

2024 ND CLASS B EAST REGIONAL XC CHAMPIONSHIP

Cooperstown , ND

Cooperstown Golf Course

Saturday, October 12, 2024

**OFFICIAL MEET REPORT**

printed: 10/12/2024 6:42 PM

**Race #1
Girls 5K****Final Results****TEAM SCORING SUMMARY**

| Final Standings | Score | Scoring Order | Total | Avg. | Spread |
|------------------------|-------|----------------------------|---------|-------|--------|
| 1 HILLSBORO/CENTRAL V | 22 | 1-2-5-6-8(19)(25) | 1:39:03 | 19:49 | 1:42.5 |
| 2 RUGBY | 71 | 4-11-12-16-28(33)(43) | 1:43:54 | 20:47 | 1:31.2 |
| 3 BOTTINEAU | 95 | 9-10-17-27-32(79)(122) | 1:45:02 | 21:01 | 1:17.5 |
| 4 PEMBINA COUNTY NORT | 148 | 21-23-29-34-41(172) | 1:47:58 | 21:36 | 0:36.5 |
| 5 CARRINGTON | 160 | 3-18-20-58-61(82)(92) | 1:47:34 | 21:31 | 2:55.7 |
| 6 CENTRAL CASS | 168 | 15-24-31-45-53(66)(68) | 1:48:35 | 21:43 | 1:34.8 |
| 7 KINDRED | 248 | 36-39-47-50-76(77)(83) | 1:51:15 | 22:15 | 1:29.1 |
| 8 THOMPSON | 275 | 26-51-64-65-69(91)(93) | 1:52:30 | 22:30 | 1:26.1 |
| 9 GRIGGS MIDKOTA | 383 | 14-38-55-130-146(154)(155) | 1:56:42 | 23:21 | 5:07.7 |
| 10 GRAFTON | 391 | 44-60-70-101-116(127)(145) | 1:56:26 | 23:18 | 2:31.7 |
| 11 RICHLAND | 418 | 40-57-63-120-138(141) | 1:57:52 | 23:35 | 3:59.8 |
| 12 LISBON | 424 | 7-22-98-135-162 | 1:58:23 | 23:41 | 6:53.4 |
| 13 HATTON-NORTHWOOD | 550 | 71-84-102-137-156(173) | 2:02:53 | 24:35 | 3:28.4 |
| 14 SARGENT CENTRAL/LID | 555 | 13-35-136-185 | 1:42:06 | 25:32 | |
| 15 LAMOURE/LITCH-MARIO | 568 | 37-73-121-161-176(178) | 2:06:03 | 25:13 | 7:37.5 |
| 16 ENDERLIN | 575 | 30-54-118 | 1:08:55 | 22:59 | |
| 17 LANGDON AREA/EDMOR | 633 | 56-105-128-158 | 1:38:41 | 24:41 | |
| 18 NORTHERN CASS | 695 | 89-111-147-167-181 | 2:12:31 | 26:31 | 6:46.7 |
| 19 SURREY | 697 | 94-113-117 | 1:13:06 | 24:22 | |
| 20 ROLLA | 727 | 81-85 | 47:08 | 23:34 | |
| 21 MEDINA-PINGREE-BUCH | 733 | 72-124-164 | 1:15:33 | 25:11 | |
| 22 MAPLE RIVER | 747 | 78-131-165 | 1:16:21 | 25:27 | |
| 23 NEW ROCKFORD-SHEYE | 825 | 75 | 23:12 | 23:12 | |
| 24 VELVA-DRAKE/ANAMOO | 835 | 149-159-160-183-184 | 2:24:30 | 28:54 | 6:54.0 |
| 25 FOUR WINDS | 850 | 115-180-182 | 1:26:02 | 28:41 | |
| 26 EDGELEY/KULM | 851 | 132-169-177 | 1:23:20 | 27:47 | |
| 27 ST. JOHN | 876 | 126 | 25:14 | 25:14 | |
| 28 MAY-PORT CG | 886 | 157-168 | 54:30 | 27:15 | |

