

E-HAWK XC INVITATIONAL

Emmetsburg, IA

Iowa Lakes Community College

Host: Emmetsburg High School

Monday, September 16, 2024

MEET OFFICIALS

Timing:

Hero's Timing

**OFFICIAL MEET REPORT**

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Race #3
Girls JV 5K**Final Results****INDIVIDUAL RESULTS**

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 KINLEY NILLES	HUMBOLDT	-	30:54.1	---	9:56.2	6:10.8
2 JOSIE SAXTON	EMMETSBURG	-	33:08.8	2:14.7	10:39.5	6:37.8
3 KATE SIEVERS	HUMBOLDT	-	33:22.3	2:28.2	10:43.8	6:40.4
4 MICAYLA JOHNSON	EMMETSBURG	-	33:25.9	2:31.8	10:45.0	6:41.2
5 MIA SANCHEZ	HUMBOLDT	-	33:29.7	2:35.6	10:46.2	6:41.9
6 MORGAN KANEER	EMMETSBURG	-	33:32.5	2:38.4	10:47.1	6:42.5
7 LAUREN ROUSE	EMMETSBURG	-	35:33.9	4:39.8	11:26.1	7:06.8
8 CLAIRE OLSON	HUMBOLDT	-	35:34.1	4:40.0	11:26.2	7:06.8