

UND Tune-Up - 2/19/2022
Hosted by University of North Dakota
High Performance Center
Results - UND Tune-Up

Women 60 Meter Dash

Name	Year	School	Prelims	H#
Preliminaries				
1	Christiana	Collins	FR North Dakota State	7.73Q 3
2	Alaina	Hall	SO Bemidji State	7.75Q 1
3	Hinewai	Knowles	FR North Dakota	7.92Q 2
4	Mackenzie	Severson	SO North Dakota	7.85q 3
5	Shackera	Douglas	FR Bemidji State	7.87q 1
6	Aleece	Durbin	JR North Dakota	7.89q 1
7	Beatrice	Kjelland	JR Bemidji State	7.95q 2
8	Malene	Kollberg	NA	7.98q 1
9	Kendra	Ekereke	SO Bemidji State	8.00 2 7.992
10	Sarah	Hill	SR Bemidji State	8.00 3 7.994
11	Makayla	Lewis	FR Bemidji State	8.08 1
12	Carlie	Heinecke	JR Concordia-Moorhead	8.25 1
13	Olivia	Olson	FR Bemidji State	8.26 2
14	Jenna	Benson	SR Minnesota-Morris	8.43 2
15	Claire	Leach	SO North Dakota	8.46 3
16	Lydia	Gross	SO Minnesota-Morris	8.50 2

Women 60 Meter Dash

Name	Year	School	Finals	Points
Finals				
1	Christiana	Collins	FR North Dakota State	7.74 7
2	Alaina	Hall	SO Bemidji State	7.76 5
3	Hinewai	Knowles	FR North Dakota	7.80 4
4	Mackenzie	Severson	SO North Dakota	7.81 3
5	Shackera	Douglas	FR Bemidji State	7.94 2
6	Aleece	Durbin	JR North Dakota	7.95 1
7	Beatrice	Kjelland	JR Bemidji State	8.01
8	Malene	Kollberg	NA	8.07

Women 200 Meter Dash

Name	Year	School	Finals	H#	Points
1	Kendra	Ekereke	SO Bemidji State	26.02	1 7
2	Shackera	Douglas	FR Bemidji State	26.08	1 5
3	Sarah	Hill	SR Bemidji State	26.69	2 4
4	Makayla	Lewis	FR Bemidji State	27.12	1 3
5	Hinewai	Knowles	FR North Dakota	27.19	1 2
6	Mary	Wunderlich	FR Concordia-Moorhead	27.51	1 1
7	Carlie	Heinecke	JR Concordia-Moorhead	27.77	1
8	Lydia	Gross	SO Minnesota-Morris	28.71	2
9	Grace	Hambike	FR Minnesota-Morris	28.82	2
10	Kim	Peters	FR Minnesota-Morris	29.15	2
11	Maggie	Landwer	FR Minnesota-Morris	29.39	2

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Women 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Maryse Mbenoun	SR	Bemidji State	58.57	1	7
2 Rachel Myers	FR	Bemidji State	58.59	1	5
3 Courtney Werner	FR	North Dakota	59.18	1	4
4 Cornelia Wohlfahrt	FR	North Dakota	1:00.65	1	3
5 Abby Syverson	SO	Bemidji State	1:01.04	1	2
6 Maggie Dervis	FR	North Dakota	1:01.22	2	1
7 Skyler Tillery	FR	Bemidji State	1:01.26	2	
8 Elaina Swartz	JR	North Dakota	1:01.44	1	
9 Elizabeth Frias	FR	Minnesota-Morris	1:04.69	2	
10 Makayla Lewis	FR	Bemidji State	1:04.85	2	
11 Lily Johnson	JR	Bemidji State	1:08.54	2	

Women 600 Meter Run

Name	Year	School	Finals	Points
1 Michaela Oosthuizen	SR	North Dakota	1:36.74	7
2 Drew Frolek	FR	Concordia-Moorhead	1:41.44	5
3 Aneesa Tucker	SR	Bemidji State	1:42.23	4
4 Jerzie Finstad	FR	North Dakota	1:42.47	3
5 Natalie Fultz	SO	Bemidji State	1:43.33	2
6 Eden Smith	FR	Concordia-Moorhead	1:44.77	1
7 Emily Curtice	SO	Bemidji State	1:47.77	

Women 800 Meter Run

Name	Year	School	Finals	Points
1 Ryne Prigge	SR	Bemidji State	2:22.56	7
2 Kelly Lorenz	SO	Concordia-Moorhead	2:29.02	5
3 Zoey Mills	SO	Bemidji State	2:29.72	4
4 Amanda Hernesman	FR	Bemidji State	2:37.51	3
5 Rachel Friberg	SR	Concordia-Moorhead	2:49.03	2
6 Timea Vrabcova	FR	Concordia-Moorhead	2:54.39	1
7 Greta Larson	SO	Concordia-Moorhead	3:09.65	

