

51ST ANNUAL LIONS XC INVITATIONAL MEET OF CHAMPIONS

Alexandria, MN

Arrowwood Resort & Conference Center

Saturday, October 5, 2024

**OFFICIAL MEET REPORT**

printed: 10/5/2024 12:32 PM

**Race #6
Boys JV 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 STILLWATER AREA	23	1-4-5-6-7(10)(16)	1:26:52	17:23	0:41.5
2 MOUNDS VIEW	66	3-11-15-17-20(21)(28)	1:29:18	17:52	0:55.0
3 PERHAM	84	2-14-18-23-27(35)(42)	1:29:48	17:58	1:26.5
4 WHITE BEAR LAKE AREA	139	13-22-24-25-55(57)(71)	1:31:57	18:24	1:21.3
5 ST. PAUL HIGHLAND PAR	154	12-19-36-41-46(47)(48)	1:32:31	18:31	1:03.4
6 SARTELL	191	26-31-40-45-49(50)(51)	1:33:36	18:44	0:40.0
7 ROSEVILLE AREA	239	30-32-56-60-61(62)(65)	1:35:37	19:08	1:06.3
8 ALEXANDRIA	240	33-43-44-53-67(70)(75)	1:35:19	19:04	1:18.2
9 FERGUS FALLS	268	8-52-63-72-73(76)(87)	1:36:33	19:19	2:16.5
10 SIOUX FALLS WASHINGT	291	9-38-68-83-93	1:38:19	19:40	3:31.2
11 ST. CLOUD CATHEDRAL	317	34-37-64-85-97(100)(118)	1:39:15	19:51	2:50.2
12 CHANHASSEN	330	58-59-66-69-78(80)(90)	1:39:06	19:50	0:55.2
13 MARSHALL	367	29-39-86-99-114(116)	1:43:34	20:43	5:29.1
14 BECKER	413	54-77-79-96-107(111)(115)	1:44:23	20:53	3:37.0
15 ST. THOMAS ACADEMY	448	74-82-94-95-103(110)(112)	1:45:52	21:11	2:21.4
16 CHASKA	453	84-88-89-91-101(102)(106)	1:45:59	21:12	1:12.7
17 DETROIT LAKES	516	81-105-108-109-113	1:52:59	22:36	3:18.6
18 WILLMAR	530	92-98-104-117-119	1:57:13	23:27	6:35.6

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 PORTER SHOCKEY	FR	STILLWATER ARE	1	16:59.9	---	5:27.9	3:24.0
2 BRODY FREELAND	8	PERHAM	2	17:01.5	1.6	5:28.4	3:24.3
3 SPENCER OLSON	SR	MOUNDS VIEW	3	17:15.5	15.6	5:33.0	3:27.1
4 HARPER DREXEL	SO	STILLWATER ARE	4	17:22.4	22.5	5:35.2	3:28.5
5 VINCENT CROWLEY	SO	STILLWATER ARE	5	17:22.7	22.8	5:35.3	3:28.5
6 CAL HEINZ	SR	STILLWATER ARE	6	17:25.1	25.2	5:36.0	3:29.0
7 WYATT WOLFE	SO	STILLWATER ARE	7	17:41.4	41.5	5:41.3	3:32.3
8 SAMUEL RASMUSSEN	SO	FERGUS FALLS	8	17:44.1	44.2	5:42.2	3:32.8
9 AIDEN JOHNSON	SO	SIOUX FALLS WA	9	17:46.1	46.2	5:42.8	3:33.2
10 WILLIAM DEMAR	8	STILLWATER ARE	(10)	17:46.6	46.7	5:42.9	3:33.3
11 JACKSON ASCHBACH	JR	MOUNDS VIEW	11	17:51.7	51.8	5:44.6	3:34.3
12 CHARLES JOHNSON	FR	ST. PAUL HIGHLA	12	17:54.6	54.7	5:45.5	3:34.9
13 OWEN OTTO	JR	WHITE BEAR LAK	13	17:54.7	54.8	5:45.5	3:34.9
14 KIETHEN ANDERSON	JR	PERHAM	14	17:55.5	55.6	5:45.8	3:35.1
15 VERAYN NAIKWAD	SR	MOUNDS VIEW	15	17:56.6	56.7	5:46.2	3:35.3
16 DAVIS ROLSTAD	SR	STILLWATER ARE	(16)	18:03.0	1:02.1	5:48.2	3:36.6
17 DEGAGA DERASSA	SO	MOUNDS VIEW	17	18:03.8	1:03.9	5:48.5	3:36.7
18 PARKER HENDRICKX	FR	PERHAM	18	18:10.1	1:10.2	5:50.5	3:38.0
19 LEIF LOGE	SR	ST. PAUL HIGHLA	19	18:10.3	1:10.4	5:50.6	3:38.1
20 OLEN HAMMERBECK	SO	MOUNDS VIEW	20	18:10.5	1:10.6	5:50.6	3:38.1
21 TATE MCDONALD	JR	MOUNDS VIEW	(21)	18:10.8	1:10.9	5:50.7	3:38.2

