

51ST ANNUAL LIONS XC INVITATIONAL MEET OF CHAMPIONS

Alexandria, MN

Arrowwood Resort & Conference Center

Saturday, October 5, 2024

**OFFICIAL MEET REPORT**

printed: 10/5/2024 1:05 PM

**Race #7
Girls Varsity 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 ST. PAUL HIGHLAND PAR	80	4-5-16-27-28(34)(39)	1:36:43	19:21	1:37.1
2 MOUNDS VIEW	101	1-19-21-25-35(78)(87)	1:37:48	19:34	2:25.5
3 PERHAM	143	9-29-32-33-40(53)(88)	1:39:58	20:00	1:19.1
4 ALEXANDRIA	144	14-23-24-38-45(46)(64)	1:40:17	20:04	0:53.1
5 NORTHFIELD	179	11-18-42-52-56(80)(81)	1:41:21	20:17	1:21.1
6 ST. CLOUD CATHEDRAL	197	15-22-31-58-71(86)(102)	1:42:00	20:24	1:44.0
7 ROSEVILLE AREA	206	17-26-30-65-68(76)(79)	1:42:11	20:27	1:29.3
8 WHITE BEAR LAKE AREA	207	8-36-47-54-62(82)(93)	1:41:43	20:21	2:04.7
9 CHASKA	212	7-13-37-63-92(96)(119)	1:41:47	20:22	2:55.6
10 WILLMAR	216	6-10-51-72-77(85)	1:41:45	20:21	2:40.3
11 MARSHALL	260	12-43-55-67-83(94)(122)	1:43:38	20:44	1:59.7
12 STILLWATER AREA	303	20-49-59-69-106(113)(114)	1:45:22	21:05	2:50.7
13 FERGUS FALLS	310	3-44-61-97-105(125)(128)	1:44:39	20:56	4:16.9
14 BECKER	351	48-57-73-84-89(99)(116)	1:46:18	21:16	1:14.6
15 MONTICELLO	422	2-75-98-120-127(129)	1:48:34	21:43	5:58.0
16 ALBANY	447	60-74-101-104-108(110)	1:50:06	22:02	1:43.6
17 SIOUX FALLS WASHINGT	450	41-91-100-107-111(124)	1:49:58	22:00	2:22.5
18 STAPLES-MOTLEY	473	70-90-95-103-115(121)(134)	1:50:51	22:11	1:36.4
19 SARTELL	536	66-109-112-123-126(130)(132)	1:53:43	22:45	2:31.9
20 DETROIT LAKES	549	50-117-118-131-133	1:58:20	23:40	5:11.4

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 LINNEA OUSDIGIAN	SO	MOUNDS VIEW	1	17:49.4	---	5:43.8	3:33.9
2 ISABEL MAHONEY	JR	MONTICELLO	2	17:51.8	2.4	5:44.6	3:34.3
3 CASSIE WELLMAN	SO	FERGUS FALLS	3	18:20.8	31.4	5:54.0	3:40.2
4 CLAIRE VUKOVICS	SR	ST. PAUL HIGHLA	4	18:28.1	38.7	5:56.3	3:41.6
5 GRACE LEWIS-MOSHER	SR	ST. PAUL HIGHLA	5	18:29.6	40.2	5:56.8	3:41.9
6 LAUREN EILERS	SR	WILLMAR	6	18:46.0	55.6	6:02.1	3:45.2
7 NOELLA ROSS	JR	CHASKA	7	18:58.0	1:07.6	6:05.9	3:47.6
8 LOGAN BAILEY	FR	WHITE BEAR LAK	8	18:59.3	1:09.9	6:06.3	3:47.9
9 AVALEE BROWN	JR	PERHAM	9	19:03.2	1:13.8	6:07.6	3:48.6
10 ERIN EILERS	SR	WILLMAR	10	19:25.1	1:35.7	6:14.6	3:53.0
11 ANNA FORBORD	SR	NORTHFIELD	11	19:31.1	1:41.7	6:16.6	3:54.2
12 KATELYN LEIBFRIED	SO	MARSHALL	12	19:34.4	1:45.0	6:17.6	3:54.9
13 SIDNEY FUHR	SR	CHASKA	13	19:36.1	1:46.7	6:18.1	3:55.2
14 BOBBI NICHOLS	SR	ALEXANDRIA	14	19:36.4	1:47.0	6:18.2	3:55.3
15 KATELYN WALDOCH	SO	ST. CLOUD CATH	15	19:36.7	1:47.3	6:18.4	3:55.3
16 ELLIE MOORE	SR	ST. PAUL HIGHLA	16	19:36.8	1:47.4	6:18.4	3:55.3
17 SAMANTHA MERMELSTEIN	SR	ROSEVILLE AREA	17	19:41.9	1:52.5	6:20.0	3:56.4
18 ADDISON ENFIELD	SR	NORTHFIELD	18	19:46.1	1:56.7	6:21.4	3:57.2
19 MAYA FRANCISCO	SR	MOUNDS VIEW	19	19:47.2	1:57.8	6:21.7	3:57.4

