

Overall Finish List

September 13, 2022

**Girls**  
**Varsity Girls 5000m**

**Girls**  
**Varsity Girls 5000m**

Place	Score	Name	Team	Time
1	1	Mileena Sullivan	Hibbing	20:02.6
2	2	Kendra Swanson	Northwest	20:12.8
3	3	Taylor Bourgoine	Northwest	20:38.5
4	4	Lizzy Harnell	Proctor	20:43.9
5	(< 5)	Julia Daubner	Princeton	20:46.0
6	5	Eva Johnson	Pine City	20:50.4
7	6	Grace McCormick	Duluth Denfeld	20:53.3
8	7	Evelyn Brodeen	South	21:02.8
9	8	Gianna Figueroa	Hibbing	21:08.6
10	9	Aly Marshall	Providence	21:10.9
11	10	Quinn Gruber	Pierz	21:12.2
12	11	Salina Michael	Northwest	21:14.9
13	12	Carissa Andres	Pierz	21:18.4
14	13	Reese Hartl	Hinckley-Finlayson	21:20.0
15	14	Rachel Brown	Pine City	21:29.7
16	15	Abigail Theien	Hibbing	21:37.7
17	16	Addison Burckhardt	South	21:39.4
18	17	Chloe Lochner	Pierz	21:40.3
19	(< 5)	Jemi Keranen	East Central	21:40.4
20	18	Jocelyn Strukel	Hibbing	21:47.2
21	19	Paige Evans	Proctor	21:57.8
22	20	Zoey Burckhardt	South	22:02.9
23	21	Paisley Kleiman	Proctor	22:08.9
24	22	Ferrah LaLone	Hermantown	22:17.1
25	(< 5)	Lauren Stemper	NLA/LILA	22:18.0
26	23	Katie Calcamuggio	Northwest	22:21.8
27	24	Emma Kowalczyk	Pierz	22:24.2
28	25	Leni Kuhn	Providence	22:26.0
29	26	Avery Kukowski	Hibbing	22:36.7
30	27	Jorie Anderson	Hibbing	22:46.7
31	28	Tegan Fordahl	South	22:51.9
32	29	Reese Aune	Hibbing	22:53.8
33	30	Lily Winters	Northwest	22:55.2
34	31	Scar Vanderscheuren	South	22:55.5
35	32	Elise Cawcutt	Cloquet	22:56.4
36	(< 5)	Emily Lindgren	Princeton	22:57.3
37	33	Annika DeGracia	Mora	22:57.9
38	34	Haley Geiger	Hinckley-Finlayson	23:08.3
39	35	Lillian Paul	Duluth Denfeld	23:10.7
40	36	Emma Belsheim	Pine City	23:13.7
41	(< 5)	Isabelle Yuhanna	NLA/LILA	23:21.1
42	37	Holly Braun	Foley	23:24.3
43	38	Grace Nichols	Hermantown	23:25.4
44	39	Julia Knight	Proctor	23:28.5
45	40	Miia Johnson	Rock Ridge	23:30.7
46	41	Maria Jose Plotts	Northwest	23:32.0
47	42	Keanna Simula	Cloquet	23:34.1
48	43	Josie Couillard	Hermantown	23:42.9
49	44	Eden Andres	Pierz	23:44.3
50	45	Rachel Bettendorf	Proctor	23:47.1
51	46	Tayah Anderson	Mora	23:49.4
52	47	Claire VanHandel	Providence	23:50.8
53	48	Bri LaCore	Cloquet	23:52.7
54	49	Maija Lamppa	Rock Ridge	23:55.5
55	50	Nora Stark	Rock Ridge	23:55.9
56	51	Alexa Shepherd	Cloquet	24:04.1

