

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022

Univ. of Minnesota - Morris

Results

Women 100 Meter Dash

UMAC Record: 12.42 @ 2016

Tejay Foy, Minnesota-Morris

| Name | Yr | School | Prelims | Wind | H# |
|-----------------------|----|-----------------------|---------|------|----|
| Preliminaries | | | | | |
| 1 Gow, Leann | SR | Wis.-Superior | 12.63 Q | 3.2 | 2 |
| 2 Salzwedel, Olivia | SR | Minnesota-Morris | 12.64 Q | 4.0 | 1 |
| 3 Trucksess, Deanna | SO | Northwestern (Minn.) | 12.78 Q | 2.8 | 3 |
| 4 Terry, Jasmine | SR | Minnesota-Morris | 12.91 q | 4.0 | 1 |
| 5 Gross, Lydia | SO | Minnesota-Morris | 12.95 q | 3.2 | 2 |
| 6 Pankow, Maia | FR | Martin Luther | 13.42 q | 4.0 | 1 |
| 7 Benson, Jenna | SR | Minnesota-Morris | 13.44 q | 2.8 | 3 |
| 8 Jackson, Emily | FR | Bethany Lutheran | 13.49 q | 3.2 | 2 |
| 9 Lynch, MacKenzie | JR | Martin Luther | 13.54 | 2.8 | 3 |
| 10 Lanes, Serena | FR | North Central (Minn.) | 13.60 | 4.0 | 1 |
| 11 Mattek, Chloe | FR | Martin Luther | 13.92 | 3.2 | 2 |
| 12 Miller, Nakima | FR | North Central (Minn.) | 14.43 | 2.8 | 3 |
| 13 Merritt, Trinity | FR | Wis.-Superior | 15.19 | 4.0 | 1 |
| 14 Renderman, Savanna | FR | Wis.-Superior | 15.31 | 4.0 | 1 |
| 15 Johnson, Hannah | FR | North Central (Minn.) | 15.38 | 3.2 | 2 |
| 16 Anderson, Miriam | FR | North Central (Minn.) | 15.80 | 3.2 | 2 |

Women 100 Meter Dash

UMAC Record: 12.42 @ 2016

Tejay Foy, Minnesota-Morris

| Name | Yr | School | Finals | Wind | Points |
|---------------------|----|----------------------|--------|------|--------|
| Finals | | | | | |
| 1 Gow, Leann | SR | Wis.-Superior | 12.40 | 7.9 | 10 |
| 2 Salzwedel, Olivia | SR | Minnesota-Morris | 12.46 | 7.9 | 8 |
| 3 Trucksess, Deanna | SO | Northwestern (Minn.) | 12.67 | 7.9 | 6 |
| 4 Terry, Jasmine | SR | Minnesota-Morris | 12.75 | 7.9 | 5 |
| 5 Gross, Lydia | SO | Minnesota-Morris | 12.88 | 7.9 | 4 |
| 6 Jackson, Emily | FR | Bethany Lutheran | 13.29 | 7.9 | 3 |
| 7 Benson, Jenna | SR | Minnesota-Morris | 13.32 | 7.9 | 2 |
| 8 Pankow, Maia | FR | Martin Luther | 13.37 | 7.9 | 1 |

Women 200 Meter Dash

UMAC Record: 25.49 @ 5/1/2015

Sammi Argir, St. Scholastica

| Name | Yr | School | Finals | Wind | H# | Points |
|---------------------|----|-----------------------|--------|------|----|--------|
| Finals | | | | | | |
| 1 Gow, Leann | SR | Wis.-Superior | 25.78 | 3.8 | 4 | 10 |
| 2 Trucksess, Deanna | SO | Northwestern (Minn.) | 26.39 | 3.8 | 4 | 8 |
| 3 Gross, Lydia | SO | Minnesota-Morris | 27.15 | 3.8 | 4 | 6 |
| 4 Salzwedel, Olivia | SR | Minnesota-Morris | 27.41 | 3.8 | 4 | 5 |
| 5 Frias, Elizabeth | FR | Minnesota-Morris | 27.69 | 3.8 | 4 | 4 |
| 6 Lynch, MacKenzie | JR | Martin Luther | 27.83 | 3.8 | 3 | 3 |
| 7 DeQuevedo, Alexxa | JR | Wis.-Superior | 27.90 | 3.8 | 4 | 2 |
| 8 Brueckner, Anna | SO | Crown | 27.94 | 3.8 | 4 | 1 |
| 9 Pankow, Maia | FR | Martin Luther | 28.32 | 3.8 | 3 | |
| 10 Seegers, Mary | SR | North Central (Minn.) | 28.40 | 3.8 | 3 | |
| 11 Lanes, Serena | FR | North Central (Minn.) | 28.45 | 3.8 | 4 | |
| 12 Landwer, Maggie | FR | Minnesota-Morris | 28.57 | 3.8 | 3 | |
| 13 Peters, Kim | FR | Minnesota-Morris | 28.70 | 3.8 | 3 | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Finals ... (Women 200 Meter Dash)**

| Name | Yr | School | Finals | Wind | H# | Points |
|-----------------------|----|-----------------------|--------|------|----|--------|
| 14 Nowak, Megan | SR | Northwestern (Minn.) | 29.36 | 3.8 | 3 | |
| 15 Wahl, Jenna | SO | Bethany Lutheran | 29.84 | 3.8 | 3 | |
| 16 Smith, Ann | FR | North Central (Minn.) | 30.12 | 3.8 | 3 | |
| 17 Bejarano, Jasmine | SR | Bethany Lutheran | 30.50 | 5.2 | 2 | |
| 18 Shield, Bethany | SR | North Central (Minn.) | 30.60 | 3.1 | 1 | |
| 19 DeLange, Morgan | FR | North Central (Minn.) | 30.87 | 5.2 | 2 | |
| 20 Miller, Nakima | FR | North Central (Minn.) | 31.22 | 5.2 | 2 | |
| 21 Evans, Hailie | FR | Wis.-Superior | 32.05 | 5.2 | 2 | |
| 22 Renderman, Savanna | FR | Wis.-Superior | 32.12 | 5.2 | 2 | |
| 23 Johnson, Hannah | FR | North Central (Minn.) | 34.03 | 5.2 | 2 | |
| 24 DeRosa, Kendra | JR | Minnesota-Morris | 34.68 | 3.1 | 1 | |
| 25 Floyd, Mackenzie | SR | Bethany Lutheran | 36.71 | 3.1 | 1 | |

Women 400 Meter DashUMAC Record: **56.22 @ 5/2/2015 Brianna Buske, St. Scholastica**

| Name | Yr | School | Finals | H# | Points |
|----------------------|----|----------------------|---------|----|--------|
| Finals | | | | | |
| 1 Gow, Leann | SR | Wis.-Superior | 1:00.94 | 2 | 10 |
| 2 Trucksess, Deanna | SO | Northwestern (Minn.) | 1:03.10 | 2 | 8 |
| 3 Brueckner, Anna | SO | Crown | 1:03.61 | 2 | 6 |
| 4 Dobberstein, Emily | SR | Martin Luther | 1:04.32 | 2 | 5 |
| 5 Hensel, Briahna | FR | Minnesota-Morris | 1:04.38 | 2 | 4 |
| 6 Tomhave, Claire | SO | Martin Luther | 1:05.03 | 2 | 3 |
| 7 Landwer, Maggie | FR | Minnesota-Morris | 1:06.17 | 1 | 2 |
| 8 Gabb, Margaret | SR | Martin Luther | 1:06.23 | 2 | 1 |
| 9 Pankow, Maia | FR | Martin Luther | 1:07.05 | 1 | |
| 10 Krenke, Lydia | SO | Martin Luther | 1:08.10 | 1 | |
| 11 Wahl, Jenna | SO | Bethany Lutheran | 1:12.27 | 1 | |
| 12 Johnson, Mattison | SO | Wis.-Superior | 1:14.41 | 1 | |
| 13 Zaccaria, Angela | FR | Bethany Lutheran | 1:14.56 | 1 | |
| 14 Evans, Hailie | FR | Wis.-Superior | 1:16.56 | 1 | |

Women 800 Meter RunUMAC Record: **2:16.96 @ 5/5/2012 Linda Keller, Minnesota-Morris**

| Name | Yr | School | Finals | H# | Points |
|---|----|-----------------------|---------|----|--------|
| Finals | | | | | |
| 1 Brueckner, Anna | SO | Crown | 2:22.46 | 3 | 10 |
| 1:10.185 (1:10.185) 2:22.457 (1:12.273) | | | | | |
| 2 Gabb, Margaret | SR | Martin Luther | 2:26.81 | 3 | 8 |
| 1:11.375 (1:11.375) 2:26.801 (1:15.427) | | | | | |
| 3 Hoppe, Cianna | SO | Bethany Lutheran | 2:27.66 | 3 | 6 |
| 1:12.321 (1:12.321) 2:27.657 (1:15.337) | | | | | |
| 4 Lofstad, Elizabeth | SO | North Central (Minn.) | 2:27.77 | 3 | 5 |
| 1:14.059 (1:14.059) 2:27.762 (1:13.704) | | | | | |
| 5 Hensel, Briahna | FR | Minnesota-Morris | 2:28.62 | 3 | 4 |
| 1:11.876 (1:11.876) 2:28.615 (1:16.739) | | | | | |
| 6 Tomhave, Claire | SO | Martin Luther | 2:30.39 | 3 | 3 |
| 1:10.627 (1:10.627) 2:30.384 (1:19.757) | | | | | |
| 7 Nelson, Abby | SO | Bethany Lutheran | 2:31.71 | 2 | 2 |
| 1:13.054 (1:13.054) 2:31.710 (1:18.657) | | | | | |
| 8 Ladwig, Kaitlyn | SR | Minnesota-Morris | 2:32.32 | 3 | 1 |
| 1:13.964 (1:13.964) 2:32.311 (1:18.348) | | | | | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Finals ... (Women 800 Meter Run)**

| | Name | Yr | School | Finals | H# | Points |
|----|---|----|----------------------|---------|----|--------|
| 9 | Habben, Maya 1:12.737 (1:12.737) 2:34.600 (1:21.863) | SO | Martin Luther | 2:34.60 | 2 | |
| 10 | Krenke, Lydia 1:13.349 (1:13.349) 2:36.492 (1:23.144) | SO | Martin Luther | 2:36.50 | 2 | |
| 11 | Berg, Meagan 1:13.747 (1:13.747) 2:37.101 (1:23.354) | FR | Wis.-Superior | 2:37.11 | 3 | |
| 12 | Sovacool, Rachel 1:17.636 (1:17.636) 2:45.374 (1:27.738) | FR | Bethany Lutheran | 2:45.38 | 2 | |
| 13 | Anderson, Miriam 1:17.779 (1:17.779) 2:47.142 (1:29.364) | SO | Minnesota-Morris | 2:47.15 | 2 | |
| 14 | Zaccaria, Angela 1:19.932 (1:19.932) 2:50.287 (1:30.355) | FR | Bethany Lutheran | 2:50.29 | 2 | |
| 15 | Mehl, Emma 1:22.446 (1:22.446) 2:50.910 (1:28.464) | SO | Northwestern (Minn.) | 2:50.91 | 2 | |
| 16 | Rethemeyer, Hannah 1:27.385 (1:27.385) 2:54.350 (1:26.965) | FR | Bethany Lutheran | 2:54.35 | 1 | |
| 17 | Prieve, Taylor 1:24.522 (1:24.522) 2:54.795 (1:30.273) | SO | Minnesota-Morris | 2:54.80 | 2 | |
| 18 | Greniger, Greta 1:25.309 (1:25.309) 2:56.603 (1:31.294) | FR | Crown | 2:56.61 | 1 | |
| 19 | Hachmeister, Abby 1:26.823 (1:26.823) 2:58.763 (1:31.940) | FR | Minnesota-Morris | 2:58.77 | 1 | |
| 20 | Barker, Halle 1:21.756 (1:21.756) 2:58.835 (1:37.079) | FR | Wis.-Superior | 2:58.84 | 1 | |
| 21 | Hintz, Stephanie 1:28.521 (1:28.521) 3:01.481 (1:32.960) | JR | Martin Luther | 3:01.49 | 1 | |
| 22 | Schwab, Katlyn 1:27.456 (1:27.456) 3:05.353 (1:37.897) | SO | Martin Luther | 3:05.36 | 1 | |
| 23 | Stitt, Alexandra 1:25.723 (1:25.723) 3:05.415 (1:39.693) | FR | Bethany Lutheran | 3:05.42 | 1 | |

