FR	U-Mary	1:03.65q
8 Wilson, Cassiddy	SO	Upper Iowa	1:04.14q
9 Brown, Bridget	JR	St. Cloud St	1:04.32
10 Bad Moccasin, Chelsey	SO	Minnesota St	1:04.66
11 Monson, Kylie	FR	Bemidji Stat	1:04.85
12 Kinzer, Isabel	SO	Northern Sta	1:04.89
13 Schneider, Nicole	JR	Minnesota-Du	1:05.05
14 Fischer, Leighten	SO	St. Cloud St	1:05.30
15 Dieringer, Jessika	SR	Minnesota St	1:05.49
16 Storm, Summer	JR	Msu-Moorhead	1:05.67
17 Solano, Ashley	SR	Augustana (S	1:05.86
18 Anderson, Autumn	SO	Minnesota St	1:05.90
19 Bartlett, Allison	SO	Minnesota-Du	1:06.62
20 Wanie, Amanda	SR	Winona State	1:07.35
21 Biebel, Madison	SO	Minnesota-Du	1:07.49
22 Crump, Kayla	FR	Bemidji Stat	1:08.21
23 Christenson, Libby	SO	Bemidji Stat	1:09.68
24 Taylor, Tacora	SO	Concordia-St	1:12.68
25 Kavajecz, Alyssa	JR	Minnesota-Du	1:12.89

Women 400 Meter Hurdles

NSIC Record: **58.83 R 2017** **Hanneke Oosterwegel**
59.05 AUTO
1:01.92 PROV

Name	Yr	School	Finals
Finals			
1 Oosterwegel, Hanneke	SR	Northern Sta	59.78 PROV

2 Hammerschmidt, Julia	SR	U-Mary	1:01.89	PROV
3 Benson, Christa	SR	Bemidji Stat	1:01.97	6
4 Harris, Kalley	SO	Winona State	1:02.70	5
5 Schneiss, Kari	SR	Winona State	1:02.81	4
6 Dembrowski, Courtney	FR	U-Mary	1:03.34	3
7 Zeman, Kendall	FR	Winona State	1:04.17	2
8 Wilson, Cassiddy	SO	Upper Iowa	1:04.85	1

Women 3000 Meter Steeplechase

NSIC Record: **10:05.02 R 2017** **Brenna Colbenson**
10:12.97 AUTO
11:01.67 PROV

Name	Yr	School	Finals
Finals			
1 Kelly, Mackenzie	SR	Augustana (S	10:36.22 PROV
2 Schuette, Jaiden	SR	U-Mary	10:39.99 PROV
3 Kammeyer, Evie	SR	U-Mary	10:48.93 PROV
4 Rairdon, Rebekah	SO	Augustana (S	10:56.49 PROV
5 Hottovy, Courtney	SR	Augustana (S	10:58.18 PROV
6 Boersma, Claire	SO	Augustana (S	11:07.16 3
7 Rairdon, Rachel	SO	Augustana (S	11:16.59 2
8 Richtman, Becca	SO	Winona State	11:19.39 1
9 Lofgren, Chrissy	JR	St. Cloud St	11:23.85
10 Larson, Paige	SR	Northern Sta	11:28.11
11 Costa, Starlynn	FR	U-Mary	11:28.40
12 Lindberg, Kara	SO	Concordia-St	11:33.61
13 Goertzen, Becca	SR	Sioux Falls	11:47.92
14 Stuart, Megan	SR	Minnesota-Du	11:57.31
15 Carr, Lydia	JR	Concordia-St	11:59.07
16 Schlafke, Elizabeth	JR	Minnesota-Du	12:08.56
17 Wallace, Livia	FR	Northern Sta	12:11.54
18 Jacobson, Skyler	FR	SW Minnesota	12:22.94
19 Petron, Kristen	JR	Bemidji Stat	12:24.06
20 Rosener, Allie	FR	Wayne State	12:25.94
21 Bennett, Tasha	JR	Concordia-St	12:28.56
22 Herridge, Jamie	SO	St. Cloud St	12:30.95
23 Kraft, Isabella	FR	St. Cloud St	12:43.93
24 Herdering, Ashley	SO	Bemidji Stat	13:19.55
25 Schotter, Abby	SO	SW Minnesota	13:23.28

Women 4x100 Meter Relay

NSIC Record: **46.10 R 2017** **Winona State**
T Juresh, T Tucker, B Schyvinck, M Seidl
45.52 AUTO
46.86 PROV

Team	Relay	Finals
Finals		
1 Minnesota State	A	46.58 PROV
1) Malone, Crystal JR	2) Hartman, Grace SO	
3) Jones, Khenadi SO	4) Gregory, Karlona SR	
2 Winona State	A	46.66 PROV
1) Pryor, Michaela FR	2) Schyvinck, Brittany SR	
3) Pietz, Maddy FR	4) Schyvinck, Brooklyn FR	

