

September 08, 2023

Men

JH Boys 3000m

Men

JH Boys 3000m

| Place | Score | Name | Team | Grade | Time | Place | Score | Name | Team | Grade | Time |
|-------|-------|--------------------|---------------------|-------|---------|-------|-------|---------------------|--------------------|-------|---------|
| 1 | 1 | Isaac Dafoe | Red River | 8 | 10:29.8 | 57 | 42 | Roland Simkins | Nevis | 8 | 12:52.4 |
| 2 | 2 | Chance Johnson | Davies | 8 | 10:52.3 | 58 | (< 5) | Sawyer Froemke | Lisbon | 8 | 12:54.8 |
| 3 | 3 | Parker Hendrickx | Perham | 8 | 10:55.0 | 59 | 43 | Evan Swan | Hawley XC | 7 | 12:57.2 |
| 4 | 4 | Brody Freeland | Perham | 7 | 11:02.5 | 60 | 44 | Max Mitzel | Long Prairie-Grey | 8 | 12:57.7 |
| 5 | 5 | Pfeifer Owen | Davies | 8 | 11:11.8 | 61 | (< 5) | Rylan Tank | Minnewaska Area | 8 | 12:59.0 |
| 6 | 6 | Cole Sauvageau | Davies | 8 | 11:16.9 | 62 | 45 | Hudson Saville | West Fargo | 8 | 12:59.3 |
| 7 | 7 | Kade Polomny | Moorhead | 8 | 11:26.7 | 63 | 46 | Ben Mathiason | Perham | 8 | 12:59.8 |
| 8 | 8 | Luca Rout | Davies | 7 | 11:28.5 | 64 | 47 | Alexander Clark | Moorhead | 7 | 12:59.8 |
| 9 | 9 | Blake Dewitt | Bemidji | 8 | 11:28.6 | 65 | (< 5) | Auggie Wishard | Clearbrook-Gonvick | 8 | 13:07.1 |
| 10 | 10 | Alan McDonagh | West Fargo | 7 | 11:28.8 | 66 | 48 | Rylan Bennett | Devils Lake | 7 | 13:07.8 |
| 11 | 11 | Isaac Kraft | Devils Lake | 7 | 11:30.8 | 67 | 49 | Koen Boline | Devils Lake | 7 | 13:08.7 |
| 12 | 12 | William Ames | Bemidji | 8 | 11:31.3 | 68 | (< 5) | Elias Haugan | Clearbrook-Gonvick | | 13:08.8 |
| 13 | 13 | Zac Johnson | Red River | 8 | 11:35.3 | 69 | 50 | Sam Olson | Hawley XC | 7 | 13:09.6 |
| 14 | 14 | Owen Lappinga | Bemidji | 8 | 11:37.6 | 70 | 51 | John Henry | Perham | 8 | 13:09.9 |
| 15 | 15 | Lorenzo Rosetti | Bemidji | 8 | 11:41.4 | 71 | (< 5) | Zachary Broyles | Hillcrest Lutheran | 6 | 13:15.0 |
| 16 | 16 | Ray Sjule | Davies | 8 | 11:46.7 | 72 | 52 | Drew Robinson | Ottertail Central | 7 | 13:18.6 |
| 17 | 17 | John Paul Buntjer | Long Prairie-Grey | 8 | 11:48.8 | 73 | 53 | Jeffery McDonald | Moorhead | 7 | 13:24.8 |
| 18 | 18 | Ethan Johnson | Perham | 7 | 11:54.2 | 74 | (> 7) | Moses Poole | Perham | 7 | 13:25.7 |
| 19 | 19 | Ryland Carlson | Hillsboro/Central | 8 | 11:54.4 | 75 | (> 7) | Jacoby Sell | Davies | 7 | 13:27.1 |
| 20 | 20 | Ross Hamre | Hillsboro/Central | 8 | 11:54.9 | 76 | 54 | Caleb Wild | Red River | 7 | 13:27.8 |
| 21 | 21 | Jack Thiel | Moorhead | 7 | 11:56.4 | 77 | (< 5) | Jackson Odden | Staples-Motley | 7 | 13:28.6 |
| 22 | 22 | Caleb Zerr | Red River | 8 | 12:00.3 | 78 | (> 7) | Kael Buskirk | Perham | 8 | 13:29.2 |
| 23 | 23 | Cameron Knott | Bemidji | 8 | 12:02.8 | 79 | (> 7) | Elihu Broten | Bemidji | 7 | 13:32.5 |
| 24 | 24 | Blake Nelson | Devils Lake | 7 | 12:09.3 | 80 | 55 | Brody Bahe | Moorhead | 7 | 13:36.5 |
| 25 | 25 | Jack Brachman | Davies | 7 | 12:11.0 | 81 | 56 | Sawyer Manthey | Hillsboro/Central | 8 | 13:36.7 |
| 26 | 26 | Christian Jensen | West Fargo | 7 | 12:14.6 | 82 | 57 | Caden Schultz | Long Prairie-Grey | 9 | 13:37.8 |
| 27 | 27 | Ben Nelson | Hillsboro/Central | 8 | 12:18.2 | 83 | 58 | Noah Tehven | West Fargo | 7 | 13:41.3 |