Women 1500 Meter Run**UMAC Record: 4:38.69 @ 5/6/2017 Hannah Goemann, Minnesota-Morris**

| | Name | Yr | School | Finals | H# | Points |
|---------------|--|----|-----------------------|---------|----|--------|
| Finals | | | | | | |
| 1 | Lofstad, Elizabeth 1:04.629 (1:04.629) 2:36.668 (1:32.039) 4:03.133 (1:26.465) 5:18.345 (1:15.213) | SO | North Central (Minn.) | 5:18.35 | 2 | 10 |
| 2 | Pausch, Abby 1:04.504 (1:04.504) 2:37.550 (1:33.047) 4:03.488 (1:25.938) 5:18.338 (1:14.850) | JR | Crown | 5:19.65 | 2 | 8 |
| 3 | Hensel, Briahna 1:05.009 (1:05.009) 2:36.343 (1:31.334) 4:04.625 (1:28.283) 5:26.834 (1:22.209) | FR | Minnesota-Morris | 5:26.84 | 2 | 6 |
| 4 | Habben, Maya 1:04.259 (1:04.259) 2:36.498 (1:32.239) 4:03.203 (1:26.705) 5:27.731 (1:24.529) | SO | Martin Luther | 5:27.74 | 2 | 5 |
| 5 | Ladwig, Kaitlyn 1:04.174 (1:04.174) 2:36.733 (1:32.559) 4:02.470 (1:25.738) 5:28.886 (1:26.417) | SR | Minnesota-Morris | 5:28.89 | 2 | 4 |
| 6 | Langerud, McKenna 1:05.361 (1:05.361) 2:36.980 (1:31.619) 4:04.565 (1:27.585) 5:29.024 (1:24.459) | JR | Minnesota-Morris | 5:29.03 | 2 | 3 |
| 7 | Merwin, Jordan 1:04.824 (1:04.824) 2:37.570 (1:32.747) 4:05.021 (1:27.452) 5:30.800 (1:25.779) | SO | Bethany Lutheran | 5:30.80 | 2 | 2 |
| 8 | Nelson, Abby 1:04.866 (1:04.866) 2:37.245 (1:32.379) 4:05.086 (1:27.842) 5:31.298 (1:26.212) | SO | Bethany Lutheran | 5:31.30 | 2 | 1 |
| 9 | Berg, Meagan 1:05.111 (1:05.111) 2:37.073 (1:31.962) 4:04.445 (1:27.373) 5:34.476 (1:30.032) | FR | Wis.-Superior | 5:34.48 | 2 | |
| 10 | Cismoski-Martens, Talia 1:05.714 (1:05.714) 2:41.275 (1:35.562) 4:24.784 (1:43.509) 5:57.824 (1:33.040) | SO | Wis.-Superior | 5:57.83 | 2 | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Finals ... (Women 1500 Meter Run)**

| Name | Yr | School | Finals | H# | Points |
|--|----|----------------------|---------|----|--------|
| 11 Widman, Gracia 1:05.539 (1:05.539) 2:41.330 (1:35.792) 4:24.699 (1:43.369) 6:02.324 (1:37.625) | JR | Northwestern (Minn.) | 6:02.33 | 2 | |
| 12 Mehl, Emma 1:05.661 (1:05.661) 2:46.474 (1:40.813) 4:37.423 (1:50.949) 6:19.744 (1:42.322) | SO | Northwestern (Minn.) | 6:19.75 | 2 | |
| 13 Metz, Emmeline 1:13.596 (1:13.596) 2:55.760 (1:42.164) 4:40.661 (1:44.902) 6:25.249 (1:44.588) | FR | Bethany Lutheran | 6:25.25 | 1 | |
| 14 Rethemeyer, Hannah 1:14.564 (1:14.564) 2:59.928 (1:45.364) 4:49.246 (1:49.319) 6:32.208 (1:42.962) | FR | Bethany Lutheran | 6:32.21 | 1 | |
| 15 Stitt, Alexandra 1:13.846 (1:13.846) 2:57.896 (1:44.050) 4:47.098 (1:49.202) 6:37.396 (1:50.299) | FR | Bethany Lutheran | 6:37.40 | 1 | |
| 16 Prieve, Taylor 1:14.154 (1:14.154) 2:58.956 (1:44.803) 4:50.615 (1:51.659) 6:37.654 (1:47.039) | SO | Minnesota-Morris | 6:37.66 | 1 | |
| 17 Lund, Amelia 1:14.326 (1:14.326) 2:59.563 (1:45.237) 4:51.083 (1:51.520) 6:39.766 (1:48.684) | SO | Minnesota-Morris | 6:39.77 | 1 | |
| 18 Barker, Halle 1:06.940 (1:06.940) 2:50.430 (1:43.491) 4:47.563 (1:57.133) 6:46.814 (1:59.252) | FR | Wis.-Superior | 6:46.82 | 1 | |
| 19 Floyd, Mackenzie 1:14.516 (1:14.516) 3:18.569 (2:04.053) 5:56.813 (2:38.244) 8:45.264 (2:48.452) | SR | Bethany Lutheran | 8:45.27 | 1 | |

Women 5000 Meter Run**UMAC Record: 18:07.84 @ 5/5/2018 Casey Hovland, St. Scholastica**

| Name | Yr | School | Finals | Points |
|---|----|------------------|----------|--------|
| Finals | | | | |
| 1 Tobin, Kayla 45.452 (45.452) 2:23.431 (1:37.979) 3:58.527 (1:35.097) 5:34.446 (1:35.919) 7:11.119 (1:36.674) 8:50.143 (1:39.025) 10:33.102 (1:42.960) 12:13.507 (1:40.405) 13:56.754 (1:43.247) 15:40.882 (1:44.129) 17:23.321 (1:42.440) 19:00.047 (1:36.726) 20:32.405 (1:32.358) | SO | Bethany Lutheran | 20:32.41 | 10 |
| 2 Koski, Nicole 46.449 (46.449) 2:24.051 (1:37.603) 3:59.717 (1:35.666) 5:41.969 (1:42.252) 7:24.291 (1:42.322) 9:06.151 (1:41.861) 10:49.021 (1:42.870) 12:33.860 (1:44.840) 14:17.591 (1:43.731) 16:03.020 (1:45.430) 17:49.375 (1:46.355) 19:30.366 (1:40.991) 20:52.217 (1:21.852) | SR | Wis.-Superior | 20:52.22 | 8 |
| 3 Merwin, Jordan 46.169 (46.169) 2:23.855 (1:37.686) 4:01.209 (1:37.355) 5:42.721 (1:41.513) 7:28.286 (1:45.565) 9:13.356 (1:45.071) 11:00.440 (1:47.084) 12:47.721 (1:47.281) 14:32.603 (1:44.883) 16:17.221 (1:44.618) 17:59.025 (1:41.805) 19:33.242 (1:34.218) 21:02.087 (1:28.845) | SO | Bethany Lutheran | 21:02.09 | 6 |
| 4 Hoaglund, Ilsa 46.786 (46.786) 2:24.145 (1:37.359) 3:59.415 (1:35.270) 5:41.668 (1:42.254) 7:23.971 (1:42.304) 9:05.831 (1:41.860) 10:48.677 (1:42.846) 12:33.584 (1:44.907) 14:17.364 (1:43.780) 16:02.665 (1:45.301) 17:49.118 (1:46.454) 19:31.274 (1:42.156) 21:09.226 (1:37.952) | FR | Minnesota-Morris | 21:09.23 | 5 |
| 5 Kratz, Hannah 45.683 (45.683) 2:23.710 (1:38.027) 3:59.078 (1:35.369) 5:42.491 (1:43.414) 7:26.996 (1:44.505) 9:11.727 (1:44.732) 10:58.648 (1:46.921) 12:47.291 (1:48.643) 14:36.831 (1:49.540) 16:25.696 (1:48.866) 18:18.238 (1:52.542) 20:11.931 (1:53.693) 21:57.611 (1:45.680) | JR | Martin Luther | 21:57.62 | 4 |
| 6 Hoaglund, Zoe 47.151 (47.151) 2:24.406 (1:37.256) 4:01.026 (1:36.620) 5:42.255 (1:41.230) 7:25.922 (1:43.668) 9:09.736 (1:43.814) 10:55.355 (1:45.620) 12:47.431 (1:52.076) 14:41.889 (1:54.459) 16:35.026 (1:53.137) 18:27.418 (1:52.393) 20:19.441 (1:52.024) 22:06.859 (1:47.418) | FR | Minnesota-Morris | 22:06.86 | 3 |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022

Univ. of Minnesota - Morris

Results

Finals ... (Women 5000 Meter Run)

| Name | Yr | School | Finals | Points |
|---|----|-----------------------|----------|--------|
| 7 Scanlon, Jeanna | FR | Wis.-Superior | 22:21.61 | 2 |
| 47.857 (47.857) 2:26.128 (1:38.271) 4:09.920 (1:43.792) 5:56.983 (1:47.064) | | | | |
| 8:07.530 (2:10.547) 9:40.055 (1:32.525) 11:33.213 (1:53.159) 13:25.612 (1:52.400) | | | | |
| 15:16.950 (1:51.338) 17:08.745 (1:51.795) 18:59.456 (1:50.711) 20:47.911 (1:48.455) | | | | |
| 22:21.604 (1:33.694) | | | | |
| 8 Haven, Chloe | JR | Minnesota-Morris | 22:24.24 | 1 |
| 48.247 (48.247) 2:25.369 (1:37.122) 4:06.776 (1:41.408) 5:53.799 (1:47.023) | | | | |
| 7:47.184 (1:53.385) 9:39.576 (1:52.393) 11:32.813 (1:53.237) 13:25.083 (1:52.270) | | | | |
| 15:16.670 (1:51.587) 17:09.178 (1:52.509) 18:59.202 (1:50.025) 20:48.642 (1:49.440) | | | | |
| 22:06.859 (1:18.217) | | | | |
| 9 Hyland, Kayley | SO | North Central (Minn.) | 22:34.79 | |
| 47.483 (47.483) 2:25.966 (1:38.484) 4:09.823 (1:43.857) 5:56.725 (1:46.902) | | | | |
| 7:47.524 (1:50.800) 9:39.941 (1:52.418) 11:33.153 (1:53.212) 13:25.459 (1:52.306) | | | | |
| 15:17.016 (1:51.558) 17:08.928 (1:51.912) 18:59.894 (1:50.966) 20:48.901 (1:49.007) | | | | |
| 22:34.781 (1:45.881) | | | | |
| 10 Kuhlman, Chloe | SO | Bethany Lutheran | 22:47.86 | |
| 47.358 (47.358) 2:23.790 (1:36.432) 3:58.825 (1:35.035) 5:43.180 (1:44.355) | | | | |
| 7:34.982 (1:51.803) 9:24.492 (1:49.510) 11:18.881 (1:54.390) 13:13.485 (1:54.604) | | | | |
| 15:09.106 (1:55.622) 17:08.608 (1:59.502) 19:04.981 (1:56.374) 20:59.879 (1:54.898) | | | | |
| 22:47.851 (1:47.972) | | | | |
| 11 Sulzle, Hope | FR | Martin Luther | 23:21.98 | |
| 47.700 (47.700) 2:25.676 (1:37.976) 4:09.485 (1:43.810) 5:59.933 (1:50.449) | | | | |
| 7:52.535 (1:52.602) 9:44.932 (1:52.398) 11:38.116 (1:53.184) 13:33.067 (1:54.952) | | | | |
| 15:31.311 (1:58.245) 17:31.191 (1:59.880) 19:30.542 (1:59.352) 21:27.075 (1:56.533) | | | | |
| 23:21.978 (1:54.904) | | | | |
| 12 Mensching, Katelyn | FR | Martin Luther | 23:40.50 | |
| 45.434 (45.434) 2:23.344 (1:37.910) 4:07.207 (1:43.864) 5:56.428 (1:49.221) | | | | |
| 7:51.304 (1:54.876) 9:45.963 (1:54.660) 11:44.701 (1:58.738) 13:47.223 (2:02.523) | | | | |
| 15:51.683 (2:04.460) 17:52.966 (2:01.284) 19:53.812 (2:00.846) 21:51.413 (1:57.601) | | | | |
| 23:40.498 (1:49.085) | | | | |
| 13 Sovacool, Rachel | FR | Bethany Lutheran | 24:01.47 | |
| 47.562 (47.562) 2:30.524 (1:42.962) 4:19.706 (1:49.183) 6:14.006 (1:54.300) | | | | |
| 8:08.094 (1:54.088) 10:11.374 (2:03.280) 12:11.890 (2:00.516) 14:13.078 (2:01.189) | | | | |
| 16:20.286 (2:07.208) 18:19.170 (1:58.885) 20:21.002 (2:01.833) 22:19.254 (1:58.252) | | | | |
| 24:01.461 (1:42.207) | | | | |
| 14 Montgomery, Callie | FR | Bethany Lutheran | 24:13.32 | |
| 48.186 (48.186) 2:31.096 (1:42.910) 4:19.405 (1:48.310) 5:55.650 (1:36.245) | | | | |
| 6:14.437 (18.788) 10:09.171 (3:54.735) 12:11.956 (2:02.785) 14:15.806 (2:03.850) | | | | |
| 16:20.771 (2:04.965) 18:19.233 (1:58.463) 20:21.757 (2:02.525) 22:19.274 (1:57.517) | | | | |
| 24:13.318 (1:54.045) | | | | |
| 15 Davis, Tea | SO | North Central (Minn.) | 24:42.60 | |
| 51.637 (51.637) 2:42.554 (1:50.917) 4:38.169 (1:55.615) 6:38.181 (2:00.012) | | | | |
| 8:39.664 (2:01.484) 10:41.971 (2:02.308) 12:42.188 (2:00.217) 14:45.733 (2:03.545) | | | | |
| 16:46.538 (2:00.805) 18:49.209 (2:02.671) 20:49.111 (1:59.902) 22:50.912 (2:01.802) | | | | |
| 24:42.594 (1:51.682) | | | | |
| 16 Boerner, Tea | FR | Wis.-Superior | 25:04.41 | |
| 51.869 (51.869) 2:42.888 (1:51.020) 4:38.496 (1:55.608) 6:38.501 (2:00.005) | | | | |
| 8:40.113 (2:01.613) 10:42.291 (2:02.179) 12:41.847 (1:59.556) 14:46.167 (2:04.320) | | | | |
| 16:48.500 (2:02.333) 18:52.672 (2:04.173) 20:57.150 (2:04.478) 23:03.347 (2:06.198) | | | | |
| 25:04.410 (2:01.063) | | | | |