Place	Score	Name	Team	Time
57	(< 5)	Lexi Johnson	NLA/LILA	24:12.7
58	52	Lola Witty	Proctor	24:26.6
59	53	Linell Atta	Mora	24:32.8
60	54	Victoria Nelson	Cloquet	24:32.9
61	55	Peyton Perreault	Pine City	24:35.8
62	56	Adrianna Nelson	Cloquet	24:38.8
63	57	Bailey Gorsegner	Mora	24:39.8
64	58	Gracie Larson	Pine City	24:45.4
65	59	Kenzie Johnson	Hermantown	24:48.1
66	60	Morgan Litke	Pierz	24:49.7
67	61	Lauren Thom	Hinckley-Finlayson	24:49.9
68	62	Autumn Painovich	Hinckley-Finlayson	24:53.4
69	(< 5)	Ava Johnson	Braham	24:53.9
70	63	Brooke Kahrl	Providence	24:55.1
71	64	Kaitlyn Foster	Foley	24:55.3
72	65	Paige Gray	Pine City	24:59.4
73	66	Mya Zawacki	Foley	25:09.8
74	67	Corrina Tvedt	Hinckley-Finlayson	25:22.0
75	68	Sara McCormick	Duluth Denfeld	25:25.1
76	69	Melia Cmiel	Providence	25:26.4
77	70	Brynley Heisel	Rock Ridge	25:28.4
78	71	Amanda Johnson	Rock Ridge	25:36.2
79	72	Emma Lamppa	Rock Ridge	25:36.3
80	73	Billie Maye Pohlkamp	Pierz	25:49.4
81	74	Annelise Jennissen	Foley	25:52.4
82	(< 5)	Ayla Nygaard	St. Cloud Christian	25:54.7
83	75	Ginger Paul	Duluth Denfeld	25:56.5
84	(< 5)	Alison Shockman	Braham	26:04.2
85	76	Caitlin Cox	Hermantown	26:05.3
86	77	Ada Halverson	Mora	26:08.8
87	78	Karla Qual	Mora	26:09.3
88	79	Isabella McPhee	Proctor	26:10.4
89	(< 5)	Delaney Dyer	St. Cloud Christian	26:18.2
90	80	Presley Paulson	Hermantown	26:19.2
91	81	Kyra Robinson	Duluth Denfeld	26:32.9
92	82	Lilian Sachs	Foley	26:35.8
93	83	Morgan Panichi	Hermantown	26:51.4
94	84	Kendal Pillar	Rush City	27:39.1
95	85	Rory Bundy	South	27:54.3
96	86	Addison Dahler	Foley	28:19.2
97	87	Sequora Hahn	Rush City	28:29.9
98	88	Milla Beldo	Duluth Denfeld	28:33.5
99	89	Paityn Adickes	Rush City	29:30.8
100	90	Grace Folkema	Rush City	30:37.5
101	91	Meg Ferrie	Rush City	30:49.6
102	92	Heidi Gregoire	Rush City	31:00.6
103	(< 5)	Marisa Lebens	NLA/LILA	31:46.0
104	93	Ava Nichols	Rush City	32:45.9

September 13, 2022

**Girls**  
**Varsity Girls 5000m**

**Girls**  
**Varsity Girls 5000m**

Name	Place	Cum Place	Time	Cum Time
<b>Hibbing</b>				
Team Score (places): 68				
Average Time: 21:26.6				
1 Mileena Sullivan	1	1	20:02.6	20:02.6
2 Gianna Figueroa	8	9	21:08.6	41:11.2
3 Abigail Theien	15	24	21:37.7	1:02:48.9
4 Jocelyn Strukel	18	42	21:47.2	1:24:36.1
5 Avery Kukowski	26	68	22:36.7	1:47:12.8
6 Jorie Anderson	(27)	(95)	22:46.7	2:09:59.5
7 Reese Aune	(29)	(124)	22:53.8	2:32:53.3

<b>Northwest Nighthawks</b>				
Team Score (places): 69				
Average Time: 21:28.7				
1 Kendra Swanson	2	2	20:12.8	20:12.8
2 Taylor Bourgoine	3	5	20:38.5	40:51.3
3 Salina Michael	11	16	21:14.9	1:02:06.2
4 Katie Calcamuggio	23	39	22:21.8	1:24:28.0
5 Lily Winters	30	69	22:55.2	1:47:23.2
6 Maria Jose Plotts	(41)	(110)	23:32.0	2:10:55.2

<b>South Ridge/Cherry/North Woods/NE Range</b>				
Team Score (places): 102				
Average Time: 22:06.5				
1 Evelyn Brodeen	7	7	21:02.8	21:02.8
2 Addison Burckhardt	16	23	21:39.4	42:42.2
3 Zoey Burckhardt	20	43	22:02.9	1:04:45.1
4 Tegan Fordahl	28	71	22:51.9	1:27:37.0
5 Scar Vanderscheuren	31	102	22:55.5	1:50:32.5
6 Rory Bundy	(85)	(187)	27:54.3	2:18:26.8

