

Run/Skate/Walk to Prevent Suicides

Age Group Results

5K

Female 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	McKenzie Maki	Bemidji	12	1833	29	26:13.5
2	Allison Beard	Shevlin	12	1858	30	26:13.7
3	Haley Murray	Blackduck	1	1781	71	35:34.2
4	ellah canty	Bemidji	7	1924	105	59:24.2
5	Maya Prim	Bemidji	7	1923	106	59:26.1
6	Matilda Shipley	Bemidji	5	1876	110	1:02:19.3

Female 15 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Jolynne Denman	Bemidji	19	1880	10	22:47.2
2	Britta Berg	Hawley	20	1745	20	24:42.2
3	Nicole Szech	Long Prairie	19	1883	24	25:48.8
4	Emily Turner	Bemidji	20	1882	25	25:48.8
5	Nicole Crummy	Bemidji	19	1889	26	25:49.0
6	Sammie Taube	Bemidji	20	1884	27	25:49.1
7	Austyn Eng	Bemidji	19	1887	33	27:18.3
8	Emily Paquin	Bemidji	20	1888	34	27:18.9
9	Mikayla Connell	Bemidji	19	1902	35	27:19.0
10	Laura Heisler	Bemidji	21	1750	39	28:02.7
11	Jane Austin	Duluth	18	1901	41	28:20.6
12	Krisitnn Hamilton	Grand Rapids	19	1871	50	32:14.4
13	Evan Kolberg	bemidji	19	1776	54	33:03.6
14	Morgan Cunningham	Bemidji	19	1775	55	33:07.6
15	Tessa Comstock	Bemidji	23	1784	56	33:14.0
16	Kari Nohner	Bemidji	24	1827	57	33:14.0
17	Amy Hambrecht		23	1785	58	33:14.2
18	Abby Larsen	Bemidji	21	1778	60	33:26.0
19	Dezaray Thoen	Bemidji	21	1816	62	34:41.2
20	Kari Cooper	Bemidji	21	1818	63	34:41.5
21	Cara Mielke	Bemidji	21	1817	64	34:41.6
22	Kelsey Kramer	Hector	18	1791	68	35:10.8
23	Molly Carlson	Bemidji	18	1764	69	35:10.8
24	Lexi Faue	Brooklyn Park	18	1766	70	35:10.9
25	Laura Kosloske	Clear Lake	24	1900	72	35:35.6
26	Sarah Lang	Bemidji	24	1899	73	35:37.4
27	Ellen Carlson	Bemidji	20	1765	74	35:43.2
28	Kelsie Murray	Blackduck	16	1782	78	36:26.1
29	Jerusha Sanjeevi	Bemidji	21	1771	80	36:52.3
30	Paula Pearsall	Ponemah	17	1904	91	38:49.4
31	Sierra Heck	Kelliher	15	1903	92	38:49.4

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32	Felicia <ainrum	Pine City	22	1905	93	39:40.7
33	Lindsey Westbrook	redby	23	1928	98	42:04.9
34	Shannon Wittner	Bemidji	23	1859	100	44:27.4
35	Christina Schultz	Buffalo	22	1908	101	45:51.2
36	katie Spadino	Shakopee	22	1906	102	45:51.2
37	Ashley Wandt	Bemidji	21	1828	103	46:42.9

Female 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Lindsay Daniels	Bemidji	33	1894	19	24:40.4
2	Cassandra Medina	Bemidji	27	1881	32	26:33.8
3	Alita Reque-Peterson	Walker	29	1752	40	28:08.1
4	Sara Stone	Wadena	33	1895	42	28:24.2
5	Jessica Swedberg	Bemidji	32	1853	51	32:42.7
6	Lindsey Whiting	Bemidji	28	1855	53	32:55.0
7	Oogii Marantsogt	Bemidji	34	1873	66	34:59.4
8	Kendra Martinez	Blackduck	28	1746	77	36:04.1
9	JAIMIE MYERS	BEMIDJI	26	1777	84	38:15.7
10	Tashia Strong	Redby	28	1929	99	43:07.1
11	Emma Jennings	Bemidji	27	1892	104	51:28.2
12	Shannon Murray	Bemidji	32	1877	109	1:02:18.4
13	Liz Stury	Redlake	33	1926	112	1:05:20.7