Women 100 Meter Hurdles

UMAC Record: 15.06 @ 5/6/2017 Hannah Russert, St. Scholastica

| Name | Yr | School | Prelims | Wind | H# |
|---------------|----|--------|---------|------|----|
| Preliminaries | | | | | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Women 100 Meter Hurdles****UMAC Record: 15.06 @ 5/6/2017 Hannah Russert, St. Scholastica**

| <u>Name</u> | <u>Yr</u> | <u>School</u> | <u>Prelims</u> | <u>Wind</u> | <u>H#</u> |
|----------------------|-----------|------------------|----------------|-------------|-----------|
| Preliminaries | | | | | |
| 1 Witbrod, Stephanie | FR | Bethany Lutheran | 16.43 Q | 3.2 | 1 |
| 2 DeQuevedo, Alexxa | JR | Wis.-Superior | 16.61 Q | 3.8 | 2 |
| 3 Dobberstein, Emily | SR | Martin Luther | 17.08 q | 3.8 | 2 |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Preliminaries ... (Women 100 Meter Hurdles)**

| Name | Yr | School | Prelims | Wind | H# |
|-----------------------|----|-----------------------|---------|------|----|
| 4 Jackson, Emily | FR | Bethany Lutheran | 17.36 q | 3.2 | 1 |
| 5 Seim, Grace | FR | Martin Luther | 17.69 q | 3.2 | 1 |
| 6 DeLange, Morgan | FR | North Central (Minn.) | 17.82 q | 3.2 | 1 |
| 7 Nowak, Megan | SR | Northwestern (Minn.) | 17.99 q | 3.8 | 2 |
| 8 Plitzuweit, Madelyn | SO | Martin Luther | 18.54 q | 3.8 | 2 |
| 9 McCue, Megan | SO | Bethany Lutheran | 18.71 | 3.8 | 2 |
| 10 Newman, Jessica | JR | Wis.-Superior | 18.73 | 3.2 | 1 |

Women 100 Meter HurdlesUMAC Record: **15.06 @ 5/6/2017** **Hannah Russert, St. Scholastica**

| Name | Yr | School | Finals | Wind | Points |
|-----------------------|----|-----------------------|--------|------|--------|
| Finals | | | | | |
| 1 Witbrod, Stephanie | FR | Bethany Lutheran | 15.79 | 5.9 | 10 |
| 2 DeQuevedo, Alexxa | JR | Wis.-Superior | 16.06 | 5.9 | 8 |
| 3 Jackson, Emily | FR | Bethany Lutheran | 16.18 | 5.9 | 6 |
| 4 Dobberstein, Emily | SR | Martin Luther | 16.74 | 5.9 | 5 |
| 5 Seim, Grace | FR | Martin Luther | 17.41 | 5.9 | 4 |
| 6 Nowak, Megan | SR | Northwestern (Minn.) | 17.79 | 5.9 | 3 |
| 7 Plitzuweit, Madelyn | SO | Martin Luther | 18.21 | 5.9 | 2 |
| 8 DeLange, Morgan | FR | North Central (Minn.) | 18.75 | 5.9 | 1 |

Women 400 Meter HurdlesUMAC Record: **1:02.41 @ 5/3/2019** **Emily Ciesynski, Minnesota-Morris**

| Name | Yr | School | Finals | Points |
|----------------------|----|------------------|---------|--------|
| Finals | | | | |
| 1 Dobberstein, Emily | SR | Martin Luther | 1:06.70 | 10 |
| 2 DeQuevedo, Alexxa | JR | Wis.-Superior | 1:10.72 | 8 |
| 3 Nelson, Emma | SO | Martin Luther | 1:12.49 | 6 |
| 4 McCue, Megan | SO | Bethany Lutheran | 1:19.02 | 5 |
| 5 Newman, Jessica | JR | Wis.-Superior | 1:23.09 | 4 |
| 6 Johnson, Mattison | SO | Wis.-Superior | 1:23.92 | 3 |
| 7 Mathena, Karly | JR | Martin Luther | 1:25.28 | 2 |
| 8 Kreuzer, Kenzy | FR | Wis.-Superior | 1:28.86 | 1 |

Women 3000 Meter SteeplechaseUMAC Record: **11:45.13 @ 2015** **Jordan Johnson, St. Scholastica**

| Name | Yr | School | Finals | Points |
|--|----|------------------|----------|--------|
| Finals | | | | |
| 1 Pausch, Abby | JR | Crown | 12:08.41 | 10 |
| 46.473 (46.473) 2:18.909 (1:32.437) 3:54.764 (1:35.855) 5:33.235 (1:38.472) | | | | |
| 7:12.663 (1:39.428) 8:52.821 (1:40.159) 10:33.149 (1:40.328) 12:08.401 (1:35.253) | | | | |
| 2 Merwin, Jordan | SO | Bethany Lutheran | 12:23.06 | 8 |
| 46.793 (46.793) 2:19.026 (1:32.234) 3:54.968 (1:35.942) 5:33.368 (1:38.400) | | | | |
| 7:12.960 (1:39.593) 8:54.701 (1:41.742) 10:36.913 (1:42.212) 12:23.055 (1:46.143) | | | | |
| 3 Koski, Nicole | SR | Wis.-Superior | 12:57.69 | 6 |
| 46.845 (46.845) 2:19.196 (1:32.352) 3:54.643 (1:35.447) 5:37.791 (1:43.149) | | | | |
| 7:26.738 (1:48.947) 9:20.423 (1:53.685) 11:12.180 (1:51.758) 12:57.688 (1:45.508) | | | | |
| 4 Mathena, Karly | JR | Martin Luther | 13:54.34 | 5 |
| 50.056 (50.056) 2:32.295 (1:42.239) 4:16.396 (1:44.102) 6:08.008 (1:51.612) | | | | |
| 8:03.533 (1:55.525) 10:03.853 (2:00.320) 12:01.241 (1:57.389) 13:54.335 (1:53.094) | | | | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Finals ... (Women 3000 Meter Steeplechase)**

| Name | Yr | School | Finals | Points |
|--|----|----------------------|----------|--------|
| 5 Kuhlman, Chloe | SO | Bethany Lutheran | 14:19.13 | 4 |
| 49.410 (49.410) 2:31.501 (1:42.092) 4:17.089 (1:45.588) 6:14.809 (1:57.720) | | | | |
| 8:16.429 (2:01.620) 10:24.325 (2:07.897) 12:22.990 (1:58.665) 14:19.129 (1:56.139) | | | | |
| 6 Widman, Gracia | JR | Northwestern (Minn.) | 14:40.87 | 3 |
| 50.788 (50.788) 2:36.186 (1:45.399) 4:30.303 (1:54.117) 6:29.381 (1:59.079) | | | | |
| 8:32.768 (2:03.387) 10:38.756 (2:05.989) 12:43.313 (2:04.557) 14:40.864 (1:57.552) | | | | |
| 7 Montgomery, Callie | FR | Bethany Lutheran | 15:08.47 | 2 |
| 51.443 (51.443) 2:36.178 (1:44.735) 4:30.225 (1:54.048) 6:33.466 (2:03.242) | | | | |
| 8:45.076 (2:11.610) 10:56.934 (2:11.858) 13:07.698 (2:10.764) 15:08.463 (2:00.765) | | | | |
| 8 Metz, Emmeline | FR | Bethany Lutheran | 15:13.02 | 1 |
| 51.954 (51.954) 2:42.796 (1:50.843) 4:44.463 (2:01.667) 6:49.129 (2:04.667) | | | | |
| 8:57.328 (2:08.199) 11:06.833 (2:09.505) 13:13.651 (2:06.819) 15:13.019 (1:59.368) | | | | |
| --- Lund, Amelia | SO | Minnesota-Morris | DNF | |
| 53.633 (53.633) 2:48.185 (1:54.553) 4:56.065 (2:07.880) | | | | |

Women 4x100 Meter Relay

UMAC Record: 49.20 @ 5/5/2018 St Scholastica, St. Scholastica
A Kling, B Shofner, M Avinon, S Argir

| Team | Relay | Finals | Points |
|---|-------|--------|--------|
| Finals | | | |
| 1 Minnesota-Morris | | 52.31 | 10 |
| 1) Benson, Jenna SR 2) Terry, Jasmine SR 3) Gross, Lydia SO 4) Salzwedel, Olivia SR | | | |
| 2 Martin Luther | | 53.67 | 8 |
| 1) Lynch, MacKenzie JR 2) Dobberstein, Emily SR 3) Pankow, Maia FR 4) Mattek, Chloe FR | | | |
| 3 Wis.-Superior | | 55.96 | 6 |
| 1) DeQuevedo, Alexxa JR 2) Kreuzer, Kenzy FR 3) Newman, Jessica JR 4) Gow, Leann SR | | | |
| 4 Bethany Lutheran | | 56.47 | 5 |
| 1) Witbrod, Stephanie FR 2) Jackson, Emily FR 3) Hoppe, Cianna SO 4) Bejarano, Jasmine SR | | | |

Women 4x400 Meter Relay

UMAC Record: 4:01.02 @ 5/2/2015 St. Scholastica, St. Scholastica
A Campbell, E Lundgren, A Mogren, B Buske

| Team | Relay | Finals | Points |
|--|-------|---------|--------|
| Finals | | | |
| 1 Martin Luther | | 4:29.06 | 10 |
| 1) Gabb, Margaret SR 2) Tomhave, Claire SO 3) Habben, Maya SO 4) Nelson, Emma SO | | | |
| 2 Wis.-Superior | | 4:33.80 | 8 |
| 1) DeQuevedo, Alexxa JR 2) Berg, Meagan FR 3) Johnson, Mattison SO 4) Gow, Leann SR | | | |
| 3 Minnesota-Morris | | 4:40.78 | 6 |
| 1) Landwer, Maggie FR 2) Hensel, Briahna FR 3) Peters, Kim FR 4) Ladwig, Kaitlyn SR | | | |
| 4 North Central (Minn.) | | 4:43.90 | 5 |
| 1) Lanes, Serena FR 2) Shield, Bethany SR 3) DeLange, Morgan FR 4) Smith, Ann FR | | | |
| 5 Bethany Lutheran | | 4:47.72 | 4 |
| 1) Witbrod, Stephanie FR 2) Hoppe, Cianna SO 3) Kuhlman, Chloe SO 4) Nelson, Abby SO | | | |
| 6 Northwestern (Minn.) | | 4:55.10 | 3 |
| 1) Nowak, Megan SR 2) Trucksess, Deanna SO 3) Mehl, Emma SO 4) Widman, Gracia JR | | | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Women 4x800 Meter Relay****UMAC Record: 9:53.80 @ 5/5/2017****Minnesota Morris, Minnesota Mo
T Boyle, K Novak, E Anderson, H Goemann**

| Team | Relay | Finals | Points |
|-----------------------|-------------------------------|-----------------------|-------------------------|
| Finals | | | |
| 1 Minnesota-Morris | | 10:20.26 | 10 |
| 1) Ladwig, Kaitlyn SR | 2) Langerud, McKenna JR | 3) Hoaglund, Ilsa FR | 4) Hensel, Briahna FR |
| 2 Martin Luther | | 10:29.75 | 8 |
| 1) Gabb, Margaret SR | 2) Habben, Maya SO | 3) Krenke, Lydia SO | 4) Tomhave, Claire SO |
| 3 Bethany Lutheran | | 10:37.32 | 6 |
| 1) Hoppe, Cianna SO | 2) Nelson, Abby SO | 3) Merwin, Jordan SO | 4) Kuhlman, Chloe SO |
| 4 Wis.-Superior | | 11:20.52 | 5 |
| 1) Berg, Meagan FR | 2) Cismoski-Martens, Talia SO | 3) Scanlon, Jeanna FR | 4) Johnson, Mattison SO |

Women High Jump**UMAC Record: 1.66m @ 5/7/2016 Nicole Christianson, CSS**

| Name | Yr | School | Finals | Points |
|----------------------|----|------------------|---------------|--------|
| Finals | | | | |
| 1 Witbrod, Stephanie | FR | Bethany Lutheran | 1.57m 5-01.75 | 10 |
| 2 Jackson, Emily | FR | Bethany Lutheran | 1.48m 4-10.25 | 7 |
| 2 Terry, Jasmine | SR | Minnesota-Morris | 1.48m 4-10.25 | 7 |
| 4 Bejarano, Jasmine | SR | Bethany Lutheran | 1.38m 4-06.25 | 5 |
| 5 DeQuevedo, Alexxa | JR | Wis.-Superior | 1.38m 4-06.25 | 4 |
| 6 Beckius, Ellen | FR | Minnesota-Morris | 1.38m 4-06.25 | 3 |
| 7 Seim, Grace | FR | Martin Luther | 1.33m 4-04.25 | 2 |
| 8 Renderman, Savanna | FR | Wis.-Superior | 1.33m 4-04.25 | 1 |
| 9 James, Sheena | FR | Minnesota-Morris | 1.28m 4-02.25 | |
| 10 Johnson, Mattison | SO | Wis.-Superior | 1.28m 4-02.25 | |
| 11 Anderson, Miriam | SO | Minnesota-Morris | 1.28m 4-02.25 | |
| 12 Evans, Hailie | FR | Wis.-Superior | 1.23m 4-00.50 | |
| --- Hoppe, Sophia | FR | Martin Luther | NH | |

Women Pole Vault**UMAC Record: 3.27m @ 5/5/2017 Carly Denler, Minnesota-Morris**

| Name | Yr | School | Finals | Points |
|---------------------|----|------------------|---------------|--------|
| Finals | | | | |
| 1 Platzer, Ally | JR | Martin Luther | 2.62m 8-07.00 | 10 |
| 2 Landwer, Maggie | FR | Minnesota-Morris | 2.40m 7-10.50 | 8 |
| 3 Kreuzer, Kenzy | FR | Wis.-Superior | 2.10m 6-10.75 | 6 |
| 4 Koehler, Jenna | FR | Martin Luther | 1.95m 6-04.75 | 5 |
| --- Ladwig, Kaitlyn | SR | Minnesota-Morris | NH | |

