

**Dairy Queen - 1/23/2010**

**Blizzard Open**

**UW-Superior**

**Results - Meet**

**Event 1 Mixed 1 Mile Run Masters**

=====  
 Meet Record: ! 5:00.90 1/24/2009 Jarrow Wahman, Unattached  
 Field House: # 5:00.90 1/24/2009 Jarrow Wahman, Unattached  
 Name Year School Finals Points  
 =====

Finals  
 1 Wahman, Jarrow M Unattached 5:02.69  
 2 Austin, Jay M Unattached 5:25.72

**Event 2 Women 4x800 Meter Relay**

=====  
 Meet Record: ! 10:24.64 2007 St. Marys, St. Marys  
 Zweber, Oreskovich, Koecheler, Hartung  
 Field House: # 10:21.30 2007 Hermantown HS, Hermantown High Sc  
 Frank, Tierney, Templer, Davis  
 School Rec: \$ 9:53.32 2007 UWS, UWS  
 Dunning, Hudack, Halverson, Rosburg  
 School Finals Points  
 =====

1 St. Scholastica 'A' 10:25.60  
 2 Uw-Superior 'A' 11:04.11

**Event 3 Men 4x800 Meter Relay**

=====  
 Meet Record: ! 8:08.60 2007 UW-Superior, UW-Superior  
 Eisenach, Reijo, Sims, Kramer  
 Field House: # 8:08.60 2007 UW-Superior, UW-Superior  
 Eisenach, Reijo, Sims, Kramer  
 School Rec: \$ 8:08.60 2007 UWS, UWS  
 Eisenach, Reijo, Sims, Kramer  
 School Finals Points  
 =====

1 St. Scholastica 'A' 8:25.46  
 2 Uw-Superior 'A' 9:20.57

**Event 4 Women 4x200 Meter Relay**

=====  
 Meet Record: ! 1:49.42 2006 UMD, UMD  
 Price, Demulling, Demulling, Haak  
 Field House: # 1:44.27 2008 UW-La Crosse, UW-La Crosse  
 Steingraeber, Schaefer, Lasko, Duchow  
 School Rec: \$ 1:48.59 2006 UWS, UWS  
 Karbowski, Liberty, Miller, Tafs  
 School Finals Points  
 =====

1 Minnesota-Duluth 'A' 1:51.10  
 2 Bemidji State 'A' 1:53.92  
 3 St. Scholastica 'A' 1:56.94  
 4 Minnesota-Duluth 'B' 1:57.81  
 5 Uw-Superior 'A' 2:02.52

**Dairy Queen - 1/23/2010**  
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**Results - Meet**

**Event 5 Men 4x200 Meter Relay**

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=====
Meet Record: ! 1:32.78 2007 Lakehead University, Lakehead Univ
                Hoggett, Larsen, Peddle, Lombardo
Field House: # 1:30.85 2008 UW-Eau Claire, UW-Eau Claire
                Kupfer, White, Braunschweig, Ehasz
School Rec: $ 1:34.74 2007 UWS, UWS
                Eisenach, Hargrove, Sims, Kramer
    
```

School	Finals	Points
1 Bemidji State 'A'	1:35.87	
2 Minnesota-Duluth 'A'	1:38.66	
-- St. Scholastica 'A'	DNF	

**Event 6 Women 5000 Meter Run**

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=====
Meet Record: ! 17:39.41 1/26/2008 Katie Koski, Unattached
Field House: # 17:12.88 2008 Becca Jordahl, UW-River Falls
School Rec: $ 17:48.57 1997 Sarah Anderson, UWS
    
```

Name	Year School	Finals	Points
1 Place, Morgan	Minnesota-Duluth	17:46.62	
2 DeLong, Amanda	Minnesota-Duluth	21:43.40	

**Event 7 Men 5000 Meter Run**

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=====
Meet Record: ! 15:05.64 2007 Jeremy Polson, Unattached
Field House: # 14:43.73 2009 Willy Kaul, UW- Oshkosh
School Rec: $ 15:18.19 2008 Jason Lindelof, UWS
    
