

2024 GOPHER CONFERENCE XC CHAMPIONSHIP

Janesville, MN
 Prairie Ridge Golf Course
 Host: JWP High School
 Tuesday, October 15, 2024



OFFICIAL MEET REPORT
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Race #1
Girls Varsity 5K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 WEM/JWP	39	1-8-9-10-11(14)(20)	1:56:54	3:48.8
2 BLOOMING PRAIRIE	50	2-4-5-13-26	1:58:20	7:45.5
3 RANDOLPH	62	6-7-12-15-22(23)(24)	2:02:33	4:22.6
4 UNITED SOUTH CENTRA	100	3-17-19-30-31	2:15:09	11:25.1
5 MEDFORD	107	16-18-21-25-27(28)(29)	2:13:56	4:22.4

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MAKENZIE WESTPHAL	FR	WEM/JWP	1	20:27.4	---	6:34.6	4:05.5
2 JULIEANN WOBROCK	8	NEW RICHLAND-H	-	20:34.1	6.7	6:36.8	4:06.8
3 GLORIA HERNANDEZ	SO	BLOOMING PRAIR	2	21:06.4	39.0	6:47.2	4:13.3
4 ALEXIS GUENTHER	SO	UNITED SOUTH C	3	21:21.9	54.5	6:52.2	4:16.4
5 HADLEY DOMAN	7	HAYFIELD	-	21:40.7	1:13.3	6:58.2	4:20.1
6 SOPHIA ESPLAN	SO	BLOOMING PRAIR	4	21:51.8	1:24.4	7:01.8	4:22.3
7 HALEY MCINTOSH	FR	BLOOMING PRAIR	5	22:01.3	1:33.9	7:04.8	4:24.3
8 AUTUMN FROYUM	SO	TRITON	-	22:16.1	1:48.7	7:09.6	4:27.2
9 LUCIANA WHALEY	8	RANDOLPH	6	22:34.6	2:07.2	7:15.5	4:30.9
10 ADRIANA KUNZ	7	TRITON	-	23:09.2	2:41.8	7:26.7	4:37.8
11 CARTER RAYMOND	SR	RANDOLPH	7	23:36.8	3:09.4	7:35.5	4:43.4
12 MADALYN MILLER	FR	WEM/JWP	8	24:00.6	3:33.2	7:43.2	4:48.1
13 ONIKIA HERME	SR	WEM/JWP	9	24:01.4	3:34.0	7:43.5	4:48.3
14 EMMA HUELSNITZ	SO	WEM/JWP	10	24:07.8	3:40.4	7:45.5	4:49.6
15 LYDIA COULSEY	8	WEM/JWP	11	24:16.1	3:48.7	7:48.2	4:51.2
16 FERNANDA BOCANEGRA	SR	RANDOLPH	12	24:23.7	3:56.3	7:50.6	4:52.7
17 SCARLET O'MALLEY	SO	HAYFIELD	-	24:25.4	3:58.0	7:51.2	4:53.1
18 BELLA ROMEO	FR	BLOOMING PRAIR	13	24:28.1	4:00.7	7:52.0	4:53.6
19 MADELINE HOEHN	SR	WEM/JWP	(14)	24:56.4	4:29.0	8:01.1	4:59.3
20 ERIN NYBAKKE	SR	RANDOLPH	15	25:00.7	4:33.3	8:02.5	5:00.1
21 AVERY ARNDT	SO	MEDFORD	16	25:02.1	4:34.7	8:03.0	5:00.4
22 CLARE KRUSE	SR	UNITED SOUTH C	17	25:03.1	4:35.7	8:03.3	5:00.6
23 AMELIA FITZGERALD	SO	MEDFORD	18	25:06.9	4:39.5	8:04.5	5:01.4
24 EMMA JOHNSON	SR	UNITED SOUTH C	19	25:35.3	5:07.9	8:13.7	5:07.1
25 ELLIE SCHLIE	JR	WEM/JWP	(20)	25:38.7	5:11.3	8:14.7	5:07.7
26 LYDIA HEIDERSCHIEDT	SR	MEDFORD	21	25:43.2	5:15.8	8:16.2	5:08.6
27 SIERRA MISGEN	SR	NEW RICHLAND-H	-	26:45.1	6:17.7	8:36.1	5:21.0
28 JOSEPHINE MCNAMARA	8	RANDOLPH	22	26:57.1	6:29.7	8:40.0	5:23.4
29 VIENNA ANDERSON	SR	RANDOLPH	(23)	27:24.8	6:57.4	8:48.9	5:29.0
30 AMELIA DURYEE	SO	NEW RICHLAND-H	-	27:37.2	7:09.8	8:52.9	5:31.4
31 CHLOE VOUGHT	SR	RANDOLPH	(24)	27:44.7	7:17.3	8:55.3	5:32.9
32 GABRIELLA SALAZAR-SHA	8	MEDFORD	25	28:39.2	8:11.8	9:12.8	5:43.8
33 SHELBY SCHULTZ	7	BLOOMING PRAIR	26	28:51.8	8:24.4	9:16.8	5:46.4
34 MADISON MURPHY	SO	MEDFORD	27	29:24.4	8:57.0	9:27.3	5:52.9
35 AURORA HEINTZ	FR	MEDFORD	(28)	29:33.5	9:06.1	9:30.3	5:54.7
36 CLARA THURNAU	SR	MEDFORD	(29)	29:34.6	9:07.2	9:30.6	5:54.9
37 HAILEY BJORNSTAD	SR	UNITED SOUTH C	30	30:21.5	9:54.1	9:45.7	6:04.3