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Finals ... (Women 4x100 Meter Relay)		
Team	Relay	Finals
3 Augustana (Sd)	A	46.73 PROV
1) Montez Brown, Olivia JR	2) Klapperich, Alaina SR	
3) Dikmen, Selin SO	4) DeWitt, Callie SO	
4 U-Mary	A	47.24 5
1) Modglin, Cali SO	2) Zastrow, Abbey SO	
3) Hammerschmidt, Julia SR	4) Brown, Nicolyn SR	
5 Bemidji State	A	47.64 4
1) Bond, Jonae SO	2) Barker, Jada JR	
3) Beck, Faith FR	4) Kjelland, Beatrice FR	
6 Sioux Falls	A	47.72 3
1) Henderson, Kanya FR	2) Troescher, Sarah JR	
3) Oyadare, Mercy SO	4) Peterson, Chloe SO	
7 St Cloud State	A	47.76 2
1) Brown, Bridget JR	2) Baynes, Emma SO	
3) Taylor, Maya SO	4) Burris, Emelia SO	
8 Northern State	A	48.45 1
1) Hutzler, Dakota SO	2) Barnes, Madison JR	
3) Burrell, Shanice SO	4) Rezac, Emma SO	
9 Concordia-St. Paul	A	48.47
1) Kunshier, Maddy SR	2) Canfall, Toni SO	
3) Magnuson, Lauren JR	4) Mulcahy, Christabelle SO	
10 Minnesota-Duluth	A	48.57
1) Frekot, Hanna SR	2) Peller, Natalie SO	
3) Stalboerger, Allie SR	4) Wolf, Alex FR	
11 Upper Iowa	A	49.96
1) Lightfoot, Kortney JR	2) Ross, Jenna SO	
3) Trenkamp, Allison SO	4) Kelly, Erica SR	
12 Msu-Moorhead	A	50.10
1) Johnson, Ki'Arah SR	2) Narum, Baylie FR	
3) Stier, Sara FR	4) Ellertson, Jenna JR	
13 SW Minnesota St.	A	50.66
1) Brown, Rylie FR	2) Saulsbury-Triviski, Tina FR	
3) Strandemo, Sarah FR	4) Pederson, Virginia FR	
14 Minot State	A	51.41
1) Haskell, Autumnne JR	2) Mohr, Amanda SO	
3) Winterton, Erin SR	4) Daniel, Cassandra SO	

Women 4x400 Meter Relay

NSIC Record: 3:41.18 R 2017 University of Mary
J Hammerschmidt, N Richards, M Rodriguez, N Brown
3:40.10 AUTO
3:48.20 PROV

Team	Relay	Finals
Finals		
1 U-Mary	A	3:46.19 PROV
1) Hammerschmidt, Julia SR	2) Brown, Nicolyn SR	
3) Zastrow, Abbey SO	4) McPherson, Monique SR	
2 Minnesota State	A	3:49.05 8
1) Gaye, Rose FR	2) Malone, Crystal JR	
3) Anderson, Autumn SO	4) Woodard, Mackenzie SO	
3 Northern State	A	3:49.52 6
1) Oosterwegel, Hanneke SR	2) Kinzer, Isabel SO	
3) Barnes, Madison JR	4) Rezac, Emma SO	

4 Winona State	A	3:51.38 5
1) Harris, Kalley SO	2) Schyvinck, Brooklyn FR	
3) Schyvinck, Brittany SR	4) Schneiss, Kari SR	
5 Minnesota-Duluth	A	3:53.44 4
1) Stalboerger, Allie SR	2) Arradondo, Sierra FR	
3) Kohlwey, Danielle SR	4) Reindl, Haleigh FR	
6 Augustana (Sd)	A	3:53.54 3
1) Dikmen, Selin SO	2) Mudgett, Sydney SO	
3) Mulder, Kaitlyn FR	4) DeVos, Brooke SR	
7 Upper Iowa	A	3:58.79 2
1) Hill, Breyanna JR	2) Ross, Jenna SO	
3) Wilson, Cassiddy SO	4) Soeken, Makenzie JR	
8 Bemidji State	A	4:00.02 1
1) Benson, Christa SR	2) Monson, Kylie FR	
3) Tucker, Aneesa SO	4) Barker, Jada JR	
9 Wayne State (Neb)	A	4:02.38
1) Jelimo, Joan JR	2) Jetensky, Marin FR	
3) Vasa, Molli FR	4) Pester, Jordyn FR	
10 St Cloud State	A	4:04.10
1) Brown, Bridget JR	2) Baynes, Emma SO	
3) Fischer, Leighton SO	4) Lubner, Faith SO	
11 Sioux Falls	A	4:06.95
1) Oyadare, Mercy SO	2) Olson, Emily SO	
3) Harris, Jasmine FR	4) Peterson, Chloe SO	
12 SW Minnesota St.	A	4:11.21
1) Gillingham, Emily SO	2) Jacobson, Skyler FR	
3) Pederson, Virginia FR	4) Jansky, Kayla JR	
13 Concordia-St. Paul	A	4:12.28
1) Kunshier, Maddy SR	2) Magnuson, Lauren JR	
3) Bible, Taniya JR	4) Canfall, Toni SO	
14 Minot State	A	4:18.44
1) Nielsen, Brinlie SO	2) Haskell, Autumnne JR	
3) Mohr, Amanda SO	4) Winterton, Erin SR	