| 28 | 28 | Zeke Morris | Perham | 7 | 12:20.9 | 84 | (> 7) | Beckett Eickenbrock | Red River | 8 | 13:46.6 |
| 29 | (< 5) | Tydan Eiter | Lake Park-Audubon | 8 | 12:21.5 | 85 | 59 | Miles McNamara | Hillsboro/Central | 9 | 13:53.7 |
| 30 | (< 5) | Beckett Odden | Ada-Borup-West | 7 | 12:22.0 | 86 | (> 7) | Josh Grewe | Perham | 8 | 13:56.5 |
| 31 | (< 5) | Samuel Strom | Lake Park-Audubon | 8 | 12:22.7 | 87 | (> 7) | Jonas Berberich | Red River | 7 | 13:58.5 |
| 32 | 29 | Leevke Brunkhorst | Long Prairie-Grey | 8 | 12:23.2 | 88 | 60 | Griffin Jackson | Moorhead | 8 | 14:05.3 |
| 33 | 30 | Ryan Kraft | Davies | 7 | 12:24.0 | 89 | (> 7) | Keegan Lehman | Bemidji | 8 | 14:07.1 |
| 34 | 31 | Kameron Kraft | Devils Lake | 8 | 12:24.9 | 90 | 61 | Gideon Bitz | Long Prairie-Grey | 8 | 14:08.4 |
| 35 | 32 | Evan Miller | Moorhead | 8 | 12:28.9 | 91 | (> 7) | Tristian Nelson | Perham | 7 | 14:16.6 |
| 36 | 33 | Simon Runyan | Perham | 8 | 12:29.8 | 92 | (> 7) | Cayden Gordon-Shea | Moorhead | 8 | 14:20.3 |
| 37 | 34 | Bennett Johnson | Hawley XC | 7 | 12:30.2 | 93 | (> 7) | Keegan Rausch | Moorhead | 8 | 14:20.5 |
| 38 | 35 | Landon Knott | Bemidji | 8 | 12:30.3 | 94 | 62 | Matthew Bosl | Long Prairie-Grey | 6 | 14:30.0 |
| 39 | 36 | Deven Bentler | Bemidji | 8 | 12:31.0 | 95 | (> 7) | Jack Fosberg | Davies | 8 | 14:31.5 |
| 40 | 37 | Elliott Quinn | Red River | 8 | 12:31.3 | 96 | (> 7) | Benjamin Truax | Bemidji | 7 | 14:32.7 |
| 41 | (< 5) | Logan Bender | Maple River | 6 | 12:32.9 | 97 | (> 7) | Gunner Burke | Moorhead | 7 | 14:37.8 |
| 42 | (> 7) | Ethan Hanson | Davies | 7 | 12:33.2 | 98 | (> 7) | Ian Fellbaum | Long Prairie-Grey | 6 | 14:38.9 |
| 43 | 38 | Mikale McCloud | Devils Lake | 7 | 12:34.9 | 99 | (> 7) | William Young | Long Prairie-Grey | 7 | 14:42.6 |
| 44 | (< 5) | Brody Heyd | LaMoure/Litch-Mario | 7 | 12:37.2 | 100 | 63 | Jaden Romosz | Nevis | 6 | 14:45.0 |
| 45 | 39 | Kadyn Balkowitsch | Red River | 8 | 12:40.1 | 101 | (> 7) | Micah Whitmore | Perham | 7 | 14:46.5 |
| 46 | (> 7) | Brody Steckler | Davies | 8 | 12:41.5 | 102 | 64 | Ethan Sanju | Ottertail Central | 8 | 14:51.5 |
| 47 | (> 7) | Tyler Menke | Davies | 8 | 12:42.1 | 103 | (> 7) | Isaac Otreмба | Long Prairie-Grey | 9 | 14:54.5 |
| 48 | (< 5) | Daniel Babolian | Ada-Borup-West | 8 | 12:42.8 | 104 | 65 | Oliver Heggem | Ottertail Central | 8 | 14:56.1 |
| 49 | (> 7) | Dylan Gunkel | Bemidji | 8 | 12:45.5 | 105 | (> 7) | Gabe Adams | Bemidji | 7 | 15:00.4 |
| 50 | (> 7) | Finnegan Fairchild | Bemidji | 7 | 12:45.7 | 106 | (> 7) | Mason Beavers | Moorhead | 8 | 15:01.1 |
| 51 | 40 | Brayden Larson | Long Prairie-Grey | 8 | 12:46.7 | 107 | (> 7) | Casen Davidson | Red River | 7 | 15:04.1 |
| 52 | (> 7) | Ricardo Gallegos | Davies | 8 | 12:46.9 | 108 | (< 5) | Jadyn Kornkven | Central Cass | 8 | 15:05.6 |
| 53 | (> 7) | Peyton Ochsner | Davies | 8 | 12:47.7 | 109 | (> 7) | Blaize Rustad | Perham | 7 | 15:06.9 |
| 54 | 41 | Espenn Johnson | Red River | 7 | 12:48.2 | 110 | 66 | Brooks Graunke | Hawley XC | 7 | 15:09.6 |
| 55 | (> 7) | Grady Szczepanski | Davies | 7 | 12:50.0 | 111 | 67 | Ryder Peterson | Nevis | 8 | 15:19.2 |
| 56 | (< 5) | Micah Froemke | Lisbon | 8 | 12:52.2 | 112 | 68 | Benji Sanmoogan | Ottertail Central | 9 | 15:20.7 |