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Race #1
Girls Varsity 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
38 ISABELLA GUENTHER	SO	UNITED SOUTH C	31	32:46.9	12:19.5	10:32.4	6:33.4

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Race #2
Boys Varsity 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 RANDOLPH	43	5-7-8-10-13(16)(24)	1:39:17	1:20.9
2 BLOOMING PRAIRIE	60	6-11-12-14-17(29)(37)	1:41:35	1:21.2
3 WEM/JWP	64	1-4-15-18-26(32)(34)	1:41:14	4:07.2
4 UNITED SOUTH CENTRA	86	3-9-21-22-31	1:45:17	4:34.9
5 MEDFORD	105	2-23-25-27-28(30)(36)	1:48:27	3:28.7
6 HAYFIELD	145	19-20-33-35-38	2:07:09	14:53.3

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 JACOB KARL	JR	NEW RICHLAND-H	-	17:51.6	---	5:44.6	3:34.3
2 WYATT JANS	SO	WEM/JWP	1	18:15.7	24.1	5:52.3	3:39.1
3 ELIJAH OKEEFE	FR	TRITON	-	18:34.5	42.9	5:58.4	3:42.9
4 ANGEL MATA-COLIN	SO	TRITON	-	19:01.7	1:10.1	6:07.1	3:48.3
5 JOSEPH HORA	8	MEDFORD	2	19:04.3	1:12.7	6:07.9	3:48.9
6 LAIKEN FARRIS	JR	UNITED SOUTH C	3	19:06.4	1:14.8	6:08.6	3:49.3
7 TEAGAN MULDER	8	WEM/JWP	4	19:07.1	1:15.5	6:08.8	3:49.4
8 JARED NYBAKKE	FR	RANDOLPH	5	19:11.5	1:19.9	6:10.2	3:50.3
9 WILL SUNDE	SR	BLOOMING PRAIR	6	19:22.6	1:31.0	6:13.8	3:52.5
10 MICHAEL STREIFF	FR	RANDOLPH	7	19:35.4	1:43.8	6:17.9	3:55.1
11 GRADYN TAYLOR	SO	RANDOLPH	8	19:41.1	1:49.5	6:19.8	3:56.2
12 ISAAC HARTMAN	SR	UNITED SOUTH C	9	19:57.8	2:06.2	6:25.1	3:59.5
13 JAXSON NELSEN	FR	RANDOLPH	10	20:16.3	2:24.7	6:31.1	4:03.2
14 MASON PETERSON	8	BLOOMING PRAIR	11	20:19.5	2:27.9	6:32.1	4:03.9
15 ISAAC FORT	FR	BLOOMING PRAIR	12	20:30.9	2:39.3	6:35.8	4:06.2
16 GAVIN SUMPTION	SO	RANDOLPH	13	20:32.4	2:40.8	6:36.3	4:06.5
17 DANTE WILLIAMSON	8	BLOOMING PRAIR	14	20:38.2	2:46.6	6:38.1	4:07.6
18 WESLEY HEINZ	8	WEM/JWP	15	20:39.3	2:47.7	6:38.5	4:07.9
19 CAMERON SEELIG	FR	RANDOLPH	(16)	20:42.7	2:51.1	6:39.6	4:08.5
20 SAMUEL SCHLUND	8	BLOOMING PRAIR	17	20:43.8	2:52.2	6:39.9	4:08.7
21 ALEXANDER KLEVE	SR	WEM/JWP	18	20:49.0	2:56.4	6:41.6	4:09.8
22 CHAPEL YOUNG	FR	HAYFIELD	19	20:56.8	3:05.2	6:44.1	4:11.3
23 STEVEN GILLETTE	JR	HAYFIELD	20	20:56.9	3:05.3	6:44.1	4:11.4
24 AIDEN EDWARDS	FR	UNITED SOUTH C	21	21:13.3	3:21.7	6:49.4	4:14.7
25 RILEY KROHNBERG	SO	UNITED SOUTH C	22	21:17.5	3:25.9	6:50.8	4:15.5
26 ALEX THURNAU	JR	MEDFORD	23	22:00.3	4:08.7	7:04.5	4:24.1
27 MAX KUHN	SO	RANDOLPH	(24)	22:14.8	4:23.2	7:09.2	4:27.0
28 DRAKE STURSA	SO	MEDFORD	25	22:22.3	4:30.7	7:11.6	4:28.5
29 JAXON HILLEY	SR	WEM/JWP	26	22:22.8	4:31.2	7:11.8	4:28.6
30 MASON KOLLING	FR	MEDFORD	27	22:26.6	4:35.0	7:13.0	4:29.3
31 JACOB HORA	8	MEDFORD	28	22:33.0	4:40.4	7:15.0	4:30.6
32 JUSTIN OLSON	8	BLOOMING PRAIR	(29)	23:09.2	5:17.6	7:26.7	4:37.8
33 JACKSON MELCHERT	FR	MEDFORD	(30)	23:28.1	5:36.5	7:32.7	4:41.6
34 BENJAMIN SCHWARTZ	SO	UNITED SOUTH C	31	23:41.3	5:49.7	7:37.0	4:44.2
35 MADDOX MORENO	SR	WEM/JWP	(32)	23:53.1	6:01.5	7:40.8	4:46.6
36 JOSH GILLESPIE	SR	HAYFIELD	33	23:53.2	6:01.6	7:40.8	4:46.6