```

Name	Year School	Finals	Points
1 Holmberg, Jonas	Lakehead University	15:41.15	
2 Varty, Zach	Minnesota-Duluth	16:25.79	
3 Venaas, Matt	Minnesota-Duluth	16:26.82	
4 Larson, Kyle	Minnesota-Duluth	16:59.50	
5 Sackett, Billy	Bemidji State	17:02.00	

**Event 8 Women 60 Meter Hurdles**

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=====
Meet Record: ! 9.32 2006 Autumn Valk, St. Mary's
Field House: # 9.32 2006 Autumn Valk, St. Mary's
School Rec: $ 9.65 2006 Samantha Miller, UWS
    
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Name	Year School	Prelims	H#
<b>Preliminaries</b>			
1 Sunnarborg, Amanda	Minnesota-Duluth	10.10q	1
2 Sautbine, Taylor	Bemidji State	10.17q	2
2 Walker, Pearl	Bemidji State	10.17q	1
4 Bettendorf, Catie	Minnesota-Duluth	10.18q	1
5 Thelen, Jackie	St. Scholastica	10.23q	2
6 Plaetz, Jennifer	St. Scholastica	10.25q	1
7 Lee, Rebecca	Minnesota-Duluth	10.32q	2
8 Ebnet, Gina	Minnesota-Duluth	10.57q	2
9 Larva, Ashley	Bemidji State	11.14	1
10 Johnson, Shelbie	St. Scholastica	11.36	2
11 Clementson, Brietta	Minnesota-Duluth	11.49	2

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**....Event 8 Women 60 Meter Hurdles**

12	Roach, Dana	Minnesota-Duluth	11.55	1
13	Severson, Megan	St. Scholastica	11.70	1

**Event 8 Women 60 Meter Hurdles**

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Meet Record: !	9.32	2006	Autumn Valk, St. Mary's
Field House: #	9.32	2006	Autumn Valk, St. Mary's
School Rec: \$	9.65	2006	Samantha Miller, UWS

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Name	Year	School	Finals	Points
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**Finals**

1	Thelen, Jackie	St. Scholastica	9.98
2	Lee, Rebecca	Minnesota-Duluth	10.05
3	Bettendorf, Catie	Minnesota-Duluth	10.08
4	Sunnarborg, Amanda	Minnesota-Duluth	10.17
5	Plaetz, Jennifer	St. Scholastica	10.25
6	Ebnet, Gina	Minnesota-Duluth	10.46
7	Sautbine, Taylor	Bemidji State	10.63
8	Walker, Pearl	Bemidji State	11.07

**Event 9 Men 60 Meter Hurdles**

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Meet Record: !	8.35	1/23/2010	John Knebel, Minnesota-Du
Field House: #	8.35	1/23/2010	John Knebel, Minnesota-Du
School Rec: \$	7.90	1977	Cole Nelson, UWS

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Name	Year	School	Prelims	H#
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**Preliminaries**

1	Knebel, John	Minnesota-Duluth	8.46q	1
2	Urtel, Seth	Minnesota-Duluth	8.48q	2
3	Hanson, Justin	St. Scholastica	8.96q	1
4	Warmuth, Jimmy	Minnesota-Duluth	9.10q	2
5	Lundgren, Brent	Minnesota-Duluth	9.46q	2
6	Sizer, Marc	Bemidji State	9.47q	1
7	Knight, Jonny	Uw-Superior	9.64q	2
8	Doran, Christopher	St. Scholastica	9.67q	1
9	Kucza, Chad	Uw-Superior	9.73	2
10	Heffele, Andy	Minnesota-Duluth	9.74	2
11	Olson, Frank	Bemidji State	9.76	1
12	Revak, Matt	Bemidji State	11.27	1
13	Jader, Karsten	Minnesota-Duluth	13.74	2

**Event 9 Men 60 Meter Hurdles**

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Meet Record: !	8.35	1/23/2010	John Knebel, Minnesota-Du
Field House: #	8.35	1/23/2010	John Knebel, Minnesota-Du
School Rec: \$	7.90	1977	Cole Nelson, UWS

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Name	Year	School	Finals	Points
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=====
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**Finals**

1	Knebel, John	Minnesota-Duluth	8.35#
2	Urtel, Seth	Minnesota-Duluth	8.36
3	Hanson, Justin	St. Scholastica	8.81
4	Sizer, Marc	Bemidji State	9.39

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**Results - Meet**

**....Event 9 Men 60 Meter Hurdles**

5	Lundgren, Brent	Minnesota-Duluth	9.45
6	Doran, Christopher	St. Scholastica	9.48
7	Knight, Jonny	Uw-Superior	9.66

**Event 10 Women 60 Meter Dash**

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Meet Record: ! 8.04 1/26/2008 Kim Kaceric, Lakehead U
Field House: # 8.04 1/26/2008 Kim Kaceric, Lakehead U
School Rec: $ 8.07 2005 Lindsay Tafs, UWS
    
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Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Buerkle, Kristi	Bemidji State	8.10q	1
2	Kluke, Kari	Lakehead University	8.24q	1
3	Peterson, Stacey	St. Scholastica	8.34q	2
4	Bjork, Kirsten	Minnesota-Duluth	8.35q	2
5	Thelen, Rachel	St. Scholastica	8.40q	1
6	Bock, Laura	Minnesota-Duluth	8.49q	1
7	Walrath, Katie	St. Scholastica	8.56q	2
8	Bellinger, Maria	Minnesota-Duluth	8.57q	2
9	Ostrom, Cassie	Lakehead University	8.60	2
10	Johnson, Samantha	St. Scholastica	8.62	2
11	Laudon, Caitlin	Minnesota-Duluth	8.64	2
12	Cobb, Kendra	Bemidji State	9.12	1
13	Dormedy, Megan	Uw-Superior	9.14	2
14	Humphrey, Sarah	Minnesota-Duluth	9.30	1
15	Jacobs, Liz	Uw-Superior	10.05	1

**Event 10 Women 60 Meter Dash**

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=====
Meet Record: ! 8.04 1/26/2008 Kim Kaceric, Lakehead U
Field House: # 8.04 1/26/2008 Kim Kaceric, Lakehead U
School Rec: $ 8.07 2005 Lindsay Tafs, UWS
    
```

Name	Year	School	Finals	Points
=====				
Finals				
1	Buerkle, Kristi	Bemidji State	8.04#	
2	Bock, Laura	Minnesota-Duluth	8.27	
3	Kluke, Kari	Lakehead University	8.28	
4	Bjork, Kirsten	Minnesota-Duluth	8.38	
5	Thelen, Rachel	St. Scholastica	8.47	
6	Peterson, Stacey	St. Scholastica	8.50	
7	Walrath, Katie	St. Scholastica	8.52	

**Event 11 Men 60 Meter Dash**

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=====
Meet Record: ! 6.90 2006 LaShawn Bullock, Unattached
Field House: # 6.90 2006 LaShawn Bullock, Unattached
School Rec: $ 7.19 1/26/2008 Grady Milesko, UW-Superior
    