INDIVIDUAL RESULTS

| Athlete | YR | Team | Score | Time | Gap | Avg. Mile | Avg. kM |
|---------------------|----|----------------|-------|---------|--------|-----------|---------|
| 1 CLAIRE GRINDE | 7 | HILLSBORO/CENT | 1 | 18:40.8 | --- | 6:00.4 | 3:44.1 |
| 2 CAROLINE ANDERSON | 7 | HILLSBORO/CENT | 2 | 19:41.4 | 1:00.6 | 6:19.9 | 3:56.3 |
| 3 KENADIE PAZDERNIK | SR | CARRINGTON | 3 | 19:50.5 | 1:09.7 | 6:22.8 | 3:58.1 |
| 4 HANNAH SENECHAL | JR | RUGBY | 4 | 20:04.5 | 1:23.7 | 6:27.3 | 4:00.9 |
| 5 MYLA KALDOR | SR | HILLSBORO/CENT | 5 | 20:07.4 | 1:26.6 | 6:28.2 | 4:01.5 |
| 6 AZLYNN JOHNSON | FR | HILLSBORO/CENT | 6 | 20:09.5 | 1:28.7 | 6:28.9 | 4:01.9 |
| 7 MARA KEMPEL | JR | LISBON | 7 | 20:18.4 | 1:37.6 | 6:31.8 | 4:03.7 |
| 8 LILY KALDOR | SO | HILLSBORO/CENT | 8 | 20:23.3 | 1:42.5 | 6:33.3 | 4:04.6 |
| 9 TESSA GUARIGLIA | SO | BOTTINEAU | 9 | 20:23.9 | 1:43.1 | 6:33.5 | 4:04.8 |

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Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