51ST ANNUAL LIONS XC INVITATIONAL MEET OF CHAMPIONS

Alexandria, MN

Arrowwood Resort & Conference Center

Saturday, October 5, 2024

**OFFICIAL MEET REPORT**

printed: 10/5/2024 1:05 PM

**Race #7
Girls Varsity 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM	
20	GRETA SHOCKEY	JR	STILLWATER ARE	20	19:48.9	1:59.5	6:22.3	3:57.8
21	ABIGAIL URRIOLOA	SO	MOUNDS VIEW	21	19:55.5	2:06.1	6:24.4	3:59.1
22	KAYLEE PROM	7	ST. CLOUD CATH	22	19:56.1	2:06.7	6:24.6	3:59.2
23	CITORI HALBE	JR	ALEXANDRIA	23	19:57.1	2:07.7	6:24.9	3:59.4
24	QUINN HILLS	JR	ALEXANDRIA	24	19:58.3	2:08.9	6:25.3	3:59.6
25	ADELA PETERSON	JR	MOUNDS VIEW	25	20:00.3	2:10.9	6:25.9	4:00.0
26	BRIONY JUBERT	8	ROSEVILLE AREA	26	20:01.3	2:11.9	6:26.3	4:00.2
27	ZOE MOORE	SO	ST. PAUL HIGHLA	27	20:03.5	2:14.1	6:27.0	4:00.7
28	SAMANTHA PALM	SR	ST. PAUL HIGHLA	28	20:05.1	2:15.7	6:27.5	4:01.0
29	TESSA STARZL	SO	PERHAM	29	20:07.2	2:17.8	6:28.1	4:01.4
30	LILLIAN FREEMAN	FR	ROSEVILLE AREA	30	20:10.0	2:19.6	6:29.1	4:02.0
31	ENYA SCANLON	FR	ST. CLOUD CATH	31	20:11.1	2:21.7	6:29.4	4:02.2
32	CAIDYN BREID	JR	PERHAM	32	20:11.7	2:22.3	6:29.6	4:02.3
33	CORA GRISMER	SR	PERHAM	33	20:13.2	2:23.8	6:30.1	4:02.6
34	IZZY KRAEMER	JR	ROCORI	-	20:13.9	2:24.5	6:30.3	4:02.8
35	INGRID HAALAND	JR	ST. PAUL HIGHLA	(34)	20:14.6	2:25.2	6:30.5	4:02.9
36	CORA GENTRY	FR	MOUNDS VIEW	35	20:14.9	2:25.5	6:30.6	4:03.0
37	AMELIA NACHTSHEIM	SR	WHITE BEAR LAK	36	20:15.0	2:24.6	6:30.6	4:03.0
38	MARIA KNOTT	FR	CHASKA	37	20:15.2	2:25.8	6:30.7	4:03.0
39	ANNA KORYNTA	SO	ALEXANDRIA	38	20:16.1	2:26.7	6:31.0	4:03.2
40	ALICE RAPACZ	SO	ST. PAUL HIGHLA	(39)	20:18.0	2:27.6	6:31.6	4:03.6
41	CHAYLA SWEERE	JR	PERHAM	40	20:22.3	2:32.9	6:33.0	4:04.5
42	MARISSA BOUWMAN	SO	SIOUX FALLS WA	41	20:22.5	2:33.1	6:33.1	4:04.5
43	CLAIRE FORBORD	SO	NORTHFIELD	42	20:23.5	2:34.1	6:33.4	4:04.7
44	OAKLEY SCHNEEKLOTH	FR	MARSHALL	43	20:28.4	2:39.0	6:35.0	4:05.7
45	CARSYN LILL	8	FERGUS FALLS	44	20:28.9	2:39.5	6:35.1	4:05.8
46	MILA WARZECHA	FR	ALEXANDRIA	45	20:29.4	2:40.0	6:35.3	4:05.9
47	KASEY SODERHOLM	SR	ALEXANDRIA	(46)	20:29.6	2:40.2	6:35.3	4:05.9
48	ISLA BLOOMQUIST	7	WHITE BEAR LAK	47	20:34.7	2:45.3	6:37.0	4:06.9
49	ALYSE DENNE	7	BECKER	48	20:35.5	2:46.1	6:37.2	4:07.1
50	AMELIA BONESTROO	FR	STILLWATER ARE	49	20:37.7	2:48.3	6:38.0	4:07.5
51	GRACE REITER	8	ROCORI	-	20:39.9	2:50.5	6:38.7	4:08.0
52	HANNAH BARBERG	JR	DETROIT LAKES	50	20:45.6	2:56.2	6:40.5	4:09.1
53	ALLISON MAGES	SO	WILLMAR	51	20:46.2	2:56.8	6:40.7	4:09.2
54	PEYTON QUAAS	SO	NORTHFIELD	52	20:48.0	2:57.6	6:41.3	4:09.6
55	JULIANNA SCRAPER	8	PERHAM	(53)	20:49.3	2:59.9	6:41.7	4:09.8
56	CLARA KOLSTAD	SO	WHITE BEAR LAK	54	20:50.1	3:00.7	6:41.9	4:10.0
57	LANDREY GRAVEN	FR	MARSHALL	55	20:52.1	3:02.7	6:42.6	4:10.4
58	IVY BRANDENBURG	JR	NORTHFIELD	56	20:52.2	3:02.8	6:42.6	4:10.4
59	KATELYN BROWER	JR	BECKER	57	20:54.4	3:05.0	6:43.3	4:10.9
60	CECILIA JAMISON	FR	ST. CLOUD CATH	58	20:54.9	3:05.5	6:43.5	4:11.0
61	EMMA HAMOND	FR	STILLWATER ARE	59	20:55.2	3:05.8	6:43.6	4:11.0
62	TRINITY HADLER	SO	ALBANY	60	20:57.5	3:08.1	6:44.3	4:11.5
63	SAVANNAH LEE	JR	FERGUS FALLS	61	21:00.3	3:10.9	6:45.2	4:12.1
64	ERIKA MILHOFER	SO	WHITE BEAR LAK	62	21:03.9	3:14.5	6:46.4	4:12.8
65	REBECCA ROSS	FR	CHASKA	63	21:04.3	3:14.9	6:46.5	4:12.9