Women 1000 Meter Run

Name	Year	School	Finals	Points
1 Maddie Van Beek			2:57.44	7
2 Isabel Fredrickson	SR	Concordia-Moorhead	3:06.10	5

Women 1 Mile Run

Name	Year	School	Finals	H#	Points
1 Allie Wahlund	SO	North Dakota State	5:13.36	2	7
2 Maddie Carrington	SO	Minnesota-Morris	5:18.13	2	5
3 Mary Goodwin	SO	Bemidji State	5:20.30	2	4
4 Alexis Roehl	JR	North Dakota State	5:21.29	2	3
5 Elle Sondag		Blackwire Ru	5:22.67	2	2

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....Women 1 Mile Run

6	Amelia Landsverk	JR	Concordia-Moorhead	5:31.76	2	1
7	Emily Rugloski	SR	Concordia-Moorhead	5:35.85	2	
8	Briahna Hensel	FR	Minnesota-Morris	5:40.16	2	
9	Kaitlyn Ladwig	SR	Minnesota-Morris	5:45.31	2	
10	Carol Miller	SO	Bemidji State	5:53.12	1	
11	Airial Johnson	FR	Concordia-Moorhead	5:55.41	1	
12	Ilsa Hoaglund	FR	Minnesota-Morris	5:59.21	1	
13	Grace Ivesdal	JR	Concordia-Moorhead	6:11.75	1	
14	Zoe Hoaglund	FR	Minnesota-Morris	6:11.80	1	
15	Abby Motschenbacher	SO	North Dakota	6:27.24	1	
16	Amelia Lund	SO	Minnesota-Morris	6:43.42	1	
17	Abby Hachmeister	FR	Minnesota-Morris	6:47.51	1	

Women 3000 Meter Run

Name	Year	School	Finals	Points
1	Onnica Stansbury	FR North Dakota State	10:28.31	7
2	Jen Dufner	SR North Dakota State	10:34.10	5
3	Abigail Hoffarth	FR North Dakota State	10:59.79	4
4	Greta McLagan	SO North Dakota	11:10.49	3
--	Kelby Rinas	SO North Dakota State	DNF	
--	Jeanne Corroy	FR North Dakota State	DNF	

Women 60 Meter Hurdles

Name	Year	School	Prelims	H#
Preliminaries				
1	Salmata Korgho	SO North Dakota State	8.66Q	1
2	Elise Ulseth	JR North Dakota	8.68Q	3
3	Mackenzie Severson	SO North Dakota	9.18Q	2
4	Aleece Durbin	JR North Dakota	9.00q	1
5	Malene Kollberg	NA	9.01q	1 9.002
6	Hinewai Knowles	FR North Dakota	9.01q	1 9.008
7	Bailee Dierks	SO North Dakota State	9.12q	3
8	Paige Ziegler	SO Msu-Moorhead	9.21q	2
9	Erica Benson	SR North Dakota	9.41	3 9.404
10	Elle Thorson	SO North Dakota	9.41	1 9.407
11	Dynia Lewis	FR Bemidji State	9.41	3 9.409
12	Brooklynn Gould	SO North Dakota	9.61	1
13	Peyton Selle	SO Concordia-Moorhead	9.68	3
14	Aneesa Tucker	SR Bemidji State	9.85	1
15	Nicole Lilleberg	JR Concordia-Moorhead	9.87	2
16	Emily Curtice	SO Bemidji State	10.01	2
17	Natalie Fultz	SO Bemidji State	10.28	2
18	Jenna Kalevik	FR Concordia-Moorhead	10.70	2

Women 60 Meter Hurdles

Name	Year	School	Finals	Points
Finals				
1	Salmata Korgho	SO North Dakota State	8.60	7

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....Women 60 Meter Hurdles

2	Elise Ulseth	JR North Dakota	8.68	5
3	Bailee Dierks	SO North Dakota State	8.79	4
4	Malene Kollberg	NA	8.90	3
5	Aleece Durbin	JR North Dakota	8.91	2
6	Hinewai Knowles	FR North Dakota	9.05	1
7	Mackenzie Severson	SO North Dakota	9.11	
8	Paige Ziegler	SO Msu-Moorhead	9.28	

Women 4x400 Meter Relay

School		Finals	Points
1	Bemidji State 'A'	4:09.66	7
	1) Rachel Myers FR	2) Janice Cole JR	
	3) Skyler Tillery FR	4) Maryse Mbenoun SR	
2	Concordia-Moorhead 'A'	4:10.47	5
	1) Peyton Selle SO	2) Isabel Fredrickson SR	
	3) Eden Smith FR	4) Drew Frolek FR	