| Athlete | YR | Team | Score | Time | Gap | Avg. Mile | Avg. kM |
|------------------------|-----------|----------------|--------------|-------------|------------|------------------|----------------|
| 10 SYLVIA GRENIER | 8 | BOTTINEAU | 10 | 20:25.5 | 1:44.7 | 6:34.0 | 4:05.1 |
| 11 ALLIE MONROE | 8 | RUGBY | 11 | 20:32.1 | 1:51.3 | 6:36.1 | 4:06.4 |
| 12 KEYARA LUNDSTROM | SO | RUGBY | 12 | 20:45.9 | 2:05.1 | 6:40.6 | 4:09.2 |
| 13 GIANNA FROLEK | 7 | SARGENT CENTR | 13 | 20:53.1 | 2:12.3 | 6:42.9 | 4:10.6 |
| 14 KADENCE SPICKLER | 8 | GRIGGS MIDKOTA | 14 | 20:53.1 | 2:12.3 | 6:42.9 | 4:10.6 |
| 15 EMERY HOLLAND | SR | CENTRAL CASS | 15 | 20:54.0 | 2:12.2 | 6:43.2 | 4:10.8 |
| 16 KATHRYN KUNTZ | FR | RUGBY | 16 | 20:55.8 | 2:15.0 | 6:43.8 | 4:11.1 |
| 17 ERIN GUARIGLIA | SR | BOTTINEAU | 17 | 20:57.7 | 2:16.9 | 6:44.4 | 4:11.5 |
| 18 MACY FIEBIGER | FR | CARRINGTON | 18 | 21:03.1 | 2:22.3 | 6:46.1 | 4:12.6 |
| 19 AUDREY THEIS | 8 | HILLSBORO/CENT | (19) | 21:10.0 | 2:28.2 | 6:48.4 | 4:14.0 |
| 20 KAHRI KOLLMAN | 7 | CARRINGTON | 20 | 21:11.5 | 2:30.7 | 6:48.8 | 4:14.3 |
| 21 EMERSEN HELGOE | SO | PEMBINA COUNT | 21 | 21:19.7 | 2:38.9 | 6:51.5 | 4:15.9 |
| 22 KATHERINE PHILLIPS | FR | LISBON | 22 | 21:20.7 | 2:39.9 | 6:51.8 | 4:16.1 |
| 23 MACI PUPPE | 8 | PEMBINA COUNT | 23 | 21:21.1 | 2:40.3 | 6:51.9 | 4:16.2 |
| 24 JERZI NARUM | JR | CENTRAL CASS | 24 | 21:25.7 | 2:44.9 | 6:53.4 | 4:17.1 |
| 25 MALLORY KLOSTER | 8 | HILLSBORO/CENT | (25) | 21:28.8 | 2:48.0 | 6:54.4 | 4:17.8 |
| 26 FAITH KREBS | JR | THOMPSON | 26 | 21:30.4 | 2:49.6 | 6:54.9 | 4:18.1 |
| 27 HALLIE NERO | JR | BOTTINEAU | 27 | 21:33.3 | 2:52.5 | 6:55.8 | 4:18.7 |
| 28 KAMI ARNSTON | 8 | RUGBY | 28 | 21:35.6 | 2:54.8 | 6:56.6 | 4:19.1 |
| 29 MADDY ROBINSON | JR | PEMBINA COUNT | 29 | 21:37.4 | 2:56.6 | 6:57.1 | 4:19.5 |
| 30 DANIELLE GOODMANSON | SR | ENDERLIN | 30 | 21:37.4 | 2:56.6 | 6:57.2 | 4:19.5 |
| 31 MALLORY DEVRIES | SR | CENTRAL CASS | 31 | 21:40.1 | 2:59.3 | 6:58.0 | 4:20.0 |