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**Race #6
Boys JV 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
22 NATHAN FELLOWS	SO	STILLWATER ARE	-	18:11.9	1:12.0	5:51.1	3:38.4
23 JOSEPH ROGERS	JR	WHITE BEAR LAK	22	18:12.4	1:12.5	5:51.2	3:38.5
24 NOAH SCHULTZ	SO	PERHAM	23	18:12.8	1:12.9	5:51.4	3:38.5
25 AUGUST MASSEY	SO	STILLWATER ARE	-	18:13.1	1:13.2	5:51.5	3:38.6
26 ALEX CANTWELL	JR	WHITE BEAR LAK	24	18:15.0	1:14.1	5:52.1	3:39.0
27 ELIJAH KENNEDY	SO	WHITE BEAR LAK	25	18:18.6	1:18.7	5:53.2	3:39.7
28 KRISTOFF HAROLDSON	SO	SARTELL	26	18:21.8	1:21.9	5:54.3	3:40.3
29 KINGSTON WINDSCHITL	JR	STILLWATER ARE	-	18:26.6	1:26.7	5:55.8	3:41.3
30 NATHAN RUSTAD	JR	PERHAM	27	18:27.9	1:28.0	5:56.2	3:41.6
31 CADEN PRUSSING	SO	MOUNDS VIEW	(28)	18:27.9	1:28.0	5:56.2	3:41.6
32 CORBIN LEIBFRIED	SO	MARSHALL	29	18:28.5	1:28.6	5:56.4	3:41.7
33 ABDOULAYE DIONE	SO	ROSEVILLE AREA	30	18:29.7	1:29.8	5:56.8	3:41.9
34 WYATT PAULSON	JR	SARTELL	31	18:29.7	1:29.8	5:56.8	3:41.9
35 CALVIN MOECKEL	SO	ROSEVILLE AREA	32	18:29.8	1:29.9	5:56.8	3:42.0
36 KEATON DUMMER	SO	ALEXANDRIA	33	18:30.4	1:30.5	5:57.0	3:42.1
37 ETHAN SHAW	SR	STILLWATER ARE	-	18:34.5	1:34.6	5:58.3	3:42.9
38 CARSON ROLPH	SO	ST. CLOUD CATH	34	18:37.2	1:37.3	5:59.2	3:43.4
39 ETHAN HAATAJA	SO	PERHAM	(35)	18:39.5	1:39.6	6:00.0	3:43.9
40 JASPER FOSS	FR	ST. PAUL HIGHLA	36	18:39.8	1:39.9	6:00.1	3:44.0
41 CARTER O'FALLON	SO	ST. CLOUD CATH	37	18:44.6	1:44.7	6:01.6	3:44.9
42 KORY KLEIN	SR	SIOUX FALLS WA	38	18:45.5	1:45.6	6:01.9	3:45.1
43 MYKEL PAULSEN	JR	MARSHALL	39	18:46.7	1:46.8	6:02.3	3:45.3
44 SETH JOHNSON	JR	SARTELL	40	18:47.0	1:46.1	6:02.4	3:45.4
45 LUKE ZIMNEY	SR	ST. PAUL HIGHLA	41	18:48.0	1:47.1	6:02.7	3:45.6
46 DEVIN CHRISTENSEN	JR	STILLWATER ARE	-	18:48.5	1:48.6	6:02.8	3:45.7
47 JACK HENNAGIR	JR	PERHAM	(42)	18:49.1	1:49.2	6:03.0	3:45.8
48 CONNOR ZIRBES	FR	ALEXANDRIA	43	18:51.6	1:51.7	6:03.8	3:46.3
49 NICHOLAS HAMANN	JR	ALEXANDRIA	44	18:54.7	1:54.8	6:04.8	3:46.9
50 THOMAS RUNKLE	JR	SARTELL	45	18:55.8	1:55.9	6:05.2	3:47.2
51 VINCENT KARASCH	SO	ST. PAUL HIGHLA	46	18:57.9	1:58.0	6:05.9	3:47.6
52 KOEN LOGE	SO	ST. PAUL HIGHLA	(47)	18:59.3	1:59.4	6:06.3	3:47.8
53 IAN SALZER	SO	ROCORI	-	19:00.9	2:01.0	6:06.8	3:48.2
54 KAI EARL-TORNIAINEN	SO	ST. PAUL HIGHLA	(48)	19:01.1	2:01.2	6:06.9	3:48.2
55 AUSTIN MILLER	SR	SARTELL	49	19:01.7	2:01.8	6:07.1	3:48.3
56 WILL PERIUS	SO	SARTELL	(50)	19:02.9	2:03.0	6:07.5	3:48.6
57 RILEY FIELDS	JR	MOUNDS VIEW	-	19:03.1	2:03.2	6:07.5	3:48.6
58 JOE OISTAD	8	SARTELL	(51)	19:03.6	2:03.7	6:07.7	3:48.7
59 JAX HOHENSTEIN	FR	ROCORI	-	19:09.6	2:09.7	6:09.6	3:49.9
60 ERIC SWANSON	JR	FERGUS FALLS	52	19:10.9	2:11.0	6:10.0	3:50.2
61 TED CHRESAND	JR	MOUNDS VIEW	-	19:12.8	2:12.9	6:10.7	3:50.5
62 MICAH WALSWICK	SR	ALEXANDRIA	53	19:13.1	2:13.2	6:10.7	3:50.6
63 MASON TSCHIDA	JR	BECKER	54	19:15.3	2:15.4	6:11.4	3:51.0
64 WILLIAM WOOD	SO	WHITE BEAR LAK	55	19:15.9	2:16.0	6:11.7	3:51.2
65 SAM WALLIN	SR	MOUNDS VIEW	-	19:16.8	2:16.9	6:11.9	3:51.3
66 CALEB BERRY	SR	STILLWATER ARE	-	19:18.2	2:18.3	6:12.4	3:51.6
67 BENJAMIN EBINGER	SO	ST. PAUL HIGHLA	-	19:20.1	2:20.2	6:13.0	3:52.0

