

Bemidji Downtown Dash

Age Group Results

Race Date
July 05, 2025

Female 15 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Chloe Derby		15	4965	1	20:01
2	Emmie Fellows	ND	14	4974	4	21:07
3	Sara Larson	ND	15	5001	5	21:25
4	Hannah Quinn	Bemidji MN	15	5019	13	25:56
5	Rylinn Larson		14	5000	21	29:02
6	Ellie Svoboda		13	5033	22	29:18
7	Lyla Oman		14	5015	28	30:35
8	Ivy Iverson		12	4990	29	30:46
9	Louise Sellheim		9	5028	32	31:08
10	Lenora Murray		6	5009	36	32:27
11	Sarah Scherling	Bemidji MN	15	5045	38	33:02
12	Halle Aylesworth	Bemidji MN	14	5041	39	33:42
13	Ocean Mendoza	Bemidji MN	12	5042	40	35:12
14	Maddie Mersinger		13	5006	46	39:04

Female 16 to 21

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Regan DeWitt		20	4967	2	20:04
2	Mattea Green	ND	16	4981	3	20:40
3	Ivy Blumenshein	Bemidji MN	16	5040	9	24:54
4	Katie Mattson	Naperville IL	20	5050	23	29:23
5	Ava Gross	Big Lake MN	19	5049	24	29:23
6	Emilie Jessen		19	4992	42	35:44
7	Lukiya Martushev		21	5004	44	37:18
8	Evelyn Nygren		21	5011	45	38:37

Female 22 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Jalynn Youngs	Bellevue WA	23	5037	14	26:01
2	Parker Olson	Laporte MN	26	5013	26	29:36
3	Thea Heppner		24	4985	27	30:35
4	Vara Kuznetsov		25	4996	43	36:57

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Rae Schoneberger		31	5026	6	21:58
2	Lisa Poe		37	5017	7	24:20

*Overall place within gender

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Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
3	Alli Eickhof	Minneapolis MN	37	4971	10	25:35
4	Sarah Drebelbis		37	4968	11	25:36
5	Carley Luggar	Solway MN	33	5002	16	27:03
6	Emma Brown	ND	39	4961	20	28:46
7	Maria Thompson	Zimmerman MN	31	5054	25	29:32
8	Sarah Larson	San Francisco CA	39	5043	33	31:31
9	Emily Rositas		36	5025	34	31:45
10	Lorena Rodriguez	San Francisco CA	38	5044	35	31:55
11	Ellen Flood		38	4977	37	32:35
12	Sylvia Johannes		30	4993	47	39:19
13	Aslee Zetah	Bemidji MN	38	5057	52	42:09
14	Nora Sellheim	Bemidji MN	38	5029	55	50:43

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Melanie Hevel-Olson		43	4986	8	24:41
2	Kate Kocyba		44	4994	15	26:50
3	Michelle Larson	West Fargo ND	49	4998	17	27:18
4	Kelsey Fellows		44	4975	18	27:48
5	Jill Iverson	Bemidji MN	45	4991	30	30:47
6	Heather Avenson	Bemidji MN	42	4955	31	30:56
7	Amber Larson		40	4997	51	41:57

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Sarah Blumenshein	Bemidji MN	53	5039	12	25:42
2	Pauline Winge	Solway MN	55	5035	19	28:23
3	Holly Gross	Andover MN	55	5048	41	35:36
4	Debbie Manecke		55	5003	48	39:58
5	Lori Lynn Hilmer		59	4987	50	41:42

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Sherry Holloway		61	4988	49	41:35
2	Robin Paradise		66	5016	54	49:38

*Overall place within gender

Bemidji Downtown Dash

Age Group Results

Race Date
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Female 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Noemi Aylesworth	Bemidji MN	70	4957	53	49:38

*Overall place within gender

Bemidji Downtown Dash

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Male 15 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Blake DeWitt		15	4966	2	17:37
2	William Ames		15	4953	4	18:01
3	Eben Green		13	4980	5	19:41
4	Brennen Hill	Bemidji MN	15	5046	7	19:57
5	Sam Alamano		12	4952	16	23:40
6	Mason Quinn		13	5022	18	24:28
7	Nolan Flood		11	4978	19	24:36
8	Nicholas Brink		12	4960	20	24:36
9	Easton Demuth		12	4964	22	25:05
10	Moses White Dress		15	5034	27	26:01
11	Henry Quinn	Bemidji MN	12	5020	30	26:29
12	Reed Larson		12	4999	33	28:07
13	Chase Flood		9	4976	37	31:27
14	Dominic Mersinger		11	5005	38	31:35
15	Kellan Quinn		10	5021	40	32:11
16	Leonard Sellheim	Bemidji MN	7	5053	48	50:39

Male 16 to 21

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Kyle Millar		16	5007	1	17:35
2	Ashten Niemi	Bemidji MN	20	5047	3	17:37
3	Samuel Urban	Bemidji MN	17	5056	8	20:38
4	Knox Einerson		20	4972	9	21:37
5	Brett Kurschner		20	4995	23	25:10

Male 22 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Matthew Kaplan	Kansas City MO	26	5051	11	22:26
2	Larry Favela		27	4973	13	23:16
3	Tyler Simon		22	5031	21	25:00
4	Justin Bedeau	Duluth MN	27	4958	24	25:11
5	Colin Winterrowd		27	5036	28	26:01
6	Bryce Olson	Rochester MN	29	5012	35	29:55
7	Jordan Humphries		27	4989	36	30:47

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
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*Overall place within gender

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Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Jeremiah Sellheim	Bemidji MN	38	5027	6	19:56
2	Mitchell Sheets		30	5030	10	21:54
3	Troy Dunlap	Bemidji MN	34	4970	12	23:12
4	Derek Port	Bemidji MN	34	5018	14	23:28
5	Isak Kvam	Granite Falls MN	32	5055	34	29:32
6	Tony Carr		38	4963	47	44:09

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Nicholas Green		45	4982	17	23:47
2	Martin Brash		46	4959	26	25:41
3	Dan Heinecke		40	4983	29	26:11
4	Matt Graf	Bemidji MN	47	4979	32	27:11
5	Paul Quinn		45	5023	41	32:11
6	Andrew Murray	Bemidji MN	43	5008	42	32:27
7	Eric Nygren	Bemidji MN	49	5010	43	32:58

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	John Mueller	Bemidji MN	52	5052	15	23:38
2	Scott Dudley		58	4969	46	41:42

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Dan Rogers	Laporte MN	63	5024	25	25:19
2	Rich Moen	Bemidji MN	61	5038	31	27:07
3	Roger Olson	Laporte MN	68	5014	39	31:41

Male 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Harold Aylesworth	Bemidji MN	70	4956	44	33:38
2	Tim Brown		74	4962	45	36:11

*Overall place within gender