Women High Jump

NSIC Record: 1.76m R 2011 Andrea Whitney
1.77m AUTO
1.67m PROV

Name	Yr	School	Finals
Finals			
1 Morris, D'Andra	SO	U-Mary	1.69m PROV
2 Henry, Alysa	FR	U-Mary	1.66m 8
3 Wolf, Alex	FR	Minnesota-Du	1.66m 6
4 Miedema, Mearah	SO	Augustana (S	1.63m 5
5 Berg, Tava	FR	Northern Sta	1.63m 4
6 Alaman, Sonia	JR	Northern Sta	1.60m 2.5
6 Benson, Christa	SR	Bemidji Stat	1.60m 2.5
8 Johnson, Jocelyn	JR	St. Cloud St	1.60m 1
9 Ludeman, Kendra	SO	Augustana (S	1.60m
10 Rizner, Madison	FR	Winona State	1.60m
11 Stone, Zoe	FR	Minnesota St	1.60m
12 Robinson, Arika	FR	Concordia-St	1.57m
13 Jones, Ashlyn	FR	SW Minnesota	1.57m
14 Pritchett, Caitlin	FR	Msu-Moorhead	1.57m
15 Langston, Teya	SO	Minnesota St	1.52m

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Finals ... (Women High Jump)

Name	Yr	School	Finals
16 Stoltz, Taylor	FR	Sioux Falls	1.52m
16 Dykman, Ali	FR	Wayne State	1.52m
16 Soeken, Makenzie	JR	Upper Iowa	1.52m
19 Price, Tamara	SR	Winona State	1.52m
19 Oliverson, Kailee	FR	Northern Sta	1.52m
19 Shea, Claire	FR	St. Cloud St	1.52m
22 Monson, Kylie	FR	Bemidji Stat	1.47m
22 Christenson, Libby	SO	Bemidji Stat	1.47m
22 Westemeier, Rachel	FR	Concordia-St	1.47m
22 Hutzler, Dakota	SO	Northern Sta	1.47m
26 Sowada, Sophia	FR	Msu-Moorhead	1.47m
26 Kurtti, Nicole	JR	Msu-Moorhead	1.47m
28 Lazure, Hanna	SO	Wayne State	1.47m
--- Paaverud, Ella	FR	Concordia-St	NH
--- Guisinger, Kacia	SO	Msu-Moorhead	NH

Women Pole Vault

NSIC Record: 4.20m R 5/13/2018 Kimberly Peterson
 4.08m AUTO
 3.65m PROV

Name	Yr	School	Finals
1 Hill, Kealy	FR	Northern Sta	3.66m PROV
2 Dennison, Christine	FR	Minnesota St	3.66m PROV
3 St. Catherine, Anna	SO	Msu-Moorhead	3.36m 5.5
3 Henry, Alysa	FR	U-Mary	3.36m 5.5
5 Noble, Lily	SR	Augustana (S	3.36m 4
6 Baker, Cassidy	SR	Minnesota-Du	3.21m 3
7 Klocke, Kalli Jo	FR	St. Cloud St	3.21m 2
8 Beck, Faith	FR	Bemidji Stat	3.06m 1
9 Bahls, Sydney	FR	Msu-Moorhead	3.06m
10 Ellertson, Jenna	JR	Msu-Moorhead	3.06m
10 Marvin, Mikayla	FR	Wayne State	3.06m
12 Norman, Teghan	SR	Concordia-St	3.06m
13 Schiltz, Marya	FR	Sioux Falls	3.06m
14 Gauert, Emma	FR	St. Cloud St	2.91m
15 Rockstad, Abbie	SO	Minnesota-Du	2.91m
16 Kelvington, Haley	SO	St. Cloud St	2.76m
17 Harmer, Cami	FR	Minnesota-Du	2.76m
--- Schmidt, Brenna	SR	Sioux Falls	NH
--- Voss, Tessa	JR	Minnesota St	NH
--- Christen, Taylor	SO	Minnesota-Du	NH
--- Herfindahl, Gabby	FR	St. Cloud St	NH

Women Long Jump

NSIC Record: 6.31m R 5/1985 Julie Hay
 6.29m AUTO
 5.80m PROV

Name	Yr	School	Finals
1 Modglin, Cali	SO	U-Mary	5.83m PROV
2 Springer, Kristi	SO	Winona State	5.80m PROV
3 Burris, Emelia	SO	St. Cloud St	5.78m 6

