

# 2024 ND CLASS B EAST REGIONAL XC CHAMPIONSHIP

Cooperstown , ND  
Cooperstown Golf Course  
Saturday, October 12, 2024



OFFICIAL MEET REPORT  
printed: 10/12/2024 6:43 PM

**Race #2**  
**Boys 5K**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 KINDRED	47	3-4-6-14-20(25)(33)	1:27:04	17:25	1:10.4
2 RUGBY	91	2-12-19-26-32(38)(102)	1:30:01	18:01	2:13.4
3 HILLSBORO/CENTRAL V	121	11-17-18-36-39(48)(53)	1:31:48	18:22	1:45.3
4 ELLENDALE	190	10-13-22-50-95(119)(130)	1:33:43	18:45	3:06.4
5 GRIGGS MIDKOTA	213	21-29-46-56-61(88)(127)	1:35:52	19:11	1:20.2
6 PEMBINA COUNTY NORT	231	16-28-52-67-68(82)(147)	1:35:55	19:11	2:02.4
7 BOTTINEAU	232	23-24-40-72-73(90)(122)	1:36:16	19:16	1:33.3
8 HATTON-NORTHWOOD	246	30-34-35-69-78(92)(107)	1:36:57	19:24	1:10.4
9 LANGDON AREA/EDMOR	257	9-51-54-59-84(93)(115)	1:36:22	19:17	2:45.4
10 MAY-PORT CG	274*	31-45-58-60-80(87)(120)	1:37:42	19:33	1:11.2
11 LISBON	274*	5-15-62-89-103(126)(161)	1:35:54	19:11	3:43.7
12 NORTHERN CASS	342	1-66-76-91-108(133)(146)	1:37:19	19:28	4:51.4
13 GRAFTON	387	37-49-81-109-111(135)(137)	1:40:31	20:07	1:48.8
14 MAPLE RIVER	407	8-42-71-100-186(211)	1:41:33	20:19	7:00.9
15 CENTRAL CASS	432	27-70-104-114-117(143)(148)	1:41:38	20:20	2:21.4
16 CARRINGTON	458	65-83-96-101-113(125)(163)	1:42:21	20:29	1:08.2
17 EDGELEY/KULM	551	7-77-98-157	1:20:37	20:10	
18 THOMPSON	614	64-110-118-145-177	1:47:49	21:34	3:55.3
19 LAMOURE/LITCH-MARIO	706	43-116-156-191-200	1:54:25	22:53	7:15.6
20 ENDERLIN	796	97-136-180-188-195	1:56:24	23:17	5:02.2
21 NEW ROCKFORD-SHEYE	854	55-160	42:26	21:13	
22 FOUR WINDS	861	144-159-167-179	1:31:57	23:00	
23 SURREY	904	57-208	50:11	25:06	
24 MEDINA-PINGREE-BUCH	905	141-155-184	1:08:39	22:53	
25 VELVA-DRAKE/ANAMOO	916	79-198	45:54	22:57	
26 DUNSEITH	919	129-151	43:59	22:00	
27 DAKOTA PRAIRIE	929	75	20:03	20:03	
28 RICHLAND	932	124-169	44:28	22:14	
29 SARGENT CENTRAL/LID	935	99-197	46:29	23:15	
30 ROLLA	948	94	20:35	20:35	
31 BARNES COUNTY NORT	959	105	20:53	20:53	
32 ST. JOHN	996	142	22:07	22:07	