Women High Jump

Name	Year School	Finals	Points
1 Malene Kollberg	NA	1.59m	5-02.50 7
1.49 1.54 1.59 1.64			
XO O O XXX			
2 Natalie Fultz	SO Bemidji State	1.59m	5-02.50 5
1.39 1.44 1.49 1.54 1.59 1.64			
O O XO XO XO XXX			
3 Ashley Conneran	SO North Dakota	1.59m	5-02.50 4
1.44 1.49 1.54 1.59 1.64			
O XO O XXO XXX			
4 Caitlin Pritchett	JR Msu-Moorhead	1.54m	5-00.50 3
1.49 1.54 1.59			
O O XXX			
5 Jenna Bergantine	FR North Dakota State	1.54m	5-00.50 1.50
1.49 1.54 1.59			
O XO XXX			
5 Elizabeth Morris		1.54m	5-00.50 1.50
1.39 1.44 1.49 1.54 1.59			
O O O XO XXX			
7 Sophia Sowada	JR Msu-Moorhead	1.49m	4-10.50
1.44 1.49 1.54			
O O XXX			
8 Aneesa Tucker	SR Bemidji State	1.44m	4-08.75
1.39 1.44 1.49			
O O XXX			
8 Mickalyn Babock	SO Msu-Moorhead	1.44m	4-08.75
1.44 1.49			
O XXX			
10 Bailee Dierks	SO North Dakota State	1.39m	4-06.75
1.39 1.44			
O XXX			

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....Women High Jump

11	Jordyn Johnson	FR Concordia-Moorhead	1.39m	4-06.75
	1.39 1.44			
	XO XXX			
--	Jenna Kalevik	FR Concordia-Moorhead	NH	
	1.39			
	XXX			

Women Pole Vault

Name	Year	School	Finals	Points
1 Ashley Hokanson	FR	Msu-Moorhead	3.76m 12-04.00	7
	2.41 2.56 2.71 2.86 3.01	3.16 3.31 3.46 3.61 3.76 3.91		
	---	---	O XXO XXX	
2 Megan Judge	SO	Bemidji State	3.31m 10-10.25	5
	2.41 2.56 2.71 2.86 3.01	3.16 3.31 3.46		
	---	XO XO O XO O XXX		
3 Taylor Lee	NA		3.31m 10-10.25	4
	2.41 2.56 2.71 2.86 3.01	3.16 3.31 3.46		
	---	O XXO XO O XO XXX		
4 Sydney Bahls	JR	Msu-Moorhead	3.16m 10-04.25	3
	2.41 2.56 2.71 2.86 3.01	3.16 3.31		
	---	O XXX		
5 Kelsey Dolejs	JR	North Dakota	3.01m 9-10.50	2
	2.41 2.56 2.71 2.86 3.01	3.16		
	---	O O O XXX		
6 Olivia Olson	FR	Bemidji State	2.71m 8-10.75	1
	2.41 2.56 2.71 2.86			
	---	XO XO XXX		
7 Maggie Landwer	FR	Minnesota-Morris	2.41m 7-10.75	
	2.41 2.56			
	O XXX			
-- Anastasia Klein	JR	Bemidji State	NH	
	2.41 2.56 2.71 2.86			
	---	XXX		
-- Katie Berglund	SO	North Dakota State	NH	
	2.41 2.56 2.71 2.86 3.01	3.16 3.31		
	---	XXX		
-- Kenzie Gullickson	SO	North Dakota	NH	
	2.41 2.56 2.71 2.86 3.01			
	---	XXX		

Women Long Jump

Name	Year	School	Finals	H#	Points
1 Malene Kollberg	NA		5.44m 17-10.25	2	7
	5.14m 5.36m 5.44m 5.21m	PASS PASS			
2 Jennifer Parent	JR	North Dakota	5.43m 17-09.75	2	5
	5.37m 5.27m 5.43m	FOUL 5.41m FOUL			
3 Christiana Collins	FR	North Dakota State	5.23m 17-02.00	2	4
	4.96m FOUL 5.18m 5.05m	5.23m FOUL			
4 Alaina Hall	SO	Bemidji State	5.16m 16-11.25	2	3
	FOUL 5.16m 5.16m 4.82m	FOUL PASS			