51ST ANNUAL LIONS XC INVITATIONAL MEET OF CHAMPIONS

Alexandria, MN

Arrowwood Resort & Conference Center

Saturday, October 5, 2024

**OFFICIAL MEET REPORT**

printed: 10/5/2024 1:05 PM

**Race #7
Girls Varsity 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
66 JOHANNA KJOLHAUG	FR	ALEXANDRIA	(64)	21:05.8	3:16.4	6:47.0	4:13.2
67 FREYA OLSON	8	ROSEVILLE AREA	65	21:06.4	3:17.0	6:47.2	4:13.3
68 AVA JEMMING	FR	SARTELL	66	21:06.9	3:17.5	6:47.4	4:13.4
69 KAITLYN SOUPIR	SO	MARSHALL	67	21:08.9	3:19.5	6:48.0	4:13.8
70 LONDON THIELE	SO	CHANHASSEN	-	21:10.2	3:20.8	6:48.4	4:14.0
71 ELINOR ROGERS	SO	ROSEVILLE AREA	68	21:11.2	3:21.8	6:48.7	4:14.2
72 CASEY JOHNSTON	SR	STILLWATER ARE	69	21:20.2	3:30.8	6:51.6	4:16.0
73 ALEEA HOLST	8	STAPLES-MOTLEY	70	21:20.6	3:31.2	6:51.8	4:16.1
74 LILLY JAMISON	JR	ST. CLOUD CATH	71	21:20.7	3:31.3	6:51.8	4:16.1
75 CLAIRE MATTSO	SR	WILLMAR	72	21:21.3	3:31.9	6:52.0	4:16.3
76 LORELEI SWANSON	FR	BECKER	73	21:21.9	3:32.5	6:52.2	4:16.4
77 ELLA LIPINSKI	7	ALBANY	74	21:22.2	3:32.8	6:52.3	4:16.4
78 LAUREN RENGEL	8	MONTICELLO	75	21:22.3	3:32.9	6:52.3	4:16.4
79 CAMILLE HUNTLEY	SR	ROSEVILLE AREA	(76)	21:25.8	3:36.4	6:53.4	4:17.2
80 CHARLOTTE NAUMAN	JR	WILLMAR	77	21:26.3	3:36.9	6:53.6	4:17.3
81 WHITNEY OLSEN	FR	MOUNDS VIEW	(78)	21:26.5	3:37.1	6:53.6	4:17.3
82 FRANCESCA GEFFRE	SR	ROSEVILLE AREA	(79)	21:27.9	3:38.5	6:54.1	4:17.6
83 ALLIA DOHERTY	8	NORTHFIELD	(80)	21:28.0	3:37.6	6:54.1	4:17.6
84 KARMEN JAGIELA	7	NORTHFIELD	(81)	21:28.6	3:39.2	6:54.3	4:17.7
85 BRYNN HEINSOHN	JR	WHITE BEAR LAK	(82)	21:33.1	3:43.7	6:55.8	4:18.6
86 AYANNA FLOWERS	8	MARSHALL	83	21:34.1	3:44.7	6:56.1	4:18.8