**\*Tiebreakers**

May-Port CG	31	45	58	60	80	87
Lisbon	5	15	62	89	103	126

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**Boys 5K****Final Results****INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 OWEN JOHNSON	JR	NORTHERN CASS	1	16:02.8	---	5:09.6	3:12.6
2 BRAYDEN GREEN	SO	RUGBY	2	16:41.8	39.0	5:22.1	3:20.3
3 TYLER GRONWOLD	SO	KINDRED	3	16:55.1	52.3	5:26.4	3:23.0
4 ELIJA DECK	JR	KINDRED	4	17:03.5	1:00.7	5:29.1	3:24.7
5 LINCOLN ADAIR	SR	LISBON	5	17:06.3	1:03.5	5:30.0	3:25.2
6 CADE WESTBY	SO	KINDRED	6	17:09.3	1:06.5	5:31.0	3:25.9
7 BRAD KINZLER	SR	EDGELEY/KULM	7	17:15.0	1:11.2	5:32.8	3:27.0
8 SOLOMON BURCHILL	JR	MAPLE RIVER	8	17:17.6	1:14.8	5:33.6	3:27.5
9 BROCK FREER	SR	LANGDON AREA/E	9	17:27.3	1:24.5	5:36.7	3:29.4
10 AIDAN THURBER	JR	ELLENDALE	10	17:28.4	1:25.6	5:37.1	3:29.7
11 NIKO ZINK	JR	HILLSBORO/CENT	11	17:28.5	1:25.7	5:37.1	3:29.7
12 HOLDYN JACOBSON	SR	RUGBY	12	17:35.5	1:32.7	5:39.4	3:31.1
13 ELI WAGNER	SO	ELLENDALE	13	17:49.0	1:45.2	5:43.7	3:33.8
14 BRAYDON ROBERTS	SO	KINDRED	14	17:50.4	1:47.6	5:44.2	3:34.1
15 CARSON QUAL	SO	LISBON	15	17:50.8	1:48.0	5:44.3	3:34.1
16 NASH FITZSIMONDS	FR	PEMBINA COUNT	16	17:53.4	1:50.6	5:45.1	3:34.7
17 RYLAN BUCHHOLZ	JR	HILLSBORO/CENT	17	17:59.1	1:56.3	5:47.0	3:35.8
18 SETH SMALLBECK	JR	HILLSBORO/CENT	18	18:01.8	1:59.0	5:47.8	3:36.4
19 JENNER JOHNSON	SR	RUGBY	19	18:04.0	2:00.2	5:48.5	3:36.8
20 KADEN SAFE	FR	KINDRED	20	18:05.5	2:02.7	5:49.0	3:37.1
21 REID RESSLER	JR	GRIGGS MIDKOTA	21	18:22.8	2:20.0	5:54.6	3:40.6
22 EVAN WAGNER	SR	ELLENDALE	22	18:24.1	2:21.3	5:55.0	3:40.8