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Men
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| <u>Place</u> | <u>Score</u> | <u>Name</u> | <u>Team</u> | <u>Grade</u> | <u>Time</u> |
|--------------|--------------|----------------------|---------------------|--------------|-------------|
| 113 | (< 5) | Graham Pesch | Pelican Rapids | 8 | 15:25.7 |
| 114 | (< 5) | Christopher Bender | Maple River | | 15:34.4 |
| 115 | 69 | Mason Klein | West Fargo | 7 | 15:38.2 |
| 116 | (< 5) | Alex Hanson | Central Cass | 8 | 15:39.2 |
| 117 | (> 7) | Grant McDermott | Bemidji | 8 | 15:53.0 |
| 118 | (> 7) | Liam Hoganson | Moorhead | 7 | 15:55.6 |
| 119 | (> 7) | Cody Kostohryz | Perham | 8 | 15:55.8 |
| 120 | (< 5) | Davis Rieck | Central Cass | 8 | 15:59.0 |
| 121 | (> 7) | Henry Gray | Davies | 7 | 16:01.7 |
| 122 | (> 7) | Riley Kinsman | Bemidji | 8 | 16:01.8 |
| 123 | 70 | Will Wroblewski | Nevis | 6 | 16:06.7 |
| 124 | 71 | Carter Dufner | Hillsboro/Central | 8 | 16:07.5 |
| 125 | 72 | Draden Puchalla | Nevis | 8 | 16:09.0 |
| 126 | (> 7) | Moussa Al Mandalawi | Moorhead | 8 | 16:09.4 |
| 127 | (> 7) | Cooper Nelson | Moorhead | 8 | 16:10.8 |
| 128 | (> 7) | Soren Schemerhorn | Bemidji | 8 | 16:14.4 |
| 129 | (> 7) | Advitya Singh | Moorhead | 8 | 16:20.6 |
| 130 | (> 7) | Shelby Doris | Bemidji | 8 | 16:23.6 |
| 131 | (> 7) | Spencer Berney | Davies | 9 | 16:23.6 |
| 132 | (> 7) | Jonathan Lanz | Bemidji | 8 | 16:24.0 |
| 133 | 73 | Luis Garza | Hillsboro/Central | 8 | 16:26.2 |
| 134 | (> 7) | Dylan Wiesner | Moorhead | 8 | 16:27.3 |
| 135 | 74 | Kurtis Kraft | Devils Lake | 7 | 16:31.3 |
| 136 | (> 7) | Colton Mayfield | Perham | 7 | 16:31.9 |
| 137 | (< 5) | Cayden Weckerly | Central Cass | 8 | 16:37.0 |
| 138 | 75 | Isaac Hiller | Hawley XC | 7 | 16:40.3 |
| 139 | (> 7) | Paul Hodapp | Bemidji | 7 | 16:48.9 |
| 140 | (> 7) | Fox Bradley | Davies | 8 | 17:04.1 |
| 141 | (> 7) | Asher Menge | Moorhead | 8 | 17:12.7 |
| 142 | (> 7) | Zaiden Olson-Granzow | Moorhead | 7 | 17:14.2 |
| 143 | (> 7) | Kellen Sundet | Moorhead | 8 | 17:19.1 |
| 144 | 76 | Eli Boushee | Nevis | 7 | 17:21.7 |
| 145 | (> 7) | Samuel Dehmer | Moorhead | 8 | 17:26.3 |
| 146 | (> 7) | Andre Mantell | Bemidji | 7 | 17:31.7 |
| 147 | (> 7) | Rj Helgeson | Davies | 7 | 17:31.8 |
| 148 | (> 7) | Connor Pfllepsen | Bemidji | 7 | 17:34.6 |
| 149 | (> 7) | Sullivan Sundeen | Bemidji | 7 | 17:36.5 |
| 150 | (> 7) | Kajer Schmidt | Moorhead | 7 | 17:41.4 |
| 151 | (< 5) | Carter Larson | Northern Cass | 7 | 17:43.2 |
| 152 | (< 5) | Brady Feiken | LaMoure/Litch-Mario | 7 | 17:48.5 |
| 153 | (> 7) | Stephen Kirugu | Moorhead | 8 | 17:51.1 |
| 154 | (> 7) | Ben Janssen | Devils Lake | 7 | 17:51.2 |
| 155 | (> 7) | Aiden Tharaldson | Perham | 8 | 17:52.1 |
| 156 | (< 5) | Bridger Knott | Maple River | | 17:52.1 |
| 157 | (> 7) | Caleb Meyer | Moorhead | 7 | 18:17.6 |
| 158 | (> 7) | Collin Litzinger | Red River | 7 | 18:19.8 |
| 159 | (> 7) | Bentley Berg | Moorhead | 7 | 18:33.1 |
| 160 | (> 7) | Carter McLean | Moorhead | 7 | 18:39.9 |
| 161 | 77 | Nathan Sanmoogan | Ottertail Central | 9 | 19:49.8 |
| 162 | (> 7) | Mahamed Aways | Moorhead | 7 | 19:50.1 |
| 163 | (< 5) | Talon O'Neil | Riverside Christian | 7 | 21:46.1 |
| 164 | (> 7) | Mason Malaterre | Red River | 7 | 22:22.3 |