| 32 MARIE SAND | FR | BOTTINEAU | 32 | 21:41.4 | 3:00.6 | 6:58.4 | 4:20.3 |
| 33 MYA MCNEFF | SR | RUGBY | (33) | 21:41.9 | 3:01.1 | 6:58.6 | 4:20.4 |
| 34 DELANEY DENAULT | JR | PEMBINA COUNT | 34 | 21:43.0 | 3:01.2 | 6:59.0 | 4:20.6 |
| 35 AVA FROLEK | FR | SARGENT CENTR | 35 | 21:43.7 | 3:02.9 | 6:59.2 | 4:20.7 |
| 36 TARYN ROESLER | SO | KINDRED | 36 | 21:44.5 | 3:03.7 | 6:59.4 | 4:20.9 |
| 37 LULU LOEGERING | FR | LAMOURE/LITCH- | 37 | 21:44.8 | 3:04.0 | 6:59.5 | 4:21.0 |
| 38 TIANNA MCCARDLE | SR | GRIGGS MIDKOTA | 38 | 21:45.6 | 3:04.8 | 6:59.8 | 4:21.1 |
| 39 KEISHA MURPHY | 8 | KINDRED | 39 | 21:47.3 | 3:06.5 | 7:00.3 | 4:21.5 |
| 40 LUCY HERMUNSLIE | 8 | RICHLAND | 40 | 21:47.6 | 3:06.8 | 7:00.4 | 4:21.5 |
| 41 SHIRLEY KEMP | SO | PEMBINA COUNT | 41 | 21:56.2 | 3:15.4 | 7:03.2 | 4:23.2 |
| 42 KIMBER WALKER | SO | HILLSBORO/CENT | (42) | 22:03.3 | 3:22.5 | 7:05.5 | 4:24.7 |
| 43 ASHLYN DIBBLE | SR | RUGBY | (43) | 22:04.3 | 3:23.5 | 7:05.8 | 4:24.8 |
| 44 AUBREY TOMPKINS | SR | GRAFTON | 44 | 22:04.5 | 3:23.7 | 7:05.9 | 4:24.9 |
| 45 SOPHIA FALEIDE | 8 | CENTRAL CASS | 45 | 22:06.1 | 3:25.3 | 7:06.4 | 4:25.2 |
| 46 JADE HABECK | 7 | HILLSBORO/CENT | (46) | 22:06.9 | 3:26.1 | 7:06.6 | 4:25.4 |
| 47 ELSA INGEBRIGTSON | SR | KINDRED | 47 | 22:07.7 | 3:26.9 | 7:06.9 | 4:25.5 |
| 48 MACI LEVENSELLER | 8 | HILLSBORO/CENT | (48) | 22:07.9 | 3:27.1 | 7:07.0 | 4:25.6 |
| 49 EVYN JACOBSON | SO | RUGBY | (49) | 22:21.8 | 3:41.0 | 7:11.4 | 4:28.3 |
| 50 MOLLY HAHN | FR | KINDRED | 50 | 22:22.2 | 3:41.4 | 7:11.6 | 4:28.4 |
| 51 ELLA HERRIG | FR | THOMPSON | 51 | 22:22.7 | 3:41.9 | 7:11.7 | 4:28.5 |
| 52 MAUVLYN KIRCHOFNER | SO | RUGBY | (52) | 22:27.2 | 3:46.4 | 7:13.2 | 4:29.4 |
| 53 DEE PEDERSEN | 7 | CENTRAL CASS | 53 | 22:28.8 | 3:48.0 | 7:13.7 | 4:29.7 |
| 54 JANA OLSON | FR | ENDERLIN | 54 | 22:31.1 | 3:50.3 | 7:14.4 | 4:30.2 |
| 55 SKYLAH BERG | FR | GRIGGS MIDKOTA | 55 | 22:38.9 | 3:58.1 | 7:16.9 | 4:31.8 |