23 NIKLAS HALVORSON	JR	BOTTINEAU	23	18:26.6	2:23.8	5:55.8	3:41.3
24 MASON LAUCKNER	FR	BOTTINEAU	24	18:35.7	2:32.9	5:58.7	3:43.1
25 BECKETT WESTBY	8	KINDRED	(25)	18:41.1	2:38.3	6:00.5	3:44.2
26 MADDEX KIRCHOFNER	SR	RUGBY	26	18:44.1	2:41.3	6:01.4	3:44.8
27 LEVI KUNZE	SO	CENTRAL CASS	27	18:44.3	2:41.5	6:01.5	3:44.9
28 OWEN CROSBY	JR	PEMBINA COUNT	28	18:44.9	2:42.1	6:01.7	3:45.0
29 ZIGGIDY BERG	JR	GRIGGS MIDKOTA	29	18:46.1	2:43.3	6:02.1	3:45.2
30 CALEB DORMAN	SR	HATTON-NORTHW	30	18:53.2	2:50.4	6:04.3	3:46.6
31 WYATT PERKINS	SO	MAY-PORT CG	31	18:54.8	2:52.0	6:04.9	3:47.0
32 AUSTIN DUCHSCHER	SO	RUGBY	32	18:55.1	2:52.3	6:05.0	3:47.0
33 CARSON GETTE	JR	KINDRED	(33)	18:56.9	2:54.1	6:05.5	3:47.4
34 BO SOLSENG	SR	HATTON-NORTHW	34	18:58.8	2:56.0	6:06.2	3:47.8
35 RILEY LOVE	SO	HATTON-NORTHW	35	19:04.6	3:01.8	6:08.0	3:48.9
36 RYLAND CARLSON	FR	HILLSBORO/CENT	36	19:04.8	3:02.0	6:08.1	3:48.9
37 JONATHAN PRESTENG	FR	GRAFTON	37	19:07.2	3:04.4	6:08.9	3:49.4
38 BRAYDEN HERMAN	SO	RUGBY	(38)	19:11.5	3:08.7	6:10.2	3:50.3
39 ROSS HAMRE	FR	HILLSBORO/CENT	39	19:13.7	3:10.9	6:11.0	3:50.7
40 TREVOR BERNSTEIN	JR	BOTTINEAU	40	19:14.6	3:11.8	6:11.3	3:50.9
41 NICHOLAS DAHL	SR	KINDRED	(41)	19:14.9	3:12.1	6:11.3	3:51.0
42 BLAKE THEURER	JR	MAPLE RIVER	42	19:15.4	3:12.6	6:11.5	3:51.1
43 JOHNATHAN GREER	JR	LAMOURE/LITCH-	43	19:15.7	3:12.9	6:11.6	3:51.1
44 NOACH SWENSON	SO	KINDRED	(44)	19:18.5	3:15.7	6:12.5	3:51.7
45 ETHAN PERKINS	7	MAY-PORT CG	45	19:18.5	3:15.7	6:12.5	3:51.7
46 JACK COOMBS	SR	GRIGGS MIDKOTA	46	19:20.8	3:18.0	6:13.2	3:52.2