<b>Pierz</b>				
Team Score (places): 107				
Average Time: 22:03.9				
1 Quinn Gruber	10	10	21:12.2	21:12.2
2 Carissa Andres	12	22	21:18.4	42:30.6
3 Chloe Lochner	17	39	21:40.3	1:04:10.9
4 Emma Kowalczyk	24	63	22:24.2	1:26:35.1
5 Eden Andres	44	107	23:44.3	1:50:19.4
6 Morgan Litke	(60)	(167)	24:49.7	2:15:09.1
7 Billie Maye Pohlkamp	(73)	(240)	25:49.4	2:40:58.5

<b>Proctor</b>				
Team Score (places): 128				
Average Time: 22:25.3				
1 Lizzy Harnell	4	4	20:43.9	20:43.9
2 Paige Evans	19	23	21:57.8	42:41.7
3 Paisley Kleiman	21	44	22:08.9	1:04:50.6
4 Julia Knight	39	83	23:28.5	1:28:19.1
5 Rachel Bettendorf	45	128	23:47.1	1:52:06.2
6 Lola Witty	(52)	(180)	24:26.6	2:16:32.8
7 Isabella McPhee	(79)	(259)	26:10.4	2:42:43.2

<b>Pine City</b>				
Team Score (places): 168				
Average Time: 22:59.0				
1 Eva Johnson	5	5	20:50.4	20:50.4

Name	Place	Cum Place	Time	Cum Time
<b>Pine City</b>				
Team Score (places): 168				
Average Time: 22:59.0				
2 Rachel Brown	14	19	21:29.7	42:20.1
3 Emma Belshem	36	55	23:13.7	1:05:33.8
4 Peyton Perreault	55	110	24:35.8	1:30:09.6
5 Gracie Larson	58	168	24:45.4	1:54:55.0
6 Paige Gray	(65)	(233)	24:59.4	2:19:54.4

<b>Providence Academy</b>				
Team Score (places): 213				
Average Time: 23:33.9				
1 Aly Marshall	9	9	21:10.9	21:10.9
2 Leni Kuhn	25	34	22:26.0	43:36.9
3 Claire VanHandel	47	81	23:50.8	1:07:27.7
4 Brooke Kahrl	63	144	24:55.1	1:32:22.8
5 Melia Cmiel	69	213	25:26.4	1:57:49.2

<b>Cloquet</b>				
Team Score (places): 227				
Average Time: 23:48.1				
1 Elise Cawcutt	32	32	22:56.4	22:56.4
2 Keanna Simula	42	74	23:34.1	46:30.5
3 Bri LaCore	48	122	23:52.7	1:10:23.2
4 Alexa Shepherd	51	173	24:04.1	1:34:27.3
5 Victoria Nelson	54	227	24:32.9	1:59:00.2
6 Adrianna Nelson	(56)	(283)	24:38.8	2:23:39.0

<b>Hinckley-Finlayson</b>				
Team Score (places): 237				
Average Time: 23:54.8				
1 Reese Hartl	13	13	21:20.0	21:20.0
2 Haley Geiger	34	47	23:08.3	44:28.3
3 Lauren Thom	61	108	24:49.9	1:09:18.2
4 Autumn Painovich	62	170	24:53.4	1:34:11.6
5 Corrina Tvedt	67	237	25:22.0	1:59:33.6

<b>Hermantown</b>				
Team Score (places): 238				
Average Time: 24:03.8				
1 Ferrah LaLone	22	22	22:17.1	22:17.1
2 Grace Nichols	38	60	23:25.4	45:42.5
3 Josie Couillard	43	103	23:42.9	1:09:25.4
4 Kenzie Johnson	59	162	24:48.1	1:34:13.5
5 Caitlin Cox	76	238	26:05.3	2:00:18.8
6 Presley Paulson	(80)	(318)	26:19.2	2:26:38.0
7 Morgan Panichi	(83)	(401)	26:51.4	2:53:29.4