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....Women Long Jump

5	Erica Benson	SR North Dakota	5.04m	16-06.50	2	2
	5.04m 5.00m 4.80m 4.94m	FOUL FOUL				
6	Aneesa Tucker	SR Bemidji State	5.04m	16-06.50	2	1
	4.89m FOUL 4.89m 4.71m	FOUL 5.04m				
7	Taylor Lee	NA	4.90m	16-01.00	1	
	4.72m 4.90m 4.75m 4.64m	FOUL FOUL				
8	Emily Curtice	SO Bemidji State	4.83m	15-10.25	2	
	4.76m 4.71m 4.69m	FOUL 4.83m FOUL				
9	Peyton Selle	SO Concordia-Moorhead	4.60m	15-01.25	2	
	4.54m 4.50m 4.60m	FOUL FOUL FOUL				
10	Mickalyn Babock	SO Msu-Moorhead	4.58m	15-00.50	2	
	4.32m 4.45m 4.58m					
11	Natalie Fultz	SO Bemidji State	4.54m	14-10.75	1	
	4.42m 4.54m 4.40m					
12	Jenna Benson	SR Minnesota-Morris	4.44m	14-07.00	1	
	FOUL 4.44m FOUL					
13	Meg Shercliffe	SO Concordia-Moorhead	4.39m	14-05.00	1	
	4.29m 4.23m 4.39m					
14	Kyra Nichols	JR Concordia-Moorhead	4.34m	14-03.00	1	
	4.28m 4.34m 4.16m					
15	Kim Peters	FR Minnesota-Morris	4.30m	14-01.25	1	
	4.30m FOUL FOUL					
16	Laura Fuller	FR Concordia-Moorhead	3.89m	12-09.25	1	
	3.89m 3.83m 3.62m					
17	Jenna Kalevik	FR Concordia-Moorhead	3.79m	12-05.25	1	
	FOUL 3.59m 3.79m					
18	Kendra DeRosa	JR Minnesota-Morris	3.40m	11-02.00	1	
	3.40m 3.26m FOUL					

Women Triple Jump

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Name	Year	School	Finals		Points	
=====						
1	Jennifer Parent	JR North Dakota	11.70m	38-04.75	7	
	11.70m 11.47m 11.45m 11.53m 11.33m 11.54m					
2	Analise Fabre	SR Bemidji State	11.33m	37-02.25	5	
	10.97m 11.18m 11.15m 10.81m 10.98m 11.33m					
3	Claire Leach	SO North Dakota	10.88m	35-08.50	4	
	10.43m 10.67m 10.62m 10.87m 10.88m 10.70m					
4	Dynia Lewis	FR Bemidji State	10.84m	35-06.75	3	
	FOUL 10.74m FOUL FOUL 10.84m FOUL					
5	Kyra Nichols	JR Concordia-Moorhead	9.96m	32-08.25	2	
	9.37m FOUL 9.55m 9.62m 9.96m FOUL					
6	Jenna Bergantine	FR North Dakota State	9.70m	31-10.00	1	
	9.30m 9.49m 9.41m 9.34m 9.70m FOUL					
7	Kim Peters	FR Minnesota-Morris	9.46m	31-00.50		
	FOUL 8.97m PASS 9.14m 9.35m 9.46m					

Women Shot Put

=====						
Name	Year	School	Finals	H#	Points	
=====						
1	Amanda Anderson	SR North Dakota State	14.62m	47-11.75	2	7
	FOUL 13.94m 14.62m FOUL FOUL FOUL					

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....Women Shot Put

2	Eve Goldstein	SO North Dakota	14.12m	46-04.00	2	5
	13.44m FOUL 13.96m 13.31m 14.12m 13.89m					
3	Allison Lardy	SR North Dakota	14.11m	46-03.50	2	4
	13.77m FOUL FOUL 13.75m FOUL 14.11m					
4	Kenna Curry	SO North Dakota	13.99m	45-10.75	2	3
	13.55m 13.99m 13.91m FOUL 13.59m 13.55m					
5	Cayle Hovland	SR Concordia-Moorhead	13.09m	42-11.50	2	2
	11.70m 12.62m 12.98m 13.09m 12.57m 13.00m					
6	Tierra Doss	JR Bemidji State	12.16m	39-10.75	2	1
	FOUL 12.16m FOUL FOUL FOUL FOUL					
7	Hailey Gill	SO Minnesota-Morris	11.73m	38-06.00	2	
	10.94m 11.50m 11.29m 11.73m 11.42m 10.73m					
8	Erica Benson	SR North Dakota	11.56m	37-11.25	1	
	11.56m 11.31m 10.79m 11.27m FOUL 10.22m					
9	Jenica Moes	SR Minnesota-Morris	11.46m	37-07.25	1	
	11.46m 10.62m 10.72m FOUL 11.12m FOUL					
10	Bailey Overbo	FR North Dakota	11.43m	37-06.00	2	
	FOUL 11.43m 11.31m					
11	Annabel Thorstenson	NA	11.22m	36-09.75	2	
	FOUL 11.22m 11.09m					
12	Emily White	SR Concordia-Moorhead	11.14m	36-06.75	2	
	10.69m 11.14m 10.87m					
13	Merrideth Spiers	FR North Dakota State	10.91m	35-09.50	2	
	FOUL FOUL 10.91m					
14	Elle Thorson	SO North Dakota	10.70m	35-01.25	1	
	10.15m 9.26m 10.70m					
15	Brooklyn Gould	SO North Dakota	10.65m	34-11.25	1	
	10.39m 10.65m 10.49m					
16	Elise Ulseth	JR North Dakota	10.52m	34-06.25	1	
	10.52m 10.17m 10.33m					
17	Kristen Rasmussen	SO Bemidji State	9.83m	32-03.00	2	
	FOUL 9.83m FOUL					
17	Malene Kollberg	NA	9.83m	32-03.00	1	
	9.83m 9.47m 9.61m					
19	Jenna Kalevik	FR Concordia-Moorhead	9.59m	31-05.75	1	
	9.28m 8.64m 9.59m					
20	Sophia Sowada	JR Msu-Moorhead	9.51m	31-02.50	1	
	9.40m 9.43m 9.51m					
20	Mikenna Pattrin	FR Bemidji State	9.51m	31-02.50	1	
	9.27m 9.51m FOUL					
22	Katelyn Zaiger	FR Msu-Moorhead	9.10m	29-10.25	1	
	8.92m 9.10m 9.07m					
23	Brooke Kangas	FR Concordia-Moorhead	8.96m	29-04.75	1	
	8.46m 8.96m 8.80m					
24	Anna Briggs	FR Minnesota-Morris	8.64m	28-04.25	1	
	8.64m 8.50m 8.19m					
25	Jennifer Steinbring	FR Minnesota-Morris	8.12m	26-07.75	1	
	8.12m 8.01m 7.75m					
--	Allyson Kangas	JR Concordia-Moorhead	FOUL		2	
	FOUL FOUL FOUL					