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<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
47 JONATHAN MORRIS	7	KINDRED	(47)	19:21.3	3:18.5	6:13.4	3:52.3
48 BEN NELSON	FR	HILLSBORO/CENT	(48)	19:22.9	3:20.1	6:13.9	3:52.6
49 DRAKE GIRE	JR	GRAFTON	49	19:23.0	3:19.2	6:13.9	3:52.6
50 JOHN BLONDO	SO	ELLELENDALE	50	19:26.0	3:22.2	6:14.9	3:53.2
51 KARTHEEK CHAPARA	SR	LANGDON AREA/E	51	19:26.4	3:23.6	6:15.0	3:53.3
52 JAMES GAGNER	SO	PEMBINA COUNT	52	19:27.7	3:24.9	6:15.5	3:53.5
53 JUSTIN TORROLL	JR	HILLSBORO/CENT	(53)	19:31.3	3:28.5	6:16.6	3:54.2
54 NOAH FOSTER	SO	LANGDON AREA/E	54	19:34.8	3:32.0	6:17.7	3:55.0
55 GABE SMITH	8	NEW ROCKFORD-	55	19:38.6	3:35.8	6:19.0	3:55.7
56 CAINEN STANGELAND	8	GRIGGS MIDKOTA	56	19:39.1	3:36.3	6:19.1	3:55.8
57 ETHAN SVEET	SR	SURREY	57	19:39.4	3:36.6	6:19.2	3:55.9
58 LIAM MARQUARDT	FR	MAY-PORT CG	58	19:40.0	3:36.2	6:19.4	3:56.0
59 PRESTYN BODNAR	7	LANGDON AREA/E	59	19:40.7	3:37.9	6:19.6	3:56.1
60 CHRISTIAN MILLER	SO	MAY-PORT CG	60	19:42.1	3:39.3	6:20.1	3:56.4
61 ISAAC JOHNSON	JR	GRIGGS MIDKOTA	61	19:43.0	3:39.2	6:20.4	3:56.6
62 BLAKE QUAL	SO	LISBON	62	19:46.3	3:43.5	6:21.4	3:57.2
63 GAVIN SWENSON	FR	KINDRED	(63)	19:47.4	3:44.6	6:21.8	3:57.5
64 DREVIN SETNESS	FR	THOMPSON	64	19:48.9	3:46.1	6:22.3	3:57.8
65 GABE INGLISH	8	CARRINGTON	65	19:49.4	3:46.6	6:22.4	3:57.9
66 SAM KLEMEN	SR	NORTHERN CASS	66	19:49.7	3:46.9	6:22.5	3:57.9
67 MICAH CROSBY	8	PEMBINA COUNT	67	19:53.3	3:50.5	6:23.7	3:58.6
68 ISAIAH GAGNER	8	PEMBINA COUNT	68	19:55.7	3:52.9	6:24.5	3:59.1