Men
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| <u>Name</u> | <u>Grade</u> | <u>Place</u> | <u>Cum Place</u> | <u>Time</u> | <u>Cum Time</u> |
|-------------------------|--------------|--------------|----------------------|----------------------------|---------------------|
| Davies | | | | | |
| | | | | Finish Position - 1 | |
| Team Score (places): 37 | | | | | |
| Average Time: 11:19.3 | | | | | |
| 1 Chance Johnson | 8 | 2 | 2 | 10:52.3 | 10:52.3 |
| 2 Pfeifer Owen | 8 | 5 | 7 | 11:11.8 | 22:04.1 |
| 3 Cole Sauvageau | 8 | 6 | 13 | 11:16.9 | 33:21.0 |
| 4 Luca Rout | 7 | 8 | 21 | 11:28.5 | 44:49.5 |
| 5 Ray Sjule | 8 | 16 | 37 | 11:46.7 | 56:36.2 |
| 6 Jack Brachman | 7 | (25) | (62) | 12:11.0 | 1:08:47.2 |
| 7 Ryan Kraft | 7 | (30) | (92) | 12:24.0 | 1:21:11.2 |
| 8 Ethan Hanson | 7 | More | | 12:33.2 | 1:33:44.4 |
| 9 Brody Steckler | 8 | More | | 12:41.5 | 1:46:25.9 |
| 10 Tyler Menke | 8 | More | | 12:42.1 | 1:59:08.0 |
| 11 Ricardo Gallegos | 8 | More | | 12:46.9 | 2:11:54.9 |
| 12 Peyton Ochsner | 8 | More | | 12:47.7 | 2:24:42.6 |
| 13 Grady Szczepanski | 7 | More | | 12:50.0 | 2:37:32.6 |
| 14 Jacoby Sell | 7 | More | | 13:27.1 | 2:50:59.7 |
| 15 Jack Fosberg | 8 | More | | 14:31.5 | 3:05:31.2 |
| 16 Henry Gray | 7 | More | | 16:01.7 | 3:21:32.9 |
| 17 Spencer Berney | 9 | More | | 16:23.6 | 3:37:56.5 |
| 18 Fox Bradley | 8 | More | | 17:04.1 | 3:55:00.6 |
| 19 Rj Helgeson | 7 | More | | 17:31.8 | 4:12:32.4 |