```

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Urtel, Seth	Minnesota-Duluth	7.18q	2
2	Grams, Jared	Minnesota-Duluth	7.23q	1

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**Results - Meet**

**....Event 11 Men 60 Meter Dash**

3	Wakfield, Beau	Bemidji State	7.28q	1
4	Randall, Forrest	Minnesota-Duluth	7.33q	2
5	Juell, Tandy	Bemidji State	7.35q	4
5	Khieu, Randy	Uw-Superior	7.35q	3
7	Struss, Tj	Minnesota-Duluth	7.36q	3
7	Ubbelohde, Dave	Minnesota-Duluth	7.42q	2
8	Claiborne, Justin	Minnesota-Duluth	7.42q	3
10	Brown, Brandon	Lakehead University	7.44	4
11	Ohlin, Joe	St. Scholastica	7.46	1
12	Molde, Matt	Minnesota-Duluth	7.47	2
13	Booth, Wendell	St. Scholastica	7.50	4
13	Perrault, Branden	St. Scholastica	7.50	4
15	Hermes, Tony	Unattached	7.51	3
16	Traynor, Tyler	Minnesota-Duluth	7.52	2
17	Solarz, Derek	Uw-Superior	7.54	3
18	Jerulle, Matt	St. Scholastica	7.56	4
19	Dekan, Joe	Minnesota-Duluth	7.61	1
19	Dombrovski, Shane	Unattached	7.61	1
21	Anderson, Don	St. Scholastica	7.69	4
22	Hendrix, Grayson	Minnesota-Duluth	7.78	3
23	Fangmann, Kal	Uw-Superior	7.81	2
24	Olson, Tyler	St. Scholastica	7.82	1
25	Johnson, Matt	St. Scholastica	7.89	2
25	Trautmiller, Justin	St. Scholastica	7.89	1
27	Mozzini, Gabriel	Uw-Superior	8.10	2
28	Evans, Tony	St. Scholastica	8.15	3
29	Kaplan, Mike	St. Scholastica	8.18	3
30	Garvie, Michael	Uw-Superior	8.49	1

**Event 11 Men 60 Meter Dash**

Meet Record: !	6.90	2006	LaShawn Bullock, Unattached		
Field House: #	6.90	2006	LaShawn Bullock, Unattached		
School Rec: \$	7.19	1/26/2008	Grady Milesko, UW-Superior		
Name		Year School	Finals	Points	

**Finals**

1	Urtel, Seth	Minnesota-Duluth	7.12	
2	Grams, Jared	Minnesota-Duluth	7.26	
3	Wakfield, Beau	Bemidji State	7.27	
4	Juell, Tandy	Bemidji State	7.37	
5	Struss, Tj	Minnesota-Duluth	7.41	7.403
6	Randall, Forrest	Minnesota-Duluth	7.41	7.404
7	Khieu, Randy	Uw-Superior	7.42	
8	Ubbelohde, Dave	Minnesota-Duluth	7.45	

**Event 12 Women 1 Mile Run**

Meet Record: !	5:07.74	1/24/2009	Liz Palkie, Minnesota-Du		
Field House: #	4:53.07	2008	Marica Taddy, UW-Platteville		
School Rec: \$	5:11.61	1/26/2008	Katee Rosburg, UW-Superior		
Name		Year School	Finals	Points	

1	Naroski, Tess	Lakehead University	5:24.24	
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**Dairy Queen - 1/23/2010**

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**UW-Superior**

**Results - Meet**

**....Event 12 Women 1 Mile Run**

2	Alaimo, Lisa	Lakehead University	5:27.61
3	Saksa, Shelly	Bemidji State	5:39.25
4	Thomas, Abby	Minnesota-Duluth	5:53.16
5	Pluemer, Paige	Minnesota-Duluth	5:54.23
6	Hinzmann, Natasha	Uw-Superior	6:27.11
7	Noska, Hilary	Minnesota-Duluth	6:40.51

**Event 13 Men 1 Mile Run**

=====  
 Meet Record: ! 4:22.91 1/23/2010 Alastair Brown, Lakehead Uni  
 Field House: # 4:10.78 2008 Tyler Sigl, UW-Platteville  
 School Rec: \$ 4:16.13 2008 Matt Kramer, UWS

Name	Year	School	Finals	Points
1	Brown, Alastair	Lakehead University	4:22.91!	
2	Johnston, Dillon	Minnesota-Duluth	4:28.03	
3	Brown, Chris	Lakehead University	4:29.56	
4	Witiluk, David	Lakehead University	4:31.51	
5	Behling, Scott	Uw-Superior	4:31.73	
6	Mangan, Nick	St. Scholastica	4:34.27	
7	Nygaard, Nick	Minnesota-Duluth	4:34.49	
8	Eason, Ryan	Minnesota-Duluth	4:39.65	
9	Diedrich, Pat	Bemidji State	4:52.15	
10	Muenchow, John	Bemidji State	4:54.83	
11	Trom, Dom	Bemidji State	5:01.06	

**Event 14 Women 400 Meter Dash**

=====  
 Meet Record: ! 59.84 1/26/2008 Kristi Buerkle, Bemidji State  
 Field House: # 57.80 2008 Liz Kooistra, UW-Eau Claire  
 School Rec: \$ 58.42 2006 Lindsay Tafs, UWS

Name	Year	School	Finals	H#	Points
1	Peterson, Stacey	St. Scholastica	1:01.48	1	
2	Demulling, Maggie	Minnesota-Duluth	1:01.80	1	
3	Maras, Kirsten	Bemidji State	1:04.01	2	
4	Williams, Lexi	Minnesota-Duluth	1:04.52	1	
5	Kosey, Taylor	Minnesota-Duluth	1:05.90	2	
6	Sunnarborg, Amanda	Minnesota-Duluth	1:07.33	1	
7	Dunning, Emily	St. Scholastica	1:07.92	3	