69 ZACK FULTZ	JR	HATTON-NORTHW	69	19:56.5	3:53.7	6:24.7	3:59.3
70 WELSEY OVERLAND	SO	CENTRAL CASS	70	19:56.9	3:54.1	6:24.8	3:59.4
71 MICAH THOMPSON	SO	MAPLE RIVER	71	19:57.8	3:55.0	6:25.1	3:59.6
72 GREYSON KITZMAN	8	BOTTINEAU	72	19:59.4	3:56.6	6:25.6	3:59.9
73 KAMDEN KORTGAARD	SO	BOTTINEAU	73	19:59.9	3:57.1	6:25.8	4:00.0
74 SAWYER MANTHEY	FR	HILLSBORO/CENT	(74)	20:00.6	3:57.8	6:26.0	4:00.1
75 TYLER CREE-BEGLAU	JR	DAKOTA PRAIRIE	75	20:02.8	4:00.0	6:26.7	4:00.5
76 MARSHALL SEVERSON	SO	NORTHERN CASS	76	20:03.0	3:59.2	6:26.8	4:00.6
77 PARKER HUBER	8	EDGELEY/KULM	77	20:03.5	4:00.7	6:26.9	4:00.7
78 GRADY LARSON	8	HATTON-NORTHW	78	20:03.5	4:00.7	6:27.0	4:00.7
79 WALTER HOLT	8	VELVA-DRAKE/AN	79	20:04.1	4:01.3	6:27.1	4:00.8
80 BRICKER JOHNSON	FR	MAY-PORT CG	80	20:06.0	4:02.2	6:27.8	4:01.2
81 BRYCE BOE	SR	GRAFTON	81	20:10.5	4:07.7	6:29.2	4:02.1
82 MASON HELLER	SR	PEMBINA COUNT	(82)	20:11.2	4:08.4	6:29.4	4:02.2
83 GAVYN STEADMON	7	CARRINGTON	83	20:12.1	4:09.3	6:29.7	4:02.4
84 DYSON ASKVIG	8	LANGDON AREA/E	84	20:12.6	4:09.8	6:29.9	4:02.5
85 MASON MUELLER	FR	HILLSBORO/CENT	(85)	20:14.6	4:11.8	6:30.5	4:02.9
86 LEX ELLINGSON	SR	HILLSBORO/CENT	(86)	20:15.3	4:12.5	6:30.8	4:03.1
87 CARTER ANDERSON	SO	MAY-PORT CG	(87)	20:17.2	4:14.4	6:31.4	4:03.4
88 LOGAN CROSS-FLATT	SR	GRIGGS MIDKOTA	(88)	20:17.3	4:14.5	6:31.4	4:03.4
89 ETHAN WEIGELT	SO	LISBON	89	20:20.8	4:18.0	6:32.5	4:04.2
90 BEN HALVORSON	SO	BOTTINEAU	(90)	20:26.5	4:23.7	6:34.4	4:05.3
91 ISAAC BUSH	7	NORTHERN CASS	91	20:29.2	4:26.4	6:35.2	4:05.8
92 LUKE FULTZ	8	HATTON-NORTHW	(92)	20:32.5	4:29.7	6:36.3	4:06.5