4 Peterson, Chloe	SO	Sioux Falls	5.73m 5
5 Montez Brown, Olivia	JR	Augustana (S	5.71m 4
6 Morris, D'Andra	SO	U-Mary	5.58m 3
7 Quam, Mara	FR	Minnesota St	5.52m 2
8 Pastian, Kylie	SR	U-Mary	5.45m 1
9 Olson, Emily	SO	Sioux Falls	5.43m 0.4
10 Lubner, Faith	SO	St. Cloud St	5.41m -1.0
11 Hackel, Carolyn	JR	Minnesota St	5.38m -0.9
12 Juresh, Taylor	JR	Winona State	5.37m -1.0
13 DeWitt, Callie	SO	Augustana (S	5.36m -1.5
14 Lindley, Ricki	JR	U-Mary	5.34m -1.4
15 Jungwirth, Abby	JR	St. Cloud St	5.33m -1.4
16 Frekot, Hanna	SR	Minnesota-Du	5.30m -0.7
16 Westerman, Sarah	JR	Augustana (S	5.30m -0.3
18 Tucker, Tamika	SR	Winona State	5.22m -1.0
19 Keller, Emily	FR	U-Mary	5.21m -1.7
20 Atladottir, Steinunn	SR	Minnesota St	5.18m -1.2
21 Hutzler, Dakota	SO	Northern Sta	5.16m -0.6
22 Hart, Dominique	SO	Minnesota-Du	5.13m -1.1
23 Pryor, Michaela	FR	Winona State	5.10m -1.0
24 Sprain, Ashley	JR	Winona State	5.08m 0.5
25 Schrader, Sarah	SR	Minnesota-Du	5.05m -1.3
26 Soeken, Makenzie	JR	Upper Iowa	5.04m -0.7
27 Tucker, Aneesa	SO	Bemidji Stat	5.03m -0.9
28 Oldham, Mauria	FR	St. Cloud St	4.98m -0.8
29 Adams, Cheri'a	SO	Bemidji Stat	4.97m -0.6
30 Noelle, Riana	JR	Wayne State	4.83m -0.5
31 Narum, Baylie	FR	Msu-Moorhead	4.76m -0.5

Women Triple Jump

NSIC Record: 12.60m R 2015 Danylle Kurywchak
 12.77m AUTO
 11.85m PROV

Name	Yr	School	Finals
1 Brunner, Elizabeth	JR	Minnesota St	12.33m PROV
2 Morris, D'Andra	SO	U-Mary	12.19m PROV
3 Lindley, Ricki	JR	U-Mary	12.00m PROV
4 Modglin, Cali	SO	U-Mary	11.84m 5
5 Griggs, Kyja	FR	Winona State	11.77m 4
6 Springer, Kristi	SO	Winona State	11.76m 3
7 Monson, Kylie	FR	Bemidji Stat	11.51m 2
8 Banks, Kaly	FR	Augustana (S	11.50m 1
9 Pastian, Kylie	SR	U-Mary	11.45m 1.2
10 Jungwirth, Abby	JR	St. Cloud St	11.44m 1.4
11 Maruska, Lindsay	SO	Minnesota-Du	11.42m 1.3
12 Paul, Clara	JR	Sioux Falls	11.28m 1.3
13 Fabre, Analise	SO	Bemidji Stat	11.26m 1.3
14 Taylor, Maya	SO	St. Cloud St	11.25m 1.1
15 Rizner, Madison	FR	Winona State	11.23m 1.3
16 Pederson, Virginia	FR	SW Minnesota	11.17m 0.8
17 Robinson, Arika	FR	Concordia-St	10.91m 0.6
18 Tucker, Aneesa	SO	Bemidji Stat	10.66m 0.8
19 Noelle, Riana	JR	Wayne State	10.53m 1.6
20 Carpenter, Allison	SO	Minnesota-Du	10.49m 1.2

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Name	Yr	School	Finals
21 Schroeder, Tessa	FR	Msu-Moorhead	10.29m 0.7
22 Sowada, Sophia	FR	Msu-Moorhead	10.26m 0.9
23 Adams, Cheri'a	SO	Bemidji Stat	10.16m 0.5
24 Franklin, Hailey	SR	Minnesota-Du	10.10m 1.8
25 Kurtti, Nicole	JR	Msu-Moorhead	9.95m 1.3