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Women Weight Throw

Name	Year	School	Finals	H#	Points
1 Amy Phillips	SR	North Dakota State	19.91m	65-04.00	2 7
17.95m FOUL 19.15m	18.51m	19.91m	18.61m		
2 Natalie Mohring	JR	North Dakota	19.27m	63-02.75	2 5
19.27m 19.22m FOUL	18.75m	18.73m	19.00m		
3 Amanda Anderson	SR	North Dakota State	18.87m	61-11.00	2 4
18.87m 17.94m FOUL	FOUL	FOUL	17.88m		
4 Kenna Curry	SO	North Dakota	18.20m	59-08.50	2 3
FOUL FOUL 17.68m	16.61m	17.36m	18.20m		
5 Merrideth Spiers	FR	North Dakota State	17.61m	57-09.50	2 2
16.04m 16.60m 17.61m	17.08m	FOUL	16.10m		
6 Allison Lardy	SR	North Dakota	17.39m	57-00.75	2 1
FOUL 17.39m FOUL	17.15m	FOUL	FOUL		
7 Eve Goldstein	SO	North Dakota	17.15m	56-03.25	2
17.11m FOUL 16.93m	16.70m	17.15m	FOUL		
8 Annabel Thorstenson	NA		16.69m	54-09.25	2
16.69m FOUL FOUL	16.66m	15.95m	16.09m		
9 Cayle Hovland	SR	Concordia-Moorhead	16.23m	53-03.00	2
13.05m 15.53m 16.23m	FOUL	14.60m	15.19m		
10 Allyson Kangas	JR	Concordia-Moorhead	15.13m	49-07.75	1
FOUL 14.49m 15.13m					
11 Tierra Doss	JR	Bemidji State	14.40m	47-03.00	2
FOUL 14.40m FOUL					
12 Hailey Gill	SO	Minnesota-Morris	14.33m	47-00.25	1
14.33m 13.58m 14.21m					
13 Bailey Overbo	FR	North Dakota	13.21m	43-04.25	1
FOUL 12.47m 13.21m					
14 Kristen Rasmussen	SO	Bemidji State	12.12m	39-09.25	1
11.63m 12.12m FOUL					
15 Jenica Moes	SR	Minnesota-Morris	12.03m	39-05.75	1
12.03m FOUL 10.65m					
16 Emily White	SR	Concordia-Moorhead	11.87m	38-11.50	1
FOUL 11.87m 11.67m					
17 Anna Briggs	FR	Minnesota-Morris	11.10m	36-05.00	1
10.98m FOUL 11.10m					
18 Katelyn Zaiger	FR	Msu-Moorhead	10.67m	35-00.25	1
10.16m 10.61m 10.67m					
19 Brooke Kangas	FR	Concordia-Moorhead	9.30m	30-06.25	1
9.30m FOUL 9.06m					
20 Jennifer Steinbring	FR	Minnesota-Morris	9.01m	29-06.75	1
FOUL FOUL 9.01m					
-- Mikenna Pattrin	FR	Bemidji State	FOUL		1
FOUL FOUL FOUL					

Men 60 Meter Dash

Name	Year	School	Prelims	H#
Preliminaries				
1 Dylan McGlothlin	JR		7.02Q	1
2 Jerome Crayton	FR	Msu-Moorhead	7.14Q	2
3 Kory Powell-Oliver	JR	Msu-Moorhead	7.18Q	4
4 Alvin George	SO	North Dakota	7.26Q	3