Women Long Jump**UMAC Record: 5.44m @ 5/1/2015 Alicia Doerr, Minnesota-Morris**

| Name | Yr | School | Finals | Wind | H# | Points |
|----------------------|----|------------------|----------------|------|----|--------|
| Finals | | | | | | |
| 1 Jackson, Emily | FR | Bethany Lutheran | 5.02m 16-05.75 | 2.8 | 2 | 10 |
| 2 Witbrod, Stephanie | FR | Bethany Lutheran | 4.94m 16-02.50 | 3.5 | 2 | 8 |
| 3 Peters, Kim | FR | Minnesota-Morris | 4.75m 15-07.00 | 3.6 | 2 | 6 |
| 4 Benson, Jenna | SR | Minnesota-Morris | 4.69m 15-04.75 | 2.0 | 2 | 5 |
| 5 Gow, Leann | SR | Wis.-Superior | 4.62m 15-02.00 | 1.8 | 2 | 4 |
| 6 Landwer, Maggie | FR | Minnesota-Morris | 4.39m 14-05.00 | 3.7 | 2 | 3 |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Finals ... (Women Long Jump)**

| Name | Yr | School | Finals | Wind | H# | Points |
|-----------------------|----|-----------------------|--------|----------|-----|--------|
| 7 DeQuevedo, Alexxa | JR | Wis.-Superior | 4.35m | 14-03.25 | 1.8 | 2 |
| 8 Anderson, Miriam | SO | Minnesota-Morris | 4.23m | 13-10.50 | 4.5 | 1 |
| 9 Lynch, MacKenzie | JR | Martin Luther | 4.07m | 13-04.25 | 2.3 | 2 |
| 10 McCue, Megan | SO | Bethany Lutheran | 4.01m | 13-02.00 | 2.2 | 2 |
| 11 Krohnberg, Makayla | FR | North Central (Minn.) | 3.99m | 13-01.25 | 3.6 | 1 |
| 12 Scanlon, Jeanna | FR | Wis.-Superior | 3.99m | 13-01.25 | 1.8 | 2 |
| 13 Smith, Ann | FR | North Central (Minn.) | 3.80m | 12-05.75 | 4.7 | 1 |
| 14 Merritt, Trinity | FR | Wis.-Superior | 3.78m | 12-05.00 | 4.5 | 1 |
| 15 DeRosa, Kendra | JR | Minnesota-Morris | 3.52m | 11-06.75 | 3.5 | 1 |
| 16 Johnson, Hannah | FR | North Central (Minn.) | 3.41m | 11-02.25 | 3.8 | 1 |
| 17 DeLange, Morgan | FR | North Central (Minn.) | 3.38m | 11-01.25 | 3.4 | 1 |
| --- Mattek, Chloe | FR | Martin Luther | FOUL | | | 1 |
| --- Seegers, Mary | SR | North Central (Minn.) | FOUL | | | 1 |

Women Triple JumpUMAC Record: **11.50m @ 5/7/2011 Rachel Miller, St. Scholastica**

| Name | Yr | School | Finals | Wind | Points | |
|-----------------------|----|-----------------------|--------|----------|--------|----|
| Finals | | | | | | |
| 1 Witbrod, Stephanie | FR | Bethany Lutheran | 10.76m | 35-03.75 | 6.1 | 10 |
| 2 Peters, Kim | FR | Minnesota-Morris | 9.63m | 31-07.25 | 6.5 | 8 |
| 3 Shield, Bethany | SR | North Central (Minn.) | 9.35m | 30-08.25 | 4.8 | 6 |
| 4 Bejarano, Jasmine | SR | Bethany Lutheran | 9.25m | 30-04.25 | 4.3 | 5 |
| 5 Newman, Jessica | JR | Wis.-Superior | 9.03m | 29-07.50 | 6.8 | 4 |
| 6 Plitzuweit, Madelyn | SO | Martin Luther | 8.89m | 29-02.00 | NWI | 3 |
| 7 Lofstad, Elizabeth | SO | North Central (Minn.) | 8.84m | 29-00.00 | 7.5 | 2 |
| 8 Seim, Grace | FR | Martin Luther | 8.47m | 27-09.50 | 8.7 | 1 |
| --- DeRosa, Kendra | JR | Minnesota-Morris | FOUL | | | |

Women Shot PutUMAC Record: **13.59m @ 5/3/2014 Becky Huberty, St. Scholastica**

| Name | Yr | School | Finals | H# | Points | |
|------------------------|----|-----------------------|--------|----------|--------|----|
| Finals | | | | | | |
| 1 Gill, Hailey | JR | Minnesota-Morris | 12.66m | 41-06.50 | 2 | 10 |
| 2 Witbrod, Stephanie | FR | Bethany Lutheran | 12.23m | 40-01.50 | 2 | 8 |
| 3 Moes, Jenica | SR | Minnesota-Morris | 11.63m | 38-02.00 | 2 | 6 |
| 4 Nelson, Emma | SO | Martin Luther | 10.33m | 33-10.75 | 2 | 5 |
| 5 Hagedorn, Emmaline | FR | Martin Luther | 9.94m | 32-07.50 | 2 | 4 |
| 6 Porter, Nicole | JR | Martin Luther | 9.93m | 32-07.00 | 2 | 3 |
| 7 Steinbring, Jennifer | FR | Minnesota-Morris | 9.44m | 30-11.75 | 1 | 2 |
| 8 Jones, MiCayla | SR | North Central (Minn.) | 9.35m | 30-08.25 | 1 | 1 |
| 9 Hughlett, Kasha | JR | Wis.-Superior | 9.35m | 30-08.25 | 2 | |
| 10 Erickson, Emma | FR | Wis.-Superior | 9.23m | 30-03.50 | 2 | |
| 11 Kettler, Isabelle | JR | Martin Luther | 9.13m | 29-11.50 | 1 | |
| 12 Menges, Maggie | FR | Martin Luther | 8.89m | 29-02.00 | 1 | |
| 13 McCue, Megan | SO | Bethany Lutheran | 8.65m | 28-04.50 | 1 | |
| 14 Big Crow, Kianna | FR | Minnesota-Morris | 8.42m | 27-07.50 | 1 | |
| 15 Briggs, Anna | FR | Minnesota-Morris | 8.31m | 27-03.25 | 2 | |
| 16 Castor, Sydnie | SR | Northwestern (Minn.) | 7.47m | 24-06.25 | 1 | |
| 17 Tuura, McKenzie | FR | Wis.-Superior | 7.38m | 24-02.50 | 1 | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Women Discus Throw****UMAC Record: 42.51m @ 5/3/2014 Brittany Ludwig, St. Scholastica**

| Name | Yr | School | Finals | | H# | Points |
|------------------------|----|-----------------------|--------|--------|----|--------|
| Finals | | | | | | |
| 1 Gill, Hailey | JR | Minnesota-Morris | 37.60m | 123-04 | 2 | 10 |
| 2 Moes, Jenica | SR | Minnesota-Morris | 34.19m | 112-02 | 2 | 8 |
| 3 Erickson, Emma | FR | Wis.-Superior | 32.21m | 105-08 | 2 | 6 |
| 4 Hughlett, Kasha | JR | Wis.-Superior | 28.68m | 94-01 | 2 | 5 |
| 5 Steinbring, Jennifer | FR | Minnesota-Morris | 28.68m | 94-01 | 2 | 4 |
| 6 Nelson, Emma | SO | Martin Luther | 27.90m | 91-06 | 2 | 3 |
| 7 Castor, Sydnie | SR | Northwestern (Minn.) | 27.61m | 90-07 | 1 | 2 |
| 8 Tuura, McKenzie | FR | Wis.-Superior | 27.56m | 90-05 | 1 | 1 |
| 9 Nelson, Abby | SO | Bethany Lutheran | 27.45m | 90-01 | 2 | |
| 10 Kettler, Isabelle | JR | Martin Luther | 22.97m | 75-04 | 2 | |
| 11 Hilton, Emily | SR | Crown | 22.64m | 74-03 | 1 | |
| 12 Jones, MiCayla | SR | North Central (Minn.) | 22.57m | 74-00 | 1 | |
| 13 Big Crow, Kianna | FR | Minnesota-Morris | 22.45m | 73-08 | 1 | |
| 14 Hagedorn, Emmaline | FR | Martin Luther | 22.35m | 73-04 | 2 | |
| 15 Siedow, Cassidy | FR | Minnesota-Morris | 21.99m | 72-02 | 1 | |
| 16 Menges, Maggie | FR | Martin Luther | 20.73m | 68-00 | 1 | |
| 17 Briggs, Anna | FR | Minnesota-Morris | 18.74m | 61-06 | 1 | |
| 18 Anderson, Miriam | FR | North Central (Minn.) | 17.80m | 58-05 | 1 | |

Women Hammer Throw**UMAC Record: 53.71m @ 5/3/2014 Becky Huberty, St. Scholastica**

| Name | Yr | School | Finals | | Points |
|------------------------|----|------------------|--------|--------|--------|
| Finals | | | | | |
| 1 Gill, Hailey | JR | Minnesota-Morris | 44.74m | 146-09 | 10 |
| 2 Hughlett, Kasha | JR | Wis.-Superior | 44.37m | 145-07 | 8 |
| 3 Erickson, Emma | FR | Wis.-Superior | 40.34m | 132-04 | 6 |
| 4 Moes, Jenica | SR | Minnesota-Morris | 35.04m | 114-11 | 5 |
| 5 Briggs, Anna | FR | Minnesota-Morris | 34.23m | 112-04 | 4 |
| 6 Steinbring, Jennifer | FR | Minnesota-Morris | 31.55m | 103-06 | 3 |
| 7 Tuura, McKenzie | FR | Wis.-Superior | 31.26m | 102-07 | 2 |
| 8 McCue, Megan | SO | Bethany Lutheran | 29.43m | 96-07 | 1 |
| 9 Menges, Maggie | FR | Martin Luther | 23.19m | 76-01 | |
| 10 Big Crow, Kianna | FR | Minnesota-Morris | 18.75m | 61-06 | |

Women Javelin Throw**UMAC Record: 42.73m @ 2003 Kelsie Carlson, Northwestern College**

| Name | Yr | School | Finals | | H# | Points |
|----------------------|----|------------------|--------|--------|----|--------|
| Finals | | | | | | |
| 1 Newton, Mckenzie | FR | Minnesota-Morris | 35.89m | 117-09 | 2 | 10 |
| 2 Moes, Jenica | SR | Minnesota-Morris | 35.66m | 117-00 | 2 | 8 |
| 3 Gosch, Erika | JR | Martin Luther | 34.82m | 114-03 | 2 | 6 |
| 4 Porter, Nicole | JR | Martin Luther | 31.94m | 104-09 | 2 | 5 |
| 5 DeQuevedo, Alexxa | JR | Wis.-Superior | 28.61m | 93-10 | 2 | 4 |
| 6 Witbrod, Stephanie | FR | Bethany Lutheran | 28.33m | 92-11 | 2 | 3 |
| 7 Siedow, Cassidy | FR | Minnesota-Morris | 27.65m | 90-08 | 2 | 2 |
| 8 Bejarano, Jasmine | SR | Bethany Lutheran | 26.83m | 88-00 | 1 | 1 |
| 9 Kane, Samantha | FR | Minnesota-Morris | 23.89m | 78-04 | 2 | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Finals ... (Women Javelin Throw)**

| Name | Yr | School | Finals | H# | Points |
|------------------------|----|------------------|--------|-------|--------|
| 10 Hilton, Emily | SR | Crown | 23.09m | 75-09 | 1 |
| 11 Plitzuweit, Madelyn | SO | Martin Luther | 22.99m | 75-05 | 1 |
| 12 Hughlett, Kasha | JR | Wis.-Superior | 22.60m | 74-02 | 2 |
| 13 Colvin, Samantha | JR | Martin Luther | 18.19m | 59-08 | 1 |
| 14 Erickson, Emma | FR | Wis.-Superior | 17.91m | 58-09 | 1 |
| 15 Hintz, Stephanie | JR | Martin Luther | 16.99m | 55-09 | 1 |
| 16 Briggs, Anna | FR | Minnesota-Morris | 15.85m | 52-00 | 1 |
| 17 Schwab, Katlyn | SO | Martin Luther | 13.87m | 45-06 | 1 |

Men 100 Meter DashUMAC Record: **10.87 @ 2018** Justin Pearson, Minnesota-Morris

| Name | Yr | School | Prelims | Wind | H# |
|------------------------|----|-----------------------|---------|------|----|
| Preliminaries | | | | | |
| 1 Oestreich, Carson | SO | Martin Luther | 10.94 Q | 4.7 | 3 |
| 2 Westimayer, Ethan | SO | Wis.-Superior | 11.12 Q | 3.6 | 2 |
| 3 Schorr, Will | FR | Wis.-Superior | 11.13 Q | 2.5 | 1 |
| 4 Howard, Jamon | SR | Northwestern (Minn.) | 11.12 q | 4.7 | 3 |
| 5 Swecker, Ryan | SO | Crown | 11.14 q | 3.6 | 2 |
| 6 Shevchuk, John | SO | Northwestern (Minn.) | 11.29 q | 2.5 | 1 |
| 7 Pearson, Steven | JR | Wis.-Superior | 11.31 q | 4.7 | 3 |
| 8 Omeja, Jackson | FR | North Central (Minn.) | 11.36 q | 3.6 | 2 |
| 9 Elder, Tian | JR | North Central (Minn.) | 11.40 | 2.5 | 1 |
| 10 Raasch, Eric Martin | FR | Martin Luther | 11.57 | 2.5 | 1 |
| 11 Holtz, Jonathan | FR | Martin Luther | 11.67 | 2.5 | 1 |
| 12 Vandergon, Duncan | FR | Minnesota-Morris | 11.79 | 3.6 | 2 |
| 13 Mufind, Broddy | SO | Bethany Lutheran | 11.83 | 2.5 | 1 |
| 14 Little, Caleb | JR | Martin Luther | 11.84 | 4.7 | 3 |
| 15 Juaire, Nehemiah | FR | North Central (Minn.) | 11.99 | 3.6 | 2 |
| 16 Werner, Eli | SO | Northwestern (Minn.) | 12.05 | 4.7 | 3 |
| 17 Coppock, Cameron | SR | Northwestern (Minn.) | 12.19 | 3.6 | 2 |
| 18 Lane, Sebastian | FR | Wis.-Superior | 12.29 | 4.7 | 3 |
| 19 Kleiber, Carson | FR | North Central (Minn.) | 12.30 | 2.5 | 1 |
| 20 Weyiouanna, Esau | SO | Bethany Lutheran | 12.40 | 2.5 | 1 |
| 21 Campbell, Christian | FR | North Central (Minn.) | 12.83 | 3.6 | 2 |
| 22 Furlong, Zach | SO | Northwestern (Minn.) | 13.12 | 4.7 | 3 |