Female 35 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Lisa Lindgren	Bemidji	41	1890	14	23:32.7
2	Tonya Prim	Bemidji	38	1922	45	30:06.9
3	Sonia Wadena	Bemidji	38	1846	49	31:56.1
4	Jen Voge	Bemidji	41	1841	52	32:50.3
5	Lisa Westlund	Cass Lake	41	1758	65	34:43.9
6	Andrea Fricke	Bemidji	40	1832	75	35:53.7
7	Anna Ford	Bemidji	35	1898	86	38:42.9
8	Amy Bardwell	Park Rapids	41	1773	89	38:46.8
9	Gina Stender	Bemidji	42	1875	90	38:47.1
10	Swan Sherwood	Redlake	36	1927	115	1:24:54.8

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Female 45 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Kathy Klein	Bertha	54	1830	46	30:17.9
2	Linda Hamilton	Grand Rapids	49	1872	59	33:20.8
3	Mary Ann Thompson	Bemidji	54	1790	82	37:27.6
4	Julie Miller	Laporte	46	1915	83	37:28.1
5	Laurel Lussier	Redlake	46	1850	85	38:28.1
6	Liz Letson	Bemidji	48	1897	87	38:43.8
7	Valerie K.Olson	Bemidji	52	1869	94	41:09.0
8	Nikki Josefson	Bemidji	54	1917	97	41:56.6

Female 55 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Michelle Traeger-Nelson	Bemidji	56	1836	48	31:19.9

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1	Ethan Maish	Bemidji	11	1823	6	22:00.9
2	Carson Maish	Bemidji	9	1822	9	22:40.2
3	Zac Doe	Bemidji	13	1813	17	24:37.1
4	Jack McCrady	Bemidji	8	1824	43	28:30.2
5	Cash Knutson	Bemidji	8	1762	107	1:01:37.8
6	Cael Knutson	Bemidji	8	1761	108	1:01:38.2
7	Xaier Shipley	Bemidji	6	1878	111	1:02:48.6
8	Nathaniel Taylor		13	1912	114	1:24:42.5

Male 15 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Joseph Penn	Bemidji	22	1891	1	19:09.3
2	Alex Johannes	Clearwater	18	1810	3	20:08.6
3	Alex Stretar	Apple Valley	18	1811	5	21:48.3
4	Evan Wilson	Bemidji	20	1838	7	22:10.2
5	Nick Lee	Bemidji	23	1852	13	23:16.1
6	Jake Nelson	Bemidji	21	1837	16	24:05.7
7	David Teeples	Hawley	22	1744	18	24:38.0
8	Nicholas Madsen	Bemidji	21	1907	28	26:10.1
9	Corey Medina	Bemidji	23	1886	31	26:33.7
10	Logan Benedict	Bemidji	18	1864	37	27:53.1
11	Cameron McCaddon	Bemidji	17	1840	61	33:39.8
12	Colton Adams	Bagley	16	1815	79	36:26.3

Male 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Corey St. Peter	Cass Lake	33	1812	4	21:33.6
2	Jarrold Mystic	Bemidji	28	1825	12	23:11.8
3	Chad Brown	Bemidji	28	1862	15	23:40.3
4	Sharon Whiting	Bemidji	28	1854	22	25:34.4
5	Nathan Mentz	Bemidji	30	1874	36	27:29.9

Male 35 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Paul Straubel	Bemidji	37	1820	2	19:47.3
2	Dustin Prim	Bemidji	38	1925	21	25:29.7

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3	Michael Wiltse	Bemidji	37	1751	23	25:41.1
4	Eric Nance	BAGLEY	37	1774	88	38:46.5
5	Nathaniel Taylor	Redlake	38	1919	113	1:13:23.5