8	Johansen, Marli	Bemidji State	1:12.12	3	
9	Larson, Tina	Bemidji State	1:12.51	3	

**Event 15 Men 400 Meter Dash**

=====  
 Meet Record: ! 50.64 2007 Jared Lazer, St. Cloud State  
 Field House: # 49.39 2008 Nick VerDuin, UW-Stevens Point  
 School Rec: \$ 49.98 1977 Roger Smith, UWS

Name	Year	School	Finals	Points
1	Buerkle, Mark	Bemidji State	52.73	
2	Lange, Tyler	Unattached	53.24	
3	Niemann, Ben	Minnesota-Duluth	54.10	
4	Julin, Alexander	Minnesota-Duluth	54.93	

**Dairy Queen - 1/23/2010**

**Blizzard Open**

**UW-Superior**

**Results - Meet**

**....Event 15 Men 400 Meter Dash**

5 Schauer, Eric Bemidji State 55.85

**Event 16 Women 600 Meter Run**

=====  
 Meet Record: ! 1:40.04 2009 Kristi Buerkle, Bemidji State  
 Field House: # 1:38.89 2009 Kate Rosburg, UW-Superior  
 School Rec: \$ 1:38.45 2008 Katee Rosburg, UWS

Name	Year	School	Finals	Points
1 DeGrote, Jodi		Minnesota-Duluth	1:42.34	
2 Ironi, Genna		Bemidji State	1:46.65	
3 Ohman, Michelle		Bemidji State	1:46.98	
4 Hanson, Chelsea		Minnesota-Duluth	1:48.46	
5 Gustafson, Stacey		St. Scholastica	1:48.94	
6 Lang, Carrie		Minnesota-Duluth	1:51.00	
-- Resch, Kristin		Minnesota-Duluth	DNF	

**Event 17 Men 600 Meter Run**

=====  
 Meet Record: ! 1:22.76 1/26/2009 Alex Tuttle, St. Scholastica  
 Field House: # 1:22.17 1/26/2007 Matt kramer, UW- Superior  
 School Rec: \$ 1:21.99 2006 Matt Kramer, UWS

Name	Year	School	Finals	H#	Points
1 Carlson, Spencer		Minnesota-Duluth	1:23.99	1	
2 Jenson, Robbie		Minnesota-Duluth	1:25.94	1	
3 Turman, Jake		St. Scholastica	1:26.23	1	
4 Dahl, Josh		Minnesota-Duluth	1:28.95	2	
5 Baulke, Brian		Bemidji State	1:29.26	1	
6 Kruase, Jesse		Minnesota-Duluth	1:30.47	2	
7 Mickow, Mark		Minnesota-Duluth	1:31.83	2	

**Event 18 Women 800 Meter Run**

=====  
 Meet Record: ! 2:19.11 1/23/2010 Kristi Buerkle, Bemidji Stat  
 Field House: # 2:10.35 2008 Marcia Taddy, UW-Platteville  
 School Rec: \$ 2:15.02 2009 Katee Rosburg, UWS

Name	Year	School	Finals	Points
1 Buerkle, Kristi		Bemidji State	2:19.11!	
2 SanCartier, Michelle		Minnesota-Duluth	2:19.61	
3 Hanzal, Rachel		Minnesota-Duluth	2:22.15	

**Event 19 Men 800 Meter Run**

=====  
 Meet Record: ! 1:56.03 1/26/2008 Alex Tuttle, St. Scholastica  
 Field House: # 1:54.41 2008 Aron Kehoe, UW-Whitewater  
 School Rec: \$ 1:52.70 2008 Matt Kramer, UWS

Name	Year	School	Finals	Points
1 Hughes, Louis		Minnesota-Duluth	2:02.22	
2 Driscoll, Luke		Minnesota-Duluth	2:04.20	
3 Behling, Scott		Uw-Superior	2:07.10	
4 Peterson, Jordan		Uw-Superior	2:08.17	

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**UW-Superior**

**Results - Meet**

**....Event 19 Men 800 Meter Run**

5 Neumann, Seth	Uw-Superior	2:11.52
6 Anye, Nde	Unattached	2:23.32

**Event 20 Women 1000 Meter Run**

=====  
 Meet Record: ! 3:03.55 1/26/2008 Loriana Costanzo, Lakehead U  
 Field House: # 3:03.55 1/26/2008 Loriana Costanzo, Lakehead U  
 School Rec: \$ 3:05.20 2007 Katee Rosburg, UWS

Name	Year School	Finals	Points
1 Naroski, Tess	Lakehead University	3:09.33	
2 Wardell, Carolyn	Minnesota-Duluth	3:10.99	
3 Connolly, Tara	St. Scholastica	3:14.17	
4 Alaimo, Lisa	Lakehead University	3:19.43	
5 Hougen, Alison	Bemidji State	3:23.15	
6 Pluemer, Paige	Minnesota-Duluth	3:30.94	
7 Johnston, Sydney	Minnesota-Duluth	3:34.37	

**Event 21 Men 1000 Meter Run**

=====  
 Meet Record: ! 2:33.50 1/24/2009 Alastair Brown, Lakehead Uni  
 Field House: # 2:33.50 1/24/2009 Alastair Brown, Lakehead Uni  
 School Rec: \$ 2:32.61 2006 Matt Kramer, UWS

Name	Year School	Finals	Points
1 Finnerty, Mike	Minnesota-Duluth	2:33.85	
2 Roske, Travis	Lakehead University	2:34.67	
3 Ruttger, Tom	Minnesota-Duluth	2:43.64	
4 Asmussen, Mike	Lakehead University	2:47.24	
5 Brown, Chris	Lakehead University	2:54.42	
-- Brown, Alastair	Lakehead University	DNF	

**Event 22 Women 200 Meter Dash**

=====  
 Meet Record: ! 26.93 2005 Lindsay Tafs, UW-Superior  
 Field House: # 25.43 2008 Brooke Bell, UW-Whitewater  