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| Athlete | YR | Team | Score | Time | Gap | Avg. Mile | Avg. kM |
|------------------------|----|----------------|-------|---------|--------|-----------|---------|
| 56 OLIVIA LORENZ | SO | LANGDON AREA/E | 56 | 22:40.1 | 3:59.3 | 7:17.3 | 4:32.0 |
| 57 INA GAUSLOW | FR | RICHLAND | 57 | 22:41.0 | 3:59.2 | 7:17.6 | 4:32.2 |
| 58 JOIE HELSETH | FR | CARRINGTON | 58 | 22:42.4 | 4:01.6 | 7:18.1 | 4:32.5 |
| 59 KATELYN SHIVELY | 7 | RUGBY | (59) | 22:42.9 | 4:02.1 | 7:18.2 | 4:32.6 |
| 60 KYZA HECK | FR | GRAFTON | 60 | 22:45.8 | 4:05.0 | 7:19.1 | 4:33.1 |
| 61 KAYLIN PATE | SR | CARRINGTON | 61 | 22:46.2 | 4:05.4 | 7:19.3 | 4:33.2 |
| 62 JAELYN LUNDE | JR | RUGBY | (62) | 22:46.8 | 4:06.0 | 7:19.5 | 4:33.3 |
| 63 CORA HERMUNSLIE | SR | RICHLAND | 63 | 22:48.2 | 4:07.4 | 7:19.9 | 4:33.6 |
| 64 SARAH MAGER | SR | THOMPSON | 64 | 22:49.6 | 4:08.8 | 7:20.4 | 4:33.9 |
| 65 MAKENNA MIKELSON | SR | THOMPSON | 65 | 22:50.1 | 4:09.3 | 7:20.5 | 4:34.0 |
| 66 OLIVIA GARMAN | JR | CENTRAL CASS | (66) | 22:52.0 | 4:10.2 | 7:21.1 | 4:34.4 |
| 67 THEA JOHNSON | 7 | RUGBY | (67) | 22:54.1 | 4:13.3 | 7:21.8 | 4:34.8 |
| 68 CORA SANDER | JR | CENTRAL CASS | (68) | 22:55.0 | 4:13.2 | 7:22.1 | 4:35.0 |
| 69 KIERA WILLIS | SO | THOMPSON | 69 | 22:56.5 | 4:15.7 | 7:22.6 | 4:35.3 |
| 70 JOSLYN KALBRENER | JR | GRAFTON | 70 | 22:57.1 | 4:16.3 | 7:22.8 | 4:35.4 |
| 71 RENA MCLEAN | SO | HATTON-NORTHW | 71 | 22:59.0 | 4:17.2 | 7:23.4 | 4:35.8 |
| 72 SHAWNA NIX | SR | MEDINA-PINGREE | 72 | 22:59.6 | 4:18.8 | 7:23.6 | 4:35.9 |
| 73 ALANA LEBAHN | SR | LAMOURE/LITCH- | 73 | 23:00.8 | 4:20.0 | 7:24.0 | 4:36.1 |
| 74 CLARE LIVEDALEN | 8 | RUGBY | (74) | 23:01.1 | 4:20.3 | 7:24.1 | 4:36.2 |
| 75 ELISE GULER | 7 | NEW ROCKFORD- | 75 | 23:11.6 | 4:30.8 | 7:27.5 | 4:38.3 |
| 76 LONDYN NELSON | 7 | KINDRED | 76 | 23:13.5 | 4:32.7 | 7:28.1 | 4:38.7 |
| 77 NEVAEH ROBERTS | 7 | KINDRED | (77) | 23:16.1 | 4:35.3 | 7:28.9 | 4:39.2 |
| 78 TIRZAH BURCHILL | SO | MAPLE RIVER | 78 | 23:19.1 | 4:38.3 | 7:29.8 | 4:39.8 |
| 79 EMMA ELLIS | SO | BOTTINEAU | (79) | 23:25.4 | 4:44.6 | 7:31.9 | 4:41.1 |
| 80 AYLIN GARZA | SR | HILLSBORO/CENT | (80) | 23:27.1 | 4:46.3 | 7:32.4 | 4:41.4 |
| 81 AUBRY HOULE | SR | ROLLA | 81 | 23:28.3 | 4:47.5 | 7:32.8 | 4:41.6 |
| 82 PAIGE FIEBIGER | 7 | CARRINGTON | (82) | 23:32.3 | 4:51.5 | 7:34.1 | 4:42.4 |
| 83 LEXI OGREN | SR | KINDRED | (83) | 23:35.9 | 4:55.1 | 7:35.3 | 4:43.2 |
| 84 CHORAH LEE | 8 | HATTON-NORTHW | 84 | 23:38.8 | 4:58.0 | 7:36.2 | 4:43.7 |
| 85 NAOMI BRIEN | SO | ROLLA | 85 | 23:39.0 | 4:57.2 | 7:36.2 | 4:43.8 |
| 86 ZOE RICHARD | SO | KINDRED | (86) | 23:39.6 | 4:58.8 | 7:36.4 | 4:43.9 |
| 87 ADLEE HICKS | 7 | CENTRAL CASS | (87) | 23:39.9 | 4:59.1 | 7:36.5 | 4:44.0 |
| 88 LYDIA SMALLBECK | | HILLSBORO/CENT | (88) | 23:42.1 | 5:01.3 | 7:37.3 | 4:44.4 |
| 89 ANNABEL STEINBERGER | SO | NORTHERN CASS | 89 | 23:42.5 | 5:01.7 | 7:37.4 | 4:44.5 |
| 90 SHAYCEE JOHNSON | JR | HILLSBORO/CENT | (90) | 23:42.6 | 5:01.8 | 7:37.4 | 4:44.5 |
| 91 HALLE BOHLMAN | FR | THOMPSON | (91) | 23:42.7 | 5:01.9 | 7:37.4 | 4:44.5 |
| 92 GRACE INGLISH | 7 | CARRINGTON | (92) | 23:45.1 | 5:04.3 | 7:38.2 | 4:45.0 |
| 93 ALEXA GAUDERMAN | SO | THOMPSON | (93) | 23:46.0 | 5:04.2 | 7:38.5 | 4:45.2 |
| 94 BLAKE BOUCHER | JR | SURREY | 94 | 23:53.6 | 5:12.8 | 7:40.9 | 4:46.7 |
| 95 SARA SCHMALTZ | JR | RUGBY | (95) | 23:56.2 | 5:15.4 | 7:41.8 | 4:47.2 |
| 96 MOLLY FIEBIGER | SO | CARRINGTON | (96) | 23:56.7 | 5:15.9 | 7:41.9 | 4:47.3 |
| 97 LIZ CULLEN | SR | THOMPSON | (97) | 23:57.4 | 5:16.6 | 7:42.2 | 4:47.5 |
| 98 JOZZIE CARLBLOM | 7 | LISBON | 98 | 23:58.1 | 5:17.3 | 7:42.4 | 4:47.6 |
| 99 AUBREY VOIGHTMAN | 7 | CENTRAL CASS | (99) | 23:59.1 | 5:18.3 | 7:42.7 | 4:47.8 |
| 100 JAEDYN LURA | JR | CARRINGTON | (100) | 24:02.0 | 5:20.2 | 7:43.6 | 4:48.4 |
| 101 GABI RAY | JR | GRAFTON | 101 | 24:02.1 | 5:21.3 | 7:43.7 | 4:48.4 |