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5	Shaquiel Higgs	JR	Msu-Moorhead	7.13q	1
6	Grant Anderson	SO	Concordia-Moorhead	7.26q	4
7	Nolan Morical	FR	Concordia-Moorhead	7.31q	2
8	Max Baker	SO	North Dakota	7.35q	1
9	Ben Hidani	SO	North Dakota	7.36	3
10	Jory Vasek	FR	North Dakota	7.44	3
11	Bryce Enerson	FR	North Dakota State	7.48	4
12	Harris Maclean	SO	North Dakota	7.53	2
13	Wade Rhonemus	JR	Concordia-Moorhead	7.61	4
14	Isaiah Johnson	FR	Msu-Moorhead	7.61	4
15	Nick Hermes	FR	Concordia-Moorhead	7.63	3
16	Duncan Vandergon	FR	Minnesota-Morris	7.68	1
17	Jordan Petron	FR	Concordia-Moorhead	7.76	3
18	Joshua Welch	SO	Minnesota-Morris	7.78	1
19	Conrad Barrozo	FR	Minnesota-Morris	7.95	1

Men 60 Meter Dash

=====					
	Name	Year	School	Finals	Points
=====					
Finals					
1	Dylan McGlothlin	JR		6.97	7
2	Shaquiel Higgs	JR	Msu-Moorhead	7.06	5
3	Jerome Crayton	FR	Msu-Moorhead	7.10	4
4	Kory Powell-Oliver	JR	Msu-Moorhead	7.17	3
5	Alvin George	SO	North Dakota	7.18	2
6	Grant Anderson	SO	Concordia-Moorhead	7.21	1
7	Nolan Morical	FR	Concordia-Moorhead	7.27	

Men 200 Meter Dash

=====					
	Name	Year	School	Finals	Points
=====					
1	Henry Collins	FR	North Dakota State	22.45	7
2	Trevor Tiongson	FR	Concordia-Moorhead	23.29	5
3	Nolan Morical	FR	Concordia-Moorhead	23.35	4
4	Albara Mutleg	SO	Concordia-Moorhead	23.72	3
5	Hayden Gagnon	SR	Concordia-Moorhead	24.00	2
6	Gabe Thompson	FR	Concordia-Moorhead	24.51	1
7	Duncan Vandergon	FR	Minnesota-Morris	25.12	
8	Joshua Welch	SO	Minnesota-Morris	25.60	

Men 400 Meter Dash

=====					
	Name	Year	School	Finals	H# Points
=====					
1	Calob Larson	NA		48.41	1 7
2	Adrian Harris	SO	North Dakota State	48.50	1 5
3	Jory Vasek	FR	North Dakota	50.85	1 4
4	Max Baker	SO	North Dakota	51.29	1 3
5	Colin Schuller	SR	Concordia-Moorhead	51.51	1 2
6	Trevor Tiongson	FR	Concordia-Moorhead	52.27	2 1
7	Hayden Gagnon	SR	Concordia-Moorhead	52.48	1
8	Albara Mutleg	SO	Concordia-Moorhead	52.76	2

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....Men 400 Meter Dash

9 Bryce Enerson FR North Dakota State 55.11 2

Men 600 Meter Run

Name	Year	School	Finals	Points
1 Kolby Brandt	SO	Msu-Moorhead	1:26.81	7
2 Elliott MacLennan	FR	Msu-Moorhead	1:27.17	5
3 Simon Zahrbock	JR	Concordia-Moorhead	1:27.35	4
4 Ben Becker	SO	Concordia-Moorhead	1:29.77	3
5 Grant Strukel	SO	Minnesota-Morris	1:30.16	2

Men 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Jesse Middendorf	SR	Concordia-Moorhead	1:53.34	1	7
2 Alec Nelson	SO	North Dakota	1:54.84	1	5
3 Luke Labatte	JR	North Dakota	1:57.14	1	4
4 Solomon Johnson	SR	Concordia-Moorhead	2:00.30	2	3
5 Justin Jelaca	FR	North Dakota	2:01.60	1	2
6 Nolan Christenson	SR	Concordia-Moorhead	2:02.55	2	1
7 Tanner Olson	JR	Concordia-Moorhead	2:05.64	2	
8 Rory Shackelford	SO	Minnesota-Morris	2:06.07	2	
9 Joel Kuopp	JR	Minnesota-Morris	2:10.92	2	
10 Nick Trzynka	FR	Concordia-Moorhead	2:12.59	2	
11 Gregory Peterson	SO	Minnesota-Morris	2:13.09	2	
12 Conner Fitzgerald	SR	Minnesota-Morris	2:18.05	2	
-- Matthew Russell	SO	North Dakota	DNF	1	

Men 1 Mile Run

Name	Year	School	Finals	Points
1 Munir Isahak	SR	Concordia-Moorhead	4:11.30	7
2 Symon Keiser	SO	North Dakota State	4:11.57	5
3 Isaac Huber	SO	North Dakota State	4:19.68	4
4 Cole Nowacki	SO	Concordia-Moorhead	4:34.79	3
5 Eli Pederson		Blackwire Ru	4:38.81	2
-- Marshall Loveland	NA		DNF	