 School Rec: \$ 26.01 2005 Lindsay Tafs, UWS

Name	Year School	Finals	H#	Points
1 Johnson, Samantha	St. Scholastica	27.79	1	
2 Kluke, Kari	Lakehead University	28.01	2	
3 Berg, Mariah	St. Scholastica	28.39	2	
4 Bjork, Kirsten	Minnesota-Duluth	28.42	1	
5 Sautbine, Taylor	Bemidji State	28.69	1	
6 Walrath, Katie	St. Scholastica	29.09	2	
7 Robinson, Ciara	Bemidji State	29.68	3	
8 Dormedy, Megan	Uw-Superior	30.71	3	
9 Humphrey, Sarah	Minnesota-Duluth	31.03	3	



**Dairy Queen - 1/23/2010**

**Blizzard Open**

**UW-Superior**

**Results - Meet**

**Event 23 Men 200 Meter Dash**

Name	Year	School	Finals	H#	Points
Meet Record: ! 22.57	2006	Robert Haynes, Michigan Tech			
Field House: # 22.13	2008	Nick VerDuin, UW-Stevens Point			
School Rec: \$ 23.32	2007	Nathaniel Hargrove, UWS			
1 Bofferding, Sam		Bemidji State	23.91	1	
2 Traynor, Tyler		Minnesota-Duluth	24.17	1	
3 Grams, Jared		Minnesota-Duluth	24.19	1	
4 Wakfield, Beau		Bemidji State	24.25	1	
5 Struss, Tj		Minnesota-Duluth	24.52	2	
6 Solarz, Derek		Uw-Superior	24.54	4	
7 Claiborne, Justin		Minnesota-Duluth	24.79	2	
8 Hermes, Tony		Unattached	24.81	3	
9 Dekan, Joe		Minnesota-Duluth	25.54	3	
10 Fangmann, Kal		Uw-Superior	26.26	4	

**Event 24 Women 300 Meter Dash**

Name	Year	School	Finals	H#	Points
Meet Record: ! 42.50	1/24/2009	Kristin Haak, Minnesota-Du			
Field House: # 42.50	1/24/2009	Kristin Haak, Minnesota-Du			
School Rec: \$ 43.77	2008	Megan Belger, UWS			
1 Ivec, Vanessa		Lakehead University	43.99	1	
2 Demulling, Maggie		Minnesota-Duluth	44.83	1	
3 Bock, Laura		Minnesota-Duluth	45.33	1	
4 Williams, Lexi		Minnesota-Duluth	45.44	1	
5 Miller, Hallie		St. Scholastica	45.86	2	
6 Bettendorf, Catie		Minnesota-Duluth	46.28	2	
7 Hughes, Nicole		St. Scholastica	46.97	1	
8 Ostrom, Cassie		Lakehead University	47.69	2	

**Event 25 Men 300 Meter Dash**

Name	Year	School	Finals	H#	Points
Meet Record: ! 36.25	1/24/2009	Brian Ott, Minnesota-Du			
Field House: # 36.25	1/24/2009	Brian Ott, Minnesota-Du			
School Rec: \$ 36.88	2010	Josh Carter, UWS			
1 Ubbelohde, Dave		Minnesota-Duluth	36.84	1	
2 Carter, Josh		Uw-Superior	36.88	1	
3 Knebel, John		Minnesota-Duluth	37.50	1	
4 Carlson, Spencer		Minnesota-Duluth	37.57	1	
5 Perrault, Branden		St. Scholastica	38.58	2	
6 Hassel, Tyler		St. Scholastica	39.23	2	

**Event 26 Women 3000 Meter Run**

Name	Year	School	Finals	Points
Meet Record: ! 10:10.44	1/24/2009	Morgan Place, Minnesota-Du		
Field House: # 9:56.46	2008	Becca Jordahl, UW-River Falls		
School Rec: \$ 10:13.85	1997	Sarah Anderson, UWS		
1 Quirion, Hilary		Lakehead University	10:43.04	

**Dairy Queen - 1/23/2010**

**Blizzard Open**

**UW-Superior**

**Results - Meet**

**....Event 26 Women 3000 Meter Run**

2	Stack, Rachel	Minnesota-Duluth	10:45.91
3	Lovering, Jessica	St. Scholastica	10:47.98
4	Hines, Bridget	Minnesota-Duluth	10:50.25
5	Meger, Katelyn	St. Scholastica	10:54.21
6	Iserhoff, Kaylie	Lakehead University	11:06.00
7	Hines, Whitney	Minnesota-Duluth	11:06.02
8	McLean, Melanie	Lakehead University	11:08.45
9	Gronbeck, Kristen	St. Scholastica	11:29.57
10	Marble, Taylor	Minnesota-Duluth	11:34.33
11	Saksa, Shelly	Bemidji State	11:38.26
12	Tong, Tafline	Lakehead University	11:39.71
13	Asmussen, Christina	Lakehead University	11:42.87
14	Heinks, Nicole	Minnesota-Duluth	12:38.36
15	Pedersen, Sarah	Minnesota-Duluth	12:57.90
--	Ballandby, Katie	Minnesota-Duluth	NT

**Event 27 Men 3000 Meter Run**

=====  
 Meet Record: ! 8:34.05 1/26/2008 Jeremy Polson, Unattached  
 Field House: # 8:34.05 1/26/2008 Jeremy Polson, Unattached  
 School Rec: \$ 8:46.35 1999 Pete Kreminski, UWS

Name	Year	School	Finals	Points
1		Minnesota-Duluth	9:12.39	
2		Unattached	9:20.58	
3		Lakehead University	9:34.36	
4		Minnesota-Duluth	9:35.48	
5		Minnesota-Duluth	9:54.43	
6		Unattached	10:03.24	
7		Bemidji State	10:07.67	
8		Bemidji State	10:10.59	
9		St. Scholastica	10:20.05	
10		St. Scholastica	10:43.69	
11		St. Scholastica	11:15.18	
12		Bemidji State	11:35.28	