<b>Duluth Denfeld</b>				
Team Score (places): 265				
Average Time: 24:23.7				
1 Grace McCormick	6	6	20:53.3	20:53.3
2 Lillian Paul	35	41	23:10.7	44:04.0
3 Sara McCormick	68	109	25:25.1	1:09:29.1
4 Ginger Paul	75	184	25:56.5	1:35:25.6
5 Kyra Robinson	81	265	26:32.9	2:01:58.5
6 Milla Beldo	(88)	(353)	28:33.5	2:30:32.0

September 13, 2022

**Girls**  
**Varsity Girls 5000m**

**Girls**  
**Varsity Girls 5000m**

<u>Name</u>	<u>Place</u>	<u>Cum Place</u>	<u>Time</u>	<u>Cum Time</u>
<b>Mora</b>				
Team Score (places): 266				
Average Time: 24:25.8				
1 Annika DeGracia	33	33	22:57.9	22:57.9
2 Tayah Anderson	46	79	23:49.4	46:47.3
3 Linell Atta	53	132	24:32.8	1:11:20.1
4 Bailey Gorsegrner	57	189	24:39.8	1:35:59.9
5 Ada Halverson	77	266	26:08.8	2:02:08.7
6 Karla Qual	(78)	(344)	26:09.3	2:28:18.0
<b>Finish Position - 12</b>				
<b>Rock Ridge</b>				
Team Score (places): 280				
Average Time: 24:29.4				
1 Miia Johnson	40	40	23:30.7	23:30.7
2 Maija Lamppa	49	89	23:55.5	47:26.2
3 Nora Stark	50	139	23:55.9	1:11:22.1
4 Brynley Heisel	70	209	25:28.4	1:36:50.5
5 Amanda Johnson	71	280	25:36.2	2:02:26.7
6 Emma Lamppa	(72)	(352)	25:36.3	2:28:03.0
<b>Finish Position - 13</b>				
<b>Foley</b>				
Team Score (places): 323				
Average Time: 25:11.6				
1 Holly Braun	37	37	23:24.3	23:24.3
2 Kaitlyn Foster	64	101	24:55.3	48:19.6
3 Mya Zawacki	66	167	25:09.8	1:13:29.4
4 Annelise Jennissen	74	241	25:52.4	1:39:21.8
5 Lilian Sachs	82	323	26:35.8	2:05:57.6
6 Addison Dahler	(86)	(409)	28:19.2	2:34:16.8
<b>Finish Position - 14</b>				
<b>Rush City</b>				
Team Score (places): 441				
Average Time: 29:25.4				
1 Kendal Pillar	84	84	27:39.1	27:39.1
2 Sequora Hahn	87	171	28:29.9	56:09.0
3 Paityn Adickes	89	260	29:30.8	1:25:39.8
4 Grace Folkema	90	350	30:37.5	1:56:17.3
5 Meg Ferrie	91	441	30:49.6	2:27:06.9
6 Heidi Gregoire	(92)	(533)	31:00.6	2:58:07.5
7 Ava Nichols	(93)	(626)	32:45.9	3:30:53.4
<b>Finish Position - 15</b>				
<b>NLA/LILA</b>				
Team Score (places): Inc.				
Average Time:				
1 Lauren Stemper	Less		22:18.0	22:18.0
2 Isabelle Yuhanna	Less		23:21.1	45:39.1
3 Lexi Johnson	Less		24:12.7	1:09:51.8
4 Marisa Lebens	Less		31:46.0	1:41:37.8
<b>Finish Position - Inc.</b>				
<b>Braham</b>				
Team Score (places): Inc.				
Average Time:				
1 Ava Johnson	Less		24:53.9	24:53.9
2 Alison Shockman	Less		26:04.2	50:58.1

<u>Name</u>	<u>Place</u>	<u>Cum Place</u>	<u>Time</u>	<u>Cum Time</u>
<b>Princeton</b>				
Team Score (places): Inc.				
Average Time:				
1 Julia Daubner	Less		20:46.0	20:46.0
2 Emily Lindgren	Less		22:57.3	43:43.3
<b>Finish Position - Inc.</b>				
<b>St. Cloud Christian</b>				
Team Score (places): Inc.				
Average Time:				
1 Ayla Nygaard	Less		25:54.7	25:54.7
2 Delaney Dyer	Less		26:18.2	52:12.9
<b>Finish Position - Inc.</b>				
<b>East Central</b>				
Team Score (places): Inc.				
Average Time:				
1 Jemi Keranen	Less		21:40.4	21:40.4