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|-------------------------|---|------|-------|----------------------------|-----------|
| Bemidji | | | | | |
| | | | | Finish Position - 2 | |
| Team Score (places): 73 | | | | | |
| Average Time: 11:40.4 | | | | | |
| 1 Blake Dewitt | 8 | 9 | 9 | 11:28.6 | 11:28.6 |
| 2 William Ames | 8 | 12 | 21 | 11:31.3 | 22:59.9 |
| 3 Owen Lappinga | 8 | 14 | 35 | 11:37.6 | 34:37.5 |
| 4 Lorenzo Rosetti | 8 | 15 | 50 | 11:41.4 | 46:18.9 |
| 5 Cameron Knott | 8 | 23 | 73 | 12:02.8 | 58:21.7 |
| 6 Landon Knott | 8 | (35) | (108) | 12:30.3 | 1:10:52.0 |
| 7 Deven Bentler | 8 | (36) | (144) | 12:31.0 | 1:23:23.0 |
| 8 Dylan Gunkel | 8 | More | | 12:45.5 | 1:36:08.5 |
| 9 Finnegan Fairchild | 7 | More | | 12:45.7 | 1:48:54.2 |
| 10 Elihu Broten | 7 | More | | 13:32.5 | 2:02:26.7 |
| 11 Keegan Lehman | 8 | More | | 14:07.1 | 2:16:33.8 |
| 12 Benjamin Truax | 7 | More | | 14:32.7 | 2:31:06.5 |
| 13 Gabe Adams | 7 | More | | 15:00.4 | 2:46:06.9 |
| 14 Grant McDermott | 8 | More | | 15:53.0 | 3:01:59.9 |
| 15 Riley Kinsman | 8 | More | | 16:01.8 | 3:18:01.7 |
| 16 Soren Schemerhorn | 8 | More | | 16:14.4 | 3:34:16.1 |
| 17 Shelby Doris | 8 | More | | 16:23.6 | 3:50:39.7 |
| 18 Jonathan Lanz | 8 | More | | 16:24.0 | 4:07:03.7 |
| 19 Paul Hodapp | 7 | More | | 16:48.9 | 4:23:52.6 |
| 20 Andre Mantell | 7 | More | | 17:31.7 | 4:41:24.3 |
| 21 Connor Pflipsen | 7 | More | | 17:34.6 | 4:58:58.9 |
| 22 Sullivan Sundeen | 7 | More | | 17:36.5 | 5:16:35.4 |

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| Perham | | | | | |
| | | | | Finish Position - 3 | |
| Team Score (places): 86 | | | | | |
| Average Time: 11:44.5 | | | | | |
| 1 Parker Hendrickx | 8 | 3 | 3 | 10:55.0 | 10:55.0 |
| 2 Brody Freeland | 7 | 4 | 7 | 11:02.5 | 21:57.5 |
| 3 Ethan Johnson | 7 | 18 | 25 | 11:54.2 | 33:51.7 |
| 4 Zeke Morris | 7 | 28 | 53 | 12:20.9 | 46:12.6 |
| 5 Simon Runyan | 8 | 33 | 86 | 12:29.8 | 58:42.4 |

| <u>Name</u> | <u>Grade</u> | <u>Place</u> | <u>Cum Place</u> | <u>Time</u> | <u>Cum Time</u> |
|-------------------------|--------------|--------------|----------------------|----------------------------|---------------------|
| Perham | | | | | |
| | | | | Finish Position - 3 | |
| Team Score (places): 86 | | | | | |
| Average Time: 11:44.5 | | | | | |
| 6 Ben Mathiason | 8 | (46) | (132) | 12:59.8 | 1:11:42.2 |
| 7 John Henry | 8 | (51) | (183) | 13:09.9 | 1:24:52.1 |
| 8 Moses Poole | 7 | More | | 13:25.7 | 1:38:17.8 |
| 9 Kael Buskirk | 8 | More | | 13:29.2 | 1:51:47.0 |
| 10 Josh Grewe | 8 | More | | 13:56.5 | 2:05:43.5 |
| 11 Tristian Nelson | 7 | More | | 14:16.6 | 2:20:00.1 |
| 12 Micah Whitmore | 7 | More | | 14:46.5 | 2:34:46.6 |
| 13 Blaize Rustad | 7 | More | | 15:06.9 | 2:49:53.5 |
| 14 Cody Kostohryz | 8 | More | | 15:55.8 | 3:05:49.3 |
| 15 Colton Mayfield | 7 | More | | 16:31.9 | 3:22:21.2 |
| 16 Aiden Tharaldson | 8 | More | | 17:52.1 | 3:40:13.3 |

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|--------------------------|---|------|-------|----------------------------|-----------|
| Red River | | | | | |
| | | | | Finish Position - 4 | |
| Team Score (places): 112 | | | | | |
| Average Time: 11:51.4 | | | | | |
| 1 Isaac Dafoe | 8 | 1 | 1 | 10:29.8 | 10:29.8 |
| 2 Zac Johnson | 8 | 13 | 14 | 11:35.3 | 22:05.1 |
| 3 Caleb Zerr | 8 | 22 | 36 | 12:00.3 | 34:05.4 |
| 4 Elliott Quinn | 8 | 37 | 73 | 12:31.3 | 46:36.7 |
| 5 Kady Balkowitsch | 8 | 39 | 112 | 12:40.1 | 59:16.8 |
| 6 Espenn Johnson | 7 | (41) | (153) | 12:48.2 | 1:12:05.0 |
| 7 Caleb Wild | 7 | (54) | (207) | 13:27.8 | 1:25:32.8 |
| 8 Beckett Eickenbrock | 8 | More | | 13:46.6 | 1:39:19.4 |
| 9 Jonas Berberich | 7 | More | | 13:58.5 | 1:53:17.9 |
| 10 Casen Davidson | 7 | More | | 15:04.1 | 2:08:22.0 |
| 11 Collin Litzinger | 7 | More | | 18:19.8 | 2:26:41.8 |
| 12 Mason Malatterre | 7 | More | | 22:22.3 | 2:49:04.1 |