Men 100 Meter DashUMAC Record: **10.87 @ 2018** Justin Pearson, Minnesota-Morris

| Name | Yr | School | Finals | Wind | Points |
|---------------------|----|-----------------------|--------|------|--------|
| Finals | | | | | |
| 1 Oestreich, Carson | SO | Martin Luther | 10.76 | 6.2 | 10 |
| 2 Schorr, Will | FR | Wis.-Superior | 11.03 | 6.2 | 8 |
| 3 Howard, Jamon | SR | Northwestern (Minn.) | 11.07 | 6.2 | 6 |
| 4 Shevchuk, John | SO | Northwestern (Minn.) | 11.08 | 6.2 | 5 |
| 5 Swecker, Ryan | SO | Crown | 11.12 | 6.2 | 4 |
| 6 Westimayer, Ethan | SO | Wis.-Superior | 11.25 | 6.2 | 3 |
| 7 Omeja, Jackson | FR | North Central (Minn.) | 11.30 | 6.2 | 2 |
| 8 Pearson, Steven | JR | Wis.-Superior | 11.61 | 6.2 | 1 |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Men 200 Meter Dash****UMAC Record: 22.06 @ 5/7/2011 Leandro Dower, Minnesota-Morris**

| Name | Yr | School | Finals | Wind | H# | Points |
|------------------------|----|-----------------------|--------|------|----|--------|
| Finals | | | | | | |
| 1 Oestreich, Carson | SO | Martin Luther | 22.36 | 1.6 | 3 | 10 |
| 2 Westimayer, Ethan | SO | Wis.-Superior | 22.38 | 1.6 | 3 | 8 |
| 3 Schorr, Will | FR | Wis.-Superior | 22.80 | 1.6 | 3 | 6 |
| 4 Pearson, Steven | JR | Wis.-Superior | 22.89 | 1.6 | 3 | 5 |
| 5 Howard, Jamon | SR | Northwestern (Minn.) | 22.96 | 1.6 | 3 | 4 |
| 6 Swecker, Ryan | SO | Crown | 23.25 | 1.6 | 3 | 3 |
| 7 Burgin, Derek | SO | North Central (Minn.) | 23.34 | 2.7 | 2 | 2 |
| 8 Shevchuk, John | SO | Northwestern (Minn.) | 23.36 | 1.6 | 3 | 1 |
| 9 Raasch, Eric Martin | FR | Martin Luther | 23.52 | 2.7 | 2 | |
| 10 Elder, Tian | JR | North Central (Minn.) | 23.55 | 2.7 | 2 | |
| 11 Omeja, Jackson | FR | North Central (Minn.) | 23.67 | 1.6 | 3 | |
| 12 Burow, Cole | SO | Martin Luther | 23.82 | 2.5 | 1 | |
| 13 Holtz, Jonathan | FR | Martin Luther | 23.90 | 2.7 | 2 | |
| 14 Vandergon, Duncan | FR | Minnesota-Morris | 24.24 | 2.7 | 2 | |
| 15 Mufind, Broddy | SO | Bethany Lutheran | 24.43 | 2.7 | 2 | |
| 16 Werner, Eli | SO | Northwestern (Minn.) | 24.66 | 2.7 | 2 | |
| 17 Coppock, Cameron | SR | Northwestern (Minn.) | 24.93 | 2.5 | 1 | |
| 18 Lane, Sebastian | FR | Wis.-Superior | 25.14 | 2.5 | 1 | |
| 19 Kleiber, Carson | FR | North Central (Minn.) | 25.70 | 2.5 | 1 | |
| 20 Welch, Joshua | SO | Minnesota-Morris | 26.34 | 2.7 | 2 | |
| 21 Campbell, Christian | FR | North Central (Minn.) | 27.32 | 2.5 | 1 | |

Men 400 Meter Dash**UMAC Record: 49.28 @ 5/5/2018 Justin Pearson, Minnesota-Morris**

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|-----------------------|---------|----|--------|
| Finals | | | | | |
| 1 Westimayer, Ethan | SO | Wis.-Superior | 51.71 | 3 | 10 |
| 2 Burgin, Derek | SO | North Central (Minn.) | 51.85 | 3 | 8 |
| 3 Matheson, Iain | FR | Wis.-Superior | 51.95 | 3 | 6 |
| 4 Wildauer, Nathan | SO | Bethany Lutheran | 52.66 | 3 | 5 |
| 5 Pearson, Steven | JR | Wis.-Superior | 52.77 | 3 | 4 |
| 6 Schorr, Will | FR | Wis.-Superior | 52.90 | 2 | 3 |
| 7 Schibbelhut, Micah | FR | Martin Luther | 53.36 | 3 | 2 |
| 8 Raasch, Eric Martin | FR | Martin Luther | 53.92 | 3 | 1 |
| 9 Holtz, Jonathan | FR | Martin Luther | 54.77 | 3 | |
| 10 Pausma, Nathan | SO | Martin Luther | 56.11 | 2 | |
| 11 McDonald, Collin | JR | Northwestern (Minn.) | 56.20 | 2 | |
| 11 Burow, Cole | SO | Martin Luther | 56.20 | 2 | |
| 13 Welch, Joshua | SO | Minnesota-Morris | 56.82 | 1 | |
| 14 Wietzke, Andrew | FR | Martin Luther | 57.50 | 2 | |
| 15 Wegner, Luke | FR | Martin Luther | 57.52 | 2 | |
| 16 Jack, Carter | FR | Bethany Lutheran | 58.43 | 2 | |
| 17 Gregoria, Michael | JR | Crown | 59.70 | 1 | |
| 18 Coppock, Cameron | SR | Northwestern (Minn.) | 1:00.71 | 2 | |
| 19 Reller, Brent | SR | Northwestern (Minn.) | 1:01.75 | 1 | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Men 800 Meter Run****UMAC Record: 1:53.85 @ 5/3/2019 Ryan Steger, St. Scholastica**

| | Name | Yr | School | Finals | H# | Points |
|---------------|---|----|-----------------------|---------|----|--------|
| Finals | | | | | | |
| 1 | Finger, Tyler 1:03.017 (1:03.017) | SR | Wis.-Superior | 2:00.73 | 2 | 10 |
| 2 | Wildauer, Nathan 1:02.784 (1:02.784) | SO | Bethany Lutheran | 2:00.90 | 2 | 8 |
| 3 | Loersch, Josiah 1:02.608 (1:02.608) | SR | Martin Luther | 2:01.22 | 2 | 6 |
| 4 | Pausma, Nathan 1:03.402 (1:03.402) | SO | Martin Luther | 2:01.83 | 2 | 5 |
| 5 | Collins, David 1:02.837 (1:02.837) | FR | Wis.-Superior | 2:03.89 | 2 | 4 |
| 6 | Schibbelhut, Micah 1:03.000 (1:03.000) | FR | Martin Luther | 2:03.98 | 2 | 3 |
| 7 | Wegner, Luke 1:03.559 (1:03.559) | FR | Martin Luther | 2:04.71 | 2 | 2 |
| 8 | McDonald, Collin 1:06.567 (1:06.567) | JR | Northwestern (Minn.) | 2:07.20 | 1 | 1 |
| 9 | O'Connor, Brevin 1:07.250 (1:07.250) | JR | Minnesota-Morris | 2:11.79 | 1 | |
| 10 | Strukel, Grant 1:04.832 (1:04.832) | SO | Minnesota-Morris | 2:13.03 | 2 | |
| 11 | Fitzgerald, Conner 1:07.718 (1:07.718) | SR | Minnesota-Morris | 2:14.45 | 1 | |
| 12 | Thompson, Tristan 1:07.027 (1:07.027) | SR | Northwestern (Minn.) | 2:18.08 | 1 | |
| 13 | Campbell, Jack 1:09.688 (1:09.688) | SR | North Central (Minn.) | 2:20.14 | 1 | |
| 14 | Herr-Zielke, Michael 1:10.330 (1:10.330) | FR | North Central (Minn.) | 2:20.54 | 1 | |
| 15 | Reller, Brent 1:08.162 (1:08.162) | SR | Northwestern (Minn.) | 2:24.78 | 1 | |
| 16 | Kephart, Jacob 1:10.263 (1:10.263) | FR | Northwestern (Minn.) | 2:27.25 | 1 | |

Men 1500 Meter Run**UMAC Record: 3:58.29 @ 5/6/2017 Chalmer Combellick, Minnesota-Morris**

| | Name | Yr | School | Finals | H# | Points |
|---------------|--------------------------------------|----|------------------|---------|----|--------|
| Finals | | | | | | |
| 1 | Finger, Tyler 55.533 (55.533) | SR | Wis.-Superior | 4:21.12 | 2 | 10 |
| 2 | Anderson, Jakin 57.529 (57.529) | JR | Bethany Lutheran | 4:24.57 | 2 | 8 |
| 3 | Collins, David 57.062 (57.062) | FR | Wis.-Superior | 4:25.24 | 2 | 6 |
| 4 | Zander, Joshua 55.283 (55.283) | SO | Martin Luther | 4:26.68 | 2 | 5 |
| 5 | Shackelford, Rory 57.714 (57.714) | JR | Minnesota-Morris | 4:28.52 | 2 | 4 |
| 6 | Loersch, Josiah 57.624 (57.624) | SR | Martin Luther | 4:29.32 | 2 | 3 |
| 7 | Knopp, Joel 57.389 (57.389) | JR | Minnesota-Morris | 4:30.08 | 2 | 2 |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Finals ... (Men 1500 Meter Run)**

| | Name | Yr | School | Finals | H# | Points |
|----|---|----|-----------------------|--|----|--------|
| 8 | Maertz, Ryan 54.953 (54.953) | SR | Martin Luther | 4:30.80 2:05.882 (1:10.929) 3:18.762 (1:12.880) 4:30.797 (1:12.035) | 2 | 1 |
| 9 | Nelson, Connor 58.049 (58.049) | SR | Wis.-Superior | 4:32.24 2:09.137 (1:11.088) 3:21.924 (1:12.788) 4:32.234 (1:10.310) | 2 | |
| 10 | Carlson, Austin 56.837 (56.837) | FR | Crown | 4:35.21 2:08.827 (1:11.990) 3:21.809 (1:12.983) 4:35.210 (1:13.402) | 2 | |
| 11 | Doherty, Aidan 58.164 (58.164) | FR | Wis.-Superior | 4:38.21 2:09.557 (1:11.393) 3:23.848 (1:14.292) 4:38.208 (1:14.360) | 2 | |
| 12 | Wiggins, Titus 58.374 (58.374) | FR | Crown | 4:46.05 2:09.007 (1:10.633) 3:24.222 (1:15.215) 4:46.048 (1:21.827) | 2 | |
| 13 | Hoppe, Josiah 55.286 (55.286) | FR | Bethany Lutheran | 4:47.35 2:16.987 (1:21.702) 3:39.522 (1:22.535) 4:47.345 (1:07.823) | 1 | |
| 14 | Anderson, Adam 55.091 (55.091) | SR | Northwestern (Minn.) | 4:47.59 2:14.440 (1:19.349) 3:34.976 (1:20.537) 4:47.583 (1:12.608) | 1 | |
| 15 | Strukel, Grant 56.961 (56.961) | SO | Minnesota-Morris | 4:48.71 2:16.461 (1:19.500) 3:35.313 (1:18.853) 4:48.707 (1:13.394) | 1 | |
| 16 | Fitzgerald, Conner 52.972 (52.972) | SR | Minnesota-Morris | 4:56.06 2:12.418 (1:19.447) 3:34.736 (1:22.318) 4:56.051 (1:21.315) | 1 | |
| 17 | Herr-Zielke, Michael 54.956 (54.956) | FR | North Central (Minn.) | 5:03.61 2:16.156 (1:21.200) 3:39.457 (1:23.302) 5:03.606 (1:24.149) | 1 | |
| 18 | Machtemes, Xerxes 56.626 (56.626) | FR | Bethany Lutheran | 5:05.77 2:17.952 (1:21.327) 3:45.042 (1:27.090) 5:05.761 (1:20.719) | 1 | |
| 19 | Moser, Nate 55.531 (55.531) | SO | Northwestern (Minn.) | 5:12.74 2:20.781 (1:25.250) 3:49.300 (1:28.519) 5:03.605 (1:14.305) | 1 | |
| 20 | Campbell, Jack 54.911 (54.911) | SR | North Central (Minn.) | 5:13.86 2:19.272 (1:24.362) 3:48.335 (1:29.063) 5:13.858 (1:25.524) | 1 | |
| 21 | Kephart, Jacob 55.481 (55.481) | FR | Northwestern (Minn.) | 5:16.26 2:18.906 (1:23.425) 3:48.457 (1:29.552) 5:16.258 (1:27.802) | 1 | |