Men 3000 Meter Run

Name	Year	School	Finals	Points
1 Nelson Ruto	FR	North Dakota	8:32.67	7
2 Payton Smith	NA		8:33.63	5
3 Mason Kindel	FR	North Dakota State	8:37.38	4
4 Patrick Kipkemboi	FR	North Dakota	8:45.30	3
5 Zach Johnson	FR	North Dakota State	8:50.49	2
6 Zachary Miller	SO	North Dakota	9:51.33	1
-- Tyson Mahar	NA		DNF	

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Men 5000 Meter Run

Name	Year School	Finals	Points
1 Owen Sondag	Blackwire Ru	15:27.41	7
2 Leo Smith	SR Concordia-Moorhead	16:36.45	5

Men 60 Meter Hurdles

Name	Year School	Finals	Points
1 Robert Douglas	FR North Dakota State	8.43	7
2 Jared Eggermont	FR North Dakota State	8.49	5
3 Zach McGlynn	NA	8.87	4
4 Colby Larson	FR Msu-Moorhead	9.42	3
5 Zach Paustian	SR Concordia-Moorhead	9.64	2
-- Mitchel Wangler	JR North Dakota	DNF	

Men Pole Vault

Name	Year School	Finals	Points
1 Noah Shafer	JR North Dakota State	4.94m	16-02.50 7
2.84 2.99 3.14 3.29 3.44 3.59 3.74 3.89 4.04 4.19 4.34 4.49 4.64 4.79 4.94 5.00			
			O XO XO XO XXX
2 Jens Christensen	SO North Dakota State	4.79m	15-08.50 5
2.84 2.99 3.14 3.29 3.44 3.59 3.74 3.89 4.04 4.19 4.34 4.49 4.64 4.79 4.94			
			XO XO O XXX
3 Jacob Van Dusseldorp	FR North Dakota State	4.49m	14-08.75 4
2.84 2.99 3.14 3.29 3.44 3.59 3.74 3.89 4.04 4.19 4.34 4.49 4.64			
			O XXX
4 Zach McGlynn	NA	4.49m	14-08.75 3
2.84 2.99 3.14 3.29 3.44 3.59 3.74 3.89 4.04 4.19 4.34 4.49 4.64			
			XO O XXO XXO XXX
5 Ben Hidani	SO North Dakota	4.34m	14-02.75 2
2.84 2.99 3.14 3.29 3.44 3.59 3.74 3.89 4.04 4.19 4.34 4.49			
			O O XXO XXX
6 Wade Rhonemus	JR Concordia-Moorhead	4.19m	13-09.00 1
2.84 2.99 3.14 3.29 3.44 3.59 3.74 3.89 4.04 4.19 4.34			
			O XXX
7 Harris Maclean	SO North Dakota	4.04m	13-03.00
2.84 2.99 3.14 3.29 3.44 3.59 3.74 3.89 4.04 4.19			
			XO XXX
8 Zach Paustian	SR Concordia-Moorhead	3.89m	12-09.00
2.84 2.99 3.14 3.29 3.44 3.59 3.74 3.89 4.04			
			O O O O XXX
9 Erik Ault	FR Concordia-Moorhead	3.89m	12-09.00
2.84 2.99 3.14 3.29 3.44 3.59 3.74 3.89 4.04			
			XXO XO XXX
10 Aric David	SO North Dakota	3.44m	11-03.50
2.84 2.99 3.14 3.29 3.44 3.59			
			O O XO O XXO XXX
11 Colby Larson	FR Msu-Moorhead	3.14m	10-03.50
2.84 2.99 3.14 3.29			
			O XXO XO XXX

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Men Long Jump

Name	Year	School	Finals	Points
1 Nolan Valdez	FR	Concordia-Moorhead	5.98m 19-07.50	7
			4.76m 5.52m 5.98m FOUL 5.55m PASS	
2 Nick Hermes	FR	Concordia-Moorhead	5.55m 18-02.50	5
			FOUL 5.26m 5.46m 5.45m 5.55m FOUL	
3 Jordan Petron	FR	Concordia-Moorhead	5.39m 17-08.25	4
			5.39m FOUL FOUL FOUL FOUL 5.19m	

Men Triple Jump

Name	Year	School	Finals	Points
1 Kade Larson	FR	Msu-Moorhead	12.45m 40-10.25	7
			12.35m FOUL 12.12m FOUL 12.17m 12.45m	
2 Gabe Thompson	FR	Concordia-Moorhead	11.44m 37-06.50	5
			11.42m 11.44m FOUL PASS FOUL 11.41m	
-- David Daniels	FR	Msu-Moorhead	FOUL	
			FOUL FOUL FOUL	
-- Nolan Valdez	FR	Concordia-Moorhead	FOUL	
			FOUL FOUL FOUL	