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|------------------------|-----------|----------------|--------------|-------------|------------|------------------|----------------|
| 102 JOZLYNN BOYER | SO | HATTON-NORTHW | 102 | 24:06.4 | 5:25.6 | 7:45.1 | 4:49.3 |
| 103 AVA CRANDALL | 8 | CENTRAL CASS | (103) | 24:07.4 | 5:26.6 | 7:45.4 | 4:49.5 |
| 104 EMMA STRAND | SO | KINDRED | (104) | 24:07.5 | 5:26.7 | 7:45.4 | 4:49.5 |
| 105 REMMI BODNAR | FR | LANGDON AREA/E | 105 | 24:11.1 | 5:30.3 | 7:46.6 | 4:50.2 |
| 106 ANNA VANRAY | 7 | CARRINGTON | (106) | 24:12.6 | 5:31.8 | 7:47.1 | 4:50.5 |
| 107 CYRENA KUSS | SO | CARRINGTON | (107) | 24:17.4 | 5:36.6 | 7:48.6 | 4:51.5 |
| 108 ELYANNA SCHMITZ | SR | KINDRED | (108) | 24:19.5 | 5:38.7 | 7:49.3 | 4:51.9 |
| 109 ASHLEY HAAS | JR | KINDRED | (109) | 24:24.4 | 5:43.6 | 7:50.8 | 4:52.9 |
| 110 MABEL LOY | 7 | CENTRAL CASS | (110) | 24:24.8 | 5:44.0 | 7:51.0 | 4:53.0 |
| 111 STELLA HALVORSON | SO | NORTHERN CASS | 111 | 24:25.6 | 5:44.8 | 7:51.2 | 4:53.1 |
| 112 JAMISYN SCHROEDER | 8 | CARRINGTON | (112) | 24:25.8 | 5:45.0 | 7:51.3 | 4:53.1 |
| 113 AVA SVEET | 8 | SURREY | 113 | 24:28.3 | 5:47.5 | 7:52.1 | 4:53.6 |
| 114 ADLEY BROWN | 8 | THOMPSON | (114) | 24:34.2 | 5:53.4 | 7:54.0 | 4:54.8 |
| 115 ANNA YOUNG | JR | FOUR WINDS | 115 | 24:36.1 | 5:55.3 | 7:54.6 | 4:55.2 |
| 116 GRACE RAY | JR | GRAFTON | 116 | 24:36.1 | 5:55.3 | 7:54.6 | 4:55.2 |
| 117 ADDYSON HANSON | 8 | SURREY | 117 | 24:44.2 | 6:03.4 | 7:57.2 | 4:56.8 |
| 118 WINTER FRAEDRICH | JR | ENDERLIN | 118 | 24:46.2 | 6:05.4 | 7:57.9 | 4:57.2 |
| 119 BERGIT ABENTROTH | 7 | HILLSBORO/CENT | (119) | 24:46.3 | 6:05.5 | 7:57.9 | 4:57.2 |
| 120 LAIKEN ALLEN | 8 | RICHLAND | 120 | 24:47.7 | 6:06.9 | 7:58.4 | 4:57.5 |
| 121 ADELAIDE LOEGERING | FR | LAMOURE/LITCH- | 121 | 24:52.5 | 6:11.7 | 7:59.9 | 4:58.5 |
| 122 LYDIA LAFROMBOISE | SR | BOTTINEAU | (122) | 24:55.8 | 6:15.0 | 8:00.9 | 4:59.1 |
| 123 NELA MCKIBBEN | JR | CARRINGTON | (123) | 24:56.6 | 6:15.8 | 8:01.2 | 4:59.3 |