Women Shot Put

NSIC Record: 16.52m R 2018 Michaela Dendinger
15.74m AUTO
13.76m PROV

Name	Yr	School	Finals
Finals			
1 Grunder, Brinn	JR	Upper Iowa	15.14m PROV
2 Manteuffel, Rebecca	SO	SW Minnesota	15.05m PROV
3 Perron, Brea	SO	Minnesota St	14.69m PROV
4 Christensen, Zoe	FR	Bemidji Stat	14.61m PROV
5 Buckler, Heather	SR	Minnesota St	14.54m PROV
6 Menken, Jordan	SO	Northern Sta	14.26m PROV
7 Sullivan, Kenzie	SO	Wayne State	13.87m PROV
8 Gustafson, Hannah	JR	Concordia-St	13.70m 1
9 Waletzko, Emily	SR	Msu-Moorhead	13.49m
10 Rudebusch, Bailey	SO	Sioux Falls	13.03m
11 Donlan, Tia	SO	Concordia-St	12.76m
12 Rehome, Claire	SO	Minnesota-Du	12.66m
13 Scheil, Mckenzie	FR	Wayne State	12.56m
14 Zimmerman, Dacoda	FR	St. Cloud St	12.52m
15 Falardeau, Annie	FR	St. Cloud St	12.50m
16 Connell, Cassidy	FR	Wayne State	12.41m
17 Stafslie-Dumale, Abbi	FR	Minnesota St	12.37m
18 Meyer, Destiny	JR	Msu-Moorhead	12.27m
19 King, Norah	FR	SW Minnesota	12.20m
20 Florek, Morgan	SO	Minnesota St	12.19m
21 Hertz, Emma	SO	Sioux Falls	11.96m
22 Rozeboom, Kourtney	FR	Sioux Falls	11.91m
23 Stang, Sarah	SO	Wayne State	11.66m
24 Andersen, Kayla	SO	Sioux Falls	11.41m
25 Flores-Schulte, Amanda	FR	SW Minnesota	11.26m
--- Jones, Tia	JR	Wayne State	FOUL

Women Discus Throw

NSIC Record: 53.90m R 2015 Alissa Rausch
52.79m AUTO
45.11m PROV

Name	Yr	School	Finals
Finals			
1 Manteuffel, Rebecca	SO	SW Minnesota	52.96m AUTO
2 Donlan, Tia	SO	Concordia-St	47.70m PROV
3 Sullivan, Kenzie	SO	Wayne State	46.97m PROV
4 McNamee, Jaimie	JR	Sioux Falls	45.59m PROV
5 Laumeyer, Taylor	FR	Minot State	45.51m PROV
6 Buechel, Dominique	JR	St. Cloud St	45.48m PROV
7 King, Norah	FR	SW Minnesota	45.21m PROV
8 Florek, Morgan	SO	Minnesota St	44.48m 1

9 Himes, Caitlin	JR	Upper Iowa	44.40m
10 Jensen, Kaylee	SO	Minnesota St	42.15m
11 Andersen, Kayla	SO	Sioux Falls	41.39m
12 Buckler, Heather	SR	Minnesota St	40.82m
13 Heeren, Nicole	FR	Wayne State	40.42m
14 Ripke, Anna	SR	Concordia-St	40.28m
15 Bengtson, MacKenzie	FR	Sioux Falls	39.73m
16 Guthmiller, Rachel	FR	Northern Sta	39.52m
17 Gustafson, Hannah	JR	Concordia-St	39.33m
18 Finstuen, Haley	SO	Minnesota St	39.11m
19 Rozeboom, Kourtney	FR	Sioux Falls	38.62m
20 Thoe, Katrina	FR	Winona State	38.00m
21 Thomson, Kara	FR	Minnesota St	36.54m
22 Flores-Schulte, Amanda	FR	SW Minnesota	36.03m
23 Hertz, Emma	SO	Sioux Falls	35.83m
24 Grube, Regan	SR	Bemidji Stat	35.77m
25 Rudebusch, Bailey	SO	Sioux Falls	35.46m
26 Falardeau, Annie	FR	St. Cloud St	33.14m
--- Baklund, Genavieve	JR	Bemidji Stat	FOUL
--- Menken, Jordan	SO	Northern Sta	FOUL