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| Devils Lake | | | | | |
| | | | | Finish Position - 5 | |
| Team Score (places): 152 | | | | | |
| Average Time: 12:21.6 | | | | | |
| 1 Isaac Kraft | 7 | 11 | 11 | 11:30.8 | 11:30.8 |
| 2 Blake Nelson | 7 | 24 | 35 | 12:09.3 | 23:40.1 |
| 3 Kameron Kraft | 8 | 31 | 66 | 12:24.9 | 36:05.0 |
| 4 Mikale McCloud | 7 | 38 | 104 | 12:34.9 | 48:39.9 |
| 5 Rylan Bennett | 7 | 48 | 152 | 13:07.8 | 1:01:47.7 |
| 6 Koen Boline | 7 | (49) | (201) | 13:08.7 | 1:14:56.4 |
| 7 Kurtis Kraft | 7 | (74) | (275) | 16:31.3 | 1:31:27.7 |
| 8 Ben Janssen | 7 | More | | 17:51.2 | 1:49:18.9 |

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|--------------------------|---|------|-------|----------------------------|-----------|
| Moorhead | | | | | |
| | | | | Finish Position - 6 | |
| Team Score (places): 160 | | | | | |
| Average Time: 12:27.4 | | | | | |
| 1 Kade Polomny | 8 | 7 | 7 | 11:26.7 | 11:26.7 |
| 2 Jack Thiel | 7 | 21 | 28 | 11:56.4 | 23:23.1 |
| 3 Evan Miller | 8 | 32 | 60 | 12:28.9 | 35:52.0 |
| 4 Alexander Clark | 7 | 47 | 107 | 12:59.8 | 48:51.8 |
| 5 Jeffery McDonald | 7 | 53 | 160 | 13:24.8 | 1:02:16.6 |
| 6 Brody Bahe | 7 | (55) | (215) | 13:36.5 | 1:15:53.1 |
| 7 Griffin Jackson | 8 | (60) | (275) | 14:05.3 | 1:29:58.4 |
| 8 Cayden Gordon-Shea | 8 | More | | 14:20.3 | 1:44:18.7 |
| 9 Keegan Rausch | 8 | More | | 14:20.5 | 1:58:39.2 |
| 10 Gunner Burke | 7 | More | | 14:37.8 | 2:13:17.0 |
| 11 Mason Beavers | 8 | More | | 15:01.1 | 2:28:18.1 |

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| Name | Grade | Place | Cum Place | Time | Cum Time |
|--------------------------|-------|-------|-----------|----------------------------|-----------|
| Moorhead | | | | Finish Position - 6 | |
| Team Score (places): 160 | | | | | |
| Average Time: 12:27.4 | | | | | |
| 12 Liam Hoganson | 7 | More | | 15:55.6 | 2:44:13.7 |
| 13 Moussa Al Mandalawi | 8 | More | | 16:09.4 | 3:00:23.1 |
| 14 Cooper Nelson | 8 | More | | 16:10.8 | 3:16:33.9 |
| 15 Advitya Singh | 8 | More | | 16:20.6 | 3:32:54.5 |
| 16 Dylan Wiesner | 8 | More | | 16:27.3 | 3:49:21.8 |
| 17 Asher Menge | 8 | More | | 17:12.7 | 4:06:34.5 |
| 18 Zaiden Olson-Granzow | 7 | More | | 17:14.2 | 4:23:48.7 |
| 19 Kellen Sundet | 8 | More | | 17:19.1 | 4:41:07.8 |
| 20 Samuel Dehmer | 8 | More | | 17:26.3 | 4:58:34.1 |
| 21 Kajer Schmidt | 7 | More | | 17:41.4 | 5:16:15.5 |
| 22 Stephen Kirugu | 8 | More | | 17:51.1 | 5:34:06.6 |
| 23 Caleb Meyer | 7 | More | | 18:17.6 | 5:52:24.2 |
| 24 Bentley Berg | 7 | More | | 18:33.1 | 6:10:57.3 |
| 25 Carter McLean | 7 | More | | 18:39.9 | 6:29:37.2 |
| 26 Mahamed Aweys | 7 | More | | 19:50.1 | 6:49:27.3 |

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|---------------------------------|---|------|-------|----------------------------|-----------|
| Hillsboro/Central Valley | | | | Finish Position - 7 | |
| Team Score (places): 181 | | | | | |
| Average Time: 12:43.6 | | | | | |
| 1 Ryland Carlson | 8 | 19 | 19 | 11:54.4 | 11:54.4 |
| 2 Ross Hamre | 8 | 20 | 39 | 11:54.9 | 23:49.3 |
| 3 Ben Nelson | 8 | 27 | 66 | 12:18.2 | 36:07.5 |
| 4 Sawyer Manthey | 8 | 56 | 122 | 13:36.7 | 49:44.2 |
| 5 Miles McNamara | 9 | 59 | 181 | 13:53.7 | 1:03:37.9 |
| 6 Carter Dufner | 8 | (71) | (252) | 16:07.5 | 1:19:45.4 |
| 7 Luis Garza | 8 | (73) | (325) | 16:26.2 | 1:36:11.6 |