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68 CHRIS NOTCH	JR	MOUNDS VIEW	-	19:23.7	2:23.8	6:14.2	3:52.7
69 OWEN WYNIA	FR	MOUNDS VIEW	-	19:25.3	2:25.4	6:14.7	3:53.1
70 WYATT ANKRUM	SR	ROSEVILLE AREA	56	19:27.0	2:26.1	6:15.2	3:53.4
71 NOAH BLAISDELL	JR	WHITE BEAR LAK	(57)	19:28.7	2:28.8	6:15.8	3:53.7
72 CONNOR CLEMONS	JR	CHANHASSEN	58	19:29.1	2:29.2	6:15.9	3:53.8
73 CHRISTOPHER STABA	SR	ST. PAUL HIGHLA	-	19:31.0	2:30.1	6:16.5	3:54.2
74 GREYSON CROWLEY	JR	CHANHASSEN	59	19:33.7	2:33.8	6:17.4	3:54.7
75 AIDAN GUINEY	SR	ST. PAUL HIGHLA	-	19:33.8	2:33.9	6:17.4	3:54.7
76 JACK KALMES	SO	MOUNDS VIEW	-	19:33.9	2:34.0	6:17.4	3:54.8
77 SAMUEL ASPINALL	SO	ROSEVILLE AREA	60	19:34.5	2:34.6	6:17.6	3:54.9
78 CEDAR MATTSON	SO	ROSEVILLE AREA	61	19:36.0	2:35.1	6:18.1	3:55.2
79 AUGUST ROTTACH	JR	ROSEVILLE AREA	(62)	19:37.7	2:37.8	6:18.6	3:55.5
80 LANDON VOTAVA	JR	FERGUS FALLS	63	19:38.2	2:38.3	6:18.8	3:55.6
81 LIAM SCANLON	JR	ST. CLOUD CATH	64	19:38.6	2:38.7	6:19.0	3:55.7
82 JASON KLECKER	JR	ROSEVILLE AREA	(65)	19:38.7	2:38.8	6:19.0	3:55.7
83 CHARLES ST. DENNIS	JR	ST. PAUL HIGHLA	-	19:40.8	2:40.9	6:19.7	3:56.2
84 BRODEY EVENSON	SR	PERHAM	-	19:42.8	2:42.9	6:20.3	3:56.5
85 JOSHUA WALLIS	SO	CHANHASSEN	66	19:45.5	2:45.6	6:21.2	3:57.1
86 SIMON RUNYAN	FR	PERHAM	-	19:46.2	2:46.3	6:21.4	3:57.2
87 NOAH STALBOERGER	FR	ROCORI	-	19:47.1	2:47.2	6:21.7	3:57.4
88 ERIC BERGERSON	SR	ALEXANDRIA	67	19:48.6	2:48.7	6:22.2	3:57.7
89 JORGE HUETE	SR	SIOUX FALLS WA	68	19:49.4	2:49.5	6:22.4	3:57.9