87 LANEY HODEL	FR	BECKER	84	21:35.7	3:46.3	6:56.6	4:19.1
88 SOPHIA NEGEN	FR	WILLMAR	(85)	21:36.3	3:46.9	6:56.8	4:19.3
89 TIA WARD	8	ST. CLOUD CATH	(86)	21:37.3	3:47.9	6:57.1	4:19.5
90 MALAINA BRODIN	SR	MOUNDS VIEW	(87)	21:39.4	3:50.0	6:57.8	4:19.9
91 GRACIE MORRIS	JR	PERHAM	(88)	21:44.0	3:53.6	6:59.3	4:20.8
92 ALYSSA BROWER	FR	BECKER	89	21:50.0	3:59.6	7:01.2	4:22.0
93 NAILA MIKHAEL	SR	STAPLES-MOTLEY	90	21:52.3	4:02.9	7:02.0	4:22.5
94 SIRI KNUTSON	SO	SIOUX FALLS WA	91	21:53.4	4:04.0	7:02.3	4:22.7
95 ADONAI YIDNEKACHEW	SR	CHASKA	92	21:53.6	4:04.2	7:02.4	4:22.7
96 IRENE BAKKE	JR	WHITE BEAR LAK	(93)	22:03.7	4:14.3	7:05.6	4:24.7
97 JASMINE MURPHY	7	MARSHALL	(94)	22:07.3	4:17.9	7:06.8	4:25.5
98 SUHAILA MIKHAEL	SO	STAPLES-MOTLEY	95	22:08.6	4:19.2	7:07.2	4:25.7
99 MAKENZIE MEYER	JR	CHASKA	(96)	22:09.9	4:20.5	7:07.6	4:26.0
100 LYDIA UGERUUD	FR	FERGUS FALLS	97	22:11.3	4:21.9	7:08.0	4:26.2
101 BRAYLEN HANSEN	FR	MONTICELLO	98	22:14.8	4:25.4	7:09.2	4:26.9
102 ANNA WYNIA	8	BECKER	(99)	22:16.3	4:26.9	7:09.6	4:27.2
103 ANSLEY BUUS	SO	SIOUX FALLS WA	100	22:17.0	4:26.6	7:09.9	4:27.4
104 SCARLETT HAUGE	JR	ROCORI	-	22:22.4	4:33.0	7:11.6	4:28.5
105 LAINA KALTHOFF	SO	ALBANY	101	22:31.3	4:41.9	7:14.5	4:30.2
106 ELLA HEEN	SR	ST. CLOUD CATH	(102)	22:31.8	4:42.4	7:14.7	4:30.4
107 BELLA HINES	SO	STAPLES-MOTLEY	103	22:31.9	4:42.5	7:14.7	4:30.4
108 SYDNEY DINGMANN	SO	ALBANY	104	22:34.2	4:44.8	7:15.4	4:30.8
109 JULIA ANDERSON	JR	FERGUS FALLS	105	22:37.7	4:48.3	7:16.6	4:31.5
110 KATHRYN WIENS	SR	STILLWATER ARE	106	22:39.5	4:50.1	7:17.1	4:31.9
111 GABBY DEVRIES	SO	SIOUX FALLS WA	107	22:40.4	4:51.0	7:17.4	4:32.1