Men 5000 Meter Run**UMAC Record: 15:27.20 @ 5/8/2021 Calvin Boone, St. Scholastica**

| | Name | Yr | School | Finals | Points |
|---------------|---|----|------------------|---|--------|
| Finals | | | | | |
| 1 | VanAcker, Jeremiah 41.520 (41.520) | SO | Crown | 16:45.48 2:03.908 (1:22.388) 3:25.938 (1:22.031) 4:46.225 (1:20.287) | 10 |
| | 6:10.276 (1:24.051) 7:33.910 (1:23.635) 8:58.795 (1:24.885) 10:22.255 (1:23.460) | | | | |
| | 11:37.475 (1:15.220) 12:54.784 (1:17.310) 14:12.086 (1:17.302) 15:31.092 (1:19.006) | | | | |
| | 16:45.476 (1:14.385) | | | | |
| 2 | Butterfield, Michael 40.029 (40.029) | FR | Wis.-Superior | 16:53.13 2:03.368 (1:23.339) 3:25.387 (1:22.020) 4:45.672 (1:20.285) | 8 |
| | 6:09.706 (1:24.035) 7:33.703 (1:23.998) 8:58.702 (1:24.999) 10:22.135 (1:23.434) | | | | |
| | 11:39.494 (1:17.360) 12:58.932 (1:19.438) 14:18.170 (1:19.239) 15:37.004 (1:18.835) | | | | |
| | 16:53.124 (1:16.120) | | | | |
| 3 | Peterson, Gregory 42.123 (42.123) | SO | Minnesota-Morris | 16:57.59 2:04.601 (1:22.478) 3:25.648 (1:21.048) 4:46.118 (1:20.470) | 6 |
| | 6:11.029 (1:24.911) 7:34.007 (1:22.978) 8:59.078 (1:25.072) 11:41.713 (2:42.635) | | | | |
| | 13:01.058 (1:19.346) 14:21.716 (1:20.658) 15:43.263 (1:21.547) 16:57.580 (1:14.318) | | | | |
| 4 | Lash, Caleb 40.528 (40.528) | SR | Martin Luther | 16:58.56 2:04.114 (1:23.587) 3:26.193 (1:22.080) 4:45.732 (1:19.539) | 5 |
| | 6:10.006 (1:24.275) 7:34.177 (1:24.171) 8:59.778 (1:25.602) 10:23.202 (1:23.424) | | | | |
| | 11:44.346 (1:21.145) 13:02.487 (1:18.141) 14:24.695 (1:22.209) 15:46.951 (1:22.256) | | | | |
| | 16:58.553 (1:11.602) | | | | |
| 5 | Larsen, Grady 41.357 (41.357) | JR | Minnesota-Morris | 17:09.21 2:05.504 (1:24.148) 3:26.813 (1:21.309) 4:46.857 (1:20.045) | 4 |
| | 6:10.913 (1:24.056) 14:26.500 (8:15.588) 15:50.064 (1:23.565) 17:09.204 (1:19.140) | | | | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022

Univ. of Minnesota - Morris

Results

Finals ... (Men 5000 Meter Run)

| Name | Yr | School | Finals | Points |
|-----------------------|----------------------|----------------------|----------------------|--------|
| 6 Maertz, Ryan | SR | Martin Luther | 17:16.46 | 3 |
| 41.857 (41.857) | 2:05.004 (1:23.148) | 3:26.380 (1:21.376) | 4:46.398 (1:20.019) | |
| 6:10.533 (1:24.135) | 7:34.190 (1:23.658) | 8:59.625 (1:25.435) | 10:22.892 (1:23.267) | |
| 11:41.077 (1:18.185) | 13:07.034 (1:25.958) | 14:32.870 (1:25.836) | 15:57.629 (1:24.760) | |
| 17:16.453 (1:18.824) | | | | |
| 7 Larson, Cameron | SR | Northwestern (Minn.) | 17:28.15 | 2 |
| 40.818 (40.818) | 2:03.671 (1:22.854) | 3:25.120 (1:21.450) | 4:45.485 (1:20.365) | |
| 6:09.569 (1:24.085) | 7:33.577 (1:24.008) | 8:58.387 (1:24.810) | 10:21.992 (1:23.605) | |
| 11:45.103 (1:23.111) | 13:10.929 (1:25.827) | 14:37.388 (1:26.459) | 16:03.531 (1:26.144) | |
| 17:28.142 (1:24.611) | | | | |
| 8 Johnson, Kieran | FR | Wis.-Superior | 17:40.72 | 1 |
| 41.800 (41.800) | 2:04.293 (1:22.493) | 3:26.107 (1:21.815) | 4:46.468 (1:20.362) | |
| 6:09.389 (1:22.921) | 7:33.807 (1:24.418) | 8:59.368 (1:25.562) | 10:22.562 (1:23.194) | |
| 11:48.013 (1:25.452) | 13:20.304 (1:32.291) | 14:50.863 (1:30.560) | 16:23.972 (1:33.109) | |
| 17:40.713 (1:16.742) | | | | |
| 9 Okamoto, Kei | SO | Wis.-Superior | 17:44.13 | |
| 40.301 (40.301) | 2:05.138 (1:24.837) | 3:26.522 (1:21.385) | 4:47.083 (1:20.562) | |
| 6:11.273 (1:24.190) | 7:34.593 (1:23.321) | 8:59.058 (1:24.465) | 10:22.498 (1:23.440) | |
| 11:44.609 (1:22.111) | 13:10.819 (1:26.210) | 14:43.880 (1:33.061) | 16:16.685 (1:32.805) | |
| 17:44.128 (1:27.444) | | | | |
| 10 Nelson, Calvin | FR | Minnesota-Morris | 18:25.70 | |
| 41.462 (41.462) | 2:05.554 (1:24.093) | 3:27.448 (1:21.895) | 4:47.263 (1:19.815) | |
| 6:11.376 (1:24.113) | 7:34.380 (1:23.005) | 9:00.942 (1:26.562) | 10:29.669 (1:28.728) | |
| 12:06.638 (1:36.969) | 13:47.052 (1:40.415) | 15:24.455 (1:37.404) | 17:00.530 (1:36.075) | |
| 18:25.693 (1:25.163) | | | | |
| 11 Durdle, sage | FR | Minnesota-Morris | 18:53.30 | |
| 41.653 (41.653) | 2:05.611 (1:23.958) | 3:27.180 (1:21.570) | 4:49.894 (1:22.715) | |
| 6:18.933 (1:29.039) | 7:52.215 (1:33.283) | 9:27.485 (1:35.270) | 11:04.162 (1:36.677) | |
| 12:42.392 (1:38.230) | 14:19.303 (1:36.912) | 15:54.792 (1:35.489) | 17:28.245 (1:33.454) | |
| 18:53.300 (1:25.055) | | | | |
| 12 Edmondson, Trace | SO | Bethany Lutheran | 19:00.00 | |
| 43.150 (43.150) | 2:10.584 (1:27.435) | 3:33.790 (1:23.206) | 5:05.892 (1:32.102) | |
| 6:39.296 (1:33.405) | 8:15.786 (1:36.490) | 9:53.403 (1:37.618) | 11:27.369 (1:33.966) | |
| 13:01.398 (1:34.030) | 14:33.100 (1:31.702) | 15:57.779 (1:24.680) | 17:33.242 (1:35.463) | |
| 18:59.998 (1:26.757) | | | | |
| 13 Hoppe, Josiah | FR | Bethany Lutheran | 19:59.48 | |
| 42.398 (42.398) | 2:05.988 (1:23.590) | 3:27.951 (1:21.963) | 4:58.137 (1:30.186) | |
| 6:36.718 (1:38.581) | 8:16.162 (1:39.445) | 9:53.290 (1:37.129) | 11:27.586 (1:34.296) | |
| 13:03.073 (1:35.488) | 14:48.348 (1:45.275) | 16:38.857 (1:50.509) | 18:27.998 (1:49.142) | |
| 19:59.476 (1:31.478) | | | | |
| --- Hammer, Mitchell | JR | Wis.-Superior | FS | |
| 41.160 (41.160) | 2:05.244 (1:24.085) | 3:30.045 (1:24.801) | 4:58.383 (1:28.339) | |
| 6:28.652 (1:30.269) | 8:03.110 (1:34.459) | 9:37.824 (1:34.715) | 11:11.298 (1:33.475) | |
| 12:50.216 (1:38.918) | | | | |
| --- Nelson, Connor | SR | Wis.-Superior | DNF | |
| 39.761 (39.761) | 2:04.879 (1:25.119) | 3:31.547 (1:26.668) | 5:03.491 (1:31.945) | |
| 6:38.732 (1:35.241) | 8:17.167 (1:38.435) | 9:53.507 (1:36.340) | 11:30.696 (1:37.190) | |
| --- Machtemes, Xerxes | FR | Bethany Lutheran | DNF | |
| 41.993 (41.993) | 2:09.089 (1:27.096) | 3:33.795 (1:24.706) | 5:05.648 (1:31.854) | |
| 6:39.209 (1:33.561) | | | | |
| --- Finger, Tyler | SR | Wis.-Superior | DNF | |
| 39.859 (39.859) | 2:03.671 (1:23.812) | 3:25.832 (1:22.161) | 4:45.942 (1:20.110) | |
| 6:10.756 (1:24.815) | 9:00.184 (2:49.429) | 10:27.592 (1:27.408) | | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Men 110 Meter Hurdles****UMAC Record: 15.06 @ 5/3/2014 Nathan Harder, Minnesota-Morris**

| Name | Yr | School | Finals | Wind | Points |
|--------------------|----|----------------------|--------|------|--------|
| Finals | | | | | |
| 1 Marzinske, Jake | SO | Bethany Lutheran | 15.72 | 5.4 | 10 |
| 2 Foster, Earl | SO | Wis.-Superior | 16.29 | 5.4 | 8 |
| 3 Otto, Micah | SR | Martin Luther | 16.30 | 5.4 | 6 |
| 4 Veers, Seth | FR | Martin Luther | 16.30 | 5.4 | 5 |
| 5 Nielsen, Josiah | SO | Northwestern (Minn.) | 16.53 | 5.4 | 4 |
| 6 Barrozo, Conrad | FR | Minnesota-Morris | 16.53 | 5.4 | 3 |
| 7 Weyiouanna, Esau | SO | Bethany Lutheran | 18.26 | 5.4 | 2 |
| 8 Lynch, Garrett | FR | Wis.-Superior | 18.43 | 5.4 | 1 |

Men 400 Meter Hurdles**UMAC Record: 55.56 @ 5/5/2012 Justin Hanson, St. Scholastica**

| Name | Yr | School | Finals | H# | Points |
|----------------------|----|----------------------|---------|----|--------|
| Finals | | | | | |
| 1 Foster, Earl | SO | Wis.-Superior | 1:00.75 | 2 | 10 |
| 2 Nielsen, Josiah | SO | Northwestern (Minn.) | 1:01.54 | 2 | 8 |
| 3 Landwehr, Jonas | SR | Martin Luther | 1:02.38 | 2 | 6 |
| 4 Anderson, Jakin | JR | Bethany Lutheran | 1:03.01 | 2 | 5 |
| 5 Veers, Seth | FR | Martin Luther | 1:03.17 | 2 | 4 |
| 6 Welch, Joshua | SO | Minnesota-Morris | 1:03.20 | 1 | 3 |
| 7 Dill-Erickson, Ty | JR | Crown | 1:03.55 | 1 | 2 |
| 8 Hillmer, Matthew | FR | Martin Luther | 1:04.65 | 2 | 1 |
| 9 Otto, Micah | SR | Martin Luther | 1:05.74 | 2 | |
| 10 Gregoria, Michael | JR | Crown | 1:05.88 | 1 | |
| 11 Matheson, Iain | FR | Wis.-Superior | 1:08.64 | 2 | |