90 MARTIN LUCHSINGER	SR	STILLWATER ARE	-	19:49.5	2:49.6	6:22.4	3:57.9
91 LUKAS FAINT	JR	STILLWATER ARE	-	19:49.5	2:49.6	6:22.5	3:57.9
92 ELI O'CONNELL	FR	SARTELL	-	19:50.9	2:51.0	6:22.9	3:58.2
93 AUSTAN ADAMCZYK	JR	PERHAM	-	19:52.7	2:52.8	6:23.5	3:58.5
94 JONAH WELDER	JR	CHANHASSEN	69	19:53.7	2:53.8	6:23.8	3:58.7
95 BEN WESTREICH	FR	ST. PAUL HIGHLA	-	19:54.3	2:54.4	6:24.0	3:58.9
96 RYDER JOHNSON	SO	STILLWATER ARE	-	19:55.6	2:55.7	6:24.4	3:59.1
97 ZACHARY RICHARDS	SR	ALEXANDRIA	(70)	19:55.8	2:55.9	6:24.5	3:59.1
98 ALEX CARLSON	SR	WHITE BEAR LAK	(71)	19:56.8	2:56.9	6:24.8	3:59.3
99 SEBASTIAN CUMMINS	JR	ST. PAUL HIGHLA	-	19:57.6	2:57.7	6:25.1	3:59.5
100 SAM LAFOND	JR	PERHAM	-	19:59.2	2:59.3	6:25.6	3:59.8
101 CARTER SHIPPEE	JR	PERHAM	-	19:59.3	2:59.4	6:25.6	3:59.9
102 ETHAN STRANDE	SO	FERGUS FALLS	72	19:59.4	2:59.5	6:25.6	3:59.9
103 ANDREW HEITZMAN	FR	ALBANY	-	19:59.7	2:59.8	6:25.7	3:59.9
104 JADEN KWAPINSKI	SO	FERGUS FALLS	73	20:00.6	3:00.7	6:26.0	4:00.1
105 NOAH BRASEL	JR	PERHAM	-	20:01.1	3:01.2	6:26.2	4:00.2
106 KYLE MCBRIDE	JR	STILLWATER ARE	-	20:02.3	3:02.4	6:26.6	4:00.4
107 OWEN WEBER	JR	ST. THOMAS ACA	74	20:03.2	3:03.3	6:26.9	4:00.6
108 JAMES SPRAFKA	JR	WHITE BEAR LAK	-	20:05.8	3:05.9	6:27.7	4:01.1
109 WENDELL ALBRECHT	SO	ROSEVILLE AREA	-	20:07.8	3:07.9	6:28.3	4:01.5
110 HENRY VO	JR	ROSEVILLE AREA	-	20:08.8	3:08.9	6:28.7	4:01.7
111 CALEB LEFEBER	SO	SARTELL	-	20:12.4	3:12.5	6:29.8	4:02.5
112 GABE KLEIBER	JR	ST. PAUL HIGHLA	-	20:12.5	3:12.6	6:29.8	4:02.5
113 JACKSON DUTCHER	JR	ALEXANDRIA	(75)	20:13.1	3:13.2	6:30.0	4:02.6