Men Shot Put

Name	Year	School	Finals	H#	Points
1 Trevor Otterdahl	SR	North Dakota State	19.13m 62-09.25	2	7
			18.27m 18.73m FOUL 19.13m FOUL 18.73m		
2 Kristoffer Thomsen	SR	North Dakota State	18.94m 62-01.75	2	5
			17.63m 18.22m 18.52m 18.94m 18.89m 17.81m		
3 Kaden Pastian	NA		16.53m 54-02.75	2	4
			FOUL 16.53m 16.25m 15.97m 15.74m FOUL		
4 Cooper Folkestad	SO	Concordia-Moorhead	16.37m 53-08.50	2	3
			FOUL 14.80m 14.69m FOUL 14.78m 16.37m		
5 Ben Oie	JR	Msu-Moorhead	14.83m 48-08.00	2	2
			14.12m 14.83m FOUL 13.80m 14.62m 14.15m		
6 Cody Nye	JR	Minnesota-Morris	14.39m 47-02.50	2	1
			14.19m 14.39m FOUL FOUL FOUL FOUL		
7 Jordan Nolan	SO	Msu-Moorhead	14.21m 46-07.50	2	
			12.86m 13.14m 14.21m FOUL FOUL FOUL		
8 Jake Kerzman	SR	Concordia-Moorhead	13.03m 42-09.00	1	
			FOUL 13.03m FOUL 12.69m 12.84m FOUL		
9 Colton Cook	SO	Msu-Moorhead	12.62m 41-05.00	2	
			FOUL FOUL 12.62m FOUL FOUL FOUL		
10 Landon Wagner	FR	Minnesota-Morris	12.40m 40-08.25	1	
			FOUL 11.81m 12.40m		
11 Bryan Zepeda	JR	Minnesota-Morris	12.29m 40-04.00	2	
			FOUL FOUL 12.29m		
12 Trenton Hanseder	SO	North Dakota	10.43m 34-02.75	1	
			FOUL 10.16m 10.43m		
13 Wade Rhonemus	JR	Concordia-Moorhead	9.95m 32-07.75	1	
			9.95m 9.77m 8.30m		
14 Jakob Brown	FR	Concordia-Moorhead	9.83m 32-03.00	1	
			FOUL 9.07m 9.83m		

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....Men Shot Put

15 Aric David	SO North Dakota	9.47m	31-01.00	1
9.47m FOUL FOUL				
-- Luke Petersen	SR Minnesota-Morris	FOUL		1
FOUL FOUL FOUL				

Men Weight Throw

Name	Year	School	Finals	Points	
1 Trevor Otterdahl	SR	North Dakota State	21.89m	71-10.00	7
21.78m 21.89m FOUL	20.71m	20.30m	20.94m		
2 Kaden Pastian	NA		18.20m	59-08.50	5
16.05m 16.88m 17.97m	FOUL	18.20m	18.02m		
3 Jake Kerzman	SR	Concordia-Moorhead	16.99m	55-09.00	4
FOUL 16.35m 15.69m	15.74m	16.81m	16.99m		
4 Garrett Shumski	SO	North Dakota	16.72m	54-10.25	3
15.34m FOUL FOUL	FOUL	FOUL	16.72m		
5 Tristan Bush	SR	North Dakota State	16.39m	53-09.25	2
FOUL 15.01m FOUL	15.91m	16.30m	16.39m		
6 Cody Nye	JR	Minnesota-Morris	14.34m	47-00.75	1
12.36m 12.46m 13.49m	13.40m	12.40m	14.34m		
7 Colton Cook	SO	Msu-Moorhead	14.33m	47-00.25	
FOUL 14.11m 14.30m	13.76m	14.33m	FOUL		
8 Luke Petersen	SR	Minnesota-Morris	13.71m	44-11.75	
FOUL FOUL 12.80m	FOUL	13.71m	12.51m		
9 Bryan Zepeda	JR	Minnesota-Morris	13.15m	43-01.75	
13.15m 11.77m FOUL	12.45m	FOUL	12.44m		
10 Jerad Nelson	SR	Minnesota-Morris	12.07m	39-07.25	
11.46m 12.07m 11.26m					
11 Landon Wagner	FR	Minnesota-Morris	10.90m	35-09.25	
10.90m 10.13m 9.56m					
12 Conor Thornbrugh	FR	Minnesota-Morris	9.65m	31-08.00	
8.12m FOUL 9.65m					
13 Jakob Brown	FR	Concordia-Moorhead	8.89m	29-02.00	
8.80m 8.89m FOUL					

Women - Team Rankings - 16 Events Scored

1) Bemidji State	95	2) North Dakota	84
3) North Dakota State	70.50	4) Concordia-Moorhead	30
5) MSU-Moorhead	13	6) Minnesota-Morris	5
7) Blackwire Running Club	2		

Men - Team Rankings - 14 Events Scored

1) Concordia-Moorhead	83	2) North Dakota State	76
3) North Dakota	36	3) MSU-Moorhead	36
5) Blackwire Running Club	9	6) Minnesota-Morris	4