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93 KALEB FOSTER	FR	LANGDON AREA/E	(93)	20:32.8	4:30.0	6:36.4	4:06.5
94 AARON HOULE	8	ROLLA	94	20:34.3	4:31.5	6:36.9	4:06.9
95 MAX LEMATTA	FR	ELLENDALE	95	20:34.8	4:32.0	6:37.0	4:07.0
96 CHAYSE STEADMON	7	CARRINGTON	96	20:35.1	4:32.3	6:37.1	4:07.0
97 LUKE GOODMANSON	FR	ENDERLIN	97	20:35.6	4:32.8	6:37.3	4:07.1
98 BRADEN BRANDENBURG	SO	EDGELEY/KULM	98	20:38.1	4:35.3	6:38.1	4:07.6
99 BLAISE FROLEK	JR	SARGENT CENTR	99	20:39.2	4:36.4	6:38.4	4:07.8
100 TRAPPER SMITH	JR	MAPLE RIVER	100	20:43.8	4:41.0	6:39.9	4:08.8
101 KREED KIRKEBY	7	CARRINGTON	101	20:46.3	4:43.5	6:40.7	4:09.3
102 KALLEN AZURE	FR	RUGBY	(102)	20:47.2	4:44.4	6:41.0	4:09.4
103 SAWYER FROEMKE	FR	LISBON	103	20:50.0	4:46.2	6:41.9	4:10.0
104 PARKER AUKA	SO	CENTRAL CASS	104	20:51.2	4:48.4	6:42.3	4:10.2
105 PARKER LETTENMAIER	SR	BARNES COUNTY	105	20:52.2	4:49.4	6:42.6	4:10.4
106 MALIC KIRCHOFNER	7	RUGBY	(106)	20:53.4	4:50.6	6:43.0	4:10.7
107 CADEN BRISSETTE	SO	HATTON-NORTHW	(107)	20:53.7	4:50.9	6:43.1	4:10.7
108 DAMIEN HAISLEY	JR	NORTHERN CASS	108	20:54.1	4:51.3	6:43.2	4:10.8
109 GAVIN HILL	JR	GRAFTON	109	20:54.2	4:51.4	6:43.3	4:10.8
110 JOSHUA SNYDER	FR	THOMPSON	110	20:55.6	4:52.8	6:43.7	4:11.1
111 NOAH NARLOCH	7	GRAFTON	111	20:56.0	4:52.2	6:43.8	4:11.2
112 ERIK MAHLE	FR	RUGBY	(112)	20:56.5	4:53.7	6:44.0	4:11.3
113 HENRY PAVELKO	7	CARRINGTON	113	20:57.5	4:54.7	6:44.3	4:11.5
114 BRODIE PFINGSTEN	7	CENTRAL CASS	114	20:59.2	4:56.4	6:44.9	4:11.8
115 TY RAMBERG	FR	LANGDON AREA/E	(115)	21:00.2	4:57.4	6:45.2	4:12.0
116 JACE DUFFY	SR	LAMOURE/LITCH-	116	21:02.7	4:59.9	6:46.0	4:12.5
117 STEELE BRYANT	SR	CENTRAL CASS	117	21:05.7	5:02.9	6:46.9	4:13.1
118 KADEN BITTNER	SR	THOMPSON	118	21:06.2	5:03.4	6:47.1	4:13.2
119 LANDON SCHMIDT	SO	ELLENDALE	(119)	21:07.2	5:04.4	6:47.4	4:13.4
120 ALEX AARSVOLD	JR	MAY-PORT CG	(120)	21:07.5	5:04.7	6:47.5	4:13.5
121 SAWYER BROSSART	FR	RUGBY	(121)	21:08.6	5:05.8	6:47.9	4:13.7
122 AESON KORTGAARD	8	BOTTINEAU	(122)	21:16.5	5:13.7	6:50.4	4:15.3
123 CHASE GIRODAT	8	LANGDON AREA/E	(123)	21:17.6	5:14.8	6:50.8	4:15.5
124 JAX HARLAND	8	RICHLAND	124	21:20.6	5:17.8	6:51.8	4:16.1
125 SAM GARR	FR	CARRINGTON	(125)	21:26.0	5:22.2	6:53.5	4:17.2
126 MICAH FROEMKE	FR	LISBON	(126)	21:27.6	5:24.8	6:54.0	4:17.5
127 RILEY SCHUDAR	8	GRIGGS MIDKOTA	(127)	21:27.9	5:25.1	6:54.1	4:17.6
128 CAIN JOHNSON	FR	GRIGGS MIDKOTA	(128)	21:28.2	5:25.4	6:54.2	4:17.6
129 TATEM POITRA	SO	DUNSEITH	129	21:33.3	5:30.5	6:55.8	4:18.7
130 SAMUEL REIS	SO	ELLENDALE	(130)	21:33.6	5:30.8	6:55.9	4:18.7
131 CADEN STRUBE	8	MAY-PORT CG	(131)	21:37.5	5:34.7	6:57.2	4:19.5
132 DALTON ERDMANN	JR	HILLSBORO/CENT	(132)	21:41.9	5:39.1	6:58.6	4:20.4
133 PARKER ANDERSON	JR	NORTHERN CASS	(133)	21:42.3	5:39.5	6:58.7	4:20.4
134 PAYDEN BECHERL	SO	GRIGGS MIDKOTA	(134)	21:43.4	5:40.6	6:59.1	4:20.7
135 CT LEE	FR	GRAFTON	(135)	21:43.6	5:40.8	6:59.2	4:20.7
136 RYKER GILBERT	7	ENDERLIN	136	21:49.4	5:46.6	7:01.0	4:21.9
137 WES JOHNSON	FR	GRAFTON	(137)	21:51.4	5:48.6	7:01.6	4:22.3
138 THORVOLD PATENAUDE	SO	KINDRED	(138)	21:53.7	5:50.9	7:02.4	4:22.7