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| Long Prairie-Grey Eagle | | | | Finish Position - 8 | |
| Team Score (places): 187 | | | | | |
| Average Time: 12:42.9 | | | | | |
| 1 John Paul Buntjer | 8 | 17 | 17 | 11:48.8 | 11:48.8 |
| 2 Leevke Brunkhorst | 8 | 29 | 46 | 12:23.2 | 24:12.0 |
| 3 Brayden Larson | 8 | 40 | 86 | 12:46.7 | 36:58.7 |
| 4 Max Mitzel | 8 | 44 | 130 | 12:57.7 | 49:56.4 |
| 5 Caden Schultz | 9 | 57 | 187 | 13:37.8 | 1:03:34.2 |
| 6 Gideon Bitz | 8 | (61) | (248) | 14:08.4 | 1:17:42.6 |
| 7 Matthew Bosl | 6 | (62) | (310) | 14:30.0 | 1:32:12.6 |
| 8 Ian Fellbaum | 6 | More | | 14:38.9 | 1:46:51.5 |
| 9 William Young | 7 | More | | 14:42.6 | 2:01:34.1 |
| 10 Isaac Otremba | 9 | More | | 14:54.5 | 2:16:28.6 |

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|----------------------------|---|----|-----|----------------------------|-----------|
| West Fargo Sheyenne | | | | Finish Position - 9 | |
| Team Score (places): 208 | | | | | |
| Average Time: 13:12.5 | | | | | |
| 1 Alan McDonagh | 7 | 10 | 10 | 11:28.8 | 11:28.8 |
| 2 Christian Jensen | 7 | 26 | 36 | 12:14.6 | 23:43.4 |
| 3 Hudson Saville | 8 | 45 | 81 | 12:59.3 | 36:42.7 |
| 4 Noah Tehven | 7 | 58 | 139 | 13:41.3 | 50:24.0 |
| 5 Mason Klein | 7 | 69 | 208 | 15:38.2 | 1:06:02.2 |

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|--------------------------|---|----|----|-----------------------------|---------|
| Hawley XC | | | | Finish Position - 10 | |
| Team Score (places): 268 | | | | | |
| Average Time: 14:05.4 | | | | | |
| 1 Bennett Johnson | 7 | 34 | 34 | 12:30.2 | 12:30.2 |

| Name | Grade | Place | Cum Place | Time | Cum Time |
|--------------------------|-------|-------|-----------|-----------------------------|-----------|
| Hawley XC | | | | Finish Position - 10 | |
| Team Score (places): 268 | | | | | |
| Average Time: 14:05.4 | | | | | |
| 2 Evan Swan | 7 | 43 | 77 | 12:57.2 | 25:27.4 |
| 3 Sam Olson | 7 | 50 | 127 | 13:09.6 | 38:37.0 |
| 4 Brooks Graunke | 7 | 66 | 193 | 15:09.6 | 53:46.6 |
| 5 Isaac Hiller | 7 | 75 | 268 | 16:40.3 | 1:10:26.9 |
| Nevis | | | | Finish Position - 11 | |
| Team Score (places): 314 | | | | | |
| Average Time: 15:02.5 | | | | | |
| 1 Roland Simkins | 8 | 42 | 42 | 12:52.4 | 12:52.4 |
| 2 Jaden Romosz | 6 | 63 | 105 | 14:45.0 | 27:37.4 |
| 3 Ryder Peterson | 8 | 67 | 172 | 15:19.2 | 42:56.6 |
| 4 Will Wroblewski | 6 | 70 | 242 | 16:06.7 | 59:03.3 |
| 5 Draden Puchalla | 8 | 72 | 314 | 16:09.0 | 1:15:12.3 |
| 6 Eli Boushee | 7 | (76) | (390) | 17:21.7 | 1:32:34.0 |

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|--------------------------|---|----|-----|-----------------------------|-----------|
| Ottertail Central | | | | Finish Position - 12 | |
| Team Score (places): 326 | | | | | |
| Average Time: 15:39.4 | | | | | |
| 1 Drew Robinson | 7 | 52 | 52 | 13:18.6 | 13:18.6 |
| 2 Ethan Sanju | 8 | 64 | 116 | 14:51.5 | 28:10.1 |
| 3 Oliver Heggem | 8 | 65 | 181 | 14:56.1 | 43:06.2 |
| 4 Benji Sanmoogan | 9 | 68 | 249 | 15:20.7 | 58:26.9 |
| 5 Nathan Sanmoogan | 9 | 77 | 326 | 19:49.8 | 1:18:16.7 |