**Event 28 Women 4x400 Meter Relay**

=====  
 Meet Record: ! 4:06.91 1/26/2008 Univeristy of Minnesota-Duluth, Minne  
 Field House: # 3:57.89 2008 UW-Eau Claire, UW-Eau Claire  
 School Rec: \$ 4:05.29 2009 UWS, UWS  
 Bronger, Saager, Peloquin, Kooistra  
 Rosburg, Hudack, Halverson, Belger

School	Finals	H#	Points
1 St. Scholastica 'A'	4:16.69	1	
2 Bemidji State 'A'	4:17.24	1	
3 Minnesota-Duluth 'A'	4:17.27	1	
4 Minnesota-Duluth 'B'	4:17.64	1	
5 Minnesota-Duluth 'C'	4:29.07	1	
6 St. Scholastica 'B'	4:29.11	1	
7 Lakehead University 'B'	4:31.60	2	
8 Uw-Superior 'A'	4:40.03	2	
-- Bemidji State 'B'	DNF	2	

**Dairy Queen - 1/23/2010**

**Blizzard Open**

**UW-Superior**

**Results - Meet**

**Event 29 Men 4x400 Meter Relay**

-----  
 Meet Record: ! 3:27.85 2007 UMD, UMD  
 Ubbelohde, Klopp, Anderson, Randall  
 Field House: # 3:22.20 2008 UW-Stevens Point, UW-Stevens Point  
 Koback, Lang, Schwinn, VerDuin  
 School Rec: \$ 3:25.22 2007 UWS, UWS  
 Eisenach, Hargrove, Sims, Kramer

School	Finals	H#	Points
1 Minnesota-Duluth 'A'	3:29.06	1	
2 Bemidji State 'A'	3:33.87	1	
3 St. Scholastica 'A'	3:36.81	1	
4 Minnesota-Duluth 'C'	3:39.27	1	
5 Minnesota-Duluth 'B'	3:39.64	1	
6 Minnesota-Duluth 'D'	3:40.64	2	
7 Uw-Superior 'A'	3:41.89	2	
8 Lakehead University 'A'	3:45.57	2	
9 Minnesota-Duluth 'F'	3:46.55	2	
10 Minnesota-Duluth 'E'	3:48.43	2	
11 Uw-Superior 'B'	4:11.74	2	

**Event 30 Women Weight Throw**

-----  
 Meet Record: ! 16.09m 1/24/2009 Cassie Corrigan, Minnesota-Du  
 Field House: # 16.59m 2008 Amy Morse / Ellie Sitek, UW-Eau Claire/UW-Osh  
 School Rec: \$ 14.50m 2008 Alicia Bourget, UWS

Name	Year School	Finals	Points
1 Kelsey, Missy	Bemidji State	14.26m	46-09.50
2 Stroh, Megan	Minnesota-Duluth	14.08m	46-02.50
3 Seeley, Alec	St. Scholastica	13.56m	44-06.00
4 Crane, Elizabeth	Minnesota-Duluth	13.35m	43-09.75
5 Aaseth, Sarah	St. Scholastica	12.37m	40-07.00
6 Olson, Tessa	Minnesota-Duluth	11.59m	38-00.25
6 Suihkonen, Betty	St. Scholastica	11.59m	38-00.25
8 Skoff, Mallory	Minnesota-Duluth	11.50m	37-08.75
9 Smith, Melissa	Minnesota-Duluth	11.26m	36-11.50
10 Capriglione, Katie	Uw-Superior	9.75m	32-00.00
11 Olson, Samantha	Minnesota-Duluth	9.18m	30-01.50
12 Pearce, Johanna	Bemidji State	7.04m	23-01.25

**Event 31 Men Weight Throw**

-----  
 Meet Record: ! 19.92m 2007 Adam Schnaible, University of Minnesota  
 Field House: # 19.92m 2007 Adam Schaible, University of Minnesota  
 School Rec: \$ 14.39m 2009 Sam Maday, UWS

Name	Year School	Finals	Points
1 Loughran, Dan	Minnesota-Duluth	14.92m	48-11.50
2 Christianson, Kyle	Bemidji State	14.88m	48-10.00
3 Larson, Dan	Minnesota-Duluth	14.38m	47-02.25
4 Robinson, Logan	Bemidji State	13.54m	44-05.25
5 Leonhardt, Brian	Bemidji State	13.49m	44-03.25
6 Michelson, John	Unattached	12.23m	40-01.50
7 Lepisto, Jacob	Minnesota-Duluth	11.88m	38-11.75

**Dairy Queen - 1/23/2010**

**Blizzard Open**

**UW-Superior**

**Results - Meet**

**....Event 31 Men Weight Throw**

8 Klien, Ken	Unattached	11.62m	38-01.50
9 Cook, Ben	Unattached	11.08m	36-04.25
10 Hansen, Nils	Uw-Superior	9.84m	32-03.50
11 Randall, Brandon	Minnesota-Duluth	9.78m	32-01.00
-- Strange, Jake	Minnesota-Duluth	ND	
-- Ditsworth, Josh	St. Scholastica	ND	

**Event 32 Women Long Jump**

Meet Record: ! 5.33m 1/24/2009 Traci Pottinger, Minnesota-Du  
 Field House: # 5.70m 2008 Katie Fondow, UW-La Crosse  
 School Rec: \$ 5.73m 2002 Sarah Moravchik, UWS

Name	Year	School	Finals	Points
1 Laudon, Caitlin		Minnesota-Duluth	5.03m	16-06.00
2 Schmitz, Laura		Minnesota-Duluth	4.81m	15-09.50
3 Berg, Mariah		St. Scholastica	4.81m	15-09.50
4 Krause, Katlin		St. Scholastica	4.79m	15-08.75
5 Bjork, Kirsten		Minnesota-Duluth	4.69m	15-04.75
6 Thelen, Jackie		St. Scholastica	4.64m	15-02.75
7 Walker, Pearl		Bemidji State	4.59m	15-00.75
8 Quick, Cassie		Minnesota-Duluth	4.26m	13-11.75

**Event 33 Men Long Jump**

Meet Record: ! 6.79m 1/23/2010 Randy Khieu, UW-Superior  
 Field House: # 6.95m 2008 Bruce Zalad, UW-Whitewater  