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114 EDWARD HINRICHS	SO	MOUNDS VIEW	-	20:14.1	3:14.2	6:30.4	4:02.8
115 MATTHEW SMITH-MOLINA	SR	MOUNDS VIEW	-	20:15.5	3:15.6	6:30.8	4:03.1
116 ELLIOT HARYN	SO	MOUNDS VIEW	-	20:15.5	3:15.6	6:30.8	4:03.1
117 JACK SOUVIGNIER	JR	ROSEVILLE AREA	-	20:17.6	3:17.7	6:31.5	4:03.5
118 JAYDEN ANDERSON	JR	WHITE BEAR LAK	-	20:17.7	3:17.8	6:31.5	4:03.5
119 GABRIEL KROLL	JR	STAPLES-MOTLEY	-	20:18.3	3:18.4	6:31.7	4:03.6
120 DUNCAN ADAMS	JR	ST. PAUL HIGHLA	-	20:19.3	3:19.4	6:32.1	4:03.9
121 PHILIP SCHAEFER	SR	STILLWATER ARE	-	20:20.4	3:20.5	6:32.4	4:04.1
122 BRAYDEN HAUGEN	FR	FERGUS FALLS	(76)	20:21.5	3:21.6	6:32.7	4:04.3
123 THOMAS DUTCHER	SO	ALEXANDRIA	-	20:21.9	3:22.0	6:32.9	4:04.4
124 JONATHAN DRURY	SR	BECKER	77	20:23.5	3:23.6	6:33.4	4:04.7
125 JOSEPH GORSUCH	SO	CHANHASSEN	78	20:24.2	3:24.3	6:33.6	4:04.8
126 WILLIAM MARTIN	SO	ST. PAUL HIGHLA	-	20:25.0	3:24.1	6:33.9	4:05.0
127 WESTON DENNE	SO	BECKER	79	20:25.2	3:25.3	6:33.9	4:05.0
128 JAHCOREY LUTER	SO	SARTELL	-	20:28.3	3:28.4	6:34.9	4:05.7
129 LANDON DAY		ALEXANDRIA	-	20:28.9	3:29.0	6:35.1	4:05.8
130 PAUL WOLD	SO	MOUNDS VIEW	-	20:30.3	3:30.4	6:35.6	4:06.0
131 DONOVIN WOLFGRAM	SO	WHITE BEAR LAK	-	20:30.5	3:30.6	6:35.7	4:06.1
132 TYLER WUJCIK	SR	CHANHASSEN	(80)	20:30.6	3:30.7	6:35.7	4:06.1
133 KOLE PEDERSON	JR	ALEXANDRIA	-	20:32.1	3:32.2	6:36.2	4:06.4
134 ELIJAH KJOLHAUG	JR	ALEXANDRIA	-	20:32.2	3:32.3	6:36.2	4:06.4
135 LASTON DAHL	SO	PERHAM	-	20:32.4	3:32.5	6:36.3	4:06.5
136 ERIK GROMMES	SO	MOUNDS VIEW	-	20:33.5	3:33.6	6:36.6	4:06.7
137 ALEX LEACH	8	STAPLES-MOTLEY	-	20:34.6	3:34.7	6:37.0	4:06.9
138 EMERY KLEIN	JR	MOUNDS VIEW	-	20:36.1	3:36.2	6:37.4	4:07.2
139 GLEN SOMMERS	JR	PERHAM	-	20:36.3	3:36.4	6:37.5	4:07.2
140 JAYSON BELLAND	JR	DETROIT LAKES	81	20:36.4	3:36.5	6:37.5	4:07.3
141 GRAHAM TEBBE	SR	MOUNDS VIEW	-	20:37.1	3:37.2	6:37.8	4:07.4
142 JAMES CLARK	SO	ST. THOMAS ACA	82	20:37.2	3:37.3	6:37.8	4:07.4
143 ISAAC BERGSTROM	SR	ST. PAUL HIGHLA	-	20:38.3	3:38.4	6:38.1	4:07.6
144 ELI RUNYAN	SO	PERHAM	-	20:40.0	3:39.1	6:38.7	4:08.0
145 JACOB FARMER	JR	SIOUX FALLS WA	83	20:40.1	3:40.2	6:38.7	4:08.0
146 LIAM MELING	FR	SARTELL	-	20:42.7	3:42.8	6:39.6	4:08.5
147 FRANCIS VOLKMANN	SO	WHITE BEAR LAK	-	20:42.7	3:42.8	6:39.6	4:08.5
148 BENTLEY CARLSON	FR	CHASKA	84	20:43.4	3:43.5	6:39.8	4:08.7
149 ADAM SPODEN	FR	SARTELL	-	20:44.8	3:44.9	6:40.2	4:09.0
150 LEWIS HAMILTON	SO	STILLWATER ARE	-	20:45.7	3:45.8	6:40.5	4:09.1
151 JACOB TOMCZIK	SO	ST. CLOUD CATH	85	20:46.6	3:46.7	6:40.8	4:09.3
152 RAPHAEL KUSTRITZ	JR	STILLWATER ARE	-	20:47.0	3:46.1	6:41.0	4:09.4
153 STELLAN FREEMAN	SO	MOUNDS VIEW	-	20:50.1	3:50.2	6:41.9	4:10.0
154 FRANTISEK KRIZ	SO	ST. PAUL HIGHLA	-	20:51.5	3:51.6	6:42.4	4:10.3
155 MARK RABAEY	SR	MARSHALL	86	20:51.8	3:51.9	6:42.5	4:10.3
156 MICAH BALDERSTON	SO	PERHAM	-	20:54.3	3:54.4	6:43.3	4:10.9
157 BRADEN BUCHER	SR	FERGUS FALLS	(87)	20:55.1	3:55.2	6:43.6	4:11.0
158 NATHANIEL DE SAM LAZA	SO	ST. PAUL HIGHLA	-	20:57.1	3:57.2	6:44.2	4:11.4
159 OLIVER SCHENK	SO	CHASKA	88	20:57.2	3:57.3	6:44.2	4:11.4