Men 3000 Meter Steeplechase**UMAC Record: 9:35.53 @ 5/3/2019 Easton Foss, St. Scholastica**

| Name | Yr | School | Finals | Points |
|--|----|------------------|----------|--------|
| Finals | | | | |
| 1 Butterfield, Michael | FR | Wis.-Superior | 10:13.41 | 10 |
| 43.251 (43.251) 2:01.713 (1:18.462) 3:21.211 (1:19.499) 4:39.826 (1:18.615) | | | | |
| 6:03.521 (1:23.695) 7:28.719 (1:25.198) 8:53.184 (1:24.465) 10:13.404 (1:20.220) | | | | |
| 2 Anderson, Jakin | JR | Bethany Lutheran | 10:21.67 | 8 |
| 43.349 (43.349) 2:01.370 (1:18.022) 3:20.914 (1:19.544) 4:37.013 (1:16.099) | | | | |
| 5:57.183 (1:20.170) 7:22.576 (1:25.394) 8:51.880 (1:29.304) 10:21.661 (1:29.782) | | | | |
| 3 Maertz, Ryan | SR | Martin Luther | 10:26.07 | 6 |
| 44.451 (44.451) 2:04.749 (1:20.298) 3:26.274 (1:21.525) 4:48.584 (1:22.310) | | | | |
| 6:12.854 (1:24.270) 7:40.030 (1:27.177) 9:05.569 (1:25.539) 10:26.063 (1:20.494) | | | | |
| 4 Lash, Caleb | SR | Martin Luther | 10:28.55 | 5 |
| 43.296 (43.296) 2:04.320 (1:21.024) 3:25.749 (1:21.429) 4:47.925 (1:22.177) | | | | |
| 6:12.146 (1:24.222) 7:39.191 (1:27.045) 9:07.204 (1:28.013) 10:28.546 (1:21.343) | | | | |
| 5 Hammer, Mitchell | JR | Wis.-Superior | 10:35.79 | 4 |
| 43.966 (43.966) 2:04.103 (1:20.137) 3:25.484 (1:21.382) 4:47.983 (1:22.499) | | | | |
| 6:12.193 (1:24.210) 7:39.525 (1:27.333) 9:08.703 (1:29.178) 10:35.784 (1:27.082) | | | | |
| 6 Sulzle, Camden | SO | Martin Luther | 10:50.92 | 3 |
| 43.859 (43.859) 2:04.771 (1:20.913) 3:26.134 (1:21.363) 4:50.478 (1:24.344) | | | | |
| 6:21.538 (1:31.060) 7:54.604 (1:33.067) 10:50.919 (2:56.315) | | | | |
| 7 Johnson, Kieran | FR | Wis.-Superior | 11:08.90 | 2 |
| 43.774 (43.774) 2:06.371 (1:22.598) 3:29.818 (1:23.447) 4:57.189 (1:27.372) | | | | |
| 6:27.693 (1:30.504) 8:04.111 (1:36.419) 9:42.151 (1:38.040) 11:08.898 (1:26.747) | | | | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Finals ... (Men 3000 Meter Steeplechase)**

| Name | Yr | School | Finals | Points |
|---|----|----------------------|----------|--------|
| 8 Wiggins, Titus | FR | Crown | 11:09.70 | 1 |
| 43.746 (43.746) 2:01.713 (1:17.967) 3:21.150 (1:19.438) 4:41.194 (1:20.044) | | | | |
| 6:09.834 (1:28.640) 7:46.753 (1:36.919) 9:30.453 (1:43.700) 11:09.696 (1:39.244) | | | | |
| 9 Edmondson, Trace | SO | Bethany Lutheran | 11:32.92 | |
| 44.960 (44.960) 2:10.499 (1:25.539) 3:40.184 (1:29.685) 5:13.291 (1:33.108) | | | | |
| 6:49.478 (1:36.187) 8:26.659 (1:37.182) 10:02.721 (1:36.063) 11:32.911 (1:30.190) | | | | |
| 10 Moser, Nate | SO | Northwestern (Minn.) | 12:11.53 | |
| 44.324 (44.324) 2:11.418 (1:27.094) 3:45.063 (1:33.645) 5:23.738 (1:38.675) | | | | |
| 7:07.059 (1:43.322) 8:50.756 (1:43.698) 10:33.259 (1:42.503) 12:11.526 (1:38.268) | | | | |
| 11 Huonder, Christian | SR | Martin Luther | 13:51.98 | |
| 45.456 (45.456) 2:17.565 (1:32.109) 3:59.598 (1:42.033) 5:52.573 (1:52.975) | | | | |
| 7:51.150 (1:58.578) 9:25.165 (1:34.015) 11:56.996 (2:31.832) 13:51.974 (1:54.978) | | | | |

Men 4x100 Meter RelayUMAC Record: **42.44 @ 5/8/2021 St. Scholastica, St. Scholastica****J Peterson, M Lumsden, I Kobienia, S Eben Ebai**

| Team | Relay | Finals | Points |
|---------------------------|-------------------------|-------------------------|-------------------------|
| Finals | | | |
| 1 Wis.-Superior | | 43.72 | 10 |
| 1) Schorr, Will FR | 2) Matheson, Iain FR | 3) Pearson, Steven JR | 4) Westimayer, Ethan SO |
| 2 Martin Luther | | 44.34 | 8 |
| 1) Raasch, Eric Martin FR | 2) Holtz, Jonathan FR | 3) Burow, Cole SO | 4) Oestreich, Carson SO |
| 3 Northwestern (Minn.) | | 45.55 | 6 |
| 1) Coppock, Cameron SR | 2) Howard, Jamon SR | 3) Werner, Eli SO | 4) Shevchuk, John SO |
| 4 North Central (Minn.) | | 46.24 | 5 |
| 1) Kleiber, Carson FR | 2) Juaire, Nehemiah FR | 3) Elder, Tian JR | 4) Omeja, Jackson FR |
| 5 Bethany Lutheran | | 46.64 | 4 |
| 1) Mufind, Broddy SO | 2) Ashburn, Riley FR | 3) Jack, Carter FR | 4) Wildauer, Nathan SO |
| 6 Minnesota-Morris | | 47.55 | 3 |
| 1) Welch, Joshua SO | 2) Barrozo, Conrad FR | 3) Shackelford, Rory JR | 4) Vandergon, Duncan FR |
| 7 Crown | | 47.79 | 2 |
| 1) Pausch, Colten JR | 2) Dill-Erickson, Ty JR | 3) Johnson, Seth FR | 4) Swecker, Ryan SO |

Men 4x400 Meter RelayUMAC Record: **3:24.19 @ 5/4/2019 Wis Superior, Wis Superior****M Carlson, I Arntson, C Fernandez, J Weston**

| Team | Relay | Finals | Points |
|---------------------------|-------------------------|---------------------------|--------------------------|
| Finals | | | |
| 1 Wis.-Superior | | 3:30.26 | 10 |
| 1) Pearson, Steven JR | 2) Westimayer, Ethan SO | 3) Schorr, Will FR | 4) Matheson, Iain FR |
| 2 North Central (Minn.) | | 3:37.23 | 8 |
| 1) Burgin, Derek SO | 2) Elder, Tian JR | 3) Lange, Erik FR | 4) Weiers, Isaac FR |
| 3 Bethany Lutheran | | 3:39.53 | 6 |
| 1) Jack, Carter FR | 2) Ashburn, Riley FR | 3) Anderson, Jakin JR | 4) Wildauer, Nathan SO |
| 4 Martin Luther | | 3:39.56 | 5 |
| 1) Burow, Cole SO | 2) Holtz, Jonathan FR | 3) Raasch, Eric Martin FR | 4) Pausma, Nathan SO |
| 5 Northwestern (Minn.) | | 3:45.11 | 4 |
| 1) Coppock, Cameron SR | 2) McDonald, Collin JR | 3) Shevchuk, John SO | 4) Howard, Jamon SR |
| 6 Minnesota-Morris | | 3:48.30 | 3 |
| 1) Vandergon, Duncan FR | 2) Petersen, Luke SR | 3) Nelson, Calvin FR | 4) Zepeda, Bryan JR |
| 7 Crown | | 3:53.45 | 2 |
| 1) Osterlund, Jeremiah FR | 2) Carlson, Austin FR | 3) Swecker, Ryan SO | 4) VanAcker, Jeremiah SO |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Men 4x800 Meter Relay****UMAC Record: 8:09.36 @ 5/5/2017****Wis Superior, Wis Superior****E Walpole, I Staat, R Bieri, M Swanson**

| Team | Relay | | | Finals | Points |
|---------------------------|----------------------------|-------------------------|--------------------------|---------|--------|
| Finals | | | | | |
| 1 Minnesota-Morris | | | | 8:14.89 | 10 |
| 1) Peterson, Gregory SO | 2) Larsen, Grady JR | 3) Knopp, Joel JR | 4) Shackelford, Rory JR | | |
| 2 Wis.-Superior | | | | 8:20.52 | 8 |
| 1) Collins, David FR | 2) Doherty, Aidan FR | 3) Reese, Zachary FR | 4) Finger, Tyler SR | | |
| 3 Martin Luther | | | | 8:22.37 | 6 |
| 1) Schibbelhut, Micah FR | 2) Wegner, Luke FR | 3) Pausma, Nathan SO | 4) Loersch, Josiah SR | | |
| 4 Crown | | | | 8:24.79 | 5 |
| 1) Osterlund, Jeremiah FR | 2) Carlson, Austin FR | 3) Wiggins, Titus FR | 4) VanAcker, Jeremiah SO | | |
| 5 North Central (Minn.) | | | | 9:11.59 | 4 |
| 1) Weiers, Isaac FR | 2) Herr-Zielke, Michael FR | 3) Lange, Erik FR | 4) Campbell, Jack SR | | |
| 6 Northwestern (Minn.) | | | | 9:14.79 | 3 |
| 1) McDonald, Collin JR | 2) Thompson, Tristan SR | 3) Anderson, Adam SR | 4) Reller, Brent SR | | |
| 7 Bethany Lutheran | | | | 9:50.68 | 2 |
| 1) Edmondson, Trace SO | 2) Hoppe, Josiah FR | 3) Machtemes, Xerxes FR | 4) Weyiouanna, Esau SO | | |

Men High Jump**UMAC Record: 2.00m @ 5/7/2016****Todd Brassow, Martin Luther**

| Name | Yr | School | Finals | Points |
|---------------------|----|-----------------------|---------------|--------|
| Finals | | | | |
| 1 Sund, Kayden | SR | North Central (Minn.) | 1.93m 6-04.00 | 10 |
| 2 Ashburn, Riley | FR | Bethany Lutheran | 1.88m 6-02.00 | 8 |
| 3 Juaire, Nehemiah | FR | North Central (Minn.) | 1.83m 6-00.00 | 6 |
| 4 Martin, Lucas | JR | Martin Luther | 1.68m 5-06.00 | 4 |
| 4 Hillmer, Benjamin | JR | Martin Luther | 1.68m 5-06.00 | 4 |
| 4 Weiers, Isaac | FR | North Central (Minn.) | 1.68m 5-06.00 | 4 |
| 7 Weyiouanna, Esau | SO | Bethany Lutheran | 1.68m 5-06.00 | 1.50 |
| 7 Foster, Earl | SO | Wis.-Superior | 1.68m 5-06.00 | 1.50 |
| 9 Little, Caleb | JR | Martin Luther | 1.63m 5-04.25 | |
| 10 Wietzke, Andrew | FR | Martin Luther | 1.63m 5-04.25 | |
| 11 Landwehr, Jonas | SR | Martin Luther | 1.63m 5-04.25 | |
| --- Lynch, Garrett | FR | Wis.-Superior | NH | |

Men Pole Vault**UMAC Record: 4.46m @ 2010****Brandon Johnson, Northwestern College**

| Name | Yr | School | Finals | Points |
|-----------------------|----|----------------------|----------------|--------|
| Finals | | | | |
| 1 Lynch, Garrett | FR | Wis.-Superior | 3.75m 12-03.50 | 10 |
| 2 Schibbelhut, Micah | FR | Martin Luther | 3.45m 11-03.75 | 8 |
| 3 Nielsen, Josiah | SO | Northwestern (Minn.) | 3.45m 11-03.75 | 6 |
| 4 Veers, Seth | FR | Martin Luther | 3.30m 10-10.00 | 5 |
| 5 Little, Caleb | JR | Martin Luther | 3.30m 10-10.00 | 4 |
| 6 Johnson, Kieran | FR | Wis.-Superior | 3.15m 10-04.00 | 3 |
| 7 Kephart, Jacob | FR | Northwestern (Minn.) | 3.00m 9-10.00 | 1.50 |
| 7 Wietzke, Andrew | FR | Martin Luther | 3.00m 9-10.00 | 1.50 |
| 9 Foster, Earl | SO | Wis.-Superior | 2.85m 9-04.25 | |
| 10 Helmer, Eric | SR | Martin Luther | 2.55m 8-04.25 | |
| --- Hillmer, Benjamin | JR | Martin Luther | NH | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022

Univ. of Minnesota - Morris

Results

Men Long Jump

UMAC Record: 6.78m @ 2009

Wendel Booth, St. Scholastica

| Name | Yr | School | Finals | | Wind | H# | Points |
|-------------------------|----|-----------------------|--------|----------|------|----|--------|
| Finals | | | | | | | |
| 1 Howard, Jamon | SR | Northwestern (Minn.) | 6.75m | 22-01.75 | 3.6 | 2 | 10 |
| 2 Marzinske, Jake | SO | Bethany Lutheran | 6.66m | 21-10.25 | 3.4 | 2 | 8 |
| 3 Lynch, Garrett | FR | Wis.-Superior | 6.12m | 20-01.00 | 2.6 | 2 | 6 |
| 4 Schorr, Will | FR | Wis.-Superior | 6.09m | 19-11.75 | 2.8 | 2 | 5 |
| 5 Landwehr, Jonas | SR | Martin Luther | 6.04m | 19-09.75 | 3.8 | 1 | 4 |
| 6 Holtz, Jonathan | FR | Martin Luther | 5.87m | 19-03.25 | 2.6 | 1 | 3 |
| 7 Weiers, Isaac | FR | North Central (Minn.) | 5.75m | 18-10.50 | 2.3 | 2 | 2 |
| 8 Ashburn, Riley | FR | Bethany Lutheran | 5.73m | 18-09.75 | 3.0 | 2 | 1 |
| 9 Sund, Kayden | SR | North Central (Minn.) | 5.72m | 18-09.25 | 2.1 | 2 | |
| 10 Juaire, Nehemiah | FR | North Central (Minn.) | 5.61m | 18-05.00 | 3.7 | 1 | |
| 11 Martin, Lucas | JR | Martin Luther | 5.57m | 18-03.25 | 3.2 | 1 | |
| 12 Ehlke, Joseph | FR | Martin Luther | 5.56m | 18-03.00 | 2.7 | 2 | |
| 13 Omeja, Jackson | FR | North Central (Minn.) | 5.52m | 18-01.50 | 2.4 | 1 | |
| 14 Bueckers, Konrad | SR | North Central (Minn.) | 5.43m | 17-09.75 | 2.2 | 1 | |
| 15 Johnson, Seth | FR | Crown | 5.24m | 17-02.25 | 2.9 | 1 | |
| 16 Lange, Erik | FR | North Central (Minn.) | 4.95m | 16-03.00 | 2.7 | 1 | |
| --- Vandergon, Duncan | FR | Minnesota-Morris | FOUL | | | | 1 |
| --- Raasch, Eric Martin | FR | Martin Luther | FOUL | | | | 2 |