 School Rec: \$ 6.88m 1995 Brian Hakanson, UWS

Name	Year	School	Finals	Points
1 Khieu, Randy		Uw-Superior	6.79m!	22-03.50
2 Booth, Wendell		St. Scholastica	6.72m	22-00.75
3 Kucza, Chad		Uw-Superior	6.37m	20-10.75
4 Rien, Tyler		St. Scholastica	6.32m	20-09.00
5 Evans, Tony		St. Scholastica	6.15m	20-02.25
6 Plain, Jimmy		Bemidji State	6.05m	19-10.25
7 Rien, Phil		Unattached	6.02m	19-09.00
8 Parno, Chris		Minnesota-Duluth	5.86m	19-02.75
9 Grieger, Ben		St. Scholastica	5.80m	19-00.50
10 Bahr, Nate		Bemidji State	5.79m	19-00.00
11 Juell, Tandy		Bemidji State	5.71m	18-09.00
12 Dombrovski, Shane		Unattached	5.67m	18-07.25
13 Solarz, Derek		Uw-Superior	5.56m	18-03.00
14 Baulke, Brian		Bemidji State	5.47m	17-11.50
15 Deters, Joe		Minnesota-Duluth	5.42m	17-09.50
16 Knight, Jonny		Uw-Superior	5.02m	16-05.75

**Dairy Queen - 1/23/2010**

**Blizzard Open**

**UW-Superior**

**Results - Meet**

**Event 34 Women Pole Vault**

Meet Record: ! 3.20m 1/26/2008 Gina Ebnet, Minnesota Duluth  
 Field House: # 3.81m 2008 Pam Sellberg, UW-Stout  
 School Rec: \$ 3.12m 2006 Shelley Balcer, UWS

Name	Year	School	Finals	Points
1 Ebnet, Gina		Minnesota-Duluth	3.07m	10-00.75
2 Bellinger, Maria		Minnesota-Duluth	3.07m	10-00.75
3 Martell, Nikki		Minnesota-Duluth	2.92m	9-07.00
4 Novtony, Kari		Minnesota-Duluth	2.77m	9-01.00
5 Krause, Katlin		St. Scholastica	2.62m	8-07.00
6 Czech, Kelly		Minnesota-Duluth	2.62m	8-07.00
-- Thelen, Rachel		St. Scholastica	NH	
-- Cobb, Kendra		Bemidji State	NH	
-- Labine, Dani		Minnesota-Duluth	NH	

**Event 35 Men Pole Vault**

Meet Record: ! 4.57m 1/26/2008 Jason Beutz, Minnesota Duluth  
 Field House: # 4.85m 2008 Scott Howard / Mark Cufaude, UW-Platte./UW-Ste  
 School Rec: \$ 4.62m 2000 Jace Porter, UWS

Name	Year	School	Finals	Points
1 Juell, Tandy		Bemidji State	4.11m	13-05.75
2 Gelo, Raphael		Bemidji State	4.11m	13-05.75
3 Beckwith, Cyrus		St. Scholastica	3.96m	12-11.75
4 Plifka, Dane		Unattached	3.96m	12-11.75
5 Drotts, Mitch		Bemidji State	3.96m	12-11.75
6 Beckwith, Luke		St. Scholastica	3.51m	11-06.25
7 Warmuth, Jimmy		Minnesota-Duluth	3.36m	11-00.25
-- Rodgers, Darren		Minnesota-Duluth	NH	
-- Buetz, Jason		Minnesota-Duluth	NH	

**Event 36 Women High Jump**

Meet Record: ! 1.61m 2005 Ashley Dingels, St. Mary's  
 Field House: # 1.67m 2008 Sam Meyer, UW-Stout  
 School Rec: \$ 1.67m 2005 Samantha Miller, UWS

Name	Year	School	Finals	Points
1 Domitrovich, Kaitlin		St. Scholastica	1.53m	5-00.25
2 Lohn, Bre		St. Scholastica	1.43m	4-08.25
3 Wise, Whitney		Uw-Superior	1.43m	4-08.25
4 Jasperson, Kristen		Uw-Superior	1.43m	4-08.25

**Event 37 Men High Jump**

Meet Record: ! 1.95m 2005 Jason Sydejko, UMD  
 Field House: # 1.97m 2008 Dave Stauder, UW-Oshkosh  
 School Rec: \$ 1.88m 1971 Terry Light, Olson, UWS

Name	Year	School	Finals	Points
1 Rien, Tyler		St. Scholastica	1.81m	5-11.25
2 Rien, Phil		Unattached	1.76m	5-09.25
3 Marcella, Aaron		St. Scholastica	1.76m	5-09.25

**Dairy Queen - 1/23/2010**

**Blizzard Open**

**UW-Superior**

**Results - Meet**

**....Event 37 Men High Jump**

3	Lundgren, Brent	Minnesota-Duluth	1.76m	5-09.25
5	Kucza, Chad	Uw-Superior	1.71m	5-07.25
6	Heffele, Andy	Minnesota-Duluth	1.71m	5-07.25
7	Knight, Jonny	Uw-Superior	1.56m	5-01.25
--	Parno, Chris	Minnesota-Duluth	NH	

**Event 38 Women Shot Put**

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Meet Record: !	14.80m	2007	Sheena Devine, Bemidji State University
Field House: #	14.80m	2007	Sheena Devine, Bemidji State University
School Rec: \$	12.04m	2009	Alicia Bourget, UWS

Name	Year	School	Finals	Points
1	Crane, Elizabeth	Minnesota-Duluth	13.59m	44-07.00
2	Fandry, Libby	Minnesota-Duluth	13.16m	43-02.25
3	Seeley, Alec	St. Scholastica	11.40m	37-05.00
4	Skoff, Mallory	Minnesota-Duluth	11.39m	37-04.50
5	Olson, Samantha	Minnesota-Duluth	10.95m	35-11.25
6	Capriglione, Katie	Uw-Superior	10.91m	35-09.50
7	Smith, Melissa	Minnesota-Duluth	10.85m	35-07.25