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Alexandria, MN

Arrowwood Resort & Conference Center

Saturday, October 5, 2024

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**Race #6
Boys JV 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
160 LUKE BOT	FR	CHASKA	89	21:08.4	4:08.5	6:47.8	4:13.7
161 PARKER FUCHS	SO	CHANHASSEN	(90)	21:09.0	4:08.1	6:48.0	4:13.8
162 LACHLAN REINERS	JR	SARTELL	-	21:13.5	4:13.6	6:49.5	4:14.7
163 BRADY WALTON	JR	CHASKA	91	21:13.7	4:13.8	6:49.5	4:14.7
164 KAEI BUSKIRK	FR	PERHAM	-	21:14.4	4:14.5	6:49.8	4:14.9
165 PABLO OSSA LETELIER	JR	WILLMAR	92	21:15.9	4:16.0	6:50.2	4:15.2
166 ROWAN SOPER	FR	SIOUX FALLS WA	93	21:17.3	4:17.4	6:50.7	4:15.4
167 LARS DAHL	JR	ALEXANDRIA	-	21:17.3	4:17.4	6:50.7	4:15.5
168 BEN THOMPSON	SR	SARTELL	-	21:19.5	4:19.6	6:51.4	4:15.9
169 WILLIAM CLARK	7	ST. THOMAS ACA	94	21:21.6	4:21.7	6:52.1	4:16.3
170 JAMES VELDE	JR	ROSEVILLE AREA	-	21:22.1	4:22.2	6:52.2	4:16.4
171 DYLAN STREETS	JR	ST. PAUL HIGHLA	-	21:22.9	4:23.0	6:52.5	4:16.6
172 KENNETH SCHUMANN	SO	ST. PAUL HIGHLA	-	21:24.9	4:25.0	6:53.1	4:17.0
173 MICHAEL BENISH	JR	ST. THOMAS ACA	95	21:25.0	4:24.1	6:53.2	4:17.0
174 COOPER PANY	FR	BECKER	96	21:26.8	4:26.9	6:53.7	4:17.3
175 KEATON VOTAVA	FR	FERGUS FALLS	-	21:26.8	4:26.9	6:53.7	4:17.3
176 KAYDEN MULLINS	SO	ST. CLOUD CATH	97	21:27.4	4:27.5	6:53.9	4:17.5
177 ETHAN ECKHOFF	SO	WILLMAR	98	21:27.6	4:27.7	6:54.0	4:17.5
178 CONNOR GANNON	FR	ALBANY	-	21:29.2	4:29.3	6:54.5	4:17.8
179 TOBY WAMBEKE	SO	MARSHALL	99	21:29.6	4:29.7	6:54.6	4:17.9
180 LUKE HERKER	SO	ST. CLOUD CATH	(100)	21:29.9	4:30.0	6:54.7	4:18.0
181 COLE CHRISTMAN	FR	ALBANY	-	21:34.0	4:33.1	6:56.1	4:18.8
182 SIGFRIED HENRICH	SO	ALEXANDRIA	-	21:34.7	4:34.8	6:56.3	4:18.9
183 ANDON SCHOENBERGER	JR	CHANHASSEN	-	21:35.9	4:36.0	6:56.7	4:19.2
184 LUCAS KLIMEK	FR	ALEXANDRIA	-	21:37.5	4:37.6	6:57.2	4:19.5
185 TEAGUE SHAW	SO	MOUNDS VIEW	-	21:40.5	4:40.6	6:58.2	4:20.1
186 REECE HANSEN	JR	FERGUS FALLS	-	21:43.8	4:43.9	6:59.2	4:20.8
187 TROY BUE	JR	ROSEVILLE AREA	-	21:46.2	4:46.3	7:00.0	4:21.2
188 CHRISTIAN TRUNNELL	FR	ALEXANDRIA	-	21:51.8	4:51.9	7:01.8	4:22.3
189 ISAAC JOHANSSON	SO	CHASKA	101	21:56.1	4:56.2	7:03.2	4:23.2
190 SOREN LEE	FR	FERGUS FALLS	-	22:00.6	5:00.7	7:04.6	4:24.1
191 LUKE RICKBEIL	SO	SARTELL	-	22:02.2	5:02.3	7:05.1	4:24.4
192 MURPHY EWASIUK	FR	CHANHASSEN	-	22:04.8	5:04.9	7:06.0	4:24.9
193 HENRI KUKKONEN	SR	ST. PAUL HIGHLA	-	22:05.2	5:05.3	7:06.1	4:25.0
194 AIDEN HEINEN	JR	SARTELL	-	22:05.7	5:05.8	7:06.3	4:25.1
195 TRYGVIE RONNEVIK	SO	FERGUS FALLS	-	22:07.5	5:07.6	7:06.8	4:25.5
196 HOWARD BRYANT	JR	STILLWATER ARE	-	22:10.8	5:10.9	7:07.9	4:26.2
197 JOHN STEVENS	JR	CHASKA	(102)	22:12.2	5:12.3	7:08.3	4:26.4
198 BRIGGS HOCHHALTER	FR	ALEXANDRIA	-	22:15.2	5:15.3	7:09.3	4:27.0
199 MOMODOU SAINÉ	JR	SARTELL	-	22:17.8	5:17.9	7:10.1	4:27.5
200 LEONARD SCHIEBER	JR	MOUNDS VIEW	-	22:19.0	5:18.1	7:10.5	4:27.8
201 CALLUM HUBERTY	SO	SARTELL	-	22:20.2	5:20.3	7:10.9	4:28.0
202 LEIGHTON GJERDE	FR	ST. THOMAS ACA	103	22:24.5	5:24.6	7:12.3	4:28.9
203 CHARLES SANDHEI	SO	ROSEVILLE AREA	-	22:25.2	5:25.3	7:12.5	4:29.0
204 REID AUSTIN	SR	MOUNDS VIEW	-	22:26.7	5:26.8	7:13.0	4:29.3
205 CONNOR ZABINSKI	SO	ROCORI	-	22:27.6	5:27.7	7:13.3	4:29.5