51ST ANNUAL LIONS XC INVITATIONAL MEET OF CHAMPIONS

Alexandria, MN

Arrowwood Resort & Conference Center

Saturday, October 5, 2024

**OFFICIAL MEET REPORT**

printed: 10/5/2024 1:05 PM

**Race #7
Girls Varsity 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
112 JOSIE OSTENDORF	8	ALBANY	108	22:41.0	4:50.6	7:17.6	4:32.2
113 REESE SLECHTA	FR	CHANHASSEN	-	22:42.5	4:53.1	7:18.1	4:32.5
114 ELLA STANLEY	FR	SARTELL	109	22:43.1	4:53.7	7:18.3	4:32.6
115 BRIANNA THELEN	8	ALBANY	(110)	22:43.8	4:54.4	7:18.5	4:32.8
116 BERGEN BUMANN	FR	SIOUX FALLS WA	111	22:44.9	4:55.5	7:18.9	4:33.0
117 JILLIAN WARD	8	SARTELL	112	22:51.4	5:02.0	7:21.0	4:34.3
118 CHRISTINA BLACKOWIAK	FR	CHANHASSEN	-	22:53.0	5:02.6	7:21.5	4:34.6
119 JACLYN JUREK	JR	STILLWATER ARE	(113)	22:53.2	5:03.8	7:21.5	4:34.6
120 RACHEL MALMGREN	FR	STILLWATER ARE	(114)	22:53.2	5:03.8	7:21.5	4:34.6
121 LEAH GREENWALDT	FR	STAPLES-MOTLEY	115	22:57.0	5:06.6	7:22.7	4:35.4
122 SAVANNAH CUNNINGHAM	7	BECKER	(116)	23:06.8	5:17.4	7:25.9	4:37.4
123 NATALIE MOHR	JR	DETROIT LAKES	117	23:12.0	5:21.6	7:27.6	4:38.4
124 HADYN MILLER	8	DETROIT LAKES	118	23:12.0	5:21.6	7:27.6	4:38.4
125 ADDISON WEBB	FR	CHASKA	(119)	23:12.3	5:22.9	7:27.7	4:38.5
126 HANNAH JOHNSON	SR	MONTICELLO	120	23:14.9	5:25.5	7:28.5	4:39.0
127 ELISE TRIF	7	STAPLES-MOTLEY	(121)	23:17.2	5:27.8	7:29.3	4:39.4
128 MADYSSON HASERT	SO	MARSHALL	(122)	23:18.3	5:28.9	7:29.6	4:39.6
129 REESE JANSON	8	SARTELL	123	23:22.3	5:32.9	7:30.9	4:40.4
130 EMILY STAHLBERG	SR	SIOUX FALLS WA	(124)	23:23.7	5:34.3	7:31.3	4:40.7
131 TARA MOORE	JR	ROCORI	-	23:31.5	5:42.1	7:33.8	4:42.3
132 ALI BREDENBERG	SO	FERGUS FALLS	(125)	23:33.1	5:43.7	7:34.4	4:42.6
133 PAISLEY WATSON	SR	SARTELL	126	23:38.8	5:49.4	7:36.2	4:43.7
134 OLIVIA METZGER	SO	MONTICELLO	127	23:49.7	6:00.3	7:39.7	4:45.9
135 JESSELLE SOSA	SO	WINDOM AREA	-	24:00.9	6:11.5	7:43.3	4:48.2
136 HANNAH SCHARNBERG	SR	FERGUS FALLS	(128)	24:03.4	6:14.0	7:44.1	4:48.7
137 OLIVIA SWANSON	SR	FERGUS FALLS	-	24:11.6	6:22.2	7:46.7	4:50.3
138 MACKENZIE COTTEN	JR	MONTICELLO	(129)	24:35.9	6:46.5	7:54.6	4:55.2
139 ALANA MILLER	SO	SARTELL	(130)	25:01.6	7:12.2	8:02.8	5:00.3
140 LILA KALLSTROM	SR	DETROIT LAKES	131	25:13.1	7:23.7	8:06.5	5:02.6
141 AVA LESNIAK	SO	SARTELL	(132)	25:31.0	7:40.6	8:12.3	5:06.2
142 GRETTA SMITH	FR	WINDOM AREA	-	25:46.4	7:57.0	8:17.2	5:09.3
143 ISLA PENDER	SR	DETROIT LAKES	133	25:56.9	8:07.5	8:20.6	5:11.4
144 JOCELYN FRANK	SO	WINDOM AREA	-	26:02.1	8:12.7	8:22.3	5:12.4
145 MADELYN (MADDIE) KIST	SO	STAPLES-MOTLEY	(134)	27:32.2	9:42.8	8:51.2	5:30.4