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139 RYDER MOSER	FR	LANGDON AREA/E	(139)	21:55.2	5:52.4	7:02.9	4:23.0
140 GAGE MILLER	FR	ELLEDALE	(140)	21:55.9	5:53.1	7:03.1	4:23.2
141 CARTER SCHLECHT	FR	MEDINA-PINGREE	141	21:57.3	5:54.5	7:03.6	4:23.5
142 WAMAYANKA LITTLEWIND	SO	ST. JOHN	142	22:06.2	6:03.4	7:06.4	4:25.2
143 ALEX HANSON	FR	CENTRAL CASS	(143)	22:09.7	6:06.9	7:07.5	4:25.9
144 CASS LONGIE	8	FOUR WINDS	144	22:10.3	6:07.5	7:07.7	4:26.0
145 CALEB SNYDER	FR	THOMPSON	145	22:14.0	6:10.2	7:08.9	4:26.8
146 TYLER IWEN	JR	NORTHERN CASS	(146)	22:15.1	6:12.3	7:09.3	4:27.0
147 JOSIAH BRIDELL	8	PEMBINA COUNT	(147)	22:15.8	6:13.0	7:09.5	4:27.1
148 JAYDEN HEJL	FR	CENTRAL CASS	(148)	22:18.2	6:15.4	7:10.3	4:27.6
149 BODEY LOVE	7	HATTON-NORTHW	(149)	22:19.8	6:17.0	7:10.8	4:27.9
150 DECLAN MILLER	7	NORTHERN CASS	(150)	22:21.0	6:17.2	7:11.2	4:28.2
151 ELIJAH DELORME	SR	DUNSEITH	151	22:25.3	6:22.5	7:12.6	4:29.0
152 AADEN AARSVOLD	SO	MAY-PORT CG	(152)	22:27.4	6:24.6	7:13.2	4:29.5
153 OWEN STEINBERGER	7	NORTHERN CASS	(153)	22:28.3	6:25.5	7:13.5	4:29.7
154 LOGAN MACKALL	FR	LANGDON AREA/E	(154)	22:33.0	6:29.2	7:15.0	4:30.6
155 JACKSON BRENNER	7	MEDINA-PINGREE	155	22:33.5	6:30.7	7:15.2	4:30.7
156 JOEY HEYD	JR	LAMOURE/LITCH-	156	22:39.4	6:36.6	7:17.1	4:31.9
157 MILES JANGULA	8	EDGELEY/KULM	157	22:39.7	6:36.9	7:17.2	4:31.9
158 OWEN HOLTE	7	HILLSBORO/CENT	(158)	22:44.4	6:41.6	7:18.7	4:32.9
159 GREYSON DELORME	SR	FOUR WINDS	159	22:46.9	6:44.1	7:19.5	4:33.4
160 SETH GREINER	8	NEW ROCKFORD-	160	22:47.0	6:43.2	7:19.5	4:33.4
161 MARSHALL WEIGELT	SR	LISBON	(161)	22:48.9	6:46.1	7:20.1	4:33.8
162 ETHAN JOHNSON	7	HILLSBORO/CENT	(162)	22:50.4	6:47.6	7:20.6	4:34.1
163 HOWIE SIMONSON	8	CARRINGTON	(163)	22:52.1	6:49.3	7:21.2	4:34.4
164 DAX COTTER	7	ELLEDALE	(164)	22:52.3	6:49.5	7:21.2	4:34.5
165 MASON GARRETT	SO	MAY-PORT CG	(165)	22:58.1	6:55.3	7:23.1	4:35.6
166 BEN HERMAN	7	RUGBY	(166)	23:02.8	7:00.0	7:24.6	4:36.6
167 DION JACKSON	JR	FOUR WINDS	167	23:03.7	7:00.9	7:24.9	4:36.7
168 THOMAS POLLARD	7	BOTTINEAU	(168)	23:04.8	7:02.0	7:25.2	4:36.9
169 AUSTEN PFEIFF	8	RICHLAND	169	23:06.5	7:03.7	7:25.8	4:37.3
170 KASEN MILLER	SO	NORTHERN CASS	(170)	23:13.6	7:10.8	7:28.1	4:38.7
171 CARTER GIBSON	SR	ELLEDALE	(171)	23:18.7	7:15.9	7:29.7	4:39.7
172 ETHAN MCBRIDE	SO	ELLEDALE	(172)	23:22.7	7:19.9	7:31.0	4:40.5
173 CARSON BREMNER	7	BOTTINEAU	(173)	23:29.7	7:26.9	7:33.3	4:41.9
174 DYLAN STOBIE	FR	PEMBINA COUNT	(174)	23:30.6	7:27.8	7:33.6	4:42.1
175 COOPER HANDLY	JR	HATTON-NORTHW	(175)	23:35.8	7:33.0	7:35.2	4:43.1
176 RYKER VOTOVA	SO	GRAFTON	(176)	23:39.8	7:37.0	7:36.5	4:44.0
177 TREVOR BELAND	SO	THOMPSON	177	23:44.2	7:41.4	7:37.9	4:44.8
178 TRAYTON STOPPLEWORT	7	KINDRED	(178)	23:50.1	7:47.3	7:39.8	4:46.0
179 LEVI OMEN	8	FOUR WINDS	179	23:55.9	7:53.1	7:41.7	4:47.2
180 MYLO FITTERER	7	ENDERLIN	180	23:59.5	7:56.7	7:42.9	4:47.9
181 JUDE SWITZER	8	PEMBINA COUNT	(181)	24:05.2	8:02.4	7:44.7	4:49.0
182 DANE WHORLEY	SO	RUGBY	(182)	24:07.5	8:04.7	7:45.4	4:49.5
183 BEN GUSTAFSON	JR	CARRINGTON	(183)	24:07.5	8:04.7	7:45.4	4:49.5
184 XANDER HAYES	FR	MEDINA-PINGREE	184	24:08.2	8:05.4	7:45.6	4:49.6