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Race #2
Boys Varsity 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
37 PARKER SMITH	8	WEM/JWP	(34)	24:31.8	6:40.2	7:53.2	4:54.4
38 BRITT LYNCH-MOUCHA	FR	HAYFIELD	35	25:32.2	7:40.6	8:12.7	5:06.4
39 HENRY MILLER	FR	MEDFORD	(36)	26:06.1	8:14.5	8:23.6	5:13.2
40 COLBY JOHNSON	JR	BLOOMING PRAIR	(37)	30:06.4	12:14.8	9:40.8	6:01.3
41 SETH PACK	JR	HAYFIELD	38	35:50.1	17:58.5	11:31.3	7:10.0

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Race #3
Girls JH 2500m

Final Results

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 SAWYER EMANUEL	8	BLOOMING PRAIR	-	11:37.1	---	7:29.7	4:38.8
2 RYLEE CROMWELL	7	NEW RICHLAND-H	-	12:46.4	1:09.3	8:14.4	5:06.5
3 HAILEY HEINZ	8	WEM/JWP	-	13:23.0	1:44.9	8:38.0	5:21.2
4 VIOLETTE BOTTEN	7	NEW RICHLAND-H	-	14:47.5	3:10.4	9:32.5	5:55.0
5 ELLA STREIFF	JR	RANDOLPH	-	15:53.8	4:16.7	10:15.3	6:21.5

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Race #4
Boys JH 2500m

Final Results

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 AXEL CUEVAS-MOLINA	7	HAYFIELD	-	9:49.8	---	6:20.5	3:55.9
2 DEVLIN MCWILLIAMS	8	NEW RICHLAND-H	-	12:39.9	2:50.1	8:10.2	5:03.9
3 ANFIN DRUCKENMILLER	7	UNITED SOUTH C	-	12:42.0	2:51.2	8:11.6	5:04.8
4 ETHAN JOHNSON	8	BLOOMING PRAIR	-	13:04.0	3:13.2	8:25.7	5:13.6
5 OLIVER SANER		BLOOMING PRAIR	-	14:18.1	4:28.3	9:13.6	5:43.2
6 THEO ROUSE		BLOOMING PRAIR	-	14:18.5	4:28.7	9:13.8	5:43.4

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Race #5
Girls JV 5K

Final Results

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 KWYNN KRAUSE	JR	WEM/JWP	-	25:43.0	---	8:16.1	5:08.6
2 ABBY CROSBY	JR	WEM/JWP	-	25:59.3	17.3	8:21.4	5:11.8
3 JAELYN WILMES	JR	WEM/JWP	-	26:17.4	35.4	8:27.2	5:15.5
4 CLAIRE GIBBONS	8	MEDFORD	-	29:39.9	3:57.9	9:32.3	5:56.0
5 GRACE OHMANN	SO	RANDOLPH	-	29:51.3	4:09.3	9:36.0	5:58.2
6 PATIENCE REINARDY	7	RANDOLPH	-	30:00.9	4:18.9	9:39.1	6:00.2
7 LYDIA HUELSNITZ	SR	WEM/JWP	-	34:56.5	9:14.5	11:14.1	6:59.3

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Race #6
Boys JV 5K

Final Results

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MICKOLAS SWANSON	SR	RANDOLPH	-	24:14.0	---	7:47.5	4:50.8
2 AUSTON HOLICKY	JR	WEM/JWP	-	25:49.4	1:36.4	8:18.2	5:09.9
3 CHARLIE DENIS	8	WEM/JWP	-	26:00.8	1:47.8	8:21.8	5:12.1
4 RYAN GOODFELLOW	8	RANDOLPH	-	28:13.3	4:00.3	9:04.5	5:38.7
5 WYATT MITRICKSKA	SO	RANDOLPH	-	30:37.0	6:23.0	9:50.7	6:07.4
6 CRISTIAN OLSEN	8	RANDOLPH	-	31:56.1	7:43.1	10:16.1	6:23.2