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Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
206 THEO REEMTSMA	SO	ST. PAUL HIGHLA	-	22:28.0	5:27.1	7:13.4	4:29.6
207 STEVEN CRUZE	SR	WILLMAR	104	22:28.8	5:28.9	7:13.7	4:29.8
208 EVERETT JOHNSON	SO	ST. PAUL HIGHLA	-	22:32.2	5:32.3	7:14.8	4:30.4
209 BREIXO MONTENEGRO VA	JR	DETROIT LAKES	105	22:39.9	5:40.0	7:17.2	4:32.0
210 MAXWELL HABERMAIER	8	CHANHASSEN	-	22:42.6	5:42.7	7:18.1	4:32.5
211 ALEX CARRINGTON	JR	MOUNDS VIEW	-	22:45.4	5:45.5	7:19.0	4:33.1
212 JOSIAH LEMONS	JR	CHASKA	(106)	22:51.3	5:51.4	7:20.9	4:34.3
213 CARSON SCHUSTER	SO	BECKER	107	22:52.2	5:52.3	7:21.2	4:34.4
214 MOXEN ERICKSON	FR	DETROIT LAKES	108	22:52.7	5:52.8	7:21.4	4:34.5
215 JOSEPH NHKUM	SO	ST. PAUL HIGHLA	-	22:54.1	5:54.2	7:21.8	4:34.8
216 NOAH JOHNSON	SO	DETROIT LAKES	109	22:54.6	5:54.7	7:22.0	4:34.9
217 CHRISTOPHER CRUTCHFI	SR	ST. PAUL HIGHLA	-	23:03.1	6:03.2	7:24.7	4:36.6
218 JOSEPH CULLIGAN	SR	ST. THOMAS ACA	(110)	23:04.3	6:04.4	7:25.1	4:36.8
219 ZACH SWEET	SO	CHASKA	-	23:05.2	6:05.3	7:25.4	4:37.0
220 KHAI MULHERON	SR	MOUNDS VIEW	-	23:13.7	6:13.8	7:28.1	4:38.7
221 CORBIN KASSULKER	FR	FERGUS FALLS	-	23:14.9	6:15.0	7:28.5	4:39.0
222 COHAN MANNIE	JR	FERGUS FALLS	-	23:30.1	6:30.2	7:33.4	4:42.0
223 ANDERS TROSVIG	FR	FERGUS FALLS	-	23:30.8	6:30.9	7:33.6	4:42.2
224 ADAM PETERSON	FR	ST. PAUL HIGHLA	-	23:41.8	6:41.9	7:37.1	4:44.3
225 AIDAN HAPPEL	SR	MOUNDS VIEW	-	23:43.7	6:43.8	7:37.8	4:44.7
226 TANNER SCHMITT	FR	BECKER	(111)	23:45.1	6:45.2	7:38.2	4:45.0
227 ALEX RINKE	FR	FERGUS FALLS	-	23:46.5	6:46.6	7:38.7	4:45.3
228 COLE BRINKER	JR	SARTELL	-	23:49.9	6:50.0	7:39.7	4:46.0
229 LUCAS WEBER	FR	ST. THOMAS ACA	(112)	23:50.8	6:50.9	7:40.0	4:46.1
230 DEVYN FLATEGRAFF	SR	SARTELL	-	23:51.5	6:51.6	7:40.3	4:46.3
231 TYLER LONGFIELD	FR	DETROIT LAKES	113	23:55.0	6:54.1	7:41.4	4:47.0
232 KYLE VOS	FR	SARTELL	-	23:55.5	6:55.6	7:41.6	4:47.1
233 XAVIER RABAEY	SO	MARSHALL	114	23:57.6	6:57.7	7:42.2	4:47.5
234 JACK O'LEARY	SR	ST. PAUL HIGHLA	-	23:58.6	6:58.7	7:42.6	4:47.7
235 AIDEN JACOBS	JR	BECKER	(115)	23:58.8	6:58.9	7:42.6	4:47.8
236 MILES GRAY	FR	CHANHASSEN	-	23:59.3	6:59.4	7:42.8	4:47.8
237 DAVID LANOUE	SO	MARSHALL	(116)	23:59.9	7:00.0	7:43.0	4:48.0
238 MARVIN HERNANDEZ	JR	WILLMAR	117	24:09.1	7:09.2	7:45.9	4:49.8
239 COLE BORGERDING	SO	ALBANY	-	24:12.9	7:13.0	7:47.1	4:50.6
240 MICHAEL HARDING	JR	WHITE BEAR LAK	-	24:16.0	7:15.1	7:48.2	4:51.2
241 OWEN BERGSON	FR	ST. THOMAS ACA	-	24:16.4	7:16.5	7:48.3	4:51.3
242 ALEXANDER TERRELL	SO	ROSEVILLE AREA	-	24:17.0	7:16.1	7:48.5	4:51.4
243 TRENTON HOUSE	SR	ROSEVILLE AREA	-	24:18.2	7:18.3	7:48.9	4:51.6
244 ISREAL RITTER	SR	STAPLES-MOTLEY	-	24:22.1	7:22.2	7:50.1	4:52.4
245 AEDAN FLENNIKEN	SO	ST. THOMAS ACA	-	24:29.3	7:29.4	7:52.4	4:53.8
246 PHILIPP LAUTER	JR	ST. PAUL HIGHLA	-	24:32.7	7:32.8	7:53.5	4:54.5
247 MICHAEL HOMMERDING	SR	SARTELL	-	24:45.1	7:45.2	7:57.5	4:57.0
248 BEN VANG	SO	WHITE BEAR LAK	-	24:47.3	7:47.4	7:58.2	4:57.4
249 EZRA CALAHAN	JR	ST. PAUL HIGHLA	-	24:53.3	7:53.4	8:00.2	4:58.7
250 OLIVER GEFFRE	SO	ROSEVILLE AREA	-	24:56.1	7:56.2	8:01.1	4:59.2
251 ALEX BURNS	FR	SARTELL	-	24:58.5	7:58.6	8:01.8	4:59.7