**2024 ND CLASS B EAST REGIONAL XC CHAMPIONSHIP**

Cooperstown , ND

Cooperstown Golf Course

Saturday, October 12, 2024

**OFFICIAL MEET REPORT**

printed: 10/12/2024 6:43 PM

**Race #2  
Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
185 JACOB STOKKA	7	GRIGGS MIDKOTA	(185)	24:17.5	8:14.7	7:48.6	4:51.5
186 CHRISTOPHER BENDER	8	MAPLE RIVER	186	24:18.5	8:15.7	7:48.9	4:51.7
187 BENTLEY BARCLAY	8	GRIGGS MIDKOTA	(187)	24:19.8	8:17.0	7:49.4	4:51.9
188 RYLAN NESS	7	ENDERLIN	188	24:21.7	8:18.9	7:50.0	4:52.3
189 COLE HUTTER	FR	MAY-PORT CG	(189)	24:21.9	8:19.1	7:50.0	4:52.4
190 LEVI MOSER	FR	GRIGGS MIDKOTA	(190)	24:43.2	8:40.4	7:56.9	4:56.6
191 JAMES KETTERLING	JR	LAMOURE/LITCH-	191	24:55.8	8:53.0	8:01.0	4:59.2
192 AIDEN COTTON	7	HILLSBORO/CENT	(192)	24:57.0	8:53.2	8:01.3	4:59.4
193 XAVIER CIGELSKE	7	HILLSBORO/CENT	(193)	25:04.3	9:01.5	8:03.7	5:00.8
194 LUIS GARZA	FR	HILLSBORO/CENT	(194)	25:30.5	9:27.7	8:12.1	5:06.1
195 DEXTER WARG	7	ENDERLIN	195	25:37.7	9:34.9	8:14.4	5:07.5
196 COLE HUCKINS	SR	HILLSBORO/CENT	(196)	25:40.4	9:37.6	8:15.3	5:08.1
197 BRENNEN WOLFF	SO	SARGENT CENTR	197	25:49.6	9:46.8	8:18.3	5:09.9
198 MAKIAH HEINZE	JR	VELVA-DRAKE/AN	198	25:49.9	9:47.1	8:18.3	5:10.0
199 CARTER LARSON	7	NORTHERN CASS	(199)	26:10.1	10:07.3	8:24.8	5:14.0
200 ARTHUR STROH	SO	LAMOURE/LITCH-	200	26:31.2	10:28.4	8:31.6	5:18.2
201 ETHAN KENDALL	8	PEMBINA COUNT	(201)	26:36.1	10:33.3	8:33.2	5:19.2
202 ALFRED EGGERMONT	7	GRIGGS MIDKOTA	(202)	26:43.6	10:40.8	8:35.6	5:20.7
203 WESTON STANGLER	7	CENTRAL CASS	(203)	26:55.1	10:52.3	8:39.3	5:23.0
204 CARTER DUFNER	FR	HILLSBORO/CENT	(204)	27:34.3	11:31.5	8:51.9	5:30.8
205 NATHANIEL HARVEY	8	MAY-PORT CG	(205)	27:50.4	11:47.6	8:57.1	5:34.1
206 GRIFFIN ANDERSON	7	CENTRAL CASS	(206)	28:31.9	12:29.1	9:10.4	5:42.4
207 ERIC HALLWACHS	FR	CARRINGTON	(207)	28:49.5	12:46.7	9:16.1	5:45.9
208 JOSIAH FILKINS	JR	SURREY	208	30:31.5	14:28.7	9:48.9	6:06.3
209 NICK SWANSON	7	CENTRAL CASS	(209)	30:42.0	14:38.2	9:52.3	6:08.4
210 LUCUS SWIFT	7	NORTHERN CASS	(210)	31:14.9	15:12.1	10:02.9	6:15.0
211 BRIDGER KNOTT	8	MAPLE RIVER	(211)	31:28.8	15:26.0	10:07.3	6:17.8