| 124 NIKKI HAYES | SO | MEDINA-PINGREE | 124 | 25:03.1 | 6:22.3 | 8:03.3 | 5:00.6 |
| 125 MEAGAN SCHAAN | FR | RUGBY | (125) | 25:06.4 | 6:25.6 | 8:04.3 | 5:01.3 |
| 126 KENNLEY DAVIS | SR | ST. JOHN | 126 | 25:14.0 | 6:32.2 | 8:06.8 | 5:02.8 |
| 127 KATHLEEN KERIAN | SR | GRAFTON | (127) | 25:17.2 | 6:36.4 | 8:07.8 | 5:03.4 |
| 128 HEIDI CRUMP | FR | LANGDON AREA/E | 128 | 25:17.7 | 6:36.9 | 8:08.0 | 5:03.5 |
| 129 ZURI OLWAGE | SO | BOTTINEAU | (129) | 25:20.9 | 6:40.1 | 8:09.0 | 5:04.2 |
| 130 EMILY MARERTENS | FR | GRIGGS MIDKOTA | 130 | 25:23.0 | 6:41.2 | 8:09.7 | 5:04.6 |
| 131 SOPHIE THOMPSON | 7 | MAPLE RIVER | 131 | 25:25.2 | 6:44.4 | 8:10.4 | 5:05.0 |
| 132 MCKENNA COOK | FR | EDGELEY/KULM | 132 | 25:27.4 | 6:46.6 | 8:11.1 | 5:05.5 |
| 133 ALAINA PETERSON | 7 | CENTRAL CASS | (133) | 25:31.4 | 6:50.6 | 8:12.4 | 5:06.3 |
| 134 ROSIE COTE | 7 | RUGBY | (134) | 25:33.0 | 6:51.2 | 8:12.9 | 5:06.6 |
| 135 PEYTON RADTKE | 7 | LISBON | 135 | 25:33.5 | 6:52.7 | 8:13.1 | 5:06.7 |
| 136 BROOKLYN PHERSON | 7 | SARGENT CENTR | 136 | 25:39.2 | 6:58.4 | 8:14.9 | 5:07.8 |
| 137 RACHEL SCHADLER | JR | HATTON-NORTHW | 137 | 25:41.1 | 7:00.3 | 8:15.5 | 5:08.2 |
| 138 ALIYA BIEL | SR | RICHLAND | 138 | 25:47.4 | 7:06.6 | 8:17.5 | 5:09.5 |
| 139 CADENCE SWENSON | SO | THOMPSON | (139) | 25:48.3 | 7:07.5 | 8:17.8 | 5:09.6 |
| 140 ANNIE BURCHILL | 7 | CENTRAL CASS | (140) | 25:50.8 | 7:10.0 | 8:18.6 | 5:10.1 |
| 141 NEVAEH MEAD | FR | RICHLAND | (141) | 25:52.8 | 7:12.0 | 8:19.3 | 5:10.5 |
| 142 KINSEY ARNSTON | SR | RUGBY | (142) | 25:53.1 | 7:12.3 | 8:19.4 | 5:10.6 |
| 143 SOPHIE WILLIS | 7 | THOMPSON | (143) | 25:53.4 | 7:12.6 | 8:19.5 | 5:10.7 |
| 144 ARIANA DEPAUW | 7 | BOTTINEAU | (144) | 25:54.5 | 7:13.7 | 8:19.8 | 5:10.9 |
| 145 STEPH NARLOCH | JR | GRAFTON | (145) | 25:54.8 | 7:14.0 | 8:19.9 | 5:11.0 |
| 146 CARIDEE EBERHARDT | FR | GRIGGS MIDKOTA | 146 | 26:00.8 | 7:20.0 | 8:21.8 | 5:12.1 |
| 147 KAYLEE REINPOLD | SO | NORTHERN CASS | 147 | 26:01.3 | 7:20.5 | 8:22.0 | 5:12.3 |