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Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
252 ROME KARSNIA	SR	FERGUS FALLS	-	24:59.0	7:58.1	8:02.0	4:59.8
253 WILLIAM BENISH	FR	ST. THOMAS ACA	-	25:08.6	8:08.7	8:05.1	5:01.7
254 BLAKE HENGEL	JR	SARTELL	-	25:22.3	8:22.4	8:09.5	5:04.5
255 CAL PRIMUS	SO	ST. CLOUD CATH	(118)	25:26.2	8:26.3	8:10.7	5:05.2
256 JACKSON ODDEN	8	STAPLES-MOTLEY	-	25:59.9	9:00.0	8:21.6	5:12.0
257 MAX ROEN	FR	ST. THOMAS ACA	-	26:02.7	9:02.8	8:22.4	5:12.5
258 YAZAAN ANJUM	SR	SARTELL	-	26:05.4	9:05.5	8:23.3	5:13.1
259 KELLEN DECOCK	JR	PERHAM	-	26:28.4	9:28.5	8:30.7	5:17.7
260 WILLIAM MOELLER	SO	ROSEVILLE AREA	-	26:36.2	9:36.3	8:33.2	5:19.2
261 JUDAH VAN HORNE	FR	WILLMAR	119	27:51.5	10:51.6	8:57.4	5:34.3
262 NICHOLAS KAPOOR	FR	SARTELL	-	27:51.6	10:51.7	8:57.5	5:34.3
263 FINLEY JOHNSON	JR	FERGUS FALLS	-	28:38.4	11:38.5	9:12.5	5:43.7
264 KEAGEN DYSON	SO	STILLWATER ARE	-	29:20.0	12:19.1	9:25.9	5:52.0
265 CHRISTOPHER BAILEY	JR	ROSEVILLE AREA	-	29:20.7	12:20.8	9:26.1	5:52.1
266 MASON CORNER	SO	BECKER	-	30:33.9	13:34.0	9:49.7	6:06.8