Women Hammer Throw

NSIC Record: 63.54m R 2017 Michaela Dendinger
60.45m AUTO
51.82m PROV

Name	Yr	School	Finals
Finals			
1 Jensen, Kaylee	SO	Minnesota St	55.00m PROV
2 McNamee, Jaimie	JR	Sioux Falls	54.21m PROV
3 Cook, Amber	SR	Sioux Falls	52.47m PROV
4 Baklund, Genavieve	JR	Bemidji Stat	52.11m PROV
5 Christensen, Zoe	FR	Bemidji Stat	51.05m 4
6 Grunder, Brinn	JR	Upper Iowa	50.39m 3
7 Kneeland, Nicolette	JR	Northern Sta	50.20m 2
8 Jones, Tia	JR	Wayne State	49.14m 1
9 Igboh, Bariture	SR	Minnesota-Du	48.14m
10 Perron, Brea	SO	Minnesota St	47.23m
11 Hertz, Emma	SO	Sioux Falls	47.01m
12 Heeren, Nicole	FR	Wayne State	46.54m
13 Andersen, Kayla	SO	Sioux Falls	46.24m
14 Scheil, Mckenzie	FR	Wayne State	45.75m
15 Waletzko, Emily	SR	Msu-Moorhead	45.22m
16 Rudebusch, Bailey	SO	Sioux Falls	45.02m
17 Stang, Sarah	SO	Wayne State	44.85m
18 Gustafson, Hannah	JR	Concordia-St	44.06m
19 Manteuffel, Rebecca	SO	SW Minnesota	43.68m
20 Laumeyer, Taylor	FR	Minot State	42.48m
21 Sullivan, Kenzie	SO	Wayne State	42.34m
22 Madden, Bridgett	SR	Upper Iowa	42.25m
23 Buechel, Dominique	JR	St. Cloud St	42.01m
24 Nierling, Hailey	FR	SW Minnesota	41.93m
25 Stafslie-Dumale, Abbi	FR	Minnesota St	41.81m
26 Grube, Regan	SR	Bemidji Stat	41.09m
27 Zimmerman, Dacoda	FR	St. Cloud St	39.75m
28 Donlan, Tia	SO	Concordia-St	39.63m

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Finals ... (Women Hammer Throw)

Name	Yr	School	Finals
29 Julian, Lauren	JR	St. Cloud St	39.06m
--- Davitt, Kacey	JR	Winona State	FOUL

Women Javelin Throw

NSIC Record: 46.74m R 1982 Kelly Owen
49.44m AUTO
41.59m PROV

Name	Yr	School	Finals
Finals			
1 Laumeyer, Taylor	FR	Minot State	41.59m PROV
2 Phipps, Miranda	JR	Sioux Falls	40.67m 8
3 Gottschalk, Natalie	SR	St. Cloud St	38.95m 6
4 Rezabek, Nicole	FR	Bemidji Stat	38.22m 5
5 Juresh, Taylor	JR	Winona State	37.09m 4
6 Rudebusch, Bailey	SO	Sioux Falls	37.01m 3
7 Rothschadl, Morgan	JR	Augustana (S	36.00m 2
8 Storm, Summer	JR	Msu-Moorhead	35.69m 1
9 Henry, Alysya	FR	U-Mary	35.55m
10 Thune, Mary Pat	SR	Minnesota-Du	35.42m
11 Dieringer, Jessika	SR	Minnesota St	35.22m
12 Guthmiller, Rachel	FR	Northern Sta	34.19m
13 Montez Brown, Olivia	JR	Augustana (S	33.57m
14 Stephenson, Sola	SR	Minnesota St	32.29m
15 Saulsbury-Triviski, Tina	FR	SW Minnesota	31.30m
16 King, Norah	FR	SW Minnesota	29.89m
17 Shearer, Morgan	SR	Wayne State	29.41m
18 Grube, Regan	SR	Bemidji Stat	29.13m
19 Noecker, Sophie	SO	Wayne State	28.89m
20 Hutzler, Dakota	SO	Northern Sta	28.59m
21 Paaverud, Ella	FR	Concordia-St	27.83m
22 Mohs, Gabbie	SR	Upper Iowa	27.82m
23 Stauffer, Danielle	FR	Minot State	27.10m
24 Thomson, Kara	FR	Minnesota St	25.85m
25 Kinghorn, Shania	FR	Bemidji Stat	24.29m
--- Pickett, Cami	SR	Upper Iowa	FOUL

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Lubner, Faith	SO	St. Cloud St	26.09 789
2 McCoy, Alli	FR	U-Mary	26.30 771
3 Benson, Christa	SR	Bemidji Stat	26.46 757
4 Montez Brown, Olivia	JR	Augustana (S	26.48 756
5 Monson, Kylie	FR	Bemidji Stat	26.84 725
6 Soeken, Makenzie	JR	Upper Iowa	26.87 723
7 Storm, Summer	JR	Msu-Moorhead	26.93 718
8 Fischer, Leighton	SO	St. Cloud St	26.95 716
9 Hutzler, Dakota	SO	Northern Sta	27.07 706
10 Henry, Alysya	FR	U-Mary	27.14 700
11 Gottschalk, Natalie	SR	St. Cloud St	27.35 683
12 Olson, Emily	SO	Sioux Falls	27.62 661
13 Noecker, Sophie	SO	Wayne State	27.92 637
14 Tucker, Aneesa	SO	Bemidji Stat	28.36 603

15 Robinson, Arika	FR	Concordia-St	29.22	538
16 Kavajecz, Alyssa	JR	Minnesota-Du	29.61	510
17 Stone, Zoe	FR	Minnesota St	29.96	485