2024 ND CLASS B EAST REGIONAL XC CHAMPIONSHIP

Cooperstown , ND
 Cooperstown Golf Course
 Saturday, October 12, 2024



OFFICIAL MEET REPORT
 printed: 10/12/2024 6:42 PM

Race #1
Girls 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Gap | Avg. Mile | Avg. kM |
|-------------------------|-----------|----------------|--------------|-------------|------------|------------------|----------------|
| 148 EMMA SHIVELY | FR | RUGBY | (148) | 26:09.0 | 7:27.2 | 8:24.5 | 5:13.8 |
| 149 BARRETT MYRE | SO | VELVA-DRAKE/AN | 149 | 26:11.4 | 7:30.6 | 8:25.2 | 5:14.3 |
| 150 GABRIELLE GOODMANSO | 7 | KINDRED | (150) | 26:14.5 | 7:33.7 | 8:26.2 | 5:14.9 |
| 151 JOCELYN BEYER | SO | KINDRED | (151) | 26:16.1 | 7:35.3 | 8:26.8 | 5:15.2 |
| 152 MATAYA LAFROMBOISE | SO | BOTTINEAU | (152) | 26:16.5 | 7:35.7 | 8:26.9 | 5:15.3 |
| 153 EDEN THORENSEN | 7 | BOTTINEAU | (153) | 26:17.0 | 7:35.2 | 8:27.0 | 5:15.4 |
| 154 JESSIE ROGERS | 7 | GRIGGS MIDKOTA | (154) | 26:23.4 | 7:42.6 | 8:29.1 | 5:16.7 |
| 155 LILY GRABER | SO | GRIGGS MIDKOTA | (155) | 26:26.7 | 7:45.9 | 8:30.2 | 5:17.3 |
| 156 ABBY PAHNER | 7 | HATTON-NORTHW | 156 | 26:27.4 | 7:46.6 | 8:30.4 | 5:17.5 |
| 157 HOLLY PALMER | 7 | MAY-PORT CG | 157 | 26:27.4 | 7:46.6 | 8:30.4 | 5:17.5 |
| 158 CHLOE FOSTER | JR | LANGDON AREA/E | 158 | 26:32.0 | 7:50.2 | 8:31.9 | 5:18.4 |
| 159 AUDRI LUNDAY | JR | VELVA-DRAKE/AN | 159 | 26:45.6 | 8:04.8 | 8:36.2 | 5:21.1 |
| 160 ASHLEE RONNIE | SR | VELVA-DRAKE/AN | 160 | 26:57.0 | 8:15.2 | 8:39.9 | 5:23.4 |
| 161 ELLA ISAACSON | SO | LAMOURE/LITCH- | 161 | 27:02.5 | 8:21.7 | 8:41.7 | 5:24.5 |
| 162 Lyla GILLESPIE | JR | LISBON | 162 | 27:11.8 | 8:31.0 | 8:44.7 | 5:26.4 |
| 163 ELEANORE WAA | 8 | CENTRAL CASS | (163) | 27:26.0 | 8:44.2 | 8:49.3 | 5:29.2 |
| 164 IERLYN SACKMAN | JR | MEDINA-PINGREE | 164 | 27:30.2 | 8:49.4 | 8:50.6 | 5:30.0 |
| 165 LIV SATROM | SO | MAPLE RIVER | 165 | 27:36.5 | 8:55.7 | 8:52.6 | 5:31.3 |
| 166 KATELYN KUSTER | JR | THOMPSON | (166) | 27:50.3 | 9:09.5 | 8:57.1 | 5:34.1 |
| 167 SOPHIA STARR | JR | NORTHERN CASS | 167 | 27:51.9 | 9:11.1 | 8:57.6 | 5:34.4 |
| 168 TAYLOR ANDERSON | JR | MAY-PORT CG | 168 | 28:02.3 | 9:21.5 | 9:00.9 | 5:36.4 |
| 169 EMILY FREDENBURG | SR | EDGELEY/KULM | 169 | 28:15.2 | 9:34.4 | 9:05.1 | 5:39.0 |
| 170 NATALIE BERGER | FR | THOMPSON | (170) | 28:19.6 | 9:38.8 | 9:06.5 | 5:39.9 |
| 171 CHLOE DETERMAN | 7 | THOMPSON | (171) | 28:33.1 | 9:52.3 | 9:10.8 | 5:42.6 |
| 172 SARA JENSEN | JR | PEMBINA COUNT | (172) | 28:35.7 | 9:54.9 | 9:11.7 | 5:43.1 |
| 173 EVA BARCK | 7 | HATTON-NORTHW | (173) | 28:44.2 | 10:03.4 | 9:14.4 | 5:44.8 |
| 174 HARLEIGH PARISIEN | SR | BOTTINEAU | (174) | 28:56.2 | 10:15.4 | 9:18.2 | 5:47.2 |
| 175 KATIE LUNDBERG | FR | RUGBY | (175) | 28:56.6 | 10:15.8 | 9:18.4 | 5:47.3 |
| 176 SUSANNA LOEGERING | 7 | LAMOURE/LITCH- | 176 | 29:22.3 | 10:41.5 | 9:26.6 | 5:52.4 |
| 177 TAYLOR ZAUN | 8 | EDGELEY/KULM | 177 | 29:36.9 | 10:56.1 | 9:31.3 | 5:55.4 |
| 178 SYDNEY HEYD | SR | LAMOURE/LITCH- | (178) | 29:51.7 | 11:10.9 | 9:36.1 | 5:58.3 |
| 179 ABIGAIL KNUDSON | 7 | HILLSBORO/CENT | (179) | 30:08.3 | 11:27.5 | 9:41.4 | 6:01.7 |
| 180 MYRISSA FAYE | SR | FOUR WINDS | 180 | 30:18.2 | 11:37.4 | 9:44.6 | 6:03.6 |
| 181 EVELYNN JOHNSON | SO | NORTHERN CASS | 181 | 30:29.1 | 11:48.3 | 9:48.1 | 6:05.8 |
| 182 LAYLA DEMARRIAS | FR | FOUR WINDS | 182 | 31:07.3 | 12:26.5 | 10:00.4 | 6:13.5 |
| 183 ELLERY SIEBUHR | JR | VELVA-DRAKE/AN | 183 | 31:30.6 | 12:49.8 | 10:07.9 | 6:18.1 |
| 184 EVELYN SEIL | SR | VELVA-DRAKE/AN | 184 | 33:05.3 | 14:24.5 | 10:38.3 | 6:37.1 |
| 185 CLEARICKA WATSON | SR | SARGENT CENTR | 185 | 33:49.8 | 15:09.0 | 10:52.6 | 6:45.9 |