Male 45 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Larry Woodbridge	Nevis	49	1792	11	22:51.5
2	Dean Prestby	TURTLE RIVER	49	1788	38	27:56.6
3	Brian Haynes	Roseau	49	1768	44	29:45.2
4	derrick Houle	Bemidji	49	1931	47	31:14.5
5	Randy McKain	Bemidji	54	1829	67	35:09.7
6	Tom Letson	Bemidji	51	1896	81	36:55.3
7	Dan Olson	Bemidji	51	1870	95	41:09.0

Male 55 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Daniel DOMEIER	Bemidji	56	1819	8	22:16.3
2	Greg Ramey	Bemidji	61	1831	76	35:54.4
3	Gary Pussell	Bemidji	56	1930	96	41:15.1

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10K

Race Date
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Female 15 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Alyssa Bassett	Bemidji	23	1867	10	51:59.9
2	Amber Laffin	Bemidji	24	1804	14	54:16.3
3	Kara Visger	Bemidji	21	1808	15	54:35.6
4	Sarah Haines	Bemidji	20	1749	16	54:54.9
5	Libby Bingman	Savage	18	1913	18	56:37.7
6	Angie Wagemaker	Bemidji	19	1755	21	56:59.2
7	Stephanie Miller	Esko	19	1756	23	57:01.1
8	Sadi Dukek	Bemidji	23	1868	26	59:26.3
9	Kelli Gibeau	Bemidji	22	1805	35	1:02:07.2
10	Katheryn Statton	Bemidji	23	1806	36	1:02:07.2
11	Rachel Pollock	Bemidji	19	1835	40	1:03:19.8
12	Amber Malone	Bemidji	20	1807	43	1:10:09.1
13	Jasmine Fairbanks	Bemidji	22	1767	46	1:22:38.4

Female 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Angie Bokovoy	Bemidji	31	1753	24	58:23.7
2	Allyson Holte	Bemidji	32	1849	30	1:00:32.9
3	Ashley Brue	Bemidji	28	1848	31	1:00:56.3
4	Amy Olson	Bemidji	28	1802	34	1:02:02.1
5	Andrea Kingbird	Bemidji	34	1834	41	1:05:37.2

Female 35 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Melanie Schmidt	Bemidji	37	1799	7	50:20.1
2	Jennifer PirkI	Bemidji	38	1803	13	52:39.3
3	Betsy Bignall	Bemidji	36	1760	19	56:51.2
4	Amy Riley	Bemidji	38	1754	20	56:51.2
5	Laura Stucki	Bemidji	37	1839	27	59:27.7
6	Carrie Lewis-Kemper	Blaine	36	1860	33	1:01:13.0
7	Mishel Carlson	Bemidji	44	1857	37	1:02:15.6
8	Karin Harrison	Bemidji	38	1866	38	1:02:19.0
9	Heide Emerson	Bemidji	43	1770	44	1:14:29.2
10	Tracie Walter	Bemidji	39	1769	45	1:14:29.3

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1	Tammy Iverson	Bemidji	46	1861	32	1:01:12.9

Female 55 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Mary Walter	Bemidji	59	1795	28	59:44.8

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1	Ethan Curry	Prior	18	1914	17	56:36.5
2	Alex Neadeau	Redlake	22	1909	22	57:00.3
3	Justin Ivers	Bemidji	22	1809	29	1:00:14.2
4	Jeremiah Hunter	Redlake	22	1916	42	1:09:21.2

Male 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Joe Johnson	Bemidji	33	1863	3	42:56.9
2	Harvey Ray	Redlake	33	1879	9	50:54.2

Male 35 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Eloy Cecena	Bemidji	39	1797	2	41:42.6
2	Wade Schmidt	Bemidji	43	1798	4	48:18.6
3	Mark Carlson	Bemidji	44	1856	5	49:17.2

Male 45 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Jeff Neltner	Peoria	49	1851	1	40:33.3
2	John Gonzalez	Bemidji	45	1911	6	49:20.3
3	Rich Moen	Bemidji	49	1847	11	52:14.5
4	Floyd Jourdain	Redlake	49	1910	12	52:14.7
5	Daniel Norvold	Bemidji	49	1814	25	58:51.8
6	Steve Smith	Bemidji	48	1845	39	1:03:11.7

Male 55 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Fred Forseman	Bemidji	61	1821	8	50:33.5