8	Johns, Jamie	Lakehead University	10.40m	34-01.50
9	Aaseth, Sarah	St. Scholastica	9.75m	32-00.00
10	McCallum, Sarah	Lakehead University	9.61m	31-06.50
11	Walker, Pearl	Bemidji State	8.58m	28-01.75
12	Suihkonen, Betty	St. Scholastica	7.90m	25-11.00
13	Pearce, Johanna	Bemidji State	6.94m	22-09.25

**Event 39 Men Shot Put**

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Meet Record: !	17.08m	2006	Joe Remitz, Bemidji State University
Field House: #	17.08m	2006	Joe Remitz, Bemidji State University
School Rec: \$	17.01m	1970	Doug Sutherland, UWS

Name	Year	School	Finals	Points
1	Martinson, James	Unattached	14.70m	48-02.75
2	Lyscio, Tom	St. Scholastica	14.10m	46-03.25
3	Leonhardt, Brian	Bemidji State	13.42m	44-00.50
4	Klien, Ken	Unattached	13.18m	43-03.00
5	Loughran, Dan	Minnesota-Duluth	12.84m	42-01.50
6	Strange, Jake	Minnesota-Duluth	12.56m	41-02.50
7	Ditsworth, Josh	St. Scholastica	12.24m	40-02.00
8	Robinson, Logan	Bemidji State	12.06m	39-07.00
9	Green, Matt	Minnesota-Duluth	11.90m	39-00.50
10	Randall, Brandon	Minnesota-Duluth	11.80m	38-08.75
11	Lepisto, Jacob	Minnesota-Duluth	11.63m	38-02.00
12	Doran, Christopher	St. Scholastica	11.55m	37-10.75
13	Howard, John	St. Scholastica	11.23m	36-10.25
14	Juell, Tandy	Bemidji State	11.15m	36-07.00
15	Michelson, John	Unattached	10.01m	32-10.25
16	Parno, Chris	Minnesota-Duluth	9.98m	32-09.00
17	Hansen, Nils	Uw-Superior	9.66m	31-08.50
--	Christianson, Kyle	Bemidji State	ND	

**Dairy Queen - 1/23/2010**

**Blizzard Open**

**UW-Superior**

**Results - Meet**

**Event 40 Women Triple Jump**

Meet Record: ! 10.94m 2006 Jessica Miron, Michigan Tech  
 Field House: # 11.34m 2008 Caitlin Schetter, UW-La Crosse  
 School Rec: \$ 10.48m 2008 Nancy Hudak, UWS

Name	Year	School	Finals	Points
1 Miller, Rachel		St. Scholastica	10.78m 35-04.50	
2 Schmitz, Laura		Minnesota-Duluth	10.56m 34-07.75	
3 Lee, Rebecca		Minnesota-Duluth	9.78m 32-01.00	
4 Wise, Whitney		Uw-Superior	9.45m 31-00.00	
5 Robinson, Ciara		Bemidji State	9.35m 30-08.25	
6 Roy, Hannah		St. Scholastica	9.33m 30-07.50	
7 Lohn, Bre		St. Scholastica	9.32m 30-07.00	
8 Quick, Cassie		Minnesota-Duluth	9.25m 30-04.25	

**Event 41 Men Triple Jump**

Meet Record: ! 13.59m 2007 Steve Milkovich, UMD  
 Field House: # 14.43m 2008 James Simms, UW-Oshkosh  
 School Rec: \$ 13.83m 1987 Greg White, UWS

Name	Year	School	Finals	Points
1 Warmuth, Jimmy		Minnesota-Duluth	13.57m 44-06.25	
2 Bahr, Nate		Bemidji State	13.15m 43-01.75	
3 Plain, Jimmy		Bemidji State	13.04m 42-09.50	
4 Dombrovski, Shane		Unattached	12.86m 42-02.25	
5 Drinkwine, Peter		St. Scholastica	12.39m 40-07.75	
6 Niemann, Ben		Minnesota-Duluth	12.18m 39-11.50	
7 Kaplan, Chris		Unattached	12.15m 39-10.50	
8 Deters, Joe		Minnesota-Duluth	11.94m 39-02.25	

**Event 42 Women 200 Meter Hurdles**

Meet Record: ! 31.36 1/23/2010 Jennifer Plaetz, St. Scholast  
 Field House: # 31.36 1/23/2010 Jennifer Plaetz, St. Scholast

Name	Year	School	Finals	H#	Points
1 Plaetz, Jennifer		St. Scholastica	31.36#	1	
2 Lee, Rebecca		Minnesota-Duluth	32.43	2	
3 Johnson, Shelbie		St. Scholastica	32.56	2	
4 Thelen, Jackie		St. Scholastica	32.65	1	
5 Dunning, Emily		St. Scholastica	33.12	3	
6 Hoffmann, Cassey		Uw-Superior	33.33	4	
7 Vaughan, Caitlin		St. Scholastica	33.49	3	
8 Baille, Alex		Minnesota-Duluth	34.09	2	
9 Mielke, Kaitlyn		Uw-Superior	34.27	3	
10 Jaspersen, Kristen		Uw-Superior	35.14	4	
11 Clementson, Brietta		Minnesota-Duluth	35.32	1	

**Dairy Queen - 1/23/2010****Blizzard Open****UW-Superior****Results - Meet****Event 43 Men 200 Meter Hurdles**

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Meet Record: ! 26.41 1/24/2009 Forrest Randall, Minnesota-Du

Field House: # 26.41 1/24/2009 Forrest Randall, Minnesota-Du

Name	Year	School	Finals	H#	Points
1 Hanson, Justin		St. Scholastica	26.74	1	
2 Olson, Frank		Bemidji State	27.73	2	
3 Randall, Forrest		Minnesota-Duluth	28.45	1	
4 Sizer, Marc		Bemidji State	28.90	2	
5 Revak, Matt		Bemidji State	29.39	2	