Heptathlon: #7 Women 800 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Benson, Christa	SR	Bemidji Stat	2:26.58 736
2 Monson, Kylie	FR	Bemidji Stat	2:29.69 697
3 McCoy, Alli	FR	U-Mary	2:31.35 676
4 Montez Brown, Olivia	JR	Augustana (S	2:32.32 664
5 Storm, Summer	JR	Msu-Moorhead	2:33.26 653
6 Fischer, Leighton	SO	St. Cloud St	2:34.31 640
7 Lubner, Faith	SO	St. Cloud St	2:35.28 628
8 Kavajecz, Alyssa	JR	Minnesota-Du	2:36.85 610
9 Olson, Emily	SO	Sioux Falls	2:41.57 555
10 Soeken, Makenzie	JR	Upper Iowa	2:43.75 531
11 Henry, Alysya	FR	U-Mary	2:44.49 522
12 Hutzler, Dakota	SO	Northern Sta	2:46.04 506
13 Tucker, Aneesa	SO	Bemidji Stat	2:46.78 498
14 Noecker, Sophie	SO	Wayne State	2:55.78 405
15 Stone, Zoe	FR	Minnesota St	2:56.91 394
16 Robinson, Arika	FR	Concordia-St	3:07.28 300
--- Gottschalk, Natalie	SR	St. Cloud St	DNF

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Montez Brown, Olivia	JR	Augustana (S	14.27 941
2 Lubner, Faith	SO	St. Cloud St	14.35 929
3 Gottschalk, Natalie	SR	St. Cloud St	14.73 878
4 Benson, Christa	SR	Bemidji Stat	14.78 871
5 Olson, Emily	SO	Sioux Falls	15.07 832
6 Henry, Alysya	FR	U-Mary	15.14 823
7 Fischer, Leighton	SO	St. Cloud St	15.33 799
8 Storm, Summer	JR	Msu-Moorhead	15.47 781
9 Robinson, Arika	FR	Concordia-St	15.68 754
10 Monson, Kylie	FR	Bemidji Stat	15.74 746
11 Soeken, Makenzie	JR	Upper Iowa	15.86 732
12 Hutzler, Dakota	SO	Northern Sta	16.22 688
13 McCoy, Alli	FR	U-Mary	16.23 686
14 Noecker, Sophie	SO	Wayne State	17.00 596
15 Stone, Zoe	FR	Minnesota St	17.54 537
16 Tucker, Aneesa	SO	Bemidji Stat	17.70 520
17 Kavajecz, Alyssa	JR	Minnesota-Du	18.04 484

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Henry, Alysya	FR	U-Mary	1.64m 783
2 Robinson, Arika	FR	Concordia-St	1.58m 712
2 Soeken, Makenzie	JR	Upper Iowa	1.58m 712
2 Montez Brown, Olivia	JR	Augustana (S	1.58m 712
2 Gottschalk, Natalie	SR	St. Cloud St	1.58m 712
2 Benson, Christa	SR	Bemidji Stat	1.58m 712

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Finals ... (Heptathlon: #2 Women High Jump Heptathlon)

Name	Yr	School	Finals
7 Monson, Kylie	FR	Bemidji Stat	1.55m 678
7 Stone, Zoe	FR	Minnesota St	1.55m 678
7 Hutzler, Dakota	SO	Northern Sta	1.55m 678
10 Olson, Emily	SO	Sioux Falls	1.52m 644
10 Lubner, Faith	SO	St. Cloud St	1.52m 644
12 Storm, Summer	JR	Msu-Moorhead	1.49m 610
12 Fischer, Leighton	SO	St. Cloud St	1.49m 610
14 Tucker, Aneesa	SO	Bemidji Stat	1.46m 577
15 McCoy, Alli	FR	U-Mary	1.43m 544
16 Kavajecz, Alyssa	JR	Minnesota-Du	1.40m 512
17 Noecker, Sophie	SO	Wayne State	1.37m 481

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
1 Montez Brown, Olivia	JR	Augustana (S	5.65m 744
2 Olson, Emily	SO	Sioux Falls	5.34m 654
3 Benson, Christa	SR	Bemidji Stat	5.33m 651
4 Lubner, Faith	SO	St. Cloud St	5.27m 634
4 Fischer, Leighton	SO	St. Cloud St	5.27m 634
6 McCoy, Alli	FR	U-Mary	5.18m 609
7 Monson, Kylie	FR	Bemidji Stat	5.16m 603
8 Storm, Summer	JR	Msu-Moorhead	5.15m 601
9 Hutzler, Dakota	SO	Northern Sta	5.13m 595
10 Gottschalk, Natalie	SR	St. Cloud St	5.11m 589
11 Robinson, Arika	FR	Concordia-St	5.08m 581
12 Soeken, Makenzie	JR	Upper Iowa	5.06m 576
13 Tucker, Aneesa	SO	Bemidji Stat	5.02m 565
13 Henry, Alysa	FR	U-Mary	5.02m 565
15 Stone, Zoe	FR	Minnesota St	5.01m 562
16 Kavajecz, Alyssa	JR	Minnesota-Du	4.90m 532
17 Noecker, Sophie	SO	Wayne State	4.78m 500