Men Triple Jump

UMAC Record: 14.42m @ 5/8/2021

Jake Marzinske, Bethany Lutheran

| Name | Yr | School | Finals | | Wind | H# | Points |
|----------------------|----|-----------------------|--------|----------|------|----|--------|
| Finals | | | | | | | |
| 1 Marzinske, Jake | SO | Bethany Lutheran | 14.44m | 47-04.50 | 5.6 | 2 | 10 |
| 2 Howard, Jamon | SR | Northwestern (Minn.) | 13.32m | 43-08.50 | 6.7 | 2 | 8 |
| 3 Pearson, Steven | JR | Wis.-Superior | 12.66m | 41-06.50 | 7.8 | 2 | 6 |
| 4 Sund, Kayden | SR | North Central (Minn.) | 12.46m | 40-10.50 | 5.6 | 2 | 5 |
| 5 Bueckers, Konrad | SR | North Central (Minn.) | 12.05m | 39-06.50 | 4.8 | 1 | 4 |
| 6 Veers, Seth | FR | Martin Luther | 11.95m | 39-02.50 | 8.2 | 2 | 3 |
| 7 Martin, Lucas | JR | Martin Luther | 11.62m | 38-01.50 | 8.5 | 1 | 2 |
| 8 Westimayer, Ethan | SO | Wis.-Superior | 11.48m | 37-08.00 | 7.0 | 1 | 1 |
| 9 Weiers, Isaac | FR | North Central (Minn.) | 11.44m | 37-06.50 | 6.5 | 2 | |
| 10 Weyiouanna, Esau | SO | Bethany Lutheran | 11.28m | 37-00.25 | 5.7 | 1 | |
| 11 Little, Caleb | JR | Martin Luther | 11.08m | 36-04.25 | 4.9 | 1 | |
| 12 Johnson, Seth | FR | Crown | 10.50m | 34-05.50 | 7.1 | 1 | |
| 13 Dill-Erickson, Ty | JR | Crown | 10.19m | 33-05.25 | 4.8 | 1 | |

Men Shot Put

UMAC Record: 15.75m @ 5/4/2019

Christian Pillath, Wis Superior

| Name | Yr | School | Finals | | H# | Points |
|---------------------|----|------------------|--------|----------|----|--------|
| Finals | | | | | | |
| 1 Stankiewicz, Gage | FR | Wis.-Superior | 15.59m | 51-01.75 | 2 | 10 |
| 2 Nve, Cody | JR | Minnesota-Morris | 15.11m | 49-07.00 | 2 | 8 |
| 3 Foelske, Caleb | SR | Martin Luther | 14.93m | 48-11.75 | 2 | 6 |
| 4 Phernetton, Brock | SR | Wis.-Superior | 13.66m | 44-09.75 | 2 | 5 |
| 5 Ohman, Nate | JR | Wis.-Superior | 13.50m | 44-03.50 | 2 | 4 |
| 6 Zepeda, Bryan | JR | Minnesota-Morris | 13.43m | 44-00.75 | 2 | 3 |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Finals ... (Men Shot Put)**

| | Name | Yr | School | Finals | | H# | Points |
|-----|----------------------|----|----------------------|--------|----------|----|--------|
| 7 | Robinson, Justin | SR | Minnesota-Morris | 12.95m | 42-06.00 | 2 | 2 |
| 8 | Wagner, Landon | FR | Minnesota-Morris | 12.79m | 41-11.50 | 2 | 1 |
| 9 | Paulson, Ben | FR | Minnesota-Morris | 11.90m | 39-00.50 | 2 | |
| 10 | Lee, Tanner | SR | Wis.-Superior | 11.58m | 38-00.00 | 2 | |
| 11 | Hahm, Isaiah | JR | Martin Luther | 11.39m | 37-04.50 | 1 | |
| 12 | Gregorious, Zachary | JR | Martin Luther | 11.08m | 36-04.25 | 1 | |
| 13 | Middleton, Q | SR | Northwestern (Minn.) | 10.86m | 35-07.75 | 1 | |
| 14 | Nelson, Jerad | SR | Minnesota-Morris | 10.84m | 35-06.75 | 1 | |
| 15 | Janczak, Jared | SO | Wis.-Superior | 10.44m | 34-03.00 | 1 | |
| 16 | Skorenkyi, Kostiatyn | JR | Martin Luther | 10.33m | 33-10.75 | 1 | |
| 17 | Olson, Josiah | FR | Northwestern (Minn.) | 9.79m | 32-01.50 | 1 | |
| 18 | Thornbrugh, Conor | FR | Minnesota-Morris | 9.69m | 31-09.50 | 1 | |
| 19 | Kabengele, Aaron | SO | Bethany Lutheran | 9.45m | 31-00.00 | 1 | |
| --- | Petersen, Luke | SR | Minnesota-Morris | FOUL | | 1 | |

Men Discus Throw**UMAC Record: 48.82m @ 5/6/2017 Graham Johnson, North Centra**

| | Name | Yr | School | Finals | | H# | Points |
|---------------|----------------------|----|----------------------|--------|--------|----|--------|
| Finals | | | | | | | |
| 1 | Stankiewicz, Gage | FR | Wis.-Superior | 42.42m | 139-02 | 3 | 10 |
| 2 | Lee, Tanner | SR | Wis.-Superior | 40.53m | 133-00 | 3 | 8 |
| 3 | Foelske, Caleb | SR | Martin Luther | 39.63m | 130-00 | 3 | 6 |
| 4 | Robinson, Justin | SR | Minnesota-Morris | 37.56m | 123-03 | 2 | 5 |
| 5 | Petersen, Luke | SR | Minnesota-Morris | 37.11m | 121-09 | 3 | 4 |
| 6 | Paulson, Ben | FR | Minnesota-Morris | 36.37m | 119-04 | 3 | 3 |
| 7 | Zepeda, Bryan | JR | Minnesota-Morris | 36.31m | 119-01 | 3 | 2 |
| 8 | Nye, Cody | JR | Minnesota-Morris | 35.90m | 117-09 | 3 | 1 |
| 9 | Ohman, Nate | JR | Wis.-Superior | 35.42m | 116-02 | 3 | |
| 10 | Wagner, Landon | FR | Minnesota-Morris | 34.62m | 113-07 | 3 | |
| 11 | Wenz, Gustav | SO | Martin Luther | 34.56m | 113-05 | 2 | |
| 12 | Ashburn, Riley | FR | Bethany Lutheran | 31.49m | 103-04 | 2 | |
| 13 | Hahm, Isaiah | JR | Martin Luther | 28.96m | 95-00 | 2 | |
| 14 | Costin, William | SO | Martin Luther | 28.45m | 93-04 | 1 | |
| 15 | Kabengele, Aaron | SO | Bethany Lutheran | 27.19m | 89-02 | 1 | |
| 16 | Middleton, Q | SR | Northwestern (Minn.) | 26.97m | 88-06 | 2 | |
| 17 | Phernetton, Brock | SR | Wis.-Superior | 26.88m | 88-02 | 2 | |
| 18 | Olson, Josiah | FR | Northwestern (Minn.) | 26.66m | 87-06 | 1 | |
| 19 | Thornbrugh, Conor | FR | Minnesota-Morris | 26.49m | 86-11 | 2 | |
| 20 | Janczak, Jared | SO | Wis.-Superior | 26.00m | 85-04 | 2 | |
| 21 | Helmer, Eric | SR | Martin Luther | 25.73m | 84-05 | 1 | |
| 22 | Scheuerlein, Zach | SO | Martin Luther | 25.61m | 84-00 | 1 | |
| 23 | Nelson, Jerad | SR | Minnesota-Morris | 24.33m | 79-10 | 1 | |
| 24 | Skorenkyi, Kostiatyn | JR | Martin Luther | 23.49m | 77-01 | 2 | |
| 25 | Anderson, Adam | SR | Northwestern (Minn.) | 19.59m | 64-03 | 1 | |
| 26 | Owens, Jarvis | FR | Bethany Lutheran | 15.60m | 51-02 | 1 | |

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results****Men Hammer Throw****UMAC Record: 59.28m @ 5/6/2016 Jeremy Peterson, CSS**

| | Name | Yr | School | Finals | | H# | Points |
|---------------|----------------------|----|----------------------|--------|--------|----|--------|
| Finals | | | | | | | |
| 1 | Petersen, Luke | SR | Minnesota-Morris | 49.72m | 163-01 | 2 | 10 |
| 2 | Stankiewicz, Gage | FR | Wis.-Superior | 43.70m | 143-04 | 2 | 8 |
| 3 | Robinson, Justin | SR | Minnesota-Morris | 43.52m | 142-09 | 2 | 6 |
| 4 | Ohman, Nate | JR | Wis.-Superior | 42.93m | 140-10 | 2 | 5 |
| 5 | Nelson, Jerad | SR | Minnesota-Morris | 41.61m | 136-06 | 2 | 4 |
| 6 | Foelske, Caleb | SR | Martin Luther | 40.60m | 133-02 | 1 | 3 |
| 7 | Paulson, Ben | FR | Minnesota-Morris | 40.60m | 133-02 | 2 | 2 |
| 8 | Nye, Cody | JR | Minnesota-Morris | 39.97m | 131-02 | 2 | 1 |
| 9 | Zepeda, Bryan | JR | Minnesota-Morris | 39.56m | 129-09 | 2 | |
| 10 | Lee, Tanner | SR | Wis.-Superior | 36.27m | 119-00 | 2 | |
| 11 | Phernetton, Brock | SR | Wis.-Superior | 31.91m | 104-08 | 2 | |
| 12 | Wenz, Gustav | SO | Martin Luther | 30.00m | 98-05 | 1 | |
| 13 | Hahm, Isaiah | JR | Martin Luther | 29.62m | 97-02 | 1 | |
| 14 | Thornbrugh, Conor | FR | Minnesota-Morris | 28.29m | 92-10 | 1 | |
| 15 | Wagner, Landon | FR | Minnesota-Morris | 26.74m | 87-09 | 1 | |
| 16 | Skorenkyi, Kostiatyn | JR | Martin Luther | 26.23m | 86-01 | 1 | |
| 17 | Kabengele, Aaron | SO | Bethany Lutheran | 25.06m | 82-03 | 1 | |
| 18 | Johannes, Kelvin | SO | Martin Luther | 24.97m | 81-11 | 1 | |
| 19 | Helmer, Eric | SR | Martin Luther | 24.15m | 79-03 | 1 | |
| 20 | Middleton, Q | SR | Northwestern (Minn.) | 24.12m | 79-02 | 1 | |
| 21 | Costin, William | SO | Martin Luther | 18.90m | 62-00 | 1 | |

Men Javelin Throw**UMAC Record: 59.18m @ 5/7/2011 Andrew Loescher, Martin Luther**

| | Name | Yr | School | Finals | | H# | Points |
|---------------|----------------------|----|----------------------|--------|--------|----|--------|
| Finals | | | | | | | |
| 1 | Foster, Earl | SO | Wis.-Superior | 49.15m | 161-03 | 2 | 10 |
| 2 | Scheuerlein, Zach | SO | Martin Luther | 47.32m | 155-03 | 2 | 8 |
| 3 | Thornbrugh, Conor | FR | Minnesota-Morris | 46.88m | 153-10 | 2 | 6 |
| 4 | Wenz, Gustav | SO | Martin Luther | 45.60m | 149-07 | 2 | 5 |
| 5 | Foelske, Caleb | SR | Martin Luther | 45.22m | 148-04 | 2 | 4 |
| 6 | Mufind, Broddy | SO | Bethany Lutheran | 44.63m | 146-05 | 2 | 3 |
| 7 | Pausch, Colten | JR | Crown | 43.17m | 141-08 | 2 | 2 |
| 8 | Gregorious, Zachary | JR | Martin Luther | 39.42m | 129-04 | 2 | 1 |
| 9 | Janczak, Jared | SO | Wis.-Superior | 38.97m | 127-10 | 2 | |
| 10 | Robinson, Austin | SO | Minnesota-Morris | 37.88m | 124-03 | 1 | |
| 11 | Landwehr, Jonas | SR | Martin Luther | 36.79m | 120-08 | 1 | |
| 12 | Little, Caleb | JR | Martin Luther | 36.72m | 120-06 | 1 | |
| 13 | Worster, Noah | JR | Martin Luther | 34.07m | 111-09 | 1 | |
| 14 | Holmes, Maxwell | JR | Martin Luther | 29.78m | 97-08 | 1 | |
| 15 | Middleton, Q | SR | Northwestern (Minn.) | 27.76m | 91-01 | 1 | |
| 16 | Skorenkyi, Kostiatyn | JR | Martin Luther | 25.18m | 82-07 | 1 | |
| 17 | Johannes, Kelvin | SO | Martin Luther | 24.87m | 81-07 | 1 | |
| 18 | Furlong, Zach | SO | Northwestern (Minn.) | 24.35m | 79-11 | 1 | |

Women - Team Rankings - 20 Events Scored

UMAC Track and Field Outdoor Championships - 5/6/2022 to 5/7/2022**Univ. of Minnesota - Morris****Results**

| | | | |
|--------------------------|-----|-------------------------|-----|
| 1) Minnesota-Morris | 216 | 2) Bethany Lutheran | 149 |
| 3) Wis.-Superior | 144 | 4) Martin Luther | 140 |
| 5) Crown | 35 | 6) Northwestern (Minn.) | 33 |
| 7) North Central (Minn.) | 30 | | |

Men - Team Rankings - 20 Events Scored

| | | | |
|-------------------------|-------|--------------------------|-------|
| 1) Wis.-Superior | 248.5 | 2) Martin Luther | 182.5 |
| 3) Minnesota-Morris | 96 | 4) Bethany Lutheran | 89.5 |
| 5) Northwestern (Minn.) | 69.5 | 6) North Central (Minn.) | 60 |
| 7) Crown | 31 | | |