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|---------------------------|---|------|--|-------------------------------|-----------|
| Central Cass | | | | Finish Position - Inc. | |
| Team Score (places): Inc. | | | | | |
| Average Time: | | | | | |
| 1 Jady Kornkven | 8 | Less | | 15:05.6 | 15:05.6 |
| 2 Alex Hanson | 8 | Less | | 15:39.2 | 30:44.8 |
| 3 Davis Rieck | 8 | Less | | 15:59.0 | 46:43.8 |
| 4 Cayden Weckerly | 8 | Less | | 16:37.0 | 1:03:20.8 |

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|---------------------------|---|------|--|-------------------------------|---------|
| Maple River | | | | Finish Position - Inc. | |
| Team Score (places): Inc. | | | | | |
| Average Time: | | | | | |
| 1 Logan Bender | 6 | Less | | 12:32.9 | 12:32.9 |
| 2 Christopher Bender | | Less | | 15:34.4 | 28:07.3 |
| 3 Bridger Knott | | Less | | 17:52.1 | 45:59.4 |

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|---------------------------|---|------|--|-------------------------------|---------|
| Ada-Borup-West | | | | Finish Position - Inc. | |
| Team Score (places): Inc. | | | | | |
| Average Time: | | | | | |
| 1 Beckett Odden | 7 | Less | | 12:22.0 | 12:22.0 |
| 2 Daniel Babolian | 8 | Less | | 12:42.8 | 25:04.8 |

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|---------------------------|---|------|--|-------------------------------|---------|
| Clearbrook-Gonvick | | | | Finish Position - Inc. | |
| Team Score (places): Inc. | | | | | |
| Average Time: | | | | | |
| 1 Auggie Wishard | 8 | Less | | 13:07.1 | 13:07.1 |
| 2 Elias Haugan | | Less | | 13:08.8 | 26:15.9 |

September 08, 2023

Men
JH Boys 3000m

| <u>Name</u> | <u>Grade</u> | <u>Place</u> | <u>Cum Place</u> | <u>Time</u> | <u>Cum Time</u> |
|-----------------------------------|--------------|--------------|----------------------|-------------|---------------------|
| Lake Park-Audubon | | | | | |
| Finish Position - Inc. | | | | | |
| Team Score (places): | Inc. | | | | |
| Average Time: | | | | | |
| 1 Tydan Eiter | 8 | Less | | 12:21.5 | 12:21.5 |
| 2 Samuel Strom | 8 | Less | | 12:22.7 | 24:44.2 |
| LaMoire/Litch-Marion | | | | | |
| Finish Position - Inc. | | | | | |
| Team Score (places): | Inc. | | | | |
| Average Time: | | | | | |
| 1 Brody Heyd | 7 | Less | | 12:37.2 | 12:37.2 |
| 2 Brady Feiken | 7 | Less | | 17:48.5 | 30:25.7 |
| Lisbon | | | | | |
| Finish Position - Inc. | | | | | |
| Team Score (places): | Inc. | | | | |
| Average Time: | | | | | |
| 1 Micah Froemke | 8 | Less | | 12:52.2 | 12:52.2 |
| 2 Sawyer Froemke | 8 | Less | | 12:54.8 | 25:47.0 |
| Hillcrest Lutheran Academy | | | | | |
| Finish Position - Inc. | | | | | |
| Team Score (places): | Inc. | | | | |
| Average Time: | | | | | |
| 1 Zachary Broyles | 6 | Less | | 13:15.0 | 13:15.0 |
| Minnewaska Area | | | | | |
| Finish Position - Inc. | | | | | |
| Team Score (places): | Inc. | | | | |
| Average Time: | | | | | |
| 1 Rylan Tank | 8 | Less | | 12:59.0 | 12:59.0 |
| Northern Cass | | | | | |
| Finish Position - Inc. | | | | | |
| Team Score (places): | Inc. | | | | |
| Average Time: | | | | | |
| 1 Carter Larson | 7 | Less | | 17:43.2 | 17:43.2 |
| Pelican Rapids | | | | | |
| Finish Position - Inc. | | | | | |
| Team Score (places): | Inc. | | | | |
| Average Time: | | | | | |
| 1 Graham Pesch | 8 | Less | | 15:25.7 | 15:25.7 |
| Riverside Christian | | | | | |
| Finish Position - Inc. | | | | | |
| Team Score (places): | Inc. | | | | |
| Average Time: | | | | | |
| 1 Talon O'Neil | 7 | Less | | 21:46.1 | 21:46.1 |
| Staples-Motley | | | | | |
| Finish Position - Inc. | | | | | |
| Team Score (places): | Inc. | | | | |
| Average Time: | | | | | |
| 1 Jackson Odden | 7 | Less | | 13:28.6 | 13:28.6 |