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
1 Montez Brown, Olivia	JR	Augustana (S	11.51m 629
2 Storm, Summer	JR	Msu-Moorhead	11.09m 601
3 Gottschalk, Natalie	SR	St. Cloud St	10.64m 571
4 Henry, Alysa	FR	U-Mary	10.29m 548
5 Benson, Christa	SR	Bemidji Stat	9.72m 511
6 Fischer, Leighton	SO	St. Cloud St	9.65m 507
7 Soeken, Makenzie	JR	Upper Iowa	9.61m 504
8 Noecker, Sophie	SO	Wayne State	9.35m 487
9 Stone, Zoe	FR	Minnesota St	9.29m 483
10 Olson, Emily	SO	Sioux Falls	9.17m 475
11 McCoy, Alli	FR	U-Mary	8.96m 462
12 Monson, Kylie	FR	Bemidji Stat	8.54m 434
13 Lubner, Faith	SO	St. Cloud St	8.46m 429
14 Hutzler, Dakota	SO	Northern Sta	8.45m 428
15 Robinson, Arika	FR	Concordia-St	8.09m 405
16 Kavajecz, Alyssa	JR	Minnesota-Du	7.79m 386
17 Tucker, Aneesa	SO	Bemidji Stat	7.26m 352

Heptathlon: #6 Women Javelin Throw Heptathlon

NSIC Record: 36.10m R

Name	Yr	School	Finals
1 Storm, Summer	JR	Msu-Moorhead	36.69mR 604
2 Henry, Alysa	FR	U-Mary	36.01m 591
3 Lubner, Faith	SO	St. Cloud St	33.61m 545
4 Hutzler, Dakota	SO	Northern Sta	30.89m 493
5 Montez Brown, Olivia	JR	Augustana (S	29.49m 467
6 Benson, Christa	SR	Bemidji Stat	28.67m 451
7 Robinson, Arika	FR	Concordia-St	28.43m 447
7 Fischer, Leighton	SO	St. Cloud St	28.43m 447
9 Olson, Emily	SO	Sioux Falls	28.29m 444
10 McCoy, Alli	FR	U-Mary	28.28m 444
11 Noecker, Sophie	SO	Wayne State	27.78m 435
12 Soeken, Makenzie	JR	Upper Iowa	25.80m 397
13 Monson, Kylie	FR	Bemidji Stat	24.91m 381
14 Tucker, Aneesa	SO	Bemidji Stat	24.61m 375
15 Stone, Zoe	FR	Minnesota St	24.05m 364
16 Kavajecz, Alyssa	JR	Minnesota-Du	19.14m 273
--- Gottschalk, Natalie	SR	St. Cloud St	ND

Women Heptathlon

NSIC Record: 5323 R 2018 Halle Burney
5195 AUTO
4504 PROV

Name	Yr	School	Finals
1 Montez Brown, Olivia	JR	Augustana (S	4913.00 PROV
2 Benson, Christa	SR	Bemidji Stat	4689.00 PROV
3 Lubner, Faith	SO	St. Cloud St	4598.00 PROV
4 Storm, Summer	JR	Msu-Moorhead	4568.00 PROV
5 Henry, Alysa	FR	U-Mary	4532.00 PROV
6 Fischer, Leighton	SO	St. Cloud St	4353.00 3
7 Olson, Emily	SO	Sioux Falls	4265.00 2
8 Monson, Kylie	FR	Bemidji Stat	4264.00 1
9 McCoy, Alli	FR	U-Mary	4192.00
10 Soeken, Makenzie	JR	Upper Iowa	4175.00
11 Hutzler, Dakota	SO	Northern Sta	4094.00
12 Robinson, Arika	FR	Concordia-St	3737.00
13 Noecker, Sophie	SO	Wayne State	3541.00
14 Stone, Zoe	FR	Minnesota St	3503.00
15 Tucker, Aneesa	SO	Bemidji Stat	3490.00
16 Gottschalk, Natalie	SR	St. Cloud St	3433.00
17 Kavajecz, Alyssa	JR	Minnesota-Du	3307.00

Women - Team Rankings - 21 Events Scored

1) U-Mary	202.5
2) Augustana (SD)	117
3) Minnesota State	100
4) Winona State	77
5) Minnesota-Duluth	49
6) Northern State	47.5

2019 NSIC Outdoor Track & Field Meet - 5/10/2019 to 5/11/2019**University of Minnesota - Duluth****5/10/2019 to 5/11/2019****Results**

7) Bemidji State	46.5
8) Sioux Falls	43
9) St Cloud State	40
10) SW Minnesota St.	20
11) Concordia-St. Paul	17
12) Upper Iowa	16
13) MSU-Moorhead	15.5
14) Wayne State (Neb)	14
14) Minot State	14